



Helderberg Mountain Challenge 15.5km

Overall

| Position | Time | Race # | Name | Surname | Category | Sex | Age |
|----------|----------|--------|--------------|----------------|----------|--------|-----|
| 1 | 01:26:42 | 678 | Michael | Bailey | Open | Male | 27 |
| 2 | 01:26:42 | 711 | Nicholas | Rapanga | Open | Male | 35 |
| 3 | 01:35:56 | 602 | Piet | Jacobs | Open | Male | 32 |
| 4 | 01:36:49 | 674 | Andrew | Hagen | Open | Male | 27 |
| 5 | 01:38:30 | 676 | Nick | Bone | Open | Male | 39 |
| 6 | 01:38:52 | 646 | Michael | Redington | Open | Male | 26 |
| 7 | 01:39:50 | 697 | Tristan | kelly | Open | Male | 28 |
| 8 | 01:41:06 | 694 | Andrew | Steele | Veteran | Male | 40 |
| 9 | 01:45:24 | 682 | Matthew | Blake | Open | Male | 31 |
| 10 | 01:48:14 | 606 | Paul | Blake | Open | Male | 27 |
| 11 | 01:48:48 | 657 | Alae | Brand | Open | Female | 25 |
| 12 | 01:52:46 | 706 | Andrew | Louw | Open | Male | 35 |
| 13 | 01:53:35 | 645 | Karoline | Hanks | Open | Female | 39 |
| 14 | 01:56:14 | 693 | Troy | Kilshaw | Open | Male | 36 |
| 15 | 01:56:22 | 707 | Rob | Scholtz | Open | Male | 39 |
| 16 | 01:57:30 | 702 | Padhraic | O'Connor | Open | Male | 26 |
| 17 | 01:58:41 | 710 | Ronald | Jessop | Open | Male | 34 |
| 18 | 01:59:31 | 647 | Kellen | Loureiro | Veteran | Male | 43 |
| 19 | 02:02:30 | 701 | Eric | Rose-Innes | Open | Male | 29 |
| 20 | 02:02:38 | 712 | Paul | Floquet | Open | Male | 37 |
| 21 | 02:02:46 | 708 | Wim | Conradie | Open | Male | 30 |
| 22 | 02:03:46 | 680 | Mark | Corbett | Veteran | Male | 41 |
| 23 | 02:04:26 | 601 | Thilo | Schmiedeknecht | Open | Male | 33 |
| 24 | 02:05:19 | 688 | Caitlin | Lewis | Veteran | Female | 42 |
| 25 | 02:06:41 | 731 | Jacques | Schreiber | Veteran | Male | 42 |
| 26 | 02:06:44 | 675 | Chris | Allan | Open | Male | 38 |
| 27 | 02:06:54 | 684 | Darren | Dukes | Open | Male | 39 |
| 28 | 02:07:06 | 691 | Garry | Wilford | Master | Male | 55 |
| 29 | 02:08:41 | 607 | Giulia | Criscuolo | Veteran | Female | 40 |
| 30 | 02:12:36 | 695 | David | Hitchman | Master | Male | 54 |
| 31 | 02:13:43 | 689 | David | Hall | Veteran | Male | 40 |
| 32 | 02:18:29 | 705 | Waheed | Abrahams | Veteran | Male | 43 |
| 33 | 02:18:41 | 686 | Bruce | McQueen | Veteran | Male | 40 |
| 34 | 02:20:25 | 734 | Clinton | Bush | Veteran | Male | 40 |
| 35 | 02:21:21 | 679 | Greg | de Bruyn | Master | Male | 56 |
| 36 | 02:24:20 | 732 | Ant | Moore | Open | Male | 35 |
| 37 | 02:26:24 | 604 | Gregory Evan | Sacks | Open | Male | 38 |
| 38 | 02:26:25 | 692 | Andrew | Lewis | Veteran | Male | 46 |
| 39 | 02:30:11 | 685 | Klaus | Kassel | Master | Male | 58 |
| 40 | 02:30:13 | 700 | Brian | Records | Open | Male | 39 |
| 41 | 02:30:54 | 603 | Sakkie | van der Merwe | Open | Male | 27 |
| 42 | 02:37:58 | 658 | TwanÁ© | Stillianou | Open | Female | 25 |
| 43 | 02:38:04 | 696 | Koos | Retief | Open | Male | 33 |
| 44 | 02:44:34 | 731 | Jacques | Schreiber | Veteran | Male | 42 |
| 45 | 02:44:55 | 699 | Liesl | Kruger | Open | Female | 36 |
| 46 | 02:50:22 | 677 | Jannie | Pansegrouw | Open | Male | 32 |
| 47 | 02:55:47 | 681 | George | Swingler | Master | Male | 58 |
| 48 | 02:56:57 | 703 | Mervin | Smit | Master | Male | 56 |
| 49 | 02:56:58 | 704 | Sonja | Smit | Master | Female | 52 |
| 50 | 02:59:31 | 690 | Tim | Hadingham | Open | Male | 38 |
| 51 | 03:05:39 | 605 | Jayde | Gower-Jackson | Open | Female | 25 |
| 52 | 03:23:07 | 655 | Coenie | Du Toit | Veteran | Male | 41 |
| 53 | 03:23:13 | 656 | Karen | Schwabe | Open | Female | 36 |

Open Male

| Position | Time | Race # | Name | Surname | Category | Sex | Age |
|----------|----------|--------|----------|-----------|----------|------|-----|
| 1 | 01:26:42 | 678 | Michael | Bailey | Open | Male | 27 |
| 2 | 01:26:42 | 711 | Nicholas | Rapanga | Open | Male | 35 |
| 3 | 01:35:56 | 602 | Piet | Jacobs | Open | Male | 32 |
| 4 | 01:36:49 | 674 | Andrew | Hagen | Open | Male | 27 |
| 5 | 01:38:30 | 676 | Nick | Bone | Open | Male | 39 |
| 6 | 01:38:52 | 646 | Michael | Redington | Open | Male | 26 |
| 7 | 01:39:50 | 697 | Tristan | kelly | Open | Male | 28 |
| 8 | 01:45:24 | 682 | Matthew | Blake | Open | Male | 31 |
| 9 | 01:48:14 | 606 | Paul | Blake | Open | Male | 27 |
| 10 | 01:52:46 | 706 | Andrew | Louw | Open | Male | 35 |
| 11 | 01:56:14 | 693 | Troy | Kilshaw | Open | Male | 36 |
| 12 | 01:56:22 | 707 | Rob | Scholtz | Open | Male | 39 |
| 13 | 01:57:30 | 702 | Padhraic | O'Connor | Open | Male | 26 |
| 14 | 01:58:41 | 710 | Ronald | Jessop | Open | Male | 34 |

| | | | | | | | |
|----|----------|-----|--------------|----------------|------|------|----|
| 15 | 02:02:30 | 701 | Eric | Rose-Innes | Open | Male | 29 |
| 16 | 02:02:38 | 712 | Paul | Floquert | Open | Male | 37 |
| 17 | 02:02:46 | 708 | Wim | Conradie | Open | Male | 30 |
| 18 | 02:04:26 | 601 | Thilo | Schmiedeknecht | Open | Male | 33 |
| 19 | 02:06:44 | 675 | Chris | Allan | Open | Male | 38 |
| 20 | 02:06:54 | 684 | Darren | Dukes | Open | Male | 39 |
| 21 | 02:24:20 | 732 | Ant | Moore | Open | Male | 35 |
| 22 | 02:26:24 | 604 | Gregory Evan | Sacks | Open | Male | 38 |
| 23 | 02:30:13 | 700 | Brian | Records | Open | Male | 39 |
| 24 | 02:30:54 | 603 | Sakkie | van der Merwe | Open | Male | 27 |
| 25 | 02:38:04 | 696 | Koos | Retief | Open | Male | 33 |
| 26 | 02:50:22 | 677 | Jannie | Pansegrouw | Open | Male | 32 |
| 27 | 02:59:31 | 690 | Tim | Hadingham | Open | Male | 38 |

Open Female

| Position | Time | Race # | Name | Surname | Category | Sex | Age |
|----------|----------|--------|----------|---------------|----------|--------|-----|
| 1 | 01:48:48 | 657 | Alae | Brand | Open | Female | 25 |
| 2 | 01:53:35 | 645 | Karoline | Hanks | Open | Female | 39 |
| 3 | 02:37:58 | 658 | TwanÅ© | Stillianou | Open | Female | 25 |
| 4 | 02:44:55 | 699 | Liesl | Kruger | Open | Female | 36 |
| 5 | 03:05:39 | 605 | Jayde | Gower-Jackson | Open | Female | 25 |
| 6 | 03:23:13 | 656 | Karen | Schwabe | Open | Female | 36 |

Veteran Male

| Position | Time | Race # | Name | Surname | Category | Sex | Age |
|----------|----------|--------|---------|-----------|----------|------|-----|
| 1 | 01:41:06 | 694 | Andrew | Steele | Veteran | Male | 40 |
| 2 | 01:59:31 | 647 | Kellen | Loureiro | Veteran | Male | 43 |
| 3 | 02:03:46 | 680 | Mark | Corbett | Veteran | Male | 41 |
| 4 | 02:06:41 | 731 | Jacques | Schreiber | Veteran | Male | 42 |
| 5 | 02:13:43 | 689 | David | Hall | Veteran | Male | 40 |
| 6 | 02:18:29 | 705 | Waheed | Abrahams | Veteran | Male | 43 |
| 7 | 02:18:41 | 686 | Bruce | McQueen | Veteran | Male | 40 |
| 8 | 02:20:25 | 734 | Clinton | Bush | Veteran | Male | 40 |
| 9 | 02:26:25 | 692 | Andrew | Lewis | Veteran | Male | 46 |
| 10 | 02:44:34 | 731 | Jacques | Schreiber | Veteran | Male | 42 |
| 11 | 03:23:07 | 655 | Coenie | Du Toit | Veteran | Male | 41 |

Veteran Female

| Position | Time | Race # | Name | Surname | Category | Sex | Age |
|----------|----------|--------|---------|-----------|----------|--------|-----|
| 1 | 02:05:19 | 688 | Caitlin | Lewis | Veteran | Female | 42 |
| 2 | 02:08:41 | 607 | Giulia | Criscuolo | Veteran | Female | 40 |

Master Male

| Position | Time | Race # | Name | Surname | Category | Sex | Age |
|----------|----------|--------|--------|----------|----------|------|-----|
| 1 | 02:07:06 | 691 | Garry | Wilford | Master | Male | 55 |
| 2 | 02:12:36 | 695 | David | Hitchman | Master | Male | 54 |
| 3 | 02:21:21 | 679 | Greg | de Bruyn | Master | Male | 56 |
| 4 | 02:30:11 | 685 | Klaus | Kassel | Master | Male | 58 |
| 5 | 02:55:47 | 681 | George | Swingler | Master | Male | 58 |
| 6 | 02:56:57 | 703 | Mervin | Smit | Master | Male | 56 |

Master Female

| Position | Time | Race # | Name | Surname | Category | Sex | Age |
|----------|----------|--------|-------|---------|----------|--------|-----|
| 1 | 02:56:58 | 704 | Sonja | Smit | Master | Female | 52 |



Helderberg Mountain Run 11.75km

Overall

| Position | Time | Race # | Name | Surname | Category | Sex | Age |
|----------|----------|--------|-----------|--------------|----------|--------|-----|
| 1 | 00:52:41 | 1504 | Jarred | Brown | Junior | Male | 15 |
| 2 | 00:53:27 | 1415 | Michael | Baillie | Open | Male | 26 |
| 3 | 00:55:45 | 1499 | Michael | Dumaresq | Open | Male | 25 |
| 4 | 00:57:30 | 1525 | Johan | van Wyk | Junior | Male | 15 |
| 5 | 00:58:58 | 1416 | Michael | Peacock | Open | Male | 37 |
| 6 | 00:59:47 | 1519 | Allan | Ryninks | Open | Male | 53 |
| 7 | 00:59:49 | 1352 | Andrew | Espin | Open | Male | 34 |
| 8 | 00:59:54 | 1517 | Daniel | Robinson | Open | Male | 29 |
| 9 | 01:00:06 | 1324 | Alexander | Bentley | Open | Male | 27 |
| 10 | 01:01:00 | 1526 | Mike | Chisin | Open | Male | 52 |
| 11 | 01:01:40 | 1503 | Reinie | Dick | Open | Male | 63 |
| 12 | 01:07:07 | 1523 | Tom | Dittmer | Open | Male | 20 |
| 13 | 01:07:09 | 1524 | Nick | Bailey | Open | Male | 21 |
| 14 | 01:08:44 | 1498 | Helen | Crichton | Open | Female | 25 |
| 15 | 01:10:01 | 1514 | Taryn | rose-innes | Open | Female | 29 |
| 16 | 01:10:10 | 1513 | Carla | Loureiro | Open | Female | 32 |
| 17 | 01:10:12 | 1516 | Ariel | Goldberg | Open | Male | 28 |
| 18 | 01:11:16 | 1528 | Leon | Goodman | Open | Male | 46 |
| 19 | 01:11:19 | 1527 | Francios | Cillie | Open | Male | 31 |
| 20 | 01:12:45 | 1512 | Desmond | Coetzer | Open | Male | 34 |
| 21 | 01:13:04 | 1515 | Beatrix | Selb | Open | Female | 41 |
| 22 | 01:16:54 | 1520 | Nicky | de Villiers | Junior | Female | 15 |
| 23 | 01:17:01 | 1349 | Angela | Allan | Open | Female | 38 |
| 24 | 01:18:15 | 1522 | Ailison | Raymer | Open | Female | 45 |
| 25 | 01:18:35 | 1351 | Chris | van Niekerk | Open | Male | 32 |
| 26 | 01:18:44 | 1518 | Jeremy | Matthews | Open | Male | 50 |
| 27 | 01:21:11 | 1521 | Johnathan | Cherry | Open | Male | 37 |
| 28 | 01:24:34 | 1414 | Riekie | Feenstra | Open | Female | 22 |
| 29 | 01:24:36 | 1413 | Dinah | Feenstra | Open | Female | 27 |
| 30 | 01:24:38 | 1354 | Herman | Dick | Open | Male | 28 |
| 31 | 01:26:37 | 1501 | Emily | Smith | Open | Female | 21 |
| 32 | 01:26:39 | 1507 | Mike | van Eyssen | Open | Male | 47 |
| 33 | 01:32:18 | 1418 | Amanda | Prinsloo | Open | Female | 28 |
| 34 | 01:32:44 | 1509 | John | Boyce | Open | Male | 63 |
| 35 | 01:33:40 | 1508 | Debby | Hall | Open | Female | 42 |
| 36 | 01:38:41 | 1500 | Sue | Parker-Smith | Open | Female | 45 |
| 37 | 01:39:49 | 1417 | Dan | Edwards | Open | Male | 33 |
| 38 | 01:42:46 | 1350 | Isabeau | Joubert | Open | Female | 29 |
| 39 | 01:44:06 | 1353 | Aleks | Strez | Open | Male | 39 |
| 40 | 01:44:08 | 1502 | Hela | Strez | Open | Female | 49 |

Open Male

| Position | Time | Race # | Name | Surname | Category | Sex | Age |
|----------|----------|--------|-----------|-------------|----------|------|-----|
| 1 | 00:53:27 | 1415 | Michael | Baillie | Open | Male | 26 |
| 2 | 00:55:45 | 1499 | Michael | Dumaresq | Open | Male | 25 |
| 3 | 00:58:58 | 1416 | Michael | Peacock | Open | Male | 37 |
| 4 | 00:59:47 | 1519 | Allan | Ryninks | Open | Male | 53 |
| 5 | 00:59:49 | 1352 | Andrew | Espin | Open | Male | 34 |
| 6 | 00:59:54 | 1517 | Daniel | Robinson | Open | Male | 29 |
| 7 | 01:00:06 | 1324 | Alexander | Bentley | Open | Male | 27 |
| 8 | 01:01:00 | 1526 | Mike | Chisin | Open | Male | 52 |
| 9 | 01:01:40 | 1503 | Reinie | Dick | Open | Male | 63 |
| 10 | 01:07:07 | 1523 | Tom | Dittmer | Open | Male | 20 |
| 11 | 01:07:09 | 1524 | Nick | Bailey | Open | Male | 21 |
| 12 | 01:10:12 | 1516 | Ariel | Goldberg | Open | Male | 28 |
| 13 | 01:11:16 | 1528 | Leon | Goodman | Open | Male | 46 |
| 14 | 01:11:19 | 1527 | Francios | Cillie | Open | Male | 31 |
| 15 | 01:12:45 | 1512 | Desmond | Coetzer | Open | Male | 34 |
| 16 | 01:18:35 | 1351 | Chris | van Niekerk | Open | Male | 32 |
| 17 | 01:18:44 | 1518 | Jeremy | Matthews | Open | Male | 50 |
| 18 | 01:21:11 | 1521 | Johnathan | Cherry | Open | Male | 37 |
| 19 | 01:24:38 | 1354 | Herman | Dick | Open | Male | 28 |
| 20 | 01:26:39 | 1507 | Mike | van Eyssen | Open | Male | 47 |
| 21 | 01:32:44 | 1509 | John | Boyce | Open | Male | 63 |
| 22 | 01:39:49 | 1417 | Dan | Edwards | Open | Male | 33 |
| 23 | 01:44:06 | 1353 | Aleks | Strez | Open | Male | 39 |

Open Female

| Position | Time | Race # | Name | Surname | Category | Sex | Age |
|----------|----------|--------|-------|------------|----------|--------|-----|
| 1 | 01:08:44 | 1498 | Helen | Crichton | Open | Female | 25 |
| 2 | 01:10:01 | 1514 | Taryn | rose-innes | Open | Female | 29 |

| | | | | | | | |
|----|----------|------|---------|--------------|------|--------|----|
| 3 | 01:10:10 | 1513 | Carla | Loureiro | Open | Female | 32 |
| 4 | 01:13:04 | 1515 | Beatrix | Selb | Open | Female | 41 |
| 5 | 01:17:01 | 1349 | Angela | Allan | Open | Female | 38 |
| 6 | 01:18:15 | 1522 | Ailison | Raymer | Open | Female | 45 |
| 7 | 01:24:34 | 1414 | Riekie | Feenstra | Open | Female | 22 |
| 8 | 01:24:36 | 1413 | Dinah | Feenstra | Open | Female | 27 |
| 9 | 01:26:37 | 1501 | Emily | Smith | Open | Female | 21 |
| 10 | 01:32:18 | 1418 | Amanda | Prinsloo | Open | Female | 28 |
| 11 | 01:33:40 | 1508 | Debby | Hall | Open | Female | 42 |
| 12 | 01:38:41 | 1500 | Sue | Parker-Smith | Open | Female | 45 |
| 13 | 01:42:46 | 1350 | Isabeau | Joubert | Open | Female | 29 |
| 14 | 01:44:08 | 1502 | Hela | Strez | Open | Female | 49 |

Junior Male

| Position | Time | Race # | Name | Surname | Category | Sex | Age |
|----------|----------|--------|--------|---------|----------|------|-----|
| 1 | 00:52:41 | 1504 | Jarred | Brown | Junior | Male | 15 |
| 2 | 00:57:30 | 1525 | Johan | van Wyk | Junior | Male | 15 |

Junior Female

| Position | Time | Race # | Name | Surname | Category | Sex | Age |
|----------|----------|--------|-------|-------------|----------|--------|-----|
| 1 | 01:16:54 | 1520 | nicky | de villiers | Junior | Female | 15 |