



Helderberg Mountain Challenge 2014

24km



Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:58:26	116	Duncan	O'Regan	Open	Male	25
2	03:16:42	178	Dom	Wills (Wild Runner)	Open	Male	32
3	03:24:28	92	Edson	Kumwamba	Open	Male	31
4	03:27:05	182	Brett	Wood	Open	Male	32
5	03:27:15	129	Bernard	Rakadza	Open	Male	36
6	03:30:11	185	Dylan	Solms	Open	Male	20
7	03:30:24	148	Franz-Erich	Streicher	Open	Male	25
8	03:30:51	51	Ake	Fagereng	Open	Male	31
9	03:32:04	108	Dion	Middelkoop	Veteran	Male	44
10	03:32:35	171	Vernon	Visser	Open	Male	31
11	03:35:33	98	Oliver	Linley	Open	Male	19
12	03:35:56	144	Katya	Soggot	Open	Female	37
13	03:47:05	30	Philip	Collier	Veteran	Male	42
14	03:49:03	35	Stephen	Davis	Open	Male	38
15	03:50:08	191	Maghiel	van Dorssen	Open	Male	36
16	03:51:00	89	Rick	Kotze	Open	Male	23
17	03:51:37	5	Scott	Atkinson	Open	Male	31
18	03:57:31	192	Daemon	McClunan	Open	Male	28
19	03:59:43	73	Tim	Hoek	Open	Male	29
20	04:01:07	146	Luc	Steens	Veteran	Male	45
21	04:04:05	168	Reinhardt	Venter	Open	Male	22
22	04:04:41	52	Robyn	Ferrar	Open	Female	38
23	04:05:56	193	Koji	Nakashima	Veteran	Male	41
24	04:07:55	6	Derrick	Baard	Veteran	Male	43
25	04:08:39	97	Ludwig	Lillie	Master	Male	53
26	04:11:30	197	Patrick	Hendriks	Master	Male	62
27	04:13:24	153	Sebastian	Thompson	Open	Male	23
28	04:15:43	115	Hubert	Olivier	Open	Male	34
29	04:16:44	7	Keith	Bain	Veteran	Male	41
30	04:17:47	111	Eduan	Naudé	Veteran	Male	41
31	04:18:26	189	Andrew	McBride	Open	Male	38
32	04:19:27	170	Mark	Vernon	Open	Male	25
33	04:22:44	179	Nicholas	Wiltshire	Open	Male	35
34	04:26:01	33	Stephen	Cunliffe	Open	Male	37
35	04:26:43	55	Vanessa	Fisher	Open	Female	39
36	04:30:22	155	Alberto	Tombini	Veteran	Male	40
37	04:30:24	93	Jacobus	Lacock	Open	Male	34
38	04:34:35	10	Caroline	Balkwill	Veteran	Female	40
39	04:36:56	38	Petrus	De Klerk	Open	Male	31
40	04:38:02	101	Nicholas	Lykiardopulos	Open	Male	28
41	04:38:10	9	Nicolas	Balcomb	Open	Male	31
42	04:39:16	174	Johan	Wahl	Open	Male	23
43	04:41:57	18	Rae	Tre-Browne	Open	Male	29
44	04:44:03	66	Mags	Haacke	Open	Female	32
45	04:45:01	42	Dirk	Diemont	Veteran	Male	46
46	04:46:43	150	Johan	Swart	Master	Male	50
47	04:49:05	17	Bertus	Bresler	Open	Male	38
48	04:49:31	44	Jacques	Du Preez	Open	Male	33
49	04:54:37	28	Devon	Coetzee	Open	Male	22
50	04:54:48	84	Conrad	Kemp	Open	Male	34
51	04:55:01	47	Storm	Durr	Master	Male	55
52	04:55:29	2	Charles	Abernethy	Open	Male	25
53	04:59:53	159	Corné	Van Daalen	Open	Male	35
54	05:00:11	143	Wessel	Smalberger	Open	Male	23
55	05:02:09	188	Christy	Smith	Open	Female	34
56	05:05:35	27	Nerisa	Coelho	Open	Female	33
57	05:05:36	41	Danny	Denolf	Veteran	Male	49
58	05:09:02	203	Shaun	Starck	Open	Male	28
59	05:10:26	112	Charlotte	Noble	Veteran	Female	48
60	05:10:40	134	Christiaan	Roux	Open	Male	29
61	05:11:20	90	Wiaan	Kriel	Open	Male	28
62	05:12:13	140	Liza	Serfontein	Veteran	Female	42
63	05:15:31	158	Hennie	Van Breda	Open	Male	34



Helderberg Mountain Challenge Lite 2014 15km

Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:31:36	313	Chad	Gordon	Veteran	Male	42
2	01:37:30	434	Luther	Van der Mescht	Open	Male	27
3	01:39:54	348	Edward	Iambert	Open	Male	36
4	01:44:09	358	Grant	Marcus	Veteran	Male	40
5	01:45:06	438	Liandi	Van der Westhuyzen	Open	Female	29
6	01:47:34	279	Anthony	Cave	Open	Male	35
7	01:48:10	472	Neil	Hermann	Master	Male	55
8	01:48:41	284	Dewald	Conradie	Open	Male	33
9	01:51:06	486	Brendon	Leask	Open	Male	30
10	01:52:13	482	Daniel	Robinson	Open	Male	33
11	01:54:09	444		Van Lierop	Open	Male	38
12	01:54:15	274	Beulah	Buitendag	Open	Female	22
13	01:55:24	330	Eddie	Horn	Open	Male	28
14	01:55:32	398	Matilda	Randle	Open	Female	21
15	01:58:05	475	Michael	Gombart	Open	Male	26
16	01:59:28	388	Darryn	Patterson	Open	Male	28
17	01:59:33	333	Andrew	Hyland	Open	Male	29
18	02:00:16	461	Marié	Wessels	Open	Female	30
19	02:00:26	268	Carel	Bosch	Open	Male	25
20	02:01:11	368	Helene	Muller	Open	Female	21
21	02:01:25	425	Jonathan	Sydow	Open	Male	34
22	02:01:39	382	Dean	Ollis	Veteran	Male	40
23	02:01:49	380	Ivor	Norval	Veteran	Male	47
24	02:02:52	342	Paul	Keet	Master	Male	51
25	02:03:33	453	Dirk	Van Vlaanderen	Open	Male	34
26	02:04:58	487	Natalie	Ballantine	Open	Female	20
27	02:06:16	402	Adam	Ricketts	Open	Male	33
28	02:06:41	322	Dale	Harrison	Veteran	Male	44
29	02:06:46	479	Nick	Calothi	Open	Male	38
30	02:06:48	442	Jan Willem	Van Huyssteen	Open	Male	34
31	02:07:26	305	Stephen	Fitzpatrick	Master	Male	50
32	02:07:31	451	Werner	Van Rensburg	Open	Male	28
33	02:07:37	363	Samuel	Mohr	Open	Male	32
34	02:07:38	462	Francis	Wheeler	Open	Male	36
35	02:08:16	426	Simon	Taylor	Veteran	Male	49
36	02:10:00	299	Etienne	Du toit	Veteran	Male	47
37	02:10:53	446	Giel	Van Megen	Open	Male	24
38	02:11:09	450	Tamsyn	Van Rensburg	Open	Female	26
39	02:11:36	328	Zaheer	Hoosain	Open	Male	29
40	02:12:26	320	Wikus	Hanekom	Master	Male	54
41	02:13:15	470	Mark	Hall	Veteran	Male	47
42	02:13:48	276	Brendan	Buzer	Open	Male	24
43	02:13:50	435	Tricia	Van der Mescht	Open	Female	30
44	02:14:03	355	Jodi	Lord	Open	Female	31
45	02:14:09	490	Herman	van der Werf	Veteran	Male	41
46	02:14:58	351	Uta	Lehmann	Open	Female	31
47	02:15:00	289	Wilhelm	Dannheimer	Open	Male	27
48	02:15:06	340	Leonie	Joubert	Veteran	Female	41
49	02:15:11	407	Allan	Ryninks (Wild Runner)	Master	Male	56
50	02:15:13	361	Nat	Micklem	Open	Male	30
51	02:15:52	321	Joakim	Hansi Blackadder	Open	Male	30
52	02:16:13	332	Willem	Human	Open	Male	29
53	02:16:32	456	Megan	Wade	Open	Female	18
54	02:16:40	491	Doran	Schoeman	Open	Male	32
55	02:17:29	484	Brian	Super	Master	Male	56
56	02:17:31	267	Selborne	Boome	Open	Male	38
57	02:18:15	454	Karel	Verhoeven	Open	Male	23
58	02:18:19	460	Francois	Wessels	Open	Male	28
59	02:18:23	495	Charl	Van Niekerk	Open	Male	21
60	02:19:29	443	Anton	Van Lierop	Veteran	Male	43
61	02:19:44	416	Bronwyn	Smith	Open	Female	38
62	02:20:11	301	Morne	Edas	Open	Male	37
63	02:20:23	295	Jean	Du Plessis	Open	Male	29
64	02:20:37	483	Deon	Bruwer	Open	Male	38
65	02:20:52	455	Suzanne	Verster	Open	Female	30
66	02:20:53	457	Chrizelda	Walters	Open	Female	36
67	02:21:00	367	Cobus	Muller	Open	Male	23
68	02:21:53	341	Janet	Keet	Master	Female	51
69	02:21:57	308	Claudia	Freeman	Open	Female	36
70	02:21:58	375	Carla	Nel	Veteran	Female	40
71	02:22:27	331	Sven	Hugo	Open	Male	27
72	02:22:29	465	Peta	Wills	Open	Female	32
73	02:22:32	383	Natalia	Ongers	Open	Female	28
74	02:22:47	303	Leon	Erwee	Master	Male	60



Helderberg Mountain Run 2014

10.75km

Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:46:23	569	Raydon	Balie (Wild Runner)	Open	Male	19
2	00:47:26	867	Jonathan	Black	Open	Male	19
3	00:50:24	742	Robert	Shaff	Open	Male	23
4	00:52:34	602	Michael Theo	De Kwaadsteniet	Open	Male	22
5	00:52:59	772	Jared	Uys	Open	Male	25
6	00:54:24	652	Nicholas	Hoernle	Open	Male	22
7	00:56:24	655	Matthew	Hurlow	Junior	Male	17
8	00:57:20	707	Riaan	Nieuwoudt	Open	Male	50
9	00:57:26	679	Caitlin	Leslie	Open	Female	18
10	00:57:27	680	Megan	Leslie	Junior	Female	15
11	00:58:33	894	Them bani	Mbangatha	Open	Male	23
12	00:58:37	695	Duncan	Matthews	Open	Male	29
13	00:58:40	831	Seb	Swart	Open	Male	31
14	00:59:10	845	Adwer	Doosje	Open	Male	21
15	01:00:09	725	Dominic	Riordan	Open	Male	34
16	01:00:11	635	Natalie	Hanekom	Open	Female	21
17	01:00:17	696	Jean-Marc	Maurel	Open	Male	40
18	01:00:32	661	Pieter	Jordaan	Open	Male	24
19	01:00:43	859	Dylan	Sharp	Open	Male	25
20	01:01:08	847	Vincent	Mole	Open	Male	23
21	01:01:49	594	Abby	Davidson	Open	Female	21
22	01:01:51	891	Carl	Swart	Open	Male	33
23	01:01:55	716	Matthew	Peters	Open	Male	21
24	01:01:57	749	Hanro	Steffen	Open	Male	38
25	01:02:04	595	Jaime	Davidson	Open	Female	21
26	01:02:37	644	Liezl	Heerschap	Open	Female	42
27	01:03:14	803	Paul	Winter	Open	Male	37
28	01:03:57	703	Mick	Murphy	Open	Male	46
29	01:04:54	896	Bernhard	Renner	Junior	Male	16
30	01:05:25	745	Liam	Stander	Open	Male	25
31	01:05:26	779	Cornel	Van der Merwe	Open	Female	23
32	01:06:13	739	Tamra	Savic	Open	Female	41
33	01:06:55	794	Greg	Webster	Open	Male	28
34	01:06:58	672	Werné	Kritzinger	Open	Male	29
35	01:07:10	599	Antonio	De Brito	Junior	Male	16
36	01:07:13	732	Arno	Rossouw	Open	Male	42
37	01:07:27	797	Matthew	White	Open	Male	28
38	01:07:31	882	Andrew	Hegie	Open	Male	20
39	01:07:43	851	Sakkie	Franken	Open	Male	42
40	01:07:45	650	Caitlin	Hiler	Open	Female	27
41	01:07:53	804	Andrew	Wright	Open	Male	39
42	01:08:10	895	Dylan	Donald	Open	Male	27
43	01:08:37	858	Victor	Young	Open	Male	46
44	01:08:40	880	Gustav	Eichstadt	Junior	Male	15
45	01:08:43	752	Joshua	Steinberg	Open	Male	24
46	01:08:49	840	Nicola	Hendriks	Open	Female	38
47	01:09:01	881	Kath	McQuaid	Open	Female	49
48	01:09:04	871	Abre	Valentine	Open	Male	32
49	01:09:11	645	Gerry	Hegie	Open	Male	28
50	01:09:45	887	Nadia	Joubert	Open	Female	31
51	01:09:51	634	William	Hall	Junior	Male	15
52	01:09:53	879	Fadia	Ables	Open	Female	21
53	01:10:01	775	Jean-Paul	Van As	Open	Male	41
54	01:10:07	746	Marie	Steenkamp	Open	Female	27
55	01:10:10	793	Claire	Watt	Open	Female	27
56	01:10:13	598	Olivier	De blois	Open	Male	25
57	01:10:16	812	Tarryn	Thomas	Open	Female	30
58	01:10:19	658	Jaco	JANSE VAN RENSBURG	Open	Male	32
59	01:10:29	571	Johan	Bekker	Open	Male	39
60	01:10:32	839	Wessel	van der Merwe	Open	Male	61
61	01:10:34	727	Joelle	Rodseth	Open	Female	23
62	01:10:37	681	Ivan	Lettini	Open	Male	32
63	01:10:43	873	Martin	Groenwald	Open	male	29
64	01:11:09	810	Hanrich	Laubscher	Open	Male	32
65	01:11:44	822	Pauline	Herrmann-Keys	Open	Female	40
66	01:11:46	893	Steven	Newton	Open	Male	26
67	01:11:49	833	Albert	Halford	Open	Male	44
68	01:11:51	712	Michael	Orchard	Open	Male	48
69	01:11:54	572	Raymond	Berelowitz	Open	Male	45

70	01:11:58	741	Fc	Serdyn	Open	Male	40
71	01:12:32	889	Lerina	Basson	Open	Female	35
72	01:12:42	617	Kotie	Erwee	Open	Male	26
73	01:12:51	821	Richard	Gush	Open	Male	42
74	01:12:55	688	Thean	Lourens	Open	Male	24
75	01:13:01	726	David	Rodseth	Open	Male	58
76	01:13:09	728	Lollos	Rodseth	Open	Female	54
77	01:13:10	814	Kate	Price	Open	Female	30
78	01:13:14	557	Courtney	Allen	Open	Male	23
79	01:13:15	736	Faheem	Salie	Open	Male	35
80	01:13:17	629	Sarah	Glenday	Open	Female	28
81	01:13:32	665	Helen	Kean	Open	Female	26
82	01:13:34	624	Carene	Fourie	Open	Female	29
83	01:13:37	850	Caryn	Adam	Open	Female	27
84	01:13:39	560	Rory	Anderson	Open	Male	55
85	01:13:41	659	Samantha	Jones	Open	Female	23
86	01:13:45	820	Kim	Ross	Open	Female	44
87	01:13:47	682	Christelle	Leuvennink	Open	Female	23
88	01:13:50	578	Lauren	Buchan	Open	Female	23
89	01:14:00	664	Syndi	Kahn	Open	Female	39
90	01:14:04	631	Tarryn	Grinaker	Open	Female	30
91	01:14:09	674	GW	Kruger	Open	Male	32
92	01:14:14	830	Kate	Swart	Open	Female	32
93	01:14:19	668	Adriaan	Klue	Open	Male	29
94	01:14:20	788	Henco	Visser	Open	Male	29
95	01:14:28	584	Jennifer	Cilliers	Open	Female	43
96	01:14:47	877	Barbara	Vintcent	Open	Female	38
97	01:15:02	819	Duane	Matthews	Open	Male	32
98	01:15:04	764	Alan	Thomas	Open	Male	45
99	01:15:07	627	Hannu	Garny	Open	Male	40
100	01:15:08	697	Ann	McLachlan	Open	Female	28
101	01:15:15	641	Hannah	Harrison-Saayman	Junior	Female	15
102	01:15:22	693	Marcia	Marais	Open	Female	38
103	01:15:24	690	Monique	Low	Open	Female	33
104	01:15:26	689	Leon	Louw	Open	Male	41
105	01:15:29	805	Alta	Zietsman	Open	Female	20
106	01:15:32	747	Marius	Steenkamp	Open	Male	28
107	01:16:09	587	Karin	Cluver	Open	Female	41
108	01:16:12	874	Hannes	Geyer	Open	Male	31
109	01:16:15	568	Mikhayla	Bader	Open	Female	20
110	01:16:33	687	Nanine	Lourens	Open	Female	25
111	01:16:38	784	Jean-Mari	Van Zyl	Open	Female	30
112	01:16:39	733	Charl	Roux	Open	Male	29
113	01:16:42	614	Midori	Eckenstein	Open	Female	23
114	01:17:03	606	Stephanie	Deist	Open	Female	21
115	01:17:06	878	Rod	Bloom	Open	Male	49
116	01:17:26	801	Caroline	Wills	Open	Female	38
117	01:17:29	771	Lisa Kim	Ussher	Open	Female	27
118	01:17:32	841	Claire	Sydow	Open	Female	30
119	01:17:38	782	Hannelie	Van Lierop	Open	Female	42
120	01:17:51	790	Anke	Von Mollendorff	Open	Female	25
121	01:17:56	582	Dave	Bywater	Open	Male	61
122	01:17:58	625	Tissa	Fuchsloch	Open	Female	55
123	01:18:12	722	Stefan	Pretorius	Open	Male	28
124	01:18:17	600	Tony	De Brito	Open	Male	46
125	01:18:22	738	Compton	Saunders	Open	Male	32
126	01:19:02	760	Delene	Taute	Open	Female	23
127	01:19:08	809	Regardt	Laubscher	Open	Male	30
128	01:19:12	670	Tineka	Kriel	Open	Female	22
129	01:19:14	607	Bernard	Delpport	Open	Male	23
130	01:20:17	677	Isabella	Leeuwaarden	Open	Female	24
131	01:20:22	671	Sean	Kritzinger	Open	Male	49
132	01:20:27	656	THERESA	ISAACS	Open	Female	62
133	01:20:39	748	Carole	Steffen	Open	Female	36
134	01:20:41	829	Sarah	Durr	Open	Female	22
135	01:20:44	735	Abdul Muhaymien	Salaam	Junior	Male	17
136	01:20:46	580	Louw	Butler	Open	Male	29
137	01:20:49	566	Morag	Ayers	Open	Female	31
138	01:21:07	869	Lienki	Viljoen	Open	Female	23
139	01:21:09	870	Ruan	Jacobs	Open	Male	25
140	01:21:11	683	Innus	Leuvennink	Open	Male	39
141	01:21:28	792	Michael	Walters	Open	Male	63
142	01:21:30	552	Perwez	Adullah (WildRunner)	Open	Male	28
143	01:21:56	601	Louis	De Kock	Open	Male	51
144	01:22:05	787	Paola	vignani	Open	Female	50
145	01:22:15	824	Leatitia	Theart	Open	Female	28
146	01:22:29	715	WENDA	PEROLD	Open	Female	62
147	01:22:32	799	Jeanne-Louise	Wiese	Open	Female	30
148	01:22:33	798	Jaco	Wiese	Open	Male	30
149	01:22:42	561	Bronwyn	Arlow	Open	Female	33
150	01:22:43	562	Wayne	Arlow	Open	Male	33
151	01:22:51	776	Wessel	Van den Berg	Open	Male	39

152	01:22:59	778	Corlia	Van der Merwe	Open	Female	27
153	01:23:02	731	Michelle	Rorich	Open	Female	20
154	01:23:03	800	Jessica	Williamson	Open	Female	20
155	01:23:10	604	Pascale	De villiers	Open	Female	29
156	01:23:22	593	Sean	Danielz	Open	Male	48
157	01:23:24	759	Amir	Tal	Open	Male	28
158	01:23:27	553	Marisa	Agnello	Open	Female	34
159	01:23:59	811	Glen	Tweb	Open	Male	51
160	01:25:00	750	Jonel	Steffen	Open	Female	36
161	01:25:01	856	PJ	Vadas	Open	Male	32
162	01:25:21	868	Michael	Black	Open	male	52
163	01:25:46	857	Linda	Zietsman	Open	Female	20
164	01:25:50	755	Hela	Strez (Wildrunner)	Open	Female	52
165	01:25:51	669	Imke	Kriel	Open	Female	25
166	01:25:53	766	Jacqueline	Toerien	Open	Female	44
167	01:25:55	774	Retha	Van Alphen	Open	Female	42
168	01:25:57	555	Anne	Alessandri	Open	Female	39
169	01:25:59	556	Graham	Alessandri	Open	Male	54
170	01:26:00	754	Ronel	Streicher	Open	Female	41
171	01:26:02	654	Andy	Howard	Open	Male	49
172	01:26:03	591	Kirsty	Cox	Open	Female	38
173	01:26:05	615	Bridget	Ellwood	Open	Female	22
174	01:26:06	823	Simone	Van Zyl	Open	Female	24
175	01:26:53	647	Jarryd	Hesom	Open	Male	27
176	01:26:55	714	Tonia	Pavlou	Open	Female	30
177	01:27:02	783	Flip	Van Schalkwyk	Open	Male	66
178	01:27:03	710	Bianca	Ogg	Open	Female	19
179	01:27:07	590	Kerryyn	Coulthard	Open	Female	19
180	01:27:30	554	Teresa	Agnello	Open	Female	24
181	01:27:50	613	Leatitia	Du Toit	Open	Female	42
182	01:28:07	684	Andrew	Lewis	Open	Male	37
183	01:28:09	721	Melanie	Pretorius	Open	Female	39
184	01:28:57	628	Karin	Gerber	Open	Female	28
185	01:29:02	885	Johan	Krause	Open	Male	57
186	01:29:06	765	Lyndall	Thwaites	Open	Female	23
187	01:29:32	875	Allen	le Roux	Open	Male	46
188	01:29:37	835	David	Conradie	Open	Male	61
189	01:29:44	815	Diana	Scott	Open	Female	39
190	01:29:45	789	Lourett	Visser	Open	Female	57
191	01:29:49	685	Chloe	Lotter	Open	Female	35
192	01:30:00	890	Elmarie	Swart	Open	Female	36
193	01:30:10	886	Nina	Krause	Open	Female	25
194	01:30:14	876	Dalene	LeRoux	Open	female	29
195	01:30:21	618	Stephanie	Erwee	Open	Female	25
196	01:30:24	861	Cassio	Wessels	Open	Male	28
197	01:30:26	723	Paolo	Puccini	Open	Male	26
198	01:30:28	657	Lloyd	Jacobs	Open	Male	30
199	01:30:34	827	Thomas	Henstra	Open	Male	25
200	01:30:36	702	JO	Munro	Open	Female	46
201	01:30:43	603	Marijke	De Raes	Open	Female	30
202	01:30:58	579	Abri	Burger	Open	Male	25
203	01:31:04	832	Jean	de Wet	Open	Female	28
204	01:31:06	763	Sanel	Theart	Open	Female	25
205	01:31:12	708	Motti	Noiman	Open	Male	43
206	01:31:22	780	Tracey	Van Heerden	Open	Female	48
207	01:31:24	633	Kate	Hall	Open	Female	41
208	01:31:47	872	Salane	Jordaan	Open	Female	52
209	01:32:10	802	Christine	Winter	Open	Female	50
210	01:32:27	756	Dean	Swanepoel	Open	Male	43
211	01:32:36	773	Tara	Vadas	Open	Female	32
212	01:32:59	729	Johannes	Roos	Open	Male	32
213	01:33:03	863	Traay	Aitchasan	Open	Female	43
214	01:33:07	854	Daniel	Wessels	Open	Male	31
215	01:33:09	855	Erik	Bester	Open	Male	31
216	01:33:15	646	Simon	Henstra	Open	Male	23
217	01:33:19	577	Naomi	Bruwer	Open	Female	23
218	01:35:06	574	Sunet	Bodenstein	Open	Female	34
219	01:35:17	583	Alice	Chiang	Open	Female	29
220	01:35:19	691	Craig	Mackintosh	Open	Male	29
221	01:35:28	724	Roslyn	Ray	Open	Female	27
222	01:35:46	648	Leswin	Heswick	Open	Male	33
223	01:35:52	662	Karen	Joubert	Open	Female	38
224	01:35:56	785	Anzel	Venter	Open	Female	34
225	01:36:22	817	Clare	Mullmar	Open	Female	53
226	01:36:25	719	Johan	Pretorius	Open	Male	29
227	01:36:36	813	Chloe	Canderle	Open	Female	30
228	01:36:45	836	Jeannie	Strydom	Open	Female	32
229	01:36:46	834	Jana	Meyers	Open	Female	32
230	01:37:04	597	Mathilde	De Blois	Open	Female	26
231	01:37:20	717	Jan	Peyper	Open	Male	38
232	01:37:45	638	Sean	Harris	Open	Male	49
233	01:38:02	640	Melanie	Harrison	Open	Female	35

234	01:38:03	846	Louise	Stoddart	Open	Female	38
235	01:38:23	860	Zandrie	Wessels	Open	Female	28
236	01:38:27	589	Jacques	Conradie	Open	Male	40
237	01:38:32	636	Lee-ann	Harris	Open	Female	47
238	01:38:33	740	Mervin	Schnehage	Open	Male	39
239	01:38:37	828	Madeleine	Dreyfuss	Open	Female	24
240	01:39:24	709	Vian	Oelofsen	Open	Male	39
241	01:39:32	704	Marianne	Nelson	Open	Female	70
242	01:39:52	609	Ekaterine	Dolamore	Open	Female	45
243	01:39:55	608	Richard	Doalmore	Open	Male	45
244	01:40:32	698	Gavin	Miller	Open	Male	54
245	01:40:59	743	Iaian	Sherwell	Open	Male	36
246	01:41:11	862	Helena	Vandenbergh	Open	Female	36
247	01:41:18	849	Debbie	Wolmarans	Open	Female	36
248	01:42:02	848	Aloise	Lategan	Open	Female	38
249	01:42:28	737	Yusuf	Salie	Open	Male	33
250	01:43:17	686	Tombi	Loubser	Open	Female	62
251	01:43:30	753	Heidi	Stenslunde	Open	Female	45
252	01:43:32	888	Jodi	Efune	Open	Female	34
253	01:43:37	730	Lisa	Roos	Open	Female	38
254	01:44:08	619	Tracy-Leigh	Farrell	Open	Female	42
255	01:44:11	692	Rowan	Marais	Open	Male	49
256	01:44:36	694	Richard	Mason	Open	Male	52
257	01:45:31	592	Jacqui	Dallimore	Open	Female	42
258	01:46:20	761	Warren	Teich	Open	Male	26
259	01:46:22	653	Nicola	Honeywill	Open	Female	26
260	01:47:51	838	Pieter	van der Merwe	Open	Male	25
261	01:49:07	706	Ingrid	Newton	Open	Female	37
262	01:49:20	699	Trudi	Miller	Open	Female	53
263	01:49:23	837	Estelle	Gerber	Open	Female	29
264	01:51:42	884	Laura	Krause	Open	Female	55
265	01:51:47	842	Elsje	Cardogo	Open	Female	25
266	01:53:45	676	Cheryl	Le Roux	Open	Female	39
267	01:53:57	596	Nikki	Davies	Open	Female	47
268	01:54:00	791	Bibi-Aisha	Wadvalla	Open	Female	32
269	01:57:05	559	Liz	Anderson	Open	Female	39
270	02:01:38	768	Leischen	Travers	Open	Male	26
271	02:01:41	660	Bianca	Jordaan	Open	Female	24
272	02:04:58	565	Karla	Avenant	Open	Female	27
273	02:06:04	638	Sean	Harris	Open	Male	49
274	02:06:08	651	Angela	Hobbs	Open	Female	29
275	02:07:38	770	Zandré	Urtel	Open	Female	25
276	02:07:46	769	Marianne	Urtel	Open	Female	51
277	02:13:55	853	Marjorie	Young	Open	Female	41
278	02:17:21	581	Annelize	Buys	Open	Female	49
279	02:20:14	864	Amy	Rugan	Junior	Female	16
280	02:20:34	610	Charmaine	Du Plessis	Open	Female	33
281	02:20:38	612	Iwan	Du Plessis	Open	Male	33
282	02:31:32	865	John	Rugan	Junior	Male	15

Open Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:46:23	569	Raydon	Balie (Wild Runner)	Open	Male	19
2	00:47:26	867	Jonathan	Black	Open	Male	19
3	00:50:24	742	Robert	Shaff	Open	Male	23
4	00:52:34	602	Michael Theo	De Kwaadsteniet	Open	Male	22
5	00:52:59	772	Jared	Uys	Open	Male	25
6	00:54:24	652	Nicholas	Hoernle	Open	Male	22
7	00:57:20	707	Riaan	Nieuwoudt	Open	Male	50
8	00:58:33	894	Thembani	Mbangatha	Open	Male	23
9	00:58:37	695	Duncan	Mathews	Open	Male	29
10	00:58:40	831	Seb	Swart	Open	Male	31
11	00:59:10	845	Adwer	Doosje	Open	Male	21
12	01:00:09	725	Dominic	Riordan	Open	Male	34
13	01:00:17	696	Jean-Marc	Maurel	Open	Male	40
14	01:00:32	661	Pieter	Jordaan	Open	Male	24
15	01:00:43	859	Dylan	Sharp	Open	Male	25
16	01:01:08	847	Vincent	Mole	Open	Male	23
17	01:01:51	891	Carl	Swart	Open	Male	33
18	01:01:55	716	Matthew	Peters	Open	Male	21
19	01:01:57	749	Hanro	Steffen	Open	Male	38
20	01:03:14	803	Paul	Winter	Open	Male	37
21	01:03:57	703	Mick	Murphy	Open	Male	46
22	01:05:25	745	Liam	Stander	Open	Male	25
23	01:06:55	794	Greg	Webster	Open	Male	28
24	01:06:58	672	Werné	Kritzinger	Open	Male	29
25	01:07:13	732	Arno	Rossouw	Open	Male	42
26	01:07:27	797	Matthew	White	Open	Male	28
27	01:07:31	882	Andrew	Hegie	Open	Male	20
28	01:07:43	851	Sakkie	Franken	Open	Male	42
29	01:07:53	804	Andrew	Wright	Open	Male	39
30	01:08:10	895	Dylan	Donald	Open	Male	27
31	01:08:37	858	Victor	Young	Open	Male	46
32	01:08:43	752	Joshua	Steinberg	Open	Male	24
33	01:09:04	871	Abre	Valentine	Open	Male	32
34	01:09:11	645	Gerry	Hegie	Open	Male	28
35	01:10:01	775	Jean-Paul	Van As	Open	Male	41
36	01:10:13	598	Olivier	De blois	Open	Male	25
37	01:10:19	658	Jaco	JANSE VAN RENSBURG	Open	Male	32
38	01:10:29	571	Johan	Bekker	Open	Male	39
39	01:10:32	839	Wessel	van der Merwe	Open	Male	61
40	01:10:37	681	Ivan	Lettini	Open	Male	32
41	01:10:43	873	Martin	Groenwald	Open	male	29
42	01:11:09	810	Hanrich	Laubscher	Open	Male	32
43	01:11:46	893	Steven	Newton	Open	Male	26
44	01:11:49	833	Albert	Halford	Open	Male	44
45	01:11:51	712	Michael	Orchard	Open	Male	48
46	01:11:54	572	Raymond	Berelowitz	Open	Male	45
47	01:11:58	741	Fc	Serdyn	Open	Male	40
48	01:12:42	617	Kotie	Erwee	Open	Male	26
49	01:12:51	821	Richard	Gush	Open	Male	42
50	01:12:55	688	Thean	Lourens	Open	Male	24
51	01:13:01	726	David	Rodseth	Open	Male	58
52	01:13:14	557	Courtney	Allen	Open	Male	23
53	01:13:15	736	Faheem	Salie	Open	Male	35
54	01:13:39	560	Rory	Anderson	Open	Male	55
55	01:14:09	674	GW	Kruger	Open	Male	32
56	01:14:19	668	Adriaan	Klue	Open	Male	29
57	01:14:20	788	Henco	Visser	Open	Male	29
58	01:15:02	819	Duane	Mathews	Open	Male	32
59	01:15:04	764	Alan	Thomas	Open	Male	45
60	01:15:07	627	Hannu	Garny	Open	Male	40
61	01:15:26	689	Leon	Louw	Open	Male	41
62	01:15:32	747	Marius	Steenkamp	Open	Male	28
63	01:16:12	874	Hannes	Geyer	Open	Male	31
64	01:16:39	733	Charl	Roux	Open	Male	29
65	01:17:06	878	Rod	Bloom	Open	Male	49
66	01:17:56	582	Dave	Bywater	Open	Male	61
67	01:18:12	722	Stefan	Pretorius	Open	Male	28
68	01:18:17	600	Tony	De Brito	Open	Male	46
69	01:18:22	738	Compton	Saunders	Open	Male	32
70	01:19:08	809	Regardt	Laubscher	Open	Male	30
71	01:19:14	607	Bernard	Delpont	Open	Male	23
72	01:20:22	671	Sean	Kritzinger	Open	Male	49
73	01:20:46	580	Louw	Butler	Open	Male	29
74	01:21:09	870	Ruan	Jacobs	Open	Male	25
75	01:21:11	683	Innus	Leuvennink	Open	Male	39
76	01:21:28	792	Michael	Walters	Open	Male	63
77	01:21:30	552	Perwez	Adullah (WildRunner)	Open	Male	28
78	01:21:56	601	Louis	De Kock	Open	Male	51
79	01:22:33	798	Jaco	Wiese	Open	Male	30
80	01:22:43	562	Wayne	Arlow	Open	Male	33

81	01:22:51	776	Wessel	Van den Berg	Open	Male	39
82	01:23:22	593	Sean	Danielz	Open	Male	48
83	01:23:24	759	Amir	Tal	Open	Male	28
84	01:23:59	811	Glen	Tweb	Open	Male	51
85	01:25:01	856	PJ	Vadas	Open	Male	32
86	01:25:21	868	Michael	Black	Open	male	52
87	01:25:59	556	Graham	Alessandri	Open	Male	54
88	01:26:02	654	Andy	Howard	Open	Male	49
89	01:26:53	647	Jarryd	Hesom	Open	Male	27
90	01:27:02	783	Flip	Van Schalkwyk	Open	Male	66
91	01:28:07	684	Andrew	Lewis	Open	Male	37
92	01:29:02	885	Johan	Krause	Open	Male	57
93	01:29:32	875	Allen	le Roux	Open	Male	46
94	01:29:37	835	David	Conradie	Open	Male	61
95	01:30:24	861	Cassio	Wessels	Open	Male	28
96	01:30:26	723	Paolo	Puccini	Open	Male	26
97	01:30:28	657	Lloyd	Jacobs	Open	Male	30
98	01:30:34	827	Thomas	Henstra	Open	Male	25
99	01:30:58	579	Abri	Burger	Open	Male	25
100	01:31:12	708	Motti	Noiman	Open	Male	43
101	01:32:27	756	Dean	Swanepoel	Open	Male	43
102	01:32:59	729	Johannes	Roos	Open	Male	32
103	01:33:07	854	Daniel	Wessels	Open	Male	31
104	01:33:09	855	Erik	Bester	Open	Male	31
105	01:33:15	646	Simon	Henstra	Open	Male	23
106	01:35:19	691	Craig	Mackintosh	Open	Male	29
107	01:35:46	648	Leswin	Heswick	Open	Male	33
108	01:36:25	719	Johan	Pretorius	Open	Male	29
109	01:37:20	717	Jan	Peyper	Open	Male	38
110	01:37:45	638	Sean	Harris	Open	Male	49
111	01:38:27	589	Jacques	Conradie	Open	Male	40
112	01:38:33	740	Mervin	Schnehage	Open	Male	39
113	01:39:24	709	Vian	Oelofsen	Open	Male	39
114	01:39:55	608	Richard	Doalmore	Open	Male	45
115	01:40:32	698	Gavin	Miller	Open	Male	54
116	01:40:59	743	laian	Sherwell	Open	Male	36
117	01:42:28	737	Yusuf	Salie	Open	Male	33
118	01:44:11	692	Rowan	Marais	Open	Male	49
119	01:44:36	694	Richard	Mason	Open	Male	52
120	01:46:20	761	Warren	Teich	Open	Male	26
121	01:47:51	838	Pieter	van der Merwe	Open	Male	25
122	02:01:38	768	Leischen	Travers	Open	Male	26
123	02:06:04	638	Sean	Harris	Open	Male	49
124	02:20:38	612	Iwan	Du Plessis	Open	Male	33

Open Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:57:26	679	Caitlin	Leslie	Open	Female	18
2	01:00:11	635	Natalie	Hanekom	Open	Female	21
3	01:01:49	594	Abby	Davidson	Open	Female	21
4	01:02:04	595	Jaime	Davidson	Open	Female	21
5	01:02:37	644	Liezl	Heerschap	Open	Female	42
6	01:05:26	779	Comel	Van der Merwe	Open	Female	23
7	01:06:13	739	Tamra	Savic	Open	Female	41
8	01:07:45	650	Caitlin	Hiler	Open	Female	27
9	01:08:49	840	Nicola	Hendriks	Open	Female	38
10	01:09:01	881	Kath	McQuaid	Open	Female	49
11	01:09:45	887	Nadia	Joubert	Open	Female	31
13	01:09:53	879	Fadia	Ables	Open	Female	21
14	01:10:07	746	Marie	Steenkamp	Open	Female	27
15	01:10:10	793	Claire	Watt	Open	Female	27
16	01:10:16	812	Tarryn	Thomas	Open	Female	30
17	01:10:34	727	Joelle	Rodseth	Open	Female	23
18	01:11:44	822	Pauline	Herrmann-Keys	Open	Female	40
19	01:12:32	889	Lerina	Basson	Open	Female	35
20	01:13:09	728	Lollos	Rodseth	Open	Female	54
21	01:13:10	814	Kate	Price	Open	Female	30
22	01:13:17	629	Sarah	Glenday	Open	Female	28
23	01:13:32	665	Helen	Kean	Open	Female	26
24	01:13:34	624	Carene	Fourie	Open	Female	29
25	01:13:37	850	Caryn	Adam	Open	Female	27
26	01:13:41	659	Samantha	Jones	Open	Female	23
27	01:13:45	820	Kim	Ross	Open	Female	44
28	01:13:47	682	Christelle	Leuvennink	Open	Female	23
29	01:13:50	578	Lauren	Buchan	Open	Female	23
30	01:14:00	664	Syndi	Kahn	Open	Female	39
31	01:14:04	631	Tarryn	Grinaker	Open	Female	30
32	01:14:14	830	Kate	Swart	Open	Female	32
33	01:14:28	584	Jennifer	Cilliers	Open	Female	43
34	01:14:47	877	Barbara	Vintcent	Open	Female	38
35	01:15:08	697	Ann	McLachlan	Open	Female	28
36	01:15:22	693	Marcia	Marais	Open	Female	38
37	01:15:24	690	Monique	Low	Open	Female	33
38	01:15:29	805	Alta	Zietsman	Open	Female	20
39	01:16:09	587	Karin	Cluver	Open	Female	41
40	01:16:15	568	Mikhayla	Bader	Open	Female	20
41	01:16:33	687	Nanine	Lourens	Open	Female	25
42	01:16:38	784	Jean-Mari	Van Zyl	Open	Female	30
43	01:16:42	614	Midori	Eckenstein	Open	Female	23
44	01:17:03	606	Stephanie	Deist	Open	Female	21
45	01:17:26	801	Caroline	Wills	Open	Female	38
46	01:17:29	771	Lisa Kim	Ussher	Open	Female	27
47	01:17:32	841	Claire	Sydow	Open	Female	30
48	01:17:38	782	Hannelie	Van Lierop	Open	Female	42
49	01:17:51	790	Anke	Von Mollendorff	Open	Female	25
50	01:17:58	625	Tissa	Fuchsloch	Open	Female	55
51	01:19:02	760	Delene	Taute	Open	Female	23
52	01:19:12	670	Tineka	Kriel	Open	Female	22
53	01:20:17	677	Isabella	Leeuwaarden	Open	Female	24
54	01:20:27	656	THERESA	ISAACS	Open	Female	62
55	01:20:39	748	Carole	Steffen	Open	Female	36
56	01:20:41	829	Sarah	Durr	Open	Female	22
57	01:20:49	566	Morag	Ayers	Open	Female	31
58	01:21:07	869	Lienki	Viljoen	Open	Female	23
59	01:22:05	787	Paola	vignani	Open	Female	50
60	01:22:15	824	Leatitia	Theart	Open	Female	28
61	01:22:29	715	WENDA	PEROLD	Open	Female	62
62	01:22:32	799	Jeanne-Louise	Wiese	Open	Female	30
63	01:22:42	561	Bronwyn	Arlow	Open	Female	33
64	01:22:59	778	Corlia	Van der Merwe	Open	Female	27
65	01:23:02	731	Michelle	Rorich	Open	Female	20
66	01:23:03	800	Jessica	Williamson	Open	Female	20
67	01:23:10	604	Pascale	De villiers	Open	Female	29
68	01:23:27	553	Marisa	Agnello	Open	Female	34
69	01:25:00	750	Jonel	Steffen	Open	Female	36
70	01:25:46	857	Linda	Zietsman	Open	Female	20
71	01:25:50	755	Hela	Strez (Wildrunner)	Open	Female	52
72	01:25:51	669	Imke	Kriel	Open	Female	25
73	01:25:53	766	Jacqueline	Toerien	Open	Female	44
74	01:25:55	774	Retha	Van Alphen	Open	Female	42
75	01:25:57	555	Anne	Alessandri	Open	Female	39
76	01:26:00	754	Ronel	Streicher	Open	Female	41
77	01:26:03	591	Kirsty	Cox	Open	Female	38
78	01:26:05	615	Bridget	Ellwood	Open	Female	22
79	01:26:06	823	Simone	Van Zyl	Open	Female	24
80	01:26:55	714	Tonia	Pavlou	Open	Female	30
81	01:27:03	710	Bianca	Ogg	Open	Female	19

82	01:27:07	590	Kerryn	Coulthard	Open	Female	19
83	01:27:30	554	Teresa	Agnello	Open	Female	24
84	01:27:50	613	Leatitia	Du Toit	Open	Female	42
85	01:28:09	721	Melanie	Pretorius	Open	Female	39
86	01:28:57	628	Karin	Gerber	Open	Female	28
87	01:29:06	765	Lyndall	Thwaites	Open	Female	23
88	01:29:44	815	Diana	Scott	Open	Female	39
89	01:29:45	789	Lourett	Visser	Open	Female	57
90	01:29:49	685	Chloe	Lotter	Open	Female	35
91	01:30:00	890	Elmarie	Swart	Open	Female	36
92	01:30:10	886	Nina	Krause	Open	Female	25
93	01:30:14	876	Dalene	LeRoux	Open	Female	29
94	01:30:21	618	Stephanie	Erwee	Open	Female	25
95	01:30:36	702	JO	Munro	Open	Female	46
96	01:30:43	603	Marijke	De Raes	Open	Female	30
97	01:31:04	832	Jean	de Wet	Open	Female	28
98	01:31:06	763	Sanel	Theart	Open	Female	25
99	01:31:22	780	Tracey	Van Heerden	Open	Female	48
100	01:31:24	633	Kate	Hall	Open	Female	41
101	01:31:47	872	Salane	Jordaan	Open	Female	52
102	01:32:10	802	Christine	Winter	Open	Female	50
103	01:32:36	773	Tara	Vadas	Open	Female	32
104	01:33:03	863	Traay	Aitchasan	Open	Female	43
105	01:33:19	577	Naomi	Bruwer	Open	Female	23
106	01:35:06	574	Sunet	Bodenstein	Open	Female	34
107	01:35:17	583	Alice	Chiang	Open	Female	29
108	01:35:28	724	Roslyn	Ray	Open	Female	27
109	01:35:52	662	Karen	Joubert	Open	Female	38
110	01:35:56	785	Anzel	Venter	Open	Female	34
111	01:36:22	817	Clare	Mullmar	Open	Female	53
112	01:36:36	813	Chloe	Canderle	Open	Female	30
113	01:36:45	836	Jeannie	Strydom	Open	Female	32
114	01:36:46	834	Jana	Meyers	Open	Female	32
115	01:37:04	597	Mathilde	De Blois	Open	Female	26
116	01:38:02	640	Melanie	Harrison	Open	Female	35
117	01:38:03	846	Louise	Stoddart	Open	Female	38
118	01:38:23	860	Zandrie	Wessels	Open	Female	28
119	01:38:32	636	Lee-ann	Harris	Open	Female	47
120	01:38:37	828	Madeleine	Dreyfuss	Open	Female	24
121	01:39:32	704	Marianne	Nelson	Open	Female	70
122	01:39:52	609	Ekaterine	Dolamore	Open	Female	45
123	01:41:11	862	Helena	Vandenberg	Open	Female	36
124	01:41:18	849	Debbie	Wolmarans	Open	Female	36
125	01:42:02	848	Aloise	Lategan	Open	Female	38
126	01:43:17	686	Tombi	Loubser	Open	Female	62
127	01:43:30	753	Heidi	Stenslunde	Open	Female	45
128	01:43:32	888	Jodi	Efune	Open	Female	34
129	01:43:37	730	Lisa	Roos	Open	Female	38
130	01:44:08	619	Tracy-Leigh	Farrell	Open	Female	42
131	01:45:31	592	Jacqui	Dallimore	Open	Female	42
132	01:46:22	653	Nicola	Honeywill	Open	Female	26
133	01:49:07	706	Ingrid	Newton	Open	Female	37
134	01:49:20	699	Trudi	Miller	Open	Female	53
135	01:49:23	837	Estelle	Gerber	Open	Female	29
136	01:51:42	884	Laura	Krause	Open	Female	55
137	01:51:47	842	Elsje	Cardogo	Open	Female	25
138	01:53:45	676	Cheryl	Le Roux	Open	Female	39
139	01:53:57	596	Nikki	Davies	Open	Female	47
140	01:54:00	791	Bibi-Aisha	Wadvalla	Open	Female	32
141	01:57:05	559	Liz	Anderson	Open	Female	39
142	02:01:41	660	Bianca	Jordaan	Open	Female	24
143	02:04:58	565	Karla	Avenant	Open	Female	27
144	02:06:08	651	Angela	Hobbs	Open	Female	29
145	02:07:38	770	Zandré	Urtel	Open	Female	25
146	02:07:46	769	Marianne	Urtel	Open	Female	51
147	02:13:55	853	Marjorie	Young	Open	Female	41
148	02:17:21	581	Annelize	Buys	Open	Female	49
149	02:20:34	610	Charmaine	Du Plessis	Open	Female	33

Junior Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:56:24	655	Matthew	Hurlow	Junior	Male	17
2	01:04:54	896	Bernhard	Renner	Junior	Male	16
3	01:07:10	599	Antonio	De Brito	Junior	Male	16
4	01:08:40	880	Gustav	Eichstadt	Junior	Male	15
5	01:09:51	634	William	Hall	Junior	Male	15
6	01:20:44	735	Abdul Muhaymien	Salaam	Junior	Male	17
7	02:31:32	865	John	Rugan	Junior	Male	15

Junior Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:57:27	680	Megan	Leslie	Junior	Female	15

2	01:15:15	641	Hannah	Harrison-Saayman	Junior	Female	15
3	02:20:14	864	Amy	Rugan	Junior	Female	16

75	02:23:35	347	Ehrich	Kruger	Veteran	Male	40
76	02:23:38	360	Riaan	Meyer	Veteran	Male	41
77	02:23:59	411	Christopher	Schnehege	Master	Male	60
78	02:24:02	318	Tim	Hadingham	Veteran	Male	41
79	02:24:26	343	Denzil	Kennon	Open	Male	27
80	02:24:39	494	Peter	Magner	Open	Male	27
81	02:24:52	292	Stefan	Dedig	Veteran	Male	40
82	02:24:55	441	Elda	Van dijk	Veteran	Female	42
83	02:25:35	485	Beate	Elbrecht	Open	Female	38
84	02:25:43	323	Ryan	Harrison	Open	Male	35
85	02:26:32	270	Ashley	Braver	Veteran	Male	46
86	02:28:21	307	Anton	Franchi	Open	Male	35
87	02:29:02	390	Andrew	Perrott	Veteran	Male	47
88	02:29:12	488	Leon	van der Merwe	Open	Male	32
89	02:29:39	357	Stephan	Marais	Open	Male	27
90	02:29:57	493	Oscar	Petersen	Veteran	Male	46
91	02:30:49	335	Francois	Janse van Rensburg	Veteran	Male	42
92	02:30:52	370	Cecil	Munch	Master	Male	53
93	02:30:54	371	Zahn	Munch	Master	Female	50
94	02:31:12	362	Eva	Middleton	Veteran	Female	40
95	02:31:28	272	Warren	Bright	Open	Male	20
96	02:31:32	300	Zuki	Dyomfana	Open	Female	26
97	02:31:33	481	Cornelis	Kruger	Open	Male	22
98	02:31:47	353	Gerard	Loedloff	Open	Male	34
99	02:32:05	478	James	Brown	Open	Male	28
100	02:32:07	477	Julia	Goedecke	Veteran	Female	43
101	02:32:08	404	Sabine	Roberts	Open	Female	30
102	02:34:00	334	Jenny	Janisch	Open	Female	37
103	02:34:15	396	Marina	Potgieter	Veteran	Female	42
104	02:34:17	413	Neville	Sharwood	Master	Male	55
105	02:34:25	471	Matthew	Van Eden	Open	Male	26
106	02:34:26	458	Caroline	Watermeyer	Open	Female	20
107	02:34:43	271	Grethe	Bredenkamp	Open	Female	24
108	02:34:50	466	Monwa	Xala	Open	Male	34
109	02:35:03	403	Delyse	Rist	Master	Female	52
110	02:35:36	290	Douglas	Day	Open	Male	35
111	02:35:41	285	Valmy	Craffert	Open	Female	23
112	02:35:43	492	Lorna	Michel	Open	Female	36
113	02:35:45	345	Colin	Koen	Veteran	Male	40
114	02:35:49	288	Heather	Dalton	Open	Female	34
115	02:36:07	294	Herman	Du Plessis	Veteran	Male	42
116	02:36:12	296	Liza	Du Plessis	Veteran	Female	43
117	02:36:29	459	Kate	Watermeyer	Open	Female	31
118	02:36:52	436	Gysbert johannes	Van der westhuizen	Open	Male	29
119	02:38:09	278	Angelo	Casu	Veteran	Male	48
120	02:38:13	445	Marion	Van Lille	Open	Female	28
121	02:38:23	255	Eric	Barthold	Open	Male	24
122	02:38:25	325	Austin	Haynes	Open	Male	30
123	02:38:27	287	Katherine	Daiss	Open	Female	26
124	02:39:20	317	Natalie	Gruzd	Open	Female	32
125	02:39:22	369	Liezl	Muller	Veteran	Female	43
126	02:40:06	286	Andre	Cronje	Veteran	Male	48
127	02:40:48	319	Jacomi	Hanekom	Master	Female	52
128	02:43:09	373	James	Mynhardt	Open	Male	39
129	02:43:14	344	Stephen	Knott	Open	Male	35
130	02:43:19	489	Gus	Venter	Veteran	Male	49
131	02:43:22	269	Shirley	Bosman	Open	Female	36
132	02:43:50	408	Joanne	Sage	Veteran	Female	45
133	02:43:58	273	Jonty	Briner	Open	Male	24
134	02:44:00	386	Wayne	Parsons	Veteran	Male	49
135	02:44:02	419	Tony	Steward	Master	Male	50
136	02:44:07	449	Pieter	Van Niekerk	Open	Male	26
137	02:44:31	251	Mogammad	Abdullatief	Master	Male	50
138	02:44:59	266	Catherine	Boome	Open	Female	38
139	02:45:09	309	Corinne	geldenhuys	Open	Female	38
140	02:45:27	312	Michelle	Glover	Open	Female	21
141	02:45:29	378	Lionel	Nicola	Veteran	Male	48
142	02:45:48	359	Robin	McDonald (Wild Runner)	Master	Male	59
143	02:46:08	364	Marele	Moolman	Open	Female	34
144	02:46:37	297	Martha	Du plessis	Veteran	Female	47
145	02:47:00	467	Robin	Ziehl	Veteran	Male	45
146	02:47:11	433	Deon	van Rhyn	Open	Male	23
147	02:47:27	336	Jacques	Jansen van Rensburg	Open	Male	33
148	02:47:36	452	Erica	Van Rhyn	Master	Female	50
149	02:47:45	281	Chris	Coetzee	Open	Male	37
150	02:47:47	365	Lisa	Moore	Open	Female	24
151	02:49:44	314	Henk	Griessel	Master	Male	52
152	02:50:16	324	Bronwyn	Hastings	Open	Female	28
153	02:50:18	463	Stephanie	Wiid	Open	Female	27
154	02:53:42	356	Elianne	Marais	Open	Female	28
155	02:54:02	421	Alan	Struthers	Veteran	Male	40
156	02:55:09	254	Gerrit	Avenant	Open	Male	28
157	02:56:00	420	Mark	Stokell	Master	Male	53
158	02:56:03	372	Carina	Myburgh	Open	Female	38
159	02:56:34	392	Theoni	Photopoulou	Open	Female	29
160	02:57:11	329	Michelle	Horak	Open	Female	25
161	02:57:37	374	Greg	Nafe	Open	Male	28

162	02:57:39	283	Martine	Cohen	Open	Female	29
163	03:00:33	394	Lee-Anne	Pienaar	Open	Female	37
164	03:02:43	259	Gielie	Beukes	Open	Male	32
165	03:02:45	377	Marguerite	Nel	Open	Female	27
166	03:03:38	311	Di	Gillespie	Master	Female	59
167	03:04:38	428	James	Tunncliffe	Master	Male	52
168	03:06:06	427	Greta	Tunncliffe	Veteran	Female	46
169	03:06:07	401	Michele	Reid	Veteran	Female	48
170	03:11:54	385	Constance	Pansegrouw	Open	Female	32
171	03:15:01	264	Alicia	Bock	Open	Female	30
172	03:15:34	409	Derine	Sandenbergh	Open	Female	31
173	03:15:44	384	Chrisitaan	Pansegrouw	Open	Male	32
174	03:19:31	277	Marie-Louise	Caldwell	Veteran	Female	40
175	03:20:42	399	Klaus	Rau	Open	Male	25
176	03:22:38	464	Pauline	Wilkinson	Open	Female	30
177	03:26:16	429	Hugo	Urtel	Master	Male	51
178	03:26:18	302	Lorica	Elferink	Open	Female	38
179	03:32:45	306	Donna	Fitzsimmons	Open	Female	35
180	03:33:53	280	Vanessa	Clark	Open	Female	39
181	03:34:15	257		Behardien	Open	Female	39
182	03:35:12	327	Imraan	Hoosain	Open	Male	32
183	03:55:02	349	Dianie	Lamprecht	Open	Female	39
184	03:58:13	422	Joy	Sutherland	Master	Female	53
185	03:58:14	417	Christian	Stenslunde	Veteran	Male	45
186	04:04:17	252	Shaheed	Abdullatief	Master	Male	51
187	04:04:24	337	Shahida	Jattiem	Veteran	Female	49
188	04:49:55	430	Saskia	Urtel	Open	Female	22

Open Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:37:30	434	Luther	Van der Mescht	Open	Male	27
2	01:39:54	348	Edward	Iambert	Open	Male	36
3	01:47:34	279	Anthony	Cave	Open	Male	35
4	01:48:41	284	Dewald	Conradie	Open	Male	33
5	01:51:06	486	Brendon	Leask	Open	Male	30
6	01:52:13	482	Daniel	Robinson	Open	Male	33
7	01:54:09	444		Van Lierop	Open	Male	38
8	01:55:24	330	Eddie	Horn	Open	Male	28
9	01:58:05	475	Michael	Gombart	Open	Male	26
10	01:59:28	388	Darryn	Patterson	Open	Male	28
11	01:59:33	333	Andrew	Hyland	Open	Male	29
12	02:00:26	268	Carel	Bosch	Open	Male	25
13	02:01:25	425	Jonathan	Sydow	Open	Male	34
14	02:03:33	453	Dirk	Van Vlaanderen	Open	Male	34
15	02:06:16	402	Adam	Ricketts	Open	Male	33
16	02:06:46	479	Nick	Calothi	Open	Male	38
17	02:06:48	442	Jan Willem	Van Huyssteen	Open	Male	34
18	02:07:31	451	Werner	Van Rensburg	Open	Male	28
19	02:07:37	363	Samuel	Mohr	Open	Male	32
20	02:07:38	462	Francis	Wheeler	Open	Male	36
21	02:10:53	446	Giel	Van Megen	Open	Male	24
22	02:11:36	328	Zaheer	Hoosain	Open	Male	29
23	02:13:48	276	Brendan	Buzer	Open	Male	24
24	02:15:00	289	Wilhelm	Dannheimer	Open	Male	27
25	02:15:13	361	Nat	Mickle	Open	Male	30
26	02:15:52	321	Joakim	Hansi Blackadder	Open	Male	30
27	02:16:13	332	Willem	Human	Open	Male	29
28	02:16:40	491	Doran	Schoeman	Open	Male	32
29	02:17:31	267	Selborne	Boome	Open	Male	38
30	02:18:15	454	Karel	Verhoeven	Open	Male	23
31	02:18:19	460	Francois	Wessels	Open	Male	28
32	02:18:23	495	Charl	Van Niekerk	Open	Male	21
33	02:20:11	301	Morne	Edas	Open	Male	37
34	02:20:23	295	Jean	Du Plessis	Open	Male	29
35	02:20:37	483	Deon	Bruwer	Open	Male	38
36	02:21:00	367	Cobus	Muller	Open	Male	23
37	02:22:27	331	Sven	Hugo	Open	Male	27
38	02:24:26	343	Denzil	Kenon	Open	Male	27
39	02:24:39	494	Peter	Magner	Open	Male	27
40	02:25:43	323	Ryan	Harrison	Open	Male	35
41	02:28:21	307	Anton	Franchi	Open	Male	35
42	02:29:12	488	Leon	van der Merwe	Open	Male	32
43	02:29:39	357	Stephan	Marais	Open	Male	27
44	02:31:28	272	Warren	Bright	Open	Male	20
45	02:31:33	481	Cornelis	Kruger	Open	Male	22
46	02:31:47	353	Gerard	Loedolff	Open	Male	34
47	02:32:05	478	James	Brown	Open	Male	28
48	02:34:25	471	Matthew	Van Eden	Open	Male	26
49	02:34:50	466	Monwa	Xala	Open	Male	34
50	02:35:36	290	Douglas	Day	Open	Male	35
51	02:36:52	436	Gysbert johannes	Van der westhuizen	Open	Male	29
52	02:38:23	255	Eric	Barthold	Open	Male	24
53	02:38:25	325	Austin	Haynes	Open	Male	30
54	02:43:09	373	James	Mynhardt	Open	Male	39
55	02:43:14	344	Stephen	Knott	Open	Male	35
56	02:43:58	273	Jonty	Briner	Open	Male	24
57	02:44:07	449	Pieter	Van Niekerk	Open	Male	26
58	02:47:11	433	Deon	van Rhyn	Open	Male	23
59	02:47:27	336	Jacques	Jansen van Rensburg	Open	Male	33
60	02:47:45	281	Chris	Coetzee	Open	Male	37
61	02:55:09	254	Gerrit	Avenant	Open	Male	28
62	02:57:37	374	Greg	Nafe	Open	Male	28
63	03:02:43	259	Gielie	Beukes	Open	Male	32
64	03:15:44	384	Chrisitaan	Pansegrouw	Open	Male	32
65	03:20:42	399	Klaus	Rau	Open	Male	25
66	03:35:12	327	Imraan	Hoosain	Open	Male	32

Open Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:45:06	438	Liandi	Van der Westhuyzen	Open	Female	29
2	01:54:15	274	Beulah	Buitendag	Open	Female	22
3	01:55:32	398	Matilda	Randle	Open	Female	21
4	02:00:16	461	Marié	Wessels	Open	Female	30
5	02:01:11	368	Helene	Muller	Open	Female	21
6	02:04:58	487	Natalie	Ballantine	Open	Female	20
7	02:11:09	450	Tamsyn	Van Rensburg	Open	Female	26
8	02:13:50	435	Tricia	Van der Mescht	Open	Female	30
9	02:14:03	355	Jodi	Lord	Open	Female	31
10	02:14:58	351	Uta	Lehmann	Open	Female	31
11	02:16:32	456	Megan	Wade	Open	Female	18
12	02:19:44	416	Bronwyn	Smith	Open	Female	38
13	02:20:52	455	Suzanne	Verster	Open	Female	30
14	02:20:53	457	Chrizelda	Walters	Open	Female	36
15	02:21:57	308	Claudia	Freeman	Open	Female	36
16	02:22:29	465	Peta	Wills	Open	Female	32
17	02:22:32	383	Natalia	Ongers	Open	Female	28
18	02:25:35	485	Beate	Elbrecht	Open	Female	38
19	02:31:32	300	Zuki	Dyomfana	Open	Female	26
20	02:32:08	404	Sabine	Roberts	Open	Female	30
21	02:34:00	334	Jenny	Janisch	Open	Female	37
22	02:34:26	458	Caroline	Watermeyer	Open	Female	20
23	02:34:43	271	Grethe	Bredenkamp	Open	Female	24
24	02:35:41	285	Valmy	Craffert	Open	Female	23
25	02:35:43	492	Lorna	Michel	Open	Female	36
26	02:35:49	288	Heather	Dalton	Open	Female	34
27	02:36:29	459	Kate	Watermeyer	Open	Female	31
28	02:38:13	445	Marion	Van Lille	Open	Female	28
29	02:38:27	287	Katherine	Daiss	Open	Female	26
30	02:39:20	317	Natalie	Gruzd	Open	Female	32
31	02:43:22	269	Shirley	Bosman	Open	Female	36
32	02:44:59	266	Catherine	Boome	Open	Female	38
33	02:45:09	309	Corinne	geldenhuis	Open	Female	38
34	02:45:27	312	Michelle	Glover	Open	Female	21
35	02:46:08	364	Marele	Moolman	Open	Female	34
36	02:47:47	365	Lisa	Moore	Open	Female	24
37	02:50:16	324	Bronwyn	Hastings	Open	Female	28
38	02:50:18	463	Stephanie	Wiid	Open	Female	27
39	02:53:42	356	Elianne	Marais	Open	Female	28
40	02:56:03	372	Carina	Myburgh	Open	Female	38
41	02:56:34	392	Theoni	Photopoulou	Open	Female	29
42	02:57:11	329	Michelle	Horak	Open	Female	25
43	02:57:39	283	Martine	Cohen	Open	Female	29
44	03:00:33	394	Lee-Anne	Pienaar	Open	Female	37
45	03:02:45	377	Marguerite	Nel	Open	Female	27
46	03:11:54	385	Constance	Pansegrouw	Open	Female	32
47	03:15:01	264	Alicia	Bock	Open	Female	30
48	03:15:34	409	Derine	Sandenbergh	Open	Female	31
49	03:22:38	464	Pauline	Wilkinson	Open	Female	30
50	03:26:18	302	Lorica	Elferink	Open	Female	38
51	03:32:45	306	Donna	Fitzsimmons	Open	Female	35
52	03:33:53	280	Vanessa	Clark	Open	Female	39
53	03:34:15	257		Behardien	Open	Female	39
54	03:55:02	349	Dianie	Lamprecht	Open	Female	39
55	04:49:55	430	Saskia	Urtel	Open	Female	22

Veteran Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:31:36	313	Chad	Gordon	Veteran	Male	42
2	01:44:09	358	Grant	Marcus	Veteran	Male	40
3	02:01:39	382	Dean	Ollis	Veteran	Male	40
4	02:01:49	380	Ivor	Norval	Veteran	Male	47
5	02:06:41	322	Dale	Harrison	Veteran	Male	44
6	02:08:16	426	Simon	Taylor	Veteran	Male	49
7	02:10:00	299	Etienne	Du toit	Veteran	Male	47
8	02:13:15	470	Mark	Hall	Veteran	Male	47
9	02:14:09	490	Herman	van der Werf	Veteran	Male	41
10	02:19:29	443	Anton	Van Lierop	Veteran	Male	43
11	02:23:35	347	Ehrich	Kruger	Veteran	Male	40
12	02:23:38	360	Riaan	Meyer	Veteran	Male	41
13	02:24:02	318	Tim	Hadingham	Veteran	Male	41
14	02:24:52	292	Stefan	Dedig	Veteran	Male	40
15	02:26:32	270	Ashley	Braver	Veteran	Male	46
16	02:29:02	390	Andrew	Perrott	Veteran	Male	47
17	02:29:57	493	Oscar	Petersen	Veteran	Male	46
18	02:30:49	335	Francois	Janse van Rensburg	Veteran	Male	42
19	02:35:45	345	Colin	Koen	Veteran	Male	40
20	02:36:07	294	Herman	Du Plessis	Veteran	Male	42
21	02:38:09	278	Angelo	Casu	Veteran	Male	48
22	02:40:06	286	Andre	Cronje	Veteran	Male	48
23	02:43:19	489	Gus	Venter	Veteran	Male	49
24	02:44:00	386	Wayne	Parsons	Veteran	Male	49
25	02:45:29	378	Lionel	Nicola	Veteran	Male	48
26	02:47:00	467	Robin	Ziehl	Veteran	Male	45
27	02:54:02	421	Alan	Struthers	Veteran	Male	40
28	03:58:14	417	Christian	Stenslunde	Veteran	Male	45

Veteran Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:15:06	340	Leonie	Joubert	Veteran	Female	41
2	02:21:58	375	Carla	Nel	Veteran	Female	40
3	02:24:55	441	Elda	Van dijk	Veteran	Female	42
4	02:31:12	362	Eva	Middleton	Veteran	Female	40
5	02:32:07	477	Julia	Goedecke	Veteran	Female	43
6	02:34:15	396	Marina	Potgieter	Veteran	Female	42
7	02:36:12	296	Liza	Du Plessis	Veteran	Female	43
8	02:39:22	369	Liezl	Muller	Veteran	Female	43
9	02:43:50	408	Joanne	Sage	Veteran	Female	45
10	02:46:37	297	Martha	Du plessis	Veteran	Female	47
11	03:06:06	427	Greta	Tunncliffe	Veteran	Female	46
12	03:06:07	401	Michele	Reid	Veteran	Female	48
13	03:19:31	277	Marie-Louise	Caldwell	Veteran	Female	40
14	04:04:24	337	Shahida	Jattiem	Veteran	Female	49

Master Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:48:10	472	Neil	Hermann	Master	Male	55
2	02:02:52	342	Paul	Keet	Master	Male	51
3	02:07:26	305	Stephen	Fitz patrick	Master	Male	50
4	02:12:26	320	Wikus	Hanekom	Master	Male	54
5	02:15:11	407	Allan	Ryninks (Wild Runner)	Master	Male	56
6	02:17:29	484	Brian	Super	Master	Male	56
7	02:22:47	303	Leon	Erwee	Master	Male	60
8	02:23:59	411	Christopher	Schnehage	Master	Male	60
9	02:30:52	370	Cecil	Munch	Master	Male	53
10	02:34:17	413	Neville	Sharwood	Master	Male	55
11	02:44:02	419	Tony	Steward	Master	Male	50
12	02:44:31	251	Mogammad	Abdullatief	Master	Male	50
13	02:45:48	359	Robin	McDonald (Wild Runner)	Master	Male	59
14	02:49:44	314	Henk	Griessel	Master	Male	52
15	02:56:00	420	Mark	Stokell	Master	Male	53
16	03:04:38	428	James	Tunncliffe	Master	Male	52
17	03:26:16	429	Hugo	Urtel	Master	Male	51
18	04:04:17	252	Shaheed	Abdullatief	Master	Male	51

Master Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:21:53	341	Janet	Keet	Master	Female	51
2	02:30:54	371	Zahn	Munch	Master	Female	50
3	02:35:03	403	Delyse	Rist	Master	Female	52
4	02:40:48	319	Jacomi	Hanekom	Master	Female	52
5	02:47:36	452	Erica	Van Rhyn	Master	Female	50
6	03:03:38	311	Di	Gillespie	Master	Female	59
7	03:58:13	422	Joy	Sutherland	Master	Female	53

64	05:16:54	83	Marcel	Joubert	Veteran	Male	49
65	05:17:06	176	Gustav	Wiid	Open	Male	21
66	05:18:23	177	Kannas	Wiid	Open	Male	31
67	05:18:51	187	Heidi	Rohr	Open	Female	32
68	05:22:12	13	Giovanni	Bixa	Open	Male	30
69	05:22:54	3	Schalk	Albertyn	Open	Male	36
70	05:23:55	88	Arno	Kotze	Open	Male	37
71	05:24:47	121	Jann	Penfold	Open	Female	36
72	05:32:34	34	Tania	D'Aguiar	Open	Female	38
73	05:32:35	133	George	Robertson	Open	Male	37
74	05:33:29	165	Paul	Van Heerden	Veteran	Male	48
75	05:33:33	71	Kyle	Hodgson	Open	Male	26
76	05:34:00	91	Junita Vandeline	Kruger	Veteran	Female	40
77	05:35:20	32	Matthew	Cooke	Open	Male	37
78	05:36:57	160	Brink	Van der Merwe	Veteran	Male	47
79	05:37:45	58	Ant	Gear	Veteran	Male	41
80	05:38:58	81	Roy	Janse van Rensburg	Master	Male	50
81	05:38:59	8	Jolande	Baker Effendi	Veteran	Female	41
82	05:39:01	107	Steve	Mendes	Open	Male	36
83	05:40:50	43	Barry	Doyle	Open	Male	20
84	05:41:31	45	Jacques	Du Toit	Veteran	Male	40
85	05:41:33	25	Charles	Cherry	Veteran	Male	44
86	05:42:19	29	Jason	Coetzee	Open	Male	39
87	05:42:39	199	Andre	Nortje	Master	Male	52
88	05:46:54	44	Jacques	Du Preez	Open	Male	33
89	05:47:44	49	Susan	Eksteen	Open	Female	36
90	05:51:56	82	Retief	Jordaan	Master	Male	66
91	05:52:06	80	Jako	Janse van Rensburg	Open	Male	29
92	05:52:52	37	Carlos	De Jesus	Open	Male	30
93	05:53:10	114	Andre	Olivier	Open	Male	24
94	05:58:59	204	Klaus	Kassel	Master	Male	62
95	06:01:47	164	Johan	Van Heerden	Veteran	Male	42
96	06:01:50	26	Stephanie	Cherry	Veteran	Female	43
97	06:05:35	128	Zandre	Raath	Open	Male	29
98	06:05:41	127	Marilize	Raath	Open	Female	28
99	06:06:16	74	Angela	Holderness	Open	Female	34
100	06:07:03	53	Warrick	Ferrar	Open	Male	22
101	06:12:25	194	Richard	Cherry	Veteran	Male	41
102	06:12:28	200	Charlotte	Andrag	Open	Female	36
103	06:17:29	201	Gareth	Turnbull	Open	Male	39
104	06:24:04	40	Martin	Denkhaus	Master	Male	55
105	06:24:59	156	Chris	Underwood	Open	Male	22
106	06:25:11	99	Andre	Louw	Open	Male	25
107	06:25:12	173	Tim	Wade	Veteran	Male	49
108	06:32:04	68	David	hall	Veteran	Male	47
109	06:41:14	198	Jaco	Swart	Open	Male	33
110	06:47:02	181	Elzanne	Wolmarans	Open	Female	25
111	06:50:22	72	Kobus	Hoek	Open	Male	33
112	06:51:36	196	Andre	Oosthuizen	Open	Male	28
113	06:51:45	21	Sergio	Cardoso	Open	Male	30
114	06:52:52	139	Karlien	Scholtz	Veteran	Female	40
115	06:57:57	86	Nicholas	Kohne	Open	Male	35
116	07:00:19	117	Frances	Orzechowski	Master	Female	52
117	07:00:41	94	Charl	Le Roux	Open	Male	35
118	07:41:12	105	Ian	Martincich	Open	Male	33
119	07:41:13	56	Raymond	Ford	Open	Male	34
120	07:41:13	63	Daleen	Grobler	Master	Female	57
121	07:41:15	23	Hayley	Cawthra	Open	Female	30
122	07:58:03	75	Heila	Holtzhausen	Open	Female	38
123	07:58:03	119	Sue	Parker-Smith	Veteran	Female	49
124	08:01:02	190	Thibauld	Vibert	Veteran	Male	43
125	08:30:00	57	Deodi	Fourie	Open	Female	28
126	09:01:32	132	Arij	Rijnsburger	Veteran	Male	49
127	09:01:32	77	Drikus	Immink	Master	Male	51
128	09:03:39	195	Erica	Goedhals	Veteran	Female	45

Open Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:58:26	116	Duncan	O'Regan	Open	Male	25
2	03:16:42	178	Dom	Wills (Wild Runner)	Open	Male	32
3	03:24:28	92	Edson	Kumwamba	Open	Male	31
4	03:27:05	182	Brett	Wood	Open	Male	32
5	03:27:15	129	Bernard	Rakadza	Open	Male	36
6	03:30:11	185	Dylan	Solms	Open	Male	20
7	03:30:24	148	Franz-Erich	Streicher	Open	Male	25
8	03:30:51	51	Ake	Fagereng	Open	Male	31
9	03:32:35	171	Vernon	Visser	Open	Male	31
10	03:35:33	98	Oliver	Linley	Open	Male	19
11	03:49:03	35	Stephen	Davis	Open	Male	38
12	03:50:08	191	Maghiel	van Dorssen	Open	Male	36
13	03:51:00	89	Rick	Kotze	Open	Male	23
14	03:51:37	5	Scott	Atkinson	Open	Male	31
15	03:57:31	192	Daemon	McClunan	Open	Male	28
16	03:59:43	73	Tim	Hoek	Open	Male	29
17	04:04:05	168	Reinhardt	Venter	Open	Male	22
18	04:13:24	153	Sebastian	Thompson	Open	Male	23
19	04:15:43	115	Hubert	Olivier	Open	Male	34
20	04:18:26	189	Andrew	McBride	Open	Male	38
21	04:19:27	170	Mark	Vernon	Open	Male	25
22	04:22:44	179	Nicholas	Wiltshire	Open	Male	35
23	04:26:01	33	Stephen	Cunliffe	Open	Male	37
24	04:30:24	93	Jacobus	Lacock	Open	Male	34
25	04:36:56	38	Petrus	De Klerk	Open	Male	31
26	04:38:02	101	Nicholas	Lykiardopoulos	Open	Male	28
27	04:38:10	9	Nicolas	Balcomb	Open	Male	31
28	04:39:16	174	Johan	Wahl	Open	Male	23
29	04:41:57	18	Rae	Tre-Browne	Open	Male	29
30	04:49:05	17	Bertus	Bresler	Open	Male	38
31	04:49:31	44	Jacques	Du Preez	Open	Male	33
32	04:54:37	28	Devon	Coetzee	Open	Male	22
33	04:54:48	84	Conrad	Kemp	Open	Male	34
34	04:55:29	2	Charles	Abermethy	Open	Male	25
35	04:59:53	159	Corné	Van Daalen	Open	Male	35
36	05:00:11	143	Wessel	Smalberger	Open	Male	23
37	05:09:02	203	Shaun	Starck	Open	Male	28
38	05:10:40	134	Christiaan	Roux	Open	Male	29
39	05:11:20	90	Wiaan	Kriel	Open	Male	28
40	05:15:31	158	Hennie	Van Breda	Open	Male	34
41	05:17:06	176	Gustav	Wiid	Open	Male	21
42	05:18:23	177	Kannas	Wiid	Open	Male	31
43	05:22:12	13	Giovanni	Bixa	Open	Male	30
44	05:22:54	3	Schalk	Albertyn	Open	Male	36
45	05:23:55	88	Arno	Kotze	Open	Male	37
46	05:32:35	133	George	Robertson	Open	Male	37
47	05:33:33	71	Kyle	Hodgson	Open	Male	26
48	05:35:20	32	Matthew	Cooke	Open	Male	37
49	05:39:01	107	Steve	Mendes	Open	Male	36
50	05:40:50	43	Barry	Doyle	Open	Male	20
51	05:42:19	29	Jason	Coetzee	Open	Male	39
52	05:46:54	44	Jacques	Du Preez	Open	Male	33
53	05:52:06	80	Jako	Janse van Rensburg	Open	Male	29
54	05:52:52	37	Carlos	De Jesus	Open	Male	30
55	05:53:10	114	Andre	Olivier	Open	Male	24
56	06:05:35	128	Zandre	Raath	Open	Male	29
57	06:07:03	53	Warrick	Ferrar	Open	Male	22
58	06:17:29	201	Gareth	Turnbull	Open	Male	39
59	06:24:59	156	Chris	Underwood	Open	Male	22
60	06:25:11	99	Andre	Louw	Open	Male	25
61	06:41:14	198	Jaco	Swart	Open	Male	33
62	06:50:22	72	Kobus	Hoek	Open	Male	33
63	06:51:36	196	Andre	Oosthuizen	Open	Male	28
64	06:51:45	21	Sergio	Cardoso	Open	Male	30
65	06:57:57	86	Nicholas	Kohne	Open	Male	35
66	07:00:41	94	Charl	Le Roux	Open	Male	35
67	07:41:12	105	Ian	Martincich	Open	Male	33
68	07:41:13	56	Raymond	Ford	Open	Male	34

Open Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:35:56	144	Katya	Soggot	Open	Female	37
2	04:04:41	52	Robyn	Ferrar	Open	Female	38
3	04:26:43	55	Vanessa	Fisher	Open	Female	39

4	04:44:03	66	Mags	Haacke	Open	Female	32
5	05:02:09	188	Christy	Smith	Open	Female	34
6	05:05:35	27	Nerisa	Coelho	Open	Female	33
7	05:18:51	187	Heidi	Rohr	Open	Female	32
8	05:24:47	121	Jann	Penfold	Open	Female	36
9	05:32:34	34	Tania	D'Aguiar	Open	Female	38
10	05:47:44	49	Susan	Eksteen	Open	Female	36
11	06:05:41	127	Marilize	Raath	Open	Female	28
12	06:06:16	74	Angela	Holderness	Open	Female	34
13	06:12:28	200	Charlotte	Andrag	Open	Female	36
14	06:47:02	181	Elzanne	Wolmarans	Open	Female	25
15	07:41:15	23	Hayley	Cawthra	Open	Female	30
16	07:58:03	75	Heila	Holtzhausen	Open	Female	38
17	08:30:00	57	Deodi	Fourie	Open	Female	28

Veteran Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:32:04	108	Dion	Middelkoop	Veteran	Male	44
2	03:47:05	30	Philip	Collier	Veteran	Male	42
3	04:01:07	146	Luc	Steens	Veteran	Male	45
4	04:05:56	193	Koji	Nakashima	Veteran	Male	41
5	04:07:55	6	Derrick	Baard	Veteran	Male	43
6	04:16:44	7	Keith	Bain	Veteran	Male	41
7	04:17:47	111	Eduan	Naudé	Veteran	Male	41
8	04:30:22	155	Alberto	Tombini	Veteran	Male	40
9	04:45:01	42	Dirk	Diemont	Veteran	Male	46
10	05:05:36	41	Danny	Denolf	Veteran	Male	49
11	05:16:54	83	Marcel	Joubert	Veteran	Male	49
12	05:33:29	165	Paul	Van Heerden	Veteran	Male	48
13	05:36:57	160	Brink	Van der Merwe	Veteran	Male	47
14	05:37:45	58	Ant	Geard	Veteran	Male	41
15	05:41:31	45	Jacques	Du Toit	Veteran	Male	40
16	05:41:33	25	Charles	Cherry	Veteran	Male	44
17	06:01:47	164	Johan	Van Heerden	Veteran	Male	42
18	06:12:25	194	Richard	Cherry	Veteran	Male	41
19	06:25:12	173	Tim	Wade	Veteran	Male	49
20	06:32:04	68	David	hall	Veteran	Male	47
21	08:01:02	190	Thibauld	Vibert	Veteran	Male	43
22	09:01:32	132	Arij	Rijnsburger	Veteran	Male	49

Veteran Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:34:35	10	Caroline	Balkwill	Veteran	Female	40
2	05:10:26	112	Charlotte	Noble	Veteran	Female	48
3	05:12:13	140	Liza	Serfontein	Veteran	Female	42
4	05:34:00	91	Junita Vandeline	Kruger	Veteran	Female	40
5	05:38:59	8	Jolande	Baker Effendi	Veteran	Female	41
6	06:01:50	26	Stephanie	Cherry	Veteran	Female	43
7	06:52:52	139	Karlien	Scholtz	Veteran	Female	40
8	07:58:03	119	Sue	Parker-Smith	Veteran	Female	49
9	09:03:39	195	Erica	Goedhals	Veteran	Female	45

Master Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:08:39	97	Ludwig	Lillie	Master	Male	53
2	04:11:30	197	Patrick	Hendriks	Master	Male	62
3	04:46:43	150	Johan	Swart	Master	Male	50
4	04:55:01	47	Storm	Durr	Master	Male	55
5	05:38:58	81	Roy	Janse van Rensburg	Master	Male	50
6	05:42:39	199	Andre	Nortje	Master	Male	52
7	05:51:56	82	Retief	Jordaan	Master	Male	66
8	05:58:59	204	Klaus	Kassel	Master	Male	62
9	06:24:04	40	Martin	Denkhaus	Master	Male	55
10	09:01:32	77	Drikus	Immink	Master	Male	51

Master Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	07:00:19	117	Frances	Orzechowski	Master	Female	52