



Jonkershoek Mountain Challenge EXTREME 2012 30km

Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:53:15	212	Bernard	Rukadza	Open	Male	31
2	02:57:24	171	Dion	Middelkoop	Veteran	Male	42
3	02:59:59	93	Jock	Green	Open	Male	37
4	03:02:28	21	Ben	Brimble	Open	Male	26
5	03:02:51	118	Teodor	Iliev	Open	Male	18
6	03:03:52	76	Ake	Fagereng	Open	Male	29
7	03:04:41	96	Andrew	Hagen	Open	Male	28
8	03:05:02	91	Greg	Goodall	Open	Male	31
9	03:07:04	186	Petrus	Oosthuizen	Open	Male	22
10	03:09:39	294	Dominic	Wills	Open	Male	30
11	03:10:58	26	Derrick	Baard	Veteran	Male	41
12	03:11:20	161	Allan	McCreadie	Open	Male	34
13	03:16:50	283	Len	Verwey	Open	Male	38
14	03:18:06	299	Brett	Wood	Open	Male	31
15	03:20:01	46	Dian	Cronje	Open	Male	25
16	03:20:35	10	Will	Battersby	Open	Male	33
17	03:20:37	89	Duncan	Gilmour	Open	Male	35
18	03:24:04	34	Scarre	Celliers	Veteran	Male	46
19	03:25:00	111	Samuel	Holtzkampf	Open	Male	34
20	03:25:15	107	Katya	Soggot	Open	Female	36
21	03:27:42	300	Michael	Yeats	Open	Male	31
22	03:30:15	199	Dean	Preston	Veteran	Male	43
23	03:30:31	222	Helgard	Slabbert	Open	Male	37
24	03:31:45	4	Brenton	Ashby	Veteran	Male	42
25	03:32:26	160	Graeme	McCallum	Veteran	Male	48
26	03:33:08	295	Nicholas	Wiltshire	Open	Male	32
27	03:33:51	154	Nicole	Marais	Open	Female	28
28	03:34:59	235	Troy	Squires	Open	Male	32
29	03:37:39	15	Nicholas	Bone	Veteran	Male	40
30	03:38:08	251	Maritz	Theron	Open	Male	28
31	03:38:36	40	Jenny	Close	Open	Female	34
32	03:38:54	56	Cornel	de Jongh	Open	Male	29
33	03:43:37	47	Daniel	Cunnama	Open	Male	27
34	03:45:09	85	Theresa	Fourie	Open	Female	39
35	03:46:02	77	Roelof	Feenstra	Open	Male	30
36	03:49:15	105	Rob	de Mont	Veteran	Male	44
37	03:50:08	130	Rick	Kotze	Open	Male	21
38	03:50:16	291	Mark	Whitehead	Open	Male	26
39	03:50:22	127	Adam	King	Open	Male	30
40	03:53:09	196	Uwe	Pitsh	Open	Male	37
41	03:54:08	137	Rohan	Kruger	Open	Male	24
42	03:54:10	110	Pieter	Holtzhausen	Open	Male	30
43	03:54:57	269	Jaco	van der Westhuizen	Veteran	Male	42
44	03:55:50	270	Jan-Daniel	Van Deventer	Open	Male	22
45	03:56:16	198	Melany	Porter	Open	Female	36
46	03:56:46	145	Caitlin	Lewis	Veteran	Female	43
47	03:59:02	179	Eduan	Naudé	Open	Male	39
48	04:00:35	133	Stephen	Kriel	Veteran	Male	45
49	04:01:20	181	Sean	Newbery	Open	Male	28
50	04:01:37	165	Sean	McGibbon	Open	Male	21
51	04:02:03	132	Dawid	Kriel	Veteran	Male	47
52	04:02:38	102	Louis	Hauptfleisch	Open	Male	26
53	04:03:36	41	Bernard	Coetzee	Veteran	Male	42
54	04:03:43	173	Paul	Mitchell	Veteran	Male	42
55	04:03:57	78	Marilyn	Fischer	Open	Female	33
56	04:04:16	13	Andrew	Bird	Open	Male	33
57	04:05:02	292	Hamish	Whittal	Veteran	Male	44
58	04:05:06	239	Luc	Steens	Veteran	Male	43
59	04:05:17	131	Justin	Kretzschmar	Veteran	Male	40
60	04:05:19	290	Kriss	West	Open	Female	35
61	04:06:52	12	Herman	Berry	Open	Male	25
62	04:07:02	33	Adam	Casson-Crook	Open	Male	36
63	04:07:29	202	Anton	Quenet	Veteran	Male	46
64	04:07:43	236	Attie	Stadler	Open	Male	27
65	04:08:12	27	Benjamin	Bungartz	Open	Male	31

66	04:08:16	245	Hugo	Fourie	Open	Male	34
67	04:08:21	99	Dain	Hamilton	Veteran	Female	45
68	04:10:31	284	Howie	Viljoen	Veteran	Male	46
69	04:11:24	289	Rinus	Wessels	Open	Male	26
70	04:11:34	8	Caroline	Balkwill	Open	Female	38
71	04:11:42	79	Vanessa	Fisher	Open	Female	37
72	04:11:59	55	Dawid	de Jager	Open	Male	33
73	04:12:06	108	Justin	Hervey	Veteran	Male	45
74	04:13:49	112	Rob	Houdijk	Veteran	Male	44
75	04:14:10	143	Andre	le Grange	Veteran	Male	43
76	04:15:15	120	Jacques	Janse van rensburg	Veteran	Male	44
77	04:15:28	36	Rich	Cheary	Open	Male	33
78	04:15:49	224	Adriaan	Smit	Veteran	Male	43
79	04:16:04	6	Richard	Ayres	Veteran	Male	44
80	04:16:18	152	Wynand	Malan	Open	Male	33
81	04:16:22	188	Ross	Orwin	Open	Male	36
82	04:16:25	201	Johan	Pretorius	Veteran	Male	46
83	04:16:29	126	Roux	Kemp	Open	Male	37
84	04:16:32	87	Werner	Gerber	Open	Male	22
85	04:17:02	255	James	Tooley	Veteran	Male	40
86	04:17:04	191	Campbell	Parry	Veteran	Male	43
87	04:17:59	282	Marlene	Stofberg	Veteran	Female	43
88	04:18:15	140	Jacobus	Lacock	Open	Male	32
89	04:18:18	247	Carel	Strydom	Open	Male	28
90	04:19:04	217	Jorg	Schmid	Master	Male	51
91	04:20:08	218	Christiaan	Scholtz	Open	Male	21
92	04:20:54	215	Allan	Ryninks (Wildrunner)	Master	Male	54
93	04:21:33	240	Bennie	Steyn	Veteran	Male	44
94	04:21:37	119	Andrew	Ing	Veteran	Male	47
95	04:21:59	166	Dirk	McIntosh	Veteran	Male	48
96	04:22:03	164	David	McGibbon	Open	Male	23
97	04:22:19	258	Sue	Ullyett	Veteran	Female	45
98	04:22:26	59	Mark	Wagenheim	Veteran	Male	44
99	04:22:38	65	Warren	Douglas	Open	Male	35
100	04:25:26	50	Tania	D'Argent	Open	Female	36
101	04:25:29	74	Anton	Esterhuizen	Veteran	Male	43
102	04:26:05	92	Chris	Goodwin	Veteran	Male	44
103	04:26:34	22	Nico	Brink	Open	Male	28
104	04:27:48	287	Cherilyn	Vossberg	Open	Female	32
105	04:27:58	101	Philip	Hanekom	Open	Male	21
106	04:28:02	28	Lindsey	Bungartz	Open	Female	32
107	04:30:02	68	Armand	Du Plessis	Open	Male	32
108	04:30:17	187	Nico	Oosthuizen	Veteran	Male	42
109	04:31:21	53	Renier	De bruin	Veteran	Male	48
110	04:31:23	149	Kobus	Lourens	Veteran	Male	49
111	04:31:27	63	Wesley	Dewing	Open	Male	28
112	04:33:25	227	Jaques	Smith	Open	Male	36
113	04:34:42	136	Justin	Kruger	Veteran	Male	40
114	04:35:19	104	Tom	Scriba	Open	Male	33
115	04:35:29	260	Cobus	Van den berg	Veteran	Male	43
116	04:35:33	37	Gregg	Cheetham	Open	Male	35
117	04:38:46	248	Ross	Suter	Veteran	Male	46
118	04:38:58	262	Gideon	Van der Kolf	Open	Male	23
119	04:39:16	261	Wouter	van den Heever	Veteran	Male	44
120	04:39:44	162	Brian	McCurrach	Veteran	Male	44
121	04:40:26	103	Annemi	van Zyl	Open	Female	38
122	04:40:38	155	Renier	Markgraaff	Open	Male	30
123	04:43:15	43	Matthew	Cooke	Open	Male	35
124	04:43:18	107	Katya	Soggot	Open	Female	0
125	04:43:27	167	Victoria	McKechnie	Open	Female	32
126	04:43:32	206	Liesl	Ravenscroft	Veteran	Female	45
127	04:43:36	225	Michael	de Browski	Open	Male	35
128	04:43:39	115	Thomas	Hugo	Open	Male	26
129	04:43:43	172	Dion	Millson	Open	Male	38
130	04:43:52	178	Gys	Naude	Veteran	Male	45
131	04:43:56	138	Karel	La Cock	Veteran	Male	45
132	04:44:21	24	Ron	Buissinne	Veteran	Male	47
133	04:45:42	159	Heine	Matthee	Veteran	Male	43
134	04:45:46	158	Annaleen	Matthee	Veteran	Female	42
135	04:45:56	90	Barry	Goliath	Open	Male	39
136	04:46:01	182	Ghaleed	Nortje	Open	Male	38
137	04:46:21	148	Linsen	Loots	Open	Male	25
138	04:46:30	146	Boris	Leyck	Veteran	Male	42
139	04:46:37	216	Andreas	Schaal	Open	Male	38
140	04:46:39	75	Dave	Evans	Veteran	Male	50
141	04:48:56	151	Pieter	Malan	Veteran	Male	46

142	04:49:19	123	Mike	Jennings	Open	Male	31
143	04:49:27	232	Gregg	Sneddon	Veteran	Male	43
144	04:51:53	174	Petro	Mostert	Veteran	Female	45
145	04:51:58	288	Sarah	Webb	Master	Female	53
146	04:53:02	42	Barbara	Cole	Open	Female	38
147	04:53:38	254	Sean	Tickner	Open	Male	30
148	04:54:26	141	Lisa	Glaister	Open	Female	28
149	04:54:58	114	Frederick	Hugo	Veteran	Male	43
150	04:55:31	109	Grant	Hillary	Veteran	Male	42
151	04:56:16	51	Jonathan	Day	Open	Male	23
152	04:56:46	11	Thorsten	Becker	Open	Male	28
153	04:56:52	183	Robert	Obree	Open	Male	26
154	04:57:04	35	Jeremy	Chames	Open	Male	39
155	04:57:06	278	Jans	Van Wyk	Master	Male	55
156	04:57:55	271	Johann	Van Huyssteen	Open	Male	20
157	04:58:01	14	Pieter	Blom	Open	Male	20
158	04:59:45	20	Jacques	Breitenbach	Veteran	Male	41
159	05:00:04	265	Shaun	Van der merwe	Open	Male	33
160	05:00:25	207	Stanley	Reed	Open	Male	34
161	05:00:52	67	Travis	McGarry	Open	Male	31
162	05:00:55	168	Dylan	McGarry	Open	Male	29
163	05:01:08	193	Rob	Patrick	Open	Male	35
164	05:01:58	200	Albert	Pretorius	Veteran	Male	42
165	05:03:26	121	Johan	Jansen van Rensburg	Veteran	Male	41
166	05:03:42	252	Stephen	Kirsten	Veteran	Male	40
167	05:04:21	253	Alan	Thomas	Veteran	Male	43
168	05:04:26	84	Hannu	Garry	Open	Male	38
169	05:06:12	249	Barrie	Terblanche	Veteran	Male	47
170	05:06:28	268	S.J.	Van der Walt	Open	Male	21
171	05:07:36	61	Richard	Dellbridge	Open	Male	37
172	05:08:51	45	Paul	Crawford	Veteran	Male	42
173	05:09:54	157	Sally	Martindale-tucker	Veteran	Female	43
174	05:10:03	144	Nico	Le Roux	Open	Male	37
175	05:10:27	230	Louis	Smith	Open	Male	39
176	05:10:28	229	Liesl	Smith	Open	Female	39
177	05:10:38	98	Michael	Hall	Veteran	Male	42
178	05:10:43	213	Anthony	Rush	Open	Male	37
179	05:11:59	38	Daniel	Cilliers	Veteran	Male	42
180	05:12:36	185	Brett	Olsen	Veteran	Male	47
181	05:12:55	86	Sasha	Georgiev	Open	Male	38
182	05:13:26	72	Dougie	Engelke	Master	Male	54
183	05:14:47	122	Marlize	Jelliman	Open	Female	26
184	05:14:50	250	Erna	Theron	Open	Female	28
185	05:15:51	153	Francois	Malherbe	Open	Male	33
186	05:15:55	272	Schalk	van Jaarsveld	Open	Male	28
187	05:16:26	16	Eckhardt	Bosch	Open	Male	25
188	05:16:32	243	Tiekie	Steytler	Veteran	Female	41
189	05:16:36	242	Floris	Steytler	Veteran	Male	43
190	05:16:59	180	Pierre	Nel	Open	Male	28
191	05:17:18	32	Kobie	Buys	Veteran	Female	40
192	05:17:22	298	Ilana	Woeke	Open	Female	39
193	05:17:25	135	Junita Vandeline	Kruger	Open	Female	38
194	05:17:39	54	Almarie	De bruyn	Veteran	Female	45
195	05:17:40	23	Gerry	Brynard	Veteran	Male	47
196	05:18:06	5	Ian	Ashmole	Veteran	Male	44
197	05:18:17	139	Lodewyk	Labuschagne	Veteran	Male	46
198	05:20:35	169	Johan	Meyer	Open	Male	34
199	05:23:46	48	Rob	Damerell	Veteran	Male	41
200	05:29:36	237	Richard	Stanier	Open	Male	26
201	05:32:36	209	Brian	Rogers	Veteran	Male	48
202	05:32:45	97	Patricia	Hagen	Grand Master	Female	61
203	05:32:59	176	Barry	Muller	Veteran	Male	44
204	05:33:00	82	Eben	Fouche	Veteran	Male	43
205	05:33:03	71	Chris	Els	Veteran	Male	42
206	05:33:19	44	Brenda	Coomer	Master	Female	50
207	05:33:26	238	Cathy	Stanley	Veteran	Female	50
208	05:35:19	39	Louise	Clamp	Veteran	Female	46
209	05:35:34	259	Retha	Van Alphen	Veteran	Female	40
210	05:35:37	58	Lizl	De Villiers	Veteran	Female	44
211	05:37:27	197	Stephen	Pons	Master	Male	54
212	05:45:27	19	Kobus	Botha	Veteran	Male	44
213	05:56:34	297	Vanessa	Wium	Master	Female	50
214	05:57:08	64	Mike	Dixon	Open	Male	33
215	05:58:36	106	Michel	Herber	Open	Male	28
216	05:59:17	214	Rose	Rushton	Veteran	Female	42
217	05:59:30	73	Michelle	Erasmus	Open	Female	34

218	06:00:20	277	Janel	Van Schoor	Veteran	Female	43
219	06:00:23	30	Tracey	Burke	Veteran	Female	47
220	06:10:42	170	Petrie	Meyer	Veteran	Male	46
221	06:12:07	66	Jacques	Dreyer	Open	Male	26
222	06:12:51	244	Aleks	Strez	Veteran	Male	41
223	06:14:37	70	Guy	Dviri	Open	Male	39
224	06:34:05	163	Robin	McDonald (Wildrunner)	Master	Male	58
225	06:45:05	285	Adri	Visser	Grand Master	Female	60
226	06:45:10	124	Aletta	Jordaan	Veteran	Female	48
227	06:45:27	241	Annaleen	Steytler	Master	Female	52
228	06:45:30	273	Wilhelm	Van Niekerk	Veteran	Male	48
229	06:49:26	257	Erik	Truter	Master	Male	54
230	07:05:23	203	Odile	Quintard	Master	Female	55

Open Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:53:15	212	Bernard	Rukadza	Open	Male	31
2	02:59:59	93	Jock	Green	Open	Male	37
3	03:02:28	21	Ben	Brimble	Open	Male	26
4	03:02:51	118	Teodor	Iliev	Open	Male	18
5	03:03:52	76	Ake	Fagereng	Open	Male	29
6	03:04:41	96	Andrew	Hagen	Open	Male	28
7	03:05:02	91	Greg	Goodall	Open	Male	31
8	03:07:04	186	Petrus	Oosthuizen	Open	Male	22
9	03:09:39	294	Dominic	Wills	Open	Male	30
10	03:11:20	161	Allan	McCreadie	Open	Male	34
11	03:16:50	283	Len	Verwey	Open	Male	38
12	03:18:06	299	Brett	Wood	Open	Male	31
13	03:20:01	46	Dian	Cronje	Open	Male	25
14	03:20:35	10	Will	Battersby	Open	Male	33
15	03:20:37	89	Duncan	Gilmour	Open	Male	35
16	03:25:00	111	Samuel	Holtzkampf	Open	Male	34
17	03:27:42	300	Michael	Yeats	Open	Male	31
18	03:30:31	222	Helgard	Slabbert	Open	Male	37
19	03:33:08	295	Nicholas	Wiltshire	Open	Male	32
20	03:34:59	235	Troy	Squires	Open	Male	32
21	03:38:08	251	Maritz	Theron	Open	Male	28
22	03:38:54	56	Cornel	de Jongh	Open	Male	29
23	03:43:37	47	Daniel	Cunnama	Open	Male	27
24	03:46:02	77	Roelof	Feenstra	Open	Male	30
25	03:50:08	130	Rick	Kotze	Open	Male	21
26	03:50:16	291	Mark	Whitehead	Open	Male	26
27	03:50:22	127	Adam	King	Open	Male	30
28	03:53:09	196	Uwe	Pitsh	Open	Male	37
29	03:54:08	137	Rohan	Kruger	Open	Male	24
30	03:54:10	110	Pieter	Holtzhausen	Open	Male	30
31	03:55:50	270	Jan-Daniel	Van Deventer	Open	Male	22
32	03:59:02	179	Eduan	Naudé	Open	Male	39
33	04:01:20	181	Sean	Newbery	Open	Male	28
34	04:01:37	165	Sean	McGibbon	Open	Male	21
35	04:02:38	102	Louis	Hauptfleisch	Open	Male	26
36	04:04:16	13	Andrew	Bird	Open	Male	33
37	04:06:52	12	Herman	Berry	Open	Male	25
38	04:07:02	33	Adam	Casson-Crook	Open	Male	36
39	04:07:43	236	Attie	Stadler	Open	Male	27
40	04:08:12	27	Benjamin	Bungartz	Open	Male	31
41	04:08:16	245	Hugo	Fourie	Open	Male	34
42	04:11:24	289	Rinus	Wessels	Open	Male	26
43	04:11:59	55	Dawid	de Jager	Open	Male	33
44	04:15:28	36	Rich	Cheary	Open	Male	33
45	04:16:18	152	Wynand	Malan	Open	Male	33
46	04:16:22	188	Ross	Orwin	Open	Male	36
47	04:16:29	126	Roux	Kemp	Open	Male	37
48	04:16:32	87	Werner	Gerber	Open	Male	22
49	04:18:15	140	Jacobus	Lacock	Open	Male	32
50	04:18:18	247	Carel	Strydom	Open	Male	28
51	04:20:08	218	Christiaan	Scholtz	Open	Male	21
52	04:22:03	164	David	McGibbon	Open	Male	23
53	04:22:38	65	Warren	Douglas	Open	Male	35
54	04:26:34	22	Nico	Brink	Open	Male	28
55	04:27:58	101	Philip	Hanekom	Open	Male	21
56	04:30:02	68	Armand	Du Plessis	Open	Male	32
57	04:31:27	63	Wesley	Dewing	Open	Male	28
58	04:33:25	227	Jaques	Smith	Open	Male	36
59	04:35:19	104	Tom	Scriba	Open	Male	33
60	04:35:33	37	Gregg	Cheatham	Open	Male	35

61	04:38:58	262	Gideon	Van der Kolf	Open	Male	23
62	04:40:38	155	Renier	Markgraaff	Open	Male	30
63	04:43:15	43	Matthew	Cooke	Open	Male	35
64	04:43:36	225	Michael	de Browski	Open	Male	35
65	04:43:39	115	Thomas	Hugo	Open	Male	26
66	04:43:43	172	Dion	Millson	Open	Male	38
67	04:45:56	90	Barry	Goliath	Open	Male	39
68	04:46:01	182	Ghaleed	Nortje	Open	Male	38
69	04:46:21	148	Linsen	Loots	Open	Male	25
70	04:46:37	216	Andreas	Schaal	Open	Male	38
71	04:49:19	123	Mike	Jennings	Open	Male	31
72	04:53:38	254	Sean	Tickner	Open	Male	30
73	04:56:16	51	Jonathan	Day	Open	Male	23
74	04:56:46	11	Thorsten	Becker	Open	Male	28
75	04:56:52	183	Robert	Obree	Open	Male	26
76	04:57:04	35	Jeremy	Chames	Open	Male	39
77	04:57:55	271	Johann	Van Huyssteen	Open	Male	20
78	04:58:01	14	Pieter	Blom	Open	Male	20
79	05:00:04	265	Shaun	Van der merwe	Open	Male	33
80	05:00:25	207	Stanley	Reed	Open	Male	34
81	05:00:52	67	Travis	McGarry	Open	Male	31
82	05:00:55	168	Dylan	McGarry	Open	Male	29
83	05:01:08	193	Rob	Patrick	Open	Male	35
84	05:04:26	84	Hannu	Garny	Open	Male	38
85	05:06:28	268	S.J.	Van der Walt	Open	Male	21
86	05:07:36	61	Richard	Dellbridge	Open	Male	37
87	05:10:03	144	Nico	Le Roux	Open	Male	37
88	05:10:27	230	Louis	Smith	Open	Male	39
89	05:10:43	213	Anthony	Rush	Open	Male	37
90	05:12:55	86	Sasha	Georgiev	Open	Male	38
91	05:15:51	153	Francois	Malherbe	Open	Male	33
92	05:15:55	272	Schalk	van Jaarsveld	Open	Male	28
93	05:16:26	16	Eckhardt	Bosch	Open	Male	25
94	05:16:59	180	Pierre	Nel	Open	Male	28
95	05:20:35	169	Johan	Meyer	Open	Male	34
96	05:29:36	237	Richard	Stanier	Open	Male	26
97	05:57:08	64	Mike	Dixon	Open	Male	33
98	05:58:36	106	Michel	Herber	Open	Male	28
99	06:12:07	66	Jacques	Dreyer	Open	Male	26
100	06:14:37	70	Guy	Dviri	Open	Male	39

Open Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:25:15	107	Katya	Soggot	Open	Female	36
2	03:33:51	154	Nicole	Marais	Open	Female	28
3	03:38:36	40	Jenny	Close	Open	Female	34
4	03:45:09	85	Theresa	Fourie	Open	Female	39
5	03:56:16	198	Melany	Porter	Open	Female	36
6	04:03:57	78	Marilyn	Fischer	Open	Female	33
7	04:05:19	290	Kriss	West	Open	Female	35
8	04:11:34	8	Caroline	Balkwill	Open	Female	38
9	04:11:42	79	Vanessa	Fisher	Open	Female	37
10	04:25:26	50	Tania	D'Argent	Open	Female	36
11	04:27:48	287	Cherilyn	Vossberg	Open	Female	32
12	04:28:02	28	Lindsey	Bungartz	Open	Female	32
13	04:40:26	103	Annemi	van Zyl	Open	Female	38
14	04:43:27	167	Victoria	McKechnie	Open	Female	32
15	04:53:02	42	Barbara	Cole	Open	Female	38
16	04:54:26	141	Lisa	Glaister	Open	Female	28
17	05:10:28	229	Liesl	Smith	Open	Female	39
18	05:14:47	122	Marlize	Jelliman	Open	Female	26
19	05:14:50	250	Erna	Theron	Open	Female	28
20	05:17:22	298	Ilana	Woeke	Open	Female	39
21	05:17:25	135	Junita Vandeline	Kruger	Open	Female	38
22	05:59:30	73	Michelle	Erasmus	Open	Female	34

Veteran Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:57:24	171	Dion	Middelkoop	Veteran	Male	42
2	03:10:58	26	Derrick	Baard	Veteran	Male	41
3	03:24:04	34	Scarre	Celliers	Veteran	Male	46
4	03:30:15	199	Dean	Preston	Veteran	Male	43
5	03:31:45	4	Brenton	Ashby	Veteran	Male	42
6	03:32:26	160	Graeme	McCallum	Veteran	Male	48
7	03:37:39	15	Nicholas	Bone	Veteran	Male	40
8	03:49:15	105	Rob	de Mont	Veteran	Male	44
9	03:54:57	269	Jaco	van der Westhuizen	Veteran	Male	42
10	04:00:35	133	Stephen	Kriel	Veteran	Male	45
11	04:02:03	132	Dawid	Kriel	Veteran	Male	47
12	04:03:36	41	Bernard	Coetzee	Veteran	Male	42
13	04:03:43	173	Paul	Mitchell	Veteran	Male	42
14	04:05:02	292	Hamish	Whittal	Veteran	Male	44
15	04:05:06	239	Luc	Steens	Veteran	Male	43
16	04:05:17	131	Justin	Kretzschmar	Veteran	Male	40
17	04:07:29	202	Anton	Quenet	Veteran	Male	46
18	04:10:31	284	Howie	Viljoen	Veteran	Male	46
19	04:12:06	108	Justin	Hervey	Veteran	Male	45
20	04:13:49	112	Rob	Houdijk	Veteran	Male	44
21	04:14:10	143	Andre	le Grange	Veteran	Male	43
22	04:15:15	120	Jacques	Janse van rensburg	Veteran	Male	44
23	04:15:49	224	Adriaan	Smit	Veteran	Male	43
24	04:16:04	6	Richard	Ayres	Veteran	Male	44
25	04:16:25	201	Johan	Pretorius	Veteran	Male	46
26	04:17:02	255	James	Tooley	Veteran	Male	40
27	04:17:04	191	Campbell	Parry	Veteran	Male	43
28	04:21:33	240	Bennie	Steyn	Veteran	Male	44
29	04:21:37	119	Andrew	Ing	Veteran	Male	47
30	04:21:59	166	Dirk	McIntosh	Veteran	Male	48
31	04:22:26	59	Mark	Wagenheim	Veteran	Male	44
32	04:25:29	74	Anton	Esterhuizen	Veteran	Male	43
33	04:26:05	92	Chris	Goodwin	Veteran	Male	44
34	04:30:17	187	Nico	Oosthuizen	Veteran	Male	42
35	04:31:21	53	Renier	De bruin	Veteran	Male	48
36	04:31:23	149	Kobus	Lourens	Veteran	Male	49
37	04:34:42	136	Justin	Kruger	Veteran	Male	40
38	04:35:29	260	Cobus	Van den berg	Veteran	Male	43
39	04:38:46	248	Ross	Suter	Veteran	Male	46
40	04:39:16	261	Wouter	van den Heever	Veteran	Male	44
41	04:39:44	162	Brian	McCurrach	Veteran	Male	44
42	04:43:52	178	Gys	Naude	Veteran	Male	45
43	04:43:56	138	Karel	La Cock	Veteran	Male	45
44	04:44:21	24	Ron	Buissonne	Veteran	Male	47
45	04:45:42	159	Heine	Matthee	Veteran	Male	43
46	04:46:30	146	Boris	Leyck	Veteran	Male	42
47	04:46:39	75	Dave	Evans	Veteran	Male	50
48	04:48:56	151	Pieter	Malan	Veteran	Male	46
49	04:49:27	232	Gregg	Sneddon	Veteran	Male	43
50	04:54:58	114	Frederick	Hugo	Veteran	Male	43
51	04:55:31	109	Grant	Hillary	Veteran	Male	42
52	04:59:45	20	Jacques	Breitenbach	Veteran	Male	41
53	05:01:58	200	Albert	Pretorius	Veteran	Male	42
54	05:03:26	121	Johan	Jansen van Rensburg	Veteran	Male	41
55	05:03:42	252	Stephen	Kirsten	Veteran	Male	40
56	05:04:21	253	Alan	Thomas	Veteran	Male	43
57	05:06:12	249	Barrie	Terblanche	Veteran	Male	47
58	05:08:51	45	Paul	Crawford	Veteran	Male	42
59	05:10:38	98	Michael	Hall	Veteran	Male	42
60	05:11:59	38	Daniel	Cilliers	Veteran	Male	42
61	05:12:36	185	Brett	Olsen	Veteran	Male	47
62	05:16:36	242	Floris	Steytler	Veteran	Male	43
63	05:17:40	23	Gerry	Brynard	Veteran	Male	47
64	05:18:06	5	Ian	Ashmole	Veteran	Male	44
65	05:18:17	139	Lodewyk	Labuschagne	Veteran	Male	46
66	05:23:46	48	Rob	Damerell	Veteran	Male	41
67	05:32:36	209	Brian	Rogers	Veteran	Male	48
68	05:32:59	176	Barry	Muller	Veteran	Male	44
69	05:33:00	82	Eben	Fouche	Veteran	Male	43
70	05:33:03	71	Chris	Els	Veteran	Male	42
71	05:45:27	19	Kobus	Botha	Veteran	Male	44
72	06:10:42	170	Petrie	Meyer	Veteran	Male	46
73	06:12:51	244	Aleks	Strez	Veteran	Male	41
74	06:45:30	273	Wilhelm	Van Niekerk	Veteran	Male	48

Veteran Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:56:46	145	Caitlin	Lewis	Veteran	Female	43
2	04:08:21	99	Dain	Hamilton	Veteran	Female	45
3	04:17:59	282	Marlene	Stofberg	Veteran	Female	43
4	04:22:19	258	Sue	Ullyett	Veteran	Female	45
5	04:43:32	206	Liesl	Ravenscroft	Veteran	Female	45
6	04:45:46	158	Annaleen	Matthee	Veteran	Female	42
7	04:51:53	174	Petro	Mostert	Veteran	Female	45
8	05:09:54	157	Sally	Martindale-tucker	Veteran	Female	43
9	05:16:32	243	Tiekie	Steytler	Veteran	Female	41
10	05:17:18	32	Kobie	Buys	Veteran	Female	40
11	05:17:39	54	Almarie	De bruyn	Veteran	Female	45
12	05:33:26	238	Cathy	Stanley	Veteran	Female	50
13	05:35:19	39	Louise	Clamp	Veteran	Female	46
14	05:35:34	259	Retha	Van Alphen	Veteran	Female	40
15	05:35:37	58	Lizl	De Villiers	Veteran	Female	44
16	05:59:17	214	Rose	Rushton	Veteran	Female	42
17	06:00:20	277	Janel	Van Schoor	Veteran	Female	43
18	06:00:23	30	Tracey	Burke	Veteran	Female	47
19	06:45:10	124	Aletta	Jordaan	Veteran	Female	48

Master Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:19:04	217	Jorg	Schmid	Master	Male	51
2	04:20:54	215	Allan	Ryninks (Wildrunner)	Master	Male	54
3	04:57:06	278	Jans	Van Wyk	Master	Male	55
4	05:13:26	72	Dougie	Engelke	Master	Male	54
5	05:37:27	197	Stephen	Pons	Master	Male	54
6	06:34:05	163	Robin	McDonald (Wildrunner)	Master	Male	58
7	06:49:26	257	Erik	Truter	Master	Male	54

Master Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:51:58	288	Sarah	Webb	Master	Female	53
2	05:33:19	44	Brenda	Coomer	Master	Female	50
3	05:56:34	297	Vanessa	Wium	Master	Female	50
4	06:45:27	241	Annaleen	Steytler	Master	Female	52
5	07:05:23	203	Odile	Quintard	Master	Female	55

Grand Master Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	05:32:45	97	Patricia	Hagen	Grand Master	Female	61
2	06:45:05	285	Adri	Visser	Grand Master	Female	60



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Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:40:54	325	Mike	Bailey	Open	Male	28
2	01:44:11	419	Antoine	Van Heerden	Open	Male	20
3	01:46:16	587	Riaan	Wildskut	Open	Male	24
4	01:46:59	555	Andrew	Le Roux	Open	Male	27
5	01:54:10	355	Jacobus	Diener	Open	Male	31
6	01:54:14	405	Guy	Harker	Open	Male	31
7	01:54:53	3	Richard	Armstrong	Open	Male	28
8	01:57:25	529	Jason	Stevens	Open	Male	24
9	01:58:39	574	Chris	de villiers	Veteran	Male	41
10	01:59:24	582	Marié	Wessels	Open	Female	28
11	01:59:46	439	Matthew	Kruger	Open	Male	35
12	02:00:53	590	Dale	Williams	Veteran	Male	44
13	02:01:05	449	Michael	Louw	Open	Male	29
14	02:02:42	412	Mark	Vernon	Open	Male	25
15	02:02:46	367	Whaldo	De Kock	Open	Male	37
16	02:03:55	507	Jacques	Schreiber	Veteran	Male	43
17	02:04:02	565	Tim	Walwyn	Open	Male	30
18	02:04:37	364	W	Owen	Open	Male	31
19	02:05:21	416	Jennifer	Hofmeyr	Open	Female	27
20	02:07:58	372	Dolph	Du Plessis	Open	Male	32
21	02:08:09	483	Roland	Baasch	Open	Male	31
22	02:08:14	344	Charl	Cilliers	Open	Male	36
23	02:08:28	382	Altus	Ehlers	Open	Male	34
24	02:08:35	406	Paul	Harker	Open	Male	24
25	02:08:55	550	Liandi	Van der Westhuyzen	Open	Female	27
26	02:10:11	585	Herman	Carstens	Open	Male	23
27	02:11:35	575	Johan	Volschenk	Open	Male	37
28	02:11:46	534	Tanya	Templeton	Veteran	Female	46
29	02:12:08	407	Paul	Harmer	Veteran	Male	41
30	02:12:34	563	Earl	Van Zyl	Open	Male	33
31	02:12:38	306	Lauren	Coulson	Open	Female	25
32	02:13:14	521	Marike	Smith	Open	Female	25
33	02:13:33	311	Leon	Badenhorst	Open	Male	38
34	02:15:39	348	Brian	Cluver	Open	Male	30
35	02:16:40	395	Clayten	Gouws	Open	Male	26
36	02:16:51	458	Gert	Moolman	Veteran	Male	45
37	02:16:57	472	Andre	Oosthuizen	Open	Male	26
38	02:17:38	496	Andrew	Redfern	Open	Male	33
39	02:19:08	442	Alex	Le Roux	Veteran	Male	42
40	02:19:13	524	Neelke	Stadler	Open	Female	23
41	02:19:16	303	liezel	ravenscroft	Veteran	Female	45
42	02:19:23	302	Charles	Abernethy	Open	Male	23
43	02:19:58	446	Nick	Longley	Open	Male	31
44	02:20:07	316	S	Adshade	Veteran	Male	46
45	02:20:09	576	Dine	von Petersdorff	Veteran	Female	49
46	02:20:50	336	Sergio	Cardoso	Open	Male	28
47	02:21:27	425	Hermann	Wessels	Veteran	Male	41
48	02:21:53	361	Brendan	Currin	Open	Male	33
49	02:22:15	307	Paula	Armstrong	Open	Female	27
50	02:22:21	474	Mattheus	Oosthuizen	Open	Male	22
51	02:22:25	359	Gretha	Cronje	Open	Female	30
52	02:22:51	545	Tristan	van der Merwe	Open	Male	24
53	02:23:04	422	Rod	Hunter	Open	Male	30
54	02:23:15	375	Francois	Du Plessis	Veteran	Male	46
55	02:23:46	453	Sandy	Mattison	Veteran	Female	42
56	02:25:29	500	John	Rostance	Open	Male	33
57	02:25:30	457	Grant	McNulty	Open	Male	31
58	02:26:04	376	Erdine	Du toit	Veteran	Female	49
59	02:26:30	433	Brendan	Keevey	Open	Male	27
60	02:26:53	592	Helen	Wilson	Open	Female	31
61	02:27:23	378	Ockert	Dupper	Veteran	Male	49
62	02:27:39	554	Stijn	Van Megen	Open	Male	27
63	02:28:23	404	Wikus	Hanekom	Master	Male	52
64	02:28:27	485	Carla	Pietersen	Open	Female	30

65	02:29:05	469	Talia	Norvall	Open	Female	25
66	02:29:12	397	Duncan	Greenwood	Open	Male	35
67	02:29:18	551	Stephanus	Van der westhuyzen	Open	Male	32
68	02:29:29	503	David	Scheppening	Open	Male	34
69	02:29:41	520	Emily	Smith	Open	Female	23
70	02:29:46	94	Bryan	Groenendaal	Veteran	Male	46
71	02:30:35	537	Liesl	Thomas	Open	Female	39
72	02:30:38	475	Morne	Oosthuizen	Open	Male	33
73	02:30:40	461	Luke	Murray	Open	Male	27
74	02:31:06	430	Wouter	Jordaan	Master	Male	55
75	02:32:12	506	Jan	Scholtz	Veteran	Male	40
76	02:32:21	570	Shauneen	Viljoen	Open	Female	30
77	02:32:36	319	Victoria	Bennetts	Open	Female	34
78	02:33:29	357	Chrissie	Craven	Open	Female	39
79	02:33:56	492	Stephan	Pretorius	Open	Male	31
80	02:34:06	308	Simon	Armstrong	Open	Male	25
81	02:34:32	328	Louis	Brink (Wildrunner)	Veteran	Male	41
82	02:34:45	321	Kenneth	Bergh	Veteran	Male	45
83	02:34:51	383	Anton	Engelbrecht	Open	Male	32
84	02:34:53	341	Tarryn	Cawood	Open	Female	29
85	02:35:45	517	Patrick	Smart	Open	Male	32
86	02:35:47	499	Lisa	Ronquest	Open	Female	35
87	02:36:25	380	Amy	Ebedes	Open	Female	27
88	02:36:27	595	Johnny	Wyld	Open	Male	38
89	02:37:00	512	Jill	Sindle	Open	Female	28
90	02:37:01	532	David	Surrigger	Veteran	Male	42
91	02:37:29	399	Tim	Hadingham	Veteran	Male	40
92	02:38:11	415	Jan Hendrik	Hofmeyr	Open	Male	30
93	02:38:16	455	Belinda	McFadzean	Veteran	Female	41
94	02:38:23	584	Francis	Wheeler	Open	Male	35
95	02:38:42	498	Teretha	Lourens	Veteran	Female	47
96	02:39:06	591	Peta	Wills	Open	Female	30
97	02:40:13	426	Francois	Janse van Rensburg	Veteran	Male	40
98	02:40:25	360	Errol	Cunnama	Master	Male	56
99	02:41:25	577	Giso	Von Petersdorff	Master	Male	50
100	02:41:29	429	Rose	Jordaan	Veteran	Female	42
101	02:41:44	533	Janie	Swanepoel	Open	Female	23
102	02:41:46	392	Ant	Gear	Open	Male	39
103	02:43:01	405	Guy	Harker	Open	Male	31
104	02:43:05	508	Hennie	Geldenhuis	Veteran	Male	42
105	02:43:07	434	Gareth	Kemp	Open	Male	35
106	02:43:09	525	Tim	Starke	Open	Male	27
107	02:43:12	326	E	Mostert	Veteran	Female	46
108	02:43:15	543	Paul	Tyler	Veteran	Male	41
109	02:43:16	572	Ian	Visagie	Veteran	Male	40
110	02:43:20	305	Andrew	Aanderson	Open	Male	25
111	02:43:22	420	Anton	Human	Open	Male	32
112	02:43:35	505	Greg	Schneider	Open	Male	24
113	02:43:38	385	Maseeh	Esau	Open	Male	36
114	02:44:03	552	Nicol	Van Dyk	Open	Male	30
115	02:44:07	374	Eulogy	du Plessis	Open	Female	28
116	02:44:12	386	Nazeema	Esau	Open	Female	39
117	02:44:14	494	Carl	Rautenbach	Open	Male	39
118	02:44:16	557	Nadine	Van taak	Open	Female	38
119	02:44:18	558	Phillip	Van taak	Open	Male	38
120	02:44:20	346	Marian	Cilliers	Veteran	Female	42
121	02:44:23	511	Clive Arthur	Schulze	Open	Male	28
122	02:44:26	448	Johannes	Louw	Veteran	Male	48
123	02:45:30	417	Frith	Holing	Veteran	Female	49
124	02:45:32	335	Janet	Caine	Master	Female	50
125	02:45:57	486	Craig	Pike	Open	Male	36
126	02:46:05	362	Joanne	Cussen	Open	Female	34
127	02:46:24	519	Lisa	Smit	Open	Female	39
128	02:47:03	481	Leona	Peet	Open	Female	37
129	02:47:12	518	Elmarie	Smedema	Veteran	Female	47
130	02:48:16	432	Simon	Katz	Open	Male	28
131	02:48:21	381	Paul	Edelstein	Open	Male	24
132	02:48:41	477	Nikki	Parker	Open	Female	33
133	02:48:45	476	Kevin	Ordman	Master	Male	54
134	02:49:21	535	Daniel	Theron	Open	Male	38
135	02:49:22	482	Marc	Brighton	Open	Male	23
136	02:49:25	322	Liesl	Bester	Open	Female	37
137	02:49:26	323	Stephan	Bester	Open	Male	38
138	02:49:32	423	Natasha	Ing	Open	Female	38
139	02:50:13	443	Kate	Le Roux	Veteran	Female	42

140	02:50:16	526	Nikki	Stegmann	Open	Female	33
141	02:50:17	312	Sarah	George	Open	Female	32
142	02:50:20	456	Robynne	McMartin	Open	Female	31
143	02:50:27	310	Chris	baasch	Open	Male	28
144	02:51:19	490	Jeannie	Potgieter	Open	Female	21
145	02:51:26	491	Craig	Deats	Open	Male	44
146	02:51:28	568	Suzanne	Verster	Open	Female	27
147	02:51:30	464	Marguerite	Nel	Open	Female	26
148	02:51:54	352	Andrew	Collins	Veteran	Male	43
149	02:51:56	377	Judith	Du Toit	Veteran	Female	44
150	02:52:38	514	Isa	Smal	Open	Female	20
151	02:52:40	427	Slavena	Jensen	Open	Female	36
152	02:52:42	510	Melody	Schultz	Open	Female	38
153	02:52:45	414	Sanelle	Hobbs	Veteran	Female	40
154	02:52:48	331	Craig	Bruton	Open	Male	37
155	02:54:34	463	Pieter	Neethling	Open	Male	35
156	02:54:35	315	Candice	Barnard	Open	Female	29
157	02:54:39	471	Hubert	Olivier	Open	Male	32
158	02:54:40	468	Mariesa	Nock	Open	Female	31
159	02:54:41	318	James	Bayhack	Open	Male	38
160	02:54:53	444	Gina	Leinberger	Open	Female	36
161	02:55:36	334	David	Bulmer	Open	Male	36
162	02:55:55	324	Elschen	Beyers	Master	Female	50
163	02:56:02	437	Nicholas	Kohne	Open	Male	33
164	02:56:04	501	Alexis	Sacks	Veteran	Female	42
165	02:56:06	544	Mike	Van Breda	Veteran	Male	48
166	02:56:08	502	Comel	Vermeullen	Veteran	Male	41
167	02:56:10	450	Nielen	Marais	Open	Male	35
168	02:56:17	342	Jonathan	Cherry	Open	Male	39
169	02:56:20	447	Eric	Riemann	Open	Male	31
170	02:56:21	365	Lindie	de Bruin	Open	Female	37
171	02:56:40	313	Kate	Balme	Open	Female	31
172	02:56:56	356	Joanna	Craig	Open	Female	23
173	02:57:09	435	Brendan	Keogh	Open	Male	33
174	02:57:10	462	Laurie	Nathan	Master	Male	52
175	02:57:28	409	Peter	Hathorn	Master	Male	51
176	02:57:37	583	Uriska	Wessels	Open	Female	23
177	02:57:40	516	Mariette	Smart	Open	Female	31
178	02:57:41	384	Seppie	Erasmus	Master	Male	52
179	02:57:46	441	Joanne	Lawrence	Veteran	Female	40
180	02:57:49	566	Sally	Van Zyl	Veteran	Female	44
181	02:57:58	349	Lourens	De Waal	Veteran	Male	45
182	02:58:53	553	Frans	Van Heerden	Open	Male	31
183	02:59:15	459	Lisa	Moore	Open	Female	22
184	02:59:16	317	Guy	Baxter	Master	Male	52
185	02:59:47	332	Hanneke	Brynard	Veteran	Female	46
186	03:00:10	600	Gustav	Zietsman	Veteran	Male	41
187	03:00:52	450	Nielen	Marais	Open	Male	35
188	03:01:08	436	Ralf	Kistner	Open	Male	23
189	03:01:10	301	Ismail	Abdullah	Veteran	Male	47
190	03:01:12	495	Samad	Razzak	Master	Male	55
191	03:01:14	541	Jacqueline	Toerien	Veteran	Female	43
192	03:01:16	340	Mechele	Cawcutt	Veteran	Female	45
193	03:01:55	487	Jeremy	Pitman	Open	Male	24
194	03:02:36	358	Tracey	Creer	Veteran	Female	42
195	03:02:48	410	Sonja	Sonnekus	Veteran	Female	46
196	03:03:16	451	Elza	Maree	Open	Female	34
197	03:04:41	413	Nicki	Hibling	Open	Female	34
198	03:05:04	431	Herman	Joubert	Veteran	Male	47
199	03:05:40	330	Natalie	Bruce	Open	Female	37
200	03:06:43	401	Adele	Hamman	Veteran	Female	41
201	03:06:48	548	Linda	van der Walt	Veteran	Female	49
202	03:06:49	549	Madri	Van Der Westhuizen	Open	Female	39
203	03:07:18	389	Neil	Franks	Veteran	Male	41
204	03:07:20	327	Matt	Bresler	Open	Male	39
205	03:07:41	597	Joanie	Wylie	Master	Female	50
206	03:07:45	598	John	Wylie	Open	Male	18
207	03:08:31	567	Carine	Vermeulen	Veteran	Female	41
208	03:08:48	480	Louise	Patrick	Open	Female	33
209	03:09:11	347	Dawn	Clarke	Master	Female	52
210	03:09:14	581	Mark	Welton	Veteran	Male	41
211	03:10:29	354	Kara	Combrinck	Veteran	Female	40
212	03:10:35	387	Stephanie	Esterhuysen	Veteran	Female	40
213	03:10:56	515	Mariet	Smal	Master	Female	53
214	03:11:40	309	Carmen	Ashby	Open	Female	38

215	03:12:32	403	Jacomi	Hanekom	Master	Female	50
216	03:13:23	564	Allison	Edmunds	Veteran	Female	45
217	03:14:08	398	Sinenhlanhla	Gumede	Open	Female	23
218	03:15:25	320	Annelize	Bergh	Veteran	Female	43
219	03:18:06	369	Adri	de Witt	Open	Female	34
220	03:18:35	345	Craig	Hemmes	Veteran	Male	46
221	03:18:51	388	Lindsay	Evard	Veteran	Female	44
222	03:19:20	478	Sue	Parker-Smith	Veteran	Female	47
223	03:19:29	351	Marisa	Coetzee	Open	Female	30
224	03:22:28	586	Elidydia	de monk	Veteran	Female	45
225	03:22:34	370	Madelize	Delport	Open	Female	36
226	03:24:21	390	Michelle	Fraundorf	Veteran	Female	47
227	03:25:02	578	Adam	Bekker	Open	Male	37
228	03:26:29	493	Marja	Prinsloo	Veteran	Female	46
229	03:28:02	333	Teresa	Erasmus	Veteran	Female	47
230	03:29:13	509	Hein	Schultz	Veteran	Male	46
231	03:31:20	504	Karen	Schmickl	Open	Female	34
232	03:31:37	467	Andrew	Nixon	Open	Male	38
233	03:33:24	445	Phillipa	Lever-Cloete	Veteran	Female	45
234	03:33:26	350	Linda	Coetzee	Master	Female	51
235	03:33:48	538	Michelle	Thompson	Master	Female	50
236	03:42:04	465	Mathilda	Nel	Veteran	Female	49
237	03:46:04	454	Catherine	Holland	Open	Female	36
238	03:46:06	569	Charmaine	Viljoen	Veteran	Female	44
239	03:48:59	452	Themba	Mathaba	Veteran	Male	43
240	04:02:52	547	Frederick	van der Post	Open	Male	35
241	04:14:25	418	Hamish	Houston	Open	Male	38

Open Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:40:54	325	Mike	Bailey	Open	Male	28
2	01:44:11	419	Antoine	Van Heerden	Open	Male	20
3	01:46:16	587	Riaan	Wildskut	Open	Male	24
4	01:46:59	555	Andrew	Le Roux	Open	Male	27
5	01:54:10	355	Jacobus	Diener	Open	Male	31
6	01:54:14	405	Guy	Harker	Open	Male	31
7	01:54:53	3	Richard	Armstrong	Open	Male	28
8	01:57:25	529	Jason	Stevens	Open	Male	24
9	01:59:46	439	Matthew	Kruger	Open	Male	35
10	02:01:05	449	Michael	Louw	Open	Male	29
11	02:02:42	412	Mark	Vernon	Open	Male	25
12	02:02:46	367	Whaldo	De Kock	Open	Male	37
13	02:04:02	565	Tim	Walwyn	Open	Male	30
14	02:04:37	364	W	Owen	Open	Male	31
15	02:07:58	372	Dolph	Du Plessis	Open	Male	32
16	02:08:09	483	Roland	Baasch	Open	Male	31
17	02:08:14	344	Charl	Cilliers	Open	Male	36
18	02:08:28	382	Altus	Ehlers	Open	Male	34
19	02:08:35	406	Paul	Harker	Open	Male	24
20	02:10:11	585	Herman	Carstens	Open	Male	23
21	02:11:35	575	Johan	Volschenk	Open	Male	37
22	02:12:34	563	Earl	Van Zyl	Open	Male	33
23	02:13:33	311	Leon	Badenhorst	Open	Male	38
24	02:15:39	348	Brian	Cluver	Open	Male	30
25	02:16:40	395	Clayten	Gouws	Open	Male	26
26	02:16:57	472	Andre	Oosthuizen	Open	Male	26
27	02:17:38	496	Andrew	Redfern	Open	Male	33
28	02:19:23	302	Charles	Abernethy	Open	Male	23
29	02:19:58	446	Nick	Longley	Open	Male	31
30	02:20:50	336	Sergio	Cardoso	Open	Male	28
31	02:21:53	361	Brendan	Currin	Open	Male	33
32	02:22:21	474	Mattheus	Oosthuizen	Open	Male	22
33	02:22:51	545	Tristan	van der Merwe	Open	Male	24
34	02:23:04	422	Rod	Hunter	Open	Male	30
35	02:25:29	500	John	Rostance	Open	Male	33
36	02:25:30	457	Grant	McNulty	Open	Male	31
37	02:26:30	433	Brendan	Keevey	Open	Male	27
38	02:27:39	554	Stijn	Van Megen	Open	Male	27
39	02:29:12	397	Duncan	Greenwood	Open	Male	35
40	02:29:18	551	Stephanus	Van der westhuyzen	Open	Male	32
41	02:29:29	503	David	Scheppening	Open	Male	34
42	02:30:38	475	Morne	Oosthuizen	Open	Male	33
43	02:30:40	461	Luke	Murray	Open	Male	27
44	02:33:56	492	Stephan	Pretorius	Open	Male	31
45	02:34:06	308	Simon	Armstrong	Open	Male	25

46	02:34:51	383	Anton	Engelbrecht	Open	Male	32
47	02:35:45	517	Patrick	Smart	Open	Male	32
48	02:36:27	595	Johnny	Wyld	Open	Male	38
49	02:38:11	415	Jan Hendrik	Hofmeyr	Open	Male	30
50	02:38:23	584	Francis	Wheeler	Open	Male	35
51	02:41:46	392	Ant	Geard	Open	Male	39
52	02:43:01	405	Guy	Harker	Open	Male	31
53	02:43:07	434	Gareth	Kemp	Open	Male	35
54	02:43:09	525	Tim	Starke	Open	Male	27
55	02:43:20	305	Andrew	Aanderson	Open	Male	25
56	02:43:22	420	Anton	Human	Open	Male	32
57	02:43:35	505	Greg	Schneider	Open	Male	24
58	02:43:38	385	Maseeh	Esau	Open	Male	36
59	02:44:03	552	Nicol	Van Dyk	Open	Male	30
60	02:44:14	494	Carl	Rautenbach	Open	Male	39
61	02:44:18	558	Phillip	Van taak	Open	Male	38
62	02:44:23	511	Clive Arthur	Schulze	Open	Male	28
63	02:45:57	486	Craig	Pike	Open	Male	36
64	02:48:16	432	Simon	Katz	Open	Male	28
65	02:48:21	381	Paul	Edelstein	Open	Male	24
66	02:49:21	535	Daniel	Theron	Open	Male	38
67	02:49:22	482	Marc	Brighton	Open	Male	23
68	02:49:26	323	Stephan	Bester	Open	Male	38
69	02:50:27	310	Chris	baasch	Open	Male	28
70	02:51:26	491	Craig	Deats	Open	Male	44
71	02:52:48	331	Craig	Bruton	Open	Male	37
72	02:54:34	463	Pieter	Neethling	Open	Male	35
73	02:54:39	471	Hubert	Olivier	Open	Male	32
74	02:54:41	318	James	Bayhack	Open	Male	38
75	02:55:36	334	David	Bulmer	Open	Male	36
76	02:56:02	437	Nicholas	Kohne	Open	Male	33
77	02:56:10	450	Nielen	Marais	Open	Male	35
78	02:56:17	342	Jonathan	Cherry	Open	Male	39
79	02:56:20	447	Eric	Riemann	Open	Male	31
80	02:57:09	435	Brendan	Keogh	Open	Male	33
81	02:58:53	553	Frans	Van Heerden	Open	Male	31
82	03:00:52	450	Nielen	Marais	Open	Male	35
83	03:01:08	436	Ralf	Kistner	Open	Male	23
84	03:01:55	487	Jeremy	Pitman	Open	Male	24
85	03:07:20	327	Matt	Bresler	Open	Male	39
86	03:07:45	598	John	Wylie	Open	Male	18
87	03:25:02	578	Adam	Bekker	Open	Male	37
88	03:31:37	467	Andrew	Nixon	Open	Male	38
89	04:02:52	547	Frederick	van der Post	Open	Male	35
90	04:14:25	418	Hamish	Houston	Open	Male	38

Open Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:59:24	582	Marié	Wessels	Open	Female	28
2	02:05:21	416	Jennifer	Hofmeyr	Open	Female	27
3	02:08:55	550	Liandi	Van der Westhuyzen	Open	Female	27
4	02:12:38	306	Lauren	Coulson	Open	Female	25
5	02:13:14	521	Marike	Smith	Open	Female	25
6	02:19:13	524	Neelke	Stadler	Open	Female	23
7	02:22:15	307	Paula	Armstrong	Open	Female	27
8	02:22:25	359	Gretha	Cronje	Open	Female	30
9	02:26:53	592	Helen	Wilson	Open	Female	31
10	02:28:27	485	Carla	Pietersen	Open	Female	30
11	02:29:05	469	Talia	Norvall	Open	Female	25
12	02:29:41	520	Emily	Smith	Open	Female	23
13	02:30:35	537	Liesl	Thomas	Open	Female	39
14	02:32:21	570	Shauneen	Viljoen	Open	Female	30
15	02:32:36	319	Victoria	Bennetts	Open	Female	34
16	02:33:29	357	Chrissie	Craven	Open	Female	39
17	02:34:53	341	Tarryn	Cawood	Open	Female	29
18	02:35:47	499	Lisa	Ronquest	Open	Female	35
19	02:36:25	380	Amy	Ebedes	Open	Female	27
20	02:37:00	512	Jill	Sindle	Open	Female	28
21	02:39:06	591	Peta	Wills	Open	Female	30
22	02:41:44	533	Janie	Swanepoel	Open	Female	23
23	02:44:07	374	Eulogy	du Plessis	Open	Female	28
24	02:44:12	386	Nazeema	Esau	Open	Female	39
25	02:44:16	557	Nadine	Van taak	Open	Female	38
26	02:46:05	362	Joanne	Cussen	Open	Female	34
27	02:46:24	519	Lisa	Smit	Open	Female	39

28	02:47:03	481	Leona	Peet	Open	Female	37
29	02:48:41	477	Nikki	Parker	Open	Female	33
30	02:49:25	322	Liesl	Bester	Open	Female	37
31	02:49:32	423	Natasha	Ing	Open	Female	38
32	02:50:16	526	Nikki	Stegmann	Open	Female	33
33	02:50:17	312	Sarah	George	Open	Female	32
34	02:50:20	456	Robynne	McMartin	Open	Female	31
35	02:51:19	490	Jeannie	Potgieter	Open	Female	21
36	02:51:28	568	Suzanne	Verster	Open	Female	27
37	02:51:30	464	Marguerite	Nel	Open	Female	26
38	02:52:38	514	Isa	Smal	Open	Female	20
39	02:52:40	427	Slavena	Jensen	Open	Female	36
40	02:52:42	510	Melody	Schultz	Open	Female	38
41	02:54:35	315	Candice	Barnard	Open	Female	29
42	02:54:40	468	Mariesa	Nock	Open	Female	31
43	02:54:53	444	Gina	Leinberger	Open	Female	36
44	02:56:21	365	Lindie	de Bruin	Open	Female	37
45	02:56:40	313	Kate	Balme	Open	Female	31
46	02:56:56	356	Joanna	Craig	Open	Female	23
47	02:57:37	583	Uriska	Wessels	Open	Female	23
48	02:57:40	516	Mariette	Smart	Open	Female	31
49	02:59:15	459	Lisa	Moore	Open	Female	22
50	03:03:16	451	Elza	Maree	Open	Female	34
51	03:04:41	413	Nicki	Hibling	Open	Female	34
52	03:05:40	330	Natalie	Bruce	Open	Female	37
53	03:06:49	549	Madri	Van Der Westhuizen	Open	Female	39
54	03:08:48	480	Louise	Patrick	Open	Female	33
55	03:11:40	309	Carmen	Ashby	Open	Female	38
56	03:14:08	398	Sinenhlanhla	Gumede	Open	Female	23
57	03:18:06	369	Adri	de Witt	Open	Female	34
58	03:19:29	351	Marisa	Coetzee	Open	Female	30
59	03:22:34	370	Madelize	Delport	Open	Female	36
60	03:31:20	504	Karen	Schmickl	Open	Female	34
61	03:46:04	454	Catherine	Holland	Open	Female	36

Veteran Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:58:39	574	Chris	de villiers	Veteran	Male	41
2	02:00:53	590	Dale	Williams	Veteran	Male	44
3	02:03:55	507	Jacques	Schreiber	Veteran	Male	43
4	02:12:08	407	Paul	Harmer	Veteran	Male	41
5	02:16:51	458	Gert	Moolman	Veteran	Male	45
6	02:19:08	442	Alex	Le Roux	Veteran	Male	42
7	02:20:07	316	S	Adshade	Veteran	Male	46
8	02:21:27	425	Hermann	Wessels	Veteran	Male	41
9	02:23:15	375	Francois	Du Plessis	Veteran	Male	46
10	02:27:23	378	Ockert	Dupper	Veteran	Male	49
11	02:29:46	94	Bryan	Groenendaal	Veteran	Male	46
12	02:32:12	506	Jan	Scholtz	Veteran	Male	40
13	02:34:32	328	Louis	Brink (Wildrunner)	Veteran	Male	41
14	02:34:45	321	Kenneth	Bergh	Veteran	Male	45
15	02:37:01	532	David	Surrigger	Veteran	Male	42
16	02:37:29	399	Tim	Hadingham	Veteran	Male	40
17	02:40:13	426	Francois	Janse van Rensburg	Veteran	Male	40
18	02:43:05	508	Hennie	Geldenhuys	Veteran	Male	42
19	02:43:15	543	Paul	Tyler	Veteran	Male	41
20	02:43:16	572	Ian	Visagie	Veteran	Male	40
21	02:44:26	448	Johannes	Louw	Veteran	Male	48
22	02:51:54	352	Andrew	Collins	Veteran	Male	43
23	02:56:06	544	Mike	Van Breda	Veteran	Male	48
24	02:56:08	502	Comel	Vermeullen	Veteran	Male	41
25	02:57:58	349	Lourens	De Waal	Veteran	Male	45
26	03:00:10	600	Gustav	Zietsman	Veteran	Male	41
27	03:01:10	301	Ismail	Abdullah	Veteran	Male	47
28	03:05:04	431	Herman	Joubert	Veteran	Male	47
29	03:07:18	389	Neil	Franks	Veteran	Male	41
30	03:09:14	581	Mark	Welton	Veteran	Male	41
31	03:18:35	345	Craig	Hemmes	Veteran	Male	46
32	03:29:13	509	Hein	Schultz	Veteran	Male	46
33	03:48:59	452	Themba	Mathaba	Veteran	Male	43

Veteran Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:11:46	534	Tanya	Templeton	Veteran	Female	46
2	02:19:16	303	Liezel	Ravenscroft	Veteran	Female	45
3	02:20:09	576	Dine	von Petersdorff	Veteran	Female	49
4	02:23:46	453	Sandy	Mattison	Veteran	Female	42
5	02:26:04	376	Erdine	Du toit	Veteran	Female	49
6	02:38:16	455	Belinda	McFadzean	Veteran	Female	41
7	02:38:42	498	Teretha	Lourens	Veteran	Female	47
8	02:41:29	429	Rose	Jordaan	Veteran	Female	42
9	02:43:12	326	E	Mostert	Veteran	Female	46
10	02:44:20	346	Marian	Cilliers	Veteran	Female	42
11	02:45:30	417	Frith	Holing	Veteran	Female	49
12	02:47:12	518	Elmarie	Smedema	Veteran	Female	47
13	02:50:13	443	Kate	Le Roux	Veteran	Female	42
14	02:51:56	377	Judith	Du Toit	Veteran	Female	44
15	02:52:45	414	Sanelle	Hobbs	Veteran	Female	40
16	02:56:04	501	Alexis	Sacks	Veteran	Female	42
17	02:57:46	441	Joanne	Lawrence	Veteran	Female	40
18	02:57:49	566	Sally	Van Zyl	Veteran	Female	44
19	02:59:47	332	Hanneke	Brynard	Veteran	Female	46
20	03:01:14	541	Jacqueline	Toerien	Veteran	Female	43
21	03:01:16	340	Mechele	Cawcutt	Veteran	Female	45
22	03:02:36	358	Tracey	Creer	Veteran	Female	42
23	03:02:48	410	Sonja	Sonnekus	Veteran	Female	46
24	03:06:43	401	Adele	Hamman	Veteran	Female	41
25	03:06:48	548	Linda	van der Walt	Veteran	Female	49
26	03:08:31	567	Carine	Vermeulen	Veteran	Female	41
27	03:10:29	354	Kara	Combrinck	Veteran	Female	40
28	03:10:35	387	Stephanie	Esterhuysen	Veteran	Female	40
29	03:13:23	564	Allison	Edmunds	Veteran	Female	45
30	03:15:25	320	Annelize	Bergh	Veteran	Female	43
31	03:18:51	388	Lindsay	Evard	Veteran	Female	44
32	03:19:20	478	Sue	Parker-Smith	Veteran	Female	47
33	03:22:28	586	Elidydia	de monk	Veteran	Female	45
34	03:24:21	390	Michelle	Frauentorf	Veteran	Female	47
35	03:26:29	493	Marja	Prinsloo	Veteran	Female	46
36	03:28:02	333	Teresa	Erasmus	Veteran	Female	47
37	03:33:24	445	Phillipa	Lever-Cloete	Veteran	Female	45
38	03:42:04	465	Mathilda	Nel	Veteran	Female	49
39	03:46:06	569	Charmaine	Viljoen	Veteran	Female	44

Master Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:28:23	404	Wikus	Hanekom	Master	Male	52
2	02:31:06	430	Wouter	Jordaan	Master	Male	55
3	02:40:25	360	Errol	Cunnama	Master	Male	56
4	02:41:25	577	Giso	Von Petersdorff	Master	Male	50
5	02:48:45	476	Kevin	Ordman	Master	Male	54
6	02:57:10	462	Laurie	Nathan	Master	Male	52
7	02:57:28	409	Peter	Hathorn	Master	Male	51
8	02:57:41	384	Seppie	Erasmus	Master	Male	52
9	02:59:16	317	Guy	Baxter	Master	Male	52
10	03:01:12	495	Samad	Razzak	Master	Male	55

Master Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:45:32	335	Janet	Caine	Master	Female	50
2	02:55:55	324	Elschen	Beyers	Master	Female	50
3	03:07:41	597	Joanie	Wylie	Master	Female	50
4	03:09:11	347	Dawn	Clarke	Master	Female	52
5	03:10:56	515	Mariet	Smal	Master	Female	53
6	03:12:32	403	Jacomi	Hanekom	Master	Female	50
7	03:33:26	350	Linda	Coetzee	Master	Female	51
8	03:33:48	538	Michelle	Thompson	Master	Female	50



Jonkershoek Mountain Run 2012

9km

Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:44:48	889	Nicholas	Spaull	Open	Male	25
2	00:46:40	977	Stefan	Botma	Open	Male	27
3	00:46:48	687	Dylan	Solms	Junior	Male	17
4	00:47:26	805	Ian	McNaught Davis	Open	Male	26
5	00:47:43	786	PJ	Lourens	Open	Male	18
6	00:48:58	981	Brendan	Keewey	Open	Male	27
7	00:49:40	744	Lance	Katz	Open	Male	41
8	00:49:55	891	Bradley	Springer	Open	Male	24
9	00:49:59	976		0	0	0	0
10	00:50:34	960	Ruhardt	Pieters	Open	Male	24
11	00:51:16	840	Neil	Pitzer	Open	Male	21
12	00:51:20	800	JeanMarc	Maurel	Open	Male	38
13	00:51:35	782	Eugene	Lindeque	Open	Male	33
14	00:52:12	700	Mark	Hall	Open	Male	45
15	00:52:35	959	Miloe	Scott	Open	Male	29
16	00:52:51	623	Jacoline	Brand	Open	Female	23
17	00:53:23	760	Gerhard	Kruger	Open	Male	37
18	00:53:31	861	Nicol	Russouw	Open	Male	29
19	00:53:36	748	Francois	Kleue	Open	Male	33
20	00:54:31	720	Regardt	Hogan	Open	Male	25
21	00:54:51	713	Walter	Hildebrandt	Open	Male	24
22	00:54:55	930	Johan	Visser	Open	Male	22
23	00:54:57	701	Ray	Hannington	Open	Male	24
24	00:55:21	1		0	0	0	0
25	00:55:24	661	Lucy	Deakin	Open	Female	33
26	00:55:42	721	Jan	de Villiers	Open	Male	39
27	00:55:49	825	Reon	Odendaal	Open	Male	25
28	00:56:38	877	Phillip	Myburg	Open	Male	39
29	00:56:44	629	Tzvi	Brivik	Open	Male	39
30	00:56:45	656	Bronwyn	Dane	Open	Female	32
31	00:56:47	703	James	Harker	Open	Male	21
32	00:56:49	946	Carli	Wood	Open	Female	30
33	00:56:51	933	Rupert	Von tutschek	Open	Male	30
34	00:57:10	759	Jeremy	Kropman	Open	Male	55
35	00:57:17	737	Marianna	Joubert	Open	Female	28
36	00:57:18	381		0	0	0	0
37	00:57:36	825	Reon	Odendaal	Open	Male	25
38	00:58:12	971	Jean	Snyman	Open	Male	28
39	00:58:19	789	Matthew	Mabin	Open	Male	34
40	00:58:28	968	Janine	Coetzee	Open	Female	33
41	00:59:09	601	Steve	Aaron	Open	Male	35
42	00:59:31	811	Kara	Miller	Open	Female	37
43	00:59:45	796	Abby	Malan	Open	Female	38
44	00:59:47	913	Mc	Uys	Open	Male	24
45	00:59:50	916	Brian	Van der Leer	Open	Male	29
46	00:59:58	636	Laura	Christie	Open	Female	27
47	01:00:16	719	Alton	Hodson	Open	Male	29
48	01:00:19	655	Justin	Damster	Open	Male	28
49	01:00:21	785	Caro	Lourens	Open	Female	21
50	01:00:35	978	Mark	Groenewald	Open	Male	35
51	01:00:40	948	Charles	Young	Open	Male	46
52	01:00:42	634	Brendan	Buzer	Open	Male	24
53	01:00:45	831	Francois	Palm	Open	Male	21
54	01:00:47	935	Naomi	Walker	Open	Female	31
55	01:00:50	921	Ben	van Rensburg	Open	Male	39
56	01:01:14	645	Andrew	Codd	Open	Male	25
57	01:01:24	773	Neil	Lazarus	Open	Male	53
58	01:01:26	774	Tanya	Lazarus	Open	Female	36
59	01:01:28	660	Warryn	De Klerk	Open	Male	32
60	01:01:30	912	Justin	Urry	Open	Male	29
61	01:01:52	611	Danielle	Becker	Open	Female	27
62	01:01:58	804	Mathew	Mckie	Open	Male	32
63	01:02:16	621	Adina	Bosch	Open	Female	23
64	01:02:25	863	Johan	Ryk	Open	Male	48

65	01:02:35	628	Nicky	Brivik	Open	Female	42
66	01:02:36	949	Werner	Zaaiman	Open	Male	38
67	01:02:52	723	Alan	Homewood	Open	Male	23
68	01:02:54	953	Marleen	van Rooyen	Open	Female	38
69	01:02:59	953	Marleen	van Rooyen	Open	Female	38
70	01:03:02	828	Estea	Volschenk	Open	Female	34
71	01:03:07	658	Alun	Darwood	Open	Male	37
72	01:03:10	858	Jano	Roux	Open	Male	36
73	01:03:12	803	Deborah	McHardy	Open	Female	43
74	01:03:17	974	Tiaan	Human	Open	Male	33
75	01:03:23	958	Carien	du Toit	Open	Female	20
76	01:03:27	683	Vilma	Erasmus	Open	Female	21
77	01:03:29	860	Ilan	Russon	Open	Male	26
78	01:03:31	885	Michael	Snape	Open	Male	26
79	01:03:37	822	Julia	Nupen	Open	Female	33
80	01:04:01	967	Jan	Nicholzen	Open	Male	38
81	01:04:07	632	Adrian	Buddingh	Open	Male	50
82	01:04:21	793	Craig	Greygor	Open	Male	42
83	01:04:23	794	Stefan	Grobler	Open	Male	39
84	01:04:28	743	Kim	Katz	Open	Female	39
85	01:04:33	802	Ross	McGarrick	Open	Male	32
86	01:04:42	961	Jorja	Hudson	Open	Female	29
87	01:04:44	853	Ant	Rissik	Open	Male	39
88	01:05:13	648	Tracy	Conradie	Open	Female	33
89	01:05:19	717	Arlene	Hodgson	Open	Female	45
90	01:05:29	718	Gareth	Hodgson	Open	Male	22
91	01:05:31	878	Lucy	Shillington	Open	Female	26
92	01:05:33	864	Faheem	Salie	Open	Male	27
93	01:05:52	845	La Reine	Prinsloo	Open	Female	25
94	01:05:54	745	Tamara	Kerr	Open	Female	27
95	01:05:56	627	Matthew	Briscoe	Open	Male	20
96	01:06:00	846	Lance	Quick	Open	Male	27
97	01:06:12	855	Abby	Robertson	Open	Female	20
98	01:06:14	619	Jacques	Blaauw	Open	Male	27
99	01:06:18	764	Rone	La Grange	Open	Female	37
100	01:06:34	998		0	0	0	0
101	01:06:41	835	Jody	Paterson	Open	Female	42
102	01:06:44	938	Greer	Webb	Open	Female	28
103	01:06:45	920	Carlien	Van Niekerk	Open	Female	40
104	01:06:51	612	Robert	Bernatzeder	Open	Male	29
105	01:06:54	816	Melissa	Munnik	Open	Female	22
106	01:07:11	698	Pieter	Greeff	Open	Male	26
107	01:07:12	868	Gerhardus	Scheltema	Open	Male	36
108	01:07:24	979	Dorette	du Plessis	Open	Female	31
109	01:07:27	676	Mark	Easter	Open	Male	35
110	01:07:48	886	Taryn	Nel	Open	Female	23
111	01:08:32	652	Tracy	Crowther	Open	Female	43
112	01:08:34	725	Zaheer	Hoosain	Open	Male	27
113	01:08:48	812	Sandra	Mitchell	Open	Female	41
114	01:08:55	702	Howard	Markham	Open	Male	54
115	01:08:59	791	John	Macey	Open	Male	50
116	01:09:04	926	Morne	Van Zyl	Open	Male	40
117	01:09:16	602	William	Abson	Open	Male	34
118	01:09:37	904	Ashley	Suckling	Open	Male	39
119	01:09:48	715	Craig	Hirst	Open	Male	42
120	01:09:51	662	Michelle	Deans	Open	Female	36
121	01:09:54	622	Hellen	Boshoff	Open	Female	41
122	01:09:59	685	Carly	Faber	Open	Female	24
123	01:10:01	656	Bronwyn	Dane	Open	Female	32
124	01:10:04	678	Dominique	Eisenberg	Open	Female	45
125	01:10:08	699	Jody	Hahn	Open	Male	43
126	01:10:10	753	Dries	Kotze	Open	Male	34
127	01:10:12	747	Michelle	Kleu	Open	Female	32
128	01:10:15	900	Pieter	Streicher	Open	Male	42
129	01:10:16	901	Ronel	Streicher	Open	Female	41
130	01:10:18	692	Frances	Fuchs	Open	Female	37
131	01:10:19	805	Ian	McNaught Davis	Open	Male	26
132	01:10:22	883	Gregg	Smith	Open	Male	54
133	01:10:24	899	Matt	Stow	Open	Male	38
134	01:10:31	776	Adele	Le Roux	Open	Female	34
135	01:10:33	908	Bianca	Templeton	Open	Female	39
136	01:10:34	732	Mary	Jennings	Open	Female	59
137	01:10:41	730	Karlien	Jansen van Rensburg	Open	Female	41
138	01:10:43	743	Kim	Katz	Open	Female	39
139	01:10:47	924	Ernita	Van Wyk	Open	Female	39

140	01:10:49	884	Mark	Smith	Open	Male	30
141	01:10:53	874	James	Scriven	Open	Male	33
142	01:10:55	630	Kirsten	Brown	Open	Female	33
143	01:11:05	798	Ian	Martincich	Open	Male	31
144	01:11:17	947	Belinda	Young	Open	Female	39
145	01:11:20	613	Jean	Berrisford	Open	Female	40
146	01:11:30	897	Ronel	Steyn	Open	Female	43
147	01:11:34	651	Rob	Craig	Open	Male	23
148	01:11:47	755	Charla	Kriel	Open	Female	43
149	01:11:49	616	Elsje	Beyers	Open	Female	40
150	01:11:52	675	Dale	Dunbar	Open	Female	38
151	01:11:53	644	Cameron	Clarke	Open	Male	23
152	01:12:02	894	Ruida	Stanvliet	Open	Female	52
153	01:12:16	569	Nadia	De Klerk	Open	Female	27
154	01:12:19	609	Nina	Barnard	Open	Female	42
155	01:12:21	788	Surette	Louw	Open	Female	36
156	01:12:24	704	Catherine	Harris	Open	Female	41
157	01:12:29	739	Sante	Joubert	Open	Female	25
158	01:12:38	705	Ralph	Harris	Open	Male	32
159	01:12:56	819	Elbie	Nel	Open	Female	31
160	01:13:06	929	Robyn	Verrinder	Open	Female	30
161	01:13:10	734	Paula	Johnson	Open	Female	34
162	01:13:14	625	Greg	Bredenkamp	Open	Male	39
163	01:13:23	807	Kirsten	Meyer	Open	Female	31
164	01:13:25	942	Denise	Whitehead	Open	Female	33
165	01:13:33	708	Terry	Heldsinger	Open	Male	37
166	01:13:38	852	Jane S	schreber	Open	Female	41
167	01:13:44	677	Morne	Edas	Open	Male	35
168	01:13:46	907	Leandra	Temmers	Open	Female	27
169	01:13:48	765	Vivienne	Lacock	Open	Female	31
170	01:14:32	761	Hans	Kryger	Open	Male	34
171	01:14:39	965	Michel	Prins	Open	Male	57
172	01:14:42	799	Mandy	Mason	Open	Female	30
173	01:14:45	955	Juta	Cilliers	Open	Female	40
174	01:14:49	928	Roanna	Verrinder	Open	Female	29
175	01:14:50	911	Matthew	Tintinger	Open	Male	30
176	01:15:08	962	Andrew	Sevat	Open	Male	33
177	01:15:11	682	Ane	Erasmus	Open	Female	22
178	01:15:16	620	Debbie	Blake	Open	Female	35
179	01:15:41	736	Isabeau	Joubert	Open	Female	30
180	01:15:50	867	Asmaa'	Sayed	Open	Female	27
181	01:15:53	873	Carmen	Schwellnus	Open	Female	26
182	01:16:05	637	Durrent	Christine	Open	Female	33
183	01:16:07	859	Ronel	Roux	Open	Female	36
184	01:16:13	823	Lisa	Nupen	Open	Female	28
185	01:16:18	740	Surita	Joubert	Open	Female	39
186	01:16:21	646	Claire	Coetzee	Open	Female	36
187	01:16:25	934	Taryn	Vosloo	Open	Female	34
188	01:16:28	667	Janine	Doyer	Open	Female	25
189	01:16:31	653	Margaret	Cunnama	Open	Female	58
190	01:16:34	796	Abby	Malan	Open	Female	38
191	01:16:38	895	Wilma	Stassen	Open	Female	34
192	01:16:41	635	James	Campbell	Open	Male	38
193	01:16:42	657	Bernice	Daniell	Open	Female	38
194	01:16:48	776	Adele	Le Roux	Open	Female	34
195	01:16:56	932	Frederick	Von heyer	Open	Male	32
196	01:16:58	790	Giovanni	Maccioni	Open	Male	44
197	01:17:06	837	Erica	Petersen	Open	Female	56
198	01:17:08	838	Tracey	Petersen	Open	Female	43
199	01:17:10	673	Elzeth	Du Toit	Open	Female	40
200	01:17:34	970	Clemence	Grassel	Open	Female	28
201	01:17:37	738	Sandra	Joubert	Open	Female	39
202	01:17:42	827	Debbie	Oosthuizen	Open	Female	37
203	01:17:50	833	Zarina	Patel	Open	Female	41
204	01:17:54	624	Elsabe	Braxton	Open	Female	44
205	01:17:55	668	Lenka	Du Plessis	Open	Female	21
206	01:17:57	628	Nicky	Brivik	Open	Female	42
207	01:17:59	648	Tracy	Conradie	Open	Female	33
208	01:18:11	684	Hanif	Esmail	Open	Male	33
209	01:18:25	649	Willow	Constantine	Open	Female	34
210	01:18:54	850	Chantel	Rall	Open	Female	32
211	01:19:12	975	Herlo	Xisagie	Open	Male	22
212	01:19:31	964	Catherine	Hanauer	Open	Female	33
213	01:20:03	605	Lesli	Anderson	Open	Female	39
214	01:20:25	633	Nadine	Buys	Open	Female	31

215	01:20:33	872	Molly	Schmalzbach	Open	Female	23
216	01:20:37	787	Inge	Louw	Open	Female	29
217	01:20:42	797	Gina	Marsicano	Open	Female	27
218	01:21:11	714	Lucy	Hindle	Open	Female	29
219	01:21:47	821	Tracy	Neumann	Open	Female	40
220	01:21:52	777	Terina	Le roux	Open	Female	30
221	01:22:05	969	Nandi	Pretorius	Open	Female	20
222	01:22:22	973	Rina	Human	Open	Female	30
223	01:22:33	906	Robyn	Teixeira	Open	Female	36
224	01:22:36	733	Teresa	Jennings	Open	Female	36
225	01:23:31	841	Tanya	Posthumus-Fox	Open	Female	31
226	01:23:34	819	Elbie	Nel	Open	Female	31
227	01:23:40	963		0	0	0	0
228	01:24:03	903	Ilana	Strydom	Open	Female	28
229	01:24:19	849	Daniela	Radley	Open	Female	46
230	01:24:24	856	Bernadette	Romburgh	Open	Female	41
231	01:24:36	750	Stephen	Knott	Open	Male	33
232	01:24:57	954	Mona	Haumann	Open	Female	33
233	01:25:00	781	Petro	Liebenberg	Open	Female	31
234	01:25:19	851	Stacey	Rehbock (Wildrunner)	Open	Female	25
235	01:25:25	820	Marianne	Nelson	Grand Open	Female	68
236	01:25:54	941	Faeron	Wheeler	Open	Female	27
237	01:26:31	693	Kim	Germishuys	Open	Female	29
238	01:26:33	866	Colleen	Saunders	Open	Female	29
239	01:26:39	728	Mariah	Hugo	Open	Female	30
240	01:27:08	972	Melanie	Snyman	Open	Female	27
241	01:27:11	671	Werner	Du plessis	Open	Male	40
242	01:29:35	893	Jana	Stanvliet	Junior	Female	16
243	01:29:39	892	Etienne	Stanvliet	Open	Male	51
244	01:29:50	895	Wilma	Stassen	Open	Female	34
245	01:31:25	610	Charlene	Baynes	Open	Female	52
246	01:33:28	639	Kirstin	Cilliers	Open	Female	20
247	01:33:31	999	Luke	McDonale	Open	Male	19
248	01:33:54	808	Linette	Meyer	Open	Female	34
249	01:33:57	641	Jemma	Clamp	Junior	Female	16
250	01:33:59	642	Shaun	Clamp	Junior	Male	16
251	01:35:11	951	Samantha	Hewett (Wildrunner)	Open	Female	33
252	01:35:52	752	Roxanne	Kohne	Open	Female	28
253	01:35:58	931	Tamryn	Vivian	Open	Female	27
254	01:36:20	792	Marcia	Maclons-Martin	Open	Female	39
255	01:42:13	640	David	Clamp	Open	Male	50
256	01:42:24	870	Marti-Mari	Schenck	Open	Female	27
257	01:42:27	869	Dirk	Schenck	Open	Male	27
258	01:45:26	712	Angelique	Heynike	Open	Female	26
259	01:49:58	689	Samanthia	Fouche	Open	Female	31
260	01:51:38	669	Liza	Du Plessis	Open	Female	42
261	01:51:40	771	Bennie	Laubscher	Open	Male	47
262	01:54:04	650	Elmare	Correia	Open	Female	35
263	01:54:19	636	Laura	Christie	Open	Female	27
264	01:54:22	603	Roland	Amm	Open	Male	40
265	02:01:22	663	Tania	Delpport	Open	Female	37
266	02:04:13	647	Lindy	Cohen	Open	Female	42
267	02:04:16	770	Jacki	Lang	Open	Female	34
268	02:04:24	814	Cara	Saven	Open	Female	36

Open Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:44:48	889	Nicholas	Spaull	Open	Male	25
2	00:46:40	977	Stefan	Botma	Open	Male	27
3	00:47:26	805	Ian	McNaught Davis	Open	Male	26
4	00:47:43	786	PJ	Lourens	Open	Male	18
5	00:48:58	981	Brendan	Keewey	Open	Male	27
6	00:49:40	744	Lance	Katz	Open	Male	41
7	00:49:55	891	Bradley	Springer	Open	Male	24
8	00:50:34	960	Ruhardt	Pieters	Open	Male	24
9	00:51:16	840	Neil	Pitzer	Open	Male	21
10	00:51:20	800	JeanMarc	Maurel	Open	Male	38
11	00:51:35	782	Eugene	Lindeque	Open	Male	33
12	00:52:12	700	Mark	Hall	Open	Male	45
13	00:52:35	959	Miloe	Scott	Open	Male	29
14	00:53:23	760	Gerhard	Kruger	Open	Male	37
15	00:53:31	861	Nicol	Russouw	Open	Male	29
16	00:53:36	748	Francois	Kleue	Open	Male	33
17	00:54:31	720	Regardt	Hogan	Open	Male	25
18	00:54:51	713	Walter	Hildebrandt	Open	Male	24

19	00:54:55	930	Johan	Visser	Open	Male	22
20	00:54:57	701	Ray	Hannington	Open	Male	24
21	00:55:42	721	Jan	de Villiers	Open	Male	39
22	00:55:49	825	Reon	Odendaal	Open	Male	25
23	00:56:38	877	Phillip	Myburg	Open	Male	39
24	00:56:44	629	Tzvi	Brivik	Open	Male	39
25	00:56:47	703	James	Harker	Open	Male	21
26	00:56:51	933	Rupert	Von tutschek	Open	Male	30
27	00:57:10	759	Jeremy	Kropman	Open	Male	55
28	00:57:36	825	Reon	Odendaal	Open	Male	25
29	00:58:12	971	Jean	Snyman	Open	Male	28
30	00:58:19	789	Matthew	Mabin	Open	Male	34
31	00:59:09	601	Steve	Aaron	Open	Male	35
32	00:59:47	913	Mc	Uys	Open	Male	24
33	00:59:50	916	Brian	Van der Leer	Open	Male	29
34	01:00:16	719	Alton	Hodson	Open	Male	29
35	01:00:19	655	Justin	Damster	Open	Male	28
36	01:00:35	978	Mark	Groenewald	Open	Male	35
37	01:00:40	948	Charles	Young	Open	Male	46
38	01:00:42	634	Brendan	Buzer	Open	Male	24
39	01:00:45	831	Francois	Palm	Open	Male	21
40	01:00:50	921	Ben	van Rensburg	Open	Male	39
41	01:01:14	645	Andrew	Codd	Open	Male	25
42	01:01:24	773	Neil	Lazarus	Open	Male	53
43	01:01:28	660	Warryn	De Klerk	Open	Male	32
44	01:01:30	912	Justin	Urry	Open	Male	29
45	01:01:58	804	Mathew	Mckie	Open	Male	32
46	01:02:25	863	Johan	Ryk	Open	Male	48
47	01:02:36	949	Werner	Zaaiman	Open	Male	38
48	01:02:52	723	Alan	Homewood	Open	Male	23
49	01:03:07	658	Alun	Darwood	Open	Male	37
50	01:03:10	858	Jano	Roux	Open	Male	36
51	01:03:17	974	Tiaan	Human	Open	Male	33
52	01:03:29	860	Ilan	Russon	Open	Male	26
53	01:03:31	885	Michael	Snape	Open	Male	26
54	01:04:01	967	Jan	Nicholsen	Open	Male	38
55	01:04:07	632	Adrian	Buddingh	Open	Male	50
56	01:04:21	793	Craig	Greygor	Open	Male	42
57	01:04:23	794	Stefan	Grobler	Open	Male	39
58	01:04:33	802	Ross	McGarrick	Open	Male	32
59	01:04:44	853	Ant	Rissik	Open	Male	39
60	01:05:29	718	Gareth	Hodgson	Open	Male	22
61	01:05:33	864	Faheem	Salie	Open	Male	27
62	01:05:56	627	Matthew	Briscoe	Open	Male	20
63	01:06:00	846	Lance	Quick	Open	Male	27
64	01:06:14	619	Jacques	Blaauw	Open	Male	27
65	01:06:51	612	Robert	Bernatzeder	Open	Male	29
66	01:07:11	698	Pieter	Greeff	Open	Male	26
67	01:07:12	868	Gerhardus	Scheltema	Open	Male	36
68	01:07:27	676	Mark	Easter	Open	Male	35
69	01:08:34	725	Zaheer	Hoosain	Open	Male	27
70	01:08:55	702	Howard	Markham	Open	Male	54
71	01:08:59	791	John	Macey	Open	Male	50
72	01:09:04	926	Morne	Van Zyl	Open	Male	40
73	01:09:16	602	William	Abson	Open	Male	34
74	01:09:37	904	Ashley	Suckling	Open	Male	39
75	01:09:48	715	Craig	Hirst	Open	Male	42
76	01:10:08	699	Jody	Hahn	Open	Male	43
77	01:10:10	753	Dries	Kotze	Open	Male	34
78	01:10:15	900	Pieter	Streicher	Open	Male	42
79	01:10:19	805	Ian	McNaught Davis	Open	Male	26
80	01:10:22	883	Gregg	Smith	Open	Male	54
81	01:10:24	899	Matt	Stow	Open	Male	38
82	01:10:49	884	Mark	Smith	Open	Male	30
83	01:10:53	874	James	Scriven	Open	Male	33
84	01:11:05	798	Ian	Martincich	Open	Male	31
85	01:11:34	651	Rob	Craig	Open	Male	23
86	01:11:53	644	Cameron	Clarke	Open	Male	23
87	01:12:38	705	Ralph	Harris	Open	Male	32
88	01:13:14	625	Greg	Bredenkamp	Open	Male	39
89	01:13:33	708	Terry	Heldsinger	Open	Male	37
90	01:13:44	677	Morne	Edas	Open	Male	35
91	01:14:32	761	Hans	Kryger	Open	Male	34
92	01:14:39	965	Michel	Prins	Open	Male	57
93	01:14:50	911	Matthew	Tintinger	Open	Male	30

94	01:15:08	962	Andrew	Sevat	Open	Male	33
95	01:16:41	635	James	Campbell	Open	Male	38
96	01:16:56	932	Frederick	Von heyer	Open	Male	32
97	01:16:58	790	Giovanni	Maccioni	Open	Male	44
98	01:18:11	684	Hanif	Esmail	Open	Male	33
99	01:19:12	975	Herlo	Xisagie	Open	Male	22
100	01:24:36	750	Stephen	Knott	Open	Male	33
101	01:27:11	671	Werner	Du plessis	Open	Male	40
102	01:29:39	892	Etienne	Stanvliet	Open	Male	51
103	01:33:31	999	Luke	McDonale	Open	Male	19
104	01:42:13	640	David	Clamp	Open	Male	50
105	01:42:27	869	Dirk	Schenck	Open	Male	27
106	01:51:40	771	Bennie	Laubscher	Open	Male	47
107	01:54:22	603	Roland	Amm	Open	Male	40

Open Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:52:51	623	Jacoline	Brand	Open	Female	23
2	00:55:24	661	Lucy	Deakin	Open	Female	33
3	00:56:45	656	Bronwyn	Dane	Open	Female	32
4	00:56:49	946	Carli	Wood	Open	Female	30
5	00:57:17	737	Marianna	Joubert	Open	Female	28
6	00:58:28	968	Janine	Coetzee	Open	Female	33
7	00:59:31	811	Kara	Miller	Open	Female	37
8	00:59:45	796	Abby	Malan	Open	Female	38
9	00:59:58	636	Laura	Christie	Open	Female	27
10	01:00:21	785	Caro	Lourens	Open	Female	21
11	01:00:47	935	Naomi	Walker	Open	Female	31
12	01:01:26	774	Tanya	Lazarus	Open	Female	36
13	01:01:52	611	Danielle	Becker	Open	Female	27
14	01:02:16	621	Adina	Bosch	Open	Female	23
15	01:02:35	628	Nicky	Brivik	Open	Female	42
16	01:02:54	953	Marleen	van Rooyen	Open	Female	38
17	01:02:59	953	Marleen	van Rooyen	Open	Female	38
18	01:03:02	828	Estea	Volschenk	Open	Female	34
19	01:03:12	803	Deborah	McHardy	Open	Female	43
20	01:03:23	958	Carien	du Toit	Open	Female	20
21	01:03:27	683	Vilma	Erasmus	Open	Female	21
22	01:03:37	822	Julia	Nupen	Open	Female	33
23	01:04:28	743	Kim	Katz	Open	Female	39
24	01:04:42	961	Jorja	Hudson	Open	Female	29
25	01:05:13	648	Tracy	Conradie	Open	Female	33
26	01:05:19	717	Arlene	Hodgson	Open	Female	45
27	01:05:31	878	Lucy	Shillington	Open	Female	26
28	01:05:52	845	La Reine	Prinsloo	Open	Female	25
29	01:05:54	745	Tamara	Kerr	Open	Female	27
30	01:06:12	855	Abby	Robertson	Open	Female	20
31	01:06:18	764	Rone	La Grange	Open	Female	37
32	01:06:41	835	Jody	Paterson	Open	Female	42
33	01:06:44	938	Greer	Webb	Open	Female	28
34	01:06:45	920	Carljen	Van Niekerk	Open	Female	40
35	01:06:54	816	Melissa	Munnik	Open	Female	22
36	01:07:24	979	Dorette	du Plessis	Open	Female	31
37	01:07:48	886	Taryn	Nel	Open	Female	23
38	01:08:32	652	Tracy	Crowther	Open	Female	43
39	01:08:48	812	Sandra	Mitchell	Open	Female	41
40	01:09:51	662	Michelle	Deans	Open	Female	36
41	01:09:54	622	Hellen	Boshoff	Open	Female	41
42	01:09:59	685	Carly	Faber	Open	Female	24
43	01:10:01	656	Bronwyn	Dane	Open	Female	32
44	01:10:04	678	Dominique	Eisenberg	Open	Female	45
45	01:10:12	747	Michelle	Kleu	Open	Female	32
46	01:10:16	901	Ronel	Streicher	Open	Female	41
47	01:10:18	692	Frances	Fuchs	Open	Female	37
48	01:10:31	776	Adele	Le Roux	Open	Female	34
49	01:10:33	908	Bianca	Templeton	Open	Female	39
50	01:10:34	732	Mary	Jennings	Open	Female	59
51	01:10:41	730	Karlijen	Jansen van Rensburg	Open	Female	41
52	01:10:43	743	Kim	Katz	Open	Female	39
53	01:10:47	924	Ernita	Van Wyk	Open	Female	39
54	01:10:55	630	Kirsten	Brown	Open	Female	33
55	01:11:17	947	Belinda	Young	Open	Female	39
56	01:11:20	613	Jean	Berrisford	Open	Female	40
57	01:11:30	897	Ronel	Steyn	Open	Female	43
58	01:11:47	755	Charla	Kriel	Open	Female	43

59	01:11:49	616	Elsje	Beyers	Open	Female	40
60	01:11:52	675	Dale	Dunbar	Open	Female	38
61	01:12:02	894	Ruida	Stanvliet	Open	Female	52
62	01:12:16	569	Nadia	De Klerk	Open	Female	27
63	01:12:19	609	Nina	Barnard	Open	Female	42
64	01:12:21	788	Surette	Louw	Open	Female	36
65	01:12:24	704	Catherine	Harris	Open	Female	41
66	01:12:29	739	Sante	Joubert	Open	Female	25
67	01:12:56	819	Elbie	Nel	Open	Female	31
68	01:13:06	929	Robyn	Verrinder	Open	Female	30
69	01:13:10	734	Paula	Johnson	Open	Female	34
70	01:13:23	807	Kirsten	Meyer	Open	Female	31
71	01:13:25	942	Denise	Whitehead	Open	Female	33
72	01:13:38	852	Jane S	schreber	Open	Female	41
73	01:13:46	907	Leandra	Temmers	Open	Female	27
74	01:13:48	765	Vivienne	Lacock	Open	Female	31
75	01:14:42	799	Mandy	Mason	Open	Female	30
76	01:14:45	955	Juta	Cilliers	Open	Female	40
77	01:14:49	928	Roanna	Verrinder	Open	Female	29
78	01:15:11	682	Ane	Erasmus	Open	Female	22
79	01:15:16	620	Debbie	Blake	Open	Female	35
80	01:15:41	736	Isabeau	Joubert	Open	Female	30
81	01:15:50	867	Asmaa'	Sayed	Open	Female	27
82	01:15:53	873	Carmen	Schwellnus	Open	Female	26
83	01:16:05	637	Durrent	Christine	Open	Female	33
84	01:16:07	859	Ronel	Roux	Open	Female	36
85	01:16:13	823	Lisa	Nupen	Open	Female	28
86	01:16:18	740	Surita	Joubert	Open	Female	39
87	01:16:21	646	Claire	Coetzee	Open	Female	36
88	01:16:25	934	Taryn	Vosloo	Open	Female	34
89	01:16:28	667	Janine	Doyer	Open	Female	25
90	01:16:31	653	Margaret	Cunnama	Open	Female	58
91	01:16:34	796	Abby	Malan	Open	Female	38
92	01:16:38	895	Wilma	Stassen	Open	Female	34
93	01:16:42	657	Bernice	Daniell	Open	Female	38
94	01:16:48	776	Adele	Le Roux	Open	Female	34
95	01:17:06	837	Erica	Petersen	Open	Female	56
96	01:17:08	838	Tracey	Petersen	Open	Female	43
97	01:17:10	673	Elzeth	Du Toit	Open	Female	40
98	01:17:34	970	Clemence	Grassel	Open	Female	28
99	01:17:37	738	Sandra	Joubert	Open	Female	39
100	01:17:42	827	Debbie	Oosthuizen	Open	Female	37
101	01:17:50	833	Zarina	Patel	Open	Female	41
102	01:17:54	624	Elsabe	Braxton	Open	Female	44
103	01:17:55	668	Lenka	Du Plessis	Open	Female	21
104	01:17:57	628	Nicky	Brivik	Open	Female	42
105	01:17:59	648	Tracy	Conradie	Open	Female	33
106	01:18:25	649	Willow	Constantine	Open	Female	34
107	01:18:54	850	Chantel	Rall	Open	Female	32
108	01:19:31	964	Catherine	Hanauer	Open	Female	33
109	01:20:03	605	Lesli	Anderson	Open	Female	39
110	01:20:25	633	Nadine	Buys	Open	Female	31
111	01:20:33	872	Molly	Schmalzbach	Open	Female	23
112	01:20:37	787	Inge	Louw	Open	Female	29
113	01:20:42	797	Gina	Marsicano	Open	Female	27
114	01:21:11	714	Lucy	Hindle	Open	Female	29
115	01:21:47	821	Tracy	Neumann	Open	Female	40
116	01:21:52	777	Terina	Le roux	Open	Female	30
117	01:22:05	969	Nandi	Pretorius	Open	Female	20
118	01:22:22	973	Rina	Human	Open	Female	30
119	01:22:33	906	Robyn	Teixeira	Open	Female	36
120	01:22:36	733	Teresa	Jennings	Open	Female	36
121	01:23:31	841	Tanya	Posthumus-Fox	Open	Female	31
122	01:23:34	819	Elbie	Nel	Open	Female	31
123	01:24:03	903	Ilana	Strydom	Open	Female	28
124	01:24:19	849	Daniela	Radley	Open	Female	46
125	01:24:24	856	Bernadette	Romburgh	Open	Female	41
126	01:24:57	954	Mona	Haumann	Open	Female	33
127	01:25:00	781	Petro	Liebenberg	Open	Female	31
128	01:25:19	851	Stacey	Rehbock (Wildrunner)	Open	Female	25
129	01:25:25	820	Marianne	Nelson	Open	Female	68
130	01:25:54	941	Faeron	Wheeler	Open	Female	27
131	01:26:31	693	Kim	Germishuys	Open	Female	29
132	01:26:33	866	Colleen	Saunders	Open	Female	29
133	01:26:39	728	Mariah	Hugo	Open	Female	30

134	01:27:08	972	Melanie	Snyman	Open	Female	27
135	01:29:50	895	Wilma	Stassen	Open	Female	34
136	01:31:25	610	Charlene	Baynes	Open	Female	52
137	01:33:28	639	Kirstin	Cilliers	Open	Female	20
138	01:33:54	808	Linette	Meyer	Open	Female	34
139	01:35:11	951	Samantha	Hewett (Wildrunner)	Open	Female	33
140	01:35:52	752	Roxanne	Kohne	Open	Female	28
141	01:35:58	931	Tamryn	Vivian	Open	Female	27
142	01:36:20	792	Marcia	Maclons-Martin	Open	Female	39
143	01:42:24	870	Marti-Mari	Schenck	Open	Female	27
144	01:45:26	712	Angelique	Heynike	Open	Female	26
145	01:49:58	689	Samanthia	Fouche	Open	Female	31
146	01:51:38	669	Liza	Du Plessis	Open	Female	42
147	01:54:04	650	Elmare	Correia	Open	Female	35
148	01:54:19	636	Laura	Christie	Open	Female	27
149	02:01:22	663	Tania	Delport	Open	Female	37
150	02:04:13	647	Lindy	Cohen	Open	Female	42
151	02:04:16	770	Jacki	Lang	Open	Female	34
152	02:04:24	814	Cara	Saven	Open	Female	36

Junior Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:46:48	687	Dylan	Solms	Junior	Male	17
2	01:33:59	642	Shaun	Clamp	Junior	Male	16

Junior Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:29:35	893	Jana	Stanvliet	Junior	Female	16
2	01:33:57	641	Jemma	Clamp	Junior	Female	16