



# Jonkershoek Mountain Challenge 2015 38km



## Overall

| Position | Time     | Batch | Race # | Name       | Surname      | Category | Sex    | Age |
|----------|----------|-------|--------|------------|--------------|----------|--------|-----|
| 1        | 03:27:33 | A     | 91     | Bernard    | Rukadza      | Senior   | Male   | 33  |
| 2        | 03:40:16 | A     | 92     | Nicholas   | Rupanga      | Veteran  | Male   | 40  |
| 3        | 03:46:29 | A     | 19     | Chad       | Gordon       | Veteran  | Male   | 45  |
| 4        | 03:46:44 | A     | 2      | Julian     | Atkinson     | Senior   | Male   | 22  |
| 5        | 03:58:53 | A     | 40     | Martin     | Kleynhans    | Senior   | Male   | 37  |
| 6        | 04:07:07 | A     | 21     | Andrew     | Hagen        | Senior   | Male   | 31  |
| 7        | 04:07:58 | A     | 47     | Dion       | Middelkoop   | Veteran  | Male   | 45  |
| 8        | 04:09:04 | B     | 162    | David      | Pearce       | Senior   | Male   | 22  |
| 9        | 04:09:06 | A     | 50     | Roelof     | Mostert      | Senior   | Male   | 30  |
| 10       | 04:09:33 | A     | 14     | Prieur     | Du Plessis   | Senior   | Male   | 30  |
| 11       | 04:09:42 | A     | 1      | Lucas      | Adams        | Senior   | Male   | 26  |
| 12       | 04:10:46 | A     | 25     | Hermanus   | Henning      | Senior   | Male   | 30  |
| 13       | 04:12:22 | B     | 186    | Jethro     | Thomas       | Senior   | Male   | 22  |
| 14       | 04:13:14 | A     | 76     | Hannes     | Van Rensburg | Senior   | Male   | 34  |
| 15       | 04:13:27 | A     | 65     | Dylan      | Solms        | Senior   | Male   | 21  |
| 16       | 04:19:35 | A     | 30     | Katya      | Soggot       | Senior   | Female | 38  |
| 17       | 04:20:27 | A     | 85     | Ivor       | Wright       | Senior   | Male   | 30  |
| 18       | 04:20:35 | A     | 83     | Damian     | Will         | Senior   | Male   | 28  |
| 19       | 04:20:37 | A     | 84     | Ryan       | Winter       | Senior   | Male   | 37  |
| 20       | 04:21:20 | A     | 75     | Cobus      | Van den Berg | Veteran  | Male   | 46  |
| 21       | 04:23:53 | A     | 77     | Andre-Hugo | van Zyl      | Senior   | Male   | 27  |
| 22       | 04:25:44 | A     | 78     | Dawid      | Visser       | Senior   | Male   | 35  |
| 23       | 04:29:26 | A     | 33     | Pieter     | Jordaan      | Senior   | Male   | 25  |
| 24       | 04:30:36 | A     | 72     | Sebastian  | Thompson     | Senior   | Male   | 24  |
| 25       | 04:33:13 | A     | 79     | Stefan     | Wahl         | Senior   | Male   | 21  |
| 26       | 04:33:53 | A     | 15     | Ryan       | Eichstadt    | Senior   | Male   | 28  |
| 27       | 04:34:33 | A     | 5      | Stuart     | Berry        | Senior   | Male   | 36  |
| 28       | 04:34:34 | A     | 26     | Michael    | Hodgson      | Senior   | Male   | 32  |
| 29       | 04:34:52 | A     | 12     | Cornel     | De Jongh     | Senior   | Male   | 32  |
| 30       | 04:35:09 | A     | 51     | Ronel      | Natrass      | Senior   | Female | 32  |
| 31       | 04:35:13 | A     | 18     | Kevin      | Flanagan     | Senior   | Male   | 31  |
| 32       | 04:36:16 | A     | 52     | Minette    | Naude        | Senior   | Female | 29  |
| 33       | 04:38:26 | B     | 154    | Ryan-Neal  | Mes          | Senior   | Male   | 30  |
| 34       | 04:43:34 | A     | 49     | Conrad     | Moolman      | Senior   | Male   | 37  |
| 35       | 04:44:26 | A     | 27     | Jamie      | Holtzhausen  | Senior   | Male   | 31  |
| 36       | 04:45:33 | B     | 134    | Nicholas   | Hoernle      | Senior   | Male   | 23  |
| 37       | 04:46:17 | A     | 44     | Samuel     | Luqongo      | Senior   | Male   | 31  |
| 38       | 04:46:24 | B     | 170    | James      | Robertson    | Veteran  | Male   | 47  |
| 39       | 04:46:39 | A     | 81     | Pieter     | Wessels      | Senior   | Male   | 25  |
| 40       | 04:46:41 | A     | 43     | Caitlin    | Lewis        | Veteran  | Female | 46  |
| 41       | 04:47:40 | A     | 62     | Sylvie     | Scherzinger  | Veteran  | Female | 43  |
| 42       | 04:49:36 | A     | 23     | Kevin      | Harris       | Senior   | Male   | 37  |
| 43       | 04:49:37 | C     | 210    | Armand     | Du Plessis   | Senior   | Male   | 35  |
| 44       | 04:50:14 | A     | 56     | Justin     | Opitz        | Senior   | Male   | 32  |
| 45       | 04:50:48 | A     | 10     | Kyle       | Cottle       | Senior   | Male   | 26  |
| 46       | 04:54:18 | A     | 60     | Sandy      | Russell      | Senior   | Female | 37  |
| 47       | 04:55:10 | A     | 17     | Jamie      | Fensham      | Senior   | Male   | 20  |
| 48       | 04:56:13 | B     | 174    | Daniel     | Schilperoort | Senior   | Male   | 24  |
| 49       | 04:58:37 | A     | 90     | Neil       | Hermann      | Master   | Male   | 56  |
| 50       | 04:59:50 | C     | 226    | Wayne      | Smith        | Veteran  | Male   | 49  |
| 51       | 05:00:58 | A     | 55     | Christoph  | Oellermann   | Senior   | Male   | 20  |
| 52       | 05:05:44 | A     | 70     | David      | Steven       | Veteran  | Male   | 44  |
| 53       | 05:07:25 | B     | 117    | Desmond    | Deary        | Senior   | Male   | 35  |
| 54       | 05:07:28 | B     | 200    | Theo       | York         | Senior   | Male   | 24  |
| 55       | 05:07:30 | B     | 111    | Ryan       | Cloete       | Senior   | Male   | 23  |
| 56       | 05:07:46 | B     | 123    | David      | Farrell      | Master   | Male   | 50  |
| 57       | 05:10:01 | A     | 48     | Mark       | Middleton    | Veteran  | Male   | 44  |
| 58       | 05:10:41 | B     | 158    | Eduan      | Naudé        | Veteran  | Male   | 42  |
| 59       | 05:11:56 | A     | 67     | Murray     | Starr        | Senior   | Male   | 19  |
| 60       | 05:11:57 | A     | 87     | William    | Battersby    | Senior   | Male   | 37  |
| 61       | 05:12:53 | B     | 166    | Richard    | Phillips     | Senior   | Male   | 34  |
| 62       | 05:13:32 | B     | 112    | Devon      | Coetzee      | Senior   | Male   | 23  |
| 63       | 05:13:47 | A     | 36     | Mark       | Kavanagh     | Veteran  | Male   | 40  |
| 64       | 05:15:03 | A     | 32     | Charles    | Jenkin       | Veteran  | Male   | 40  |
| 65       | 05:15:50 | A     | 61     | Allan      | Ryninks      | Master   | Male   | 57  |
| 66       | 05:16:01 | C     | 201    | Jose Luis  | Aleixandre   | Senior   | Male   | 32  |
| 67       | 05:17:03 | B     | 129    | Clayten    | Gouws        | Senior   | Male   | 29  |
| 68       | 05:17:38 | A     | 64     | Rezani     | Scholtz      | Veteran  | Female | 41  |
| 69       | 05:19:10 | C     | 237    | Blake      | Lee          | Senior   | Male   | 29  |
| 70       | 05:21:47 | C     | 232    | Greg       | Walsh        | Senior   | Male   | 39  |

|     |          |   |     |            |               |         |        |    |
|-----|----------|---|-----|------------|---------------|---------|--------|----|
| 71  | 05:23:48 | B | 182 | Alex       | Stewart       | Veteran | Male   | 41 |
| 72  | 05:24:52 | B | 161 | Robin      | Parfett       | Veteran | Male   | 45 |
| 73  | 05:24:53 | B | 164 | Greg       | Perks         | Veteran | Male   | 43 |
| 74  | 05:25:07 | C | 247 | Alana      | Doyle         | Senior  | Female | 29 |
| 75  | 05:26:43 | B | 101 | CHARLES    | ABERNETHY     | Senior  | Male   | 26 |
| 76  | 05:27:07 | B | 124 | Rob        | Fellowes      | Senior  | Male   | 31 |
| 77  | 05:28:56 | A | 63  | Stefan     | Schneider     | Senior  | Male   | 23 |
| 78  | 05:29:30 | A | 59  | Maxine     | Reilly        | Master  | Female | 53 |
| 79  | 05:32:39 | B | 135 | Zaheer     | Hoosain       | Senior  | Male   | 30 |
| 80  | 05:33:05 | A | 24  | Nell       | Harris        | Senior  | Female | 37 |
| 81  | 05:33:08 | A | 4   | Richard    | Ayres         | Veteran | Male   | 47 |
| 82  | 05:33:31 | B | 194 | Willemien  | Van Zyl       | Senior  | Female | 27 |
| 83  | 05:34:39 | B | 196 | Eddie      | Vienings      | Veteran | Male   | 40 |
| 84  | 05:35:29 | B | 160 | Grant      | Oliver        | Master  | Male   | 55 |
| 85  | 05:35:30 | B | 133 | Michael    | Hathorn       | Senior  | Male   | 24 |
| 86  | 05:38:58 | B | 125 | Anton      | Franchi       | Senior  | Male   | 36 |
| 87  | 05:42:18 | C | 252 | Lourens    | Nordier       | Master  | Male   | 59 |
| 88  | 05:42:19 | B | 185 | Christi    | Thirion       | Senior  | Male   | 33 |
| 89  | 05:44:12 | B | 114 | Herman     | Crause        | Veteran | Male   | 44 |
| 90  | 05:44:14 | B | 188 | Quintin    | Van Dyk       | Senior  | Male   | 32 |
| 91  | 05:45:47 | B | 155 | Cecilia    | Muller        | Senior  | Female | 38 |
| 92  | 05:46:51 | A | 38  | John       | Kennedy       | Senior  | Male   | 38 |
| 93  | 05:47:25 | A | 11  | Ryan       | Crossman      | Veteran | Male   | 41 |
| 94  | 05:49:20 | B | 127 | Chris      | Goodwin       | Veteran | Male   | 48 |
| 95  | 05:49:30 | B | 104 | David      | Black         | Senior  | Male   | 28 |
| 96  | 05:49:39 | B | 190 | Jan willem | Van Huyssteen | Senior  | Male   | 35 |
| 97  | 05:50:14 | B | 105 | Adriette   | Booyesen      | Senior  | Female | 38 |
| 98  | 05:50:32 | C | 239 | Jacques    | Nel           | Senior  | Male   | 38 |
| 99  | 05:50:38 | B | 184 | Johan      | Swart         | Master  | Male   | 51 |
| 100 | 05:52:56 | B | 151 | Gavin      | Memper        | Senior  | Male   | 33 |
| 101 | 05:55:07 | A | 54  | Charlotte  | Noble         | Veteran | Female | 49 |
| 102 | 05:56:44 | B | 13  | Coriaan    | De Villiers   | Veteran | Female | 43 |
| 103 | 05:57:20 | B | 171 | Jaco       | Roux          | Senior  | Male   | 34 |
| 104 | 05:58:38 | B | 169 | Adam       | Ricketts      | Senior  | Male   | 35 |
| 105 | 05:59:30 | B | 187 | Sue        | Ullyett       | Veteran | Female | 48 |
| 106 | 06:02:03 | B | 131 | Charisse   | Hansen        | Veteran | Female | 49 |
| 107 | 06:02:11 | B | 163 | Dawie      | Pelser        | Veteran | Male   | 40 |
| 108 | 06:02:58 | B | 191 | Devon      | Van Vuuren    | Senior  | Male   | 20 |
| 109 | 06:04:09 | A | 69  | Kim        | Stephens      | Senior  | Female | 36 |
| 110 | 06:04:42 | C | 223 | Justin     | Parker        | Senior  | Male   | 27 |
| 111 | 06:05:04 | B | 138 | Jake       | Klass         | Senior  | Male   | 21 |
| 112 | 06:05:06 | B | 195 | Aaron      | Vardi         | Senior  | Male   | 23 |
| 113 | 06:05:31 | B | 167 | Johan      | Pretorius     | Veteran | Male   | 49 |
| 114 | 06:05:34 | A | 58  | Deidre     | Potgieter     | Senior  | Female | 27 |
| 115 | 06:05:52 | B | 193 | Mike       | Van Vuuren    | Master  | Male   | 52 |
| 116 | 06:07:16 | B | 128 | Kate       | Goss          | Senior  | Female | 27 |
| 117 | 06:07:26 | C | 213 | Nicholas   | King          | Master  | Male   | 55 |
| 118 | 06:08:57 | B | 177 | Elvera     | Schwan        | Master  | Female | 53 |
| 119 | 06:10:08 | B | 126 | Ant        | Geard         | Veteran | Male   | 42 |
| 120 | 06:11:42 | A | 88  | Annie      | Dower         | Veteran | Female | 48 |
| 121 | 06:12:54 | B | 120 | Anton      | Engelbrecht   | Senior  | Male   | 35 |
| 122 | 06:12:54 | B | 121 | Tarryn     | Engelbrecht   | Senior  | Female | 32 |
| 123 | 06:16:22 | C | 209 | Peter      | Hathorn       | Master  | Male   | 54 |
| 124 | 06:16:42 | B | 141 | David      | Leith         | Senior  | Male   | 23 |
| 125 | 06:17:10 | C | 215 | Allister   | Kreft         | Senior  | Male   | 31 |
| 126 | 06:22:18 | B | 189 | Johan      | Van Heerden   | Veteran | Male   | 43 |
| 127 | 06:23:27 | B | 197 | Kriss      | West          | Senior  | Female | 38 |
| 128 | 06:23:30 | B | 122 | Andrew     | Espin         | Senior  | Male   | 37 |
| 129 | 06:26:31 | B | 142 | Tracy      | Levinson      | Senior  | Female | 33 |
| 130 | 06:28:32 | A | 42  | Robert     | Levinson      | Senior  | Male   | 35 |
| 131 | 06:28:58 | B | 165 | Matthew    | Peters        | Senior  | Male   | 22 |
| 132 | 06:32:04 | B | 176 | Chris      | Schultz       | Senior  | Male   | 34 |
| 133 | 06:32:43 | B | 199 | Deon       | Willemsse     | Senior  | Male   | 37 |
| 134 | 06:36:47 | C | 234 | Hermann    | Wessels       | Veteran | Male   | 44 |
| 135 | 06:36:52 | C | 211 | Lochie     | Jacobs        | Veteran | Female | 44 |
| 136 | 06:37:40 | B | 139 | Jacqui     | Koep          | Veteran | Female | 46 |
| 137 | 06:41:50 | B | 110 | Louise     | Clamp         | Veteran | Female | 49 |
| 138 | 06:46:12 | C | 235 | Ryan       | Whitehead     | Senior  | Male   | 32 |
| 139 | 06:46:21 | C | 218 | James      | McDowell      | Senior  | Male   | 24 |
| 140 | 06:48:49 | B | 143 | Caley      | Loots         | Senior  | Female | 28 |
| 141 | 06:48:51 | B | 144 | Jurie      | Loots         | Senior  | Male   | 33 |
| 142 | 06:50:57 | A | 71  | Cobus      | Stoffberg     | Senior  | Male   | 33 |
| 143 | 06:59:51 | B | 147 | Ciaran     | MacDevette    | Senior  | Male   | 30 |
| 144 | 06:59:52 | B | 148 | Michelle   | MacDevette    | Senior  | Female | 27 |
| 145 | 07:06:37 | C | 208 | Mark       | Hatherill     | Veteran | Male   | 48 |
| 146 | 07:17:10 | C | 228 | Chris      | Underwood     | Senior  | Male   | 23 |
| 147 | DNF      | B | 118 | Kyle       | Dodds         | Senior  | Male   | 29 |
| 148 | DNF      | C | 241 | Michele    | Priestman     | Master  | Female | 57 |
| 149 | DNF      | C | 243 | Linda      | Sparks        | Master  | Female | 54 |

#### Senior Men

| Position | Time | Batch | Race # | Name | Surname | Category | Sex | Age |
|----------|------|-------|--------|------|---------|----------|-----|-----|
|----------|------|-------|--------|------|---------|----------|-----|-----|

|    |          |   |     |            |              |        |      |    |
|----|----------|---|-----|------------|--------------|--------|------|----|
| 1  | 03:27:33 | A | 91  | Bernard    | Rukadza      | Senior | Male | 33 |
| 2  | 03:46:44 | A | 2   | Julian     | Atkinson     | Senior | Male | 22 |
| 3  | 03:58:53 | A | 40  | Martin     | Kleynhans    | Senior | Male | 37 |
| 4  | 04:07:07 | A | 21  | Andrew     | Hagen        | Senior | Male | 31 |
| 5  | 04:09:04 | B | 162 | David      | Pearce       | Senior | Male | 22 |
| 6  | 04:09:06 | A | 50  | Roelof     | Mostert      | Senior | Male | 30 |
| 7  | 04:09:33 | A | 14  | Prieur     | Du Plessis   | Senior | Male | 30 |
| 8  | 04:09:42 | A | 1   | Lucas      | Adams        | Senior | Male | 26 |
| 9  | 04:10:46 | A | 25  | Hermanus   | Henning      | Senior | Male | 30 |
| 10 | 04:12:22 | B | 186 | Jethro     | Thomas       | Senior | Male | 22 |
| 11 | 04:13:14 | A | 76  | Hannes     | Van Rensburg | Senior | Male | 34 |
| 12 | 04:13:27 | A | 65  | Dylan      | Solms        | Senior | Male | 21 |
| 13 | 04:20:27 | A | 85  | Ivor       | Wright       | Senior | Male | 30 |
| 14 | 04:20:35 | A | 83  | Damian     | Will         | Senior | Male | 28 |
| 15 | 04:20:37 | A | 84  | Ryan       | Winter       | Senior | Male | 37 |
| 16 | 04:23:53 | A | 77  | Andre-Hugo | van Zyl      | Senior | Male | 27 |
| 17 | 04:25:44 | A | 78  | Dawid      | Visser       | Senior | Male | 35 |
| 18 | 04:29:26 | A | 33  | Pieter     | Jordaan      | Senior | Male | 25 |
| 19 | 04:30:36 | A | 72  | Sebastian  | Thompson     | Senior | Male | 24 |
| 20 | 04:33:13 | A | 79  | Stefan     | Wahl         | Senior | Male | 21 |
| 21 | 04:33:53 | A | 15  | Ryan       | Eichstadt    | Senior | Male | 28 |
| 22 | 04:34:33 | A | 5   | Stuart     | Berry        | Senior | Male | 36 |
| 23 | 04:34:34 | A | 26  | Michael    | Hodgson      | Senior | Male | 32 |
| 24 | 04:34:52 | A | 12  | Cornel     | De Jongh     | Senior | Male | 32 |
| 25 | 04:35:13 | A | 18  | Kevin      | Flanagan     | Senior | Male | 31 |
| 26 | 04:38:26 | B | 154 | Ryan-Neal  | Mes          | Senior | Male | 30 |
| 27 | 04:43:34 | A | 49  | Conrad     | Moolman      | Senior | Male | 37 |
| 28 | 04:44:26 | A | 27  | Jamie      | Holtzhausen  | Senior | Male | 31 |
| 29 | 04:45:33 | B | 134 | Nicholas   | Hoernle      | Senior | Male | 23 |
| 30 | 04:46:17 | A | 44  | Samuel     | Luqongo      | Senior | Male | 31 |
| 31 | 04:46:39 | A | 81  | Pieter     | Wessels      | Senior | Male | 25 |
| 32 | 04:49:36 | A | 23  | Kevin      | Harris       | Senior | Male | 37 |
| 33 | 04:49:37 | C | 210 | Armand     | Du Plessis   | Senior | Male | 35 |
| 34 | 04:50:14 | A | 56  | Justin     | Opitz        | Senior | Male | 32 |
| 35 | 04:50:48 | A | 10  | Kyle       | Cottle       | Senior | Male | 26 |
| 36 | 04:55:10 | A | 17  | Jamie      | Fensham      | Senior | Male | 20 |
| 37 | 04:56:13 | B | 174 | Daniel     | Schilperoort | Senior | Male | 24 |
| 38 | 05:00:58 | A | 55  | Christoph  | Oellermann   | Senior | Male | 20 |
| 39 | 05:07:25 | B | 117 | Desmond    | Deary        | Senior | Male | 35 |
| 40 | 05:07:28 | B | 200 | Theo       | York         | Senior | Male | 24 |
| 41 | 05:07:30 | B | 111 | Ryan       | Cloete       | Senior | Male | 23 |
| 42 | 05:11:56 | A | 67  | Murray     | Starr        | Senior | Male | 19 |
| 43 | 05:11:57 | A | 87  | William    | Battersby    | Senior | Male | 37 |
| 44 | 05:12:53 | B | 166 | Richard    | Philips      | Senior | Male | 34 |
| 45 | 05:13:32 | B | 112 | Devon      | Coetzee      | Senior | Male | 23 |

|    |          |   |     |            |               |        |      |    |
|----|----------|---|-----|------------|---------------|--------|------|----|
| 46 | 05:16:01 | C | 201 | Jose Luis  | Aleixandre    | Senior | Male | 32 |
| 47 | 05:17:03 | B | 129 | Clayten    | Gouws         | Senior | Male | 29 |
| 48 | 05:19:10 | C | 237 | Lee        | Blake         | Senior | Male | 29 |
| 49 | 05:21:47 | C | 232 | Greg       | Walsh         | Senior | Male | 39 |
| 50 | 05:26:43 | B | 101 | CHARLES    | ABERNETHY     | Senior | Male | 26 |
| 51 | 05:27:07 | B | 124 | Rob        | Fellowes      | Senior | Male | 31 |
| 52 | 05:28:56 | A | 63  | Stefan     | Schneider     | Senior | Male | 23 |
| 53 | 05:32:39 | B | 135 | Zaheer     | Hoosain       | Senior | Male | 30 |
| 54 | 05:35:30 | B | 133 | Michael    | Hathorn       | Senior | Male | 24 |
| 55 | 05:38:58 | B | 125 | Anton      | Franchi       | Senior | Male | 36 |
| 56 | 05:42:19 | B | 185 | Christi    | Thirion       | Senior | Male | 33 |
| 57 | 05:44:14 | B | 188 | Quintin    | Van Dyk       | Senior | Male | 32 |
| 58 | 05:46:51 | A | 38  | John       | Kennedy       | Senior | Male | 38 |
| 59 | 05:49:30 | B | 104 | David      | Black         | Senior | Male | 28 |
| 60 | 05:49:39 | B | 190 | Jan willem | Van Huyssteen | Senior | Male | 35 |
| 61 | 05:50:32 | C | 239 | Jacques    | Nel           | Senior | Male | 38 |
| 62 | 05:52:56 | B | 151 | Gavin      | Memper        | Senior | Male | 33 |
| 63 | 05:57:20 | B | 171 | Jaco       | Roux          | Senior | Male | 34 |
| 64 | 05:58:38 | B | 169 | Adam       | Ricketts      | Senior | Male | 35 |
| 65 | 06:02:58 | B | 191 | Devon      | Van Vuuren    | Senior | Male | 20 |
| 66 | 06:04:42 | C | 223 | Justin     | Parker        | Senior | Male | 27 |
| 67 | 06:05:04 | B | 138 | Jake       | Klass         | Senior | Male | 21 |
| 68 | 06:05:06 | B | 195 | Aaron      | Vardi         | Senior | Male | 23 |
| 69 | 06:12:54 | B | 120 | Anton      | Engelbrecht   | Senior | Male | 35 |
| 70 | 06:16:42 | B | 141 | David      | Leith         | Senior | Male | 23 |
| 71 | 06:17:10 | C | 215 | Allister   | Kreft         | Senior | Male | 31 |
| 72 | 06:23:30 | B | 122 | Andrew     | Espin         | Senior | Male | 37 |
| 73 | 06:28:32 | A | 42  | Robert     | Levinson      | Senior | Male | 35 |
| 74 | 06:28:58 | B | 165 | Matthew    | Peters        | Senior | Male | 22 |
| 75 | 06:32:04 | B | 176 | Chris      | Schultz       | Senior | Male | 34 |
| 76 | 06:32:43 | B | 199 | Deon       | Willemse      | Senior | Male | 37 |
| 77 | 06:46:12 | C | 235 | Ryan       | Whitehead     | Senior | Male | 32 |
| 78 | 06:46:21 | C | 218 | James      | McDowell      | Senior | Male | 24 |
| 79 | 06:48:51 | B | 144 | Jurie      | Loots         | Senior | Male | 33 |
| 80 | 06:50:57 | A | 71  | Cobus      | Stofberg      | Senior | Male | 33 |
| 81 | 06:59:51 | B | 147 | Ciaran     | MacDevette    | Senior | Male | 30 |
| 82 | 07:17:10 | C | 228 | Chris      | Underwood     | Senior | Male | 23 |

#### Senior Ladies

| Position | Time     | Batch | Race # | Name      | Surname     | Category | Sex    | Age |
|----------|----------|-------|--------|-----------|-------------|----------|--------|-----|
| 1        | 04:19:35 | A     | 30     | Katya     | Soggot      | Senior   | Female | 38  |
| 2        | 04:35:09 | A     | 51     | Ronel     | Natrass     | Senior   | Female | 32  |
| 3        | 04:36:16 | A     | 52     | Minette   | Naude       | Senior   | Female | 29  |
| 4        | 04:54:18 | A     | 60     | Sandy     | Russell     | Senior   | Female | 37  |
| 5        | 05:25:07 | C     | 247    | Alana     | Doyle       | Senior   | Female | 29  |
| 6        | 05:33:05 | A     | 24     | Nell      | Harris      | Senior   | Female | 37  |
| 7        | 05:33:31 | B     | 194    | Willemien | Van Zyl     | Senior   | Female | 27  |
| 8        | 05:45:47 | B     | 155    | Cecilia   | Muller      | Senior   | Female | 38  |
| 9        | 05:50:14 | B     | 105    | Adriette  | Booyesen    | Senior   | Female | 38  |
| 10       | 06:04:09 | A     | 69     | Kim       | Stephens    | Senior   | Female | 36  |
| 11       | 06:05:34 | A     | 58     | Deidre    | Potgieter   | Senior   | Female | 27  |
| 12       | 06:07:16 | B     | 128    | Kate      | Goss        | Senior   | Female | 27  |
| 13       | 06:12:54 | B     | 121    | Tarryn    | Engelbrecht | Senior   | Female | 32  |
| 14       | 06:23:27 | B     | 197    | Kriss     | West        | Senior   | Female | 38  |
| 15       | 06:26:31 | B     | 142    | Tracy     | Levinson    | Senior   | Female | 33  |
| 16       | 06:48:49 | B     | 143    | Caley     | Loots       | Senior   | Female | 28  |
| 17       | 06:59:52 | B     | 148    | Michelle  | MacDevette  | Senior   | Female | 27  |

**Veteran Men**

| Position | Time     | Batch | Race # | Name     | Surname      | Category | Sex  | Age |
|----------|----------|-------|--------|----------|--------------|----------|------|-----|
| 1        | 03:40:16 | A     | 92     | Nicholas | Rupanga      | Veteran  | Male | 40  |
| 2        | 03:46:29 | A     | 19     | Chad     | Gordon       | Veteran  | Male | 45  |
| 3        | 04:07:58 | A     | 47     | Dion     | Middelkoop   | Veteran  | Male | 45  |
| 4        | 04:21:20 | A     | 75     | Cobus    | Van den Berg | Veteran  | Male | 46  |
| 5        | 04:46:24 | B     | 170    | James    | Robertson    | Veteran  | Male | 47  |
| 6        | 04:59:50 | C     | 226    | Wayne    | Smith        | Veteran  | Male | 49  |
| 7        | 05:05:44 | A     | 70     | David    | Steven       | Veteran  | Male | 44  |
| 8        | 05:10:01 | A     | 48     | Mark     | Middleton    | Veteran  | Male | 44  |
| 9        | 05:10:41 | B     | 158    | Eduan    | Naudé        | Veteran  | Male | 42  |
| 10       | 05:13:47 | A     | 36     | Mark     | Kavanagh     | Veteran  | Male | 40  |
| 11       | 05:15:03 | A     | 32     | Charles  | Jenkin       | Veteran  | Male | 40  |
| 12       | 05:23:48 | B     | 182    | Alex     | Stewart      | Veteran  | Male | 41  |
| 13       | 05:24:52 | B     | 161    | Robin    | Parfett      | Veteran  | Male | 45  |
| 14       | 05:24:53 | B     | 164    | Greg     | Perks        | Veteran  | Male | 43  |
| 15       | 05:33:08 | A     | 4      | Richard  | Ayres        | Veteran  | Male | 47  |
| 16       | 05:34:39 | B     | 196    | Eddie    | Vienings     | Veteran  | Male | 40  |
| 17       | 05:44:12 | B     | 114    | Herman   | Crause       | Veteran  | Male | 44  |
| 18       | 05:47:25 | A     | 11     | Ryan     | Crossman     | Veteran  | Male | 41  |
| 19       | 05:49:20 | B     | 127    | Chris    | Goodwin      | Veteran  | Male | 48  |
| 20       | 06:02:11 | B     | 163    | Dawie    | Pelser       | Veteran  | Male | 40  |
| 21       | 06:05:31 | B     | 167    | Johan    | Pretorius    | Veteran  | Male | 49  |
| 22       | 06:10:08 | B     | 126    | Ant      | Geard        | Veteran  | Male | 42  |
| 23       | 06:22:18 | B     | 189    | Johan    | Van Heerden  | Veteran  | Male | 43  |
| 24       | 06:36:47 | C     | 234    | Hermann  | Wessels      | Veteran  | Male | 44  |
| 25       | 07:06:37 | C     | 208    | Mark     | Hatherill    | Veteran  | Male | 48  |

**Veteran Ladies**

| Position | Time     | Batch | Race # | Name      | Surname     | Category | Sex    | Age |
|----------|----------|-------|--------|-----------|-------------|----------|--------|-----|
| 1        | 04:46:41 | A     | 43     | Caitlin   | Lewis       | Veteran  | Female | 46  |
| 2        | 04:47:40 | A     | 62     | Sylvie    | Scherzinger | Veteran  | Female | 43  |
| 3        | 05:17:38 | A     | 64     | Rezani    | Scholtz     | Veteran  | Female | 41  |
| 4        | 05:55:07 | A     | 54     | Charlotte | Noble       | Veteran  | Female | 49  |
| 5        | 05:56:44 | B     | 13     | Coriaan   | De Villiers | Veteran  | Female | 43  |
| 6        | 05:59:30 | B     | 187    | Sue       | Ullyett     | Veteran  | Female | 48  |
| 7        | 06:02:03 | B     | 131    | Charisse  | Hansen      | Veteran  | Female | 49  |
| 8        | 06:11:42 | A     | 88     | Annie     | Dower       | Veteran  | Female | 48  |
| 9        | 06:36:52 | C     | 211    | Lochie    | Jacobs      | Veteran  | Female | 44  |
| 10       | 06:37:40 | B     | 139    | Jacqui    | Koep        | Veteran  | Female | 46  |
| 11       | 06:41:50 | B     | 110    | Louise    | Clamp       | Veteran  | Female | 49  |

**Master Men**

| Position | Time     | Batch | Race # | Name     | Surname    | Category | Sex  | Age |
|----------|----------|-------|--------|----------|------------|----------|------|-----|
| 1        | 04:58:37 | A     | 90     | Neil     | Hermann    | Master   | Male | 56  |
| 2        | 05:07:46 | B     | 123    | David    | Farrell    | Master   | Male | 50  |
| 3        | 05:15:50 | A     | 61     | Allan    | Ryninks    | Master   | Male | 57  |
| 4        | 05:35:29 | B     | 160    | Grant    | Oliver     | Master   | Male | 55  |
| 5        | 05:42:18 | C     | 252    | Lourens  | Nordier    | Master   | Male | 59  |
| 6        | 05:50:38 | B     | 184    | Johan    | Swart      | Master   | Male | 51  |
| 7        | 06:05:52 | B     | 193    | Mike     | Van Vuuren | Master   | Male | 52  |
| 8        | 06:07:26 | C     | 213    | Nicholas | King       | Master   | Male | 55  |
| 9        | 06:16:22 | C     | 209    | Peter    | Hathorn    | Master   | Male | 54  |

**Master Ladies**

| Position | Time     | Batch | Race # | Name   | Surname | Category | Sex    | Age |
|----------|----------|-------|--------|--------|---------|----------|--------|-----|
| 1        | 05:29:30 | A     | 59     | Maxine | Reilly  | Master   | Female | 53  |
| 2        | 06:08:57 | B     | 177    | Elvera | Schwan  | Master   | Female | 53  |



# Jonkershoek Mountain Challenge Lite 2015 24km



## Overall

| Position | Time     | Batch | Race # | Name        | Surname            | Category | Sex    | Age |
|----------|----------|-------|--------|-------------|--------------------|----------|--------|-----|
| 1        | 01:55:05 | E     | 410    | Rory        | Scheffer           | Senior   | Male   | 23  |
| 2        | 02:02:24 | E     | 392    | Edson       | Kumwamba           | Senior   | Male   | 25  |
| 3        | 02:03:04 | E     | 415    | Chris       | Strydom            | Senior   | Male   | 17  |
| 4        | 02:04:59 | E     | 377    | Michael     | Gombart            | Senior   | Male   | 27  |
| 5        | 02:08:41 | E     | 354    | Raydon      | Balie              | Senior   | Male   | 20  |
| 6        | 02:13:42 | E     | 394    | William     | Leslie             | Senior   | Male   | 22  |
| 7        | 02:14:10 | E     | 446    | Eddie       | Lambert            | Senior   | Male   | 38  |
| 8        | 02:20:21 | E     | 425    | Petrus      | Van Wyk            | Senior   | Male   | 25  |
| 9        | 02:20:23 | E     | 421    | Liandi      | Van der Westhuyzen | Senior   | Female | 30  |
| 10       | 02:22:03 | E     | 397    | Grant       | Marcus             | Veteran  | Male   | 41  |
| 11       | 02:23:22 | E     | 353    | Michael     | Arbuthnot          | Senior   | Male   | 35  |
| 12       | 02:23:35 | E     | 423    | Marguerite  | Van Niekerk        | Senior   | Female | 31  |
| 13       | 02:24:22 | E     | 445    | James       | Verster-Cohen      | Senior   | Male   | 35  |
| 14       | 02:26:03 | E     | 441    | Oliver      | Munnik             | Senior   | Male   | 30  |
| 15       | 02:27:01 | F     | 532    | Stephen     | Kistner            | Senior   | Male   | 23  |
| 16       | 02:29:13 | G     | 600    | Spoen       | Green              | Senior   | Male   | 20  |
| 17       | 02:29:53 | E     | 389    | Shawn       | Kitt               | Senior   | Male   | 39  |
| 18       | 02:30:12 | E     | 412    | Peter       | Shackleton         | Senior   | Male   | 39  |
| 19       | 02:32:48 | E     | 433    | Marié       | Wessels            | Senior   | Female | 32  |
| 20       | 02:34:13 | E     | 437    | Asmus       | Zoch               | Senior   | Male   | 31  |
| 21       | 02:35:15 | E     | 401    | Thomas      | Nortier            | Senior   | Male   | 23  |
| 22       | 02:36:29 | F     | 465    | Stewart     | Mazambani          | Senior   | Male   | 39  |
| 23       | 02:38:06 | F     | 544    | Hugh-John   | Townsend           | Veteran  | Male   | 49  |
| 24       | 02:40:25 | E     | 450    | Taryn       | King               | Senior   | Female | 28  |
| 25       | 02:40:36 | F     | 472    | Nicholaas   | Du Plessis         | Senior   | Male   | 30  |
| 26       | 02:40:41 | E     | 352    | Dunya       | Ansems             | Senior   | Female | 32  |
| 27       | 02:40:59 | E     | 367    | Stephen     | Cunliffe           | Senior   | Male   | 38  |
| 28       | 02:41:18 | E     | 408    | Philip      | Rubin              | Master   | Male   | 53  |
| 29       | 02:41:20 | G     | 606    | Robert      | Heath              | Senior   | Male   | 21  |
| 30       | 02:41:26 | G     | 620    | Omri        | Kleynhans          | Veteran  | Male   | 43  |
| 31       | 02:41:40 | E     | 359    | Jandre      | Bezuidenhout       | Senior   | Male   | 20  |
| 32       | 02:41:44 | E     | 388    | Lance       | Katz               | Veteran  | Male   | 44  |
| 33       | 02:42:19 | E     | 381    | Duncan      | Gutsche            | Senior   | Male   | 38  |
| 34       | 02:42:50 | E     | 418    | Bjorn       | Theart             | Senior   | Male   | 35  |
| 35       | 02:43:18 | E     | 363    | Rowan       | Cairns             | Senior   | Male   | 34  |
| 36       | 02:43:26 | G     | 733    | Sean        | McGibbon           | Senior   | Male   | 25  |
| 37       | 02:44:26 | G     | 688    | Earl        | Van Zyl            | Senior   | Male   | 36  |
| 38       | 02:44:29 | G     | 568    | Louis       | Botha              | Senior   | Male   | 22  |
| 39       | 02:45:02 | F     | 526    | Andrew      | Ryan               | Veteran  | Male   | 47  |
| 40       | 02:45:22 | E     | 365    | Jasper      | Cloete             | Senior   | Male   | 39  |
| 41       | 02:45:54 | E     | 443    | Tanya       | Rabie              | Veteran  | Female | 44  |
| 42       | 02:46:09 | E     | 361    | Scott       | Biggs              | Senior   | Male   | 39  |
| 43       | 02:46:37 | E     | 379    | Willem      | Grabe              | Veteran  | Male   | 42  |
| 44       | 02:46:39 | F     | 535    | Sam         | Smout              | Senior   | Male   | 29  |
| 45       | 02:46:44 | E     | 414    | William     | Stephens           | Senior   | Male   | 21  |
| 46       | 02:46:54 | F     | 494    | Gerda       | Henn               | Senior   | Female | 35  |
| 47       | 02:47:13 | F     | 543    | Rita        | Terblanche         | Senior   | Female | 37  |
| 48       | 02:47:27 | F     | 538    | Paul        | Stephens           | Veteran  | Male   | 40  |
| 49       | 02:47:52 | G     | 666    | Nadine      | Spencer            | Senior   | Female | 39  |
| 50       | 02:48:34 | F     | 524    | Zandre      | Raath              | Senior   | Male   | 30  |
| 51       | 02:48:50 | F     | 461    | Sascha      | Breuss             | Senior   | Male   | 30  |
| 52       | 02:48:59 | E     | 403    | Bradley     | Park               | Veteran  | Male   | 46  |
| 53       | 02:49:06 | E     | 366    | Nerisa      | Coelho             | Senior   | Female | 34  |
| 54       | 02:49:12 | G     | 590    | Jonathan    | Edmunds            | Senior   | Male   | 22  |
| 55       | 02:49:14 | G     | 566    | Schalk      | Bezuidenhout       | Senior   | Male   | 20  |
| 56       | 02:49:35 | G     | 674    | Harish      | Subramanian        | Senior   | Male   | 34  |
| 57       | 02:50:03 | F     | 554    | Stian       | Venter             | Senior   | Male   | 20  |
| 58       | 02:51:12 | G     | 684    | Riaan       | Van Eeden          | Senior   | Male   | 38  |
| 59       | 02:51:40 | E     | 736    | David       | Weber              | Senior   | Male   | 39  |
| 60       | 02:51:42 | G     | 737    | Marco       | De Vincenzo        | Senior   | Male   | 38  |
| 61       | 02:52:15 | E     | 393    | Mark        | Lang               | Senior   | Male   | 31  |
| 62       | 02:52:17 | E     | 386    | Wesley      | Johnston           | Senior   | Male   | 30  |
| 63       | 02:53:18 | G     | 732    | Herlien     | Van Zyl            | Veteran  | Female | 40  |
| 64       | 02:53:29 | G     | 679    | Alice       | Ter Morshuizen     | Senior   | Female | 21  |
| 65       | 02:53:31 | E     | 375    | Kobus       | Fouché             | Senior   | Male   | 32  |
| 66       | 02:53:36 | G     | 721    | Werner      | Hartman            | Veteran  | Male   | 45  |
| 67       | 02:53:57 | G     | 723    | Nico        | De Waal            | Senior   | Male   | 39  |
| 68       | 02:54:02 | F     | 525    | Jean-Pierre | Roux               | Senior   | Male   | 31  |
| 69       | 02:54:18 | F     | 499    | Mark        | Jones              | Senior   | Male   | 21  |
| 70       | 02:54:35 | F     | 515    | Alex        | Lupion             | Veteran  | Male   | 44  |
| 71       | 02:54:51 | G     | 579    | Grant       | Cooper             | Veteran  | Male   | 47  |
| 72       | 02:55:28 | F     | 478    | Maseeh      | Esau               | Senior   | Male   | 39  |

|     |          |   |     |             |                    |         |        |    |
|-----|----------|---|-----|-------------|--------------------|---------|--------|----|
| 73  | 02:55:38 | G | 716 | Marié       | Barnard            | Master  | Female | 56 |
| 74  | 02:55:43 | E | 370 | Jean-Pierre | De Kock            | Senior  | Male   | 29 |
| 75  | 02:56:03 | G | 734 | Graham      | Swart              | Veteran | Male   | 41 |
| 76  | 02:56:33 | G | 664 | Andrew      | Schuster           | Senior  | Male   | 36 |
| 77  | 02:56:37 | F | 479 | Nazeema     | Esau               | Veteran | Female | 42 |
| 78  | 02:56:44 | E | 373 | Anton       | Esterhuizen        | Veteran | Male   | 45 |
| 79  | 02:56:46 | E | 368 | Tania       | D'Aguiar           | Senior  | Female | 39 |
| 80  | 02:57:12 | G | 561 | Duncan      | Artus              | Senior  | Male   | 38 |
| 81  | 02:57:29 | F | 536 | Sam         | Stelzner           | Senior  | Male   | 22 |
| 82  | 02:57:48 | E | 422 | Jana        | Van Houwelingen    | Senior  | Female | 26 |
| 83  | 02:57:50 | E | 427 | MARK        | WAGENHEIM          | Master  | Male   | 59 |
| 84  | 02:58:13 | E | 447 | Jackie      | De Villiers        | Senior  | Female | 34 |
| 85  | 02:58:24 | E | 449 | Jaco        | Du Toit            | Senior  | Male   | 36 |
| 86  | 02:58:25 | G | 576 | David       | Conradie           | Veteran | Male   | 46 |
| 87  | 02:58:30 | G | 583 | Jacques     | de Ville           | Veteran | Male   | 48 |
| 88  | 02:58:33 | E | 444 | Mark        | Van zyl            | Senior  | Male   | 21 |
| 89  | 02:58:36 | E | 396 | Joanna      | Maingard           | Senior  | Female | 20 |
| 90  | 02:58:48 | G | 650 | Marilize    | Raath              | Senior  | Female | 29 |
| 91  | 02:58:50 | E | 395 | Jontelle    | Linnegar           | Senior  | Female | 35 |
| 92  | 02:59:19 | E | 439 | Mark        | Boucher            | Senior  | Male   | 38 |
| 93  | 02:59:37 | G | 728 | Steve       | Haldane            | Veteran | Male   | 42 |
| 94  | 02:59:40 | G | 622 | Pieter      | Koornhof           | Senior  | Male   | 27 |
| 95  | 03:00:04 | G | 621 | Liezl       | Klopper            | Senior  | Female | 36 |
| 96  | 03:00:05 | E | 429 | Julia       | Walford            | Senior  | Female | 36 |
| 97  | 03:00:07 | E | 428 | Andy        | Walford            | Senior  | Male   | 36 |
| 98  | 03:00:14 | G | 670 | Megan       | Strachan           | Senior  | Female | 22 |
| 99  | 03:00:17 | G | 629 | Megan       | Liebetrau          | Senior  | Female | 21 |
| 100 | 03:00:30 | F | 551 | Anton       | Van Lierop         | Veteran | Male   | 44 |
| 101 | 03:00:44 | E | 431 | Brent       | Weldon             | Veteran | Male   | 40 |
| 102 | 03:01:00 | F | 540 | Keegan      | Sutherland         | Senior  | Male   | 19 |
| 103 | 03:01:12 | F | 490 | Joakim      | Hansi Blackadder   | Senior  | Male   | 31 |
| 104 | 03:01:37 | F | 519 | Gert        | Moolman            | Veteran | Male   | 47 |
| 105 | 03:01:40 | G | 575 | AJ          | Coetzee            | Veteran | Male   | 43 |
| 106 | 03:02:09 | F | 508 | Sandra      | Le Roux            | Senior  | Female | 33 |
| 107 | 03:02:23 | E | 438 | Pieter      | Zwanepoel          | Senior  | Male   | 36 |
| 108 | 03:02:25 | E | 420 | Karl        | Thorne             | Veteran | Male   | 44 |
| 109 | 03:02:28 | F | 557 | Ryan        | Zoutendyk          | Senior  | Male   | 37 |
| 110 | 03:02:58 | F | 520 | Alet        | Morgan             | Senior  | Female | 37 |
| 111 | 03:03:01 | G | 643 | Martin      | Nejthardt          | Senior  | Male   | 39 |
| 112 | 03:03:09 | F | 492 | Julian      | Heath              | Senior  | Male   | 19 |
| 113 | 03:03:11 | F | 512 | Chrystal    | Walker             | Senior  | Female | 32 |
| 114 | 03:03:18 | F | 545 | Christo     | Truter             | Veteran | Male   | 44 |
| 115 | 03:03:29 | G | 634 | Bryony      | McCormick          | Senior  | Female | 32 |
| 116 | 03:03:57 | F | 550 | Johan       | Van der Westhuizen | Senior  | Male   | 30 |
| 117 | 03:04:35 | E | 424 | Riette      | Van rensburg       | Senior  | Female | 34 |
| 118 | 03:04:41 | G | 692 | Yvette      | Venter             | Senior  | Female | 36 |
| 119 | 03:05:14 | G | 599 | Michelle    | Glover             | Senior  | Female | 21 |
| 120 | 03:06:10 | E | 399 | John        | Morgan             | Veteran | Male   | 42 |
| 121 | 03:06:47 | E | 384 | Wouter      | Hanekom            | Senior  | Male   | 25 |
| 122 | 03:07:03 | F | 546 | Abigail     | Tunstall           | Veteran | Female | 40 |
| 123 | 03:07:27 | F | 498 | Josie       | Jansen             | Senior  | Female | 21 |
| 124 | 03:07:29 | F | 504 | Jeremy      | Kropman            | Master  | Male   | 57 |
| 125 | 03:07:34 | E | 372 | Candice     | Eb                 | Senior  | Female | 27 |
| 126 | 03:07:51 | E | 358 | Andre       | Bezuidenhout       | Master  | Male   | 52 |
| 127 | 03:08:13 | E | 376 | Tania       | Fourie             | Veteran | Female | 41 |
| 128 | 03:08:25 | F | 533 | Matt        | Smit               | Senior  | Male   | 29 |
| 129 | 03:08:48 | G | 605 | Carla       | Hauptfleisch       | Senior  | Female | 24 |
| 130 | 03:08:57 | F | 541 | Marzanne    | Swanepoel          | Senior  | Female | 35 |
| 131 | 03:09:04 | E | 442 | Kevin       | Derbyshire         | Veteran | Male   | 48 |
| 132 | 03:09:11 | G | 722 | Godfrey     | Krige              | Senior  | Male   | 25 |
| 133 | 03:09:33 | G | 563 | Douglas     | Batchelor          | Senior  | Male   | 36 |
| 134 | 03:09:38 | G | 657 | Robin       | Sandler            | Senior  | Male   | 39 |
| 135 | 03:10:01 | G | 655 | Rebecca     | Roberts            | Senior  | Female | 24 |
| 136 | 03:10:03 | G | 678 | Cameron     | Taylor             | Senior  | Male   | 21 |
| 137 | 03:10:13 | G | 628 | Chris       | Liebenberg         | Veteran | Male   | 41 |
| 138 | 03:10:48 | F | 500 | Rolf        | Jonker             | Senior  | Male   | 28 |
| 139 | 03:11:20 | G | 710 | Dave        | Jonker             | Senior  | Male   | 37 |
| 140 | 03:11:47 | F | 548 | Mariese     | Van Der linde      | Senior  | Female | 23 |
| 141 | 03:11:49 | G | 560 | Charl       | Anderson           | Veteran | Male   | 44 |
| 142 | 03:12:08 | F | 539 | Jan         | Steytler           | Senior  | Male   | 19 |
| 143 | 03:12:19 | G | 636 | Arno        | Middelberg         | Senior  | Male   | 30 |
| 144 | 03:12:45 | G | 735 | Dominique   | De Villiers        | Senior  | Female | 34 |
| 145 | 03:13:01 | F | 484 | Sarah       | George             | Senior  | Female | 35 |
| 146 | 03:13:11 | E | 448 | Bakkes      | Nelleke            | Veteran | Female | 41 |
| 147 | 03:13:13 | F | 516 | Mark        | Millin             | Senior  | Male   | 39 |
| 148 | 03:13:19 | E | 409 | Christine   | Rust               | Senior  | Female | 22 |
| 149 | 03:13:52 | F | 529 | Christopher | Schnehage          | Master  | Male   | 61 |
| 150 | 03:14:42 | F | 527 | Faheem      | Salie              | Senior  | Male   | 36 |
| 151 | 03:14:59 | F | 518 | Meg         | Moodie             | Senior  | Female | 27 |
| 152 | 03:15:08 | E | 440 | Roger       | Pearce             | Master  | Male   | 50 |
| 153 | 03:15:26 | E | 405 | Julia       | Penn               | Senior  | Female | 30 |
| 154 | 03:15:55 | G | 705 | Robin       | McDonald           | Master  | Male   | 62 |
| 155 | 03:16:08 | F | 457 | Hanneke     | Botha              | Senior  | Female | 28 |

|     |          |   |     |             |                  |         |        |    |
|-----|----------|---|-----|-------------|------------------|---------|--------|----|
| 156 | 03:16:11 | F | 510 | Corli       | Leonard          | Senior  | Female | 29 |
| 157 | 03:16:11 | E | 416 | Jaco        | Swart            | Senior  | Male   | 34 |
| 158 | 03:16:16 | F | 487 | Marelize    | Grobbelaar       | Senior  | Female | 33 |
| 159 | 03:16:20 | F | 503 | Wouter      | Krieger          | Senior  | Male   | 30 |
| 160 | 03:16:54 | F | 460 | Ashley      | Braver           | Veteran | Male   | 47 |
| 161 | 03:18:51 | F | 511 | Magdalena   | Lingnau          | Senior  | Female | 27 |
| 162 | 03:20:14 | E | 369 | Iain        | Davis            | Senior  | Male   | 26 |
| 163 | 03:20:33 | G | 572 | Sabrina     | Chesterman       | Senior  | Female | 29 |
| 164 | 03:21:59 | E | 351 | Graham      | Alessandri       | Master  | Male   | 55 |
| 165 | 03:22:39 | G | 582 | Andrew      | De Pao           | Senior  | Male   | 39 |
| 166 | 03:23:24 | G | 700 | Jean        | Badenhorst       | Senior  | Female | 38 |
| 167 | 03:24:19 | F | 517 | Tracey      | Millin           | Senior  | Female | 35 |
| 168 | 03:24:39 | G | 727 | Benjamin    | Gurr             | Senior  | Male   | 24 |
| 169 | 03:24:55 | G | 725 | Human       | De Jager         | Senior  | Male   | 24 |
| 170 | 03:24:56 | G | 730 | James       | Muckarg          | Senior  | Male   | 23 |
| 171 | 03:25:29 | G | 646 | Chrisitaan  | Pansegrouw       | Senior  | Male   | 34 |
| 172 | 03:26:17 | F | 549 | Stefanus    | Van Der Watt     | Senior  | Male   | 30 |
| 173 | 03:26:40 | G | 647 | Jeanne      | Pickard          | Senior  | Female | 34 |
| 174 | 03:26:54 | G | 652 | Lenore      | Retief           | Veteran | Female | 42 |
| 175 | 03:26:55 | G | 653 | Marthinus   | Retief           | Senior  | Male   | 39 |
| 176 | 03:27:00 | E | 362 | Rob         | Burgoyne         | Senior  | Male   | 32 |
| 177 | 03:28:22 | G | 682 | Jacobus     | Van der Merwe    | Senior  | Male   | 25 |
| 178 | 03:28:49 | E | 371 | John        | Duncan           | Senior  | Male   | 33 |
| 179 | 03:28:51 | E | 355 | Monya       | Bassingthwaighte | Senior  | Female | 32 |
| 180 | 03:28:54 | G | 591 | Ané         | Erasmus          | Senior  | Female | 25 |
| 181 | 03:28:55 | E | 435 | Christine   | Woods            | Veteran | Female | 41 |
| 182 | 03:29:08 | G | 689 | Erik        | Van zyl          | Veteran | Male   | 45 |
| 183 | 03:29:45 | G | 687 | Marieta     | Van Wyk          | Senior  | Female | 36 |
| 184 | 03:29:49 | G | 662 | Kelly       | Scholtz          | Senior  | Male   | 31 |
| 185 | 03:29:51 | G | 617 | Luke        | Kelly            | Senior  | Male   | 32 |
| 186 | 03:29:54 | G | 601 | Mariska     | Groenewald       | Senior  | Female | 32 |
| 187 | 03:29:56 | G | 712 | Sarah-Marie | Nothling         | Senior  | Female | 29 |
| 188 | 03:30:08 | G | 611 | Lauren      | Honeyman         | Veteran | Female | 44 |
| 189 | 03:30:45 | F | 513 | Leon        | Louw             | Veteran | Male   | 42 |
| 190 | 03:31:04 | G | 726 | Alexandra   | Malmnas          | Senior  | Female | 36 |
| 191 | 03:31:07 | E | 391 | Mmamapudi   | Kubjane          | Senior  | Female | 23 |
| 192 | 03:31:12 | F | 505 | Karel       | La Cock          | Veteran | Male   | 48 |
| 193 | 03:31:41 | F | 463 | Barbara     | Cole             | Veteran | Female | 41 |
| 194 | 03:31:52 | G | 630 | Lisa        | Loftus           | Veteran | Female | 41 |
| 195 | 03:32:07 | E | 378 | Janette     | Grabe            | Veteran | Female | 40 |
| 196 | 03:32:50 | F | 523 | Gary        | Shipson          | Veteran | Male   | 48 |
| 197 | 03:33:05 | G | 658 | Craig       | Schaefer         | Senior  | Male   | 39 |
| 198 | 03:33:12 | F | 473 | Marike      | Du toit          | Senior  | Female | 21 |
| 199 | 03:33:12 | G | 609 | Yvonne      | Hitchcock        | Senior  | Female | 39 |
| 200 | 03:33:35 | E | 400 | Gys         | Naude            | Veteran | Male   | 48 |
| 201 | 03:33:46 | G | 711 | Ian         | Martinich        | Senior  | Male   | 34 |
| 202 | 03:33:59 | F | 495 | Sanelle     | Hobbs            | Veteran | Female | 43 |
| 203 | 03:34:10 | G | 586 | Adri        | Dornbrack        | Senior  | Female | 37 |
| 204 | 03:34:13 | F | 507 | Cara-Anne   | Le Mottee        | Senior  | Female | 27 |
| 205 | 03:34:15 | G | 639 | Gail        | Moriarty         | Master  | Female | 50 |
| 206 | 03:35:12 | F | 470 | Eduard      | Burger           | Senior  | Male   | 32 |
| 207 | 03:35:42 | G | 690 | PJ          | Veldhuizen       | Veteran | Male   | 42 |
| 208 | 03:36:32 | F | 522 | Maira       | Oliver           | Master  | Female | 55 |
| 209 | 03:37:15 | G | 644 | Terence     | Niselow          | Senior  | Male   | 27 |
| 210 | 03:37:49 | G | 618 | Stephen     | Kelly            | Veteran | Male   | 42 |
| 211 | 03:38:38 | G | 717 | Heinrich    | Boock            | Senior  | Male   | 26 |
| 212 | 03:38:47 | G | 625 | Annerie     | Lamprecht        | Senior  | Female | 26 |
| 213 | 03:39:46 | F | 455 | Jani        | Bosman           | Senior  | Female | 23 |
| 214 | 03:40:11 | G | 718 | Hendri      | Boshoff          | Senior  | Male   | 36 |
| 215 | 03:41:04 | F | 467 | Leon        | de Klerk         | Veteran | Male   | 44 |
| 216 | 03:41:06 | G | 594 | Sarah       | Forbes           | Senior  | Female | 32 |
| 217 | 03:41:08 | G | 595 | Shaun       | Forbes           | Senior  | Male   | 37 |
| 218 | 03:41:37 | E | 357 | Elschen     | Beyers           | Master  | Female | 53 |
| 219 | 03:41:59 | F | 459 | Bronwen     | Brauteseth       | Senior  | Female | 34 |
| 220 | 03:42:36 | F | 485 | Russell     | Gildenhuys       | Veteran | Male   | 44 |
| 221 | 03:43:02 | E | 419 | Shanna      | Theron           | Senior  | Female | 27 |
| 222 | 03:43:11 | G | 675 | Brian       | Super            | Master  | Male   | 57 |
| 223 | 03:43:34 | F | 514 | Jacqueline  | Loydell          | Master  | Female | 53 |
| 224 | 03:43:35 | F | 521 | Calvin      | Muller           | Senior  | Male   | 29 |
| 225 | 03:43:38 | F | 497 | Jocelyn     | Hustler          | Senior  | Female | 24 |
| 226 | 03:44:44 | F | 458 | Kobus       | Botha            | Veteran | Male   | 47 |
| 227 | 03:45:09 | G | 672 | Hela        | Strez            | Master  | Female | 53 |
| 228 | 03:45:19 | G | 641 | Laurie      | Nathan           | Master  | Male   | 55 |
| 229 | 03:46:12 | F | 476 | Sante       | Engall           | Senior  | Female | 28 |
| 230 | 03:46:14 | F | 475 | Braam       | Engall           | Senior  | Male   | 28 |
| 231 | 03:46:29 | G | 562 | Gerrit      | Avenant          | Senior  | Male   | 29 |
| 232 | 03:46:55 | F | 486 | Jeanne      | Gouws            | Senior  | Female | 35 |
| 233 | 03:47:32 | F | 493 | Andre       | Hefer            | Veteran | Male   | 48 |
| 234 | 03:48:16 | G | 729 | Dries       | Jacobs           | Veteran | Male   | 43 |
| 235 | 03:49:27 | G | 660 | Dewald      | Schlebusch       | Senior  | Male   | 33 |
| 236 | 03:49:47 | F | 469 | Teresa      | De Villiers      | Senior  | Female | 37 |
| 237 | 03:49:48 | F | 468 | Christiaan  | De Villiers      | Senior  | Male   | 39 |
| 238 | 03:49:56 | G | 587 | Suzette     | Du Plessis       | Senior  | Female | 24 |

|     |          |   |     |             |             |         |        |    |
|-----|----------|---|-----|-------------|-------------|---------|--------|----|
| 239 | 03:50:02 | F | 462 | Beatrix     | Broek       | Veteran | Female | 48 |
| 240 | 03:50:08 | G | 626 | Dianie      | Lamprecht   | Veteran | Female | 40 |
| 241 | 03:50:10 | G | 627 | Ruan        | Lamprecht   | Veteran | Male   | 40 |
| 242 | 03:51:59 | E | 426 | Riaan       | Vorster     | Senior  | Male   | 30 |
| 243 | 03:52:25 | F | 454 | Alicia      | Bock        | Senior  | Female | 32 |
| 244 | 03:53:21 | G | 673 | Alan        | Struthers   | Veteran | Male   | 41 |
| 245 | 03:53:53 | G | 701 | Graham      | Crawford    | Veteran | Male   | 41 |
| 246 | 03:53:55 | G | 707 | Rory        | Spangenberg | Veteran | Male   | 41 |
| 247 | 03:54:33 | G | 631 | Elianne     | Marais      | Senior  | Female | 30 |
| 248 | 03:54:52 | G | 619 | Jurene      | Kemp        | Senior  | Female | 24 |
| 249 | 03:55:28 | G | 624 | Charla      | Kriel       | Veteran | Female | 47 |
| 250 | 03:56:01 | F | 474 | Theresa     | Du Toit     | Veteran | Female | 40 |
| 251 | 03:56:38 | G | 603 | Patricia    | Hagen       | Master  | Female | 64 |
| 252 | 03:56:56 | G | 613 | Ansu        | Human       | Master  | Female | 50 |
| 253 | 03:57:19 | G | 693 | Henco       | Visser      | Senior  | Male   | 30 |
| 254 | 03:58:43 | G | 648 | Lee-Anne    | Pienaar     | Senior  | Female | 37 |
| 255 | 04:00:16 | G | 565 | Carla       | Bekker      | Senior  | Female | 30 |
| 256 | 04:00:22 | G | 571 | Leigh       | Carp        | Senior  | Female | 33 |
| 257 | 04:00:42 | G | 597 | Denis       | Fry         | Senior  | Male   | 34 |
| 258 | 04:00:44 | G | 598 | Natalie     | Fry         | Senior  | Female | 32 |
| 259 | 04:02:16 | G | 680 | Christa     | Ungerer     | Senior  | Female | 33 |
| 260 | 04:02:18 | G | 596 | Rika        | Fourie      | Senior  | Female | 38 |
| 261 | 04:04:46 | F | 502 | Terence     | Kretzmann   | Senior  | Male   | 34 |
| 262 | 04:04:48 | F | 501 | Nina        | Kretzmann   | Senior  | Female | 38 |
| 263 | 04:04:51 | G | 656 | Michelle    | Rorich      | Senior  | Female | 21 |
| 264 | 04:04:53 | G | 695 | Jessica     | Williamson  | Senior  | Female | 20 |
| 265 | 04:04:55 | G | 645 | Bianca      | Ogg         | Senior  | Female | 20 |
| 266 | 04:05:13 | G | 714 | Neville     | Sharwood    | Master  | Male   | 56 |
| 267 | 04:05:52 | G | 558 | Elri        | Agenbag     | Senior  | Female | 31 |
| 268 | 04:06:47 | G | 708 | Pauline     | Wilkinson   | Senior  | Female | 31 |
| 269 | 04:06:57 | G | 633 | Roland      | Matzke      | Master  | Male   | 56 |
| 270 | 04:08:37 | G | 677 | Lenise      | Swanson     | Senior  | Female | 34 |
| 271 | 04:09:12 | G | 612 | Eric        | Horn        | Senior  | Male   | 31 |
| 272 | 04:09:55 | E | 413 | Quentin     | Stanfliet   | Veteran | Male   | 40 |
| 273 | 04:13:53 | G | 703 | Karin       | Gerber      | Senior  | Female | 29 |
| 274 | 04:15:35 | G | 559 | Cathy       | Alison      | Master  | Female | 50 |
| 275 | 04:22:05 | G | 580 | Jennifer    | Crossman    | Veteran | Female | 40 |
| 276 | 04:22:06 | G | 702 | Jean-Pierre | Davids      | Senior  | Male   | 39 |
| 277 | 04:27:19 | G | 651 | Adriaan     | Retief      | Veteran | Male   | 40 |
| 278 | 04:37:17 | G | 574 | Vanessa     | Clark       | Veteran | Female | 40 |
| 279 | 04:38:04 | G | 699 | Mohamed     | Adams       | Senior  | Male   | 39 |
| 280 | 04:38:10 | G | 616 | Brigid      | Kell        | Senior  | Female | 26 |
| 281 | 04:38:14 | G | 706 | Donfrey     | Meyer       | Senior  | Male   | 37 |
| 282 | 04:41:54 | G | 577 | Jacques     | Conradie    | Veteran | Male   | 41 |

### Senior Men

| Position | Time     | Batch | Race # | Name      | Surname       | Category | Sex  | Age |
|----------|----------|-------|--------|-----------|---------------|----------|------|-----|
| 1        | 01:55:05 | E     | 410    | Rory      | Scheffer      | Senior   | Male | 23  |
| 2        | 02:02:24 | E     | 392    | Edson     | Kumwamba      | Senior   | Male | 25  |
| 3        | 02:03:04 | E     | 415    | Chris     | Strydrom      | Senior   | Male | 17  |
| 4        | 02:04:59 | E     | 377    | Michael   | Gombart       | Senior   | Male | 27  |
| 5        | 02:08:41 | E     | 354    | Raydon    | Balie         | Senior   | Male | 20  |
| 6        | 02:13:42 | E     | 394    | William   | Leslie        | Senior   | Male | 22  |
| 7        | 02:14:10 | E     | 446    | Eddie     | Lambert       | Senior   | Male | 38  |
| 8        | 02:20:21 | E     | 425    | Petrus    | Van Wyk       | Senior   | Male | 25  |
| 9        | 02:23:22 | E     | 353    | Michael   | Arbuthnot     | Senior   | Male | 35  |
| 10       | 02:24:22 | E     | 445    | James     | Verster-Cohen | Senior   | Male | 35  |
| 11       | 02:26:03 | E     | 441    | Oliver    | Munnik        | Senior   | Male | 30  |
| 12       | 02:27:01 | F     | 532    | Stephen   | Kistner       | Senior   | Male | 23  |
| 13       | 02:29:13 | G     | 600    | Spoen     | Green         | Senior   | Male | 20  |
| 14       | 02:29:53 | E     | 389    | Shawn     | Kitt          | Senior   | Male | 39  |
| 15       | 02:30:12 | E     | 412    | Peter     | Shackleton    | Senior   | Male | 39  |
| 16       | 02:34:13 | E     | 437    | Asmus     | Zoch          | Senior   | Male | 31  |
| 17       | 02:35:15 | E     | 401    | Thomas    | Nortier       | Senior   | Male | 23  |
| 18       | 02:36:29 | F     | 465    | Stewart   | Mazambani     | Senior   | Male | 39  |
| 19       | 02:40:36 | F     | 472    | Nicholaas | Du Plessis    | Senior   | Male | 30  |
| 20       | 02:40:59 | E     | 367    | Stephen   | Cunliffe      | Senior   | Male | 38  |
| 21       | 02:41:20 | G     | 606    | Robert    | Heath         | Senior   | Male | 21  |
| 22       | 02:41:40 | E     | 359    | Jandre    | Bezuidenhout  | Senior   | Male | 20  |
| 23       | 02:42:19 | E     | 381    | Duncan    | Gutsche       | Senior   | Male | 38  |
| 24       | 02:42:50 | E     | 418    | Bjorn     | Theart        | Senior   | Male | 35  |
| 25       | 02:43:18 | E     | 363    | Rowan     | Cairns        | Senior   | Male | 34  |
| 26       | 02:43:26 | G     | 733    | Sean      | McGibbon      | Senior   | Male | 25  |
| 27       | 02:44:26 | G     | 688    | Earl      | Van Zyl       | Senior   | Male | 36  |
| 28       | 02:44:29 | G     | 568    | Louis     | Botha         | Senior   | Male | 22  |
| 29       | 02:45:22 | E     | 365    | Jasper    | Cloete        | Senior   | Male | 39  |
| 30       | 02:46:09 | E     | 361    | Scott     | Biggs         | Senior   | Male | 39  |
| 31       | 02:46:39 | F     | 535    | Sam       | Smout         | Senior   | Male | 29  |
| 32       | 02:46:44 | E     | 414    | William   | Stephens      | Senior   | Male | 21  |
| 33       | 02:48:34 | F     | 524    | Zandre    | Raath         | Senior   | Male | 30  |
| 34       | 02:48:50 | F     | 461    | Sascha    | Breuss        | Senior   | Male | 30  |
| 35       | 02:49:12 | G     | 590    | Jonathan  | Edmunds       | Senior   | Male | 22  |
| 36       | 02:49:14 | G     | 566    | Schalk    | Bezuidenhout  | Senior   | Male | 20  |

|     |          |   |     |             |                    |        |      |    |
|-----|----------|---|-----|-------------|--------------------|--------|------|----|
| 37  | 02:49:35 | G | 674 | Harish      | Subramanian        | Senior | Male | 34 |
| 38  | 02:50:03 | F | 554 | Stian       | Venter             | Senior | Male | 20 |
| 39  | 02:51:12 | G | 684 | Riaan       | Van Eeden          | Senior | Male | 38 |
| 40  | 02:51:40 | G | 736 | David       | Weber              | Senior | Male | 39 |
| 41  | 02:51:42 | G | 737 | Marco       | De vincenzo        | Senior | Male | 38 |
| 42  | 02:52:15 | E | 393 | Mark        | Lang               | Senior | Male | 31 |
| 43  | 02:52:17 | E | 386 | Wesley      | Johnston           | Senior | Male | 30 |
| 44  | 02:53:31 | E | 375 | Kobus       | Fouché             | Senior | Male | 32 |
| 45  | 02:53:57 | G | 723 | Nico        | De Waal            | Senior | Male | 39 |
| 46  | 02:54:02 | F | 525 | Jean-Pierre | Roux               | Senior | Male | 31 |
| 47  | 02:54:18 | F | 499 | Mark        | Jones              | Senior | Male | 21 |
| 48  | 02:55:28 | F | 478 | Maseeh      | Esau               | Senior | Male | 39 |
| 49  | 02:55:43 | E | 370 | Jean-Pierre | De Kock            | Senior | Male | 29 |
| 50  | 02:56:33 | G | 664 | Andrew      | Schuster           | Senior | Male | 36 |
| 51  | 02:57:12 | G | 561 | Duncan      | Artus              | Senior | Male | 38 |
| 52  | 02:57:29 | F | 536 | Sam         | Stelzner           | Senior | Male | 22 |
| 53  | 02:58:24 | E | 449 | Jaco        | Du Toit            | Senior | Male | 36 |
| 54  | 02:58:33 | E | 444 | Mark        | Van zyl            | Senior | Male | 21 |
| 55  | 02:59:19 | E | 439 | Mark        | Boucher            | Senior | Male | 38 |
| 56  | 02:59:40 | G | 622 | Pieter      | Koornhof           | Senior | Male | 27 |
| 57  | 03:00:07 | E | 428 | Andy        | Walford            | Senior | Male | 36 |
| 58  | 03:01:00 | F | 540 | Keegan      | Sutherland         | Senior | Male | 19 |
| 59  | 03:01:12 | F | 490 | Joakim      | Hansi Blackadder   | Senior | Male | 31 |
| 60  | 03:02:23 | E | 438 | Pieter      | Zwanepoel          | Senior | Male | 36 |
| 61  | 03:02:28 | F | 557 | Ryan        | Zoutendyk          | Senior | Male | 37 |
| 62  | 03:03:01 | G | 643 | Martin      | Nejthardt          | Senior | Male | 39 |
| 63  | 03:03:09 | F | 492 | Julian      | Heath              | Senior | Male | 19 |
| 64  | 03:03:57 | F | 550 | Johan       | Van der Westhuizen | Senior | Male | 30 |
| 65  | 03:06:47 | E | 384 | Wouter      | Hanekom            | Senior | Male | 25 |
| 66  | 03:08:25 | F | 533 | Matt        | Smit               | Senior | Male | 29 |
| 67  | 03:09:11 | G | 722 | Godfrey     | Krige              | Senior | Male | 25 |
| 68  | 03:09:33 | G | 563 | Douglas     | Batchelor          | Senior | Male | 36 |
| 69  | 03:09:38 | G | 657 | Robin       | Sandler            | Senior | Male | 39 |
| 70  | 03:10:03 | G | 678 | Cameron     | Taylor             | Senior | Male | 21 |
| 71  | 03:10:48 | F | 500 | Rolf        | Jonker             | Senior | Male | 28 |
| 72  | 03:11:20 | G | 710 | Dave        | Jonker             | Senior | Male | 37 |
| 73  | 03:12:08 | F | 539 | Jan         | Steytier           | Senior | Male | 19 |
| 74  | 03:12:19 | G | 636 | Arno        | Middelberg         | Senior | Male | 30 |
| 75  | 03:13:13 | F | 516 | Mark        | Millin             | Senior | Male | 39 |
| 76  | 03:14:42 | F | 527 | Faheem      | Salie              | Senior | Male | 36 |
| 77  | 03:16:11 | E | 416 | Jaco        | Swart              | Senior | Male | 34 |
| 78  | 03:16:20 | F | 503 | Wouter      | Kriegler           | Senior | Male | 30 |
| 79  | 03:20:14 | E | 369 | Iain        | Davis              | Senior | Male | 26 |
| 80  | 03:22:39 | G | 582 | Andrew      | De Pao             | Senior | Male | 39 |
| 81  | 03:24:39 | G | 727 | Benjamin    | Gurr               | Senior | Male | 24 |
| 82  | 03:24:55 | G | 725 | Human       | De Jager           | Senior | Male | 24 |
| 83  | 03:24:56 | G | 730 | James       | Muckarg            | Senior | Male | 23 |
| 84  | 03:25:29 | G | 646 | Chrisitaan  | Pansegrouw         | Senior | Male | 34 |
| 85  | 03:26:17 | F | 549 | Stefanus    | Van Der Watt       | Senior | Male | 30 |
| 86  | 03:26:55 | G | 653 | Marthinus   | Retief             | Senior | Male | 39 |
| 87  | 03:27:00 | E | 362 | Rob         | Burgoyne           | Senior | Male | 32 |
| 88  | 03:28:22 | G | 682 | Jacobus     | Van der Merwe      | Senior | Male | 25 |
| 89  | 03:28:49 | E | 371 | John        | Duncan             | Senior | Male | 33 |
| 90  | 03:29:49 | G | 662 | Kelly       | Scholtz            | Senior | Male | 31 |
| 91  | 03:29:51 | G | 617 | Luke        | Kelly              | Senior | Male | 32 |
| 92  | 03:33:05 | G | 658 | Craig       | Schaefer           | Senior | Male | 39 |
| 93  | 03:33:46 | G | 711 | Ian         | Martinich          | Senior | Male | 34 |
| 94  | 03:35:12 | F | 470 | Eduard      | Burger             | Senior | Male | 32 |
| 95  | 03:37:15 | G | 644 | Terence     | Niselow            | Senior | Male | 27 |
| 96  | 03:38:38 | G | 717 | Heinrich    | Boock              | Senior | Male | 26 |
| 97  | 03:40:11 | G | 718 | Hendri      | Boshoff            | Senior | Male | 36 |
| 98  | 03:41:08 | G | 595 | Shaun       | Forbes             | Senior | Male | 37 |
| 99  | 03:43:35 | F | 521 | Calvin      | Muller             | Senior | Male | 29 |
| 100 | 03:46:14 | F | 475 | Braam       | Engall             | Senior | Male | 28 |
| 101 | 03:46:29 | G | 562 | Gerrit      | Avenant            | Senior | Male | 29 |
| 102 | 03:49:27 | G | 660 | Dewald      | Schlebusch         | Senior | Male | 33 |
| 103 | 03:49:48 | F | 468 | Christiaan  | De Villiers        | Senior | Male | 39 |
| 104 | 03:51:59 | E | 426 | Riaan       | Vorstler           | Senior | Male | 30 |
| 105 | 03:57:19 | G | 693 | Henco       | Visser             | Senior | Male | 30 |
| 106 | 04:00:42 | G | 597 | Denis       | Fry                | Senior | Male | 34 |
| 107 | 04:04:46 | F | 502 | Terence     | Kretzmann          | Senior | Male | 34 |
| 108 | 04:09:12 | G | 612 | Eric        | Horn               | Senior | Male | 31 |
| 109 | 04:22:06 | G | 702 | Jean-Pierre | Davids             | Senior | Male | 39 |
| 110 | 04:38:04 | G | 699 | Mohamed     | Adams              | Senior | Male | 39 |
| 111 | 04:38:14 | G | 706 | Donfrey     | Meyer              | Senior | Male | 37 |

#### Senior Ladies

| Position | Time     | Batch | Race # | Name       | Surname            | Category | Sex    | Age |
|----------|----------|-------|--------|------------|--------------------|----------|--------|-----|
| 1        | 02:20:23 | E     | 421    | Liandi     | Van der Westhuyzen | Senior   | Female | 30  |
| 2        | 02:23:35 | E     | 423    | Marguerite | Van Niekerk        | Senior   | Female | 31  |
| 3        | 02:32:48 | E     | 433    | Marié      | Wessels            | Senior   | Female | 32  |
| 4        | 02:40:25 | E     | 450    | Taryn      | King               | Senior   | Female | 28  |
| 5        | 02:40:41 | E     | 352    | Dunya      | Ansems             | Senior   | Female | 32  |

|    |          |   |     |             |                  |        |        |    |
|----|----------|---|-----|-------------|------------------|--------|--------|----|
| 6  | 02:46:54 | F | 494 | Gerda       | Henn             | Senior | Female | 35 |
| 7  | 02:47:13 | F | 543 | Rita        | Terblanche       | Senior | Female | 37 |
| 8  | 02:47:52 | G | 666 | Nadine      | Spencer          | Senior | Female | 39 |
| 9  | 02:49:06 | E | 366 | Nerisa      | Coelho           | Senior | Female | 34 |
| 10 | 02:53:29 | G | 679 | Alice       | Ter Morshuizen   | Senior | Female | 21 |
| 11 | 02:56:46 | E | 368 | Tania       | D'Aguiar         | Senior | Female | 39 |
| 12 | 02:57:48 | E | 422 | Jana        | Van Houwelingen  | Senior | Female | 26 |
| 13 | 02:58:13 | E | 447 | Jackie      | De Villiers      | Senior | Female | 34 |
| 14 | 02:58:36 | E | 396 | Joanna      | Maingard         | Senior | Female | 20 |
| 15 | 02:58:48 | G | 650 | Marilize    | Raath            | Senior | Female | 29 |
| 16 | 02:58:50 | E | 395 | Jontelle    | Linnegar         | Senior | Female | 35 |
| 17 | 03:00:04 | G | 621 | Liezl       | Klopper          | Senior | Female | 36 |
| 18 | 03:00:05 | E | 429 | Julia       | Walford          | Senior | Female | 36 |
| 19 | 03:00:14 | G | 670 | Megan       | Strachan         | Senior | Female | 22 |
| 20 | 03:00:17 | G | 629 | Megan       | Liebetau         | Senior | Female | 21 |
| 21 | 03:02:09 | F | 508 | Sandra      | Le Roux          | Senior | Female | 33 |
| 22 | 03:02:58 | F | 520 | Alet        | Morgan           | Senior | Female | 37 |
| 23 | 03:03:11 | F | 512 | Chrystal    | Walker           | Senior | Female | 32 |
| 24 | 03:03:29 | G | 634 | Bryony      | McCormick        | Senior | Female | 32 |
| 25 | 03:04:35 | E | 424 | Riette      | Van rensburg     | Senior | Female | 34 |
| 26 | 03:04:41 | G | 692 | Yvette      | Venter           | Senior | Female | 36 |
| 27 | 03:05:14 | G | 599 | Michelle    | Glover           | Senior | Female | 21 |
| 28 | 03:07:27 | F | 498 | Josie       | Jansen           | Senior | Female | 21 |
| 29 | 03:07:34 | E | 372 | Candice     | Eb               | Senior | Female | 27 |
| 30 | 03:08:48 | G | 605 | Carla       | Hauptfleisch     | Senior | Female | 24 |
| 31 | 03:08:57 | F | 541 | Marzanne    | Swanepoel        | Senior | Female | 35 |
| 32 | 03:10:01 | G | 655 | Rebecca     | Roberts          | Senior | Female | 24 |
| 33 | 03:11:47 | F | 548 | Mariese     | Van Der linde    | Senior | Female | 23 |
| 34 | 03:12:45 | G | 735 | Dominique   | De Villiers      | Senior | Female | 34 |
| 35 | 03:13:01 | F | 484 | Sarah       | George           | Senior | Female | 35 |
| 36 | 03:13:19 | E | 409 | Christine   | Rust             | Senior | Female | 22 |
| 37 | 03:14:59 | F | 518 | Meg         | Moodie           | Senior | Female | 27 |
| 38 | 03:15:26 | E | 405 | Julia       | Penn             | Senior | Female | 30 |
| 39 | 03:16:08 | F | 457 | Hanneke     | Botha            | Senior | Female | 28 |
| 40 | 03:16:11 | F | 510 | Corli       | Leonard          | Senior | Female | 29 |
| 41 | 03:16:16 | F | 487 | Marelize    | Grobbelaar       | Senior | Female | 33 |
| 42 | 03:18:51 | F | 511 | Magdalena   | Lingnau          | Senior | Female | 27 |
| 43 | 03:20:33 | G | 572 | Sabrina     | Chesterman       | Senior | Female | 29 |
| 44 | 03:23:24 | G | 700 | Jean        | Badenhorst       | Senior | Female | 38 |
| 45 | 03:24:19 | F | 517 | Tracey      | Millin           | Senior | Female | 35 |
| 46 | 03:26:40 | G | 647 | Jeanne      | Pickard          | Senior | Female | 34 |
| 47 | 03:28:51 | E | 355 | Monya       | Bassingthwaighte | Senior | Female | 32 |
| 48 | 03:28:54 | G | 591 | Ané         | Erasmus          | Senior | Female | 25 |
| 49 | 03:29:45 | G | 687 | Marieta     | Van Wyk          | Senior | Female | 36 |
| 50 | 03:29:54 | G | 601 | Mariska     | Groenewald       | Senior | Female | 32 |
| 51 | 03:29:56 | G | 712 | Sarah-Marie | Nothing          | Senior | Female | 29 |
| 52 | 03:31:04 | G | 726 | Alexandra   | Malmnas          | Senior | Female | 36 |
| 53 | 03:31:07 | E | 391 | Mmamapudi   | Kubjane          | Senior | Female | 23 |
| 54 | 03:33:12 | F | 473 | Marike      | Du toit          | Senior | Female | 21 |
| 55 | 03:33:12 | G | 609 | Yvonne      | Hitchcock        | Senior | Female | 39 |
| 56 | 03:34:10 | G | 586 | Adri        | Dornbrack        | Senior | Female | 37 |
| 57 | 03:34:13 | F | 507 | Cara-Anne   | Le Mottee        | Senior | Female | 27 |
| 58 | 03:38:47 | G | 625 | Annerie     | Lamprecht        | Senior | Female | 26 |
| 59 | 03:39:46 | F | 455 | Jani        | Bosman           | Senior | Female | 23 |
| 60 | 03:41:06 | G | 594 | Sarah       | Forbes           | Senior | Female | 32 |
| 61 | 03:41:59 | F | 459 | Bronwen     | Brauteseth       | Senior | Female | 34 |
| 62 | 03:43:02 | E | 419 | Shanna      | Theron           | Senior | Female | 27 |
| 63 | 03:43:38 | F | 497 | Jocelyn     | Hustler          | Senior | Female | 24 |
| 64 | 03:46:12 | F | 476 | Sante       | Engall           | Senior | Female | 28 |
| 65 | 03:46:55 | F | 486 | Jeanne      | Gouws            | Senior | Female | 35 |
| 66 | 03:49:47 | F | 469 | Teresa      | De Villiers      | Senior | Female | 37 |
| 67 | 03:49:56 | G | 587 | Suzette     | Du Plessis       | Senior | Female | 24 |
| 68 | 03:52:25 | F | 454 | Alicia      | Bock             | Senior | Female | 32 |
| 69 | 03:54:33 | G | 631 | Elianne     | Marais           | Senior | Female | 30 |
| 70 | 03:54:52 | G | 619 | Jurene      | Kemp             | Senior | Female | 24 |
| 71 | 03:58:43 | G | 648 | Lee-Anne    | Pienaar          | Senior | Female | 37 |
| 72 | 04:00:16 | G | 565 | Carla       | Bekker           | Senior | Female | 30 |
| 73 | 04:00:22 | G | 571 | Leigh       | Carp             | Senior | Female | 33 |
| 74 | 04:00:44 | G | 598 | Natalie     | Fry              | Senior | Female | 32 |
| 75 | 04:02:16 | G | 680 | Christa     | Ungerer          | Senior | Female | 33 |
| 76 | 04:02:18 | G | 596 | Rika        | Fourie           | Senior | Female | 38 |
| 77 | 04:04:48 | F | 501 | Nina        | Kretzmann        | Senior | Female | 38 |
| 78 | 04:04:51 | G | 656 | Michelle    | Rorich           | Senior | Female | 21 |
| 79 | 04:04:53 | G | 695 | Jessica     | Williamson       | Senior | Female | 20 |
| 80 | 04:04:55 | G | 645 | Bianca      | Ogg              | Senior | Female | 20 |
| 81 | 04:05:52 | G | 558 | Elri        | Agenbag          | Senior | Female | 31 |
| 82 | 04:06:47 | G | 708 | Pauline     | Wilkinson        | Senior | Female | 31 |
| 83 | 04:08:37 | G | 677 | Lenise      | Swanson          | Senior | Female | 34 |
| 84 | 04:13:53 | G | 703 | Karin       | Gerber           | Senior | Female | 29 |
| 85 | 04:38:10 | G | 616 | Brigid      | Kell             | Senior | Female | 26 |

#### Veteran Men

| Position | Time | Batch | Race # | Name | Surname | Category | Sex | Age |
|----------|------|-------|--------|------|---------|----------|-----|-----|
|----------|------|-------|--------|------|---------|----------|-----|-----|

|    |          |   |     |           |             |         |      |    |
|----|----------|---|-----|-----------|-------------|---------|------|----|
| 1  | 02:22:03 | E | 397 | Grant     | Marcus      | Veteran | Male | 41 |
| 2  | 02:38:06 | F | 544 | Hugh-John | Townsend    | Veteran | Male | 49 |
| 3  | 02:41:26 | G | 620 | Omri      | Kleynhans   | Veteran | Male | 43 |
| 4  | 02:41:44 | E | 388 | Lance     | Katz        | Veteran | Male | 44 |
| 5  | 02:45:02 | F | 526 | Andrew    | Ryan        | Veteran | Male | 47 |
| 6  | 02:46:37 | E | 379 | Willem    | Grabe       | Veteran | Male | 42 |
| 7  | 02:47:27 | F | 538 | Paul      | Stephens    | Veteran | Male | 40 |
| 8  | 02:48:59 | E | 403 | Bradley   | Park        | Veteran | Male | 46 |
| 9  | 02:53:36 | G | 721 | Werner    | Hartman     | Veteran | Male | 45 |
| 10 | 02:54:35 | F | 515 | Alex      | Lupion      | Veteran | Male | 44 |
| 11 | 02:54:51 | G | 579 | Grant     | Cooper      | Veteran | Male | 47 |
| 12 | 02:56:03 | G | 734 | Graham    | Swart       | Veteran | Male | 41 |
| 13 | 02:56:44 | E | 373 | Anton     | Esterhuizen | Veteran | Male | 45 |
| 14 | 02:58:25 | G | 576 | David     | Conradie    | Veteran | Male | 46 |
| 15 | 02:58:30 | G | 583 | Jacques   | de Ville    | Veteran | Male | 48 |
| 16 | 02:59:37 | G | 728 | Steve     | Haldane     | Veteran | Male | 42 |
| 17 | 03:00:30 | F | 551 | Anton     | Van Lierop  | Veteran | Male | 44 |
| 18 | 03:00:44 | E | 431 | Brent     | Weldon      | Veteran | Male | 40 |
| 19 | 03:01:37 | F | 519 | Gert      | Moolman     | Veteran | Male | 47 |
| 20 | 03:01:40 | G | 575 | AJ        | Coetzee     | Veteran | Male | 43 |
| 21 | 03:02:25 | E | 420 | Karl      | Thorne      | Veteran | Male | 44 |
| 22 | 03:03:18 | F | 545 | Christo   | Truter      | Veteran | Male | 44 |
| 23 | 03:06:10 | E | 399 | John      | Morgan      | Veteran | Male | 42 |
| 24 | 03:09:04 | E | 442 | Kevin     | Derbyshire  | Veteran | Male | 48 |
| 25 | 03:10:13 | G | 628 | Chris     | Liebenberg  | Veteran | Male | 41 |
| 26 | 03:11:49 | G | 560 | Charl     | Anderson    | Veteran | Male | 44 |
| 27 | 03:16:54 | F | 460 | Ashley    | Braver      | Veteran | Male | 47 |
| 28 | 03:29:08 | G | 689 | Erik      | Van zyl     | Veteran | Male | 45 |
| 29 | 03:30:45 | F | 513 | Leon      | Louw        | Veteran | Male | 42 |
| 30 | 03:31:12 | F | 505 | Karel     | La Cock     | Veteran | Male | 48 |
| 31 | 03:32:50 | F | 523 | Gary      | Phipson     | Veteran | Male | 48 |
| 32 | 03:33:35 | E | 400 | Gys       | Naude       | Veteran | Male | 48 |
| 33 | 03:35:42 | G | 690 | PJ        | Veldhuizen  | Veteran | Male | 42 |
| 34 | 03:37:49 | G | 618 | Stephen   | Kelly       | Veteran | Male | 42 |
| 35 | 03:41:04 | F | 467 | Leon      | de Klerk    | Veteran | Male | 44 |
| 36 | 03:42:36 | F | 485 | Russell   | Gildenhuys  | Veteran | Male | 44 |
| 37 | 03:44:44 | F | 458 | Kobus     | Botha       | Veteran | Male | 47 |
| 38 | 03:47:32 | F | 493 | Andre     | Hefer       | Veteran | Male | 48 |
| 39 | 03:48:16 | G | 729 | Dries     | Jacobs      | Veteran | Male | 43 |
| 40 | 03:50:10 | G | 627 | Ruan      | Lamprecht   | Veteran | Male | 40 |
| 41 | 03:53:21 | G | 673 | Alan      | Struthers   | Veteran | Male | 41 |
| 42 | 03:53:53 | G | 701 | Graham    | Crawford    | Veteran | Male | 41 |
| 43 | 03:53:55 | G | 707 | Rory      | Spangenberg | Veteran | Male | 41 |
| 44 | 04:09:55 | E | 413 | Quentin   | Stanfliet   | Veteran | Male | 40 |
| 45 | 04:27:19 | G | 651 | Adriaan   | Retief      | Veteran | Male | 40 |
| 46 | 04:41:54 | G | 577 | Jacques   | Conradie    | Veteran | Male | 41 |

**Veteran Ladies**

| Position | Time     | Batch | Race # | Name      | Surname   | Category | Sex    | Age |
|----------|----------|-------|--------|-----------|-----------|----------|--------|-----|
| 1        | 02:45:54 | E     | 443    | Tanya     | Rabie     | Veteran  | Female | 44  |
| 2        | 02:53:18 | G     | 732    | Herlien   | Van Zyl   | Veteran  | Female | 40  |
| 3        | 02:56:37 | F     | 479    | Nazeema   | Esau      | Veteran  | Female | 42  |
| 4        | 03:07:03 | F     | 546    | Abigail   | Tunstall  | Veteran  | Female | 40  |
| 5        | 03:08:13 | E     | 376    | Tania     | Fourie    | Veteran  | Female | 41  |
| 6        | 03:13:11 | E     | 448    | Bakkes    | Nelleke   | Veteran  | Female | 41  |
| 7        | 03:26:54 | G     | 652    | Lenore    | Retief    | Veteran  | Female | 42  |
| 8        | 03:28:55 | E     | 435    | Christine | Woods     | Veteran  | Female | 41  |
| 9        | 03:30:08 | G     | 611    | Lauren    | Honeyman  | Veteran  | Female | 44  |
| 10       | 03:31:41 | F     | 463    | Barbara   | Cole      | Veteran  | Female | 41  |
| 11       | 03:31:52 | G     | 630    | Lisa      | Loftus    | Veteran  | Female | 41  |
| 12       | 03:32:07 | E     | 378    | Janette   | Grabe     | Veteran  | Female | 40  |
| 13       | 03:33:59 | F     | 495    | Sanelle   | Hobbs     | Veteran  | Female | 43  |
| 14       | 03:50:02 | F     | 462    | Beatrix   | Broek     | Veteran  | Female | 48  |
| 15       | 03:50:08 | G     | 626    | Dianie    | Lamprecht | Veteran  | Female | 40  |
| 16       | 03:55:28 | G     | 624    | Charla    | Kriel     | Veteran  | Female | 47  |
| 17       | 03:56:01 | F     | 474    | Theresa   | Du Toit   | Veteran  | Female | 40  |
| 18       | 04:22:05 | G     | 580    | Jennifer  | Crossman  | Veteran  | Female | 40  |
| 19       | 04:37:17 | G     | 574    | Vanessa   | Clark     | Veteran  | Female | 40  |

**Master Men**

| Position | Time     | Batch | Race # | Name        | Surname      | Category | Sex  | Age |
|----------|----------|-------|--------|-------------|--------------|----------|------|-----|
| 1        | 02:41:18 | E     | 408    | Philip      | Rubin        | Master   | Male | 53  |
| 2        | 02:57:50 | E     | 427    | Mark        | Wagenheim    | Master   | Male | 59  |
| 3        | 03:07:29 | F     | 504    | Jeremy      | Kropman      | Master   | Male | 57  |
| 4        | 03:07:51 | E     | 358    | Andre       | Bezuidenhout | Master   | Male | 52  |
| 5        | 03:13:52 | F     | 529    | Christopher | Schnehage    | Master   | Male | 61  |
| 6        | 03:15:08 | E     | 440    | Roger       | Pearce       | Master   | Male | 50  |
| 7        | 03:15:55 | G     | 705    | Robin       | McDonald     | Master   | Male | 62  |
| 8        | 03:21:59 | E     | 351    | Graham      | Alessandri   | Master   | Male | 55  |
| 9        | 03:43:11 | G     | 675    | Brian       | Super        | Master   | Male | 57  |
| 10       | 03:45:19 | G     | 641    | Laurie      | Nathan       | Master   | Male | 55  |
| 11       | 04:05:13 | G     | 714    | Neville     | Sharwood     | Master   | Male | 56  |
| 12       | 04:06:57 | G     | 633    | Roland      | Matzke       | Master   | Male | 56  |

**Master Ladies**

| Position | Time     | Batch | Race # | Name       | Surname  | Category | Sex    | Age |
|----------|----------|-------|--------|------------|----------|----------|--------|-----|
| 1        | 02:55:38 | G     | 716    | Marié      | Barnard  | Master   | Female | 56  |
| 2        | 03:34:15 | G     | 639    | Gail       | Moriarty | Master   | Female | 50  |
| 3        | 03:36:32 | F     | 522    | Moirra     | Oliver   | Master   | Female | 55  |
| 4        | 03:41:37 | E     | 357    | Elschen    | Beyers   | Master   | Female | 53  |
| 5        | 03:43:34 | F     | 514    | Jacqueline | Loydell  | Master   | Female | 53  |
| 6        | 03:45:09 | G     | 672    | Hela       | Strez    | Master   | Female | 53  |
| 7        | 03:56:38 | G     | 603    | Patricia   | Hagen    | Master   | Female | 64  |
| 8        | 03:56:56 | G     | 613    | Ansu       | Human    | Master   | Female | 50  |
| 9        | 04:15:35 | G     | 559    | Cathy      | Alison   | Master   | Female | 50  |



# Jonkershoek Mountain Run 2015

## 11km



### Overall

| Position | Time     | Race # | Name        | Surname            | Category | Sex    | Age |
|----------|----------|--------|-------------|--------------------|----------|--------|-----|
| 1        | 00:45:52 | 1018   | Ruan        | Myburgh            | Open     | Male   | 28  |
| 2        | 00:46:27 | 879    | Floris      | Machtelinckx       | Junior   | Male   | 17  |
| 3        | 00:47:51 | 1072   | Arno        | Buitendag          | Open     | Male   | 25  |
| 4        | 00:48:21 | 1000   | Thomas      | Cousins            | Open     | Male   | 38  |
| 5        | 00:48:55 | 871    | Megan       | Leslie             | Junior   | Female | 16  |
| 6        | 00:48:57 | 970    | Louwtjie    | van Zyl            | Open     | Male   | 30  |
| 7        | 00:49:44 | 865    | Wilhelm     | Kuun               | Senior   | Male   | 28  |
| 8        | 00:50:03 | 1011   | Ian         | Linsell            | Senior   | Male   | 24  |
| 9        | 00:50:10 | 981    | Jean        | Welsh              | Senior   | Female | 37  |
| 10       | 00:50:37 | 918    | Christopher | Prowse             | Senior   | Male   | 24  |
| 11       | 00:50:44 | 1067   | Kate        | Munnik             | Senior   | Female | 29  |
| 12       | 00:51:22 | 1063   | Robert      | Boyes              | Junior   | Male   | 16  |
| 13       | 00:51:51 | 870    | Katie       | Leslie             | Senior   | Female | 18  |
| 14       | 00:51:54 | 954    | Alan        | Swift              | Senior   | Male   | 49  |
| 15       | 00:52:07 | 1065   | Celeste     | Renaud             | Senior   | Female | 19  |
| 16       | 00:52:12 | 1069   | Matt        | Glenday            | Senior   | Male   | 34  |
| 17       | 00:52:48 | 1031   | Ryan        | Thompson           | Senior   | Male   | 19  |
| 18       | 00:53:49 | 868    | Sven        | Leisegang          | Senior   | Male   | 30  |
| 19       | 00:54:01 | 765    | Hendry      | Bessinger          | Senior   | Male   | 35  |
| 20       | 00:54:02 | 793    | Thomas      | Chadwick           | Senior   | Male   | 20  |
| 21       | 00:54:28 | 934    | Miri        | Smit               | Senior   | Female | 35  |
| 22       | 00:55:02 | 778    | Tinus       | Botha              | Senior   | Male   | 47  |
| 23       | 00:55:03 | 804    | Noah        | De Nicola          | Junior   | Male   | 15  |
| 24       | 00:55:09 | 817    | Tanya       | Dormehl            | Senior   | Female | 18  |
| 25       | 00:55:28 | 961    | Jean-Paul   | Van As             | Senior   | Male   | 41  |
| 26       | 00:55:30 | 953    | Theo        | Swart              | Senior   | Male   | 26  |
| 27       | 00:55:43 | 978    | Rolf        | Von der Meden      | Senior   | Male   | 19  |
| 28       | 00:55:53 | 905    | Andre       | Oosthuizen         | Senior   | Male   | 29  |
| 29       | 00:55:59 | 1027   | Jayne       | Rimell             | Junior   | Female | 16  |
| 30       | 00:56:02 | 1009   | Darryl      | Stander            | Senior   | Male   | 42  |
| 31       | 00:56:04 | 938    | Mione       | Smith              | Senior   | Female | 25  |
| 32       | 00:56:36 | 815    | Ilana       | Dormehl            | Senior   | Female | 22  |
| 33       | 00:56:39 | 929    | Michal      | Schmidt            | Senior   | Male   | 19  |
| 34       | 00:56:41 | 1049   | Jaco        | Janse van Rensburg | Senior   | Male   | 33  |
| 35       | 00:56:48 | 943    | Marie       | Steenkamp          | Senior   | Female | 26  |
| 36       | 00:56:53 | 759    | Emma        | Baty               | Senior   | Female | 26  |
| 37       | 00:57:29 | 851    | Martin      | Heunis             | Senior   | Male   | 33  |
| 38       | 00:57:31 | 920    | Marni       | Redelinghuys       | Senior   | Female | 31  |
| 39       | 00:57:53 | 751    | Wilmi       | Agenbag            | Junior   | Female | 17  |
| 40       | 00:58:14 | 1060   | Maderine    | Barton             | Senior   | Female | 31  |
| 41       | 00:58:19 | 1057   | Andrew      | Ham                | Senior   | Male   | 35  |
| 42       | 00:58:22 | 1058   | Mark        | Templeton          | Senior   | Male   | 38  |
| 43       | 00:58:31 | 1064   | Lionel      | De Nicola          | Senior   | Male   | 49  |
| 44       | 00:58:39 | 772    | Jonathan    | Mackay             | Senior   | Male   | 20  |
| 45       | 00:58:59 | 932    | Craig       | Seaman             | Senior   | Male   | 47  |
| 46       | 00:59:21 | 881    | Nohan       | Maraïs             | Senior   | Male   | 28  |
| 47       | 00:59:58 | 1070   | Daphne      | Lyll               | Senior   | Female | 36  |
| 48       | 01:00:59 | 831    | Leigh       | ferreira           | Senior   | Female | 40  |
| 49       | 01:01:02 | 816    | Lizaan      | Dormehl            | Senior   | Female | 20  |
| 50       | 01:01:04 | 944    | Marius      | Steenkamp          | Senior   | Male   | 27  |
| 51       | 01:01:17 | 864    | Neill       | Kropman            | Senior   | Male   | 22  |
| 52       | 01:01:19 | 830    | Andre       | Ferreira           | Senior   | Male   | 48  |
| 53       | 01:01:29 | 800    | Rui         | De Andrade         | Senior   | Male   | 40  |
| 54       | 01:01:56 | 917    | Stefan      | Pretorius          | Senior   | Male   | 29  |
| 55       | 01:02:02 | 803    | Melissa     | De Beer            | Senior   | Female | 35  |
| 56       | 01:02:03 | 790    | Gizelle     | Burke              | Senior   | Female | 31  |
| 57       | 01:02:05 | 889    | Lisel       | Modinger           | Senior   | Female | 34  |
| 58       | 01:02:15 | 993    | Wikus       | Beetge             | Senior   | Male   | 40  |
| 59       | 01:02:29 | 1048   | Bernadette  | Reynek             | Senior   | Female | 41  |
| 60       | 01:02:32 | 1039   | Samantha    | Hobson-Jones       | Senior   | Female | 22  |
| 61       | 01:02:46 | 1026   | James       | Rimell             | Senior   | Male   | 45  |
| 62       | 01:02:50 | 940    | Liam        | Stander            | Senior   | Male   | 26  |
| 63       | 01:02:57 | 945    | Anna        | Stelzner           | Senior   | Female | 19  |
| 64       | 01:03:01 | 770    | Patricia    | Blake              | Senior   | Female | 36  |
| 65       | 01:03:02 | 980    | Ben         | Welsh              | Senior   | Male   | 40  |
| 66       | 01:03:04 | 760    | Raymond     | Berelowitz         | Senior   | Male   | 46  |
| 67       | 01:03:07 | 794    | Fanny       | Chevallereau       | Senior   | Female | 27  |
| 68       | 01:03:11 | 886    | Paul        | Minnaar            | Senior   | Male   | 27  |
| 69       | 01:03:20 | 958    | Zahn        | Truter             | Senior   | Male   | 24  |
| 70       | 01:03:26 | 946    | Jaco        | Stemmet            | Senior   | Male   | 38  |
| 71       | 01:03:37 | 895    | Cornel      | Neethling          | Senior   | Male   | 28  |
| 72       | 01:03:38 | 888    | Wouter      | Minnaar            | Senior   | Male   | 27  |
| 73       | 01:03:52 | 1019   | Raine       | Naude              | Senior   | Female | 27  |
| 74       | 01:03:54 | 996    | Cameron     | Adams              | Senior   | Male   | 27  |
| 75       | 01:04:01 | 1028   | Rhydian     | Smith              | Senior   | Male   | 31  |
| 76       | 01:04:16 | 939    | Cornel      | Stander            | Senior   | Female | 24  |
| 77       | 01:04:27 | 903    | Alexis      | Olds               | Senior   | Female | 28  |

|     |          |      |           |                 |        |        |    |
|-----|----------|------|-----------|-----------------|--------|--------|----|
| 78  | 01:05:03 | 840  | Hannes    | Geyer           | Senior | Male   | 32 |
| 79  | 01:05:35 | 915  | Johan     | Pretorius       | Senior | Male   | 52 |
| 80  | 01:05:40 | 833  | Ray       | Ford            | Senior | Male   | 35 |
| 81  | 01:05:42 | 836  | Aimee     | Fouche          | Senior | Female | 23 |
| 82  | 01:05:47 | 872  | Pauline   | Lewis           | Senior | Female | 41 |
| 83  | 01:05:58 | 1045 | Louis     | De Kock         | Senior | Male   | 53 |
| 84  | 01:06:02 | 936  | Cristal   | Smith           | Senior | Female | 36 |
| 85  | 01:06:04 | 891  | Andrew    | Molteno         | Senior | Male   | 42 |
| 86  | 01:06:12 | 1071 | Justin    | Bergemann       | Senior | Male   | 27 |
| 87  | 01:06:21 | 806  | Adele     | De villiers     | Senior | Female | 45 |
| 88  | 01:06:49 | 852  | Liesl     | Hirst           | Senior | Female | 41 |
| 89  | 01:06:58 | 1042 | Eva       | Raal            | Senior | Female | 29 |
| 90  | 01:07:39 | 999  | Amy-lee   | Buchanan        | Junior | Female | 17 |
| 91  | 01:07:42 | 884  | Elanie    | Meyer           | Senior | Female | 28 |
| 92  | 01:07:46 | 957  | Rene      | Taylor          | Senior | Female | 43 |
| 93  | 01:07:48 | 1062 | Harley    | Woolford        | Senior | Male   | 20 |
| 94  | 01:07:58 | 1038 | Semone    | Pieterse        | Senior | Female | 20 |
| 95  | 01:08:00 | 877  | Amy       | Louw            | Senior | Female | 31 |
| 96  | 01:08:04 | 880  | Daniël    | Malan           | Senior | Male   | 22 |
| 97  | 01:08:08 | 838  | Sarah     | Garland         | Senior | Female | 31 |
| 98  | 01:08:16 | 926  | Gina      | Ryan            | Senior | Female | 44 |
| 99  | 01:08:24 | 1059 | Constance | Pansegreuw      | Senior | Female | 34 |
| 100 | 01:08:30 | 1003 | Karen     | Du Preez        | Senior | Female | 40 |
| 101 | 01:08:32 | 883  | Sarah     | McDowell        | Senior | Female | 22 |
| 102 | 01:08:34 | 821  | Ruan      | Du Plooy        | Senior | Male   | 24 |
| 103 | 01:08:38 | 928  | Jurgen    | Scherzinger     | Senior | Male   | 57 |
| 104 | 01:08:44 | 837  | Drikus    | Fourie          | Senior | Male   | 45 |
| 105 | 01:08:50 | 862  | Janieka   | Kotze           | Senior | Female | 25 |
| 106 | 01:09:01 | 1014 | Charl     | Moller          | Senior | Male   | 36 |
| 107 | 01:09:11 | 823  | Veronica  | Du Toit         | Senior | Female | 44 |
| 108 | 01:10:00 | 856  | Isabella  | Immenkamp       | Senior | Female | 27 |
| 109 | 01:10:03 | 768  | Barend    | Bezuidenhout    | Senior | Male   | 44 |
| 110 | 01:10:05 | 755  | Bronwyn   | Arlow           | Senior | Female | 34 |
| 111 | 01:10:07 | 1006 | Petro     | Liebenberg      | Senior | Female | 34 |
| 112 | 01:10:15 | 893  | Lizaan    | Mouton          | Senior | Female | 23 |
| 113 | 01:10:17 | 962  | Claudia   | Van Blommestein | Senior | Female | 21 |
| 114 | 01:10:19 | 973  | Justin    | Varkevissier    | Senior | Male   | 23 |
| 115 | 01:10:30 | 907  | Elzahn    | Oosthuizen      | Senior | Female | 40 |
| 116 | 01:10:32 | 874  | Ryan      | Linnegar        | Senior | Female | 36 |
| 117 | 01:10:34 | 921  | Sorrel    | Reid            | Senior | Female | 29 |
| 118 | 01:10:38 | 916  | Maryse    | Pretorius       | Senior | Female | 26 |
| 119 | 01:10:44 | 1008 | Shelley   | Heunes-Piek     | Senior | Female | 33 |
| 120 | 01:10:46 | 841  | Elton     | Gordon          | Senior | Male   | 33 |
| 121 | 01:10:58 | 820  | Pier      | Du Plessis      | Senior | Male   | 26 |
| 122 | 01:11:10 | 1022 | Werner    | Piek            | Senior | Male   | 33 |
| 123 | 01:11:15 | 785  | Adriaan   | Bruwer          | Senior | Male   | 34 |
| 124 | 01:11:17 | 950  | Mandri    | Sutherland      | Senior | Female | 22 |
| 125 | 01:11:19 | 982  | Charles   | Whitehead       | Senior | Male   | 61 |
| 126 | 01:11:26 | 789  | Shaun     | Burger          | Senior | Male   | 25 |
| 127 | 01:11:32 | 968  | Ingrid    | Van Zyl         | Senior | Female | 30 |
| 128 | 01:11:39 | 949  | Nick      | Sutcliffe       | Senior | Male   | 54 |
| 129 | 01:12:06 | 896  | Zander    | Neill-Dore      | Senior | Male   | 25 |
| 130 | 01:12:26 | 1068 | Sarah     | Glenday         | Senior | Female | 29 |
| 131 | 01:12:29 | 764  | Elmarie   | Bessinger       | Senior | Female | 39 |
| 132 | 01:12:31 | 849  | Blyda     | Hefer           | Senior | Female | 38 |
| 133 | 01:12:35 | 824  | Ian       | Durbach         | Senior | Male   | 35 |
| 134 | 01:12:37 | 910  | Theoni    | Photopoulou     | Senior | Female | 31 |
| 135 | 01:13:03 | 914  | Johan     | Pretorius       | Senior | Male   | 30 |
| 136 | 01:13:05 | 810  | Jonathan  | Degueldre       | Senior | Male   | 33 |
| 137 | 01:13:07 | 951  | Corinne   | Swanepoel       | Senior | Female | 25 |
| 138 | 01:13:26 | 1034 | Belinda   | Reyers          | Senior | Female | 40 |
| 139 | 01:13:30 | 867  | Moshe     | Leibovitz       | Senior | Male   | 58 |
| 140 | 01:13:33 | 822  | Jacelize  | Du Preez        | Senior | Female | 44 |
| 141 | 01:13:47 | 1037 | Retah     | McPherson       | Senior | Female | 48 |
| 141 | 01:13:43 | 913  | Glynn     | Prain           | Senior | Female | 43 |
| 142 | 01:13:54 | 1036 | Tinus     | McPherson       | Senior | Male   | 49 |
| 143 | 01:14:00 | 813  | Tamsyn L  | Dixon           | Senior | Female | 35 |
| 144 | 01:14:03 | 761  | Monique   | Bermeister      | Senior | Female | 39 |
| 145 | 01:14:07 | 1016 | El-Louise | Mouton          | Senior | Female | 28 |

|     |          |      |            |              |        |        |    |
|-----|----------|------|------------|--------------|--------|--------|----|
| 146 | 01:14:11 | 1017 | Hendre     | Mouton       | Senior | Male   | 30 |
| 147 | 01:14:13 | 1051 | Llismi     | Du Toit      | Senior | Female | 34 |
| 148 | 01:14:17 | 948  | Roland     | Struwig      | Senior | Male   | 19 |
| 149 | 01:14:21 | 826  | Emily      | Erasmus      | Senior | Female | 18 |
| 150 | 01:14:24 | 1033 | Anja       | Visagie      | Senior | Female | 27 |
| 151 | 01:14:30 | 792  | Aidan      | Casserley    | Senior | Male   | 28 |
| 152 | 01:14:57 | 1050 | Charl      | Van Niekerk  | Senior | Male   | 22 |
| 153 | 01:15:00 | 1100 | Alec       | Van Niekerk  | Senior | Male   | 29 |
| 154 | 01:15:41 | 955  | Charlie    | Taljaard     | Senior | Male   | 30 |
| 155 | 01:15:43 | 909  | Sabrina    | Pedlar       | Senior | Female | 29 |
| 156 | 01:15:46 | 931  | Monique    | Schutte      | Senior | Female | 26 |
| 157 | 01:15:51 | 873  | Ireta      | Liebenberg   | Senior | Female | 38 |
| 158 | 01:15:52 | 844  | Melissa    | Groenink     | Senior | Female | 28 |
| 159 | 01:15:54 | 805  | Zelda      | De Paiva     | Senior | Female | 43 |
| 160 | 01:15:57 | 1001 | Janine     | Davies       | Senior | Female | 46 |
| 161 | 01:16:03 | 935  | Charl      | Smith        | Senior | Male   | 23 |
| 162 | 01:16:05 | 892  | Fiela      | Mouton       | Senior | Female | 23 |
| 163 | 01:16:07 | 992  | Hendrik    | Kotze        | Senior | Male   | 28 |
| 164 | 01:16:16 | 1004 | Jon        | Farnsworth   | Senior | Male   | 47 |
| 165 | 01:16:26 | 1044 | Patrick    | Holden       | Senior | Male   | 58 |
| 166 | 01:16:29 | 1043 | Judy-Lynne | Holden       | Senior | Female | 57 |
| 167 | 01:16:32 | 795  | Byron      | Cloete       | Senior | Male   | 25 |
| 168 | 01:16:55 | 869  | Allen      | Leroux       | Senior | Male   | 47 |
| 169 | 01:16:57 | 758  | Craig      | Banks        | Senior | Male   | 38 |
| 170 | 01:17:00 | 842  | Liesl      | Gouws        | Senior | Female | 26 |
| 171 | 01:17:16 | 885  | Jason      | Minnaar      | Senior | Male   | 37 |
| 172 | 01:17:17 | 887  | Tania      | Minnaar      | Senior | Female | 37 |
| 173 | 01:17:23 | 923  | Karin      | Roos         | Senior | Female | 26 |
| 174 | 01:17:32 | 984  | CA         | Wilken       | Senior | Male   | 33 |
| 175 | 01:17:44 | 845  | Jackie     | Hannaford    | Senior | Female | 30 |
| 176 | 01:17:45 | 974  | Roxanne    | Varkevisser  | Senior | Female | 27 |
| 177 | 01:18:04 | 904  | Amy        | Oosterbaan   | Senior | Female | 22 |
| 178 | 01:18:06 | 975  | Kirsty     | Venter       | Senior | Female | 30 |
| 179 | 01:18:09 | 942  | Janami     | Steenkamp    | Senior | Female | 36 |
| 180 | 01:18:11 | 941  | Daniel     | Steenkamp    | Senior | Male   | 36 |
| 181 | 01:18:12 | 857  | Adele      | Jordaan      | Senior | Female | 28 |
| 182 | 01:18:23 | 937  | Jaclyn     | Smith        | Senior | Female | 29 |
| 183 | 01:18:24 | 787  | Justin     | Buchmann     | Senior | Male   | 42 |
| 184 | 01:18:28 | 798  | Kirsty     | Cox          | Senior | Female | 39 |
| 185 | 01:18:30 | 854  | Andy       | Howard       | Senior | Male   | 50 |
| 186 | 01:18:32 | 861  | Hilary     | Knight       | Senior | Female | 51 |
| 187 | 01:18:34 | 977  | Lourett    | Visser       | Senior | Female | 58 |
| 188 | 01:18:37 | 991  | Michelle   | Rogowski     | Senior | Female | 28 |
| 189 | 01:18:43 | 1007 | Andrelize  | Hanekom      | Senior | Female | 31 |
| 190 | 01:18:46 | 925  | Loren      | Rutherford   | Senior | Female | 38 |
| 191 | 01:18:47 | 782  | Ferdi      | brannekamper | Senior | Male   | 43 |
| 192 | 01:18:51 | 791  | Sandra     | Butler       | Senior | Female | 27 |
| 193 | 01:18:57 | 902  | Nicola     | Okes         | Senior | Female | 30 |
| 194 | 01:19:31 | 1040 | Kobus      | Pretorius    | Senior | Male   | 47 |
| 195 | 01:19:57 | 985  | Deidre     | Williams     | Senior | Female | 38 |
| 196 | 01:19:59 | 986  | Lindsay    | Williams     | Senior | Male   | 43 |
| 197 | 01:20:02 | 781  | Inge       | Brand        | Senior | Female | 31 |
| 198 | 01:20:05 | 773  | Jana       | Boot         | Senior | Female | 42 |
| 199 | 01:21:07 | 882  | Rudolf     | Marais       | Senior | Male   | 35 |
| 200 | 01:21:19 | 1005 | Peter      | Farwell      | Senior | Male   | 47 |
| 201 | 01:21:20 | 752  | Anne       | Alessandri   | Senior | Female | 40 |
| 202 | 01:21:48 | 1015 | Karyn      | Molteno      | Senior | Female | 45 |
| 203 | 01:22:17 | 1066 | Nick       | Skeen        | Senior | Male   | 21 |
| 204 | 01:22:20 | 1061 | Dylan      | Pivo         | Senior | Male   | 21 |
| 205 | 01:22:59 | 899  | Elsabe     | Niemandt     | Senior | Female | 49 |
| 206 | 01:23:06 | 769  | Gerald     | Bird         | Senior | Male   | 40 |
| 207 | 01:23:16 | 898  | Deanne     | Nicolau      | Senior | Female | 45 |
| 208 | 01:23:45 | 846  | Lee-ann    | Harris       | Senior | Female | 48 |
| 209 | 01:23:46 | 930  | Mervin     | Schnehage    | Senior | Male   | 39 |
| 210 | 01:25:02 | 947  | Theunis    | Stofberg     | Senior | Male   | 40 |
| 211 | 01:25:05 | 964  | Christelle | Van Niekerk  | Senior | Female | 38 |
| 212 | 01:26:51 | 971  | Tracey     | Van Zyl      | Senior | Female | 40 |
| 213 | 01:28:13 | 832  | Angela     | Ford         | Senior | Female | 35 |
| 214 | 01:28:15 | 855  | Shelan     | Hutton       | Senior | Female | 52 |
| 215 | 01:28:34 | 812  | Bianca     | Dempers      | Senior | Female | 23 |
| 216 | 01:28:36 | 829  | Greg       | Farr         | Senior | Male   | 28 |
| 217 | 01:30:02 | 908  | Jaco       | Oosthuizen   | Senior | Male   | 39 |
| 218 | 01:32:57 | 997  | Channette  | Bantjes      | Senior | Female | 37 |
| 219 | 01:34:20 | 922  | Amalia     | Reyneke      | Senior | Female | 24 |
| 220 | 01:34:57 | 1056 | David      | Culliam      | Senior | Male   | 52 |
| 221 | 01:35:21 | 901  | Vian       | Oelofsen     | Senior | Male   | 40 |
| 222 | 01:35:22 | 771  | Sunet      | Bodenstein   | Senior | Female | 35 |
| 223 | 01:36:04 | 811  | Camila     | Del'Amico    | Senior | Female | 34 |
| 224 | 01:36:06 | 912  | Carla      | Pontes       | Senior | Female | 38 |
| 225 | 01:37:11 | 995  | Petra      | Riggs        | Senior | Female | 53 |
| 226 | 01:43:31 | 967  | Marius     | Van Wyk      | Senior | Male   | 48 |
| 227 | 01:43:32 | 890  | Paul       | Moller       | Senior | Male   | 54 |
| 228 | 01:47:08 | 1052 | Ania       | Delpport     | Senior | Female | 40 |
| 229 | 01:47:09 | 1053 | Hannelie   | Truter       | Senior | Female | 43 |
| 230 | 01:53:34 | 801  | Nicola     | Davidson     | Senior | Female | 37 |
| 231 | 01:53:40 | 924  | Corne      | Rossouw      | Senior | Female | 41 |
| 232 | 02:09:39 | 1054 | Delicia    | Houpt        | Senior | Female | 36 |

## Senior Men

| Position | Time     | Race # | Name        | Surname            | Category | Sex  | Age |
|----------|----------|--------|-------------|--------------------|----------|------|-----|
| 1        | 00:45:52 | 1018   | Ruan        | Myburgh            | Senior   | Male | 28  |
| 2        | 00:47:51 | 1072   | Arno        | Buitendag          | Senior   | Male | 25  |
| 3        | 00:48:21 | 1000   | Thomas      | Cousins            | Senior   | Male | 38  |
| 4        | 00:48:57 | 970    | Louwtjie    | van Zyl            | Senior   | Male | 30  |
| 5        | 00:49:44 | 865    | Wilhelm     | Kuun               | Senior   | Male | 28  |
| 6        | 00:50:03 | 1011   | Ian         | Linsell            | Senior   | Male | 24  |
| 7        | 00:50:37 | 918    | Christopher | Prowse             | Senior   | Male | 24  |
| 8        | 00:51:54 | 954    | Alan        | Swift              | Senior   | Male | 49  |
| 9        | 00:52:12 | 1069   | Matt        | Glenday            | Senior   | Male | 34  |
| 10       | 00:52:48 | 1031   | Ryan        | Thompson           | Senior   | Male | 19  |
| 11       | 00:53:49 | 868    | Sven        | Leisegang          | Senior   | Male | 30  |
| 12       | 00:54:01 | 765    | Hendry      | Bessinger          | Senior   | Male | 35  |
| 13       | 00:54:02 | 793    | Thomas      | Chadwick           | Senior   | Male | 20  |
| 14       | 00:55:02 | 778    | Tinus       | Botha              | Senior   | Male | 47  |
| 15       | 00:55:28 | 961    | Jean-Paul   | Van As             | Senior   | Male | 41  |
| 16       | 00:55:30 | 953    | Theo        | Swart              | Senior   | Male | 26  |
| 17       | 00:55:43 | 978    | Rolf        | Von der Meden      | Senior   | Male | 19  |
| 18       | 00:55:53 | 905    | Andre       | Oosthuizen         | Senior   | Male | 29  |
| 19       | 00:56:02 | 1009   | Darryl      | Stander            | Senior   | Male | 42  |
| 20       | 00:56:39 | 929    | Michal      | Schmidt            | Senior   | Male | 19  |
| 21       | 00:56:41 | 1049   | Jaco        | Janse van Rensburg | Senior   | Male | 33  |
| 22       | 00:57:29 | 851    | Martin      | Heunis             | Senior   | Male | 33  |
| 23       | 00:58:19 | 1057   | Andrew      | Ham                | Senior   | Male | 35  |
| 24       | 00:58:22 | 1058   | Mark        | Templeton          | Senior   | Male | 38  |
| 25       | 00:58:31 | 1064   | Lionel      | De Nicola          | Senior   | Male | 49  |
| 26       | 00:58:39 | 772    | Jonathan    | Mackay             | Senior   | Male | 20  |
| 27       | 00:58:59 | 932    | Craig       | Seaman             | Senior   | Male | 47  |
| 28       | 00:59:21 | 881    | Nohan       | Marais             | Senior   | Male | 28  |
| 29       | 01:01:04 | 944    | Marius      | Steenkamp          | Senior   | Male | 27  |
| 30       | 01:01:17 | 864    | Neill       | Kropman            | Senior   | Male | 22  |
| 31       | 01:01:19 | 830    | Andre       | Ferreira           | Senior   | Male | 48  |
| 32       | 01:01:29 | 800    | Rui         | De Andrade         | Senior   | Male | 40  |
| 33       | 01:01:56 | 917    | Stefan      | Pretorius          | Senior   | Male | 29  |
| 34       | 01:02:15 | 993    | Wikus       | Beetge             | Senior   | Male | 40  |
| 35       | 01:02:46 | 1026   | James       | Rimell             | Senior   | Male | 45  |
| 36       | 01:02:50 | 940    | Liam        | Stander            | Senior   | Male | 26  |
| 37       | 01:03:02 | 980    | Ben         | Welsh              | Senior   | Male | 40  |
| 38       | 01:03:04 | 760    | Raymond     | Berelowitz         | Senior   | Male | 46  |
| 39       | 01:03:11 | 886    | Paul        | Minnaar            | Senior   | Male | 27  |
| 40       | 01:03:20 | 958    | Zahn        | Truter             | Senior   | Male | 24  |
| 41       | 01:03:26 | 946    | Jaco        | Stemmet            | Senior   | Male | 38  |
| 42       | 01:03:37 | 895    | Cornel      | Neethling          | Senior   | Male | 28  |
| 43       | 01:03:38 | 888    | Wouter      | Minnaar            | Senior   | Male | 27  |
| 44       | 01:03:54 | 996    | Cameron     | Adams              | Senior   | Male | 27  |
| 45       | 01:04:01 | 1028   | Rhydian     | Smith              | Senior   | Male | 31  |
| 46       | 01:05:03 | 840    | Hannes      | Geyer              | Senior   | Male | 32  |
| 47       | 01:05:35 | 915    | Johan       | Pretorius          | Senior   | Male | 52  |
| 48       | 01:05:40 | 833    | Ray         | Ford               | Senior   | Male | 35  |
| 49       | 01:05:58 | 1045   | Louis       | De Kock            | Senior   | Male | 53  |
| 50       | 01:06:04 | 891    | Andrew      | Molteno            | Senior   | Male | 42  |
| 51       | 01:06:12 | 1071   | Justin      | Bergemann          | Senior   | Male | 27  |
| 52       | 01:07:48 | 1062   | Harley      | Woolford           | Senior   | Male | 20  |
| 53       | 01:08:04 | 880    | Daniël      | Malan              | Senior   | Male | 22  |
| 54       | 01:08:34 | 821    | Ruan        | Du Plooy           | Senior   | Male | 24  |
| 55       | 01:08:38 | 928    | Jurgen      | Scherzinger        | Senior   | Male | 57  |
| 56       | 01:08:44 | 837    | Drikus      | Fourie             | Senior   | Male | 45  |
| 57       | 01:09:01 | 1014   | Charl       | Moller             | Senior   | Male | 36  |
| 58       | 01:10:03 | 768    | Barend      | Bezuidenhout       | Senior   | Male | 44  |
| 59       | 01:10:19 | 973    | Justin      | Varkevisser        | Senior   | Male | 23  |
| 60       | 01:10:46 | 841    | Elton       | Gordon             | Senior   | Male | 33  |
| 61       | 01:10:58 | 820    | Pier        | Du Plessis         | Senior   | Male | 26  |
| 62       | 01:11:10 | 1022   | Werner      | Piek               | Senior   | Male | 33  |
| 63       | 01:11:15 | 785    | Adriaan     | Bruwer             | Senior   | Male | 34  |
| 64       | 01:11:19 | 982    | Charles     | Whitehead          | Senior   | Male | 61  |
| 65       | 01:11:26 | 789    | Shaun       | Burger             | Senior   | Male | 25  |
| 66       | 01:11:39 | 949    | Nick        | Sutcliffe          | Senior   | Male | 54  |
| 67       | 01:12:06 | 896    | Zander      | Neill-Dore         | Senior   | Male | 25  |
| 68       | 01:12:35 | 824    | Ian         | Durbach            | Senior   | Male | 35  |
| 69       | 01:13:03 | 914    | Johan       | Pretorius          | Senior   | Male | 30  |
| 70       | 01:13:05 | 810    | Jonathan    | Degueldre          | Senior   | Male | 33  |
| 71       | 01:13:30 | 867    | Moshe       | Leibovitz          | Senior   | Male | 58  |
| 72       | 01:13:54 | 1036   | Tinus       | McPherson          | Senior   | Male | 49  |
| 73       | 01:14:11 | 1017   | Hendre      | Mouton             | Senior   | Male | 30  |
| 74       | 01:14:17 | 948    | Roland      | Struwig            | Senior   | Male | 19  |
| 75       | 01:14:30 | 792    | Aidan       | Casserley          | Senior   | Male | 28  |
| 76       | 01:14:57 | 1050   | Charl       | Van Niekerk        | Senior   | Male | 22  |
| 77       | 01:15:00 | 1100   | Alec        | Van Niekerk        | Senior   | Male | 29  |
| 78       | 01:15:41 | 955    | Charlie     | Taljaard           | Senior   | Male | 30  |
| 79       | 01:16:03 | 935    | Charl       | Smith              | Senior   | Male | 23  |
| 80       | 01:16:07 | 992    | Hendrik     | Kotze              | Senior   | Male | 28  |
| 81       | 01:16:16 | 1004   | Jon         | Farnsworth         | Senior   | Male | 47  |
| 82       | 01:16:26 | 1044   | Patrick     | Holden             | Senior   | Male | 58  |
| 83       | 01:16:32 | 795    | Byron       | Cloete             | Senior   | Male | 25  |
| 84       | 01:16:55 | 869    | Allen       | Leroux             | Senior   | Male | 47  |
| 85       | 01:16:57 | 758    | Craig       | Banks              | Senior   | Male | 38  |

|     |          |      |         |              |        |      |    |
|-----|----------|------|---------|--------------|--------|------|----|
| 86  | 01:17:16 | 885  | Jason   | Minnaar      | Senior | Male | 37 |
| 87  | 01:17:32 | 984  | CA      | Wilken       | Senior | Male | 33 |
| 88  | 01:18:11 | 941  | Daniel  | Steenkamp    | Senior | Male | 36 |
| 89  | 01:18:24 | 787  | Justin  | Buchmann     | Senior | Male | 42 |
| 90  | 01:18:30 | 854  | Andy    | Howard       | Senior | Male | 50 |
| 91  | 01:18:47 | 782  | Ferdi   | brannekamper | Senior | Male | 43 |
| 92  | 01:19:31 | 1040 | Kobus   | Pretorius    | Senior | Male | 47 |
| 93  | 01:19:59 | 986  | Lindsay | Williams     | Senior | Male | 43 |
| 94  | 01:21:07 | 882  | Rudolf  | Marais       | Senior | Male | 35 |
| 95  | 01:21:19 | 1005 | PETER   | FARWELL      | Senior | Male | 47 |
| 96  | 01:22:17 | 1066 | Nick    | Skeen        | Senior | Male | 21 |
| 97  | 01:22:20 | 1061 | Dylan   | Pivo         | Senior | Male | 21 |
| 98  | 01:23:06 | 769  | Gerald  | Bird         | Senior | Male | 40 |
| 99  | 01:23:46 | 930  | Mervin  | Schnehage    | Senior | Male | 39 |
| 100 | 01:25:02 | 947  | Theunis | Stofberg     | Senior | Male | 40 |
| 101 | 01:28:36 | 829  | Greg    | Farr         | Senior | Male | 28 |
| 102 | 01:30:02 | 908  | Jaco    | Oosthuizen   | Senior | Male | 39 |
| 103 | 01:34:57 | 1056 | David   | Culiam       | Senior | Male | 52 |
| 104 | 01:35:21 | 901  | Vian    | Oelofsen     | Senior | Male | 40 |
| 105 | 01:43:31 | 967  | Marius  | Van Wyk      | Senior | Male | 48 |
| 106 | 01:43:32 | 890  | Paul    | Moller       | Senior | Male | 54 |

### Senior Ladies

| Position | Time     | Race # | Name       | Surname         | Category | Sex    | Age |
|----------|----------|--------|------------|-----------------|----------|--------|-----|
| 1        | 00:50:10 | 981    | Jean       | Welsh           | Senior   | Female | 37  |
| 2        | 00:50:44 | 1067   | Kate       | Munnik          | Senior   | Female | 29  |
| 3        | 00:51:51 | 870    | Katie      | Leslie          | Senior   | Female | 18  |
| 4        | 00:52:07 | 1065   | Celeste    | Renaud          | Senior   | Female | 19  |
| 5        | 00:54:28 | 934    | Miri       | Smit            | Senior   | Female | 35  |
| 6        | 00:55:09 | 817    | Tanya      | Dormehl         | Senior   | Female | 18  |
| 7        | 00:56:04 | 938    | Mione      | Smith           | Senior   | Female | 25  |
| 8        | 00:56:36 | 815    | Ilana      | Dormehl         | Senior   | Female | 22  |
| 9        | 00:56:48 | 943    | Marie      | Steenkamp       | Senior   | Female | 26  |
| 10       | 00:56:53 | 759    | Emma       | Baty            | Senior   | Female | 26  |
| 11       | 00:57:31 | 920    | Marni      | Redelinghuys    | Senior   | Female | 31  |
| 12       | 00:58:14 | 1060   | Maderine   | Barton          | Senior   | Female | 31  |
| 13       | 00:59:58 | 1070   | Daphne     | Lyell           | Senior   | Female | 36  |
| 14       | 01:00:59 | 831    | Leigh      | ferreira        | Senior   | Female | 40  |
| 15       | 01:01:02 | 816    | Lizaan     | Dormehl         | Senior   | Female | 20  |
| 16       | 01:02:02 | 803    | Melissa    | De Beer         | Senior   | Female | 35  |
| 17       | 01:02:03 | 790    | Gizelle    | Burke           | Senior   | Female | 31  |
| 18       | 01:02:05 | 889    | Lisel      | Modinger        | Senior   | Female | 34  |
| 19       | 01:02:29 | 1048   | Bernadette | Reynek          | Senior   | Female | 41  |
| 20       | 01:02:32 | 1039   | Samantha   | Hobson-Jones    | Senior   | Female | 22  |
| 21       | 01:02:57 | 945    | Anna       | Stelzner        | Senior   | Female | 19  |
| 22       | 01:03:01 | 770    | Patricia   | Blake           | Senior   | Female | 36  |
| 23       | 01:03:07 | 794    | Fanny      | Chevallereau    | Senior   | Female | 27  |
| 24       | 01:03:52 | 1019   | Raine      | Naude           | Senior   | Female | 27  |
| 25       | 01:04:16 | 939    | Cornel     | Stander         | Senior   | Female | 24  |
| 26       | 01:04:27 | 903    | Alexis     | Olds            | Senior   | Female | 28  |
| 27       | 01:05:42 | 836    | Aimee      | Fouche          | Senior   | Female | 23  |
| 28       | 01:05:47 | 872    | Pauline    | Lewis           | Senior   | Female | 41  |
| 29       | 01:06:02 | 936    | Cristal    | Smith           | Senior   | Female | 36  |
| 30       | 01:06:21 | 806    | Adele      | De villiers     | Senior   | Female | 45  |
| 31       | 01:06:49 | 852    | Liesl      | Hirst           | Senior   | Female | 41  |
| 32       | 01:06:58 | 1042   | Eva        | Raal            | Senior   | Female | 29  |
| 33       | 01:07:42 | 884    | Elanie     | Meyer           | Senior   | Female | 28  |
| 34       | 01:07:46 | 957    | Rene       | Taylor          | Senior   | Female | 43  |
| 35       | 01:07:58 | 1038   | Semone     | Pieterse        | Senior   | Female | 20  |
| 36       | 01:08:00 | 877    | Amy        | Louw            | Senior   | Female | 31  |
| 37       | 01:08:08 | 838    | Sarah      | Garland         | Senior   | Female | 31  |
| 38       | 01:08:16 | 926    | Gina       | Ryan            | Senior   | Female | 44  |
| 39       | 01:08:24 | 1059   | Constance  | Pansegreuw      | Senior   | Female | 34  |
| 40       | 01:08:30 | 1003   | Karen      | Du Preez        | Senior   | Female | 40  |
| 41       | 01:08:32 | 883    | Sarah      | McDowell        | Senior   | Female | 22  |
| 42       | 01:08:50 | 862    | Janieka    | Kotze           | Senior   | Female | 25  |
| 43       | 01:09:11 | 823    | Veronica   | Du Toit         | Senior   | Female | 44  |
| 44       | 01:10:00 | 856    | Isabella   | Immenkamp       | Senior   | Female | 27  |
| 45       | 01:10:05 | 755    | Bronwyn    | Arlow           | Senior   | Female | 34  |
| 46       | 01:10:07 | 1006   | Petro      | Liebenberg      | Senior   | Female | 34  |
| 47       | 01:10:15 | 893    | Lizaan     | Mouton          | Senior   | Female | 23  |
| 48       | 01:10:17 | 962    | Claudia    | Van Blommestein | Senior   | Female | 21  |
| 49       | 01:10:30 | 907    | Elzahn     | Oosthuizen      | Senior   | Female | 40  |
| 50       | 01:10:32 | 874    | Ryan       | Linnegar        | Senior   | Female | 36  |
| 51       | 01:10:34 | 921    | Sorrel     | Reid            | Senior   | Female | 29  |
| 52       | 01:10:38 | 916    | Maryse     | Pretorius       | Senior   | Female | 26  |
| 53       | 01:10:44 | 1008   | Shelley    | Heunes-Piek     | Senior   | Female | 33  |
| 54       | 01:11:17 | 950    | Mandri     | Sutherland      | Senior   | Female | 22  |
| 55       | 01:11:32 | 968    | Ingrid     | Van Zyl         | Senior   | Female | 30  |
| 56       | 01:12:26 | 1068   | Sarah      | Glenday         | Senior   | Female | 29  |
| 57       | 01:12:29 | 764    | Elmarie    | Bessinger       | Senior   | Female | 39  |
| 58       | 01:12:31 | 849    | Blyda      | Hefer           | Senior   | Female | 38  |
| 59       | 01:12:37 | 910    | Theoni     | Photopoulou     | Senior   | Female | 31  |
| 60       | 01:13:07 | 951    | Corinne    | Swanepoel       | Senior   | Female | 25  |
| 61       | 01:13:26 | 1034   | Belinda    | Reyers          | Senior   | Female | 40  |
| 62       | 01:13:33 | 822    | Jacelize   | Du Preez        | Senior   | Female | 44  |
| 63       | 01:13:43 | 913    | Glynn      | Prain           | Senior   | Female | 43  |
| 64       | 01:13:47 | 1037   | Retah      | McPherson       | Senior   | Female | 48  |

|     |          |      |            |             |        |        |    |
|-----|----------|------|------------|-------------|--------|--------|----|
| 65  | 01:14:00 | 813  | Tamsyn L   | Dixon       | Senior | Female | 35 |
| 66  | 01:14:03 | 761  | Monique    | Bermeister  | Senior | Female | 39 |
| 67  | 01:14:07 | 1016 | El-Louise  | Mouton      | Senior | Female | 28 |
| 68  | 01:14:13 | 1051 | Llismi     | Du Toit     | Senior | Female | 34 |
| 69  | 01:14:21 | 826  | Emily      | Erasmus     | Senior | Female | 18 |
| 70  | 01:14:24 | 1033 | Anja       | Visagie     | Senior | Female | 27 |
| 71  | 01:15:43 | 909  | Sabrina    | Pedlar      | Senior | Female | 29 |
| 72  | 01:15:46 | 931  | Monique    | Schutte     | Senior | Female | 26 |
| 73  | 01:15:51 | 873  | Ireta      | Liebenberg  | Senior | Female | 38 |
| 74  | 01:15:52 | 844  | Melissa    | Groenink    | Senior | Female | 28 |
| 75  | 01:15:54 | 805  | Zelda      | De Paiva    | Senior | Female | 43 |
| 76  | 01:15:57 | 1001 | Janine     | Davies      | Senior | Female | 46 |
| 77  | 01:16:05 | 892  | Fiel       | Mouton      | Senior | Female | 23 |
| 78  | 01:16:29 | 1043 | Judy-Lynne | Holden      | Senior | Female | 57 |
| 79  | 01:17:00 | 842  | Liesl      | Gouws       | Senior | Female | 26 |
| 80  | 01:17:17 | 887  | Tania      | Minnaar     | Senior | Female | 37 |
| 81  | 01:17:23 | 923  | Karin      | Roos        | Senior | Female | 26 |
| 82  | 01:17:44 | 845  | Jackie     | Hannaford   | Senior | Female | 30 |
| 83  | 01:17:45 | 974  | Roxanne    | Varkevisser | Senior | Female | 27 |
| 84  | 01:18:04 | 904  | Amy        | Oosterbaan  | Senior | Female | 22 |
| 85  | 01:18:06 | 975  | Kirsty     | Venter      | Senior | Female | 30 |
| 86  | 01:18:09 | 942  | Janami     | Steenkamp   | Senior | Female | 36 |
| 87  | 01:18:12 | 857  | Adele      | Jordaan     | Senior | Female | 28 |
| 88  | 01:18:23 | 937  | Jaclyn     | Smith       | Senior | Female | 29 |
| 89  | 01:18:28 | 798  | Kirsty     | Cox         | Senior | Female | 39 |
| 90  | 01:18:32 | 861  | Hilary     | Knight      | Senior | Female | 51 |
| 91  | 01:18:34 | 977  | Lourett    | Visser      | Senior | Female | 58 |
| 92  | 01:18:37 | 991  | Michelle   | Rogowski    | Senior | Female | 28 |
| 93  | 01:18:43 | 1007 | Andrelize  | Hanekom     | Senior | Female | 31 |
| 94  | 01:18:46 | 925  | Loren      | Rutherford  | Senior | Female | 38 |
| 95  | 01:18:51 | 791  | Sandra     | Butler      | Senior | Female | 27 |
| 96  | 01:18:57 | 902  | Nicola     | Okes        | Senior | Female | 30 |
| 97  | 01:19:57 | 985  | Deidre     | Williams    | Senior | Female | 38 |
| 98  | 01:20:02 | 781  | Inge       | Brand       | Senior | Female | 31 |
| 99  | 01:20:05 | 773  | Jana       | Boot        | Senior | Female | 42 |
| 100 | 01:21:20 | 752  | Anne       | Alessandri  | Senior | Female | 40 |
| 101 | 01:21:48 | 1015 | Karyn      | Molteno     | Senior | Female | 45 |
| 102 | 01:22:59 | 899  | Elsabe     | Niemandt    | Senior | Female | 49 |
| 103 | 01:23:16 | 898  | Deanne     | Nicolau     | Senior | Female | 45 |
| 104 | 01:23:45 | 846  | Lee-ann    | Harris      | Senior | Female | 48 |
| 105 | 01:25:05 | 964  | Christelle | Van Niekerk | Senior | Female | 38 |
| 106 | 01:26:51 | 971  | Tracey     | Van Zyl     | Senior | Female | 40 |
| 107 | 01:28:13 | 832  | Angela     | Ford        | Senior | Female | 35 |
| 108 | 01:28:15 | 855  | Shelan     | Hutton      | Senior | Female | 52 |
| 109 | 01:28:34 | 812  | Bianca     | Dempers     | Senior | Female | 23 |
| 110 | 01:32:57 | 997  | Channette  | Bantjes     | Senior | Female | 37 |
| 111 | 01:34:20 | 922  | Amalia     | Reyneke     | Senior | Female | 24 |
| 112 | 01:35:22 | 771  | Sunet      | Bodenstein  | Senior | Female | 35 |
| 113 | 01:36:04 | 811  | Camila     | Del'Amico   | Senior | Female | 34 |
| 114 | 01:36:06 | 912  | Carla      | Pontes      | Senior | Female | 38 |
| 115 | 01:37:11 | 995  | Petra      | Riggs       | Senior | Female | 53 |
| 116 | 01:47:08 | 1052 | Ania       | Delpont     | Senior | Female | 40 |
| 117 | 01:47:09 | 1053 | Hannelie   | Truter      | Senior | Female | 43 |
| 118 | 01:53:34 | 801  | Nicola     | Davidson    | Senior | Female | 37 |
| 119 | 01:53:40 | 924  | Corne      | Rossouw     | Senior | Female | 41 |
| 120 | 02:09:39 | 1054 | Delicia    | Houpt       | Senior | Female | 36 |

#### Junior Men

| Position | Time     | Race # | Name   | Surname      | Category | Sex  | Age |
|----------|----------|--------|--------|--------------|----------|------|-----|
| 1        | 00:46:27 | 879    | Floris | Machtelinckx | Junior   | Male | 17  |
| 2        | 00:51:22 | 1063   | Robert | Boyes        | Junior   | Male | 16  |
| 3        | 00:55:03 | 804    | Noah   | De Nicola    | Junior   | Male | 15  |

#### Junior Ladies

| Position | Time     | Race # | Name    | Surname  | Category | Sex    | Age |
|----------|----------|--------|---------|----------|----------|--------|-----|
| 1        | 00:48:55 | 871    | Megan   | Leslie   | Junior   | Female | 16  |
| 2        | 00:55:59 | 1027   | Jayne   | Rimell   | Junior   | Female | 16  |
| 3        | 00:57:53 | 751    | Wilmi   | Agenbag  | Junior   | Female | 17  |
| 4        | 01:07:39 | 999    | Amy-lee | Buchanan | Junior   | Female | 17  |