



Jonkershoek Mountain Challenge Extreme 38km 2016



Overall

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	03:44:15	47	A	Bernard	Rukadza	Senior	Male	34
2	03:50:55	16	A	Christiaan	Greyling	Senior	Male	31
3	03:54:05	54	A	Imran	Paya	Senior	Male	38
4	03:56:54	53	A	Dylan	Solms	Senior	Male	20
5	04:00:58	38	A	Rory	Scheffer	Senior	Male	24
6	04:05:39	1	A	Lucas	Adams	Senior	Male	27
7	04:11:26	48	A	Katya	Soggot	Veteran	Female	40
8	04:15:05	52	A	James	Cunnama	Senior	Male	32
9	04:20:07	51	A	David	krone	Senior	Male	21
10	04:21:35	8	A	Pieter	Calitz	Veteran	Male	41
11	04:30:35	4	A	andrea	biffi	Senior	Male	22
12	04:32:03	156	B	Kasper	Rolle	Senior	Male	25
13	04:32:26	49	A	Nicholas	Velthuisen	Senior	Male	30
14	04:35:15	46	A	Amadeus	Witzemann	Senior	Male	26
15	04:37:20	143	B	Sean	McGibbon	Senior	Male	26
16	04:37:22	35	A	Luke	Powers	Veteran	Male	44
17	04:37:26	34	A	Robyn	Owen	Senior	Female	26
18	04:37:27	50	A	Derrick	Baard	Veteran	Male	42
19	04:39:28	43	A	Vernon	Visser	Senior	Male	33
20	04:39:31	177	B	Morgan	Garandel	Veteran	Male	40
21	04:41:45	29	A	Conrad	Moolman	Senior	Male	39
22	04:45:44	31	A	Jonathan	Niemann	Senior	Male	32
23	04:45:50	21	A	Jamie	Holtzhausen	Senior	Male	32
24	04:47:01	55	A	Taryn	King	Senior	Female	29
25	04:47:14	39	A	luc	Steens	Veteran	Male	47
26	04:47:25	33	A	Michael	Owen	Senior	Male	30
27	04:48:46	40	A	David	Steven	Veteran	Male	45
28	04:49:09	11	A	Stephen	Davis	Veteran	Male	40
29	04:50:01	18	A	Fenella	Henderson-Howat	Senior	Female	24
30	04:50:08	140	B	Simon	Marincowitz	Senior	Male	22
31	04:51:28	3	A	Julian	Atkinson	Senior	Male	24
32	04:54:51	13	A	Coach	Dion	Veteran	Male	46
33	04:55:53	105	B	andries	aucamp	Senior	Male	38
34	04:56:51	101	B	Tony	Abbott	Veteran	Male	40
35	04:58:42	37	A	Willie	Roux	Veteran	Male	45
36	04:59:48	238	C	Barry	van Zyl	Senior	Male	37
37	04:59:57	111	B	Sean	Cowgill	Veteran	Male	44
38	05:05:35	6	A	David	Browne	Senior	Male	32
39	05:05:37	10	A	Andy	Davies	Veteran	Male	44
40	05:06:08	36	A	Johannes	Raath	Senior	Male	37
41	05:07:13	41	A	Franz-Erich	Streicher	Senior	Male	27
42	05:08:23	42	A	Petrus	Van Wyk	Senior	Male	26
43	05:09:17	153	B	Melany	Porter	Veteran	Female	40
44	05:10:39	210	C	roelof	feenstra	Senior	Male	34
45	05:11:37	20	A	Nicholas	Hoernle	Senior	Male	24
46	05:11:49	23	A	Liaan	Kritzinger	Senior	Male	27
47	05:12:31	32	A	Lunga	Nolakana	Senior	Male	29
48	05:12:37	121	B	PHILIP	HANEKOM	Senior	Male	25
49	05:12:45	26	A	Mark	MacSymon	Senior	Male	32
50	05:13:03	22	A	Johan	Jansen van Vuuren	Senior	Male	28
51	05:13:05	45	A	Justin	Watts	Senior	Male	27
52	05:13:28	5	A	Louis Jacobus	Botha	Senior	Male	23
53	05:15:26	132	B	Jason	La Cock	Senior	Male	22
54	05:15:37	27	A	Grant	Marcus	Veteran	Male	42
55	05:15:48	56	A	Will	Battersby	Senior	Male	38
56	05:16:01	108	B	Charl	Cilliers	Veteran	Male	40
57	05:16:10	117	B	Grenfell	Godden	Veteran	Male	43
58	05:16:39	138	B	Wynand	Malan	Senior	Male	37
59	05:16:49	130	B	Martin	Jooste	Veteran	Male	44
60	05:17:11	214	C	JAames	Horn	Senior	Male	30
61	05:18:29	110	B	Darryl	Cooke	Veteran	Male	42
62	05:20:16	162	B	Dale	Symons	Veteran	Male	44
63	05:20:26	201	C	Chris	Anthonissen	Senior	Male	31
64	05:22:22	215	C	Dirk	Immelman	Senior	Male	24
65	05:24:15	25	A	Ludwig	Lillie	Master	Male	55
66	05:24:50	120	B	MAGAN	HANEKOM	Senior	Female	20
67	05:25:16	28	A	Ian	Meaker	Senior	Male	32
68	05:25:17	15	A	SHAUN	GREGORY	Veteran	Male	45
69	05:25:37	217	C	Omri	Kleynhans	Veteran	Male	44
70	05:25:56	203	C	Cameron Ian	Brand	Senior	Male	25

71	05:26:57	227	C	Zandre	Raath	Senior	Male	31
72	05:27:47	126	B	Zaheer	Hoosain	Senior	Male	31
73	05:27:51	163	B	Jana	Trojan	Veteran	Female	48
74	05:27:53	114	B	Tracy	Forbes	Veteran	Female	43
75	05:28:40	135	B	Eryk	Losik	Senior	Male	39
76	05:29:04	24	A	Duayne	Le Roux	Senior	Male	22
77	05:29:16	168	B	Reinhardt	Venter	Senior	Male	23
78	05:30:38	7	A	Izak	Burger	Senior	Male	38
79	05:32:09	169	B	Eddie	Vienings	Veteran	Male	41
80	05:34:00	107	B	Gregg	Cheetham	Senior	Male	39
81	05:34:14	44	A	Magretha	Wang	Senior	Female	30
82	05:35:03	154	B	Simon	Purdon	Senior	Male	20
83	05:37:43	226	C	Andrew	Pretorius	Senior	Male	29
84	05:38:46	212	C	Andrew	Harris	Senior	Male	32
85	05:39:32	228	C	Marilize	Raath	Senior	Female	30
86	05:39:52	240	C	Christiaan	Vorster	Senior	Male	37
87	05:40:23	149	B	Grant	Oliver	Master	Male	56
88	05:41:08	171	B	Retha	Wareham	Senior	Female	36
89	05:42:01	167	B	Henri	van Schaik	Veteran	Male	42
90	05:43:16	230	C	Daniel	Schonlau	Senior	Male	34
91	05:43:20	12	A	Abrie	Delpport	Senior	Male	26
92	05:45:07	225	C	Andre	Pienaar	Senior	Male	28
93	05:46:15	239	C	Bernhard	Vogts	Senior	Male	31
94	05:46:15	141	B	Nicholas	Marshall	Senior	Male	32
95	05:46:23	128	B	Jenny	Janisch	Senior	Female	39
96	05:47:39	142	B	Brian	McCurrach	Veteran	Male	48
97	05:48:02	113	B	Elizabeth	du Plessis	Senior	Female	34
98	05:48:43	127	B	Stuart	Hutcheson	Master	Male	51
99	05:49:03	106	B	Sascha	Breuss	Senior	Male	31
100	05:50:14	161	B	Iain	Sykes	Senior	Male	34
101	05:51:01	146	B	Diaan	Mynhardt	Senior	Male	36
102	05:51:50	136	B	Niels	Luchters	Senior	Male	37
103	05:53:25	139	B	Jodi	Marcus	Senior	Female	33
104	05:55:32	109	B	Ryan	Cloete	Senior	Male	24
105	05:55:35	112	B	Rosca	de Waal	Senior	Male	23
106	05:57:40	232	C	Stefan	Steffen	Senior	Male	39
107	05:58:01	116	B	Didi	Francis	Senior	Female	32
108	05:58:18	170	B	Chris	Visser	Senior	Male	33
109	05:58:35	150	B	Robin	Parfett	Veteran	Male	46
110	05:58:55	145	B	lee	moffat	Veteran	Male	43
111	05:58:57	134	B	JONTELLE	LINNEGAR	Senior	Female	36
112	05:59:41	243	C	Dwayne	Dippenaar	Senior	Male	33
113	05:59:44	175	B	Greg	Perks	Veteran	Male	44
114	06:00:01	202	C	Ryno	Bakkes	Senior	Male	30
115	06:00:23	164	B	Quintin	van Dyk	Senior	Male	33
116	06:01:28	209	C	Steve	Etherton	Senior	Male	39
117	06:02:42	129	B	Ruben	Jansen	Senior	Male	29
118	06:06:39	166	B	Joe	Van Rooyen	Master	Male	50
119	06:06:46	213	C	Jens	Hitzeroth	Senior	Male	38
120	06:06:50	233	C	Kolja	Stürmer	Veteran	Male	43
121	06:07:17	172	B	Erik	Westvig	Veteran	Male	44
122	06:07:35	207	C	Rudolf	Dreyer	Senior	Male	28
123	06:10:27	176	B	Kevin	Reeves	Senior	Male	34
124	06:12:01	219	C	Dewald	Koegelenberg	Senior	Male	30
125	06:13:01	218	C	Liezl	Klopper	Senior	Female	37
126	06:13:25	241	C	Brian	Willis	Senior	Male	28
127	06:15:05	137	B	Nadia	Malan	Senior	Female	32
128	06:15:23	221	C	Taryn	McDonald	Senior	Female	30
129	06:18:33	133	B	Tjol	Lategan	Senior	Male	32
130	06:18:35	103	B	Aleksandar	Andjeloplj	Senior	Male	30
131	06:20:15	148	B	Susan	O'Connor	Senior	Female	38
132	06:21:22	157	B	Alex	Romanov	Master	Male	50
133	06:21:23	158	B	Jackie	Romanov	Master	Female	50
134	06:21:51	311	D	Kate	Muckart	Senior	Female	23
135	06:21:53	310	D	James William	McDowell	Senior	Male	25
136	06:23:01	204	C	Ron	Buissinne	Master	Male	51
137	06:34:07	115	B	Anton	Franchi	Senior	Male	37
138	06:35:12	314	D	Shaun	Starck	Senior	Male	30
139	06:37:35	242	C	Michael	Marais	Senior	Male	32
140	06:38:48	173	B	James	Wilkinson	Senior	Male	26
141	06:41:09	234	C	Steven	Torrington	Veteran	Male	49
142	06:44:11	244	B	Rina	Van Der Merwe	Veteran	Female	44
143	06:45:36	119	B	Faure	Goedhals	Veteran	Male	47
144	06:45:44	118	B	Erica	Goedhals	Veteran	Female	48
145	06:45:53	229	C	Stanley	Reed	Senior	Male	38
146	06:48:03	222	C	Guy	Meredith	Master	Male	56
147	06:49:10	313	D	Evan	Ridge	Veteran	Male	46
148	06:51:09	220	C	Ian	Mackenzie	Master	Male	53
149	06:54:19	303	D	wayne	DU PLOOY	Senior	Male	36
150	06:55:21	306	D	Willem	Landman	Senior	Male	27
151	06:55:23	308	D	MS	Mattie Landman	Senior	Female	21
152	06:55:46	302	D	Wynand	de Swardt	Senior	Male	28

153	06:57:00	223	C	Kuhle	Nyembe	Senior	Female	33
154	06:57:44	236	C	Nikki	van der Walt	Veteran	Female	43
155	06:58:40	124	B	Shelley	Heunes	Senior	Female	34
156	06:59:38	309	D	Rob	McDonald	Master	Male	62
157	07:01:23	160	B	Johan	Swart	Master	Male	53
158	07:02:18	159	B	Damian	Sutherland	Senior	Male	26
159	07:02:23	237	C	Johan	van Heerden	Veteran	Male	44
160	07:02:58	304	D	Ellen	Goldsmith	Senior	Female	38
161	07:03:03	224	C	Stephan	Ohst	Veteran	Male	46
162	07:03:37	301	D	louise	Clamp	Master	Female	50
163	07:05:24	125	B	Clinton	Hill	Senior	Male	33
164	07:12:34	312	D	Garth	Neil	Veteran	Male	44
165	07:14:31	216	C	Peter	Johnstone	Master	Male	62
166	07:25:51	174	B	Folkers	Williams	Senior	Male	24
167	07:38:51	208	C	Albertus Johannes	du Toit	Senior	Male	30
168	07:53:04	305	D	Daksha	Hargovan	Master	Female	54
169	07:53:15	315	D	Willem	Uys	Veteran	Male	40
170	07:58:08	206	C	Andrew	de Pao	Veteran	Male	40

Senior Men

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	03:44:15	47	A	Bernard	Rukadza	Senior	Male	34
2	03:50:55	16	A	Christiaan	Greyling	Senior	Male	31
3	03:54:05	54	A	Imran	Paya	Senior	Male	38
4	03:56:54	53	A	Dylan	Solms	Senior	Male	20
5	04:00:58	38	A	Rory	Scheffer	Senior	Male	24
6	04:05:39	1	A	Lucas	Adams	Senior	Male	27
7	04:15:05	52	A	James	Cunnama	Senior	Male	32
8	04:20:07	51	A	David	krone	Senior	Male	21
9	04:30:35	4	A	andrea	biffi	Senior	Male	22
10	04:32:03	156	B	Kasper	Rolle	Senior	Male	25
11	04:32:26	49	A	Nicholas	Velthuysen	Senior	Male	30
12	04:35:15	46	A	Amadeus	Witzemann	Senior	Male	26
13	04:37:20	143	B	Sean	McGibbon	Senior	Male	26
14	04:39:28	43	A	Vernon	Visser	Senior	Female	33
15	04:41:45	29	A	Conrad	Moolman	Senior	Male	39
16	04:45:44	31	A	Jonathan	Niemann	Senior	Male	32
17	04:45:50	21	A	Jamie	Holtzhausen	Senior	Male	32
18	04:47:25	33	A	Michael	Owen	Senior	Male	30
19	04:50:08	140	B	Simon	Marincowitz	Senior	Male	22
20	04:51:28	3	A	Julian	Atkinson	Senior	Male	24
21	04:55:53	105	B	andries	aucamp	Senior	Male	38
22	04:59:48	238	C	Barry	van Zyl	Senior	Male	37
23	05:05:35	6	A	David	Browne	Senior	Male	32
24	05:06:08	36	A	Johannes	Raath	Senior	Male	37
25	05:07:13	41	A	Franz-Erich	Streicher	Senior	Male	27
26	05:08:23	42	A	Petrus	Van Wyk	Senior	Male	26
27	05:10:39	210	C	roelof	feenstra	Senior	Male	34
28	05:11:37	20	A	Nicholas	Hoernle	Senior	Male	24
29	05:11:49	23	A	Liaan	Kritzinger	Senior	Male	27
30	05:12:31	32	A	Lunga	Nolakana	Senior	Male	29
31	05:12:37	121	B	PHILIP	HANEKOM	Senior	Male	25
32	05:12:45	26	A	Mark	MacSymon	Senior	Male	32
33	05:13:03	22	A	Johan	Jansen van Vuuren	Senior	Male	28
34	05:13:05	45	A	Justin	Watts	Senior	Male	27
35	05:13:28	5	A	Louis Jacobus	Botha	Senior	Male	23
36	05:15:26	132	B	Jason	La Cock	Senior	Male	22
37	05:15:48	56	A	Will	Battersby	Senior	Male	38
38	05:16:39	138	B	Wynand	Malan	Senior	Male	37
39	05:17:11	214	C	JAames	Horn	Senior	Male	30
40	05:20:26	201	C	Chris	Anthonissen	Senior	Male	31
41	05:22:22	215	C	Dirk	Immelman	Senior	Male	24
42	05:25:16	28	A	Ian	Meaker	Senior	Male	32
43	05:25:56	203	C	Cameron Ian	Brand	Senior	Male	25
44	05:26:57	227	C	Zandre	Raath	Senior	Male	31
45	05:27:47	126	B	Zaheer	Hoosain	Senior	Male	31
46	05:28:40	135	B	Eryk	Losik	Senior	Male	39
47	05:29:04	24	A	Duayne	Le Roux	Senior	Male	22
48	05:29:16	168	B	Reinhardt	Venter	Senior	Male	23
49	05:30:38	7	A	Izak	Burger	Senior	Male	38
50	05:34:00	107	B	Gregg	Cheetham	Senior	Male	39
51	05:35:03	154	B	Simon	Purdon	Senior	Male	20
52	05:37:43	226	C	Andrew	Pretorius	Senior	Male	29
53	05:38:46	212	C	Andrew	Harris	Senior	Male	32
54	05:39:52	240	C	Christiaan	Vorster	Senior	Male	37
55	05:43:16	230	C	Daniel	Schonlau	Senior	Male	34
56	05:43:20	12	A	Abrie	Delpport	Senior	Male	26
57	05:45:07	225	C	Andre	Pienaar	Senior	Male	28
58	05:46:15	239	C	Bernhard	Vogts	Senior	Male	31
59	05:46:15	141	B	Nicholas	Marshall	Senior	Male	32
60	05:49:03	106	B	Sascha	Breuss	Senior	Male	31
61	05:50:14	161	B	Iain	Sykes	Senior	Male	34
62	05:51:01	146	B	Diaan	Mynhardt	Senior	Male	36
63	05:51:50	136	B	Niels	Luchters	Senior	Male	37
64	05:55:32	109	B	Ryan	Cloete	Senior	Male	24
65	05:55:35	112	B	Rosca	de Waal	Senior	Male	23
66	05:57:40	232	C	Stefan	Steffen	Senior	Male	39

67	05:58:18	170	B	Chris	Visser	Senior	Male	33
68	05:59:41	243	C	Dwayne	Dippenaar	Senior	Male	33
69	06:00:01	202	C	Ryno	Bakkes	Senior	Male	30
70	06:00:23	164	B	Quintin	van Dyk	Senior	Male	33
71	06:01:28	209	C	Steve	Etherton	Senior	Male	39
72	06:02:42	129	B	Ruben	Jansen	Senior	Male	29
73	06:06:46	213	C	Jens	Hitzeroth	Senior	Male	38
74	06:07:35	207	C	Rudolf	Dreyer	Senior	Male	28
75	06:10:27	176	B	Kevin	Reeves	Senior	Male	34
76	06:12:01	219	C	Dewald	Koegelenberg	Senior	Male	30
77	06:13:25	241	C	Brian	Willis	Senior	Male	28
78	06:18:33	133	B	Tjol	Lategan	Senior	Male	32
79	06:18:35	103	B	Aleksandar	Andjelopolj	Senior	Male	30
80	06:21:53	310	D	James William	McDowell	Senior	Male	25
81	06:34:07	115	B	Anton	Franchi	Senior	Male	37
82	06:35:12	314	D	Shaun	Starck	Senior	Male	30
83	06:37:35	242	C	Michael	Marais	Senior	Male	32
84	06:38:48	173	B	James	Wilkinson	Senior	Male	26
85	06:45:53	229	C	Stanley	Reed	Senior	Male	38
86	06:54:19	303	D	wayne	DU PLOOY	Senior	Male	36
87	06:55:21	306	D	Willem	Landman	Senior	Male	27
88	06:55:46	302	D	Wynand	de Swardt	Senior	Male	28
89	07:02:18	159	B	Damian	Sutherland	Senior	Male	26
90	07:05:24	125	B	Clinton	Hill	Senior	Male	33
91	07:25:51	174	B	Folkers	Williams	Senior	Male	24
92	07:38:51	208	C	Albertus Johannes	du Toit	Senior	Male	30

Senior Ladies

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	04:37:26	34	A	Robyn	Owen	Senior	Female	26
2	04:47:01	55	A	Taryn	King	Senior	Female	29
3	04:50:01	18	A	Fenella	Henderson-Howat	Senior	Female	24
4	05:24:50	120	B	MAGAN	HANEKOM	Senior	Female	20
5	05:34:14	44	A	Magretha	Wang	Senior	Female	30
6	05:39:32	228	C	Marilize	Raath	Senior	Female	30
7	05:41:08	171	B	Retha	Wareham	Senior	Female	36
8	05:46:23	128	B	Jenny	Janisch	Senior	Female	39
9	05:48:02	113	B	Elizabeth	du Plessis	Senior	Female	34
10	05:53:25	139	B	Jodi	Marcus	Senior	Female	33
11	05:58:01	116	B	Didi	Francis	Senior	Female	32
12	05:58:57	134	B	JONTELLE	LINNEGAR	Senior	Female	36
13	06:13:01	218	C	Liezl	Klopper	Senior	Female	37
14	06:15:05	137	B	Nadia	Malan	Senior	Female	32
15	06:15:23	221	C	Taryn	McDonald	Senior	Female	30
16	06:20:15	148	B	Susan	O'Connor	Senior	Female	38
17	06:21:51	311	D	Kate	Muckart	Senior	Female	23
18	06:55:23	308	D	MS	Mattie Landman	Senior	Female	21
19	06:57:00	223	C	Kuhle	Nyembe	Senior	Female	33
20	06:58:40	124	B	Shelley	Heunes	Senior	Female	34
21	07:02:58	304	D	Ellen	Goldsmith	Senior	Female	38

Veteran Men

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	04:21:35	8	A	Pieter	Calitz	Veteran	Male	41
2	04:37:22	35	A	Luke	Powers	Veteran	Male	44
3	04:37:27	50	A	Derrick	Baard	Veteran	Male	42
4	04:39:31	177	B	Morgan	Garandel	Veteran	Male	40
5	04:47:14	39	A	Iuc	Steens	Veteran	Male	47
6	04:48:46	40	A	David	Steven	Veteran	Male	45
7	04:49:09	11	A	Stephen	Davis	Veteran	Male	40
8	04:54:51	13	A	Coach	Dion	Veteran	Male	46
9	04:56:51	101	B	Tony	Abbott	Veteran	Male	40
10	04:58:42	37	A	Willie	Roux	Veteran	Male	45
11	04:59:57	111	B	Sean	Cowgill	Veteran	Male	44
12	05:05:37	10	A	Andy	Davies	Veteran	Male	44
13	05:15:37	27	A	Grant	Marcus	Veteran	Male	42
14	05:16:01	108	B	Charl	Cilliers	Veteran	Male	40
15	05:16:10	117	B	Grenfell	Godden	Veteran	Male	43
16	05:16:49	130	B	Martin	Jooste	Veteran	Male	44
17	05:18:29	110	B	Darryl	Cooke	Veteran	Male	42
18	05:20:16	162	B	Dale	Symons	Veteran	Male	44
19	05:25:17	15	A	SHAUN	GREGORY	Veteran	Male	45
20	05:25:37	217	C	Omri	Kleynhans	Veteran	Male	44
21	05:32:09	169	B	Eddie	Vienings	Veteran	Male	41
22	05:42:01	167	B	Henri	van Schaik	Veteran	Male	42
23	05:47:39	142	B	Brian	McCurrach	Veteran	Male	48
24	05:58:35	150	B	Robin	Parfett	Veteran	Male	46
25	05:58:55	145	B	lee	moftat	Veteran	Male	43
26	05:59:44	175	B	Greg	Perks	Veteran	Male	44
27	06:06:50	233	C	Kolja	Stürmer	Veteran	Male	43
28	06:07:17	172	B	Erik	Westvig	Veteran	Male	44
29	06:41:09	234	C	Steven	Torrington	Veteran	Male	49
30	06:45:36	119	B	Faure	Goedhals	Veteran	Male	47
31	06:49:10	313	D	Evan	Ridge	Veteran	Male	46
32	07:02:23	237	C	Johan	van Heerden	Veteran	Male	44
33	07:03:03	224	C	Stephan	Ohst	Veteran	Male	46
34	07:12:34	312	D	Garth	Neil	Veteran	Male	44
35	07:53:15	315	D	Willem	Uys	Veteran	Male	40
36	07:58:08	206	C	Andrew	de Pao	Veteran	Male	40

Veteran Ladies

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	04:11:26	48	A	Katya	Soggot	Veteran	Female	40
2	05:09:17	153	B	Melany	Porter	Veteran	Female	40
3	05:27:51	163	B	Jana	Trojan	Veteran	Female	48
4	05:27:53	114	B	Tracy	Forbes	Veteran	Female	43
5	06:44:11	244	B	Rina	Van Der Merwe	Veteran	Female	44
6	06:45:44	118	B	Erica	Goedhals	Veteran	Female	48
7	06:57:44	236	C	Nikki	van der Walt	Veteran	Female	43

Master Men

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	05:24:15	25	A	Ludwig	Lillie	Master	Male	55
2	05:40:23	149	B	Grant	Oliver	Master	Male	56
3	05:48:43	127	B	Stuart	Hutcheson	Master	Male	51
4	06:06:39	166	B	Joe	Van Rooyen	Master	Male	50
5	06:21:22	157	B	Alex	Romanov	Master	Male	50
6	06:23:01	204	C	Ron	Buissinhe	Master	Male	51
7	06:48:03	222	C	Guy	Meredith	Master	Male	56
8	06:51:09	220	C	Ian	Mackenzie	Master	Male	53
9	06:59:38	309	D	Rob	McDonald	Master	Male	62
10	07:01:23	160	B	Johan	Swart	Master	Male	53
11	07:14:31	216	C	Peter	Johnstone	Master	Male	62

Master Ladies

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	06:21:23	158	B	Jackie	Romanov	Master	Female	50
2	07:03:37	301	D	louise	Clamp	Master	Female	50
3	07:53:04	305	D	Daksha	Hargovan	Master	Female	54



Jonkershoek Mountain Challenge Lite 24km 2016



Overall

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	02:03:05	E	405	Raydon	Balie	Senior	Male	21
1	02:03:05	E	360	Timothy	Chambers	Senior	Male	19
3	02:05:42	E	389	Niel	Swanepoel	Senior	Male	32
4	02:08:04	E	403	Damian	Will	Senior	Male	30
5	02:08:23	E	405	William	Leslie	Senior	Male	23
6	02:08:45	F	558	Florens	von der Decken	Senior	Male	26
7	02:10:23	E	400	Mornay	Visser	Veteran	Male	47
8	02:11:18	E	361	Joshua	Chigome	Senior	Male	24
9	02:11:52	E	379	Daniel	Mannweiler	Senior	Male	36
10	02:13:27	E	382	Conor	O'Sullivan	Senior	Male	32
11	02:13:50	E	384	Robert	Rorich	Senior	Male	20
12	02:16:51	E	376	Annamart	Laubscher	Senior	Female	22
13	02:16:58	E	395	Yuri	van der Heijden	Senior	Male	37
14	02:18:40	E	364	Jarryd	Dunn	Senior	Male	18
15	02:19:19	E	386	Kevin	Spratley	Veteran	Male	46
16	02:21:11	F	530	cornel	smuts	Senior	Male	27
17	02:24:20	E	413	Jonathan	Day	Senior	Male	27
18	02:26:50	E	369	Justin	Opitz	Senior	Male	33
19	02:26:53	E	399	Mark	Van Zyl	Senior	Male	22
20	02:28:55	E	363	Gerben	Draaijer	Senior	Male	20
21	02:32:25	F	516	Ryan	Otto	Senior	Male	35
22	02:32:42	F	500	Uta	Lehmann	Senior	Female	33
23	02:32:45	E	371	Philippus	Jonker	Senior	Male	20
24	02:33:45	E	367	Matthew	Elsom	Senior	Male	24
25	02:34:13	E	408	Neil	Hermann	Master	Male	57
26	02:37:00	E	416	Nelius	Swart	Senior	Male	34
27	02:41:29	E	375	Ben	Kooyman	Senior	Male	28
28	02:41:33	F	548	Carel	van der Merwe	Senior	Male	23
29	02:41:41	F	524	Craig	Sales	Veteran	Male	43
30	02:42:43	F	471	Rupert	Dolby	Veteran	Male	42
31	02:42:55	G	605	Frederik	Bakker	Senior	Male	21
32	02:43:36	E	390	Graham	Swart	Veteran	Male	42
33	02:44:47	F	569	Khalid	Mahomed	Senior	Male	24
34	02:44:49	F	535	Rainer	Summers	Senior	Male	32
35	02:45:16	G	631	Marius	Cronje	Senior	Male	35
36	02:45:17	F	507	Julian	Moore	Veteran	Male	40
37	02:46:24	F	515	Aldo	Oppel	Veteran	Male	41
38	02:46:27	F	525	Ruben	Schoombie	Senior	Male	26
39	02:46:43	E	414	Tanya	Mackay-davidson	Senior	Female	34
40	02:46:43	E	411	Caitlin	Lewis	Veteran	Female	47
41	02:47:23	F	567	Philip	Naude	Senior	Male	27
42	02:47:24	F	458	Helen	Bosman	Senior	Female	33
43	02:47:46	G	750	Mia	Uys	Senior	Female	20
44	02:48:12	E	409	Megan	Beckett	Senior	Female	28
45	02:48:32	E	397	Jana	Van Houwelingen	Senior	Female	27
46	02:49:00	F	456	Hendry	Bessinger	Senior	Male	36
47	02:49:13	F	529	Sam	Smout	Senior	Male	30
48	02:49:36	E	393	Pieter	Uys	Senior	Male	21
49	02:50:34	E	359	Hein	Carse	Master	Male	54
50	02:50:41	F	534	Richard	Stronach	Veteran	Male	46
51	02:50:47	F	461	Nathan	Byren	Senior	Male	31
52	02:50:50	E	373	Stephan	Kistner	Senior	Male	24
53	02:51:21	F	484	Warren	Hawkins	Senior	Male	36
54	02:52:11	F	473	Scott	Drimie	Veteran	Male	44
55	02:52:24	G	628	Mladen	Colic	Senior	Male	28
56	02:52:50	E	351	Schalk	Albertyn	Senior	Male	38
57	02:52:59	F	522	Paul	Reader	Senior	Male	28
58	02:53:13	F	559	Nicholas	Wells	Senior	Male	32
59	02:53:16	F	462	Tom	Chadwick	Senior	Male	21
60	02:53:19	F	495	Jake	Klass	Senior	Male	22
61	02:53:22	F	459	Alewyn	Burger	Senior	Male	31
62	02:53:42	E	407	Chris	Ellis	Senior	Male	21
63	02:53:59	F	568	Karen	Jennings	Master	Female	50
64	02:54:00	F	562	Dion	Millson	Veteran	Male	42
65	02:54:06	E	383	Simon	Pocock	Senior	Male	26
66	02:54:07	F	541	Prem	Trojan	Veteran	Male	48
67	02:54:40	G	627	Stephan	Coetzee	Senior	Male	34
68	02:54:57	E	410	Patrick	Hendricks	Master	Male	53
69	02:55:12	F	520	Craig	Pike	Veteran	Male	40
70	02:55:33	E	368	DAIN	HAMILTON	Veteran	Female	49
71	02:56:24	G	716	elroy	pace	Veteran	Male	41
72	02:56:31	F	494	Ralf	Kistner	Senior	Male	28
73	02:56:33	F	488	Craig	Hurndall	Senior	Male	29
74	02:57:00	E	496	Hanno	Koegelenberg	Senior	Male	30
75	02:57:17	E	401	Mark	Wagenheim	Master	Male	60
76	02:57:47	F	551	Philip	Van Niekerk	Senior	Male	21
77	02:57:58	F	470	Josh	Dippenaar	Senior	Male	22
78	02:58:08	F	570	Ahmed	Mahomed	Master	Male	52
79	02:59:23	F	478	Luca	Giuricich	Senior	Male	21
80	03:00:23	E	418	Michael	McLeod	Veteran	Male	43
81	03:00:38	F	498	Anthony	Lai Lam	Veteran	Male	43
82	03:02:24	F	536	Jaco	Theron	Senior	Male	24
83	03:03:46	G	705	Willem	Moolman	Senior	Male	24
84	03:03:48	F	453	Peter	Baumeister	Senior	Male	38
85	03:04:34	F	501	Corli	Leonard	Senior	Female	30
86	03:05:01	H	889	Chris	Wilson	Senior	Male	24
87	03:05:14	G	708	James	Murray	Senior	Male	24

88	03:05:19	G	693	dirk	louw	Veteran	Male	45
89	03:05:32	G	773	Dave	Yeowart	Veteran	Male	42
90	03:06:13	E	381	Bruce	Meier	Master	Male	55
91	03:06:13	F	511	Loftus	Neethling	Veteran	Male	41
92	03:06:22	F	533	Jessica	Stevens	Senior	Female	23
93	03:06:34	G	655	Derek	Gerber	Senior	Male	30
94	03:06:41	E	378	Joanna	Maingard	Senior	Female	21
95	03:07:16	F	531	Duncan	Snyman	Senior	Male	38
96	03:07:24	F	519	Carla	Pietersen	Senior	Female	34
97	03:07:44	F	547	Nicholas	van der Bos	Senior	Male	21
98	03:07:48	G	781	Matthew	Kruger	Senior	Male	39
99	03:08:44	E	357	Heinrich	Boock	Senior	Male	27
100	03:08:45	G	641	Izak	Du Plessis	Senior	Male	39
101	03:08:57	F	464	Nerisa	Coelho	Senior	Female	35
102	03:08:59	E	372	Su-Mari	Jooste	Senior	Female	29
103	03:09:02	E	355	Daryl	Bhana	Senior	Male	38
104	03:09:04	E	354	Danielle	Bhana	Senior	Female	28
105	03:09:18	H	872	DAVE	JONKER	Senior	Male	38
106	03:09:57	E	370	Glenn	Hurlow	Veteran	Male	43
107	03:10:02	G	681	Francois	Kotze	Senior	Male	39
108	03:10:42	E	387	Renate	Spies	Senior	Female	34
109	03:10:48	F	468	Nicholas	De Villiers	Senior	Male	23
110	03:10:51	F	542	Christo	Truter	Veteran	Male	45
111	03:10:53	G	639	Lené	Du Bois	Senior	Female	23
112	03:11:26	G	764	Guy	Wagenvoorde	Senior	Male	23
113	03:11:31	G	740	Rainer	Steinhagen	Senior	Male	23
114	03:11:53	G	673	Paul	Kelly	Master	Male	52
115	03:11:57	F	561	Colin	Wilson	Senior	Male	31
116	03:12:20	F	506	Tilis	Moggee	Veteran	Male	41
117	03:12:22	E	380	Helen	Mearns	Senior	Female	34
118	03:12:23	F	477	Mark	Gething	Senior	Male	35
119	03:12:46	F	493	Melissa	Kistner	Senior	Female	27
120	03:13:33	F	528	Joe	Smith	Senior	Male	32
121	03:13:45	F	485	Julian	Heath	Senior	Male	20
122	03:13:49	H	887	Janeke	Volkmann	Senior	Female	21
123	03:14:41	G	642	Marcel	du Plessis	Senior	Male	26
124	03:14:57	E	415	Wil	Punt	Senior	Male	39
125	03:15:00	F	476	Michal	George	Veteran	Male	45
126	03:15:36	F	467	Beatrice	De klerk	Senior	Female	31
127	03:15:54	F	131	Francois	Joubert	Senior	Male	30
128	03:15:59	F	489	Sarah-Jane	Jackson	Senior	Female	28
129	03:16:15	E	358	Shirley	Bosman	Veteran	Female	40
130	03:16:21	F	466	Errol	Cunnama	Master	Male	60
131	03:17:32	G	710	Sophia	Ndlovu	Senior	Female	37
132	03:17:39	F	504	Nik	Michalopoulos	Veteran	Male	42
133	03:18:03	F	566	Zaine	Zandberg	Senior	Male	26
134	03:18:39	F	538	Andrew	Travis	Senior	Male	35
135	03:18:42	F	539	Clare	Travis	Senior	Female	34
136	03:19:18	H	852	Mark	Bassingthwaighe	Senior	Male	38
137	03:19:36	G	670	Penelope	Jansen van Vuuren	Veteran	Female	41
138	03:20:00	F	514	Alexis	olds	Senior	Female	29
139	03:20:15	G	763	Karsten	Vollmer	Master	Male	53
140	03:20:23	F	487	Pauline	Herrmann-Keys	Veteran	Female	43
141	03:20:45	G	667	Stephen	Huson	Senior	Male	26
142	03:20:47	G	603	Jacqui	Amm	Senior	Female	33
143	03:20:53	G	747	guy	theunissen	Senior	Male	29
144	03:20:56	F	486	Gerda	Henn	Senior	Female	36
145	03:21:00	G	742	Jan George	Steytler	Senior	Male	20
146	03:21:31	F	457	Dominic	Birch	Senior	Male	32
147	03:21:39	F	549	HUGUETTE	VAN DER MERWE	Veteran	Female	47
148	03:21:42	H	892	Ruan	Botha	Senior	Male	24
149	03:21:44	H	856	Jason	Collett	Senior	Male	23
150	03:22:58	G	748	Michael	Theunissen	Master	Male	52
151	03:23:02	F	554	Tiaan	Van Zyl	Senior	Male	22
152	03:23:07	F	543	Paul	Turner	Senior	Male	38
153	03:23:21	F	555	Willemien	Van Zyl	Senior	Female	28
154	03:23:27	F	521	Heila-Martinette	Prinsloo	Senior	Female	21
155	03:23:33	F	512	Riana	Neethling	Senior	Female	32
156	03:23:39	F	474	Lucy	Etherton	Senior	Female	37
157	03:24:10	G	774	Adam	Young	Senior	Male	26
158	03:24:44	G	675	Denzil	Kennon	Senior	Male	30
159	03:24:59	F	527	Grant	Smith	Senior	Male	29
160	03:25:09	G	721	Carl	Pohl	Master	Male	56
161	03:25:12	G	621	Gary	Britz	Master	Male	52
162	03:25:14	G	671	Rebecca	Johansson	Senior	Female	31
163	03:25:37	G	717	ted	parzydlo	Veteran	Male	45
164	03:25:41	G	612	Anthony	Bird	Senior	Male	31
165	03:25:54	F	475	Shaun	Forbes	Senior	Male	39
166	03:26:00	G	691	Klaus	Lombardozzi	Veteran	Male	48
167	03:26:04	G	635	Anesca	Davey	Veteran	Female	40
168	03:26:09	G	626	Derrick	Coetzee	Senior	Male	34
169	03:26:12	G	688	Chelsea	Lawrie	Senior	Female	20
170	03:26:23	F	553	Adel	van Wyk	Senior	Female	28
171	03:26:54	F	564	Geomarr	Van Tonder	Senior	Female	29
172	03:27:00	G	723	Chris	Potgieter	Veteran	Male	41
173	03:27:02	G	712	Greg	Newnham	Senior	Male	35
174	03:27:05	F	544	Christa	Ungerer	Senior	Female	34
175	03:27:18	G	702	Bryony	McCormick	Senior	Female	33
176	03:27:23	G	699	DC	Maree	Senior	Male	33
177	03:28:14	F	571	Sarah	Lamond	Senior	Female	35
178	03:28:41	G	685	Mmamapudi	Kubjane	Senior	Female	24
179	03:28:56	H	894	Lezanne	Du Plessis	Senior	Female	25
180	03:28:58	H	893	Marzanne	Swanepoel	Senior	Female	25
181	03:29:54	F	503	Natalie	Marcus	Senior	Female	34
182	03:30:05	G	607	mari	barnard	Master	Female	57
183	03:30:07	H	879	Kaspar	Paur	Senior	Male	30
184	03:30:12	G	616	Du Toit	Botha	Senior	Male	22
185	03:30:26	F	502	Monique	Marais	Veteran	Female	41

186	03:30:31	E	366	Jan	Durand	Veteran	Male	49
187	03:30:35	F	491	Kylie	Janse van Vuuren	Senior	Female	24
188	03:30:51	G	736	Craig	Seaman	Veteran	Male	48
189	03:31:03	G	640	Andrea	du Plessis	Veteran	Female	44
190	03:31:09	G	696	Yolande	Malan	Senior	Female	36
191	03:31:12	G	709	Michael	Murray	Senior	Male	22
192	03:31:14	G	624	Fanny	Chevallereau	Senior	Female	28
193	03:31:59	G	601	Wilmi	Agenbag	Senior	Female	18
194	03:32:18	G	654	Ant	Geard	Veteran	Male	43
195	03:32:27	G	697	Diego	Maldonado	Senior	Male	31
196	03:32:42	G	753	Jacobus	Van der Merwe	Senior	Male	26
197	03:32:47	F	518	Aliza	Pienaar	Senior	Female	26
198	03:33:00	G	658	Tim	Hadingham	Veteran	Male	44
199	03:33:18	F	513	Ramon	Odendal	Senior	Male	27
200	03:33:20	G	769	Ryan	Whitehead	Senior	Male	34
201	03:34:00	G	633	Heather	Dalton	Senior	Female	36
202	03:34:03	G	630	Michael	Cotter	Veteran	Male	44
203	03:34:11	G	680	Jana	Kolodziej	Veteran	Female	45
204	03:34:15	E	419	Herman	Mynhardt	Senior	Male	32
205	03:34:20	G	606	Carel	Barnard	Senior	Male	32
206	03:34:21	F	550	Johan	Van Der Merwe	Senior	Male	26
207	03:35:03	H	882	Thaabiet	Salaam	Veteran	Male	42
208	03:35:04	G	762	Elsa	Vogts	Senior	Female	31
209	03:35:17	F	481	Angela	Guastella	Senior	Female	31
210	03:35:22	H	881	LEON	RUST	Senior	Male	33
211	03:35:22	F	517	Lisa	Pennell	Senior	Female	38
212	03:36:11	G	611	Jana	Bezuidenhout	Senior	Female	24
213	03:36:13	G	755	shaun	van der merwe	Senior	Male	37
214	03:37:14	G	701	Ryan	McCarthy	Senior	Male	34
215	03:37:20	G	752	Tara	Vadas	Senior	Female	34
216	03:37:22	G	650	Coenraad	Fick	Senior	Male	36
217	03:37:48	E	420	Dominique	De Villiers	Senior	Female	35
218	03:38:04	G	732	Kelly	Scholtz	Senior	Male	32
219	03:38:12	G	643	MR	du Toit	Senior	Male	34
220	03:38:41	F	509	Liezl	Muller	Veteran	Female	45
221	03:38:47	G	653	Ivan	Garavaglia	Master	Male	54
222	03:38:56	G	754	Riaan	van der Merwe	Senior	Male	27
223	03:38:58	G	715	Frederik	Olivier	Senior	Male	30
224	03:40:13	G	664	Lauren	Honeyman	Veteran	Female	45
225	03:40:16	G	724	Sebastian	Potgieter	Senior	Male	23
226	03:40:25	G	730	Thaine	Sasman	Senior	Male	29
227	03:40:50	F	454	Carla	Bekker	Senior	Female	31
228	03:41:07	G	713	Terence	Niselow	Senior	Male	28
229	03:41:20	H	884	Elmarie`	Thorpe	Senior	Female	39
230	03:41:35	G	719	Gary	Phipson	Veteran	Male	49
231	03:41:36	E	402	Cathy	Weedall	Senior	Female	39
232	03:42:28	F	537	Peter	Thorvaldsson	Senior	Male	33
233	03:42:31	G	758	John	Van onselen	Master	Male	58
234	03:42:34	F	508	Gail	Moriarty	Master	Female	51
235	03:42:35	G	767	Abrie	Wessels	Master	Male	50
236	03:42:45	F	482	WIKUS	HANEKOM	Master	Male	56
237	03:43:04	G	735	Cornelia	Schumann	Senior	Female	36
238	03:43:14	G	759	Erica	Van Rhyn	Master	Female	52
239	03:43:42	G	720	Lee-Anne	Pienaar	Senior	Female	39
240	03:43:45	F	563	Tina	Gellatly	Senior	Female	23
241	03:44:00	G	727	Glanville	Retief	Veteran	Male	41
242	03:44:32	G	739	Sonja	Stafford Northcote	Veteran	Female	44
243	03:44:37	F	545	Irmilee	Uys	Senior	Female	19
244	03:44:50	G	615	Bjorn	Botha	Senior	Male	36

245	03:45:43	G	666	Eric	Horn	Senior	Male	32
246	03:46:33	G	687	Allison	Lamb	Veteran	Female	45
247	03:46:38	H	883	Henry	Steel	Senior	Male	26
248	03:47:02	H	857	David	Conradie	Master	Male	63
249	03:48:41	G	677	Lize-Marick	Keyser	Senior	Female	31
250	03:49:53	G	777	Andrew	Snowden	Senior	Male	32
251	03:50:18	G	638	Michelle	Dimaio	Senior	Female	33
252	03:50:32	H	853	Jeannot	Blum	Senior	Male	22
253	03:50:34	F	452	Graham	Alessandri	Master	Male	56
254	03:51:02	G	683	Stefan	Kruger	Senior	Male	29
255	03:51:15	G	770	Benjamin	Winfield	Senior	Male	27
256	03:51:36	G	676	Sarah Jayne Helen	Kerr	Senior	Female	32
257	03:51:49	G	625	Geoffrey	Chisnall	Senior	Male	34
258	03:51:50	F	565	Inma	Uys	Veteran	Female	47
259	03:52:43	G	749	Chris	Underwood	Senior	Male	24
260	03:53:21	G	634	Danica	Dannhauser	Senior	Female	32
261	03:53:49	E	394	Pieter	Uys	Master	Male	53
262	03:53:59	G	761	Jacqueline	Vockins	Senior	Female	37
263	03:54:20	G	726	Nickesh	Rajdew	Veteran	Male	40
264	03:54:25	H	864	Mark	Fletcher	Senior	Male	38
265	03:54:48	G	610	Sean	Flanagan	Senior	Male	35
266	03:54:51	G	778	Susan	Winckworth	Senior	Female	33
267	03:55:07	G	682	Melissa	Kruger	Senior	Female	28
268	03:55:38	G	706	Ant	Moore	Veteran	Male	41
269	03:55:42	G	629	Elmarie	Conradie	Veteran	Female	41
270	03:56:34	G	707	Richard	Morgan Grenville	Senior	Male	38
271	03:56:37	G	604	Gerrit	Avenant	Senior	Male	30
272	03:56:44	F	499	Ilse	Langhout	Senior	Female	37
273	03:58:23	G	741	Adrian	Stevens	Master	Male	63
274	03:58:25	G	725	Yashin	Raghavjee	Senior	Male	34
275	03:59:31	G	678	Mohamed	Khalpe	Senior	Male	30
276	03:59:57	H	871	Martin	Janse van Rensburg	Senior	Male	31
277	04:00:07	G	695	Grant	Magerman	Senior	Male	36
278	04:01:14	G	608	Jean-Rene	Behm	Senior	Male	37
279	04:01:18	G	744	JURIE	SWART	Senior	Male	36
280	04:01:51	G	743	Gerhard	Swart	Senior	Male	37
281	04:01:54	G	772	Claire-Louise	Worby	Senior	Female	32
282	04:03:45	H	863	Kate	Finlay	Senior	Female	33
283	04:04:03	G	674	Stephen	Kelly	Veteran	Male	43
284	04:04:28	G	692	Marcy	Loubser	Veteran	Female	46
285	04:04:33	G	714	Moirra	Oliver	Master	Female	56
286	04:08:02	G	659	Jacomi	HANEKOM	Master	Female	54
287	04:08:35	G	651	Jane	Fisher	Veteran	Female	43
288	04:09:26	G	636	Melissa	de Kock	Veteran	Female	41
289	04:09:42	G	668	Dries	Jacobs	Veteran	Male	44
290	04:10:01	G	602	Cathy	Alison	Master	Female	52
291	04:10:07	G	663	Sally	Hollick	Veteran	Female	49
292	04:10:17	G	751	PJ	Vadas	Senior	Male	34
293	04:10:19	G	722	Barrie	Porter	Veteran	Male	41
294	04:11:56	H	862	Emma	Finlay	Senior	Female	33
295	04:12:51	H	855	Darren	Botha	Veteran	Male	44
296	04:13:49	G	644	Brett	Ellis	Veteran	Male	43
297	04:13:53	G	619	liz	brash	Master	Female	57
298	04:14:45	G	689	Kate	Le Roux	Veteran	Female	46
299	04:15:41	H	859	jean-pierre	du toit	Senior	Male	34
300	04:15:55	G	656	Alasdair	Glass	Senior	Male	28
301	04:15:58	G	665	Michelle	Horak	Senior	Female	28
302	04:16:06	E	385	Arno	Rossouw	Veteran	Male	44
303	04:17:14	G	648	kevin	ferreira	Veteran	Male	44
304	04:17:15	G	622	melody	brown	Veteran	Female	43
305	04:17:27	H	854	Johan	Boot	Veteran	Male	46
306	04:18:30	G	771	Cordula	Winkler	Senior	Female	37
307	04:20:12	G	765	Stuart	Walsh	Senior	Male	35
308	04:21:01	F	490	Francois	Janse van Rensburg	Veteran	Male	41
309	04:21:32	G	738	David	Smith	Veteran	Male	48
310	04:21:36	G	632	Renee	Cupido	Veteran	Female	42
311	04:22:30	H	875	Luan	Mans	Senior	Male	23
312	04:23:16	F	463	darren	claassens	Senior	Male	34
313	04:23:59	G	731	Dewald	Schlebusch	Senior	Male	34
314	04:24:01	G	614	Alicia	Bock	Senior	Female	33
315	04:24:33	G	694	SOPHIA	LOUW	Veteran	Female	46
316	04:24:47	H	865	Shannon	Fletcher	Senior	Female	35
317	04:26:50	H	876	Keagan	McGoldrick	Senior	Male	27
318	04:26:53	H	869	Ashleigh	Hewitson	Senior	Female	25
319	04:27:27	H	851	Johan	Barkenhuizen	Veteran	Male	43
320	04:28:27	G	672	Diana	Johnson	Senior	Female	29
321	04:28:50	F	480	Shafeeqah	Gordon	Senior	Female	21
322	04:30:51	G	733	May	Scholtz	Veteran	Female	46
323	04:32:57	H	886	Amanda	van Eeden	Veteran	Female	46
324	04:41:35	H	874	Dianie	Lamprecht	Veteran	Female	41
325	04:41:37	H	891	Helene	Higgins	Veteran	Female	43
326	04:44:46	H	877	Andrew	Nixon	Veteran	Male	42
327	04:47:56	G	690	Marcelle	Le Roux	Master	Female	58
328	04:50:47	H	880	Vaughn	Roman	Senior	Male	31
329	04:52:10	H	867	Lisa	Godfrey	Veteran	Female	46
330	04:52:16	H	866	Gary	Godfrey	Veteran	Male	49
331	04:58:41	G	660	Sandra	Hansen	Senior	Female	38
332	04:58:43	G	618	Zita	Brandon	Master	Female	53
333	05:16:53	G	609	Joan	Bennett	Veteran	Female	48
334	05:54:40	H	870	Deirdre	Hewitson	Master	Female	55
335	05:58:09	G	756	Johannes	Van Eck	Veteran	Male	42

Senior Men

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	02:03:05	E	360	Timothy	Chambers	Senior	Male	19
1	02:03:05	E	405	Raydon	Balle	Senior	Male	21
3	02:05:42	E	389	Niel	Swanepoel	Senior	Male	32
4	02:08:04	E	403	Damian	Will	Senior	Male	30
5	02:08:23	E	405	William	Leslie	Senior	Male	23
6	02:08:45	F	558	Florens	von der Decken	Senior	Male	26
7	02:11:18	E	361	Joshua	Chigome	Senior	Male	24
8	02:11:52	E	379	Daniel	Mannweiler	Senior	Male	36
9	02:13:27	E	382	Conor	O'Sullivan	Senior	Male	32
10	02:13:50	E	384	Robert	Rorich	Senior	Male	20
11	02:16:58	E	395	Yuri	van der Heijden	Senior	Male	37
12	02:18:40	E	364	Jarryd	Dunn	Senior	Male	18
13	02:21:11	F	530	cornel	smuts	Senior	Male	27
14	02:24:20	E	413	Jonathan	Day	Senior	Male	27
15	02:26:50	E	369	Justin	Opitz	Senior	Male	33
16	02:26:53	E	399	Mark	Van Zyl	Senior	Male	22
17	02:28:55	E	363	Gerben	Draaijer	Senior	Male	20
18	02:32:25	F	516	Ryan	Otto	Senior	Male	35
19	02:32:45	E	371	Philippus	Jonker	Senior	Male	20
20	02:33:45	E	367	Matthew	Elsom	Senior	Male	24
21	02:37:00	E	416	Nelius	Swart	Senior	Male	34
22	02:41:29	E	375	Ben	Kooyman	Senior	Male	28
23	02:41:33	F	548	Carel	van der Merwe	Senior	Male	23
24	02:42:55	G	605	Frederik	Bakker	Senior	Male	21
25	02:44:47	F	569	Khalid	Mahomed	Senior	Male	24
26	02:44:49	F	535	Rainer	Summers	Senior	Male	32
27	02:45:16	G	631	Marius	Cronje	Senior	Male	35
28	02:46:27	F	525	Ruben	Schoombie	Senior	Male	26
29	02:47:23	F	567	Philip	Naude	Senior	Male	27
30	02:49:00	F	456	Hendry	Bessinger	Senior	Male	36
31	02:49:13	F	529	Sam	Smout	Senior	Male	30
32	02:49:36	E	393	Pieter	Uys	Senior	Male	21
33	02:50:47	F	461	Nathan	Byren	Senior	Male	31
34	02:50:50	E	373	Stephan	Kistner	Senior	Male	24
35	02:51:21	F	484	Warren	Hawkins	Senior	Male	36
36	02:52:24	G	628	Mladen	Colic	Senior	Male	28
37	02:52:50	E	351	Schalk	Albertyn	Senior	Male	38
38	02:52:59	F	522	Paul	Reader	Senior	Male	28
39	02:53:13	F	559	Nicholas	Wells	Senior	Male	32
40	02:53:16	F	462	Tom	Chadwick	Senior	Male	21
41	02:53:19	F	495	Jake	Klass	Senior	Male	22
42	02:53:22	F	459	Alewyn	Burger	Senior	Male	31
43	02:53:42	E	407	Chris	Ellis	Senior	Male	21
44	02:54:06	E	383	Simon	Pocock	Senior	Male	26
45	02:54:40	G	627	Stephan	Coetzee	Senior	Male	34
46	02:56:31	F	494	Ralf	Kistner	Senior	Male	28
47	02:56:33	F	488	Craig	Hurndall	Senior	Male	29
48	02:57:00	F	496	Hanno	Koegelenberg	Senior	Male	30
49	02:57:47	F	551	Philip	Van Niekerk	Senior	Male	21
50	02:57:58	F	470	Josh	Dippenaar	Senior	Male	22
51	02:59:23	F	478	Luca	Giuricich	Senior	Male	21
52	03:02:24	F	536	Jaco	Theron	Senior	Male	24
53	03:03:46	G	705	Willem	Moolman	Senior	Male	24
54	03:03:48	F	453	Peter	Baumeister	Senior	Male	38
55	03:05:01	H	889	Chris	Wilson	Senior	Male	24
56	03:05:14	G	708	James	Murray	Senior	Male	24
57	03:06:34	G	655	Derek	Gerber	Senior	Male	30
58	03:07:16	F	531	Duncan	Snyman	Senior	Male	38
59	03:07:44	F	547	Nicholas	van der Bos	Senior	Male	21
60	03:07:48	G	781	Matthew	Kruger	Senior	Male	39
61	03:08:44	E	357	Heinrich	Boock	Senior	Male	27
62	03:08:45	G	641	Izak	Du Plessis	Senior	Male	39
63	03:09:02	E	355	Daryl	Bhana	Senior	Male	38
64	03:09:18	H	872	DAVE	JONKER	Senior	Male	38
65	03:10:02	G	681	Francois	Kotze	Senior	Male	39
66	03:10:48	F	468	Nicholas	De Villiers	Senior	Male	23
67	03:11:26	G	764	Guy	Wagenvoorde	Senior	Male	23
68	03:11:31	G	740	Rainer	Steinhagen	Senior	Male	23
69	03:11:57	F	561	Colin	Wilson	Senior	Male	31
70	03:12:23	F	477	Mark	Gething	Senior	Male	35
71	03:13:33	F	528	Joe	Smith	Senior	Male	32
72	03:13:45	F	485	Julian	Heath	Senior	Male	20
73	03:14:41	G	642	Marcel	du Plessis	Senior	Male	26
74	03:14:57	E	415	Wil	Punt	Senior	Male	39
75	03:15:54	F	131	Francois	Joubert	Senior	Male	30
76	03:18:03	F	566	Zaine	Zandberg	Senior	Male	26
77	03:18:39	F	538	Andrew	Travis	Senior	Male	35
78	03:19:18	H	852	Mark	Bassingthwaighte	Senior	Male	38
79	03:20:45	G	667	Stephen	Huson	Senior	Male	26
80	03:20:53	G	747	guy	theunissen	Senior	Male	29
81	03:21:00	G	742	Jan George	Steytler	Senior	Male	20
82	03:21:31	F	457	Dominic	Birch	Senior	Male	32
83	03:21:42	H	892	Ruan	Botha	Senior	Male	24
84	03:21:44	H	856	Jason	Collett	Senior	Male	23
85	03:23:02	F	554	Tiaan	Van Zyl	Senior	Male	22
86	03:23:07	F	543	Paul	Turner	Senior	Male	38
87	03:24:10	G	774	Adam	Young	Senior	Male	26
88	03:24:44	G	675	Denzil	Kennon	Senior	Male	30
89	03:24:59	F	527	Grant	Smith	Senior	Male	29
90	03:25:41	G	612	Anthony	Bird	Senior	Male	31
91	03:25:54	F	475	Shaun	Forbes	Senior	Male	39
92	03:26:09	G	626	Derick	Coetzee	Senior	Male	34
93	03:27:02	G	712	Greg	Newnham	Senior	Male	35
94	03:27:23	G	699	DC	Maree	Senior	Male	33
95	03:30:07	H	879	Kaspar	Paur	Senior	Male	30

96	03:30:12	G	616	Du Toit	Botha	Senior	Male	22
97	03:31:12	G	709	Michael	Murray	Senior	Male	22
98	03:32:27	G	697	Diego	Maldonado	Senior	Male	31
99	03:32:42	G	753	Jacobus	Van der Merwe	Senior	Male	26
100	03:33:18	F	513	Ramon	Odendal	Senior	Male	27
101	03:33:20	G	769	Ryan	Whitehead	Senior	Male	34
102	03:34:15	E	419	Herman	Mynhardt	Senior	Male	32
103	03:34:20	G	606	Carel	Barnard	Senior	Male	32
104	03:34:21	F	550	Johan	Van Der Merwe	Senior	Male	26
105	03:35:22	H	881	LEON	RUST	Senior	Male	33
106	03:36:13	G	755	shaun	van der merwe	Senior	Male	37
107	03:37:14	G	701	Ryan	McCarthy	Senior	Male	34
108	03:37:22	G	650	Coenraad	Fick	Senior	Male	36
109	03:38:04	G	732	Kelly	Scholtz	Senior	Male	32
110	03:38:12	G	643	MR	du Toit	Senior	Male	34
111	03:38:56	G	754	Riaan	van der Merwe	Senior	Male	27
112	03:38:58	G	715	Frederik	Olivier	Senior	Male	30
113	03:40:16	G	724	Sebastian	Potgieter	Senior	Male	23
114	03:40:25	G	730	Thaine	Sasman	Senior	Male	29
115	03:41:07	G	713	Terence	Niselow	Senior	Male	28
116	03:42:28	F	537	Peter	Thorvaldsson	Senior	Male	33
117	03:44:50	G	615	Bjorn	Botha	Senior	Male	36
118	03:45:43	G	666	Eric	Horn	Senior	Male	32
119	03:46:38	H	883	Henry	Steel	Senior	Male	26
120	03:49:53	G	777	Andrew	Snowden	Senior	Male	32
121	03:50:32	H	853	Jeannot	Blum	Senior	Male	22
122	03:51:02	G	683	Stefan	Kruger	Senior	Male	29
123	03:51:15	G	770	Benjamin	Winfield	Senior	Male	27
124	03:51:49	G	625	Geoffrey	Chisnall	Senior	Male	34
125	03:52:43	G	749	Chris	Underwood	Senior	Male	24
126	03:54:25	H	864	Mark	Fletcher	Senior	Male	38
127	03:54:48	G	610	Sean	Flanagan	Senior	Male	35
128	03:56:34	G	707	Richard	Morgan Grenville	Senior	Male	38
129	03:56:37	G	604	Gerrit	Avenant	Senior	Male	30
130	03:58:25	G	725	Yashin	Raghavjee	Senior	Male	34
131	03:59:31	G	678	Mohamed	Khalpe	Senior	Male	30
132	03:59:57	H	871	Martin	Janse van Rensburg	Senior	Male	31
133	04:00:07	G	695	Grant	Magerman	Senior	Male	36
134	04:01:14	G	608	Jean-Rene	Behm	Senior	Male	37
135	04:01:18	G	744	JURIE	SWART	Senior	Male	36
136	04:01:51	G	743	Gerhard	Swart	Senior	Male	37
137	04:10:17	G	751	PJ	Vadas	Senior	Male	34
138	04:15:41	H	859	jean-pierre	du toit	Senior	Male	34
139	04:15:55	G	656	Alasdair	Glass	Senior	Male	28
140	04:20:12	G	765	Stuart	Walsh	Senior	Male	35
141	04:22:30	H	875	Luan	Mans	Senior	Male	23
142	04:23:16	F	463	darren	claassens	Senior	Male	34
143	04:23:59	G	731	Dewald	Schlebusch	Senior	Male	34
144	04:26:50	H	876	Keagan	McGoldrick	Senior	Male	27
145	04:50:47	H	880	Vaughn	Roman	Senior	Male	31

Senior Ladies

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	02:16:51	E	376	Annamart	Laubscher	Senior	Female	22
2	02:32:42	F	500	Uta	Lehmann	Senior	Female	33
3	02:46:43	E	414	Tanya	Mackay-davidson	Senior	Female	34
4	02:47:24	F	458	Helen	Bosman	Senior	Female	33
5	02:47:46	G	750	Mia	Uys	Senior	Female	20
6	02:48:12	E	409	Megan	Beckett	Senior	Female	28
7	02:48:32	E	397	Jana	Van Houwelingen	Senior	Female	27
8	03:04:34	F	501	Corli	Leonard	Senior	Female	30
9	03:06:22	F	533	Jessica	Stevens	Senior	Female	23
10	03:06:41	E	378	Joanna	Maingard	Senior	Female	21
11	03:07:24	F	519	Carla	Pietersen	Senior	Female	34
12	03:08:57	F	464	Nerisa	Coelho	Senior	Female	35
13	03:08:59	E	372	Su-Mari	Jooste	Senior	Female	29
14	03:09:04	E	354	Danielle	Bhana	Senior	Female	28
15	03:10:42	E	387	Renate	Spies	Senior	Female	34
16	03:10:53	G	639	Lené	Du Bois	Senior	Female	23
17	03:12:22	E	380	Helen	Mearns	Senior	Female	34
18	03:12:46	F	493	Melissa	Kistner	Senior	Female	27
19	03:13:49	H	887	Janke	Volkman	Senior	Female	21
20	03:15:36	F	467	Beatrice	De klerk	Senior	Female	31
21	03:15:59	F	489	Sarah-Jane	Jackson	Senior	Female	28
22	03:17:32	G	710	Sophia	Ndlovu	Senior	Female	37
23	03:18:42	F	539	Clare	Travis	Senior	Female	34
24	03:20:00	F	514	Alexis	olds	Senior	Female	29
25	03:20:47	G	603	Jacqui	Amm	Senior	Female	33
26	03:20:56	F	486	Gerda	Henn	Senior	Female	36
27	03:23:21	F	555	Willemien	Van Zyl	Senior	Female	28
28	03:23:27	F	521	Heila-Martinette	Prinsloo	Senior	Female	21
29	03:23:33	F	512	Riana	Neethling	Senior	Female	32
30	03:23:39	F	474	Lucy	Etherton	Senior	Female	37
31	03:25:14	G	671	Rebecca	Johansson	Senior	Female	31
32	03:26:12	G	688	Chelsea	Lawrie	Senior	Female	20
33	03:26:23	F	553	Adel	van Wyk	Senior	Female	28
34	03:26:54	F	564	Geomarr	Van Tonder	Senior	Female	29
35	03:27:05	F	544	Christa	Ungerer	Senior	Female	34

36	03:27:18	G	702	Bryony	McCormick	Senior	Female	33
37	03:28:14	F	571	Sarah	Lamond	Senior	Female	35
38	03:28:41	G	685	Mmamapudi	Kubjane	Senior	Female	24
39	03:28:56	H	894	Lezanne	Du Plessis	Senior	Female	25
40	03:28:58	H	893	Marzanne	Swanepoel	Senior	Female	25
41	03:29:54	F	503	Natalie	Marcus	Senior	Female	34
42	03:30:35	F	491	Kylie	Janse van Vuuren	Senior	Female	24
43	03:31:09	G	696	Yolande	Malan	Senior	Female	36
44	03:31:14	G	624	Fanny	Chevallereau	Senior	Female	28
45	03:31:59	G	601	Wilmi	Agenbag	Senior	Female	18
46	03:32:47	F	518	Aliza	Pienaar	Senior	Female	26
47	03:34:00	G	633	Heather	Dalton	Senior	Female	36
48	03:35:04	G	762	Elsa	Vogts	Senior	Female	31
49	03:35:17	F	481	Angela	Guastella	Senior	Female	31
50	03:35:22	F	517	Lisa	Pennell	Senior	Female	38
51	03:36:11	G	611	Jana	Bezuidenhout	Senior	Female	24
52	03:37:20	G	752	Tara	Vadas	Senior	Female	34
53	03:37:48	E	420	Dominique	De Villiers	Senior	Female	35
54	03:40:50	F	454	Carla	Bekker	Senior	Female	31
55	03:41:20	H	884	Elmarie`	Thorpe	Senior	Female	39
56	03:41:36	E	402	Cathy	Weedall	Senior	Female	39
57	03:43:04	G	735	Cornelia	Schumann	Senior	Female	36
58	03:43:42	G	720	Lee-Anne	Pienaar	Senior	Female	39
59	03:43:45	F	563	Tina	Gellatly	Senior	Female	23
60	03:44:37	F	545	Irmilee	Uys	Senior	Female	19
61	03:48:41	G	677	Lize-Marick	Keyser	Senior	Female	31
62	03:50:18	G	638	Michelle	Dimaio	Senior	Female	33
63	03:51:36	G	676	Sarah Jayne Helen	Kerr	Senior	Female	32
64	03:53:21	G	634	Danica	Dannhauser	Senior	Female	32
65	03:53:59	G	761	Jacqueline	Vockins	Senior	Female	37
66	03:54:51	G	778	Susan	Winckworth	Senior	Female	33
67	03:55:07	G	682	Melissa	Kruger	Senior	Female	28
68	03:56:44	F	499	Ilse	Langhout	Senior	Female	37
69	04:01:54	G	772	Claire-Louise	Worby	Senior	Female	32
70	04:03:45	H	863	Kate	Finlay	Senior	Female	33
71	04:11:56	H	862	Emma	Finlay	Senior	Female	33
72	04:15:58	G	665	Michelle	Horak	Senior	Female	28
73	04:18:30	G	771	Cordula	Winkler	Senior	Female	37
74	04:24:01	G	614	Alicia	Bock	Senior	Female	33
75	04:24:47	H	865	Shannon	Fletcher	Senior	Female	35
76	04:26:53	H	869	Ashleigh	Hewitson	Senior	Female	25
77	04:28:27	G	672	Diana	Johnson	Senior	Female	29
78	04:28:50	F	480	Shafeeqah	Gordon	Senior	Female	21
79	04:58:41	G	660	Sandra	Hansen	Senior	Female	38

Veteran Men

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	02:10:23	E	400	Mornay	Visser	Veteran	Male	47
2	02:19:19	E	386	Kevin	Spratley	Veteran	Male	46
3	02:41:41	F	524	Craig	Sales	Veteran	Male	43
4	02:42:43	F	471	Rupert	Dolby	Veteran	Male	42
5	02:43:36	E	390	Graham	Swart	Veteran	Male	42
6	02:45:17	F	507	Julian	Moore	Veteran	Male	40
7	02:46:24	F	515	Aldo	Oppel	Veteran	Male	41
8	02:50:41	F	534	Richard	Stronach	Veteran	Male	46
9	02:52:11	F	473	Scott	Drimie	Veteran	Male	44
10	02:54:00	F	562	Dion	Millson	Veteran	Male	42
11	02:54:07	F	541	Prem	Trojan	Veteran	Male	48
12	02:55:12	F	520	Craig	Pike	Veteran	Male	40
13	02:56:24	G	716	elroy	pace	Veteran	Male	41
14	03:00:23	E	418	Michael	McLeod	Veteran	Male	43
15	03:00:38	F	498	Anthony	Lai Lam	Veteran	Male	43
16	03:05:19	G	693	dirk	louw	Veteran	Male	45
17	03:05:32	G	773	Dave	Yeowart	Veteran	Male	42
18	03:06:13	F	511	Loftus	Neethling	Veteran	Male	41
19	03:09:57	E	370	Glenn	Hurlow	Veteran	Male	43
20	03:10:51	F	542	Christo	Truter	Veteran	Male	45
21	03:12:20	F	506	Tilis	Moggee	Veteran	Male	41
22	03:15:00	F	476	Michal	George	Veteran	Male	45
23	03:17:39	F	504	Nik	Michalopoulos	Veteran	Male	42
24	03:25:37	G	717	ted	parzydlo	Veteran	Male	45
25	03:26:00	G	691	Klaus	Lombardozi	Veteran	Male	48
26	03:27:00	G	723	Chris	Potgieter	Veteran	Male	41
27	03:30:31	E	366	Jan	Durand	Veteran	Male	49
28	03:30:51	G	736	Craig	Seaman	Veteran	Male	48
29	03:32:18	G	654	Ant	Geard	Veteran	Male	43
30	03:33:00	G	658	Tim	Hadingham	Veteran	Male	44
31	03:34:03	G	630	Michael	Cotter	Veteran	Male	44
32	03:35:03	H	882	Thaabiet	Salaam	Veteran	Male	42
33	03:41:35	G	719	Gary	Phipson	Veteran	Male	49
34	03:44:00	G	727	Glanville	Retief	Veteran	Male	41
35	03:54:20	G	726	Nickesh	Rajdew	Veteran	Male	40
36	03:55:38	G	706	Ant	Moore	Veteran	Male	41
37	04:04:03	G	674	Stephen	Kelly	Veteran	Male	43
38	04:09:42	G	668	Dries	Jacobs	Veteran	Male	44
39	04:10:19	G	722	Barrie	Porter	Veteran	Male	41
40	04:12:51	H	855	Darren	Botha	Veteran	Male	44
41	04:13:49	G	644	Brett	Ellis	Veteran	Male	43
42	04:16:06	E	385	Arno	Rossouw	Veteran	Male	44
43	04:17:14	G	648	kevin	ferreira	Veteran	Male	44
44	04:17:27	H	854	Johan	Boot	Veteran	Male	46
45	04:21:01	F	490	Francois	Janse van Rensburg	Veteran	Male	41
46	04:21:32	G	738	David	Smith	Veteran	Male	48
47	04:27:27	H	851	Johan	Barkenhuizen	Veteran	Male	43
48	04:44:46	H	877	Andrew	Nixon	Veteran	Male	42
49	04:52:16	H	866	Gary	Godfrey	Veteran	Male	49
50	05:58:09	G	756	Johannes	Van Eck	Veteran	Male	42

Veteran Ladies

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	02:46:43	E	411	Caitlin	Lewis	Veteran	Female	47
2	02:55:33	E	368	DAIN	HAMILTON	Veteran	Female	49
3	03:16:15	E	358	Shirley	Bosman	Veteran	Female	40
4	03:19:36	G	670	Penelope	Jansen van Vuuren	Veteran	Female	41
5	03:20:23	F	487	Pauline	Herrmann-Keys	Veteran	Female	43
6	03:21:39	F	549	HUGUETTE	VAN DER MERWE	Veteran	Female	47
7	03:26:04	G	635	Anesca	Davey	Veteran	Female	40
8	03:30:26	F	502	Monique	Marais	Veteran	Female	41
9	03:31:03	G	640	Andrea	du Plessis	Veteran	Female	44
10	03:34:11	G	680	Jana	Kolodziej	Veteran	Female	45
11	03:38:41	F	509	Liezl	Muller	Veteran	Female	45
12	03:40:13	G	664	Lauren	Honeyman	Veteran	Female	45
13	03:44:32	G	739	Sonja	Stafford Northcote	Veteran	Female	44
14	03:46:33	G	687	Allison	Lamb	Veteran	Female	45
15	03:51:50	F	565	Inma	Uys	Veteran	Female	47
16	03:55:42	G	629	Elmarie	Conradie	Veteran	Female	41
17	04:04:28	G	692	Marcy	Loubser	Veteran	Female	46
18	04:08:35	G	651	Jane	Fisher	Veteran	Female	43
19	04:09:26	G	636	Melissa	de Kock	Veteran	Female	41
20	04:10:07	G	663	Sally	Hollick	Veteran	Female	49
21	04:14:45	G	689	Kate	Le Roux	Veteran	Female	46
22	04:17:15	G	622	melody	brown	Veteran	Female	43
23	04:21:36	G	632	Renee	Cupido	Veteran	Female	42
24	04:24:33	G	694	SOPHIA	LOUW	Veteran	Female	46
25	04:30:51	G	733	May	Scholtz	Veteran	Female	46
26	04:32:57	H	886	Amanda	van Eeden	Veteran	Female	46
27	04:41:35	H	874	Dianie	Lamprecht	Veteran	Female	41
28	04:41:37	H	891	Helene	Higgins	Veteran	Female	43
29	04:52:10	H	867	Lisa	Godfrey	Veteran	Female	46
30	05:16:53	G	609	Joan	Bennett	Veteran	Female	48

Master Men

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	02:34:13	E	408	Neil	Hermann	Master	Male	57
2	02:50:34	E	359	Hein	Carse	Master	Male	54
3	02:54:57	E	410	Patrick	Hendricks	Master	Male	53
4	02:57:17	E	401	Mark	Wagenheim	Master	Male	60
5	02:58:08	F	570	Ahmed	Mahomed	Master	Male	52
6	03:06:13	E	381	Bruce	Meier	Master	Male	55
7	03:11:53	G	673	Paul	Kelly	Master	Male	52
8	03:16:21	F	466	Errol	Cunnama	Master	Male	60
9	03:20:15	G	763	Karsten	Vollmer	Master	Male	53
10	03:22:58	G	748	Michael	Theunissen	Master	Male	52
11	03:25:09	G	721	Carl	Pohl	Master	Male	56
12	03:25:12	G	621	Gary	Britz	Master	Male	52
13	03:38:47	G	653	Ivan	Garavaglia	Master	Male	54
14	03:42:31	G	758	John	Van onselen	Master	Male	58
15	03:42:35	G	767	Abrie	Wessels	Master	Male	50
16	03:42:45	F	482	WIKUS	HANEKOM	Master	Male	56
17	03:47:02	H	857	David	Conradie	Master	Male	63
18	03:50:34	F	452	Graham	Alessandri	Master	Male	56
19	03:53:49	E	394	Pieter	Uys	Master	Male	53
20	03:58:23	G	741	Adrian	Stevens	Master	Male	63

Master Ladies

Position	Time	Batch	Race #	Name	Surname	Category	Sex	Age
1	02:53:59	F	568	Karen	Jennings	Master	Female	50
2	03:30:05	G	607	mari	barnard	Master	Female	57
3	03:42:34	F	508	Gail	Moriarty	Master	Female	51
4	03:43:14	G	759	Erica	Van Rhyn	Master	Female	52
5	04:04:33	G	714	Moir	Oliver	Master	Female	56
6	04:08:02	G	659	Jacomi	HANEKOM	Master	Female	54
7	04:10:01	G	602	Cathy	Alison	Master	Female	52
8	04:13:53	G	619	liz	brash	Master	Female	57
9	04:47:56	G	690	Marcelle	Le Roux	Master	Female	58
10	04:58:43	G	618	Zita	Brandon	Master	Female	53
11	05:54:40	H	870	Deirdre	Hewitson	Master	Female	55



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Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:45:28	1350	Sibu	Thikitsha	Senior	Male	30
2	00:47:05	1332	Matt	Lennon	Senior	Male	21
3	00:47:47	1212	Johannes	Scribante	Senior	Male	22
4	00:48:01	1028	Stephan	Bruwer	Senior	Male	29
5	00:48:03	1031	Eduan	Burger	Senior	Male	23
6	00:48:15	1079	MARIUS	Gatto	Junior	Male	16
7	00:49:20	1279	Damian-Lee	Wallace	Senior	Male	27
8	00:50:17	1237	Alex	Topliss	Senior	Male	21
9	00:51:01	1146	Megan	Leslie	Junior	Female	17
10	00:51:08	1322	Bennie	Stander	Senior	Male	55
11	00:51:46	1265	van Zyl	van Zyl	Senior	Male	32
12	00:52:17	1289	Mark	McCormick	Senior	Male	21
13	00:52:30	1288	Nick	Tennick	Senior	Male	22
14	00:53:35	1009	Victor	Bakker	Junior	Male	15
15	00:54:10	1216	Simon	Smit	Senior	Male	27
16	00:54:14	1307	Stephan	Burger	Senior	Male	25
17	00:55:22	1054	Noah	De Nicola	Junior	Male	16
18	00:55:26	1338	Brian	Super	Senior	Male	58
19	00:55:33	1302	Freddie	thiem	Senior	Male	58
20	00:55:43	1256	Duan	van Schalkwyk	Senior	Male	18
21	00:55:47	1269	paola	vignani	Senior	Male	52
22	00:55:50	1301	Johan	van der Merwe	Senior	Male	29
23	00:55:53	1325	Abrie	Valentine	Senior	Male	34
24	00:55:56	1145	Kate	Leslie	Senior	Female	20
25	00:56:21	1118	Hunt	Hunt	Senior	Male	27
26	00:56:46	1300	Nat	Micklem	Senior	Male	32
27	00:57:34	1184	Melissa	Phelps	Senior	Female	35
28	00:57:39	1174	Ettienne	Oelofse	Senior	Male	37
29	00:57:45	1304	Johan	Muller	Senior	Male	33
30	00:58:07	1119	Matthew	Hurlow	Senior	Male	19
31	00:58:33	1335	Werne	Kritzinger	Senior	Male	31
32	00:58:58	1280	Jessamine	Ward	Senior	Female	32
33	00:59:05	1222	Divan	Snyman	Senior	Male	29
34	00:59:07	1268	Luhan	Verwey	Senior	Male	22
35	00:59:11	1230	George	Stegmann	Senior	Male	30
36	00:59:16	1339	James	Louter	Senior	Male	38
37	00:59:20	1290	Stephanie	Courtnage	Senior	Female	23
38	00:59:22	1246	Cronje	van der Merwe	Senior	Male	22
39	00:59:31	1299	Matthias	Thoma	Senior	Male	26
40	00:59:43	1259	Yoeri	Van Wassenhove	Senior	Male	23
41	00:59:48	1129	Sharon	Kenmuir	Senior	Female	39
42	00:59:51	1012	Heinrich	Basson	Senior	Male	25
43	01:00:38	1298	Philipp	Wielwert	Senior	Male	24
44	01:00:42	1287	Nicola	Wilson	Senior	Female	20
45	01:00:57	1240	Chloe	Townsend	Junior	Female	17
46	01:01:00	1241	Hugh-John	Townsend	Senior	Male	50
47	01:01:24	1150	Janneke	Lötter	Senior	Female	23
48	01:01:27	1153	JACO	MARAIS	Junior	Male	17
49	01:01:57	1321	Sam	Berrington	Senior	Male	24
50	01:02:32	1132	HELENA	KLUE	Senior	Female	38
51	01:02:34	1088	Brittany	Gibson	Senior	Female	19
52	01:02:49	1066	Bill	Dunn	Senior	Male	48
53	01:03:05	1201	malcolm	Royston	Senior	Male	39
54	01:03:07	1067	Ian	Durbach	Senior	Male	36
55	01:03:15	1244	Lucelle	van der Linde	Senior	Female	23
56	01:03:30	1108	Martin	Heunis	Senior	Male	34
57	01:03:32	1340	Evert	Groenewald	Senior	Male	23
58	01:03:37	1133	sibella	knott-craig	Senior	Female	39
59	01:04:03	1077	Ian	Findlay	Senior	Male	60
60	01:04:08	1092	Karen	Graaff	Senior	Female	32
61	01:04:20	1297	Nicola	Hendricks	Senior	Female	40
62	01:04:30	1316	Andre	Hoffman	Senior	Male	42
63	01:04:37	1275	Wilhelm	Vogts	Senior	Male	29
64	01:04:57	1090	Michelle	Glover	Senior	Female	23
65	01:05:00	1342	Emma	Westensee	Senior	Female	22
66	01:05:04	1248	Dewald	Van Deventer	Senior	Male	36
67	01:05:23	1100	Sarah	Hathorn	Senior	Female	23
68	01:05:25	1099	Peter	Hathorn	Senior	Male	55
69	01:05:27	1112	Andrew	Hirsch	Senior	Male	43
70	01:05:29	1225	Colin	Spencer	Senior	Male	45
71	01:05:46	1224	Alister	Spence	Senior	Male	43
72	01:05:56	1218	Caitlin	Smith	Senior	Female	30
73	01:06:23	1258	Dalene	van Staden	Senior	Female	24
74	01:06:31	1324	Megan	Findlay	Senior	Female	23
75	01:06:40	1262	Raelene	Van Wyk	Senior	Female	22
76	01:07:09	1180	Anna	O'Sullivan	Senior	Female	32
77	01:07:11	1008	Craig	Baillie	Senior	Male	32
78	01:07:17	1193	BERNADETTE	REYNEKE	Senior	Female	42

79	01:07:19	1075	Greg	Farr	Senior	Male	29
80	01:07:22	1235	Johann	Swart	Senior	Male	27
81	01:07:25	1220	Mione	Smith	Senior	Female	26
82	01:07:30	1263	Basson	van Zyl	Senior	Male	30
83	01:07:32	1188	Alexander	Pieters	Senior	Male	34
84	01:07:35	1227	Candice	Stanton	Senior	Female	28
85	01:07:36	1130	Warren	Kent	Senior	Male	30
86	01:07:45	1151	Lezanne	Lötter	Senior	Female	22
87	01:08:01	1053	Dominique	De Lapelin Dumont	Senior	Female	36
88	01:08:15	1213	Mubeen	September	Senior	Female	37
89	01:08:21	1293	Mariska	Lilly	Senior	Female	41
90	01:08:23	1294	William	Lilly	Senior	Male	41
91	01:08:33	1020	Viktor	Böhler	Senior	Male	27
92	01:08:35	1082	Dirk	Geldenhuis	Senior	Male	34
93	01:08:36	1084	Stefan	Gering	Senior	Male	27
94	01:08:40	1232	Christian	Sutherland	Senior	Male	31
95	01:08:46	1281	Debbi	Weijmans	Senior	Female	30
96	01:08:50	1312	Ilanie	Durand	Senior	Female	45
97	01:08:52	1029	Maurice	Bruwer	Senior	Male	37
98	01:08:55	1050	Kyle	Davis	Senior	Male	24
99	01:09:24	1323	Justin	McCarthy	Senior	Male	31
100	01:09:27	1228	Marius	Steenkamp	Senior	Male	29
101	01:09:29	1318	Ian	Rens	Senior	Male	41
102	01:09:31	1183	Andrea	Pearse	Senior	Female	20
103	01:09:34	1168	Kyle	Murray	Senior	Male	29
104	01:09:38	1231	Ashley	Suckling	Senior	Male	43
105	01:09:54	1341	Jani	Landman	Senior	Female	23
106	01:09:56	1276	Inandi	Vosloo	Senior	Female	25
107	01:10:05	1219	Michael	Smith	Senior	Male	46
108	01:10:07	1030	Andrew	Bulman	Senior	Male	44
109	01:10:31	1334	Christelle	Leuvenink	Senior	Female	25
110	01:10:34	1236	Alex	Taute	Senior	Male	60
111	01:10:37	1195	Liesl	Ribeiro	Senior	Female	45
112	01:10:40	1126	Samantha	Kaplan	Senior	Female	29
113	01:10:43	1142	Lazarus	Lazarus	Senior	Male	32
114	01:10:48	1065	Natalie	Dumont de Chassart	Senior	Female	21
115	01:10:50	1103	Storme	Heathcote	Senior	Female	21
116	01:10:52	1205	Bianca	Schloms	Senior	Female	25
117	01:10:55	1154	MARI	MARAI	Senior	Female	47
118	01:11:01	1156	PIETER	MARAI	Senior	Male	49
119	01:11:04	1319	Margaret	Moller	Senior	Female	54
120	01:11:07	1320	Van	Bruwer	Senior	Male	38
121	01:11:09	1161	Elanie	Meyer	Senior	Female	29
122	01:11:11	1125	NIENKE	JORDAAN	Senior	Female	36
123	01:11:15	1209	aida	schutte	Senior	Female	44
124	01:11:18	1261	Quintin	van Wyk	Senior	Male	34
125	01:11:21	1333	Francesco	Paulucci	Senior	Male	21
126	01:11:23	1026	ASHLEY	BRAVEY	Senior	Male	48
127	01:11:26	1094	Dr Joe	Grobbelaar	Senior	Male	62
128	01:11:32	1208	Gerhard	Schröder	Senior	Male	33
129	01:11:34	1140	Marco	Lategan	Senior	Male	25
130	01:11:36	1187	Theoni	Photopoulou	Senior	Female	32
131	01:11:46	1160	Amy	Mendham	Senior	Female	29
132	01:12:18	1085	Kathleen	Gething	Senior	Female	31
133	01:12:23	1011	Jackie	Barnard	Senior	Female	41
134	01:12:34	1282	Peter	White	Senior	Male	61
135	01:12:43	1111	Hannes	Hibbert	Senior	Male	35
136	01:12:45	1110	Bianca	Hibbert	Senior	Female	26
137	01:12:47	1136	Gustav	Kruger	Senior	Male	34
138	01:12:48	1058	Riaan	De Witt	Senior	Male	29
139	01:12:51	1223	Lindsay	Speirs Du Toit	Senior	Female	37
140	01:13:06	1194	Antoni	Ribeiro	Senior	Male	47
141	01:13:08	1057	Leana	De Witt	Senior	Female	30
142	01:13:11	1267	Rieghard	Vermaak	Senior	Male	30
143	01:13:12	1120	Jako	Janse van Rensburg	Senior	Male	32
144	01:13:15	1274	Elizabeth	Vogts	Senior	Female	29
145	01:13:17	1089	Bronwyn	Gibson	Senior	Female	33
146	01:13:24	1172	Lorraine	Nevin	Senior	Female	52
147	01:13:27	1317	Martin	van der Merwe	Senior	Male	30
148	01:13:30	1347	Friedrich	Neethling	Senior	Male	46
149	01:13:41	1277	Lenika	Vosloo	Senior	Female	22
150	01:14:03	1155	Nicolene	Marais	Senior	Female	36
151	01:14:25	1330	Frank	Uys	Senior	Male	54
152	01:14:27	1017	Daniel	Beukes	Senior	Male	38
153	01:14:30	1278	Huibrecht	Wahl	Senior	Female	28
154	01:14:51	1291	Jannie	Olivier	Senior	Male	40
155	01:14:53	1203	riedwaan	salie	Senior	Male	61
156	01:14:58	1348	Albert	Halford	Senior	Male	46
157	01:15:01	1189	Eric	Pocock	Senior	Male	68
158	01:15:04	1080	Krysia	Gaweda	Senior	Female	22
159	01:15:19	1051	Nicola	de Jager	Senior	Female	40
160	01:15:20	1196	Sylvia	Richards	Senior	Female	38
161	01:15:23	1177	Jaco	Oosthuizen	Senior	Male	40
162	01:15:43	1040	chris	Clark	Senior	Male	73
163	01:15:46	1002	Anne	Alessandri	Senior	Female	41
164	01:16:00	1095	Lara	Groeneveldt	Senior	Female	34
165	01:16:42	1093	Diane	Gray	Senior	Female	42
166	01:16:44	1159	Carolyn	McKinney	Senior	Female	42
167	01:17:00	1003	CLAIRE	ANDERSON	Senior	Female	31

168	01:17:02	1192	Sorrel	Reid	Senior	Female	30
169	01:17:14	1175	Alethea	Oosthuizen	Senior	Female	37
170	01:17:17	1191	Matthew	Pretorius	Senior	Male	26
171	01:17:40	1345	Alec	Van Niekerk	Senior	Male	30
172	01:17:50	1226	Fiona	Stanley	Senior	Female	43
173	01:18:01	1239	Chelsea	Townsend	Junior	Female	16
174	01:18:15	1144	Theodora	Lee	Senior	Female	25
175	01:18:18	1147	Kira	Levy	Senior	Female	24
176	01:18:23	1124	Caro	Jordaan	Senior	Female	25
177	01:18:29	1210	Monique	Schutte	Senior	Female	27
178	01:18:31	1055	Zelda	De Paiva	Senior	Female	44
179	01:18:41	1303	Martin	Groenewald	Senior	Male	31
180	01:18:43	1245	Corlia	van der merwe	Senior	Female	29
181	01:18:48	1204	Asmaa'	Sayed	Senior	Female	31
182	01:18:51	1309	Teresa	De Villiers	Senior	Female	38
183	01:18:52	1310	Christiaan	De Villiers	Senior	Male	40
184	01:18:58	1149	Georgia	Lilford	Senior	Female	19
185	01:19:00	1016	Lia	Bester	Senior	Female	23
186	01:19:09	1127	Nikki	Keeton	Senior	Female	35
187	01:19:14	1162	Denice	Michalopoulos	Senior	Female	32
188	01:19:18	1036	Tim	Carr	Senior	Male	26
189	01:19:20	1018	zack	beukman	Senior	Male	27
190	01:19:23	1027	Nadine	Breytenbach	Senior	Female	40
191	01:19:31	1064	Pier	du Plessis	Senior	Male	27
192	01:19:33	1059	Thania	Dout	Senior	Female	34
193	01:19:36	1158	Jacques	Maree	Senior	Male	37
194	01:19:43	1076	carla	feenstra	Senior	Female	31
195	01:19:49	1083	Ryma	Geraghty	Senior	Female	31
196	01:19:52	1285	David	James	Senior	Male	45
197	01:19:55	1087	Juanita	Geyer	Senior	Female	42
198	01:19:57	1185	Paige	Phillips	Senior	Female	20
199	01:20:00	1186	Denise	Phillips	Senior	Female	52
200	01:20:02	1152	marilize	low	Senior	Female	41
201	01:20:10	1247	Juanita	van der Westhuizen	Senior	Female	35
202	01:20:46	1199	Arlene	Rielly-Spence	Senior	Female	42
203	01:20:53	1005	Lara	Auzet	Senior	Female	20
204	01:21:10	1141	Izelle	Latsky	Senior	Female	24
205	01:21:11	1081	Isabelle	Geldenhuis	Senior	Female	36
206	01:21:17	1266	Anzel	Venter	Senior	Female	36
207	01:21:20	1349	Karla	Vorster	Senior	Female	23
208	01:21:26	1139	Wayne	Landsberg	Senior	Male	46
209	01:21:44	1101	Robert Jack	Heath	Senior	Male	22
210	01:21:46	1102	Tania	Heath	Senior	Female	48
211	01:21:49	1116	Jonathan	Hughes	Senior	Male	35
212	01:21:51	1117	Leah	Hughes	Senior	Female	36
213	01:22:01	1329	Fanie	Landsberg	Senior	Male	37
214	01:22:04	1063	Nadia	du Plessis	Senior	Female	27
215	01:22:06	1062	JG	du Plessis	Senior	Male	27
216	01:22:08	1078	Andrew	Gade	Senior	Male	40
217	01:22:11	1070	Louise	Erasmus	Senior	Female	23
218	01:22:37	1296	Elise	Lecuona	Senior	Female	41
219	01:22:43	1352	Nina	Steyn	Senior	Female	37
220	01:22:45	1034	Jennifer	Butler	Senior	Female	25
221	01:22:49	1035	Sandra	Butler	Senior	Female	28
222	01:22:52	1331	Rourett	Visser	Senior	Female	59
223	01:22:54	1164	Tanya	Moffat	Senior	Female	43
224	01:22:57	1024	jae	braun	Senior	Female	30
225	01:22:59	1025	Jethro	Braun	Senior	Male	26

226	01:23:07	1270	Keith	Viljoen	Senior	Male	61
227	01:23:11	1134	Ina	Koegelenberg	Senior	Female	34
228	01:23:13	1170	Erietha	Nel	Senior	Female	31
229	01:23:33	1015	Elmarie	Bessinger	Senior	Female	40
230	01:23:45	1148	Petro	Liebenberg	Senior	Female	35
231	01:23:47	1292	Corlia	Niemand	Senior	Female	46
232	01:24:19	1217	Willem Johannes	Smit	Senior	Male	42
233	01:24:21	1198	Margie	RichterWilmot	Senior	Female	51
234	01:24:23	1233	Marius	Swanepoel	Senior	Male	57
235	01:24:37	1283	Charles	Whitehead	Senior	Male	62
236	01:24:58	1098	Lee-ann	Harris	Senior	Female	49
237	01:25:01	1326	Johan	Krause	Senior	Male	59
238	01:25:03	1135	Jaco	Kriel	Senior	Male	42
239	01:25:05	1072	Trevor	Ernstzen	Senior	Male	50
240	01:25:09	1128	Brigid	Kell	Senior	Female	27
241	01:25:24	1328	Ilze	Van Rensberg	Senior	Male	40
242	01:25:35	1242	Hannelie	Truter	Senior	Female	44
243	01:25:44	1010	Christine	Bam	Senior	Female	24
244	01:26:11	1115	Carolyn	Holgate	Senior	Female	45
245	01:27:00	1306	Monya	Nicol	Senior	Female	39
246	01:27:12	1311	Annemarie	Hattingh	Senior	Female	26
247	01:27:19	1032	Marc	Busschau	Senior	Male	31
248	01:27:21	1033	Tanya	Busschau	Senior	Female	29
249	01:27:59	1336	Hilary	Knight	Senior	Female	52
250	01:28:01	1315	Hester	Basson	Senior	Female	38
251	01:28:15	1257	Flip	Van Schalkwyk	Senior	Male	68
252	01:28:27	1273	Gerrit	Viviers	Senior	Male	28
253	01:28:29	1272	Anika	Viviers	Senior	Female	29
254	01:28:55	1045	CONNIE	COETZEE	Senior	Female	54
255	01:28:58	1046	DAVE	COETZEE	Senior	Male	54
256	01:29:02	1255	ANNAMRIE	van onselen	Senior	Female	60
257	01:29:06	1044	JULIE	CLOETE	Senior	Female	47
258	01:29:12	1043	JORDYN	CLOETE	Senior	Female	21
259	01:29:21	1006	Chanel	Avenant	Senior	Female	34
260	01:29:45	1021	Jana	BOOT	Senior	Female	43
261	01:29:58	1073	evenhuis	evenhuis	Senior	Female	36
262	01:30:31	1037	Nicole	Claese	Senior	Female	30
263	01:30:33	1038	Werner	Claese	Senior	Male	35
264	01:30:49	1234	JILL	SWART	Senior	Female	38
265	01:30:51	1114	Tyrone	Hodge	Senior	Male	41
266	01:31:24	1254	Samantha	Van Jaarsveld	Senior	Female	32
267	01:31:26	1253	Paul	Van Jaarsveld	Senior	Male	40
268	01:31:45	1181	Gaby	Pabst	Senior	Female	43
269	01:31:49	1182	Hugh	Parry	Senior	Male	67
270	01:32:05	1264	tracey	van zyl	Senior	Female	41
271	01:32:24	1041	Vanessa	Clark	Senior	Female	41
272	01:32:46	1313	Tahlie	Vickers	Senior	Female	40
273	01:32:48	1179	Monique	O'Riordan	Senior	Female	22
274	01:33:00	1190	Liezl	Potgieter	Senior	Female	41
275	01:33:13	1122	Mark	January	Senior	Male	50
276	01:33:16	1123	Rene	January	Senior	Female	43
277	01:33:42	1351	Kate	Leslie	Senior	Female	33
278	01:34:25	1165	Monique	Mostert	Senior	Female	26
279	01:34:27	1074	Vanessa	Eyden	Senior	Female	44
280	01:34:41	1171	Marianne	Nelson	Senior	Female	72
281	01:35:57	1163	Sofie	Moens	Senior	Female	35
282	01:36:11	1344	Sarah	Van Zyl	Senior	Female	29
283	01:36:18	1343	Jonathan	Sanders	Senior	Male	33
284	01:36:21	1346	Lucinda	Jooste	Senior	Female	34
285	01:37:08	1305	Claire	Pickering	Senior	Female	41
286	01:37:56	760	Yolande	Vivier	Senior	Female	37
287	01:39:56	1166	Noloyiso	Mtembu	Senior	Female	36
288	01:39:59	1022	Elize	Botha	Senior	Female	44
289	01:40:01	1071	Joan	Ernstzen	Senior	Female	49
290	01:40:44	1327	Shiloh	Kruger	Junior	Female	16
291	01:40:56	1284	Ruan	Zeelie	Senior	Male	31
292	01:42:09	1106	Deanne	Herbert	Senior	Female	47
293	01:45:29	1049	Nicola	Davidson	Senior	Female	38
294	01:45:35	1314	Corne	Rossouw	Senior	Female	42
295	01:46:47	1039	david	Clamp	Senior	Male	54
296	01:48:19	1249	Jason	van Heerden	Senior	Male	41
297	01:48:22	1250	Quinn	van Heerden	Senior	Male	35
298	01:52:43	1221	sharon	smith	Senior	Female	30
299	01:52:46	1004	Leone	Arendse	Senior	Female	41

Senior Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:45:28	1350	Sibu	Thikitsha	Senior	Male	30
2	00:47:05	1332	Matt	Lennon	Senior	Male	21
3	00:47:47	1212	Johannes	Scribante	Senior	Male	22
4	00:48:01	1028	Stephan	Bruwer	Senior	Male	29
5	00:48:03	1031	Eduan	Burger	Senior	Male	23
6	00:49:20	1279	Damian-Lee	Wallace	Senior	Male	27
7	00:50:17	1237	Alex	Topliss	Senior	Male	21
8	00:51:08	1322	Bennie	Stander	Senior	Male	55
9	00:51:46	1265	van Zyl	van Zyl	Senior	Male	32
10	00:52:17	1289	Mark	McCormick	Senior	Male	21
11	00:52:30	1288	Nick	Tennick	Senior	Male	22
12	00:54:10	1216	Simon	Smit	Senior	Male	27
13	00:54:14	1307	Stephan	Burger	Senior	Male	25
14	00:55:26	1338	Brian	Super	Senior	Male	58
15	00:55:33	1302	Freddie	thiem	Senior	Male	58
16	00:55:43	1256	Duan	van Schalkwyk	Senior	Male	18
17	00:55:47	1269	paola	vignani	Senior	Male	52
18	00:55:50	1301	Johan	van der Merwe	Senior	Male	29
19	00:55:53	1325	Abrie	Valentine	Senior	Male	34
20	00:56:21	1118	Hunt	Hunt	Senior	Male	27
21	00:56:46	1300	Nat	MickleM	Senior	Male	32
22	00:57:39	1174	Ettienne	Oelofse	Senior	Male	37
23	00:57:45	1304	Johan	Muller	Senior	Male	33
24	00:58:07	1119	Matthew	Hurlow	Senior	Male	19
25	00:58:33	1335	Werne	Kritzinger	Senior	Male	31
26	00:59:05	1222	Divan	Snyman	Senior	Male	29
27	00:59:07	1268	Luhan	Verwey	Senior	Male	22
28	00:59:11	1230	George	Stegmann	Senior	Male	30
29	00:59:16	1339	James	Louter	Senior	Male	38
30	00:59:22	1246	Cronje	van der Merwe	Senior	Male	22
31	00:59:31	1299	Matthias	Thoma	Senior	Male	26
32	00:59:43	1259	Yoeri	Van Wassenhove	Senior	Male	23
33	00:59:51	1012	Heinrich	Basson	Senior	Male	25
34	01:00:38	1298	Philipp	Wiellwert	Senior	Male	24
35	01:01:00	1241	Hugh-John	Townsend	Senior	Male	50
36	01:01:57	1321	Sam	Berrington	Senior	Male	24
37	01:02:49	1066	Bill	Dunn	Senior	Male	48
38	01:03:05	1201	malcolm	Royston	Senior	Male	39
39	01:03:07	1067	Ian	Durbach	Senior	Male	36
40	01:03:30	1108	Martin	Heunis	Senior	Male	34
41	01:03:32	1340	Evert	Groenewald	Senior	Male	23
42	01:04:03	1077	Ian	Findlay	Senior	Male	60
43	01:04:30	1316	Andre	Hoffman	Senior	Male	42
44	01:04:37	1275	Wilhelm	Vogts	Senior	Male	29
45	01:05:04	1248	Dewald	Van Deventer	Senior	Male	36
46	01:05:25	1099	Peter	Hathorn	Senior	Male	55
47	01:05:27	1112	Andrew	Hirsch	Senior	Male	43
48	01:05:29	1225	Colin	Spencer	Senior	Male	45
49	01:05:46	1224	Alister	Spence	Senior	Male	43
50	01:07:11	1008	Craig	Baillie	Senior	Male	32
51	01:07:19	1075	Greg	Farr	Senior	Male	29
52	01:07:22	1235	Johann	Swart	Senior	Male	27
53	01:07:30	1263	Basson	van Zyl	Senior	Male	30
54	01:07:32	1188	Alexander	Pieters	Senior	Male	34
55	01:07:36	1130	Warren	Kent	Senior	Male	30
56	01:08:23	1294	William	Lilly	Senior	Male	41
57	01:08:33	1020	Viktor	Böhler	Senior	Male	27
58	01:08:35	1082	Dirk	Geldenhuys	Senior	Male	34
59	01:08:36	1084	Stefan	Gering	Senior	Male	27
60	01:08:40	1232	Christian	Sutherland	Senior	Male	31
61	01:08:52	1029	Maurice	Bruwer	Senior	Male	37
62	01:08:55	1050	Kyle	Davis	Senior	Male	24
63	01:09:24	1323	Justin	McCarthy	Senior	Male	31
64	01:09:27	1228	Marius	Steenkamp	Senior	Male	29
65	01:09:29	1318	Ian	Rens	Senior	Male	41
66	01:09:34	1168	Kyle	Murray	Senior	Male	29
67	01:09:38	1231	Ashley	Suckling	Senior	Male	43
68	01:10:05	1219	Michael	Smith	Senior	Male	46
69	01:10:07	1030	Andrew	Bulman	Senior	Male	44
70	01:10:34	1236	Alex	Taute	Senior	Male	60
71	01:10:43	1142	Lazarus	Lazarus	Senior	Male	32
72	01:11:01	1156	PIETER	MARAI	Senior	Male	49
73	01:11:07	1320	Van	Bruwer	Senior	Male	38
74	01:11:18	1261	Quintin	van Wyk	Senior	Male	34
75	01:11:21	1333	Francesco	Paulucci	Senior	Male	21
76	01:11:23	1026	ASHLEY	BRAVER	Senior	Male	48
77	01:11:26	1094	Dr Joe	Grobbelaar	Senior	Male	62
78	01:11:32	1208	Gerhard	Schröder	Senior	Male	33
79	01:11:34	1140	Marco	Lategan	Senior	Male	25
80	01:12:34	1282	Peter	White	Senior	Male	61
81	01:12:43	1111	Hannes	Hibbert	Senior	Male	35
82	01:12:47	1136	Gustav	Kruger	Senior	Male	34
83	01:12:48	1058	Riaan	De Witt	Senior	Male	29
84	01:13:06	1194	Antoni	Ribeiro	Senior	Male	47
85	01:13:11	1267	Rieghard	Vermaak	Senior	Male	30
86	01:13:12	1120	Jako	Janse van Rensburg	Senior	Male	32
87	01:13:27	1317	Martin	van der Merwe	Senior	Male	30

88	01:13:30	1347	Friedrich	Neethling	Senior	Male	46
89	01:14:25	1330	Frank	Uys	Senior	Male	54
90	01:14:27	1017	Daniel	Beukes	Senior	Male	38
91	01:14:51	1291	Jannie	Olivier	Senior	Male	40
92	01:14:53	1203	riedwaan	salie	Senior	Male	61
93	01:14:58	1348	Albert	Halford	Senior	Male	46
94	01:15:01	1189	Eric	Pocock	Senior	Male	68
95	01:15:23	1177	Jaco	Oosthuizen	Senior	Male	40
96	01:15:43	1040	chris	Clark	Senior	Male	73
97	01:17:17	1191	Matthew	Pretorius	Senior	Male	26
98	01:17:40	1345	Alec	Van Niekerk	Senior	Male	30
99	01:18:41	1303	Martin	Groenewald	Senior	Male	31
100	01:18:52	1310	Christiaan	De Villiers	Senior	Male	40
101	01:19:18	1036	Tim	Carr	Senior	Male	26
102	01:19:20	1018	zack	beukman	Senior	Male	27
103	01:19:31	1064	Pier	du Plessis	Senior	Male	27
104	01:19:36	1158	Jacques	Maree	Senior	Male	37
105	01:19:52	1285	David	James	Senior	Male	45
106	01:21:26	1139	Wayne	Landsberg	Senior	Male	46
107	01:21:44	1101	Robert Jack	Heath	Senior	Male	22
108	01:21:49	1116	Jonathan	Hughes	Senior	Male	35
109	01:22:01	1329	Fanie	Landsberg	Senior	Male	37
110	01:22:06	1062	JG	du Plessis	Senior	Male	27
111	01:22:08	1078	Andrew	Gade	Senior	Male	40
112	01:22:59	1025	Jethro	Braun	Senior	Male	26
113	01:23:07	1270	Keith	Viljoen	Senior	Male	61
114	01:24:19	1217	Willem Johannes	Smit	Senior	Male	42
115	01:24:23	1233	Marius	Swanepoel	Senior	Male	57
116	01:24:37	1283	Charles	Whitehead	Senior	Male	62
117	01:25:01	1326	Johan	Krause	Senior	Male	59
118	01:25:03	1135	Jaco	Kriel	Senior	Male	42
119	01:25:05	1072	Trevor	Ernstzen	Senior	Male	50
120	01:25:24	1328	Ilze	Van Rensberg	Senior	Male	40
121	01:27:19	1032	Marc	Busschau	Senior	Male	31
122	01:28:15	1257	Flip	Van Schalkwyk	Senior	Male	68
123	01:28:27	1273	Gerrit	Viviers	Senior	Male	28
124	01:28:58	1046	DAVE	COETZEE	Senior	Male	54
125	01:30:33	1038	Werner	Claase	Senior	Male	35
126	01:30:51	1114	Tyrone	Hodge	Senior	Male	41
127	01:31:26	1253	Paul	Van Jaarsveld	Senior	Male	40
128	01:31:49	1182	Hugh	Parry	Senior	Male	67
129	01:33:13	1122	Mark	January	Senior	Male	50
130	01:36:18	1343	Jonathan	Sanders	Senior	Male	33
131	01:40:56	1284	Ruan	Zeelie	Senior	Male	31
132	01:46:47	1039	david	Clamp	Senior	Male	54
133	01:48:19	1249	Jason	van Heerden	Senior	Male	41
134	01:48:22	1250	Quinn	van Heerden	Senior	Male	35

Senior Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:55:56	1145	Kate	Leslie	Senior	Female	20
2	00:57:34	1184	Melissa	Phelps	Senior	Female	35
3	00:58:58	1280	Jessamine	Ward	Senior	Female	32
4	00:59:20	1290	Stephanie	Courtnage	Senior	Female	23
5	00:59:48	1129	Sharon	Kenmuir	Senior	Female	39
6	01:00:42	1287	Nicola	Wilson	Senior	Female	20
7	01:01:24	1150	Janneke	Lötter	Senior	Female	23
8	01:02:32	1132	HELENA	KLUE	Senior	Female	38
9	01:02:34	1088	Brittany	Gibson	Senior	Female	19
10	01:03:15	1244	Lucelle	van der Linde	Senior	Female	23
11	01:03:37	1133	sibella	knott-craig	Senior	Female	39
12	01:04:08	1092	Karen	Graaff	Senior	Female	32
13	01:04:20	1297	Nicola	Hendricks	Senior	Female	40
14	01:04:57	1090	Michelle	Glover	Senior	Female	23
15	01:05:00	1342	Emma	Westensee	Senior	Female	22
16	01:05:23	1100	Sarah	Hathorn	Senior	Female	23
17	01:05:56	1218	Caitlin	Smith	Senior	Female	30
18	01:06:23	1258	Dalene	van Staden	Senior	Female	24
19	01:06:31	1324	Megan	Findlay	Senior	Female	23
20	01:06:40	1262	Raelene	Van Wyk	Senior	Female	22
21	01:07:09	1180	Anna	O'Sullivan	Senior	Female	32
22	01:07:17	1193	BERNADETTE	REYNEKE	Senior	Female	42
23	01:07:25	1220	Mione	Smith	Senior	Female	26
24	01:07:35	1227	Candice	Stanton	Senior	Female	28
25	01:07:45	1151	Lezanne	Lötter	Senior	Female	22
26	01:08:01	1053	Dominique	De Lapelin Dumont	Senior	Female	36
27	01:08:15	1213	Mubeen	September	Senior	Female	37
28	01:08:21	1293	Mariska	Lilly	Senior	Female	41
29	01:08:46	1281	Debbi	Weijmans	Senior	Female	30
30	01:08:50	1312	Ilanie	Durand	Senior	Female	45
31	01:09:31	1183	Andrea	Pearse	Senior	Female	20
32	01:09:54	1341	Jani	Landman	Senior	Female	23
33	01:09:56	1276	Inandi	Vosloo	Senior	Female	25
34	01:10:31	1334	Christelle	Leuvennink	Senior	Female	25
35	01:10:37	1195	Liesel	Ribeiro	Senior	Female	45
36	01:10:40	1126	Samantha	Kaplan	Senior	Female	29
37	01:10:48	1065	Natalie	Dumont de Chassart	Senior	Female	21
38	01:10:50	1103	Storme	Heathcote	Senior	Female	21
39	01:10:52	1205	Bianca	Schloms	Senior	Female	25

40	01:10:55	1154	MARI	MARAI	Senior	Female	47
41	01:11:04	1319	Margaret	Moller	Senior	Female	54
42	01:11:09	1161	Elanie	Meyer	Senior	Female	29
43	01:11:11	1125	NIENKE	JORDAAN	Senior	Female	36
44	01:11:15	1209	aida	schutte	Senior	Female	44
45	01:11:36	1187	Theoni	Photopoulou	Senior	Female	32
46	01:11:46	1160	Amy	Mendham	Senior	Female	29
47	01:12:18	1085	Kathleen	Gething	Senior	Female	31
48	01:12:23	1011	Jackie	Barnard	Senior	Female	41
49	01:12:45	1110	Bianca	Hibbert	Senior	Female	26
50	01:12:51	1223	Lindsay	Speirs Du Toit	Senior	Female	37
51	01:13:08	1057	Leana	De Witt	Senior	Female	30
52	01:13:15	1274	Elizabeth	Vogts	Senior	Female	29
53	01:13:17	1089	Bronwyn	Gibson	Senior	Female	33
54	01:13:24	1172	Lorraine	Nevin	Senior	Female	52
55	01:13:41	1277	Lenka	Vosloo	Senior	Female	22
56	01:14:03	1155	Nicolene	Marais	Senior	Female	36
57	01:14:30	1278	Huibrecht	Wahl	Senior	Female	28
58	01:15:04	1080	Krysia	Gaweda	Senior	Female	22
59	01:15:19	1051	Nicola	de Jager	Senior	Female	40
60	01:15:20	1196	Sylvia	Richards	Senior	Female	38
61	01:15:46	1002	Anne	Alessandri	Senior	Female	41
62	01:16:00	1095	Lara	Groeneveldt	Senior	Female	34
63	01:16:42	1093	Diane	Gray	Senior	Female	42
64	01:16:44	1159	Carolyn	McKinney	Senior	Female	42
65	01:17:00	1003	CLAIRE	ANDERSON	Senior	Female	31
66	01:17:02	1192	Sorrel	Reid	Senior	Female	30
67	01:17:14	1175	Alethea	Oosthuizen	Senior	Female	37
68	01:17:50	1226	Fiona	Stanley	Senior	Female	43
69	01:18:15	1144	Theodora	Lee	Senior	Female	25
70	01:18:18	1147	Kira	Levy	Senior	Female	24
71	01:18:23	1124	Caro	Jordaan	Senior	Female	25
72	01:18:29	1210	Monique	Schutte	Senior	Female	27
73	01:18:31	1055	Zelda	De Paiva	Senior	Female	44
74	01:18:43	1245	Corlia	van der merwe	Senior	Female	29
75	01:18:48	1204	Asmaa'	Sayed	Senior	Female	31
76	01:18:51	1309	Teresa	De Villiers	Senior	Female	38
77	01:18:58	1149	Georgia	Lilford	Senior	Female	19
78	01:19:00	1016	Lia	Bester	Senior	Female	23
79	01:19:09	1127	Nikki	Keeton	Senior	Female	35
80	01:19:14	1162	Denice	Michalopoulos	Senior	Female	32
81	01:19:23	1027	Nadine	Breytenbach	Senior	Female	40
82	01:19:33	1059	Thania	Dout	Senior	Female	34
83	01:19:43	1076	carla	feenstra	Senior	Female	31
84	01:19:49	1083	Ryma	Geraghty	Senior	Female	31
85	01:19:55	1087	Juanita	Geyer	Senior	Female	42
86	01:19:57	1185	Paige	Phillips	Senior	Female	20
87	01:20:00	1186	Denise	Phillips	Senior	Female	52
88	01:20:02	1152	marilize	low	Senior	Female	41
89	01:20:10	1247	Juanita	van der Westhuizen	Senior	Female	35
90	01:20:46	1199	Arlene	Rielly-Spence	Senior	Female	42
91	01:20:53	1005	Lara	Auzet	Senior	Female	20
92	01:21:10	1141	Izelle	Latsky	Senior	Female	24
93	01:21:11	1081	Isabelle	Geldenhuys	Senior	Female	36
94	01:21:17	1266	Anzel	Venter	Senior	Female	36
95	01:21:20	1349	Karla	Vorster	Senior	Female	23
96	01:21:46	1102	Tania	Heath	Senior	Female	48
97	01:21:51	1117	Leah	Hughes	Senior	Female	36
98	01:22:04	1063	Nadia	du Plessis	Senior	Female	27
99	01:22:11	1070	Louise	Erasmus	Senior	Female	23
100	01:22:37	1296	Elise	Lecuona	Senior	Female	41
101	01:22:43	1352	Nina	Steyn	Senior	Female	37
102	01:22:45	1034	Jennifer	Butler	Senior	Female	25
103	01:22:49	1035	Sandra	Butler	Senior	Female	28
104	01:22:52	1331	Rourett	Visser	Senior	Female	59
105	01:22:54	1164	Tanya	Moffat	Senior	Female	43
106	01:22:57	1024	jae	braun	Senior	Female	30
107	01:23:11	1134	Ina	Koegelenberg	Senior	Female	34
108	01:23:13	1170	Erietha	Nel	Senior	Female	31
109	01:23:33	1015	Elmarie	Bessinger	Senior	Female	40
110	01:23:45	1148	Petro	Liebenberg	Senior	Female	35
111	01:23:47	1292	Corlia	Niemand	Senior	Female	46
112	01:24:21	1198	Margie	RichterWilmot	Senior	Female	51
113	01:24:58	1098	Lee-ann	Harris	Senior	Female	49
114	01:25:09	1128	Brigid	Kell	Senior	Female	27
115	01:25:35	1242	Hannelie	Truter	Senior	Female	44
116	01:25:44	1010	Christine	Bam	Senior	Female	24
117	01:26:11	1115	Carolyn	Holgate	Senior	Female	45
118	01:27:00	1306	Monya	Nicol	Senior	Female	39
119	01:27:12	1311	Annemarie	Hattingh	Senior	Female	26
120	01:27:21	1033	Tanya	Busschau	Senior	Female	29
121	01:27:59	1336	Hilary	Knight	Senior	Female	52
122	01:28:01	1315	Hester	Basson	Senior	Female	38
123	01:28:29	1272	Anika	Viviers	Senior	Female	29
124	01:28:55	1045	CONNIE	COETZEE	Senior	Female	54
125	01:29:02	1255	ANNAMRIE	van onselen	Senior	Female	60
126	01:29:06	1044	JULIE	CLOETE	Senior	Female	47
127	01:29:12	1043	JORDYN	CLOETE	Senior	Female	21
128	01:29:21	1006	Chanel	Avenant	Senior	Female	34

129	01:29:45	1021	Jana	BOOT	Senior	Female	43
130	01:29:58	1073	evenhuis	evenhuis	Senior	Female	36
131	01:30:31	1037	Nicole	Claase	Senior	Female	30
132	01:30:49	1234	JILL	SWART	Senior	Female	38
133	01:31:24	1254	Samantha	Van Jaarsveld	Senior	Female	32
134	01:31:45	1181	Gaby	Pabst	Senior	Female	43
135	01:32:05	1264	tracey	van zyl	Senior	Female	41
136	01:32:24	1041	Vanessa	Clark	Senior	Female	41
137	01:32:46	1313	Tahlie	Vickers	Senior	Female	40
138	01:32:48	1179	Monique	O'Riordan	Senior	Female	22
139	01:33:00	1190	Liezl	Potgieter	Senior	Female	41
140	01:33:16	1123	Rene	January	Senior	Female	43
141	01:33:42	1351	Kate	Leslie	Senior	Female	33
142	01:34:25	1165	Monique	Mostert	Senior	Female	26
143	01:34:27	1074	Vanessa	Eyden	Senior	Female	44
144	01:34:41	1171	Marianne	Nelson	Senior	Female	72
145	01:35:57	1163	Sofie	Moens	Senior	Female	35
146	01:36:11	1344	Sarah	Van Zyl	Senior	Female	29
147	01:36:21	1346	Lucinda	Jooste	Senior	Female	34
148	01:37:08	1305	Claire	Pickering	Senior	Female	41
149	01:37:56	760	Yolande	Vivier	Senior	Female	37
150	01:39:56	1166	Noloyiso	Mtembu	Senior	Female	36
151	01:39:59	1022	Elize	Botha	Senior	Female	44
152	01:40:01	1071	Joan	Ernstzen	Senior	Female	49
153	01:42:09	1106	Deanne	Herbert	Senior	Female	47
154	01:45:29	1049	Nicola	Davidson	Senior	Female	38
155	01:45:35	1314	Corne	Rossouw	Senior	Female	42
156	01:52:43	1221	sharon	smith	Senior	Female	30
157	01:52:46	1004	Leone	Arendse	Senior	Female	41

Junior Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:48:15	1079	MARIUS	Gatto	Junior	Male	16
2	00:53:35	1009	Victor	Bakker	Junior	Male	15
3	00:55:22	1054	Noah	De Nicola	Junior	Male	16
4	01:01:27	1153	JACO	MARAIS	Junior	Male	17

Junior Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:51:01	1146	Megan	Leslie	Junior	Female	17
2	01:00:57	1240	Chloe	Townsend	Junior	Female	17
3	01:18:01	1239	Chelsea	Townsend	Junior	Female	16
4	01:40:44	1327	Shiloh	Kruger	Junior	Female	16