



# Jonkershoek Mountain Challenge EXTREME 35km 2013



## Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:59:56	148	Thabang	Madiba	Open	Male	29
2	02:59:58	7	Michael	Bailey	Open	Male	30
3	03:00:00	26	AJ	Calitz	Open	Male	28
4	03:01:46	210	Kane	Reilly	Open	Male	20
5	03:10:53	93	Andrew	Hagen	Open	Male	29
6	03:12:55	63	Iain	Don-Wauchope	Open	Male	38
7	03:14:47	23	Ben	Brimble	Open	Male	27
8	03:15:32	257	Antoine	Van Heerden	Open	Male	21
9	03:15:41	90	Christiaan	Greyling	Open	Male	28
10	03:16:35	236	Charl	Souma	Open	Male	33
11	03:17:12	89	Jock	Green	Open	Male	38
12	03:20:48	150	Lympson	Maifo	Open	Male	34
13	03:20:57	125	Matt	Kretzmann	Open	Male	29
14	03:24:05	6	Derrick	Baard	Veteran	Male	42
15	03:25:38	73	Noel	Ernstzen	Master	Male	52
16	03:26:49	146	Andrew	Lowndes	Open	Male	24
17	03:27:25	170	Dion	Middelkoop	Veteran	Male	43
18	03:29:09	160	Werner	Daniel	Open	Male	31
19	03:30:16	110	Andrew	Houston	Open	Male	19
20	03:32:06	132	Eddie	Lambert	Open	Male	35
21	03:33:06	121	Lance	Kime	Open	Male	21
22	03:34:55	88	Greg	Goodall	Open	Male	32
23	03:37:17	235	Katya	Soggot	Open	Female	37
24	03:38:12	137	Al	Leslie	Open	Male	37
25	03:39:24	250	Edward	Van der Merwe	Open	Male	19
26	03:39:29	191	Michael	Owen	Open	Male	27
27	03:39:33	54	Francois	De Villiers	Open	Male	33
28	03:41:55	59	Lee	Dicks	Open	Male	37
29	03:42:01	61	Jacobus	Diener	Open	Male	32
30	03:42:03	157	Graeme	McCallum	Master	Male	50
31	03:42:54	3	Clinton	Arnot	Open	Male	38
32	03:45:13	138	William	Leslie	Open	Male	20
33	03:46:07	122	Robyn	Kime	Open	Female	22
34	03:46:32	274	Vernon	Visser	Open	Male	30
35	03:46:51	141	Oliver	Linley	Open	Male	18
36	03:47:47	77	Ake	Fagereng	Open	Male	31
37	03:48:16	241	Michal	Steyn	Open	Male	28
38	03:49:28	215	Bennie	Roux	Open	Male	34
39	03:56:12	239	Luc	Steens	Veteran	Male	44
40	03:57:55	16	Nicholas	Cuthbert	Open	Male	19
41	03:58:03	186	Anita	OBrien	Open	Female	34
42	03:59:34	103	Patrick	Hendriks	Master	Male	50
43	03:59:48	142	Neil	Liotta	Open	Male	21
44	04:00:04	40	Sean	Cowgill	Veteran	Male	41
45	04:00:46	281	Chris	Walsh	Open	Male	30
46	04:03:01	251	Friedl	Van der Merwe	Master	Male	52
47	04:03:06	48	Stephen	Davis	Open	Male	37
48	04:03:18	51	Chris	De Villiers	Veteran	Male	42
49	04:03:32	932	Daniel	Zagoria	Open	Male	28
50	04:04:05	108	Pieter	Holtzhausen	Open	Male	30
51	04:05:38	952	Ryan	Otto	Open	Male	31
52	04:06:12	259	Hannes	Van Rensburg	Open	Male	32
53	04:06:23	177	Ronel	Nattrass	Open	Female	30
54	04:07:58	10	William	Battersby	Open	Male	34
55	04:08:44	117	Nicol	Jordaan	Open	Male	33
56	04:08:50	290	Ivor	Wright	Open	Male	27
57	04:09:44	115	Stephen	Jeffery	Veteran	Male	42
58	04:10:23	196	Roland	Peens	Open	Male	30
59	04:10:49	45	Andy	Davies	Veteran	Male	41
60	04:13:18	203	Nicholas	Rupanga	Open	Male	38
61	04:14:35	195	Ingrid	Peens	Open	Female	33
62	04:15:16	260	Inus	Van rooyen	Open	Male	38
63	04:15:49	211	James	Robertson	Veteran	Male	45
64	04:16:05	187	André	O'kenedy	Open	Male	22
65	04:17:30	243	Franz-Erich	Streicher	Open	Male	24

66	04:17:56	15	Martha	Koekemoer	Open	Female	37
67	04:17:58	79	Roelof	Feenstra	Open	Male	31
68	04:18:48	263	Adriaan	Van Wijk	Open	Male	30
69	04:18:50	65	Alex	Moody	Open	Male	24
70	04:18:58	193	Gustav	Paul	Open	Male	23
71	04:19:26	248	Dale	Turell	Veteran	Male	47
72	04:19:38	101	Mark	Pikker	Open	Male	30
73	04:19:44	120	John	Kennedy	Open	Male	37
74	04:19:50	184	Takalani	Nthulane-ndandani	Open	Female	32
75	04:21:21	153	Grant	Marcus	Open	Male	39
76	04:22:10	119	Caryn	Kennedy	Open	Female	37
77	04:22:37	52	Christiaan	De Villiers	Open	Male	37
78	04:22:40	200	Melany	Porter	Open	Female	37
79	04:23:27	205	Carl	Rautenbach	Veteran	Male	40
80	04:24:51	154	Petrus	Maree	Open	Male	34
81	04:25:21	180	Sean	Newbery	Open	Male	28
82	04:25:22	111	Stuart	Hutcheson	Veteran	Male	47
83	04:26:03	143	Simon	Lloyd	Veteran	Male	44
84	04:26:29	270	David	Veitch	Open	Male	22
85	04:26:30	168	Luke	Metelo-Liquito	Open	Male	22
86	04:26:38	105	Neil	Hermann	Master	Male	54
87	04:27:48	44	Andrew	Damp	Veteran	Male	43
88	04:28:08	178	Eduan	Naudé	Veteran	Male	40
89	04:29:41	204	Trevor	Ransome	Open	Male	31
90	04:30:19	13	Herman	Berry	Open	Male	26
91	04:30:39	232	Danette	Smith	Open	Female	24
92	04:31:01	81	Kevin	Flanagan	Open	Male	29
93	04:31:08	284	Karl	Westvig	Veteran	Male	42
94	04:31:59	176	Laurie	Nathan	Master	Male	53
95	04:33:21	130	Jacobus	Lacock	Open	Male	33
96	04:34:21	57	Rentia	Denissen	Master	Female	50
97	04:34:31	72	Guy	Emerton	Open	Male	25
98	04:35:44	189	Jim	Farara	Veteran	Male	45
99	04:36:21	106	Tim	Hewitt	Open	Male	21
100	04:36:38	56	Meiring	de Villiers	Open	Male	34
101	04:36:48	80	Jonty	Fisher	Open	Male	35
102	04:37:26	98	Kevin	Harris	Open	Male	35
103	04:37:41	220	Leilani	Scheffer	Open	Female	29
104	04:38:45	246	James	Tooley	Veteran	Male	41
105	04:39:16	83	Gary	Gahagan	Open	Male	31
106	04:39:30	36	Bernard	coetzee	Veteran	Male	43
107	04:40:07	161	Brian	McCurrach	Veteran	Male	45
108	04:40:40	31	Charl	Cilliers	Open	Male	37
109	04:41:18	179	Johan	Nel	Open	Male	28
110	04:41:40	75	Steve	Etherton	Open	Male	36
111	04:41:53	222	Clive Arthur	Schulze	Open	Male	29
112	04:41:59	231	Christy	Smith	Open	Female	32
113	04:43:19	271	Nick	Velthuysen	Open	Male	27
114	04:43:33	8	Cecile	Balkema	Open	Female	36
115	04:44:36	166	Gavin	Memper	Open	Male	30
116	04:44:40	155	Simon	Marincowitz	Open	Male	19
117	04:45:21	14	Stephan	Bester	Open	Male	39
118	04:45:35	21	Jae	Braun	Open	Female	27
119	04:45:58	66	Jacques	Dreyer	Open	Male	33
120	04:46:02	247	Christoff	Truter	Open	Male	28
121	04:46:28	194	Jonathan	Pearson	Veteran	Male	40
122	04:46:31	174	Donovan	Mulder	Open	Male	38
123	04:46:41	87	Phillip	Gibb	Veteran	Male	40
124	04:46:53	209	Brian	Reid	Open	Male	36
125	04:47:06	4	Peter	Ash	Veteran	Male	47
126	04:47:21	151	Nic	Malan	Open	Male	36
127	04:48:41	60	Dirk	Diemont	Veteran	Male	45
128	04:49:33	96	Sarah	Hall	Open	Female	31
129	04:49:38	107	Lizl	Hobson	Veteran	Female	47
130	04:49:41	114	Martin	Jacobsohn	Open	Male	38
131	04:49:56	28	Sergio	Cardoso	Open	Male	29
132	04:50:36	273	Cornel	Vermeulen	Veteran	Male	41
133	04:50:39	182	Jade	North	Open	Female	28
134	04:50:41	206	Liesl	Ravenscroft	Veteran	Female	46
135	04:51:33	185	Robert	Obree	Open	Male	27
136	04:51:57	11	Thorsten	Becker	Open	Male	29
137	04:53:01	131	Sotirios	Ladopoulos	Veteran	Male	41
138	04:53:22	95	David	Hall	Veteran	Male	43
139	04:53:53	43	Daniel	Cunnama	Open	Male	28
140	04:54:30	69	Stephan	Du Toit	Open	Male	25
141	04:55:02	167	Jonathan	Mervis	Open	Male	29

142	04:55:58	224	Tom	Scriba	Open	Male	34
143	04:56:06	112	Andrew	Ing	Veteran	Male	48
144	04:56:56	227	Daniel	Sheard	Open	Male	26
145	04:57:59	197	Millicent	Pennekan	Open	Female	36
146	04:58:05	109	Rob	Houdijk	Veteran	Male	45
147	04:58:12	102	Neil	Henderson	Open	Male	34
148	04:58:19	124	Francois	Kotze	Open	Male	36
149	04:58:20	216	Anthony	Rush	Open	Male	38
150	04:58:52	158	Ryan	Mccaughey	Open	Male	27
151	05:00:08	46	Jack	Davis	Open	Male	36
152	05:00:10	47	Michelle	Davis	Open	Female	33
153	05:01:26	17	Jon-paul	Bolus	Open	Male	28
154	05:01:42	5	Alison	Ball	Veteran	Female	48
155	05:01:43	201	Johan	Pretorius	Veteran	Male	47
156	05:04:08	58	Wesley	Dewing	Open	Male	29
157	05:04:09	253	Willem	Van der Merwe	Open	Male	36
158	05:04:17	50	Renier	De bruin	Veteran	Male	49
159	05:05:08	147	Ferdinant	Luus	Open	Male	39
160	05:06:02	217	Allan	Ryninks (Wild Runner)	Master	Male	55
161	05:06:22	279	Simon	Wall	Open	Male	36
162	05:07:02	149	Ahmed	Mahomed	Veteran	Male	49
163	05:08:02	266	Johan	Van Wyk	Veteran	Male	43
164	05:08:26	104	Wynand	Hendrikse	Open	Male	37
165	05:08:27	199	Carla	Pietersen	Open	Female	32
166	05:09:46	53	Coriaan	De Villiers	Veteran	Female	41
167	05:10:33	188	Brett	Olsen	Veteran	Male	48
168	05:11:54	76	Dave	Evans	Master	Male	50
169	05:12:36	219	Riaan	Schagen	Open	Male	37
170	05:15:54	252	Philip	Van der Merwe	Master	Male	52
171	05:16:03	24	Ester	Brink	Veteran	Female	47
172	05:16:17	30	Charles	Cherry	Veteran	Male	43
173	05:18:32	27	carel	calitz	Open	Male	23
174	05:18:33	113	Aubrey	Isaacs	Veteran	Male	49
175	05:19:16	128	Justin	Kruger	Veteran	Male	40
176	05:19:17	162	Taryn	McDonald	Open	Female	27
177	05:19:31	85	Andrew	Geel	Open	Male	34
178	05:19:39	208	Stanley	Reed	Open	Male	34
179	05:19:43	283	Kriss	West	Open	Male	36
180	05:19:44	289	Ryan	Wintle	Open	Male	35
181	05:19:53	261	Nadine	Van taak	Open	Female	39
182	05:19:58	277	Nicola	Von der Heyden	Veteran	Female	42
183	05:21:44	34	Peter-John	Clift	Open	Male	20
184	05:23:25	144	Nicola	Lockhart	Open	Female	37
185	05:24:13	282	James	Welch	Veteran	Male	45
186	05:24:23	84	Ant	Geard	Veteran	Male	40
187	05:25:02	198	Adam	Penn-Nicholson	Open	Male	34
188	05:26:25	129	Karel	La Cock	Veteran	Male	45
189	05:28:52	133	Paul	Lamont	Open	Male	30
190	05:29:06	32	Marian	Cilliers	Veteran	Female	43
191	05:30:02	242	Tiekie	Steytler	Veteran	Female	43
192	05:33:22	258	Iaan	Van Heerden	Veteran	Male	41
193	05:33:51	33	Louise	clamp	Veteran	Female	47
194	05:36:00	207	Lee Kenneth	Rawlings	Veteran	Male	49
195	05:36:31	255	Eddie	van Eeden	Veteran	Male	45
196	05:36:42	265	Jans	Van Wyk	Master	Male	55
197	05:38:56	156	Sally	Martindale-Tucker	Veteran	Female	44
198	05:39:37	172	Johan	Mostert	Veteran	Male	48
199	05:39:41	173	Marius	Mostert	Veteran	Male	47
200	05:41:09	285	Francis	Wheeler	Open	Male	36
201	05:41:13	100	Marc	Hatton	Open	Male	22
202	05:42:59	74	Jacobus Michiel	Erwee	Open	Male	25
203	05:45:08	240	Bennie	Steyn	Veteran	Male	45
204	05:45:22	99	Peter	Hathorn	Master	Male	52
205	05:47:24	175	Cobus	Muller	Open	Male	22
206	05:48:04	183	Talia	Norvall	Open	Female	25
207	05:49:57	41	Paul	Crawford	Veteran	Male	43
208	05:50:06	135	Nico	Le Roux	Open	Male	38
209	05:51:41	262	Mike	Van Vuuren	Master	Male	50
210	05:55:13	264	Azanne	Van Wyk	Open	Female	38
211	05:56:07	437	Rose	Jordaan	Veteran	Female	42
212	05:57:35	230	Salie	Sirkhotte	Open	Male	36
213	06:01:04	139	Anthony	Leysens	Master	Male	53
214	06:02:05	225	Jeffrey	Shapiro	Open	Male	34
215	06:02:42	165	Conrad	Meier	Veteran	Male	42
216	06:05:28	256	Andre	Van Heerden	Open	Male	56
217	06:05:40	298	David	Bulmer	Open	Male	37

218	06:06:44	202	Salvatore	Puglia	Master	Male	52
219	06:06:46	134	Andre	Le Grange	Veteran	Male	45
220	06:10:15	293	Gustav	Zietsman	Veteran	Male	42
221	06:18:08	228	Tamsyn	Simon	Open	Female	29
222	06:18:09	237	Shaun	Starck	Open	Male	27
223	06:19:23	300	Marcel	Joubert	Veteran	Male	48
224	06:19:26	299	Gary	Marescio	Veteran	Male	44
225	06:19:53	68	Jean	Du Toit	Veteran	Male	41
226	06:20:10	145	Nic	Louw	Grand Master	Male	60
227	06:20:38	12	Jana	Beckett	Master	Female	53
228	06:22:40	233	Nicholas	Smith	Open	Male	38
229	06:23:08	39	Ramon	Corie	Open	Male	29
230	06:23:11	291	Theo	York	Open	Male	22
231	06:23:16	1	Michael	Andrew	Open	Male	22
232	06:23:29	136	Kristian	Leisegang	Open	Male	32
233	06:30:27	71	Christian	Els	Veteran	Male	44
234	06:30:31	82	Eben	Fouche	Veteran	Male	44
235	06:31:28	67	Carien	Du Plessis	Open	Female	39
236	06:34:11	92	Jannie	Grobler	Veteran	Male	47
237	06:49:53	94	Patricia	Hagen	Grand Master	Female	62
238	06:54:06	249	Laurence	Van Blerck	Master	Male	58
239	06:55:31	38	David	Conradie	Grand Master	Male	60
240	06:58:35	254	Ursula	Van der Westhuizen	Veteran	Female	47
241	06:59:06	226	Sirwa	Sharifi	Open	Male	26
242	07:06:04	169	Johan	Meyer	Open	Male	35
243	07:17:02	163	Robin	McDonald (Wild Runner)	Master	Male	59

### Open Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:59:56	148	Thabang	Madiba	Open	Male	29
2	02:59:58	7	Michael	Bailey	Open	Male	30
3	03:00:00	26	AJ	Calitz	Open	Male	28
4	03:01:46	210	Kane	Reilly	Open	Male	20
5	03:10:53	93	Andrew	Hagen	Open	Male	29
6	03:12:55	63	Iain	Don-Wauchope	Open	Male	38
7	03:14:47	23	Ben	Brimble	Open	Male	27
8	03:15:32	257	Antoine	Van Heerden	Open	Male	21
9	03:15:41	90	Christiaan	Greyling	Open	Male	28
10	03:16:35	236	Charl	Souma	Open	Male	33
11	03:17:12	89	Jock	Green	Open	Male	38
12	03:20:48	150	Lympson	Maifo	Open	Male	34
13	03:20:57	125	Matt	Kretzmann	Open	Male	29
14	03:26:49	146	Andrew	Lowndes	Open	Male	24
15	03:29:09	160	Werner	Daniel	Open	Male	31
16	03:30:16	110	Andrew	Houston	Open	Male	19
17	03:32:06	132	Eddie	Lambert	Open	Male	35
18	03:33:06	121	Lance	Kime	Open	Male	21
19	03:34:55	88	Greg	Goodall	Open	Male	32
20	03:38:12	137	Al	Leslie	Open	Male	37
21	03:39:24	250	Edward	Van der Merwe	Open	Male	19
22	03:39:29	191	Michael	Owen	Open	Male	27
23	03:39:33	54	Francois	De Villiers	Open	Male	33
24	03:41:55	59	Lee	Dicks	Open	Male	37
25	03:42:01	61	Jacobus	Diener	Open	Male	32
26	03:42:54	3	Clinton	Arnot	Open	Male	38
27	03:45:13	138	William	Leslie	Open	Male	20
28	03:46:32	274	Vernon	Visser	Open	Male	30
29	03:46:51	141	Oliver	Linley	Open	Male	18
30	03:47:47	77	Ake	Fagereng	Open	Male	31
31	03:48:16	241	Michal	Steyn	Open	Male	28
32	03:49:28	215	Bennie	Roux	Open	Male	34
33	03:57:55	16	Nicholas	Cuthbert	Open	Male	19
34	03:59:48	142	Neil	Liotta	Open	Male	21
35	04:00:46	281	Chris	Walsh	Open	Male	30
36	04:03:06	48	Stephen	Davis	Open	Male	37
37	04:03:32	932	Daniel	Zagoria	Open	Male	28
38	04:04:05	108	Pieter	Holtzhausen	Open	Male	30
39	04:05:38	952	Ryan	Otto	Open	Male	31
40	04:06:12	259	Hannes	Van Rensburg	Open	Male	32
41	04:07:58	10	William	Battersby	Open	Male	34
42	04:08:44	117	Nicol	Jordaan	Open	Male	33
43	04:08:50	290	Ivor	Wright	Open	Male	27
44	04:10:23	196	Roland	Peens	Open	Male	30
45	04:13:18	203	Nicholas	Rupanga	Open	Male	38
46	04:15:16	260	Inus	Van rooyen	Open	Male	38
47	04:16:05	187	André	O'kenedy	Open	Male	22

48	04:17:30	243	Franz-Erich	Streicher	Open	Male	24
49	04:17:58	79	Roelof	Feenstra	Open	Male	31
50	04:18:48	263	Adriaan	Van Wijk	Open	Male	30
51	04:18:50	65	Alex	Moody	Open	Male	24
52	04:18:58	193	Gustav	Paul	Open	Male	23
53	04:19:38	101	Mark	Pikker	Open	Male	30
54	04:19:44	120	John	Kennedy	Open	Male	37
55	04:21:21	153	Grant	Marcus	Open	Male	39
56	04:22:37	52	Christiaan	De Villiers	Open	Male	37
57	04:24:51	154	Petrus	Maree	Open	Male	34
58	04:25:21	180	Sean	Newbery	Open	Male	28
59	04:26:29	270	David	Veitch	Open	Male	22
60	04:26:30	168	Luke	Metelo-Liquito	Open	Male	22
61	04:29:41	204	Trevor	Ransome	Open	Male	31
62	04:30:19	13	Herman	Berry	Open	Male	26
63	04:31:01	81	Kevin	Flanagan	Open	Male	29
64	04:33:21	130	Jacobus	Lacock	Open	Male	33
65	04:34:31	72	Guy	Emerton	Open	Male	25
66	04:36:21	106	Tim	Hewitt	Open	Male	21
67	04:36:38	56	Meiring	de Villiers	Open	Male	34
68	04:36:48	80	Jonty	Fisher	Open	Male	35
69	04:37:26	98	Kevin	Harris	Open	Male	35
70	04:39:16	83	Gary	Gahagan	Open	Male	31
71	04:40:40	31	Charl	Cilliers	Open	Male	37
72	04:41:18	179	Johan	Nel	Open	Male	28
73	04:41:40	75	Steve	Etherton	Open	Male	36
74	04:41:53	222	Clive Arthur	Schulze	Open	Male	29
75	04:43:19	271	Nick	Velthuysen	Open	Male	27
76	04:44:36	166	Gavin	Memper	Open	Male	30
77	04:44:40	155	Simon	Marincowitz	Open	Male	19
78	04:45:21	14	Stephan	Bester	Open	Male	39
79	04:45:58	66	Jacques	Dreyer	Open	Male	33
80	04:46:02	247	Christoff	Truter	Open	Male	28
81	04:46:31	174	Donovan	Mulder	Open	Male	38
82	04:46:53	209	Brian	Reid	Open	Male	36
83	04:47:21	151	Nic	Malan	Open	Male	36
84	04:49:41	114	Martin	Jacobsohn	Open	Male	38
85	04:49:56	28	Sergio	Cardoso	Open	Male	29
86	04:51:33	185	Robert	Obree	Open	Male	27
87	04:51:57	11	Thorsten	Becker	Open	Male	29
88	04:53:53	43	Daniel	Cunnama	Open	Male	28
89	04:54:30	69	Stephan	Du Toit	Open	Male	25
90	04:55:02	167	Jonathan	Mervis	Open	Male	29
91	04:55:58	224	Tom	Scriba	Open	Male	34
92	04:56:56	227	Daniel	Sheard	Open	Male	26
93	04:58:12	102	Neil	Henderson	Open	Male	34
94	04:58:19	124	Francois	Kotze	Open	Male	36
95	04:58:20	216	Anthony	Rush	Open	Male	38
96	04:58:52	158	Ryan	Mccaughey	Open	Male	27
97	05:00:08	46	Jack	Davis	Open	Male	36
98	05:01:26	17	Jon-paul	Bolus	Open	Male	28
99	05:04:08	58	Wesley	Dewing	Open	Male	29
100	05:04:09	253	Willem	Van der Merwe	Open	Male	36
101	05:05:08	147	Ferdinant	Luus	Open	Male	39
102	05:06:22	279	Simon	Wall	Open	Male	36
103	05:08:26	104	Wynand	Hendrikse	Open	Male	37
104	05:12:36	219	Riaan	Schagen	Open	Male	37
105	05:18:32	27	Carel	Calitz	Open	Male	23
106	05:19:31	85	Andrew	Geel	Open	Male	34
107	05:19:39	208	Stanley	Reed	Open	Male	34
108	05:19:43	283	Kriss	West	Open	Male	36
109	05:19:44	289	Ryan	Wintle	Open	Male	35
110	05:21:44	34	Peter-John	Clift	Open	Male	20
111	05:25:02	198	Adam	Penn-Nicholson	Open	Male	34
112	05:28:52	133	Paul	Lamont	Open	Male	30
113	05:41:09	285	Francis	Wheeler	Open	Male	36
114	05:41:13	100	Marc	Hatton	Open	Male	22
115	05:42:59	74	Jacobus Michiel	Erwee	Open	Male	25
116	05:47:24	175	Cobus	Muller	Open	Male	22
117	05:50:06	135	Nico	Le Roux	Open	Male	38
118	05:57:35	230	Salie	Sirkhotte	Open	Male	36
119	06:02:05	225	Jeffrey	Shapiro	Open	Male	34
120	06:05:28	256	Andre	Van Heerden	Open	Male	56
121	06:05:40	298	David	Bulmer	Open	Male	37
122	06:18:09	237	Shaun	Starck	Open	Male	27
123	06:22:40	233	Nicholas	Smith	Open	Male	38

124	06:23:08	39	Ramon	Corie	Open	Male	29
125	06:23:11	291	Theo	York	Open	Male	22
126	06:23:16	1	Michael	Andrew	Open	Male	22
127	06:23:29	136	Kristian	Leisegang	Open	Male	32
128	06:59:06	226	Sirwa	Sharifi	Open	Male	26
129	07:06:04	169	Johan	Meyer	Open	Male	35

#### Open Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:37:17	235	Katya	Soggot	Open	Female	37
2	03:46:07	122	Robyn	Kime	Open	Female	22
3	03:58:03	186	Anita	OBrien	Open	Female	34
4	04:06:23	177	Ronel	Nattrass	Open	Female	30
5	04:14:35	195	Ingrid	Peens	Open	Female	33
6	04:17:56	15	Martha	Koekemoer	Open	Female	37
7	04:19:50	184	Takalani	Nthulane-ndandani	Open	Female	32
8	04:22:10	119	Caryn	Kennedy	Open	Female	37
9	04:22:40	200	Melany	Porter	Open	Female	37
10	04:30:39	232	Danette	Smith	Open	Female	24
11	04:37:41	220	Leilani	Scheffer	Open	Female	29
12	04:41:59	231	Christy	Smith	Open	Female	32
13	04:43:33	8	Cecile	Balkema	Open	Female	36
14	04:45:35	21	Jae	Braun	Open	Female	27
15	04:49:33	96	Sarah	Hall	Open	Female	31
16	04:50:39	182	Jade	North	Open	Female	28
17	04:57:59	197	Millicent	Pennekan	Open	Female	36
18	05:00:10	47	Michelle	Davis	Open	Female	33
19	05:08:27	199	Carla	Pietersen	Open	Female	32
20	05:19:17	162	Taryn	McDonald	Open	Female	27
21	05:19:53	261	Nadine	Van taak	Open	Female	39
22	05:23:25	144	Nicola	Lockhart	Open	Female	37
23	05:48:04	183	Talia	Norvall	Open	Female	25
24	05:55:13	264	Azanne	Van Wyk	Open	Female	38
25	06:18:08	228	Tamsyn	Simon	Open	Female	29
26	06:31:28	67	Carien	Du Plessis	Open	Female	39

**Veteran Men**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:24:05	6	Derrick	Baard	Veteran	Male	42
2	03:27:25	170	Dion	Middelkoop	Veteran	Male	43
3	03:56:12	239	Luc	Steens	Veteran	Male	44
4	04:00:04	40	Sean	Cowgill	Veteran	Male	41
5	04:03:18	51	Chris	De Villiers	Veteran	Male	42
6	04:09:44	115	Stephen	Jeffery	Veteran	Male	42
7	04:10:49	45	Andy	Davies	Veteran	Male	41
8	04:15:49	211	James	Robertson	Veteran	Male	45
9	04:19:26	248	Dale	Turell	Veteran	Male	47
10	04:23:27	205	Carl	Rautenbach	Veteran	Male	40
11	04:25:22	111	Stuart	Hutcheson	Veteran	Male	47
12	04:26:03	143	Simon	Lloyd	Veteran	Male	44
13	04:27:48	44	Andrew	Damp	Veteran	Male	43
14	04:28:08	178	Eduan	Naudé	Veteran	Male	40
15	04:31:08	284	Karl	Westvig	Veteran	Male	42
16	04:35:44	189	Jim	Farara	Veteran	Male	45
17	04:38:45	246	James	Tooley	Veteran	Male	41
18	04:39:30	36	Bernard	Coetzee	Veteran	Male	43
19	04:40:07	161	Brian	McCurrach	Veteran	Male	45
20	04:46:28	194	Jonathan	Pearson	Veteran	Male	40
21	04:46:41	87	Phillip	Gibb	Veteran	Male	40
22	04:47:06	4	Peter	Ash	Veteran	Male	47
23	04:48:41	60	Dirk	Diemont	Veteran	Male	45
24	04:50:36	273	Cornel	Vermeulen	Veteran	Male	41
25	04:53:01	131	Sotirios	Ladopoulos	Veteran	Male	41
26	04:53:22	95	David	Hall	Veteran	Male	43
27	04:56:06	112	Andrew	Ing	Veteran	Male	48
28	04:58:05	109	Rob	Houdijk	Veteran	Male	45
29	05:01:43	201	Johan	Pretorius	Veteran	Male	47
30	05:04:17	50	Renier	De bruin	Veteran	Male	49
31	05:07:02	149	Ahmed	Mahomed	Veteran	Male	49
32	05:08:02	266	Johan	Van Wyk	Veteran	Male	43
33	05:10:33	188	Brett	Olsen	Veteran	Male	48
34	05:16:17	30	Charles	Cherry	Veteran	Male	43
35	05:18:33	113	Aubrey	Isaacs	Veteran	Male	49
36	05:19:16	128	Justin	Kruger	Veteran	Male	40
37	05:24:13	282	James	Welch	Veteran	Male	45
38	05:24:23	84	Ant	Geard	Veteran	Male	40
39	05:26:25	129	Karel	La Cock	Veteran	Male	45
40	05:33:22	258	Iaan	Van Heerden	Veteran	Male	41
41	05:36:00	207	Lee Kenneth	Rawlings	Veteran	Male	49
42	05:36:31	255	Eddie	van Eeden	Veteran	Male	45
43	05:39:37	172	Johan	Mostert	Veteran	Male	48
44	05:39:41	173	Marius	Mostert	Veteran	Male	47
45	05:45:08	240	Bennie	Steyn	Veteran	Male	45
46	05:49:57	41	Paul	Crawford	Veteran	Male	43
47	06:02:42	165	Conrad	Meier	Veteran	Male	42
48	06:06:46	134	Andre	Le Grange	Veteran	Male	45
49	06:10:15	293	Gustav	Zietsman	Veteran	Male	42
50	06:19:23	300	Marcel	Joubert	Veteran	Male	48
51	06:19:26	299	Gary	Marescio	Veteran	Male	44
52	06:19:53	68	Jean	Du Toit	Veteran	Male	41
53	06:30:27	71	Christian	Els	Veteran	Male	44
54	06:30:31	82	Eben	Fouche	Veteran	Male	44
55	06:34:11	92	Jannie	Grobler	Veteran	Male	47

**Veteran Ladies**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:49:38	107	Lizl	Hobson	Veteran	Female	47
2	04:50:41	206	Liesl	Ravenscroft	Veteran	Female	46
3	05:01:42	5	Alison	Ball	Veteran	Female	48
4	05:09:46	53	Coriaan	De Villiers	Veteran	Female	41
5	05:16:03	24	Ester	Brink	Veteran	Female	47
6	05:19:58	277	Nicola	Von der Heyden	Veteran	Female	42
7	05:29:06	32	Marian	Cilliers	Veteran	Female	43
8	05:30:02	242	Tiekie	Steytler	Veteran	Female	43
9	05:33:51	33	Louise	clamp	Veteran	Female	47
10	05:38:56	156	Sally	Martindale-Tucker	Veteran	Female	44
11	05:56:07	437	Rose	Jordaan	Veteran	Female	42
12	06:58:35	254	Ursula	Van der Westhuizen	Veteran	Female	47

**Master Men**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:25:38	73	Noel	Ernstzen	Master	Male	52
2	03:42:03	157	Graeme	McCallum	Master	Male	50
3	03:59:34	103	Patrick	Hendriks	Master	Male	50
4	04:03:01	251	Friedl	Van der Merwe	Master	Male	52
5	04:26:38	105	Neil	Hermann	Master	Male	54
6	04:31:59	176	Laurie	Nathan	Master	Male	53
7	05:06:02	217	Allan	Ryninks (Wild Runner)	Master	Male	55
8	05:11:54	76	Dave	Evans	Master	Male	50
9	05:15:54	252	Philip	Van der Merwe	Master	Male	52
10	05:36:42	265	Jans	Van Wyk	Master	Male	55
11	05:45:22	99	Peter	Hathorn	Master	Male	52
12	05:51:41	262	Mike	Van Vuuren	Master	Male	50
13	06:01:04	139	Anthony	Leysens	Master	Male	53
14	06:06:44	202	Salvatore	Puglia	Master	Male	52
15	06:54:06	249	Laurence	Van Blerck	Master	Male	58
16	07:17:02	163	Robin	McDonald (Wild Runner)	Master	Male	59

**Master Ladies**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:34:21	57	Rentia	Denissen	Master	Female	50
2	06:20:38	12	Jana	Beckett	Master	Female	53

**Grand Master Male**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	06:20:10	145	Nic	Louw	Grand Master	Male	60
2	06:55:31	38	David	Conradie	Grand Master	Male	60

**Grand Master Ladies**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	06:49:53	94	Patricia	Hagen	Grand Master	Female	62



# Jonkershoek Mountain Challenge 21km 2013



## Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:45:08	540	Andrew	Steele	Veteran	Male	43
2	01:47:41	377	Mark	Dunley-Owen	Open	Male	38
3	01:48:08	35	Dirk	Cloete	Veteran	Male	44
4	01:49:05	335	Scarre	Celliers	Veteran	Male	47
5	01:50:42	559	Max	Van Baarsel	Open	Male	20
6	01:52:23	318	Jonathan	Black	Open	Male	18
7	01:53:13	366	Michael Theo	De Kwaadsteniet	Open	Male	21
8	01:54:30	9	Nic	Barenblatt	Open	Male	32
9	01:55:11	593	Willem	Vorster	Open	Male	25
10	01:55:13	326	David	Browne	Open	Male	29
11	01:56:32	998	Marie	Wessels	Open	Female	29
12	01:57:44	514	Sarel	Rossouw	Open	Male	33
13	01:57:49	565	Liandi	Van der Westhuyzen	Open	Female	28
14	01:59:25	567	Eric	Van Duuren	Open	Male	32
15	02:00:43	306	Scott	Atkinson	Open	Male	30
16	02:00:57	478	Bruce	Meier	Master	Male	52
17	02:02:25	328	Rob	Burgoyne	Open	Male	30
18	02:03:36	563	JP	Van der Merwe	Open	Male	30
19	02:04:11	539	Piers	Stead	Veteran	Male	45
20	02:04:45	574	Noel	Van Rensburg	Open	Male	26
21	02:04:48	582	Willan	Van Zyl	Open	Male	38
22	02:05:27	452	Wojciech	Krzeminski	Open	Male	24
23	02:05:33	994	Jason	Whyte	Veteran	Male	41
24	02:05:38	489	Wayne	Nikiforou	Open	Male	29
25	02:05:42	590	Hector	Viljoen	Open	Male	34
26	02:06:21	321	Cornel	Botha	Open	Male	43
27	02:08:01	999	Claudia	Wesemann	Open	Female	27
28	02:08:04	365	Elbert	De Kock	Open	Male	25
29	02:08:14	502	Sasa	Petika	Veteran	Male	44
30	02:08:29	549	Bryan	Teare	Open	Male	23
31	02:08:34	981	Rob	Morrison	Open	Male	21
32	02:09:59	373	Dolph	Du Plessis	Open	Male	33
33	02:10:40	496	Iain	Orpen	Open	Male	36
34	02:10:45	349	Richard	Colburn	Open	Male	25
35	02:10:46	566	Stephanus	Van der Westhuyzen	Open	Male	34
36	02:11:17	504	Chris	Neser	Open	Male	0
37	02:11:40	322	Stefan Jan	Botma	Open	Male	28
38	02:11:42	379	Glenn	Edwards	Open	Male	35
39	02:12:29	333	Ray	Castelyn	Master	Male	53
40	02:12:30	536	Mark	Wagenheim	Master	Male	57
41	02:12:48	398	Roderick	Gilson	Veteran	Male	49
42	02:12:50	528	Rezani	Scholtz	Open	Female	39
43	02:13:52	533	Darren	Smit	Open	Male	35
44	02:13:57	357	Lauren	Coulson	Open	Female	26
45	02:14:04	428	Rod	Hunter	Open	Male	31
46	02:14:41	458	Ashley	Legg	Open	Male	42
47	02:15:32	445	Richard	King	Open	Male	26
48	02:15:44	421	Tim	Hoek	Open	Male	29
49	02:15:48	562	Christelle	Van der Merwe	Open	Female	36
50	02:16:02	314	David	Beattie	Open	Male	37
51	02:16:27	301	Steven	Adshade	Veteran	Male	47
52	02:16:50	578	Devon	Van Vuuren	Open	Male	19
53	02:17:14	512	Debra	Rossouw	Open	Female	30
54	02:17:19	392	Philip	Fouche	Veteran	Male	44
55	02:18:24	465	Matti	Lubkoll	Open	Male	28
56	02:18:30	422	Willem	Smit	Veteran	Male	48
57	02:18:49	454	Fred	Laker	Veteran	Male	45
58	02:19:32	416	Lukas	Heller	Open	Male	26
59	02:19:37	594	Daniel	Vosloh	Open	Male	33
60	02:19:58	580	Andre-Hugo	Van Zyl	Open	Male	25
61	02:20:08	339	George	Christie	Open	Male	23
62	02:20:57	312	Eduan	Basson	Open	Male	34
63	02:21:02	64	Theo	van Niekerk	Veteran	Male	45
64	02:21:24	327	Mark	Bullivant	Open	Male	30

65	02:21:28	441	Simon	Katz	Open	Male	29
66	02:22:15	360	Toke	Custers	Open	Female	20
67	02:22:28	572	Leon	Van Niekerk	Veteran	Male	42
68	02:22:37	581	Earl	Van Zyl	Open	Male	34
69	02:22:38	308	Nick	Bailey	Open	Male	24
70	02:22:41	368	Terry	Deats	Veteran	Female	44
71	02:22:59	557	Sue	Ullyett	Veteran	Female	46
72	02:23:02	313	Rick	Basson	Open	Male	32
73	02:23:19	569	Jan Willem	Van Huyssteen	Open	Male	33
74	02:23:22	384	Anton	Engelbrecht	Open	Male	33
75	02:23:29	344	Marinda	Cloete	Veteran	Female	44
76	02:23:53	359	Dian	Cronje	Open	Male	26
77	02:23:55	370	Sarah	Dickins	Open	Female	22
78	02:23:57	305	Miles	Appelgryn	Open	Male	30
79	02:24:01	406	Tim	Hadingham	Veteran	Male	41
80	02:24:34	418	Zoe	Henn	Open	Female	35
81	02:24:53	497	Robin	Parfett	Veteran	Male	43
82	02:25:28	434	Meggie	Johnson	Open	Female	31
83	02:25:35	353	Simon	Comley	Open	Male	25
84	02:25:37	499	Richard	Pauck	Open	Male	22
85	02:26:10	324	Ashley	Braver	Veteran	Male	44
86	02:26:14	356	Guy	Coulson	Open	Male	21
87	02:26:17	336	Alison	Chait	Veteran	Female	40
88	02:26:20	331	Gary	Cameron	Veteran	Male	42
89	02:26:26	430	Paul	Ingpen	Veteran	Male	45
90	02:26:32	346	Liezel	Coetzee	Veteran	Female	40
91	02:26:41	493	Hubert	Olivier	Open	Male	33
92	02:26:44	403	Duncan	Greenwood	Veteran	Male	37
93	02:26:46	521	Eugene	Schagen	Veteran	Male	40
94	02:26:52	951	Allan	White	Veteran	Male	48
95	02:26:53	334	Tarryn	Cawood	Open	Female	29
96	02:26:56	577	Jacques	Van Staden	Veteran	Male	40
97	02:27:26	542	Mandrie	Steyn	Open	Female	28
98	02:28:03	367	Jackie	De Villiers	Open	Female	27
99	02:28:09	402	Graeme	Green	Veteran	Male	49
100	02:28:13	438	Marianna	Joubert	Open	Female	29
101	02:28:50	382	Tracy	Ellis	Open	Female	28
102	02:29:38	476	Ross	McGarrick	Open	Male	33
103	02:29:41	523	David	Scheppening	Open	Male	34
104	02:30:13	555	Christo	Truter	Veteran	Male	42
105	02:31:24	405	Martin	Groenewald	Open	Male	27
106	02:32:33	316	Adam	Bekker	Open	Male	38
107	02:32:35	415	Bjorn	Havemann	Open	Male	37
108	02:32:41	410	Nell	Harris	Open	Female	36
109	02:32:43	417	Surea	hendrikse	Open	Female	37
110	02:33:26	530	Amanda	Severn	Open	Female	22
111	02:33:34	599	Jaco	Weideman	Open	Male	35
112	02:33:43	568	Natia	Van Heerden	Open	Female	21
113	02:33:47	436	Celeste	Jordaan	Open	Female	31
114	02:33:49	481	John	Morgan	Veteran	Male	40
115	02:33:54	482	Katie	Müller	Open	Female	27
116	02:34:13	570	Shannon	Van Moorst	Open	Female	26
117	02:34:15	545	Louise	Swanepoel	Open	Female	24
118	02:34:24	522	Zonia	Scheffer	Open	Female	39
119	02:34:35	404	Reg	Griessel	Open	Male	28
120	02:34:40	993	Lewis	Wolf	Open	Male	29
121	02:35:06	469	Johan	Mans	Open	Male	31
122	02:35:34	433	Francois	Janse van Rensburg	Veteran	Male	41
123	02:35:49	595	Justin	Wakeford	Open	Male	24
124	02:35:51	583	Willemien	Van Zyl	Open	Female	25
125	02:35:55	315	Danielle	Becker	Open	Female	28
126	02:35:57	491	Nicola	Obree	Open	Female	29
127	02:36:01	371	Blaise	Dobson	Veteran	Male	24
128	02:36:20	388	Robert	Fellowes	Open	Male	29
129	02:36:21	426	Jorja	Hudson	Open	Female	30
130	02:36:45	391	Luke	Forder	Open	Male	25
131	02:36:57	471	Elza	Maree	Open	Female	35
132	02:37:17	503	Chris	Neser	Open	Male	25
133	02:37:59	450	Wouter	Kriegler	Open	Male	28
134	02:38:09	575	Riette	Van Rensburg	Open	Female	32
135	02:38:10	990	Dave	Yeowart	Open	Male	38
136	02:38:42	988	Simon	Wurzler	Open	Male	27
137	02:38:44	494	Thomas	O'Neill	Open	Male	24
138	02:38:59	329	Nicholas	Burke	Open	Male	20
139	02:39:00	304	Eric	Allan	Open	Male	20

140	02:39:03	518	John	Samson	Open	Male	39
141	02:39:04	303	Melissa	Kitsner	Open	Female	24
142	02:39:06	507	Alriza	Reid	Open	Female	31
143	02:39:30	513	Douglas	Rossouw	Veteran	Male	49
144	02:39:33	598	Merril	Webb	Veteran	Female	46
145	02:39:39	395	Cathrine	George	Open	Female	30
146	02:39:41	396	Dominik	George	Open	Male	30
147	02:39:45	979		0	0	0	0
148	02:39:47	980		0	0	0	0
149	02:39:54	420	Sandra	Hill	Veteran	Female	45
150	02:39:56	472	Delia	Marshall	Veteran	Female	43
151	02:39:59	525	Greg	Schneider	Open	Male	25
152	02:40:07	378	Paul	Edelstein	Open	Male	25
153	02:40:10	376	Duncan	Duncan	Open	Male	36
154	02:40:12	561	Wayne	Van den heuvel	Open	Male	34
155	02:41:03	443	Reza	Khan	Open	Male	37
156	02:41:09	550	Shannon	Theron	Open	Female	38
157	02:41:25	576	Marleen	Van rooyen	Open	Female	39
158	02:41:33	989	Katie	Williams	Open	Female	20
159	02:41:49	361	Alun	Darwood	Open	Male	38
160	02:42:05	983	Kannas	Wiid	Open	Male	30
161	02:42:08	982	Katrina	Wiid	Open	Female	36
162	02:42:14	451	Glen	Kriel	Master	Male	53
163	02:42:23	319	Matty	Boshoff	Open	Female	33
164	02:42:41	596	Retha	Wareham	Master	Female	33
165	02:42:51	492	Stephan	Ohst	Veteran	Male	43
166	02:42:56	474	Kenneth	Mashingaidze	Open	Male	26
167	02:42:59	400	Paul	Gomes	Veteran	Male	42
168	02:43:16	413	Bronwyn	Hastings	Open	Female	27
169	02:43:21	442	Brendan	Keogh	Open	Male	33
170	02:43:23	355	Gareth	Cork	Open	Male	32
171	02:43:26	548	Samuel	Chevallier	Open	Male	22
172	02:43:28	553	Andrea	Tooley	Open	Female	38
173	02:43:31	535	Kyle	Smith	Open	Male	35
174	02:43:45	547	Lauren	Tarling	Open	Female	28
175	02:43:50	487	Guy	NewcombeBond	Open	Male	33
176	02:43:58	320	Hermanus	Botes	Veteran	Male	42
177	02:44:06	463	Francois	Louw	Open	Male	27
178	02:44:12	551	Yasmine	Celliers	Open	Female	38
179	02:44:14	560	Zane	Roussouw	Veteran	Female	40
180	02:44:18	429	Natasha	Ing	Open	Female	39
181	02:44:57	467	Daniel	Luz	Open	Male	36
182	02:45:15	483	Bryan	Mulliner	Veteran	Male	64
183	02:47:36	394	Hennie	Geldenhuis	Veteran	Male	42
184	02:47:37	414	Mark	Hatherill	Veteran	Male	46
185	02:47:41	984	Deon	Willemse	Open	Male	35
186	02:47:55	588	Carine	Vermeulen	Veteran	Female	41
187	02:48:18	927	Paula	Wilson	Veteran	Female	41
188	02:48:31	991		0	0	0	0
189	02:49:02	552	Ryan	Todd	Open	Male	22
190	02:49:09	501	Ivor	Paul	Open	Male	32
191	02:49:40	475	Julia	McCurrach	Veteran	Female	42
192	02:50:12	468	Mylo	Mannya	Open	Male	25
193	02:50:26	374	Nicholaas	Du Plessis	Open	Male	28
194	02:50:28	427	Tim	Humphreys-Davies	Veteran	Male	43
195	02:51:28	453	Catherine	Lagan	Open	Female	32
196	02:51:30	432	Lochie	Jacobs	Veteran	Female	42
197	02:52:05	477	Samantha	Mcilroy	Veteran	Female	40
198	02:52:26	484	Milan	Murray	Open	Female	38
199	02:53:13	439	Sante	Joubert	Open	Female	25
200	02:53:22	383	Braam	Engall	Open	Male	25
201	02:54:05	412	Andrew	Hartie	Open	Male	34
202	02:54:18	464	Johannes	Louw	Veteran	Male	48
203	02:55:57	456	Kate	Le Roux	Veteran	Female	43
204	02:56:06	323	Bronwen	Brauteseth	Open	Female	32
205	02:56:36	592	Trixie	Vlok	Open	Female	38
206	02:56:37	591	Zelda	Visser	Veteran	Female	41
207	02:56:41	490	Yunus	Noordien	Open	Male	31
208	02:56:45	546	Debbi	Talmage	Veteran	Female	46
209	02:56:47	381	Faye	Elliott	Veteran	Female	42
210	02:56:59	516	Samantha	Russell-Rockliff	Open	Female	39
211	02:57:16	992	Wynand	Wium	Open	Male	30
212	02:57:22	444	Jill	King	Open	Female	34
213	02:57:26	526	Jan	Scholtz	Veteran	Male	41
214	02:58:57	558	PJ	Vadas	Open	Male	31

215	02:58:59	538	Tara	Solomon	Open	Female	31
216	02:59:03	564	Madri	Van der Westhuizen	Veteran	Female	40
217	02:59:05	408	Adele	Hamman	Veteran	Female	41
218	02:59:46	307	Jean-Pierre	Baard	Veteran	Male	41
219	03:00:42	515	Alex	Royal	Open	Female	28
220	03:01:06	425	Emily	House	Open	Female	31
221	03:01:56	495	Natalia	Ongers	Open	Female	27
222	03:02:18	585	PJ	Veldhuizen (Wildrunner)	Veteran	Male	40
223	03:02:55	544	Brian	Super	Master	Male	53
224	03:02:57	691	Stephanie	Erwee	Open	Female	24
225	03:03:27	375	Ruan	Du Plooy	Open	Male	22
226	03:03:52	302	Tracy	Aitchenson	Veteran	Female	42
227	03:04:07	479	Richard	Merrett	Open	Male	29
228	03:05:21	343	Byron	Cloete	Open	Male	23
229	03:05:25	462	Braam	Lourens	Open	Male	31
230	03:05:47	459	Gina	Leinberger	Open	Female	37
231	03:06:01	363	Marlein	Davel	Open	Female	31
232	03:06:30	446	Stephen	Knott	Open	Male	34
233	03:06:56	423	Tenille	Holder	Open	Female	31
234	03:07:51	488	Sally	Newton van Zyl	Veteran	Female	45
235	03:07:53	342	Dawn	Clarke	Master	Female	52
236	03:08:24	466	Kerry	Luke	Open	Female	29
237	03:08:37	362	Hennie	Davel	Open	Male	29
238	03:09:11	424	Catherine	Holland	Open	Female	37
239	03:11:06	473	Ian	Martincich	Open	Male	31
240	03:11:59	524	Dewald	Schlebusch	Open	Male	31
241	03:13:39	543	Ronel Louise	Steyn	Veteran	Female	43
242	03:13:47	393	Frances	Fuchs	Open	Female	38
243	03:13:49	573	Ben	Van Rensburg	Veteran	Male	40
244	03:14:23	584	Ross	Veitch	Veteran	Male	49
245	03:14:29	587	Rory	Verburgt	Open	Male	33
246	03:16:04	508	Delyse	Rist	Master	Female	50
247	03:16:10	347	Linda	Coetzee	Master	Female	52
248	03:16:15	517	Thaabiet	Salaam	Open	Male	39
249	03:18:08	641	Sjaan	Van Heerden	Open	Female	23
250	03:21:18	589	Susan	Victor	Open	Female	32
251	03:23:05	985	James	Frazer	Veteran	Male	43
252	03:23:13	519	Asmaa'	Sayed	Open	Female	28
253	03:24:12	385	Nico	Engelbrecht	Open	Male	35
254	03:25:44	978	Jason	Minnaar	Open	Male	38
255	03:31:12	556	Michael	Trzebiatowsky	Veteran	Male	47
256	03:31:16	352	Christine	Colvin	Veteran	Female	45
257	03:32:24	401	Liesl	Gouws	Open	Female	24
258	03:34:49	350	Philip	Collier	Veteran	Male	41
259	03:35:27	461	Marinda	Lindeque	Open	Female	36
260	03:35:49	571	Colin	Van Niekerk	Master	Male	52
261	03:39:49	486	Tracy	Neumann	Veteran	Female	41
262	03:40:35	455	Stacey	Lamb	Open	Female	29
263	03:40:37	534	Kirsty	Smit	Open	Female	29
264	04:01:04	586	Antoinette	Veldtman	Open	Female	36
265	04:09:19	419	Jarryd	Hesom	Open	Male	26
266	04:18:54	341	David	Clamp	Master	Male	51

#### Open Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:47:41	377	Mark	Dunley-Owen	Open	Male	38
2	01:50:42	559	Max	Van Baarsel	Open	Male	20
3	01:52:23	318	Jonathan	Black	Open	Male	18
4	01:53:13	366	Michael Theo	De Kwaadsteniet	Open	Male	21
5	01:54:30	9	Nic	Barenblatt	Open	Male	32
6	01:55:11	593	Willem	Vorster	Open	Male	25
7	01:55:13	326	David	Browne	Open	Male	29
8	01:57:44	514	Sarel	Rossouw	Open	Male	33
9	01:59:25	567	Eric	Van Duuren	Open	Male	32
10	02:00:43	306	Scott	Atkinson	Open	Male	30
11	02:02:25	328	Rob	Burgoyne	Open	Male	30
12	02:03:36	563	JP	Van der Merwe	Open	Male	30
13	02:04:45	574	Noel	Van Rensburg	Open	Male	26
14	02:04:48	582	Willan	Van Zyl	Open	Male	38
15	02:05:27	452	Wojciech	Krzeminski	Open	Male	24
16	02:05:38	489	Wayne	Nikiforou	Open	Male	29
17	02:05:42	590	Hector	Viljoen	Open	Male	34
18	02:06:21	321	Cornel	Botha	Open	Male	43
19	02:08:04	365	Elbert	De Kock	Open	Male	25
20	02:08:29	549	Bryan	Teare	Open	Male	23

21	02:08:34	981	Rob	Morrison	Open	Male	21
22	02:09:59	373	Dolph	Du Plessis	Open	Male	33
23	02:10:40	496	Iain	Orpen	Open	Male	36
24	02:10:45	349	Richard	Colburn	Open	Male	25
25	02:10:46	566	Stephanus	Van der Westhuyzen	Open	Male	34
26	02:11:17	504	Chris	Neser	Open	Male	0
27	02:11:40	322	Stefan Jan	Botma	Open	Male	28
28	02:11:42	379	Glenn	Edwards	Open	Male	35
29	02:13:52	533	Darren	Smit	Open	Male	35
30	02:14:04	428	Rod	Hunter	Open	Male	31
31	02:14:41	458	Ashley	Legg	Open	Male	42
32	02:15:32	445	Richard	King	Open	Male	26
33	02:15:44	421	Tim	Hoek	Open	Male	29
34	02:16:02	314	David	Beattie	Open	Male	37
35	02:16:50	578	Devon	Van Vuuren	Open	Male	19
36	02:18:24	465	Matti	Lubkoll	Open	Male	28
37	02:19:32	416	Lukas	Heller	Open	Male	26
38	02:19:37	594	Daniel	Vosloh	Open	Male	33
39	02:19:58	580	Andre-Hugo	Van Zyl	Open	Male	25
40	02:20:08	339	George	Christie	Open	Male	23
41	02:20:57	312	Eduan	Basson	Open	Male	34
42	02:21:24	327	Mark	Bullivant	Open	Male	30
43	02:21:28	441	Simon	Katz	Open	Male	29
44	02:22:37	581	Earl	Van Zyl	Open	Male	34
45	02:22:38	308	Nick	Bailey	Open	Male	24
46	02:23:02	313	Rick	Basson	Open	Male	32
47	02:23:19	569	Jan Willem	Van Huyssteen	Open	Male	33
48	02:23:22	384	Anton	Engelbrecht	Open	Male	33
49	02:23:53	359	Dian	Cronje	Open	Male	26
50	02:23:57	305	Miles	Appelgryn	Open	Male	30
51	02:25:35	353	Simon	Comley	Open	Male	25
52	02:25:37	499	Richard	Pauck	Open	Male	22
53	02:26:14	356	Guy	Coulson	Open	Male	21
54	02:26:41	493	Hubert	Olivier	Open	Male	33
55	02:29:38	476	Ross	McGarrick	Open	Male	33
56	02:29:41	523	David	Scheppening	Open	Male	34
57	02:31:24	405	Martin	Groenewald	Open	Male	27
58	02:32:33	316	Adam	Bekker	Open	Male	38
59	02:32:35	415	Bjorn	Havemann	Open	Male	37
60	02:33:34	599	Jaco	Weideman	Open	Male	35
61	02:34:35	404	Reg	Griessel	Open	Male	28
62	02:34:40	993	Lewis	Wolf	Open	Male	29
63	02:35:06	469	Johan	Mans	Open	Male	31
64	02:35:49	595	Justin	Wakeford	Open	Male	24
65	02:36:20	388	Robert	Fellowes	Open	Male	29
66	02:36:45	391	Luke	Forder	Open	Male	25
67	02:37:17	503	Chris	Neser	Open	Male	25
68	02:37:59	450	Wouter	Kriegler	Open	Male	28
69	02:38:10	990	Dave	Yeowart	Open	Male	38
70	02:38:42	988	Simon	Wurzler	Open	Male	27
71	02:38:44	494	Thomas	O'Neill	Open	Male	24
72	02:38:59	329	Nicholas	Burke	Open	Male	20
73	02:39:00	304	Eric	Allan	Open	Male	20
74	02:39:03	518	John	Samson	Open	Male	39
75	02:39:41	396	Dominik	George	Open	Male	30
76	02:39:59	525	Greg	Schneider	Open	Male	25
77	02:40:07	378	Paul	Edelstein	Open	Male	25
78	02:40:10	376	Duncan	Duncan	Open	Male	36
79	02:40:12	561	Wayne	Van den heuvel	Open	Male	34
80	02:41:03	443	Reza	Khan	Open	Male	37
81	02:41:49	361	Alun	Darwood	Open	Male	38
82	02:42:05	983	Kannas	Wiid	Open	Male	30
83	02:42:56	474	Kenneth	Mashingaidze	Open	Male	26
84	02:43:21	442	Brendan	Keogh	Open	Male	33
85	02:43:23	355	Gareth	Cork	Open	Male	32
86	02:43:26	548	Samuel	Chevallier	Open	Male	22
87	02:43:31	535	Kyle	Smith	Open	Male	35
88	02:43:50	487	Guy	NewcombeBond	Open	Male	33
89	02:44:06	463	Francois	Louw	Open	Male	27
90	02:44:57	467	Daniel	Luz	Open	Male	36
91	02:47:41	984	Deon	Willemse	Open	Male	35
92	02:49:02	552	Ryan	Todd	Open	Male	22
93	02:49:09	501	Ivor	Paul	Open	Male	32
94	02:50:12	468	Mylo	Mannya	Open	Male	25
95	02:50:26	374	Nicholaas	Du Plessis	Open	Male	28

96	02:53:22	383	Braam	Engall	Open	Male	25
97	02:54:05	412	Andrew	Hartle	Open	Male	34
98	02:56:41	490	Yunus	Noordien	Open	Male	31
99	02:57:16	992	Wynand	Wium	Open	Male	30
100	02:58:57	558	PJ	Vadas	Open	Male	31
101	03:03:27	375	Ruan	Du Plooy	Open	Male	22
102	03:04:07	479	Richard	Merrett	Open	Male	29
103	03:05:21	343	Byron	Cloete	Open	Male	23
104	03:05:25	462	Braam	Lourens	Open	Male	31
105	03:06:30	446	Stephen	Knott	Open	Male	34
106	03:08:37	362	Hennie	Davel	Open	Male	29
107	03:11:06	473	Ian	Martincich	Open	Male	31
108	03:11:59	524	Dewald	Schlebusch	Open	Male	31
109	03:14:29	587	Rory	Verburgt	Open	Male	33
110	03:16:15	517	Thaabiet	Salaam	Open	Male	39
111	03:24:12	385	Nico	Engelbrecht	Open	Male	35
112	03:25:44	978	Jason	Minnaar	Open	Male	38
113	04:09:19	419	Jarryd	Hesom	Open	Male	26

#### Open Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:56:32	998	Marie	Wessels	Open	Female	29
2	01:57:49	565	Liandi	Van der Westhuyzen	Open	Female	28
3	02:08:01	999	Claudia	Wesemann	Open	Female	27
4	02:12:50	528	Rezani	Scholtz	Open	Female	39
5	02:13:57	357	Lauren	Coulson	Open	Female	26
6	02:15:48	562	Christelle	Van der Merwe	Open	Female	36
7	02:17:14	512	Debra	Rossouw	Open	Female	30
8	02:22:15	360	Toke	Custers	Open	Female	20
9	02:23:55	370	Sarah	Dickins	Open	Female	22
10	02:24:34	418	Zoe	Henn	Open	Female	35
11	02:25:28	434	Meggie	Johnson	Open	Female	31
12	02:26:53	334	Tarryn	Cawood	Open	Female	29
13	02:27:26	542	Mandrie	Steyn	Open	Female	28
14	02:28:03	367	Jackie	De Villiers	Open	Female	27
15	02:28:13	438	Marianna	Joubert	Open	Female	29
16	02:28:50	382	Tracy	Ellis	Open	Female	28
17	02:32:41	410	Nell	Harris	Open	Female	36
18	02:32:43	417	Surea	hendrikse	Open	Female	37
19	02:33:26	530	Amanda	Severn	Open	Female	22
20	02:33:43	568	Natia	Van Heerden	Open	Female	21
21	02:33:47	436	Celeste	Jordaan	Open	Female	31
22	02:33:54	482	Katie	Müller	Open	Female	27
23	02:34:13	570	Shannon	Van Moorst	Open	Female	26
24	02:34:15	545	Louise	Swanepoel	Open	Female	24
25	02:34:24	522	Zonia	Scheffer	Open	Female	39
26	02:35:51	583	Willemien	Van Zyl	Open	Female	25
27	02:35:55	315	Danielle	Becker	Open	Female	28
28	02:35:57	491	Nicola	Obree	Open	Female	29
29	02:36:21	426	Jorja	Hudson	Open	Female	30
30	02:36:57	471	Elza	Maree	Open	Female	35
31	02:38:09	575	Riette	Van Rensburg	Open	Female	32
32	02:39:04	303	Melissa	Kitsner	Open	Female	24
33	02:39:06	507	Alriza	Reid	Open	Female	31
34	02:39:39	395	Cathrine	George	Open	Female	30
35	02:41:09	550	Shannon	Theron	Open	Female	38
36	02:41:25	576	Marleen	Van rooyen	Open	Female	39
37	02:41:33	989	Katie	Williams	Open	Female	20
38	02:42:08	982	Katrina	Wiid	Open	Female	36
39	02:42:23	319	Matty	Boshoff	Open	Female	33
40	02:42:41	596	Retha	Wareham	Open	Female	33
41	02:43:16	413	Bronwyn	Hastings	Open	Female	27
42	02:43:28	553	Andrea	Tooley	Open	Female	38
43	02:43:45	547	Lauren	Tarling	Open	Female	28
44	02:44:12	551	Yasmine	Celliers	Open	Female	38
45	02:44:18	429	Natasha	Ing	Open	Female	39
46	02:51:28	453	Catherine	Lagan	Open	Female	32
47	02:52:26	484	Milan	Murray	Open	Female	38
48	02:53:13	439	Sante	Joubert	Open	Female	25
49	02:56:06	323	Bronwen	Brauteseth	Open	Female	32
50	02:56:36	592	Trixie	Vlok	Open	Female	38
51	02:56:59	516	Samantha	Russell-Rockliff	Open	Female	39
52	02:57:22	444	Jill	King	Open	Female	34
53	02:58:59	538	Tara	Solomon	Open	Female	31
54	03:00:42	515	Alex	Royal	Open	Female	28

55	03:01:06	425	Emily	House	Open	Female	31
56	03:01:56	495	Natalia	Ongers	Open	Female	27
57	03:02:57	691	Stephanie	Erwee	Open	Female	24
58	03:05:47	459	Gina	Leinberger	Open	Female	37
59	03:06:01	363	Marlein	Davel	Open	Female	31
60	03:06:56	423	Tenille	Holder	Open	Female	31
61	03:08:24	466	Kerry	Luke	Open	Female	29
62	03:09:11	424	Catherine	Holland	Open	Female	37
63	03:13:47	393	Frances	Fuchs	Open	Female	38
64	03:18:08	641	Sjaan	Van Heerden	Open	Female	23
65	03:21:18	589	Susan	Victor	Open	Female	32
66	03:23:13	519	Asmaa'	Sayed	Open	Female	28
67	03:32:24	401	Liesl	Gouws	Open	Female	24
68	03:35:27	461	Marinda	Lindeque	Open	Female	36
69	03:40:35	455	Stacey	Lamb	Open	Female	29
70	03:40:37	534	Kirsty	Smit	Open	Female	29
71	04:01:04	586	Antoinette	Veldtman	Open	Female	36

#### Veteran Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:45:08	540	Andrew	Steele	Veteran	Male	43
2	01:48:08	35	Dirk	Cloete	Veteran	Male	44
3	01:49:05	335	Scarre	Celliers	Veteran	Male	47
4	02:04:11	539	Piers	Stead	Veteran	Male	45
5	02:05:33	994	Jason	Whyte	Veteran	Male	41
6	02:08:14	502	Sasa	Petika	Veteran	Male	44
7	02:12:48	398	Roderick	Gilson	Veteran	Male	49
8	02:16:27	301	Steven	Adshade	Veteran	Male	47
9	02:17:19	392	Philip	Fouche	Veteran	Male	44
10	02:18:30	422	Willem	Smit	Veteran	Male	48
11	02:18:49	454	Fred	Laker	Veteran	Male	45
12	02:21:02	64	Theo	van Niekerk	Veteran	Male	45
13	02:22:28	572	Leon	Van Niekerk	Veteran	Male	42
14	02:24:01	406	Tim	Hadingham	Veteran	Male	41
15	02:24:53	497	Robin	Parfett	Veteran	Male	43
16	02:26:10	324	Ashley	Braver	Veteran	Male	44
17	02:26:20	331	Gary	Cameron	Veteran	Male	42
18	02:26:26	430	Paul	Ingpen	Veteran	Male	45
19	02:26:44	403	Duncan	Greenwood	Veteran	Male	37
20	02:26:46	521	Eugene	Schagen	Veteran	Male	40
21	02:26:52	951	Allan	White	Veteran	Male	48
22	02:26:56	577	Jacques	Van Staden	Veteran	Male	40
23	02:28:09	402	Graeme	Green	Veteran	Male	49
24	02:30:13	555	Christo	Truter	Veteran	Male	42
25	02:33:49	481	John	Morgan	Veteran	Male	40
26	02:35:34	433	Francois	Janse van Rensburg	Veteran	Male	41
27	02:36:01	371	Blaise	Dobson	Veteran	Male	24
28	02:39:30	513	Douglas	Rossouw	Veteran	Male	49
29	02:42:51	492	Stephan	Ohst	Veteran	Male	43
30	02:42:59	400	Paul	Gomes	Veteran	Male	42
31	02:43:58	320	Hermanus	Botes	Veteran	Male	42
32	02:45:15	483	Bryan	Mulliner	Veteran	Male	64
33	02:47:36	394	Hennie	Geldenhuys	Veteran	Male	42
34	02:47:37	414	Mark	Hatherill	Veteran	Male	46
35	02:50:28	427	Tim	Humphreys-Davies	Veteran	Male	43
36	02:54:18	464	Johannes	Louw	Veteran	Male	48
37	02:57:26	526	Jan	Scholtz	Veteran	Male	41
38	02:59:46	307	Jean-Pierre	Baard	Veteran	Male	41
39	03:02:18	585	PJ	Veldhuizen (Wildrunner)	Veteran	Male	40
40	03:13:49	573	Ben	Van Rensburg	Veteran	Male	40
41	03:14:23	584	Ross	Veitch	Veteran	Male	49
42	03:23:05	985	James	Frazer	Veteran	Male	43
43	03:31:12	556	Michael	Trzebiatowsky	Veteran	Male	47
44	03:34:49	350	Phillip	Collier	Veteran	Male	41

**Veteran Ladies**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:06:46	337	Caitlin	Lewis	Veteran	Female	44
2	02:22:41	368	Terry	Deats	Veteran	Female	44
3	02:22:59	557	Sue	Ulyett	Veteran	Female	46
4	02:23:29	344	Marinda	Cloete	Veteran	Female	44
5	02:26:17	336	Alison	Chait	Veteran	Female	40
6	02:26:32	346	Liezel	Coetzee	Veteran	Female	40
7	02:39:33	598	Merril	Webb	Veteran	Female	46
8	02:39:54	420	Sandra	Hill	Veteran	Female	45
9	02:39:56	472	Delia	Marshall	Veteran	Female	43
10	02:44:14	560	Zane	Roussouw	Veteran	Female	40
11	02:47:55	588	Carine	Vermeulen	Veteran	Female	41
12	02:48:18	927	Paula	Wilson	Veteran	Female	41
13	02:49:40	475	Julia	McCurrach	Veteran	Female	42
14	02:51:30	432	Lochie	Jacobs	Veteran	Female	42
15	02:52:05	477	Samantha	Mcilroy	Veteran	Female	40
16	02:55:57	456	Kate	Le Roux	Veteran	Female	43
17	02:56:37	591	Zelda	Visser	Veteran	Female	41
18	02:56:45	546	Debby	Talmage	Veteran	Female	46
19	02:56:47	381	Faye	Elliott	Veteran	Female	42
20	02:59:03	564	Madri	Van der Westhuizen	Veteran	Female	40
21	02:59:05	408	Adele	Hamman	Veteran	Female	41
22	03:03:52	302	Tracy	Aitchenson	Veteran	Female	42
23	03:07:51	488	Sally	Newton van Zyl	Veteran	Female	45
24	03:13:39	543	Ronel Louise	Steyn	Veteran	Female	43
25	03:31:16	352	Christine	Colvin	Veteran	Female	45
26	03:39:49	486	Tracy	Neumann	Veteran	Female	41

**Master Men**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:00:57	478	Bruce	Meier	Master	Male	52
2	02:12:29	333	Ray	Castelyn	Master	Male	53
3	02:12:30	536	Mark	Wagenheim	Master	Male	57
4	02:42:14	451	Glen	Kriel	Master	Male	53
5	03:02:55	544	Brian	Super	Master	Male	53
6	03:35:49	571	Colin	Van Niekerk	Master	Male	52
7	04:18:54	341	David	Clamp	Master	Male	51

**Master Ladies**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:07:53	342	Dawn	Clarke	Master	Female	52
2	03:16:04	508	Delyse	Rist	Master	Female	50
3	03:16:10	347	Linda	Coetzee	Master	Female	52



# Jonkershoek Mountain Run 10km 2013



## Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:42:28	611	Alister	Dreamwilder	Open	Male	40
2	00:43:33	607	Christo	Anthonissen	Open	Male	22
3	00:46:04	752	Eugene	Lindeque	Open	Male	33
4	00:46:33	723	Kristen	Heath	Junior	Female	15
5	00:47:16	953	Abrie	Roux	Open	Male	24
6	00:47:59	618	Gustav	Bessinger	Open	Male	29
7	00:48:55	541	Luzandrie	Steenkamp	Open	Female	28
8	00:51:06	916	John	White	Open	Male	27
9	00:51:10	665	Daniela	Czark	Open	Female	22
10	00:51:54	654	Dewald	Cloete	Open	Male	18
11	00:52:21	826	Lindsay	Sullivan	Open	Female	34
12	00:52:27	864	Jan	Steytler	Junior	Male	17
13	00:53:39	722	Karl	Heath	Veteran	Male	48
14	00:53:44	869	Caitlin	Leslie	Junior	Female	17
15	00:53:45	870	Mia	Uys	Junior	Female	17
16	00:53:54	623	Warren	Black	Junior	Male	16
17	00:53:56	737	Ryan	Kidwell	Open	Male	31
18	00:54:11	928	Amanda	Cloete	Open	Female	35
19	00:54:46	768	Brandon	Maggen	Open	Male	38
20	00:55:02	680	Werner	du Preez	Open	Male	30
21	00:55:08	754	Gerard	Loedolff	Open	Male	33
22	00:55:12	860	Hanro	Steffen	Open	Male	37
23	00:55:14	621	Jacques	Blaauw	Open	Male	28
24	00:55:19	906	Herme	Visser	Open	Female	32
25	00:55:32	858	Yolandie	Steenkamp	Open	Female	24
26	00:55:33	898	Dylan	Van Riet	Open	Male	25
27	00:55:43	893	Riki	Van niekerk	Junior	Female	17
28	00:55:45	757	Rosie	Lombard	Open	Female	21
29	00:56:07	844	Carlisle	Sellidon	Open	Male	28
30	00:56:09	720	Harriet	Haseler	Open	Female	24
31	00:56:11	750	Simon	Liebenberg	Open	Male	38
32	00:56:14	816	Wessel	Pieterse	Open	Male	31
33	00:56:15	956	Pierre	De Abreu	Open	Male	19
34	00:56:17	886	Tricia	Van der Mescht	Open	Female	28
35	00:56:18	633	Ruan Van Zyl	Botma	Open	Male	26
36	00:56:24	865	Mia	Steytler	Junior	Female	16
37	00:56:35	796	Cornel	Neethling	Open	Male	26
38	00:56:37	918	Ryan	Whitehead	Open	Male	31
39	00:56:39	819	Dirk	Postma	Open	Male	32
40	00:56:40	868	Theo	Swart	Open	Male	24
41	00:56:49	801	Gerrit	Nortje	Open	Male	34
42	00:57:04	761	Helga	Louw	Veteran	Female	43
43	00:57:06	892	Keith	Van Niekerk	Open	Male	31
44	00:57:18	913	Luke	Wewege	Open	Male	21
45	00:57:21	904	Rupert	Van Zyl	Open	Male	37
46	00:57:26	646	Nicky	Cawood	Open	Female	20
47	00:57:33	713	Marelize	Grobelaar	Open	Female	31
48	00:57:36	987	Karlia	Scholtz	Open	Female	39
49	00:58:01	674	Shaun	Diamond	Veteran	Male	41
50	00:58:03	726	Shannon-Leigh	Hodgson	Open	Female	25
51	00:58:05	926	Byron	Wilson	Open	Male	26
52	00:58:06	915	Andrew	White	Open	Male	37
53	00:58:07	850	Mione	Smith	Open	Female	23
54	00:59:03	682	Pieter	Du Toit	Open	Male	37
55	00:59:07	929	Leon	Witbooi	Veteran	Male	40
56	00:59:08	831	Adriaan	Retief	Open	Male	38
57	00:59:10	743	Neil	Lazarus	Master	Male	54
58	00:59:12	907	Estea	Volschenk	Open	Female	35
59	00:59:13	744	Tanya	Lazarus	Open	Female	37
60	00:59:16	818	Emma	Pons	Open	Female	20
61	00:59:19	806	Leo	Oosthuizen	Open	Male	37
62	00:59:32	765	Monique	Low	Open	Female	32
63	00:59:33	771	Lara	Mare	Open	Female	30
64	01:00:15	902	Petro	Van Wyk	Open	Female	36

65	01:00:23	835	Heidi	Rohr	Open	Female	31
66	01:00:38	642	Corne	Burger	Veteran	Male	40
67	01:00:45	699	Ilse	Fritz	Master	Female	54
68	01:00:46	996	Esme	Davies	Veteran	Female	40
69	01:00:48	603	Philip	Abrahamson	Veteran	Male	42
70	01:00:56	602	Danielle	Abrahamson	Open	Female	36
71	01:00:58	764	Tim	Louw	Open	Male	28
72	01:01:00	854	Rory	Springhall	Veteran	Male	44
73	01:01:10	863	Annaleen	Steytler	Master	Female	53
74	01:01:15	770	Tessa	Marais	Open	Female	28
75	01:01:27	676	Debbie	Dowd	Veteran	Female	43
76	01:01:43	811	Pamela	Palmer	Open	Female	32
77	01:01:56	856	Etienne	Stanvliet	Master	Male	52
78	01:02:02	851	Paul	Snowdon	Veteran	Male	46
79	01:02:05	897	Tamsyn	Van Rensburg	Open	Female	25
80	01:02:08	767	Craig	Mackintosh	Open	Male	28
81	01:02:21	817	Craig	Pike	Open	Male	37
82	01:02:38	645	Nina	Carr	Open	Female	39
83	01:02:41	852	Paul	Spagnoletti	Open	Male	37
84	01:02:48	601	Cara	Abrahamse	Veteran	Female	40
85	01:03:26	766	Kate	Lowndes	Open	Female	20
86	01:03:38	615	Liezet	Basson	Open	Female	33
87	01:03:39	802	Julia	Nupen	Open	Female	34
88	01:03:41	605	Victoria	Albrektsen	Open	Female	26
89	01:03:42	617	Mark	Berndt	Open	Male	25
90	01:03:43	661	Jeremy	Pitman	Open	Male	25
91	01:03:45	872	Dirk Jacobus	Theart	Open	Male	24
92	01:03:46	733	Jacques	Jansen van Rensburg	Open	Male	32
93	01:04:03	739	Liezani	Kotze	Open	Female	24
94	01:04:10	905	Miemie	Verbeek	Open	Female	36
95	01:04:13	688	Willem Johannes	Engelbrecht	Open	Male	36
96	01:04:19	678	Launa	Dreyer	Veteran	Female	42
97	01:04:21	660	Willow	Constantine	Open	Female	35
98	01:04:23	786	Cythna	Minnaar	Open	Female	29
99	01:04:25	783	Elanie	Meyer	Open	Female	26
100	01:04:30	664	Kirstin	Cuff	Veteran	Female	45
101	01:04:32	372	Henry	Dowling	Open	Male	33
102	01:04:51	317	Elschen	Beyers	Master	Female	51
103	01:05:03	640	Brian	Bullard	Veteran	Male	44
104	01:05:05	714	Tamsin	Groom	Open	Female	22
105	01:05:15	828	Megan	Ralfe	Open	Female	23
106	01:05:25	728	Janet	Hunter	Master	Female	53
107	01:05:35	656	Lowis	Coetzee	Open	Male	31
108	01:05:59	707	Nicola	Gray	Open	Female	27
109	01:06:03	706	Alistair	Gray	Open	Male	30
110	01:06:05	730	Deirdre	Ingpen	Veteran	Female	43
111	01:06:07	670	Adele	De Villiers	Veteran	Female	43
112	01:06:28	747	Roule	Le Roux	Open	Female	31
113	01:06:30	827	Wiehann	Radyn	Open	Male	28
114	01:06:32	1000	Ferdi	Brannekamper	Veteran	Male	41
115	01:06:42	648	Yasmine	Celliers	Open	Female	38
116	01:06:44	790	Alet	Morgan	Open	Female	35
117	01:06:57	622	Michael	Black	Master	Male	51
118	01:07:01	922	Darren	Wilder	Veteran	Male	44
119	01:07:03	749	Tina	Leisegang	Master	Female	60
120	01:07:12	309	Mandy	Banks	Open	Female	33
121	01:07:16	606	Demitri	Velissaro	Open	Male	35
122	01:07:19	700	Mareile	Garbade	Open	Female	22
123	01:07:23	634	Lauren	Brewis	Open	Female	33
124	01:07:25	890	Judike	Van Heerden	Open	Female	28
125	01:07:26	681	Magda	Du Toit	Master	Female	52
126	01:07:27	663	Tracy	Crowther	Veteran	Female	44
127	01:07:28	809	Tanya	Orpen	Open	Female	35
128	01:07:30	616	Alison	Benzimra	Open	Female	33
129	01:07:34	793	Craig	Myline	Master	Male	51
130	01:07:38	909	Joy	Sinclair	Open	Female	29
131	01:07:39	955	Molly	Branson	Open	Female	20
132	01:07:41	845	Stuart	Sinclair	Open	Male	29
133	01:07:42	954	Paulina	Heule	Open	Female	20
134	01:08:00	849	Jaclyn	Smith	Open	Female	28
135	01:08:03	815	Lee-Anne	Pienaar	Open	Female	36
136	01:08:04	718	Sean	Harris	Veteran	Male	48
137	01:08:07	675	Sarah	Dillon	Open	Female	20
138	01:08:07	695	Marie-Noelle	Favard	Veteran	Female	41
139	01:08:21	853	Lindsay	Springhall	Open	Female	39

140	01:08:42	859	Carole	Steffen	Open	Female	36
141	01:08:46	873	Sanel	Theart	Open	Female	24
142	01:08:50	778	Coralie	McDonald	Open	Female	37
143	01:08:57	668	Nicol	De Andrade	Open	Female	26
144	01:08:59	885	Sune	Van der Merwe	Veteran	Female	40
145	01:09:00	671	Pascale	De villiers	Open	Female	28
146	01:09:02	729	Taschyana	Hurter	Open	Female	34
147	01:09:05	628	Tim	Booyesen	Master	Male	65
148	01:09:09	625	Lizel	Blignaut	Veteran	Female	44
149	01:09:13	652	Alice	Chiang	Open	Female	28
150	01:09:15	812	Warwick	Palmer	Open	Male	34
151	01:09:16	780	Deborah	McHardy	Veteran	Female	43
152	01:09:42	833	Ursula	Rholwink	Open	Female	29
153	01:09:44	837	Nicola	Rowe	Open	Female	29
154	01:09:45	673	Gabi	Dekenah	Open	Female	30
155	01:10:00	651	Magriet	Cherry	Open	Female	36
156	01:10:12	643	Elsje	Cardoso	Open	Female	24
157	01:11:04	822	Nikki	Pretorius	Veteran	Female	43
158	01:11:39	604	Cindy-Ann	Adshade	Veteran	Female	42
159	01:11:41	639	Natalie	Buley	Veteran	Female	41
160	01:11:42	789	Marthie-Mari	Mocke	Veteran	Female	40
161	01:11:46	724	Terry	Heldsinger	Open	Male	38
162	01:12:08	629	Hellen	Boshoff	Veteran	Female	42
163	01:12:09	884	Cornelia	Van der Merwe	Open	Female	26
164	01:12:32	620	Maryna	Beukes	Open	Female	38
165	01:12:51	798	Johann	Nel	Open	Male	38
166	01:13:13	716	Catherine	Harris	Veteran	Female	42
167	01:13:35	866	Hettie	Sutherland	Veteran	Female	43
168	01:13:37	839	Chris	Schnehage	Master	Male	59
169	01:13:55	756	Anchen	Lombard	Veteran	Female	41
170	01:14:15	653	Vanessa	Clark	Open	Female	38
171	01:14:18	889	Carol	Van heerden	Master	Female	51
172	01:14:19	710	Helena	Griessel	Open	Female	33
173	01:14:20	709	Andro	Griessel	Veteran	Male	40
174	01:14:32	986	Lucille	Lochner	Veteran	Female	41
175	01:14:33	727	Claire	Horn	Veteran	Female	45
176	01:14:49	644	Johannes	Carlson	Open	Male	34
177	01:14:50	687	Suret	Engelbrecht	Open	Female	24
178	01:14:52	712	Danielle	Grobelaar	Open	Female	23
179	01:15:21	683	Cecile	Eaglestone	Open	Female	35
180	01:15:25	896	Hanel	Van Reenen	Open	Female	36
181	01:15:27	931	Charlotte	Young	Open	Female	36
182	01:15:30	785	Dianie	Lamprecht	Open	Female	38
183	01:15:49	797	Elsabe	Nel	Master	Female	52
184	01:15:53	659	Helene	Conradie	Veteran	Female	48
185	01:16:45	834	Sabine	Roberts	Open	Female	28
186	01:16:55	919	Ryan	Wicks	Open	Male	33
187	01:17:03	711	Jeremy	Gristwood	Open	Male	27
188	01:17:08	957	Wiesaal	Salaam	Open	Male	37
189	01:17:14	838	Derine	Sandenbergh	Open	Female	30
190	01:17:21	725	Leida	Heymann	Open	Female	30
191	01:17:35	609	Kate	Atkinson	Open	Female	30
192	01:17:42	643	Elsje	Cardoso	Open	Female	24
193	01:18:21	717	Lee-ann	Harris	Veteran	Female	46
194	01:18:24	900	Gerhard	Van tonder	Veteran	Male	43
195	01:18:29	669	Karlien	De Goede	Open	Female	37
196	01:18:55	649	Adriana	Chandler	Open	Female	38
197	01:19:07	777	Megan	McCurrach	Veteran	Female	40
198	01:19:10	759	Rudo	Loubser	Open	Male	37
199	01:19:17	814	Taaliah	Pereira	Open	Female	37
200	01:19:54	758	Bianca	Loreggian	Open	Female	24
201	01:20:40	867	Helene	Swanepoel	Open	Female	33
202	01:20:50	619	Carron	Finnan	Veteran	Female	40
203	01:20:52	774	Richard	Mason	Master	Male	52
204	01:21:24	840	Mervin	Schnehage	Open	Male	38
205	01:21:46	921	Christian	Wiesener	Veteran	Male	40
206	01:21:48	877	Maryke	Ungerer	Open	Female	39
207	01:22:05	698	Donna	Fitzsimmons	Open	Female	35
208	01:22:07	762	Jeanne	Louw	Open	Female	27
209	01:22:11	807	Adien	Oosthuizen	Master	Female	52
210	01:22:27	855	Emma	Stanvliet	Open	Female	20
211	01:22:30	857	Ruida	Stanvliet	Master	Female	52
212	01:23:09	908	Maria	Von Backstrom	Open	Female	36
213	01:24:03	650	Dianne	Gilchrist	Veteran	Female	41
214	01:24:06	930	Caroline	Young	Veteran	Female	42

215	01:24:08	608	Nicolene	Ash	Veteran	Female	45
216	01:25:48	610	Charl	Louw	Open	Male	29
217	01:25:55	612	Craig	Banks	Open	Male	36
218	01:25:56	882	Alexis	Van der Merwe	Open	Male	35
219	01:25:57	933	Monita	Zeterberg	Open	Female	38
220	01:26:18	645	Nina	Carr	Open	Female	39
221	01:26:21	776	Katherine	McCarter	Open	Female	29
222	01:26:22	825	Sigi	Prinsloo	Open	Female	32
223	01:26:29	800	Marianne	Nelson	Master	Female	69
224	01:26:51	703	Karin	Gerber	Open	Female	27
225	01:27:47	746	Nadia	Le Roux	Veteran	Female	43
226	01:28:32	632	Elize	Botha	Veteran	Female	41
227	01:28:33	631	Darren	Botha	Veteran	Male	41
228	01:30:27	805	Craig	Ongers	Open	Male	31
229	01:32:17	769	Liesel	Marais	Veteran	Female	41
230	01:32:23	748	Tracey	Le Roux	Veteran	Female	43
231	01:32:25	821	Lucia	Poulter	Veteran	Female	40
232	01:33:55	636	Samantha	Brink	Open	Female	34
233	01:33:57	997	Louis	Brink	Veteran	Male	42
234	01:34:26	775	Leigh	Mather	Open	Female	29
235	01:34:30	924	Lorraine	Williams	Open	Female	33
236	01:34:43	742	Celeste	Larson	Open	Female	31
237	01:35:17	694	Willnes	Eybers	Open	Male	34
238	01:35:48	923	Heidi	Wilder	Veteran	Female	41

### Open Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:42:28	611	Alister	Dreamwilder	Open	Male	40
2	00:43:33	607	Christo	Anthonissen	Open	Male	22
3	00:46:04	752	Eugene	Lindeque	Open	Male	33
4	00:47:16	953	Abrie	Roux	Open	Male	24
5	00:47:59	618	Gustav	Bessinger	Open	Male	29
6	00:51:06	916	John	White	Open	Male	27
7	00:51:54	654	Dewald	Cloete	Open	Male	18
8	00:53:39	722	Karl	Heath	Open	Male	48
9	00:53:56	737	Ryan	Kidwell	Open	Male	31
10	00:54:46	768	Brandon	Maggen	Open	Male	38
11	00:55:02	680	Werner	du Preez	Open	Male	30
12	00:55:08	754	Gerard	Loedloff	Open	Male	33
13	00:55:12	860	Hanro	Steffen	Open	Male	37
14	00:55:14	621	Jacques	Blaauw	Open	Male	28
15	00:55:33	898	Dylan	Van Riet	Open	Male	25
16	00:56:07	844	Carlisle	Sellidon	Open	Male	28
17	00:56:11	750	Simon	Liebenberg	Open	Male	38
18	00:56:14	816	Wessel	Pieterse	Open	Male	31
19	00:56:15	956	Pierre	De Abreu	Open	Male	19
20	00:56:18	633	Ruan Van Zyl	Botma	Open	Male	26
21	00:56:35	796	Cornel	Neethling	Open	Male	26
22	00:56:37	918	Ryan	Whitehead	Open	Male	31
23	00:56:39	819	Dirk	Postma	Open	Male	32
24	00:56:40	868	Theo	Swart	Open	Male	24
25	00:56:49	801	Gerrit	Nortje	Open	Male	34
26	00:57:06	892	Keith	Van Niekerk	Open	Male	31
27	00:57:18	913	Luke	Wewege	Open	Male	21
28	00:57:21	904	Rupert	Van Zyl	Open	Male	37
29	00:58:01	674	Shaun	Diamond	Open	Male	41
30	00:58:05	926	Byron	Wilson	Open	Male	26
31	00:58:06	915	Andrew	White	Open	Male	37
32	00:59:03	682	Pieter	Du Toit	Open	Male	37
33	00:59:07	929	Leon	Witbooi	Open	Male	40
34	00:59:08	831	Adriaan	Retief	Open	Male	38
35	00:59:10	743	Neil	Lazarus	Open	Male	54
36	00:59:19	806	Leo	Oosthuizen	Open	Male	37
37	01:00:38	642	Corne	Burger	Open	Male	40
38	01:00:48	603	Philip	Abrahamson	Open	Male	42
39	01:00:58	764	Tim	Louw	Open	Male	28
40	01:01:00	854	Rory	Springhall	Open	Male	44
41	01:01:56	856	Etienne	Stanvliet	Open	Male	52
42	01:02:02	851	Paul	Snowdon	Open	Male	46
43	01:02:08	767	Craig	Mackintosh	Open	Male	28
44	01:02:21	817	Craig	Pike	Open	Male	37
45	01:02:41	852	Paul	Spagnoletti	Open	Male	37
46	01:03:42	617	Mark	Berndt	Open	Male	25
47	01:03:43	661	Jeremy	Pitman	Open	Male	25
48	01:03:45	872	Dirk Jacobus	Theart	Open	Male	24

49	01:03:46	733	Jacques	Jansen van Rensburg	Open	Male	32
50	01:04:13	688	Willem Johannes	Engelbrecht	Open	Male	36
51	01:04:32	372	Henry	Dowling	Open	Male	33
52	01:05:03	640	Brian	Bullard	Open	Male	44
53	01:05:35	656	Lowis	Coetzee	Open	Male	31
54	01:06:03	706	Alistair	Gray	Open	Male	30
55	01:06:30	827	Wiehann	Radyn	Open	Male	28
56	01:06:32	1000	Ferdi	Brannekamper	Open	Male	41
57	01:06:57	622	Michael	Black	Open	Male	51
58	01:07:01	922	Darren	Wilder	Open	Male	44
59	01:07:16	606	Demitri	Velissaro	Open	Male	35
60	01:07:34	793	Craig	Mylne	Open	Male	51
61	01:07:41	845	Stuart	Sinclair	Open	Male	29
62	01:08:04	718	Sean	Harris	Open	Male	48
63	01:09:05	628	Tim	Booyesen	Open	Male	65
64	01:09:15	812	Warwick	Palmer	Open	Male	34
65	01:11:46	724	Terry	Heldsinger	Open	Male	38
66	01:12:51	798	Johann	Nel	Open	Male	38
67	01:13:37	839	Chris	Schnehage	Open	Male	59
68	01:14:20	709	Andro	Griessel	Open	Male	40
69	01:14:49	644	Johannes	Carlson	Open	Male	34
70	01:16:55	919	Ryan	Wicks	Open	Male	33
71	01:17:03	711	Jeremy	Gristwood	Open	Male	27
72	01:17:08	957	Wiesaal	Salaam	Open	Male	37
73	01:18:24	900	Gerhard	Van tonder	Open	Male	43
74	01:19:10	759	Rudo	Loubser	Open	Male	37
75	01:20:52	774	Richard	Mason	Open	Male	52
76	01:21:24	840	Mervin	Schnehage	Open	Male	38
77	01:21:46	921	Christian	Wiesener	Open	Male	40
78	01:25:48	610	Charl	Louw	Open	Male	29
79	01:25:55	612	Craig	Banks	Open	Male	36
80	01:25:56	882	Alexis	Van der Merwe	Open	Male	35
81	01:28:33	631	Darren	Botha	Open	Male	41
82	01:30:27	805	Craig	Ongers	Open	Male	31
83	01:33:57	997	Louis	Brink	Open	Male	42
84	01:35:17	694	Willnes	Eybers	Open	Male	34

#### Open Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:48:55	541	Luzandrie	Steenkamp	Open	Female	28
2	00:51:10	665	Daniela	Czark	Open	Female	22
3	00:52:21	826	Lindsay	Sullivan	Open	Female	34
4	00:54:11	928	Amanda	Cloete	Open	Female	35
5	00:55:19	906	Herme	Visser	Open	Female	32
6	00:55:32	858	Yolandie	Steenkamp	Open	Female	24
7	00:55:45	757	Rosie	Lombard	Open	Female	21
8	00:56:09	720	Harriet	Haseler	Open	Female	24
9	00:56:17	886	Tricia	Van der Mescht	Open	Female	28
10	00:57:04	761	Helga	Louw	Open	Female	43
11	00:57:26	646	Nicky	Cawood	Open	Female	20
12	00:57:33	713	Marelize	Grobbelaar	Open	Female	31
13	00:57:36	987	Karlia	Scholtz	Open	Female	39
14	00:58:03	726	Shannon-Leigh	Hodgson	Open	Female	25
15	00:58:07	850	Mione	Smith	Open	Female	23
16	00:59:12	907	Estea	Volschenk	Open	Female	35
17	00:59:13	744	Tanya	Lazarus	Open	Female	37
18	00:59:16	818	Emma	Pons	Open	Female	20
19	00:59:32	765	Monique	Low	Open	Female	32
20	00:59:33	771	Lara	Mare	Open	Female	30
21	01:00:15	902	Petro	Van Wyk	Open	Female	36
22	01:00:23	835	Heidi	Rohr	Open	Female	31
23	01:00:45	699	Ilse	Fritz	Open	Female	54
24	01:00:46	996	Esme	Davies	Open	Female	40
25	01:00:56	602	Danielle	Abrahamson	Open	Female	36
26	01:01:10	863	Annaleen	Steyler	Open	Female	53
27	01:01:15	770	Tessa	Marais	Open	Female	28
28	01:01:27	676	Debbie	Dowd	Open	Female	43
29	01:01:43	811	Pamela	Palmer	Open	Female	32
30	01:02:05	897	Tamsyn	Van Rensburg	Open	Female	25
31	01:02:38	645	Nina	Carr	Open	Female	39
32	01:02:48	601	Cara	Abrahamse	Open	Female	40
33	01:03:26	766	Kate	Lowndes	Open	Female	20
34	01:03:38	615	Liezet	Basson	Open	Female	33
35	01:03:39	802	Julia	Nupen	Open	Female	34
36	01:03:41	605	Victoria	Albrektsen	Open	Female	26

37	01:04:03	739	Liezani	Kotze	Open	Female	24
38	01:04:10	905	Miemie	Verbeek	Open	Female	36
39	01:04:19	678	Launa	Dreyer	Open	Female	42
40	01:04:21	660	Willow	Constantine	Open	Female	35
41	01:04:23	786	Cythna	Minnaar	Open	Female	29
42	01:04:25	783	Elanie	Meyer	Open	Female	26
43	01:04:30	664	Kirstin	Cuff	Open	Female	45
44	01:04:51	317	Elschen	Beyers	Open	Female	51
45	01:05:05	714	Tamsin	Groom	Open	Female	22
46	01:05:15	828	Megan	Ralfe	Open	Female	23
47	01:05:25	728	Janet	Hunter	Open	Female	53
48	01:05:59	707	Nicola	Gray	Open	Female	27
49	01:06:05	730	Deirdre	Ingpen	Open	Female	43
50	01:06:07	670	Adele	De Villiers	Open	Female	43
51	01:06:28	747	Roule	Le Roux	Open	Female	31
52	01:06:42	648	Yasmine	Celliers	Open	Female	38
53	01:06:44	790	Alet	Morgan	Open	Female	35
54	01:07:03	749	Tina	Leisegang	Open	Female	60
55	01:07:12	309	Mandy	Banks	Open	Female	33
56	01:07:19	700	Mareile	Garbade	Open	Female	22
57	01:07:23	634	Lauren	Brewis	Open	Female	33
58	01:07:25	890	Judike	Van Heerden	Open	Female	28
59	01:07:26	681	Magda	Du Toit	Open	Female	52
60	01:07:27	663	Tracy	Crowther	Open	Female	44
61	01:07:28	809	Tanya	Orpen	Open	Female	35
62	01:07:30	616	Alison	Benzimra	Open	Female	33
63	01:07:38	909	Joy	Sinclair	Open	Female	29
64	01:07:39	955	Molly	Branson	Open	Female	20
65	01:07:42	954	Paulina	Heule	Open	Female	20
66	01:08:00	849	Jaclyn	Smith	Open	Female	28
67	01:08:03	815	Lee-Anne	Pienaar	Open	Female	36
68	01:08:07	675	Sarah	Dillon	Open	Female	20
69	01:08:07	695	Marie-Noelle	Favard	Open	Female	41
70	01:08:21	853	Lindsay	Springhall	Open	Female	39
71	01:08:42	859	Carole	Steffen	Open	Female	36
72	01:08:46	873	Sanel	Theart	Open	Female	24
73	01:08:50	778	Coralie	McDonald	Open	Female	37
74	01:08:57	668	Nicol	De Andrade	Open	Female	26
75	01:08:59	885	Sune	Van der Merwe	Open	Female	40
76	01:09:00	671	Pascale	De villiers	Open	Female	28
77	01:09:02	729	Taschyana	Hurter	Open	Female	34
78	01:09:09	625	Lizel	Blignaut	Open	Female	44
79	01:09:13	652	Alice	Chiang	Open	Female	28
80	01:09:16	780	Deborah	McHardy	Open	Female	43
81	01:09:42	833	Ursula	Rholwink	Open	Female	29
82	01:09:44	837	Nicola	Rowe	Open	Female	29
83	01:09:45	673	Gabi	Dekenah	Open	Female	30
84	01:10:00	651	Magriet	Cherry	Open	Female	36
85	01:10:12	643	Elsje	Cardoso	Open	Female	24
86	01:11:04	822	Nikki	Pretorius	Open	Female	43
87	01:11:39	604	Cindy-Ann	Adshade	Open	Female	42
88	01:11:41	639	Natalie	Buley	Open	Female	41
89	01:11:42	789	Marthie-Mari	Mocke	Open	Female	40
90	01:12:08	629	Hellen	Boshoff	Open	Female	42
91	01:12:09	884	Cornelia	Van der Merwe	Open	Female	26
92	01:12:32	620	Maryna	Beukes	Open	Female	38
93	01:13:13	716	Catherine	Harris	Open	Female	42
94	01:13:35	866	Hettie	Sutherland	Open	Female	43
95	01:13:55	756	Anchen	Lombard	Open	Female	41
96	01:14:15	653	Vanessa	Clark	Open	Female	38
97	01:14:18	889	Carol	Van heerden	Open	Female	51
98	01:14:19	710	Helena	Griessel	Open	Female	33
99	01:14:32	986	Lucille	Lochner	Open	Female	41
100	01:14:33	727	Claire	Horn	Open	Female	45
101	01:14:50	687	Suret	Engelbrecht	Open	Female	24
102	01:14:52	712	Danielle	Grobbelaar	Open	Female	23
103	01:15:21	683	Cecile	Eaglestone	Open	Female	35
104	01:15:25	896	Hanel	Van Reenen	Open	Female	36
105	01:15:27	931	Charlotte	Young	Open	Female	36
106	01:15:30	785	Dianie	Lamprecht	Open	Female	38
107	01:15:49	797	Elsabe	Nel	Open	Female	52
108	01:15:53	659	Helene	Conradie	Open	Female	48
109	01:16:45	834	Sabine	Roberts	Open	Female	28
110	01:17:14	838	Derine	Sandenbergh	Open	Female	30
111	01:17:21	725	Leida	Heymann	Open	Female	30

112	01:17:35	609	Kate	Atkinson	Open	Female	30
113	01:17:42	643	Elsje	Cardoso	Open	Female	24
114	01:18:21	717	Lee-ann	Harris	Open	Female	46
115	01:18:29	669	Karlien	De Goede	Open	Female	37
116	01:18:55	649	Adriana	Chandler	Open	Female	38
117	01:19:07	777	Megan	McCurrach	Open	Female	40
118	01:19:17	814	Taaliah	Pereira	Open	Female	37
119	01:19:54	758	Bianca	Loreggian	Open	Female	24
120	01:20:40	867	Helene	Swanepoel	Open	Female	33
121	01:20:50	619	Carron	Finnan	Open	Female	40
122	01:21:48	877	Maryke	Ungerer	Open	Female	39
123	01:22:05	698	Donna	Fitzsimmons	Open	Female	35
124	01:22:07	762	Jeanne	Louw	Open	Female	27
125	01:22:11	807	Adien	Oosthuyzen	Open	Female	52
126	01:22:27	855	Emma	Stanvliet	Open	Female	20
127	01:22:30	857	Ruida	Stanvliet	Open	Female	52
128	01:23:09	908	Maria	Von Backstrom	Open	Female	36
129	01:24:03	650	Dianne	Gilchrist	Open	Female	41
130	01:24:06	930	Caroline	Young	Open	Female	42
131	01:24:08	608	Nicolene	Ash	Open	Female	45
132	01:25:57	933	Monita	Zeterberg	Open	Female	38
133	01:26:18	645	Nina	Carr	Open	Female	39
134	01:26:21	776	Katherine	McCarter	Open	Female	29
135	01:26:22	825	Sigi	Prinsloo	Open	Female	32
136	01:26:29	800	Marianne	Nelson	Open	Female	69
137	01:26:51	703	Karin	Gerber	Open	Female	27
138	01:27:47	746	Nadia	Le Roux	Open	Female	43
139	01:28:32	632	Elize	Botha	Open	Female	41
140	01:32:17	769	Liezel	Marais	Open	Female	41
141	01:32:23	748	Tracey	Le Roux	Open	Female	43
142	01:32:25	821	Lucia	Poultier	Open	Female	40
143	01:33:55	636	Samantha	Brink	Open	Female	34
144	01:34:26	775	Leigh	Mather	Open	Female	29
145	01:34:30	924	Lorraine	Williams	Open	Female	33
146	01:34:43	742	Celeste	Larson	Open	Female	31
147	01:35:48	923	Heidi	Wilder	Open	Female	41

#### Junior Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:52:27	864	Jan	Steytler	Junior	Male	17
2	00:53:54	623	Warren	Black	Junior	Male	16

#### Junior Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:46:33	723	Kristen	Heath	Junior	Female	15
2	00:53:44	869	Caitlin	Leslie	Junior	Female	17
3	00:53:45	870	Mia	Uys	Junior	Female	17
4	00:55:43	893	Riki	Van niekerk	Junior	Female	17
5	00:56:24	865	Mia	Steytler	Junior	Female	16