



Jonkershoek Mountain Challenge 2014 36km



Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:14:31	169	Duncan	O'Regan	Open	Male	25
2	03:17:41	193	Bernard	Rukadza	Open	Male	32
3	03:24:38	106	Andrew	Houston	Open	Male	20
4	03:32:02	90	Andrew	Hagen	Open	Male	30
5	03:36:17	159	Eric	Ngubane	Open	Male	32
6	03:38:25	6	Derrick	Baard	Veteran	Male	43
7	03:42:10	250	Dom	Wills	Open	Male	32
8	03:49:57	135	William	Leslie	Open	Male	21
9	03:51:26	84	Chad	Gordon	Veteran	Male	42
10	03:53:33	251	Ryan	Winter	Open	Male	37
11	03:55:58	124	Rick	Kotze	Open	Male	23
12	03:58:28	34	Joshua	Chigome	Open	Male	22
13	03:59:09	253	Brett	Wood	Open	Male	32
14	04:00:05	333	Alister	Wilder	Veteran	Male	41
15	04:02:01	145	Simon	Marincowitz	Open	Male	20
16	04:02:07	219	Franz-Erich	Streicher	Open	Male	25
17	04:02:48	69	Ake	Fagereng	Open	Male	31
18	04:03:48	32	Scarre	Celliers	Veteran	Male	48
19	04:11:44	234	Hannes	Van Rensburg	Open	Male	33
20	04:13:50	210	Dylan	Solms	Open	Male	20
21	04:14:27	4	Scott	Atkinson	Open	Male	31
22	04:15:08	47	Andy	Davies	Veteran	Male	42
23	04:15:39	266	Rich	Cheary	Open	Male	36
24	04:16:55	150	Dion	Middelkoop	Veteran	Male	44
25	04:17:38	144	Grant	Marcus	Veteran	Male	40
26	04:21:07	196	Charmaine	Salvage	Veteran	Female	40
27	04:24:03	14	Jonpaul	Bolus	Open	Male	29
28	04:26:30	156	Brett	Nattrass	Open	Male	32
29	04:27:57	152	Conrad	Moolman	Open	Male	36
30	04:29:33	42	Sean	Cowgill	Veteran	Male	42
31	04:29:59	208	Danette	Smith	Open	Female	25
32	04:30:47	128	Wojciech	Krzeminski	Open	Male	25
33	04:30:59	155	Koji	Nakashima	Open	Male	41
34	04:31:49	77	Owen	Gandar	Open	Male	22
35	04:33:38	10	Kevin	Barry	Open	Male	25
36	04:34:41	180	Trevor	Ransome	Open	Male	31
37	04:34:43	102	Gareth	Hempson	Open	Male	32
38	04:35:27	107	Thomas	Hugo	Open	Male	28
39	04:36:40	237	Nick	Velthuysen	Open	Male	28
40	04:36:55	239	Reinhardt	Venter	Open	Male	22
41	04:37:30	63	Prieur	Du Plessis	Open	Male	29
42	04:37:45	136	Visser	Liebenberg	Open	Male	22
43	04:41:05	30	Sergio	Cardoso	Open	Male	30
44	04:41:15	110	Martin	Jacobsohn	Open	Male	39
45	04:41:19	22	Ruan	Brits	Open	Male	31
46	04:43:29	222	Sebastian	Thompson	Open	Male	23
47	04:43:47	175	Philip	Piek	Open	Male	23
48	04:43:48	158	Eduan	Naudé	Veteran	Male	41
49	04:44:22	263	Neil	Hermann	Master	Male	56
50	04:46:29	173	Richard	Philips	Open	Male	33
51	04:47:05	12	William	Battersby	Open	Male	34
52	04:47:17	60	Dirk	Diemont	Veteran	Male	46
53	04:47:25	163	Ryan	Norris	Open	Male	28
54	04:47:42	129	Jacobus	Lacock	Open	Male	33
55	04:47:45	224	Rob	Van Buuren	Open	Male	25
56	04:52:27	73	Kevin	Flanagan	Open	Male	31
57	04:52:43	72	Vanessa	Fisher	Open	Female	39
58	04:54:10	3	Richard	Armstrong	Open	Male	30
59	04:54:27	231	Jan-Daniel	Van Deventer	Open	Male	24
60	04:55:01	26	Eduan	Burger	Open	Male	21
61	04:55:45	120	John	Kennedy	Open	Male	37
62	04:55:46	119	Caryn	Kennedy	Open	Female	39
63	04:56:21	138	Tim	Louw	Open	Male	29
64	04:58:05	125	Hendrik	Kriel	Open	Male	31
65	04:59:14	19	Ben	Bradford	Open	Male	22
66	04:59:46	260	Justin	Swarts	Open	Male	35
67	04:59:49	140	Nicholas	Lykiardopoulos	Open	Male	28

68	05:01:20	242	Johan	Wahl	Open	Male	23
69	05:02:18	202	Rezani	Scholtz	Veteran	Female	40
70	05:02:21	184	Maxine	Reilly	Master	Female	52
71	05:02:30	7	Caroline	Balkwill	Veteran	Female	40
72	05:02:40	21	Bertus	Bresler	Open	Male	38
73	05:03:01	45	David	Da Silva	Veteran	Male	45
74	05:03:11	62	Armand	Du Plessis	Open	Male	34
75	05:03:29	104	Craig	Hoblyn	Open	Male	31
76	05:03:55	74	Hugo	Fourie	Veteran	Male	37
77	05:03:57	225	Corné	Van Daalen	Open	Male	35
78	05:05:19	149	Gildo	Michelitsch	Open	Male	32
79	05:05:49	117	Richard	Kaufmann	Open	Male	21
80	05:06:10	148	Ryan-Neal	Mes	Open	Male	30
81	05:06:14	70	Robert	Fellowes	Open	Male	30
82	05:07:27	142	Nadia	Malan	Open	Female	30
83	05:07:44	55	Francois	De villiers	Open	Male	34
84	05:08:03	25	Jarryd	Buratovich	Open	Male	26
85	05:08:36	182	Liesl	Ravenscroft	Veteran	Female	47
86	05:09:54	57	Anthony	Dean	Veteran	Male	43
87	05:12:10	1	Ronen	Aires	Open	Male	38
88	05:12:21	114	Henco	Jordaan	Open	Male	35
89	05:12:48	79	Andrew	Geel	Open	Male	35
90	05:13:08	151	Alexander	Moody	Open	Male	25
91	05:13:11	40	Johan	Conradie	Open	Male	24
92	05:15:04	5	Richard	Ayres	Veteran	Male	46
93	05:15:11	93	Danielle	Harcourt	Open	Female	29
94	05:15:25	83	Doug	Golding	Open	Male	23
95	05:17:31	44	Mike	Cruywagen	Open	Male	30
96	05:17:33	133	Willem	Landman	Open	Male	25
97	05:17:36	27	Paul	Burger	Open	Male	33
98	05:17:38	28	Phillippa	Burger	Open	Female	29
99	05:19:15	37	Devon	Coetzee	Open	Male	22
100	05:19:44	126	Junita Vandeline	Kruger	Veteran	Female	40
101	05:20:17	78	Ant	Geard	Veteran	Male	41
102	05:20:18	209	Wayne	Smith	Veteran	Male	48
103	05:20:28	26	Eduan	Burger	Open	Male	21
104	05:22:06	249	Gustav	Wiid	Open	Male	21
105	05:22:23	167	Natalia	Ongers	Open	Female	28
106	05:23:12	130	Chad	Lahana	Open	Male	39
107	05:23:15	64	Jacques	Du Toit	Veteran	Male	40
108	05:23:20	105	Jamie	Holtzhausen	Open	Male	30
109	05:23:21	118	James	Kelly	Open	Male	33
110	05:23:34	255	Jake	Woolfenden	Open	Male	21
111	05:23:35	101	Robert	Heath	Open	Male	20
112	05:26:06	264	Badie	Adams	Open	Male	26
113	05:27:57	176	Lee	Pool	Open	Male	34
114	05:28:18	188	Alex	Romanov	Veteran	Male	48
115	05:28:19	189	Jackie	Romanov	Veteran	Female	48
116	05:28:45	147	Jono	McGill	Open	Male	32
117	05:28:51	247	Francis	Wheeler	Open	Male	36
118	05:29:10	81	Erica	Goedhals	Veteran	Female	46
119	05:29:11	82	Faure	Goedhals	Veteran	Male	44
120	05:31:29	154	Donovan	Mulder	Open	Male	39
121	05:31:41	197	Zonia	Scheffer	Veteran	Female	40
122	05:32:29	174	Robert	Levick	Open	Male	21
123	05:32:38	256	Theo	York	Open	Male	23
124	05:34:14	66	Anton	Engelbrecht	Open	Male	34
125	05:34:15	67	Tarryn	Engelbrecht	Open	Female	31
126	05:34:17	267	Wessel	Croukamp	Master	Male	55
127	05:36:47	23	Craig	Bruton	Open	Male	38
128	05:36:59	43	Ryan	Crossman	Veteran	Male	40
129	05:38:53	95	Nell	Harris	Open	Female	35
130	05:38:55	94	Kevin	Harris	Open	Male	35
131	05:39:55	100	Karl	Heath	Master	Male	49
132	05:41:51	131	Jesse	Laitinen	Open	Female	42
133	05:44:35	137	Braam	Lourens	Open	Male	31
134	05:45:45	115	Marcel	Joubert	Veteran	Male	49
135	05:46:21	165	Andre	Olivier	Open	Male	24
136	05:47:51	252	Herman	Wolff	Open	Male	21
137	05:48:05	268	Richter	Landman	Open	Male	21
138	05:50:02	265	Nico	Loubser	Open	Male	29
139	05:50:15	8	Gary	Banfield	Veteran	Male	40
140	05:50:55	11	Eduan	Basson	Open	Male	36
141	05:51:49	172	Adam	Penn-Nicholson	Open	Male	35
142	05:52:15	38	Jason	Coetzee	Open	Male	39
143	05:53:30	48	Esme	Davies	Veteran	Female	41
144	05:53:42	97	Michael	Hathorn	Open	Male	24
145	05:54:01	98	Peter	Hathorn	Master	Male	52
146	05:54:04	254	Ryno	Wooding	Open	Male	35

147	05:56:03	201	Karlien	Scholtz	Veteran	Female	40
148	05:56:23	232	Andries	Van Eeden	Open	Male	38
149	05:56:29	221	Johan	Swart	Master	Male	50
150	05:56:38	216	Bennie	Steyn	Veteran	Male	46
151	05:57:39	33	Stephanie	Cherry	Veteran	Female	42
152	06:02:40	233	Johan	Van Heerden	Veteran	Male	42
153	06:03:54	51	Ruan	De Bruyn	Open	Male	24
154	06:04:00	127	Justin	Kruger	Veteran	Male	41
155	06:07:18	228	Mynhardt	Van der Merwe	Master	Male	51
156	06:07:20	229	Riana	Van der Merwe	Veteran	Female	48
157	06:09:55	161	Charlotte	Noble	Veteran	Female	48
158	06:11:11	59	Danny	Denolf	Veteran	Male	49
159	06:16:21	226	Andries	Van der Merwe	Veteran	Male	47
160	06:16:28	212	Shaun	Starck	Open	Male	28
161	06:17:28	143	Febbie	Malherbe	Veteran	Male	42
162	06:25:17	75	James	Frost	Open	Male	26
163	06:25:20	76	Sue	Frost	Open	Female	26
164	06:27:00	204	Jeffrey	Shapiro	Open	Male	35
165	06:28:21	177	Francois	Pretorius	Open	Male	22
166	06:28:22	17	Willem	Boshoff	Open	Male	22
167	06:39:39	211	Bennie	Stander	Master	Male	53
168	06:39:54	243	Jeremy	Warner	Veteran	Male	46
169	06:40:18	123	Marcus Jacobus	Kotze	Open	Male	23
170	06:40:23	146	James William Grant	McDowell	Open	Male	19
171	06:44:39	220	Jaco	Swart	Open	Male	33
172	06:52:40	244	Hermann	Wessels	Veteran	Male	43
173	06:52:42	109	Lochne	Jacobs	Veteran	Female	43
174	06:56:51	257	Gustav	Zietsman	Veteran	Male	43

Senior Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:14:31	169	Duncan	O'Regan	Open	Male	25
2	03:17:41	193	Bernard	Rukadza	Open	Male	32
3	03:24:38	106	Andrew	Houston	Open	Male	20
4	03:32:02	90	Andrew	Hagen	Open	Male	30
5	03:36:17	159	Eric	Ngubane	Open	Male	32
6	03:42:10	250	Dom	Wills	Open	Male	32
7	03:49:57	135	William	Leslie	Open	Male	21
8	03:53:33	251	Ryan	Winter	Open	Male	37
9	03:55:58	124	Rick	Kotze	Open	Male	23
10	03:58:28	34	Joshua	Chigome	Open	Male	22
11	03:59:09	253	Brett	Wood	Open	Male	32
12	04:02:01	145	Simon	Marincowitz	Open	Male	20
13	04:02:07	219	Franz-Erich	Streicher	Open	Male	25
14	04:02:48	69	Ake	Fagereng	Open	Male	31
15	04:11:44	234	Hannes	Van Rensburg	Open	Male	33
16	04:13:50	210	Dylan	Solms	Open	Male	20
17	04:14:27	4	Scott	Atkinson	Open	Male	31
18	04:15:39	266	Rich	Cheary	Open	Male	36
19	04:24:03	14	Jonpaul	Bolus	Open	Male	29
20	04:26:30	156	Brett	Natrass	Open	Male	32
21	04:27:57	152	Conrad	Moolman	Open	Male	36
22	04:30:47	128	Wojciech	Krzeminski	Open	Male	25
23	04:30:59	155	Koji	Nakashima	Open	Male	41
24	04:31:49	77	Owen	Gandar	Open	Male	22
25	04:33:38	10	Kevin	Barry	Open	Male	25
26	04:34:41	180	Trevor	Ransome	Open	Male	31
27	04:34:43	102	Gareth	Hempson	Open	Male	32
28	04:35:27	107	Thomas	Hugo	Open	Male	28
29	04:36:40	237	Nick	Velthuysen	Open	Male	28
30	04:36:55	239	Reinhardt	Venter	Open	Male	22
31	04:37:30	63	Prieur	Du Plessis	Open	Male	29
32	04:37:45	136	Visser	Liebenberg	Open	Male	22
33	04:41:05	30	Sergio	Cardoso	Open	Male	30
34	04:41:15	110	Martin	Jacobsohn	Open	Male	39
35	04:41:19	22	Ruan	Brits	Open	Male	31
36	04:43:29	222	Sebastian	Thompson	Open	Male	23
37	04:43:47	175	Philip	Piek	Open	Male	23
38	04:46:29	173	Richard	Philips	Open	Male	33
39	04:47:05	12	William	Battersby	Open	Male	34
40	04:47:25	163	Ryan	Norris	Open	Male	28
41	04:47:42	129	Jacobus	Lacock	Open	Male	33
42	04:47:45	224	Rob	Van Buuren	Open	Male	25
43	04:52:27	73	Kevin	Flanagan	Open	Male	31
44	04:54:10	3	Richard	Armstrong	Open	Male	30
45	04:54:27	231	Jan-Daniel	Van Deventer	Open	Male	24
46	04:55:01	26	Eduan	Burger	Open	Male	21

47	04:55:45	120	John	Kennedy	Open	Male	37
48	04:56:21	138	Tim	Louw	Open	Male	29
49	04:58:05	125	Hendrik	Kriel	Open	Male	31
50	04:59:14	19	Ben	Bradford	Open	Male	22
51	04:59:46	260	Justin	Swarts	Open	Male	35
52	04:59:49	140	Nicholas	Lykiardopulos	Open	Male	28
53	05:01:20	242	Johan	Wahl	Open	Male	23
54	05:02:40	21	Bertus	Bresler	Open	Male	38
55	05:03:11	62	Armand	Du Plessis	Open	Male	34
56	05:03:29	104	Craig	Hoblyn	Open	Male	31
57	05:03:57	225	Corné	Van Daalen	Open	Male	35
58	05:05:19	149	Gildo	Michelitsch	Open	Male	32
59	05:05:49	117	Richard	Kaufmann	Open	Male	21
60	05:06:10	148	Ryan-Neal	Mes	Open	Male	30
61	05:06:14	70	Robert	Fellowes	Open	Male	30
62	05:07:44	55	Francois	De villiers	Open	Male	34
63	05:08:03	25	Jarryd	Buratovich	Open	Male	26
64	05:12:10	1	Ronen	Aires	Open	Male	38
65	05:12:21	114	Henco	Jordaan	Open	Male	35
66	05:12:48	79	Andrew	Geel	Open	Male	35
67	05:13:08	151	Alexander	Moody	Open	Male	25
68	05:13:11	40	Johan	Conradie	Open	Male	24
69	05:15:25	83	Doug	Golding	Open	Male	23
70	05:17:31	44	Mike	Cruywagen	Open	Male	30
71	05:17:33	133	Willem	Landman	Open	Male	25
72	05:17:36	27	Paul	Burger	Open	Male	33
73	05:19:15	37	Devon	Coetzee	Open	Male	22
74	05:20:28	26	Eduan	Burger	Open	Male	21
75	05:22:06	249	Gustav	Wiid	Open	Male	21
76	05:23:12	130	Chad	Lahana	Open	Male	39
77	05:23:20	105	Jamie	Holtzhausen	Open	Male	30
78	05:23:21	118	James	Kelly	Open	Male	33
79	05:23:34	255	Jake	Woolfenden	Open	Male	21
80	05:23:35	101	Robert	Heath	Open	Male	20
81	05:26:06	264	Badie	Adams	Open	Male	26
82	05:27:57	176	Lee	Pool	Open	Male	34
83	05:28:45	147	Jono	McGill	Open	Male	32
84	05:28:51	247	Francis	Wheeler	Open	Male	36
85	05:31:29	154	Donovan	Mulder	Open	Male	39
86	05:32:29	174	Robert	Levick	Open	Male	21
87	05:32:38	256	Theo	York	Open	Male	23
88	05:34:14	66	Anton	Engelbrecht	Open	Male	34
89	05:36:47	23	Craig	Bruton	Open	Male	38
90	05:38:55	94	Kevin	Harris	Open	Male	35
91	05:44:35	137	Braam	Lourens	Open	Male	31
92	05:46:21	165	Andre	Olivier	Open	Male	24
93	05:47:51	252	Herman	Wolff	Open	Male	21
94	05:48:05	268	Richter	Landman	Open	Male	21
95	05:50:02	265	Nico	Loubser	Open	Male	29
96	05:50:55	11	Eduan	Basson	Open	Male	36
97	05:51:49	172	Adam	Penn-Nicholson	Open	Male	35
98	05:52:15	38	Jason	Coetzee	Open	Male	39
99	05:53:42	97	Michael	Hathorn	Open	Male	24
100	05:54:04	254	Ryno	Wooding	Open	Male	35
101	05:56:23	232	Andries	Van Eeden	Open	Male	38
102	06:03:54	51	Ruan	De Bruyn	Open	Male	24
103	06:16:28	212	Shaun	Starck	Open	Male	28
104	06:25:17	75	James	Frost	Open	Male	26
105	06:27:00	204	Jeffrey	Shapiro	Open	Male	35
106	06:28:21	177	Francois	Pretorius	Open	Male	22
107	06:28:22	17	Willem	Boshoff	Open	Male	22
108	06:40:18	123	Marcus Jacobus	Kotze	Open	Male	23
109	06:40:23	146	James William Grant	McDowell	Open	Male	19
110	06:44:39	220	Jaco	Swart	Open	Male	33

Senior Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:29:59	208	Danette	Smith	Open	Female	25
2	04:52:43	72	Vanessa	Fisher	Open	Female	39
3	04:55:46	119	Caryn	Kennedy	Open	Female	39
4	05:07:27	142	Nadia	Malan	Open	Female	30
5	05:15:11	93	Danielle	Harcourt	Open	Female	29
6	05:17:38	28	Phillippa	Burger	Open	Female	29
7	05:22:23	167	Natalia	Ongers	Open	Female	28
8	05:34:15	67	Tarryn	Engelbrecht	Open	Female	31
9	05:38:53	95	Nell	Harris	Open	Female	35
10	05:41:51	131	Jesse	Laitinen	Open	Female	42
11	06:25:20	76	Sue	Frost	Open	Female	26

Veteran Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:38:25	6	Derrick	Baard	Veteran	Male	43
2	03:51:26	84	Chad	Gordon	Veteran	Male	42
3	04:00:05	333	Alister	Wildner	Veteran	Male	41
4	04:03:48	32	Scarre	Celliers	Veteran	Male	48
5	04:15:08	47	Andy	Davies	Veteran	Male	42
6	04:16:55	150	Dion	Middelkoop	Veteran	Male	44
7	04:17:38	144	Grant	Marcus	Veteran	Male	40
8	04:29:33	42	Sean	Cowgill	Veteran	Male	42
9	04:43:48	158	Eduan	Naudé	Veteran	Male	41
10	04:47:17	60	Dirk	Diemont	Veteran	Male	46
11	05:03:01	45	David	Da Silva	Veteran	Male	45
12	05:03:55	74	Hugo	Fourie	Veteran	Male	37
13	05:09:54	57	Anthony	Dean	Veteran	Male	43
14	05:15:04	5	Richard	Ayres	Veteran	Male	46
15	05:20:17	78	Ant	Geard	Veteran	Male	41
16	05:20:18	209	Wayne	Smith	Veteran	Male	48
17	05:23:15	64	Jacques	Du Toit	Veteran	Male	40
18	05:28:18	188	Alex	Romanov	Veteran	Male	48
19	05:29:11	82	Faure	Goedhals	Veteran	Male	44
20	05:36:59	43	Ryan	Crossman	Veteran	Male	40
21	05:45:45	115	Marcel	Joubert	Veteran	Male	49
22	05:50:15	8	Gary	Banfield	Veteran	Male	40
23	05:56:38	216	Bennie	Steyn	Veteran	Male	46
24	06:02:40	233	Johan	Van Heerden	Veteran	Male	42
25	06:04:00	127	Justin	Kruger	Veteran	Male	41
26	06:11:11	59	Danny	Denolf	Veteran	Male	49
27	06:16:21	226	Andries	Van der Merwe	Veteran	Male	47
28	06:17:28	143	Febbie	Malherbe	Veteran	Male	42
29	06:39:54	243	Jeremy	Warner	Veteran	Male	46
30	06:52:40	244	Hermann	Wessels	Veteran	Male	43
31	06:56:51	257	Gustav	Zietsman	Veteran	Male	43

Veteran Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:21:07	196	Charmaine	Salvage	Veteran	Female	40
2	05:02:18	202	Rezani	Scholtz	Veteran	Female	40
3	05:02:30	7	Caroline	Balkwill	Veteran	Female	40
4	05:08:36	182	Liesl	Ravenscroft	Veteran	Female	47
5	05:19:44	126	Junita Vandeline	Kruger	Veteran	Female	40
6	05:28:19	189	Jackie	Romanov	Veteran	Female	48
7	05:29:10	81	Erica	Goedhals	Veteran	Female	46
8	05:31:41	197	Zonia	Scheffer	Veteran	Female	40
9	05:53:30	48	Esme	Davies	Veteran	Female	41
10	05:56:03	201	Karlien	Scholtz	Veteran	Female	40
11	05:57:39	33	Stephanie	Cherry	Veteran	Female	42
12	06:07:20	229	Riana	Van der Merwe	Veteran	Female	48
13	06:09:55	161	Charlotte	Noble	Veteran	Female	48
14	06:52:42	109	Lochne	Jacobs	Veteran	Female	43

Master Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:44:22	263	Neil	Hermann	Master	Male	56
2	05:34:17	267	Wessel	Croukamp	Master	Male	55
3	05:39:55	100	Karl	Heath	Master	Male	49
4	05:54:01	98	Peter	Hathorn	Master	Male	52
5	05:56:29	221	Johan	Swart	Master	Male	50
6	06:07:18	228	Mynhardt	Van der Merwe	Master	Male	51
7	06:39:39	211	Bennie	Stander	Master	Male	53

Master Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	05:02:21	184	Maxine	Reilly	Master	Female	52



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Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:50:28	707	Michael	Bailey	Open	Male	31
2	01:55:08	521	Edson	Kumwamba	Open	Male	31
3	01:55:47	608	Rory	Scheffer	Open	Male	22
4	02:00:38	404	Craig	Burns	Open	Male	23
5	02:00:39	523	Edward	Iambert	Open	Male	36
6	02:04:40	656	Luther	Van der Mescht	Open	Male	27
7	02:07:12	627	Andrew	Steele	Veteran	Male	43
8	02:10:52	421	Dian	Cronje	Open	Male	27
9	02:11:26	698	Nic	Barenblatt	Open	Male	33
10	02:11:28	696	Asmus	Zoch	Open	Male	30
11	02:12:03	487	Gareth	Holmes	Open	Male	22
12	02:14:23	713	Murray	Haw	Open	Male	20
13	02:15:16	626	Murray	Starr	Open	Male	19
14	02:17:15	661	Liandi	Van der Westhuyzen	Open	Female	29
15	02:17:29	427	Candice	Davison	Open	Female	36
16	02:18:00	614	Anthony	Cave	Open	Male	35
17	02:21:27	494	Glenn	Hurlow	Veteran	Male	42
18	02:21:50	633	Stephan	Steyn	Open	Male	31
19	02:23:19	383	Gustav	Bessinger	Open	Male	30
20	02:24:16	551	Murray	Mitchell	Open	Male	27
21	02:24:37	419	Kyle	Cottle	Open	Male	25
22	02:24:50	491	Eddie	Horn	Open	Male	28
23	02:25:17	441	Dolph	Du Plessis	Open	Male	34
24	02:25:24	492	Justin	Hoskins	Open	Male	35
25	02:25:51	676	Devon	Van Vuuren	Open	Male	19
26	02:25:53	576	David	Pearce	Open	Male	21
27	02:26:03	533	Alejandro	Lopez	Open	Male	31
28	02:27:34	467	Eugene	Groenewald	Veteran	Male	47
29	02:28:13	687	Marie	Wessels	Open	Female	31
30	02:28:32	574	Sarah	Patrick	Open	Female	21
31	02:28:51	525	Herman	Langenhoven	Open	Male	21
32	02:29:01	643	Simon	Taylor	Veteran	Male	49
33	02:29:03	395	Kristo	Botha	Open	Male	21
34	02:29:11	360	Dunya	Ansems	Open	Female	31
35	02:30:21	471	Mags	Haacke	Open	Female	32
36	02:30:25	434	Nicholas	De Villiers	Open	Male	21
37	02:30:59	460	Michael	Gibson	Open	Male	37
38	02:31:36	403	Rob	Burgoyne	Open	Male	31
39	02:32:06	571	Bradley	Park	Veteran	Male	44
40	02:32:43	405	Flavio	Busi	Veteran	Male	47
41	02:33:14	703	Michael	Gombart	Open	Male	26
42	02:34:23	546	Andrew	Mc Tavish	Master	Male	50
43	02:35:28	569	Iain	Orpen	Open	Male	37
44	02:35:52	475	Dain	Hamilton	Veteran	Female	45
45	02:37:10	600	Jean-Pierre	Roux	Open	Male	30
46	02:37:16	387	Scott	Biggs	Open	Male	39
47	02:37:20	356	Schalk	Albertyn	Open	Male	36
48	02:37:22	406	Nick	Calothi	Open	Male	38
49	02:37:47	361	Miles	Appelgryn	Open	Male	31
50	02:38:41	400	Beulah	Buitendag	Open	Female	22
51	02:38:49	393	Cornel	Botha	Veteran	Male	43
52	02:38:57	414	Mark	Wagenheim	Master	Male	58
53	02:39:11	539	Johan	Mans	Open	Male	32
54	02:39:36	489	Zaheer	Hoosain	Open	Male	29
55	02:39:42	417	Matthew	Cooke	Open	Male	37
56	02:41:15	459	Douwe	Ganzevoort	Open	Male	30
57	02:41:51	669	Giel	Van Megen	Open	Male	24
58	02:42:23	385	Cathryn	Biggs	Open	Female	34
59	02:42:31	621	Bruce	Smith	Veteran	Male	44
60	02:42:42	560	Charl	Mussmann	Open	Male	23
61	02:43:32	622	Emily	Smith	Open	Female	25
62	02:44:02	452	Maseeh	Esau	Open	Male	38
63	02:44:04	675	Jacques	Van Staden	Veteran	Male	41
64	02:44:29	684	Freda	Walters	Open	Female	32
65	02:44:30	368	Natalie	Ballantine	Open	Female	21
66	02:45:03	652	Pieter	Uys	Open	Male	19

67	02:45:58	423	Tania	D'Aguiar	Open	Female	38
68	02:46:05	437	Terry	Deats	Veteran	Female	45
69	02:46:15	454	Anton	Esterhuizen	Veteran	Male	45
70	02:46:19	650	Nicholas	Townsend	Open	Male	31
71	02:46:24	448	Michael	Ehret	Veteran	Male	49
72	02:46:26	553	Gert	Moolman	Veteran	Male	46
73	02:46:33	674	Tamsyn	Van Rensburg	Open	Female	26
74	02:46:38	479	Joakim	Hansi Blackadder	Open	Male	30
75	02:46:42	618	Darren	Smit	Open	Male	36
76	02:46:46	466	Marelize	Grobbelaar	Open	Female	32
77	02:46:50	657	Tricia	Van der Mescht	Open	Female	30
78	02:46:56	683	Chris	von Klemperer	Veteran	Male	41
79	02:47:40	617	Arnold	Smit	Open	Male	37
80	02:47:56	594	George	Robertson	Open	Male	37
81	02:48:27	375	Douglas	Batchelor	Open	Male	34
82	02:48:30	628	Hanro	Steffen	Open	Male	36
83	02:48:35	679	Ruan	Veldtman	Open	Male	36
84	02:48:37	623	Sam	Smout	Open	Male	28
85	02:49:40	666	Jan Willem	Van Huyssteen	Open	Male	34
86	02:49:44	673	Riette	Van rensburg	Open	Female	33
87	02:49:48	693	Colin	Wilson	Open	Male	29
88	02:50:13	680	Stian	Venter	Open	Male	19
89	02:50:54	443	Nicholaas	Du Plessis	Open	Male	29
90	02:51:12	378	Kerry	Bee	Open	Female	39
91	02:51:53	613	Liza	Serfontein	Veteran	Female	42
92	02:52:21	692	Peta	Wills	Open	Female	32
93	02:52:35	499	Josie	Jansen	Open	Female	20
94	02:52:36	563	Dante	Nel	Open	Male	26
95	02:52:39	394	Hanneke	Botha	Open	Female	27
96	02:52:42	396	André	Breedt	Open	Male	34
97	02:52:45	619	Helene	Smit	Open	Female	38
98	02:52:50	380	Lizel	Bekker	Veteran	Female	43
99	02:53:08	586	Zandre	Raath	Open	Male	29
100	02:53:19	615	Etienne	Slabbert	Open	Male	32
101	02:53:26	616	Wessel	Smalberger	Open	Male	23
102	02:53:34	686	Francois	Wessels	Open	Male	27
103	02:54:57	599	Zane	Rossouw	Veteran	Female	41
104	02:55:00	392	Johan	Bosman	Open	Male	38
105	02:55:05	366	Nicolas	Balcomb	Open	Male	31
106	02:55:07	362	Clinton	Arnot	Open	Male	39
107	02:57:13	708	George	Petterson	Open	Male	30
108	02:57:27	433	Kate	De Villiers	Open	Female	28
109	02:57:48	632	Marietjie	Steyn	Veteran	Female	40
110	02:57:53	391	Adriette	Booyesen	Open	Female	37
111	02:58:20	597	Arno	Rossouw	Veteran	Male	42
112	02:58:24	493	Pierre-Malan	Hugo	Open	Male	25
113	02:58:40	354	Charles	Abernethy	Open	Male	25
114	02:58:47	432	Jackie	De Villiers	Open	Female	33
115	02:58:48	516	Arno	Kotze	Open	Male	37
116	02:58:52	620	Matt	Smit	Open	Male	28
117	02:59:00	653	Adriana	Van der Linde	Open	Female	34
118	02:59:07	610	Christopher	Schnehaage	Master	Male	60
119	02:59:12	482	Julian	Heath	Open	Male	18
120	02:59:32	587	Henk	Rademeyer	Veteran	Male	47
121	02:59:46	540	Charl	Marais	Open	Male	36
122	03:00:02	511	Ralf	Kistner	Open	Male	25
123	03:00:13	386	Ross	Biggs	Open	Male	39
124	03:00:15	510	Melissa	Kistner	Open	Female	24
125	03:00:33	483	Anton	Hendriks	Open	Male	29
126	03:00:36	517	Wouter	Kriegler	Open	Male	28
127	03:00:38	473	Tim	Hadingham	Veteran	Male	41
128	03:00:41	453	Nazeema	Esau	Veteran	Female	41
129	03:00:47	505	Marianna	Joubert	Open	Female	30
130	03:02:19	528	Tim	Lee	Open	Male	19
131	03:03:21	430	Wouter	De Goede	Veteran	Male	46
132	03:03:28	705					
133	03:03:54	384	Michael	Bester	Open	Male	37
134	03:04:12	440	Andrea	Du Plessis	Veteran	Female	41
135	03:04:14	408	Charl	Cilliers	Open	Male	38
136	03:04:31	458	Anton	Franchi	Open	Male	35
137	03:04:55	402	Lisa	Burger	Veteran	Female	44
138	03:05:24	412	Markus	Coetsee	Open	Male	29
139	03:05:37	658	Gysbert johannes	Van der westhuizen	Open	Male	29
140	03:06:37	550	Eva	Middleton	Veteran	Female	40
141	03:06:38	497	Jenny	Janisch	Open	Female	37

142	03:07:07	685	Abrie	Wessels	Veteran	Male	48
143	03:07:16	644	Steven	Teuchert	Open	Male	24
144	03:07:20	390	Selborne	Boome	Open	Male	38
145	03:07:23	359	Charlotte	Andrag	Open	Female	36
146	03:07:29	691	Allan	Williamson	Master	Male	53
147	03:07:42	580	Oscar	Peterson	Veteran	Male	46
148	03:08:05	611	Greg	Schneider	Open	Male	26
149	03:08:13	534	Francois	Louw	Open	Male	27
150	03:08:27	549	Helen	Mearns	Open	Female	32
151	03:08:43	445	Paul	Edelstein	Open	Male	26
152	03:09:02	584	Eva	Raal	Open	Female	28
153	03:09:36	527	Brian	Leary	Open	Male	39
154	03:09:44	370	Mandy	Banks	Open	Female	33
155	03:10:01	481	Bronwyn	Hastings	Open	Female	28
156	03:10:12	714					
157	03:10:26	706	Alison	Larcombe	Open	Female	38
158	03:11:01	639	Bertus	Swanepoel	Open	Male	37
159	03:11:06	640	Marzanne	Swanepoel	Open	Female	34
160	03:11:47	651	Christo	Truter	Veteran	Male	43
161	03:12:30	566	Gerrit	Nortje	Open	Male	36
162	03:13:08	450	Braam	Engall	Open	Male	27
163	03:13:20	529	Gina	Leinberger	Open	Female	38
164	03:14:08	668	Marion	Van Lille	Open	Female	28
165	03:14:16	470	Rogelle	Guba	Veteran	Female	44
166	03:14:18	631	Malcolm	Stevenson	Open	Male	35
167	03:14:38	509	Denzil	Kennon	Open	Male	27
168	03:15:03	558	Katie	Müller	Open	Female	27
169	03:15:43	451	Seppie	Erasmus	Master	Male	54
170	03:16:02	486	Catherine	Holland	Open	Female	38
171	03:16:09	585	Marilize	Raath	Open	Female	28
172	03:16:58	604	Hamid	Sanglay	Master	Male	51
173	03:17:03	415	MICHELLE	COLLINS	Open	Female	31
174	03:17:13	462	Jeanne	Gouws	Open	Female	34
175	03:17:21	520	Irina	Kubica	Open	Female	39
176	03:17:31	515	Jana	Kolodziej	Veteran	Female	43
177	03:17:38	543	Paul	Maree	Open	Male	35
178	03:18:23	407	Francois	Cillie	Open	Male	34
179	03:18:24	442	Dorette	Du Plessis	Open	Female	33
180	03:18:45	603	Derine	Sandenbergh	Open	Female	31
181	03:19:37	457	Raymond	Ford	Open	Male	34
182	03:19:40	554	Alet	Morgan	Open	Female	35
183	03:19:43	630	Lise	Stephens	Open	Female	34
184	03:20:02	418	RAMON	CORIE	Open	Male	30
185	03:20:06	352	Mogammad	Abdullatief	Master	Male	50
186	03:20:28	681	Zelda	Visser	Veteran	Female	42
187	03:21:32	700	Hugo	Hall	Open	Male	27
188	03:21:34	701	David	Bulmer	Open	Male	38
189	03:21:37	598	Sarel	Rossouw	Open	Male	34
190	03:21:38	702	Tamsyn	Simon	Open	Female	30
191	03:21:47	389	Catherine	Boome	Open	Female	38
192	03:22:18	682	Marelize	Vlok	Open	Female	36
193	03:23:25	659	Madri	Van Der Westhuizen	Veteran	Female	39
194	03:23:27	601	Thaabiet	Salaam	Veteran	Male	40
195	03:23:30	476	Adele	Hamman	Veteran	Female	41
196	03:23:36	663	Nicky	Van Dyk	Veteran	Female	40
197	03:23:40	477	Jacomi	Hanekom	Master	Female	52
198	03:23:41	538	Nicky	Malherbe	Veteran	Female	43
199	03:23:55	522	Allison	Lamb	Veteran	Female	43
200	03:24:21	581	Antonette	Piek	Veteran	Female	41
201	03:25:13	358	Kelly	Anderson	Open	Female	33
202	03:25:17	537	John	MacDonald	Open	Male	35
203	03:25:31	436	Caroline	De Wet	Master	Female	54
204	03:25:32	501	Frankie	Johnston	Master	Female	52
205	03:27:36	535	Johannes	Louw	Master	Male	50
206	03:28:06	496	Dries	Jacobs	Veteran	Male	41
207	03:28:35	530	Johan	Liebenberg	Open	Male	35
208	03:28:36	636	Esbie	Strydom	Open	Female	37
209	03:29:11	490	Michelle	Horak	Open	Female	25
210	03:29:41	382	Mark	Berndt	Open	Male	26
211	03:29:53	712	Megan	Baker	Veteran	Female	40
212	03:30:17	381	Cody	Benally	Open	Male	25
213	03:30:21	694	Monwa	Xala	Open	Male	34
214	03:30:26	591	Kath	Rissik	Veteran	Female	41
215	03:30:34	388	Alicia	Bock	Open	Female	30
216	03:30:50	508	Stephen	Kelly	Veteran	Male	41

217	03:31:27	648	Ryan	Todd	Open	Male	23
218	03:31:57	469	Tamsin	Groom	Open	Female	23
219	03:32:46	649	Greg	Townsend	Open	Male	35
220	03:34:29	564	Lorraine	Nevin	Master	Female	51
221	03:35:07	582	Lee-Anne	Pienaar	Open	Female	37
222	03:35:32	536	Adele	MacCannel	Open	Female	36
223	03:35:33	588	Samad	Razzak	Master	Male	57
224	03:36:15	464	Izandri	Griessel	Open	Female	39
225	03:36:57	504	Lisa	Haldane	Open	Female	36
226	03:37:03	474	Patricia	Hagen	Master	Female	63
227	03:37:19	664	Jolande	Van Heerden	Open	Female	24
228	03:37:24	642	Cam	Taylor	Open	Male	20
229	03:37:26	500	Marco	Jardim	Open	Male	21
230	03:37:28	593	Rebecca	Roberts	Open	Female	23
231	03:37:36	399	Sandie	Brugman	Open	Female	37
232	03:37:53	641	Sonja	Swanevelder	Veteran	Female	46
233	03:37:57	577	WENDA	PEROLD	Master	Female	62
234	03:38:36	704	Jan	Scholtz	veteran	Male	42
235	03:38:46	579	Katherine	Persson	Open	Female	31
236	03:38:53	578	Justin	Persson	Open	Male	35
237	03:39:14	447	Louise	Ehret	Veteran	Female	46
238	03:39:21	446	Megan	Edmonds	Open	Female	23
239	03:39:24	411	Dawn	Clarke	Master	Female	54
240	03:41:34	351	Ismail	Abdullah	Veteran	Male	49
241	03:43:39	552	Hendrik	Moller	Open	Male	20
242	03:45:27	654	Carel	Van der Merwe	Open	Male	31
243	03:46:15	635	Mark	Stokell	Master	Male	53
244	03:46:41	624	Larisa	Smuts	Open	Female	32
245	03:49:00	572	Sue	Parker-Smith	Veteran	Female	49
246	03:49:56	435	Jeanne	De Waal	Open	Female	30
247	03:50:13	541	Elianne	Marais	Open	Female	28
248	03:50:35	547	Robin	McDonald (Wildrunner)	Master	Male	59
249	03:55:44	512	Stephen	Knott	Open	Male	35
250	03:56:38	602	Lynn	Samuels	Veteran	Female	42
251	03:57:31	655	Corlia	Van der Merwe	Open	Female	27
252	03:57:38	397	Diana	Bresendale	Open	Female	31
253	03:57:49	711	Cindy	Low	Open	Female	39
254	03:59:22	638	Joy	Sutherland	Master	Female	53
255	04:00:53	426	Rene	Davis	Open	Female	36
256	04:00:54	589	Sandra	Rennie	Open	Female	32
257	04:01:32	422	Jennifer	Crossman	Open	Female	39
258	04:03:48	473	Tim	Hadingham	Veteran	Male	41
259	04:03:51	592	Delyse	Rist	Master	Female	52
260	04:05:48	355	Perwez	Adullah (WildRunner)	Open	Male	28
261	04:08:17	524	Dianie	Lamprecht	Open	Female	39
262	04:08:32	689	Pauline	Wilkinson	Open	Female	30
263	04:09:24	410	Vanessa	Clark	Open	Female	39
264	04:10:26	425	Iain	Davis	Open	Male	25
265	04:14:56	678	Antoinette	Veldtman	Open	Female	36
266	04:30:36	502	Salome	Jordaan	Master	Female	52
267	04:58:03	709	Gavin	Dotchin	Open	Male	31
268	04:58:12	710	Kim	Boshoff	Open	Female	28

Senior Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:50:28	707	Michael	Bailey	Open	Male	31
2	01:55:08	521	Edson	Kumwamba	Open	Male	31
3	01:55:47	608	Rory	Scheffer	Open	Male	22
4	02:00:38	404	Craig	Burns	Open	Male	23
5	02:00:39	523	Edward	Iambert	Open	Male	36
6	02:04:40	656	Luther	Van der Mescht	Open	Male	27
7	02:10:52	421	Dian	Cronje	Open	Male	27
8	02:11:26	698	Nic	Barenblatt	Open	Male	33
9	02:11:28	696	Asmus	Zoch	Open	Male	30
10	02:12:03	487	Gareth	Holmes	Open	Male	22
11	02:14:23	713	Murray	Haw	Open	Male	20
12	02:15:16	626	Murray	Starr	Open	Male	19
13	02:18:00	614	Anthony	Cave	Open	Male	35
14	02:21:50	633	Stephan	Steyn	Open	Male	31
15	02:23:19	383	Gustav	Bessinger	Open	Male	30
16	02:24:16	551	Murray	Mitchell	Open	Male	27
17	02:24:37	419	Kyle	Cottle	Open	Male	25
18	02:24:50	491	Eddie	Horn	Open	Male	28
19	02:25:17	441	Dolph	Du Plessis	Open	Male	34
20	02:25:24	492	Justin	Hoskins	Open	Male	35

21	02:25:51	676	Devon	Van Vuuren	Open	Male	19
22	02:25:53	576	David	Pearce	Open	Male	21
23	02:26:03	533	Alejandro	Lopez	Open	Male	31
24	02:28:51	525	Herman	Langenhoven	Open	Male	21
25	02:29:03	395	Kristo	Botha	Open	Male	21
26	02:30:25	434	Nicholas	De Villiers	Open	Male	21
27	02:30:59	460	Michael	Gibson	Open	Male	37
28	02:31:36	403	Rob	Burgoyne	Open	Male	31
29	02:33:14	703	Michael	Gombart	Open	Male	26
30	02:35:28	569	Iain	Orpen	Open	Male	37
31	02:37:10	600	Jean-Pierre	Roux	Open	Male	30
32	02:37:16	387	Scott	Biggs	Open	Male	39
33	02:37:20	356	Schalk	Albertyn	Open	Male	36
34	02:37:22	406	Nick	Calothi	Open	Male	38
35	02:37:47	361	Miles	Appelgryn	Open	Male	31
36	02:39:11	539	Johan	Mans	Open	Male	32
37	02:39:36	489	Zaheer	Hoosain	Open	Male	29
38	02:39:42	417	Matthew	Cooke	Open	Male	37
39	02:41:15	459	Douwe	Ganzevoort	Open	Male	30
40	02:41:51	669	Giel	Van Megen	Open	Male	24
41	02:42:42	560	Charl	Mussmann	Open	Male	23
42	02:44:02	452	Maseeh	Esau	Open	Male	38
43	02:45:03	652	Pieter	Uys	Open	Male	19
44	02:46:19	650	Nicholas	Townsend	Open	Male	31
45	02:46:38	479	Joakim	Hansi Blackadder	Open	Male	30
46	02:46:42	618	Darren	Smit	Open	Male	36
47	02:47:40	617	Arnold	Smit	Open	Male	37
48	02:47:56	594	George	Robertson	Open	Male	37
49	02:48:27	375	Douglas	Batchelor	Open	Male	34
50	02:48:30	628	Hanro	Steffen	Open	Male	36
51	02:48:35	679	Ruan	Veldtman	Open	Male	36
52	02:48:37	623	Sam	Smout	Open	Male	28
53	02:49:40	666	Jan Willem	Van Huyssteen	Open	Male	34
54	02:49:48	693	Colin	Wilson	Open	Male	29
55	02:50:13	680	Stian	Venter	Open	Male	19
56	02:50:54	443	Nicholaas	Du Plessis	Open	Male	29
57	02:52:36	563	Dante	Nel	Open	Male	26
58	02:52:42	396	André	Breedt	Open	Male	34
59	02:53:08	586	Zandre	Raath	Open	Male	29
60	02:53:19	615	Etienne	Slabbert	Open	Male	32
61	02:53:26	616	Wessel	Smalberger	Open	Male	23
62	02:53:34	686	Francois	Wessels	Open	Male	27
63	02:55:00	392	Johan	Bosman	Open	Male	38
64	02:55:05	366	Nicolas	Balcomb	Open	Male	31
65	02:55:07	362	Clinton	Arnot	Open	Male	39
66	02:57:13	708	George	Petterson	Open	Male	30
67	02:58:24	493	Pierre-Malan	Hugo	Open	Male	25
68	02:58:40	354	Charles	Abernethy	Open	Male	25
69	02:58:48	516	Arno	Kotze	Open	Male	37
70	02:58:52	620	Matt	Smit	Open	Male	28
71	02:59:12	482	Julian	Heath	Open	Male	18
72	02:59:46	540	Charl	Marais	Open	Male	36
73	03:00:02	511	Ralf	Kistner	Open	Male	25
74	03:00:13	386	Ross	Biggs	Open	Male	39
75	03:00:33	483	Anton	Hendriks	Open	Male	29
76	03:00:36	517	Wouter	Kriegler	Open	Male	28
77	03:02:19	528	Tim	Lee	Open	Male	19
78	03:03:54	384	Michael	Bester	Open	Male	37
79	03:04:14	408	Charl	Cilliers	Open	Male	38
80	03:04:31	458	Anton	Franchi	Open	Male	35
81	03:05:24	412	Markus	Coetsee	Open	Male	29
82	03:05:37	658	Gysbert johannes	Van der westhuizen	Open	Male	29
83	03:07:16	644	Steven	Teuchert	Open	Male	24
84	03:07:20	390	Selborne	Boome	Open	Male	38
85	03:08:05	611	Greg	Schneider	Open	Male	26
86	03:08:13	534	Francois	Louw	Open	Male	27
87	03:08:43	445	Paul	Edelstein	Open	Male	26
88	03:09:36	527	Brian	Leary	Open	Male	39
89	03:11:01	639	Bertus	Swanepoel	Open	Male	37
90	03:12:30	566	Gerrit	Nortje	Open	Male	36
91	03:13:08	450	Braam	Engall	Open	Male	27
92	03:14:18	631	Malcolm	Stevenson	Open	Male	35
93	03:14:38	509	Denzil	Kennon	Open	Male	27
94	03:17:38	543	Paul	Maree	Open	Male	35
95	03:18:23	407	Francois	Cillie	Open	Male	34

96	03:19:37	457	Raymond	Ford	Open	Male	34
97	03:20:02	418	RAMON	CORIE	Open	Male	30
98	03:21:32	700	Hugo	Hall	Open	Male	27
99	03:21:34	701	David	Bulmer	Open	Male	38
100	03:21:37	598	Sarel	Rossouw	Open	Male	34
101	03:25:17	537	John	MacDonald	Open	Male	35
102	03:28:35	530	Johan	Liebenberg	Open	Male	35
103	03:29:41	382	Mark	Berndt	Open	Male	26
104	03:30:17	381	Cody	Benally	Open	Male	25
105	03:30:21	694	Monwa	Xala	Open	Male	34
106	03:31:27	648	Ryan	Todd	Open	Male	23
107	03:32:46	649	Greg	Townsend	Open	Male	35
108	03:37:24	642	Cam	Taylor	Open	Male	20
109	03:37:26	500	Marco	Jardim	Open	Male	21
110	03:38:53	578	Justin	Persson	Open	Male	35
111	03:43:39	552	Hendrik	Moller	Open	Male	20
112	03:45:27	654	Carel	Van der Merwe	Open	Male	31
113	03:55:44	512	Stephen	Knott	Open	Male	35
114	04:05:48	355	Perwez	Adullah (WildRunner)	Open	Male	28
115	04:10:26	425	Iain	Davis	Open	Male	25
116	04:58:03	709	Gavin	Dotchin	Open	Male	31

Senior Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:17:15	661	Liandi	Van der Westhuyzen	Open	Female	29
2	02:17:29	427	Candice	Davison	Open	Female	36
3	02:28:13	687	Marie	Wessels	Open	Female	31
4	02:28:32	574	Sarah	Patrick	Open	Female	21
5	02:29:11	360	Dunya	Ansems	Open	Female	31
6	02:30:21	471	Mags	Haacke	Open	Female	32
7	02:38:41	400	Beaulah	Buitendag	Open	Female	22
8	02:42:23	385	Cathryn	Biggs	Open	Female	34
9	02:43:32	622	Emily	Smith	Open	Female	25
10	02:44:29	684	Freda	Walters	Open	Female	32
11	02:44:30	368	Natalie	Ballantine	Open	Female	21
12	02:45:58	423	Tania	D'Aguiar	Open	Female	38
13	02:46:33	674	Tamsyn	Van Rensburg	Open	Female	26
14	02:46:46	466	Marelize	Grobbelaar	Open	Female	32
15	02:46:50	657	Tricia	Van der Mescht	Open	Female	30
16	02:49:44	673	Riette	Van rensburg	Open	Female	33
17	02:51:12	378	Kerry	Bee	Open	Female	39
18	02:52:21	692	Peta	Wills	Open	Female	32
19	02:52:35	499	Josie	Jansen	Open	Female	20
20	02:52:39	394	Hanneke	Botha	Open	Female	27
21	02:52:45	619	Helene	Smit	Open	Female	38
22	02:57:27	433	Kate	De Villiers	Open	Female	28
23	02:57:53	391	Adriette	Booyesen	Open	Female	37
24	02:58:47	432	Jackie	De Villiers	Open	Female	33
25	02:59:00	653	Adriana	Van der Linde	Open	Female	34
26	03:00:15	510	Melissa	Kistner	Open	Female	24
27	03:00:47	505	Marianna	Joubert	Open	Female	30
28	03:06:38	497	Jenny	Janisch	Open	Female	37
29	03:07:23	359	Charlotte	Andrag	Open	Female	36
30	03:08:27	549	Helen	Mearns	Open	Female	32
31	03:09:02	584	Eva	Raal	Open	Female	28
32	03:09:44	370	Mandy	Banks	Open	Female	33
33	03:10:01	481	Bronwyn	Hastings	Open	Female	28
34	03:10:26	706	Alison	Larcombe	Open	Female	38
35	03:11:06	640	Marzanne	Swanepoel	Open	Female	34
36	03:13:20	529	Gina	Leinberger	Open	Female	38
37	03:14:08	668	Marion	Van Lille	Open	Female	28
38	03:15:03	558	Katie	Müller	Open	Female	27
39	03:16:02	486	Catherine	Holland	Open	Female	38
40	03:16:09	585	Marilize	Raath	Open	Female	28
41	03:17:03	415	MICHELLE	COLLINS	Open	Female	31
42	03:17:13	462	Jeanne	Gouws	Open	Female	34
43	03:17:21	520	Irina	Kubica	Open	Female	39
44	03:18:24	442	Dorette	Du Plessis	Open	Female	33
45	03:18:45	603	Derine	Sandenbergh	Open	Female	31
46	03:19:40	554	Alet	Morgan	Open	Female	35
47	03:19:43	630	Lise	Stephens	Open	Female	34
48	03:21:38	702	Tamsyn	Simon	Open	Female	30
49	03:21:47	389	Catherine	Boome	Open	Female	38
50	03:22:18	682	Marelize	Vlok	Open	Female	36
51	03:25:13	358	Kelly	Anderson	Open	Female	33

52	03:28:36	636	Esbie	Strydom	Open	Female	37
53	03:29:11	490	Michelle	Horak	Open	Female	25
54	03:30:34	388	Alicia	Bock	Open	Female	30
55	03:31:57	469	Tamsin	Groom	Open	Female	23
56	03:35:07	582	Lee-Anne	Pienaar	Open	Female	37
57	03:35:32	536	Adele	MacCannel	Open	Female	36
58	03:36:15	464	Izandri	Griessel	Open	Female	39
59	03:36:57	504	Lisa	Haldane	Open	Female	36
60	03:37:19	664	Jolande	Van Heerden	Open	Female	24
61	03:37:28	593	Rebecca	Roberts	Open	Female	23
62	03:37:36	399	Sandie	Brugman	Open	Female	37
63	03:38:46	579	Katherine	Persson	Open	Female	31
64	03:39:21	446	Megan	Edmonds	Open	Female	23
65	03:46:41	624	Larisa	Smuts	Open	Female	32
66	03:49:56	435	Jeanne	De Waal	Open	Female	30
67	03:50:13	541	Elianne	Marais	Open	Female	28
68	03:57:31	655	Corlia	Van der Merwe	Open	Female	27
69	03:57:38	397	Diana	Bresendale	Open	Female	31
70	03:57:49	711	Cindy	Low	Open	Female	39
71	04:00:53	426	Rene	Davis	Open	Female	36
72	04:00:54	589	Sandra	Rennie	Open	Female	32
73	04:01:32	422	Jennifer	Crossman	Open	Female	39
74	04:08:17	524	Dianie	Lamprecht	Open	Female	39
75	04:08:32	689	Pauline	Wilkinson	Open	Female	30
76	04:09:24	410	Vanessa	Clark	Open	Female	39
77	04:14:56	678	Antoinette	Veldtman	Open	Female	36
78	04:58:12	710	Kim	Boshoff	Open	Female	28

Veteran Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:07:12	627	Andrew	Steele	Veteran	Male	43
2	02:21:27	494	Glenn	Hurlow	Veteran	Male	42
3	02:27:34	467	Eugene	Groenewald	Veteran	Male	47
4	02:29:01	643	Simon	Taylor	Veteran	Male	49
5	02:32:06	571	Bradley	Park	Veteran	Male	44
6	02:32:43	405	Flavio	Busi	Veteran	Male	47
7	02:38:49	393	Cornel	Botha	Veteran	Male	43
8	02:42:31	621	Bruce	Smith	Veteran	Male	44
9	02:44:04	675	Jacques	Van Staden	Veteran	Male	41
10	02:46:15	454	Anton	Esterhuizen	Veteran	Male	45
11	02:46:24	448	Michael	Ehret	Veteran	Male	49
12	02:46:26	553	Gert	Moolman	Veteran	Male	46
13	02:46:56	683	Chris	von Klemperer	Veteran	Male	41
14	02:58:20	597	Arno	Rossouw	Veteran	Male	42
15	02:59:32	587	Henk	Rademeyer	Veteran	Male	47
16	03:00:38	473	Tim	Hadingham	Veteran	Male	41
17	03:03:21	430	Wouter	De Goede	Veteran	Male	46
18	03:07:07	685	Abrie	Wessels	Veteran	Male	48
19	03:07:42	580	Oscar	Peterson	Veteran	Male	46
20	03:11:47	651	Christo	Truter	Veteran	Male	43
21	03:23:27	601	Thaabiet	Salaam	Veteran	Male	40
22	03:28:06	496	Dries	Jacobs	Veteran	Male	41
23	03:30:50	508	Stephen	Kelly	Veteran	Male	41
24	03:38:36	704	Jan	Scholtz	veteran	Male	42
25	03:41:34	351	Ismail	Abdullah	Veteran	Male	49
26	04:03:48	473	Tim	Hadingham	Veteran	Male	41

Veteran Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:35:52	475	Dain	Hamilton	Veteran	Female	45
2	02:46:05	437	Terry	Deats	Veteran	Female	45
3	02:51:53	613	Liza	Serfontein	Veteran	Female	42
4	02:52:50	380	Lizel	Bekker	Veteran	Female	43
5	02:54:57	599	Zane	Rossouw	Veteran	Female	41
6	02:57:48	632	Marietjie	Steyn	Veteran	Female	40
7	03:00:41	453	Nazeema	Esau	Veteran	Female	41
8	03:04:12	440	Andrea	Du Plessis	Veteran	Female	41
9	03:04:55	402	Lisa	Burger	Veteran	Female	44
10	03:06:37	550	Eva	Middleton	Veteran	Female	40
11	03:14:16	470	Rogelle	Guba	Veteran	Female	44
12	03:17:31	515	Jana	Kolodziej	Veteran	Female	43
13	03:20:28	681	Zelda	Visser	Veteran	Female	42
14	03:23:25	659	Madri	Van Der Westhuizen	Veteran	Female	41
15	03:23:30	476	Adele	Hamman	Veteran	Female	41
16	03:23:36	663	Nicky	Van Dyk	Veteran	Female	40
17	03:23:41	538	Nicky	Malherbe	Veteran	Female	43
18	03:23:55	522	Allison	Lamb	Veteran	Female	43
19	03:24:21	581	Antonette	Piek	Veteran	Female	41
20	03:29:53	712	Megan	Baker	Veteran	Female	40
21	03:30:26	591	Kath	Rissik	Veteran	Female	41
22	03:37:53	641	Sonja	Swanevelder	Veteran	Female	46
23	03:39:14	447	Louise	Ehret	Veteran	Female	46
24	03:49:00	572	Sue	Parker-Smith	Veteran	Female	49
25	03:56:38	602	Lynn	Samuels	Veteran	Female	42

Master Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:34:23	546	Andrew	Mc Tavish	Master	Male	50
2	02:38:57	414	Mark	Wagenheim	Master	Male	58
3	02:59:07	610	Christopher	Schnehage	Master	Male	60
4	03:07:29	691	Allan	Williamson	Master	Male	53
5	03:15:43	451	Seppie	Erasmus	Master	Male	54
6	03:16:58	604	Hamid	Sanglay	Master	Male	51
7	03:20:06	352	Mogammad	Abdullatief	Master	Male	50
8	03:27:36	535	Johannes	Louw	Master	Male	50
9	03:35:33	588	Samad	Razzak	Master	Male	57
10	03:46:15	635	Mark	Stokell	Master	Male	53
11	03:50:35	547	Robin	McDonald (Wildrunner)	Master	Male	59

Master Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:23:40	477	Jacomi	Hanekom	Master	Female	52
2	03:25:31	436	Caroline	De Wet	Master	Female	54
3	03:25:32	501	Frankie	Johnston	Master	Female	52
4	03:34:29	564	Lorraine	Nevin	Master	Female	51
5	03:37:03	474	Patricia	Hagen	Master	Female	63
6	03:37:57	577	Wenda	Perold	Master	Female	62
7	03:39:24	411	Dawn	Clarke	Master	Female	54
8	03:59:22	638	Joy	Sutherland	Master	Female	53
9	04:03:51	592	Delyse	Rist	Master	Female	52
10	04:30:36	502	Salome	Jordaan	Master	Female	52



Jonkershoek Mountain Run 2014

10km



Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:42:41	767	Raydon	Balie	Open	Male	19
2	00:46:30	1070	Miles	Verwey	Open	Male	31
3	00:47:00	1101	John	Macartan	Veteran	Male	43
4	00:47:48	935	Johan	Louw	Open	Male	29
5	00:49:43	927	Megan	Leslie	Junior	Female	15
6	00:50:05	1115	Clint	Clark	Open	Male	0
7	00:50:13	926	Caitlin	Leslie	Open	Female	18
8	00:52:06	887	Matthew	Hurlow	Junior	Male	17
9	00:53:03	1056	Marguerite	Van Niekerk	Open	Female	30
10	00:53:05	906	Ryan	Kidwell	Open	Male	32
11	00:53:07	888	Andrew	Hyland	Open	Male	29
12	00:53:19	1100	Kobus	du Bruyn	Open	Male	46
13	00:53:23	878	Suzaan	Hobson	Junior	Female	16
14	00:53:54	868	Kristen	Heath	Junior	Female	16
15	00:53:56	831	Robert	Ellis	Open	Male	20
16	00:54:10	943	Duncan	Matthews	Open	Male	29
17	00:54:20	1021	Joshua	Smit	Junior	Male	16
18	00:54:25	1050	Johann	Van der Nest	Open	Male	33
19	00:54:29	819	Simon	Drennan	Open	Male	20
20	00:54:53	942	Szymon	Marszalek	Open	Male	25
21	00:55:07	1110	Erast	Kuschke	Open	Male	36
22	00:55:09	1055	Lijan	Van Niekerk	Junior	Female	16
23	00:56:49	918	De Villiers	Lategan	Open	Male	19
24	00:56:56	780	Barbara	Botes	Open	Female	28
25	00:57:57	972	Marileen	Odendaal	Open	Female	23
26	00:58:25	818	Michael	Drennan	Open	Male	22
27	00:59:20	1103	Herman	Berry	Open	Male	27
28	00:59:29	1040	Hugh-John	Townsend	Open	Male	48
29	00:59:31	1106	Peter	Haude	Open	Male	32
30	00:59:56	1109	Thorsten	Bekker	Open	Male	30
31	01:00:04	1119	Herhard	Steenkamp	Open	Male	22
32	01:00:20	793	elsje	Cardoso	Open	Female	25
33	01:00:22	911	Michelle	Krogscheepers	Open	Female	22
34	01:00:29	951	Mark	Millin	Open	Female	38
35	01:02:04	966	Lionel	Nicola	Open	Male	48
36	01:02:05	852	Michelle	Glover	Open	Female	21
37	01:02:27	1009	Doran	Schoeman	Open	Male	32
38	01:02:46	908	Stuart	Knott	Open	Male	35
39	01:02:54	1060	Dirk	Van Vlaanderen	Open	Male	34
40	01:02:57	804	John	Cowlin	Open	Male	34
41	01:03:03	775	Schalk	Bezuidenhout	Open	Male	20
42	01:03:12	892	Wihann	Jacobs	Open	Male	20
43	01:03:56	1081	Ryan	Whitehead	Open	Male	32
44	01:03:59	1114	Antoine	Burger	Open	Male	30
45	01:05:31	898	Gideon	Jordaan	Open	Male	28
46	01:05:40	769	Russel	Beesley	Open	Male	35
47	01:05:42	948	Teena	Meyer	Open	Female	24
48	01:05:45	768	Robin	Ballance	Open	Female	31
49	01:05:48	912	Heinrich	Kroukamp	Open	Male	27
50	01:05:55	968	Sanjay	Noronha	Open	Male	40
51	01:06:06	856	Stine	Grinna	Open	Female	27
52	01:06:19	762	Spencer Markus	Austin	Open	Male	21
53	01:06:24	783	Kerry	Brown	Open	Female	30
54	01:06:29	844	Lin	Fourie	Open	Female	30
55	01:06:31	1005	Danie	Rossouw	Open	Male	34
56	01:06:38	444			0	0	0
57	01:06:41	1121	Werner	Kritzinger	Open	Male	39
58	01:06:43	1120	Christelle	Leuvennink	Open	Female	39
59	01:06:45	1107	Alan	Thomas	Open	Male	41
60	01:07:20	976	Michael	Orchard	Open	Male	48
61	01:07:32	782	Grethe	Bredenkamp	Open	Female	24
62	01:08:05	855	Tarryn	Grinaker	Open	Female	30
63	01:08:30	1104	Jaennemar	Barnard	Open	Female	32
64	01:08:32	1102	Wryno	Barnard	Open	Male	32
65	01:08:34	820	Kathryn	Dreyer	Open	Female	25
66	01:08:38	890	Darryl	Jacobs	Open	Male	37
67	01:08:41	903	Syndi	Kahn	Open	Female	39

68	01:08:42	771	Raymond	Berelowitz	Open	Male	45
69	01:08:44	1004	Kim	Ross	Open	Female	44
70	01:08:49	999	Sabine	Roberts	Open	Female	30
71	01:08:57	846	Rene	Fourie	Open	Female	30
72	01:09:03	1006	Faheem	Salie	Open	Male	35
73	01:09:08	989	Ashley	Rasool	Open	Male	33
74	01:09:34	1054	Eloise	Van Huyssteen	Open	Female	34
75	01:09:36	1094	Anthony	van Rhyn	Open	Male	47
76	01:09:44	1072	Barbara	Vintcent	Open	Female	38
77	01:09:51	1022	Elmarie	Smith	Open	Female	44
78	01:09:55	766	Carin	Baker	Open	Female	31
79	01:09:57	1018	Jill	Sindle	Open	Female	28
80	01:10:06	802	Lauren	Combrink	Open	Female	30
81	01:10:10	1012	Jill	Shaplend-Smit	Open	Female	47
82	01:10:13	969	Alida Frances	Nortier	Open	Female	27
83	01:10:37	939	Marcia	Marais	Open	Female	38
84	01:10:39	851	Sarah	Glenday	Open	Female	28
85	01:10:44	1076	Anke	Von Mollendeorff	Open	Female	25
86	01:10:48	1091	Lerina	Basson	Open	Female	35
87	01:11:01	1118	Keri	Davies	Open	Female	36
88	01:11:04	1045	Lise-Mari	Van den den Dool	Open	Female	28
89	01:11:12	899	Marike	Jordaan	Open	Female	31
90	01:11:30	1026	Blanche-Mari	Staal	Open	Female	20
91	01:11:32	840	Mark	Fletcher	Open	Male	36
92	01:11:35	1014	Kate	Sherry	Open	Female	33
93	01:11:37	910	Layla	Kouchi	Open	Female	24
94	01:11:39	923	Erik	Leeuwaarden	Open	Male	61
95	01:11:40	1092	James	Tunncliffe	Open	Male	52
96	01:11:42	1042	Greta	Tunncliffe	Open	Female	46
97	01:11:43	992	Michele	Reid	Open	Female	48
98	01:12:06	1033	Alan	Struthers	Open	Male	40
99	01:12:24	811	Nicol	De Andrade	Open	Female	26
100	01:12:25	1029	Carole	Steffen	Open	Female	36
101	01:12:30	788	Ed	Burger	Open	Male	30
102	01:12:36	978	Constance	Pansegrouw	Open	Female	33
103	01:12:40	1096	Charl	van Niekerk	Open	Male	21
104	01:12:55	889	THERESA	ISAACS	Open	Female	62
105	01:12:56	886	Lucinda	Hurlow	Open	Female	39
106	01:12:59	1112	Louis	Wessels	Open	Male	33
107	01:13:02	845	Natasha	Fourie	Open	Female	25
108	01:13:29	891	Lloyd	Jacobs	Open	Male	29
109	01:13:36	1086	Jo	Youens	Open	Female	36
110	01:14:02	998	Daryn	Roberts	Open	Male	31
111	01:14:05	960	Marele	Moolman	Open	Female	34
112	01:14:07	904	Amy	Kamhoot	Open	Female	22
113	01:14:09	974	Bianca	Ogg	Open	Female	19
114	01:14:13	1019	Audrey	Smit	Open	Female	34
115	01:14:15	1085	Serron	Wilson	Open	Female	28
116	01:14:17	1084	Wessel Fourie	Wiese	Open	Male	29
117	01:14:20	763	Gerrit	Avenant	Open	Male	28
118	01:14:27	997	Antonio	Roberts	Open	Male	32
119	01:14:32	1051	Charl	Van Deventer	Open	Male	36
120	01:14:34	946	Elanie	Meyer	Open	Female	27
121	01:14:43	1111		0	0	0	0
122	01:14:48	816	Riaan	De Witt	Open	Male	27
123	01:15:22	822	Francel	Du Plessis	Open	Female	29
124	01:15:27	867	Karma	Hart	Open	Female	26
125	01:15:29	1039	Steven	Tindall	Open	Male	26
126	01:15:34	790	Sandra	Butler	Open	Female	26
127	01:16:06	955	Marthie-Mari	Mocke	Open	Female	41
128	01:16:11	1092	James	Tunncliffe	Open	Male	52
129	01:16:15	796	Kate	Cheney	Open	Female	24
130	01:16:17	832	Sante	Engall	Open	Female	27
131	01:16:18	902	Nick	Joubert	Open	Male	29
132	01:16:24	905	Ingrid	Kennon	Open	Female	26
133	01:16:27	876	Liesl	Hirst	Open	Female	38
134	01:16:51	815	Leana	De Witt	Open	Female	28
135	01:16:55	777	David	Bolding	Open	Male	57
136	01:16:58	849	Lauren	Gilmour	Open	Female	36
137	01:17:00	1090	Scott	Gilmour	Open	Male	36
138	01:17:02	884	Andy	Howard	Open	Male	49
139	01:17:03	806	Kirsty	Cox	Open	Female	38
140	01:17:06	1001	Johannes	Roos	Open	Male	32
141	01:17:08	985	Stefan	Pretorius	Open	Male	28
142	01:17:10	977	Chrisitaan	Pansegrouw	Open	Male	32
143	01:17:13	901	Minine	Jordaan	Open	Female	37
144	01:17:16	773	Jacques	Bestbier	Open	Male	41
145	01:17:17	785	Natalia	Buhrmann	Open	Female	20
146	01:17:20	1049	Talita	Van der Merwe	Open	Female	20

147	01:17:22	959	Kate	Moodie	Open	Female	27
148	01:17:25	872	Simon	Henstra	Open	Male	23
149	01:17:28	981	Theoni	Photopoulou	Open	Female	29
150	01:17:33	873	Jarryd	Hesom	Open	Male	27
151	01:17:41	847	Karin	Gerber	Open	Female	28
152	01:18:03	1064	Rehan	Van Zyl	Open	Male	27
153	01:18:26	800	Michelle	Cliff	Open	Female	34
154	01:18:28	799	Mark	Cliff	Open	Male	44
155	01:18:31	893	Cherié	James	Open	Female	27
156	01:18:35	859	Carina	Grobbelaar	Open	Female	30
157	01:18:38	874	Magdl	Heunis	Open	Female	26
158	01:18:40	1098	Tracy	Aitcheson	Open	Female	43
159	01:18:41	929	Anchen	Lombard	Open	Female	42
160	01:18:48	957	Coleen	Moloney	Open	Female	51
161	01:18:50	827	Judith	Du Toit	Open	Female	46
162	01:19:02	880	Margi	Hoffe	Open	Female	52
163	01:19:03	881	Steven	Hoffe	Open	Male	52
164	01:19:06	1059	Du Preez	Van Staden	Open	Male	27
165	01:19:10	1052	Stephanie	Van Deventer	Open	Female	24
166	01:19:35	830	Maretha	Eksteen	Open	Female	44
167	01:19:44	1097	Dalene	le Roux	Open	Female	29
168	01:20:04	871	Maryke	Heigers	Open	Female	35
169	01:20:16	1089	Holly	Ramsey	Open	Female	30
170	01:20:28	1073	Lourett	Visser	Open	Female	57
171	01:20:32	1105	Sonja	Kruger	Open	Female	42
172	01:20:34	1031	Michelle	Stevenson	Open	Female	34
173	01:20:39	755	ANNE	Alessandri	Open	Female	39
174	01:20:44	761	Sam	Austen	Open	Female	29
175	01:20:47	930	Gershwin	Long	Open	Male	31
176	01:20:55	1068	Anzel	Venter	Open	Female	34
177	01:20:57	758	Tania	Arnot	Open	Female	39
178	01:21:15	776	Sunet	Bodenstein	Open	Female	34
179	01:21:27	817	Mary	Derman	Open	Female	28
180	01:21:44	913	Kirstin	Kruger	Open	Female	35
181	01:21:47	875	Kevin	Hill	Open	Male	41
182	01:21:57	1025	Gabrielle	spilkin	Open	Female	25
183	01:22:02	759	Sarah	Atmore	Open	Female	27
184	01:22:04	857	Bronwyn	Grisdale	Open	Female	26
185	01:22:21	1113	Anneke	Burger	Open	Female	24
186	01:22:25	883	Wendy	Holliday	Open	Female	30
187	01:22:32	1082	Angela	Wiese	Open	Female	25
188	01:22:41	1065	Roxanne	Varkevisser	Open	Female	26
189	01:22:43	864	Jackie	Hannaford	Open	Female	29
190	01:22:53	784	Naomi	Bruwer	Open	Female	23
191	01:23:44	938	Natalie	Mackenzie	Open	Female	31
192	01:23:47	795	Mark	Chamberlain	Open	Male	48
193	01:23:51	841	Shannon	Fletcher	Open	Female	33
194	01:24:05	877	Angela	Hobbs	Open	Female	29
195	01:24:41	1095	Loons	de Kock	Open	Male	51
196	01:24:44	983	Johan	Pretorius	Open	Male	51
197	01:24:49	987	Lynn	Radcliffe	Open	Female	34
198	01:24:52	833	Vaughan	Engledoe	Open	Male	34
199	01:25:16	984	Johan	Pretorius	Open	Male	29
200	01:25:51	920	Handre	Laubscher	Open	Male	37
201	01:26:17	860	Johan	Groenewald	Open	Male	27
202	01:26:19	986	Sigi	Prinsloo	Open	Female	33
203	01:26:40	975	Amy	Oosterbaan	Open	Female	22
204	01:26:43	866	Sean	Harris	Open	Male	49
205	01:26:45	865	Lee-ann	Harris	Open	Female	47
206	01:26:47	1008	Mervin	Schnehage	Open	Male	39
207	01:26:48	964	Marianne	Nelson	Open	Female	70
208	01:26:55	949	Gavin	Miller	Open	Male	54
209	01:27:04	897	Celeste	Jooste	Open	Female	33
210	01:27:16	1000	Sheldon	Rodger	Open	Male	24
211	01:27:26	953	Jason	Minnaar	Open	Male	36
212	01:27:27	954	Tania	Minnaar	Open	Female	36
213	01:27:32	973	Vian	Oelofsen	Open	Male	39
214	01:27:35	928	Bea	Liebenberg	Open	Female	34
215	01:28:20	950	Trudi	Miller	Open	Female	53
216	01:28:30	1074	Riaan	Visser	Open	Male	44
217	01:28:34	848	Kim	Germishuys	Open	Female	31
218	01:28:36	1007	Colleen	Saunders	Open	Female	29
219	01:28:41	900	Martine	Jordaan	Open	Female	34
220	01:30:22	1015	Iaian	Sherwell	Open	Male	36
221	01:30:26	779	Jana	Boot	Open	Female	41
222	01:30:34	770	Keighley-Ann	Bell	Open	Female	30
223	01:30:50	1002	Lisa	Roos	Open	Female	37
224	01:32:25	1032	Louise	Stoddart	Open	Female	38
225	01:32:33	965	Tracy	Neumann	Open	Female	42

226	01:33:30	786	Katya	Buratovich	Open	Female	23
227	01:33:32	839	Erin	Fick	Open	Female	24
228	01:37:38	961	Debbie	Mulliner	Open	Female	44
229	01:37:40	842	Angela	Ford	Open	Female	33
230	01:37:42	863	Priscilla	Hancock	Open	Female	32
231	01:38:23	925	Marie-Louise	Lerm	Open	Female	23
232	01:44:04	794	Byron	Carr	Open	Male	26
233	01:47:37	944	Katherine	McCarter	Open	Female	30
234	01:51:59	781	Claudia	Bowen	Open	Female	32
235	01:52:34	751	Porchia	Adonis	Open	Female	27
236	01:55:58	807	Bronwyn	Craul	Open	Female	30
237	01:56:09	808	Courtney	Craul	Open	Female	30
238	02:02:02	764	Karla	Avenant	Open	Male	27
239	02:06:28	826	Vinette	Du Preez	Open	Female	30

Senior Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:42:41	767	Raydon	Balie (Wild Runner)	Open	Male	19
2	00:46:30	1070	Miles	Verwey	Open	Male	31
3	00:47:00	1101	John	Macartan	Open	Male	43
4	00:47:48	935	Johan	Louw	Open	Male	29
5	00:50:05	1115	Clint	Clark	Open	Male	0
6	00:53:05	906	Ryan	Kidwell	Open	Male	32
7	00:53:07	888	Andrew	Hyland	Open	Male	29
8	00:53:19	1100	Kobus	du Bruyn	Open	Male	46
9	00:53:56	831	Robert	Ellis	Open	Male	20
10	00:54:10	943	Duncan	Matthews	Open	Male	29
11	00:54:25	1050	Johann	Van der Nest	Open	Male	33
12	00:54:29	819	Simon	Drennan	Open	Male	20
13	00:54:53	942	Szymon	Marszalek	Open	Male	25
14	00:55:07	1110	Erast	Kuschke	Open	Male	36
15	00:56:49	918	De Villiers	Lategan	Open	Male	19
16	00:58:25	818	Michael	Drennan	Open	Male	22
17	00:59:20	1103	Herman	Berry	Open	Male	27
18	00:59:29	1040	Hugh-John	Townsend	Open	Male	48
19	00:59:31	1106	Peter	Haude	Open	Male	32
20	00:59:56	1109	Thorsten	Bekker	Open	Male	30
21	01:00:04	1119	Herhard	Steenkamp	Open	Male	22
22	01:02:04	966	Lionel	Nicola	Open	Male	48
23	01:02:27	1009	Doran	Schoeman	Open	Male	32
24	01:02:46	908	Stuart	Knott	Open	Male	35
25	01:02:54	1060	Dirk	Van Vlaanderen	Open	Male	34
26	01:02:57	804	John	Cowlin	Open	Male	34
27	01:03:03	775	Schalk	Bezuidenhout	Open	Male	20
28	01:03:12	892	Wihann	Jacobs	Open	Male	20
29	01:03:56	1081	Ryan	Whitehead	Open	Male	32
30	01:03:59	1114	Antoine	Burger	Open	Male	30
31	01:05:31	898	Gideon	Jordaan	Open	Male	28
32	01:05:40	769	Russel	Beesley	Open	Male	35
33	01:05:48	912	Heinrich	Kroukamp	Open	Male	27
34	01:05:55	968	Sanjay	Noronha	Open	Male	40
35	01:06:19	762	Spencer Markus	Austin	Open	Male	21
36	01:06:31	1005	Danie	Rossouw	Open	Male	34
37	01:06:41	1121	Werner	Kritzinger	Open	Male	39
38	01:06:45	1107	Alan	Thomas	Open	Male	41
39	01:07:20	976	Michael	Orchard	Open	Male	48
40	01:08:32	1102	Wryno	Barnard	Open	Male	32
41	01:08:38	890	Darryl	Jacobs	Open	Male	37
42	01:08:42	771	Raymond	Berelowitz	Open	Male	45
43	01:09:03	1006	Faheem	Salie	Open	Male	35
44	01:09:08	989	Ashley	Rasool	Open	Male	33
45	01:09:36	1094	Anthony	van Rhyn	Open	Male	47
46	01:11:32	840	Mark	Fletcher	Open	Male	36
47	01:11:39	923	Erik	Leeuwaarden	Open	Male	61
48	01:11:40	1092	James	Tunncliffe	Open	Male	52
49	01:12:06	1033	Alan	Struthers	Open	Male	40
50	01:12:30	788	Ed	Burger	Open	Male	30
51	01:12:40	1096	Charl	van Niekerk	Open	Male	21
52	01:12:59	1112	Louis	Wessels	Open	Male	33
53	01:13:29	891	Lloyd	Jacobs	Open	Male	29
54	01:14:02	998	Daryn	Roberts	Open	Male	31
55	01:14:17	1084	Wessel Fourie	Wiese	Open	Male	29
56	01:14:20	763	Gerrit	Avenant	Open	Male	28
57	01:14:27	997	Antonio	Roberts	Open	Male	32
58	01:14:32	1051	Charl	Van Deventer	Open	Male	36
59	01:14:48	816	Riaan	De Witt	Open	Male	27

60	01:15:29	1039	Steven	Tindall	Open	Male	26
61	01:16:11	1092	James	Tunncliffe	Open	Male	52
62	01:16:18	902	Nick	Joubert	Open	Male	29
63	01:16:55	777	David	Bolding	Open	Male	57
64	01:17:00	1090	Scott	Gilmour	Open	Male	36
65	01:17:02	884	Andy	Howard	Open	Male	49
66	01:17:06	1001	Johannes	Roos	Open	Male	32
67	01:17:08	985	Stefan	Pretorius	Open	Male	28
68	01:17:10	977	Chrisitaan	Pansegrouw	Open	Male	32
69	01:17:16	773	Jacques	Bestbier	Open	Male	41
70	01:17:25	872	Simon	Henstra	Open	Male	23
71	01:17:33	873	Jarryd	Hesom	Open	Male	27
72	01:18:03	1064	Rehan	Van Zyl	Open	Male	27
73	01:18:28	799	Mark	Cliff	Open	Male	44
74	01:19:03	881	Steven	Hoffe	Open	Male	52
75	01:19:06	1059	Du Preez	Van Staden	Open	Male	27
76	01:20:47	930	Gershwin	Long	Open	Male	31
77	01:21:47	875	Kevin	Hill	Open	Male	41
78	01:23:47	795	Mark	Chamberlain	Open	Male	48
79	01:24:41	1095	Loons	de Kock	Open	Male	51
80	01:24:44	983	Johan	Pretorius	Open	Male	51
81	01:24:52	833	Vaughan	Engledoe	Open	Male	34
82	01:25:16	984	Johan	Pretorius	Open	Male	29
83	01:25:51	920	Handre	Laubscher	Open	Male	37
84	01:26:17	860	Johan	Groenewald	Open	Male	27
85	01:26:43	866	Sean	Harris	Open	Male	49
86	01:26:47	1008	Mervin	Schnehage	Open	Male	39
87	01:26:55	949	Gavin	Miller	Open	Male	54
88	01:27:16	1000	Sheldon	Rodger	Open	Male	24
89	01:27:26	953	Jason	Minnaar	Open	Male	36
90	01:27:32	973	Vian	Oelofsen	Open	Male	39
91	01:28:30	1074	Riaan	Visser	Open	Male	44
92	01:30:22	1015	Iaian	Sherwell	Open	Male	36
93	01:44:04	794	Byron	Carr	Open	Male	26
94	02:02:02	764	Karla	Avenant	Open	Male	27

Senior Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:50:13	926	Caitlin	Leslie	Open	Female	18
2	00:53:03	1056	Marguerite	Van Niekerk	Open	Female	30
3	00:56:56	780	Barbara	Botes	Open	Female	28
4	00:57:57	972	Marileen	Odendaal	Open	Female	23
5	01:00:20	793	elsje	Cardoso	Open	Female	25
6	01:00:22	911	Michelle	Krogscheepers	Open	Female	22
7	01:00:29	951	Mark	Millin	Open	Female	38
8	01:02:05	852	Michelle	Glover	Open	Female	21
9	01:05:42	948	Teena	Meyer	Open	Female	24
10	01:05:45	768	Robin	Ballance	Open	Female	31
11	01:06:06	856	Stine	Grinna	Open	Female	27
12	01:06:24	783	Kerry	Brown	Open	Female	30
13	01:06:29	844	Lin	Fourie	Open	Female	30
14	01:06:43	1120	Christelle	Leuvennink	Open	Female	39
15	01:07:32	782	Grethe	Bredenkamp	Open	Female	24
16	01:08:05	855	Tarryn	Grinaker	Open	Female	30
17	01:08:30	1104	Jaennemar	Barnard	Open	Female	32
18	01:08:34	820	Kathryn	Dreyer	Open	Female	25
19	01:08:41	903	Syndi	Kahn	Open	Female	39
20	01:08:44	1004	Kim	Ross	Open	Female	44
21	01:08:49	999	Sabine	Roberts	Open	Female	30
22	01:08:57	846	Rene	Fourie	Open	Female	30
23	01:09:34	1054	Eloise	Van Huyssteen	Open	Female	34
24	01:09:44	1072	Barbara	Vintcent	Open	Female	38
25	01:09:51	1022	Elmarie	Smith	Open	Female	44
26	01:09:55	766	Carin	Baker	Open	Female	31
27	01:09:57	1018	Jill	Sindle	Open	Female	28
28	01:10:06	802	Lauren	Combrink	Open	Female	30
29	01:10:10	1012	Jill	Shapland-Smit	Open	Female	47
30	01:10:13	969	Alida Frances	Nortier	Open	Female	27
31	01:10:37	939	Marcia	Marais	Open	Female	38
32	01:10:39	851	Sarah	Glenday	Open	Female	28
33	01:10:44	1076	Anke	Von Mollendeorff	Open	Female	25
34	01:10:48	1091	Lerina	Basson	Open	Female	35
35	01:11:01	1118	Keri	Davies	Open	Female	36
36	01:11:04	1045	Lise-Mari	Van den den Dool	Open	Female	28
37	01:11:12	899	Marike	Jordaan	Open	Female	31

38	01:11:30	1026	Blanche-Mari	Staal	Open	Female	20
39	01:11:35	1014	Kate	Sherry	Open	Female	33
40	01:11:37	910	Layla	Kouchi	Open	Female	24
41	01:11:42	1042	Greta	Tunncliffe	Open	Female	46
42	01:11:43	992	Michele	Reid	Open	Female	48
43	01:12:24	811	Nicol	De Andrade	Open	Female	26
44	01:12:25	1029	Carole	Steffen	Open	Female	36
45	01:12:36	978	Constance	Pansegrouw	Open	Female	33
46	01:12:55	889	THERESA	ISAACS	Open	Female	62
47	01:12:56	886	Lucinda	Hurlow	Open	Female	39
48	01:13:02	845	Natasha	Fourie	Open	Female	25
49	01:13:36	1086	Jo	Youens	Open	Female	36
50	01:14:05	960	Marele	Moolman	Open	Female	34
51	01:14:07	904	Amy	Kamhoot	Open	Female	22
52	01:14:09	974	Bianca	Ogg	Open	Female	19
53	01:14:13	1019	Audrey	Smit	Open	Female	34
54	01:14:15	1085	Serron	Wilson	Open	Female	28
55	01:14:34	946	Elanie	Meyer	Open	Female	27
56	01:15:22	822	Francel	Du Plessis	Open	Female	29
57	01:15:27	867	Karma	Hart	Open	Female	26
58	01:15:34	790	Sandra	Butler	Open	Female	26
59	01:16:06	955	Marthie-Mari	Mocke	Open	Female	41
60	01:16:15	796	Kate	Cheney	Open	Female	24
61	01:16:17	832	Sante	Engall	Open	Female	27
62	01:16:24	905	Ingrid	Kennon	Open	Female	26
63	01:16:27	876	Liesl	Hirst	Open	Female	38
64	01:16:51	815	Leana	De Witt	Open	Female	28
65	01:16:58	849	Lauren	Gilmour	Open	Female	36
66	01:17:03	806	Kirsty	Cox	Open	Female	38
67	01:17:13	901	Minine	Jordaan	Open	Female	37
68	01:17:17	785	Natalia	Buhrmann	Open	Female	20
69	01:17:20	1049	Talita	Van der Merwe	Open	Female	20
70	01:17:22	959	Kate	Moodie	Open	Female	27
71	01:17:28	981	Theoni	Photopoulou	Open	Female	29
72	01:17:41	847	Karin	Gerber	Open	Female	28
73	01:18:26	800	Michelle	Cliff	Open	Female	34
74	01:18:31	893	Cherié	James	Open	Female	27
75	01:18:35	859	Carina	Grobbelaar	Open	Female	30
76	01:18:38	874	Magdl	Heunis	Open	Female	26
77	01:18:40	1098	Tracy	Aitcheson	Open	Female	43
78	01:18:41	929	Anchen	Lombard	Open	Female	42
79	01:18:48	957	Coleen	Moloney	Open	Female	51
80	01:18:50	827	Judith	Du Toit	Open	Female	46
81	01:19:02	880	Margi	Hoffe	Open	Female	52
82	01:19:10	1052	Stephanie	Van Deventer	Open	Female	24
83	01:19:35	830	Maretha	Eksteen	Open	Female	44
84	01:19:44	1097	Dalene	le Roux	Open	Female	29
85	01:20:04	871	Maryke	Heigers	Open	Female	35
86	01:20:16	1089	Holly	Ramsey	Open	Female	30
87	01:20:28	1073	Lourett	Visser	Open	Female	57
88	01:20:32	1105	Sonja	Kruger	Open	Female	42
89	01:20:34	1031	Michelle	Stevenson	Open	Female	34
90	01:20:39	755	ANNE	Alessandri	Open	Female	39
91	01:20:44	761	Sam	Austen	Open	Female	29
92	01:20:55	1068	Anzel	Venter	Open	Female	34
93	01:20:57	758	Tania	Arnot	Open	Female	39
94	01:21:15	776	Sunet	Bodenstein	Open	Female	34
95	01:21:27	817	Mary	Derman	Open	Female	28
96	01:21:44	913	Kirstin	Kruger	Open	Female	35
97	01:21:57	1025	Gabrielle	spilkin	Open	Female	25
98	01:22:02	759	Sarah	Atmore	Open	Female	27
99	01:22:04	857	Bronwyn	Grisdale	Open	Female	26
100	01:22:21	1113	Anneke	Burger	Open	Female	24
101	01:22:25	883	Wendy	Holliday	Open	Female	30
102	01:22:32	1082	Angela	Wiese	Open	Female	25
103	01:22:41	1065	Roxanne	Varkevisser	Open	Female	26
104	01:22:43	864	Jackie	Hannaford	Open	Female	29
105	01:22:53	784	Naomi	Bruwer	Open	Female	23
106	01:23:44	938	Natalie	Mackenzie	Open	Female	31
107	01:23:51	841	Shannon	Fletcher	Open	Female	33
108	01:24:05	877	Angela	Hobbs	Open	Female	29
109	01:24:49	987	Lynn	Radcliffe	Open	Female	34
110	01:26:19	986	Sigi	Prinsloo	Open	Female	33
111	01:26:40	975	Amy	Oosterbaan	Open	Female	22
112	01:26:45	865	Lee-ann	Harris	Open	Female	47

113	01:26:48	964	Marianne	Nelson	Open	Female	70
114	01:27:04	897	Celeste	Jooste	Open	Female	33
115	01:27:27	954	Tania	Minnaar	Open	Female	36
116	01:27:35	928	Bea	Liebenberg	Open	Female	34
117	01:28:20	950	Trudi	Miller	Open	Female	53
118	01:28:34	848	Kim	Germishuys	Open	Female	31
119	01:28:36	1007	Colleen	Saunders	Open	Female	29
120	01:28:41	900	Martine	Jordaan	Open	Female	34
121	01:30:26	779	Jana	Boot	Open	Female	41
122	01:30:34	770	Keighley-Ann	Bell	Open	Female	30
123	01:30:50	1002	Lisa	Roos	Open	Female	37
124	01:32:25	1032	Louise	Stoddart	Open	Female	38
125	01:32:33	965	Tracy	Neumann	Open	Female	42
126	01:33:30	786	Katya	Buratovich	Open	Female	23
127	01:33:32	839	Erin	Fick	Open	Female	24
128	01:37:38	961	Debbie	Mulliner	Open	Female	44
129	01:37:40	842	Angela	Ford	Open	Female	33
130	01:37:42	863	Priscilla	Hancock	Open	Female	32
131	01:38:23	925	Marie-Louise	Lerm	Open	Female	23
132	01:47:37	944	Katherine	McCarter	Open	Female	30
133	01:51:59	781	Claudia	Bowen	Open	Female	32
134	01:52:34	751	Porchia	Adonis	Open	Female	27
135	01:55:58	807	Bronwyn	Craul	Open	Female	30
136	01:56:09	808	Courtney	Craul	Open	Female	30
137	02:06:28	826	Vinette	Du Preez	Open	Female	30

Junior Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:52:06	887	Matthew	Hurlow	Junior	Male	17
2	00:54:20	1021	Joshua	Smit	Junior	Male	16

Junior Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:49:43	927	Megan	Leslie	Junior	Female	15
2	00:53:23	878	Suzaan	Hobson	Junior	Female	16
3	00:53:54	868	Kristen	Heath	Junior	Female	16
4	00:55:09	1055	Lijan	Van Niekerk	Junior	Female	16