



# 55KM ULTRA RESULTS

Position	Race #	Name	Surname	Category	Gender	Age	Leg 1 Split		Leg 2 Split		Leg 3 Split		Finish
							Split Time	Position	Split Time	Position	Split Time	Position	
1	40	Bernard	Rukadza	Open	Male	37	02:59:21	2	01:59:03	1	02:07:16	2	07:05:41
1	54	AJ	Calitz	Open	Male	33	02:59:19	1	01:59:08	2	02:07:13	1	07:05:41
3	28	Edson	Kumwamba	Open	Male	26	03:03:22	3	02:17:36	4	02:25:54	6	07:46:52
4	1	Lucas	Adams	Open	Male	27	03:12:50	4	02:08:18	3	02:30:45	9	07:51:53
5	52	Mark	Winter	Open	Male	27	03:21:13	6	02:17:38	5	02:25:26	5	08:04:17
6	39	Darryn	Patterson	Open	Male	30	03:17:44	5	02:31:48	8	02:16:29	3	08:06:01
7	48	Andre-Hugo	van Zyl	Open	Male	29	03:24:23	7	02:27:58	6	02:27:37	7	08:19:58
8	9	Abrie	Delport	Open	Male	26	03:53:20	10	02:37:52	9	02:28:24	8	08:59:36
9	19	Kevin	Harris	Open	Male	38	03:53:40	11	02:31:36	7	02:39:59	10	09:05:16
10	29	David	Leith	Open	Male	24	03:48:12	9	02:40:44	10	02:49:51	15	09:18:47
11	38	Jonathan	Niemann	Open	Male	32	04:15:48	21	02:46:23	13	02:21:11	4	09:23:22
12	46	Quintin	van Heerden	Open	Male	26	03:37:25	8	02:46:53	14	03:02:29	22	09:26:47
13	57	Dirk	Immelman	Open	Male	24	03:58:45	13	02:53:50	15	02:49:40	13	09:42:15
14	43	Shaun	Starck	Open	Male	30	04:18:49	26	02:43:24	11	02:40:48	11	09:43:01
15	31	FS	Marincowitz	Open	Male	23	04:18:07	25	02:44:23	12	02:46:53	12	09:49:22
16	56	Willem	Moolman	Open	Male	24	04:02:12	15	02:57:29	18	02:49:44	14	09:49:25
17	23	Jenny	Jan	Veteran	Female	40	04:16:08	23	02:56:36	16	02:53:17	17	10:06:01
18	32	Mark	Middleton	Veteran	Male	46	04:15:44	20	02:57:06	17	02:53:13	16	10:06:03
19	16	Andrew	Hagen	Open	Male	32	04:00:27	14	03:02:50	22	03:04:47	26	10:08:04
20	53	Shaun	Gregory	Veteran	Male	45	03:57:24	12	03:06:08	25	03:04:34	25	10:08:06
21	47	Henri	van Schaik	Veteran	Male	42	04:09:34	18	03:05:28	24	02:59:11	20	10:14:13
22	37	Eduan	Naudé	Veteran	Male	43	04:21:17	27	02:58:32	19	02:57:36	19	10:17:25
23	7	Derick	Coetzee	Open	Male	34	04:08:57	17	03:02:06	20	03:08:59	27	10:20:02
24	27	Sabrina	Kondelis	Open	Female	35	04:22:55	28	03:02:21	21	03:01:08	21	10:26:24
25	34	Keith	Moodie	Master	Male	58	04:02:40	16	03:03:19	23	03:38:38	39	10:44:37
26	55	Linda	Doke	Veteran	Female	47	04:15:55	22	03:09:45	27	03:21:29	34	10:47:09
27	6	Ryan	Cloete	Open	Male	25	04:17:38	24	03:09:21	26	03:20:12	32	10:47:11
28	21	Irénié	Heyns	Open	Male	39	04:13:42	19	03:18:53	31	03:15:00	30	10:47:34
29	14	Anton	Franchi	Open	Male	38	04:32:55	31	03:20:01	32	02:55:43	18	10:48:39
30	58	Hans	Woermann	Master	Male	57	04:26:07	29	03:22:19	34	03:02:46	23	10:51:12
31	30	Jontelle	Linnegar	Open	Female	36	04:34:55	32	03:11:13	28	03:14:31	29	11:00:40
32	33	Iee	moftat	Veteran	Male	43	04:26:13	30	03:18:19	30	03:16:09	31	11:00:41
33	11	Yan-Eric	Douvier	Open	Male	36	04:38:03	34	03:14:42	29	03:25:55	37	11:18:40
34	42	Craig	Sherman	Open	Male	37	04:40:50	36	03:25:40	36	03:20:41	33	11:27:11
35	17	Danielle	Harcourt	Open	Female	31	04:47:30	37	03:23:31	35	03:21:46	35	11:32:46
36	41	Mubeen	September	Open	Male	38	04:50:06	38	03:20:29	33	03:27:51	38	11:38:27
37	12	Alberto	Fasana	Master	Male	50	04:37:01	33	03:37:46	38	03:24:21	36	11:39:07
38	49	Willemien	van Zyl	Open	Female	28	05:20:12	39	03:25:47	37	03:03:30	24	11:49:29
39	15	Hugh	Hacking	Master	Male	51	04:40:40	35	03:55:00	39	03:13:54	28	11:49:34
5	Grobler	Basson	Open	Male	29	03:46:01		DNF		DNF			# DNF
8	Wynand	de Swardt	Open	Male	28	05:18:08		DNF		DNF			# DNF
13	Andre	Filander	Master	Male	52	05:32:46		04:00:16		DNF			# DNF
3	Cecile	Balkema	Veteran	Female	40	04:50:39		03:35:13		DNF			# DNF
50	Folkers	Williams	Open	Male	25	05:18:06		03:52:41		DNF			# DNF
22	Nezaam	Isaacs	Veteran	Male	45	06:08:14		03:36:44		DNF			# DNF
20	Shelley	Heunes	Open	Female	34	05:19:42		03:37:44		DNF			# DNF

Category Positions

Open Male

Position	Race #	Name	Surname	Category	Gender	Age	Leg 1 Split		Leg 2 Split		Leg 3 Split		Finish
							Split Time	Position	Split Time	Position	Split Time	Position	
1	40	Bernard	Rukadza	Open	Male	37	02:59:21	2	01:59:03	1	02:07:16	2	07:05:41
1	54	AJ	Calitz	Open	Male	33	02:59:19	1	01:59:08	2	02:07:13	1	07:05:41
3	28	Edson	Kumwamba	Open	Male	26	03:03:22	3	02:17:36	4	02:25:54	6	07:46:52
4	1	Lucas	Adams	Open	Male	27	03:12:50	4	02:08:18	3	02:30:45	9	07:51:53
5	52	Mark	Winter	Open	Male	27	03:21:13	6	02:17:38	5	02:25:26	5	08:04:17
6	39	Darryn	Patterson	Open	Male	30	03:17:44	5	02:31:48	8	02:16:29	3	08:06:01
7	48	Andre-Hugo	van Zyl	Open	Male	29	03:24:23	7	02:27:58	6	02:27:37	7	08:19:58
8	9	Abrie	Delpont	Open	Male	26	03:53:20	11	02:37:52	9	02:28:24	8	08:59:36
9	19	Kevin	Harris	Open	Male	38	03:53:40	12	02:31:36	7	02:39:59	10	09:05:16
10	29	David	Leith	Open	Male	24	03:48:12	10	02:40:44	10	02:49:51	15	09:18:47
11	38	Jonathan	Niemann	Open	Male	32	04:15:48	18	02:46:23	13	02:21:11	4	09:23:22
12	46	Quintin	van Heerden	Open	Male	26	03:37:25	8	02:46:53	14	03:02:29	17	09:26:47
13	57	Dirk	Immelman	Open	Male	24	03:58:45	13	02:53:50	15	02:49:40	13	09:42:15
14	43	Shaun	Starck	Open	Male	30	04:18:49	21	02:43:24	11	02:40:48	11	09:43:01
15	31	FS	Marincowitz	Open	Male	23	04:18:07	20	02:44:23	12	02:46:53	12	09:49:22
16	56	Willem	Moolman	Open	Male	24	04:02:12	15	02:57:29	16	02:49:44	14	09:49:25
17	16	Andrew	Hagen	Open	Male	32	04:00:27	14	03:02:50	18	03:04:47	18	10:08:04
18	7	Derick	Coetzee	Open	Male	34	04:08:57	16	03:02:06	17	03:08:59	19	10:20:02
19	6	Ryan	Cloete	Open	Male	25	04:17:38	19	03:09:21	19	03:20:12	21	10:47:11
20	21	Irénee	Heyns	Open	Male	39	04:13:42	17	03:18:53	21	03:15:00	20	10:47:34
21	14	Anton	Franchi	Open	Male	38	04:32:55	22	03:20:01	22	02:55:43	16	10:48:39
22	11	Yan-Eric	Douvier	Open	Male	36	04:38:03	23	03:14:42	20	03:25:55	23	11:18:40
23	42	Craig	Sherman	Open	Male	37	04:40:50	24	03:25:40	24	03:20:41	22	11:27:11
24	41	Mubeen	September	Open	Male	38	04:50:06	25	03:20:29	23	03:27:51	24	11:38:27
25	5	Grobler	Basson	Open	Male	29	03:46:01	9	DNF	25	DNF	25	# DNF
26	8	Wynand	de Swardt	Open	Male	28	05:18:08	26	DNF	26	DNF	26	# DNF

Open Ladies

Position	Race #	Name	Surname	Category	Gender	Age	Leg 1 Split		Leg 2 Split		Leg 3 Split		Finish
							Split Time	Position	Split Time	Position	Split Time	Position	
1	27	Sabrina	Kondells	Open	Female	35	04:22:55	1	03:02:21	1	03:01:08	1	10:26:24
2	30	Jontelle	Linnegar	Open	Female	36	04:34:55	2	03:11:13	2	03:14:31	3	11:00:40
3	17	Danielle	Harcourt	Open	Female	31	04:47:30	3	03:23:31	3	03:21:46	4	11:32:46
4	49	Willemien	Van Zyl	Open	Female	28	05:20:12	5	03:25:47	4	03:03:30	2	11:49:29
	20	Shelley	Heunes	Open	Female	34	05:19:42	4	03:37:44	5	DNF		# DNF

Veteran Men

Position	Race #	Name	Surname	Category	Gender	Age	Leg 1 Split		Leg 2 Split		Leg 3 Split		Finish
							Split Time	Position	Split Time	Position	Split Time	Position	
1	32	Mark	Middleton	Veteran	Male	46	04:15:44	3	02:57:06	1	02:53:13	1	10:06:03
2	53	Shaun	Gregory	Veteran	Male	45	03:57:24	1	03:06:08	4	03:04:34	4	10:08:06
3	47	Henri	van Schaik	Veteran	Male	42	04:09:34	2	03:05:28	3	02:59:11	3	10:14:13
4	37	Eduan	Naudé	Veteran	Male	43	04:21:17	4	02:58:32	2	02:57:36	2	10:17:25
5	33	lee	moffat	Veteran	Male	43	04:26:13	5	03:18:19	5	03:16:09	5	11:00:41

Veteran Ladies

Position	Race #	Name	Surname	Category	Gender	Age	Leg 1 Split		Leg 2 Split		Leg 3 Split		Finish
							Split Time	Position	Split Time	Position	Split Time	Position	
1	23	Jenny	Jan	Veteran	Female	40	04:16:08	1	02:56:36	1	02:53:17	1	10:06:01
2	55	Linda	Doke	Veteran	Female	47	04:15:55	2	03:09:45	2	03:21:29	2	10:47:09
	3	Cecile	Balkema	Veteran	Female	40	04:50:39	3	03:35:13	3	DNF		# DNF

Master Men

Position	Race #	Name	Surname	Category	Gender	Age	Leg 1 Split		Leg 2 Split		Leg 3 Split		Finish
							Split Time	Position	Split Time	Position	Split Time	Position	
1	34	Keith	Moodie	Master	Male	58	04:02:40	1	03:03:19	1	03:38:38	4	10:44:37
2	58	Hans	Woermann	Master	Male	57	04:26:07	2	03:22:19	2	03:02:46	1	10:51:12
3	12	Alberto	Fasana	Master	Male	50	04:37:01	3	03:37:46	3	03:24:21	3	11:39:07
4	15	Hugh	Hacking	Master	Male	51	04:40:40	4	03:55:00	4	03:13:54	2	11:49:34
	13	Andre	Filander	Master	Male	52	05:32:46	5	04:00:16	5	DNF		# DNF



## 35KM EXTREME RESULTS

Position	Race #	Name	Surname	Category	Gender	Age	Leg 1 Split		Leg 2 Split		Finish
							Split Time	Position	Split Time	Position	
1	105	Andrea	Biffi	Open	Male	22	02:01:15	2	02:10:08	2	04:11:23
2	130	Katya	Soggot	Veteran	Female	41	02:17:15	5	02:00:25	1	04:17:40
3	134	Wesley	Sweetnam	Open	Male	27	01:57:15	1	02:28:23	3	04:25:38
4	102	William	Battersby	Open	Male	38	02:15:15	4	02:38:06	6	04:53:21
5	101	Ryno	Bakkes	Open	Male	30	02:17:15	6	02:36:56	5	04:54:11
6	145	Alistair	Dreamwilder	Veteran	Male	43	02:11:15	3	03:12:52	14	05:24:07
7	114	Zaheer	Hoosain	Open	Male	31	02:50:26	8	02:35:37	4	05:26:03
8	146	Neil	Herrmann	Master	Male	58	02:30:15	7	03:09:23	13	05:39:38
9	124	Charles	Pettit	Open	Male	35	02:57:55	9	03:00:54	7	05:58:49
10	144	Philip	van Niekerk	Open	Male	22	03:15:03	14	03:01:21	8	06:16:25
11	147	Josh	Dippenaar	Open	Male	23	03:14:56	13	03:01:30	9	06:16:25
12	138	JW	Van Huyssteen	Open	Male	37	02:59:47	10	03:19:18	16	06:19:05
13	137	Rina	van der Merwe	Veteran	Female	44	03:20:33	15	03:03:04	10	06:23:37
14	107	Anneke	du Plessis	Open	Female	34	03:21:57	16	03:04:18	11	06:26:15
15	139	Chris	Visser	Open	Male	33	03:08:47	12	03:20:29	17	06:29:16
16	135	Alan	Swift	Master	Male	50	03:05:45	11	03:23:32	18	06:29:17
17	149	Tammy	Simon	Open	Female	32	03:22:42	23	03:08:27	12	06:31:09
18	118	Kylie	Janse van Vuuren	Open	Female	24	03:22:37	22	03:16:41	15	06:39:18
19	141	Frances	Whitehead	Master	Female	62	03:29:16	25	03:29:55	20	06:59:11
20	117	JACO	Janse VAN RENSBURG	Open	Male	34	03:22:32	21	03:39:31	23	07:02:03
21	106	Jacobus	Breytenbach	Open	Male	34	03:22:29	20	03:39:34	24	07:02:03
22	136	PJ	Vadas	Open	Male	35	03:31:08	27	03:33:30	22	07:04:38
23	140	Steve	Vromans	Veteran	Male	46	03:31:18	28	03:33:22	21	07:04:40
24	133	Guy	Theunissen	Open	Male	30	03:22:08	18	03:44:04	25	07:06:12
25	100	Tony	Abrahamson	Master	Male	66	03:43:58	30	03:25:59	19	07:09:57
26	119	Rob	McDonald	Master	Male	62	03:30:42	26	03:46:17	27	07:16:59
27	126	Evan	Ridge	Veteran	Male	46	03:22:25	19	04:02:06	28	07:24:30
28	127	Jacotien	Rouillard	Veteran	Female	43	03:46:44	31	03:44:25	26	07:31:09
29	108	Christof	du Plessis	Open	Male	36	03:22:04	17	04:11:50	30	07:33:53
30	120	Michele	Moodie	Master	Female	57	03:34:35	29	04:02:06	29	07:36:41
31	115	Eleanor	Hutchings	Open	Female	35	04:01:05	33	04:22:54	31	08:23:59
32	143	John	Yeld	Master	Male	66	03:59:56	32	04:24:06	32	08:24:02
33	122	Susan	Parker-Smith	Master	Female	51	04:45:10	34	04:39:25	33	09:24:35
34	104	Johan	Bekker	Veteran	Male	41	03:23:17	24		24	

### Category Positions

#### Senior Male

Position	Race #	Name	Surname	Category	Gender	Age	Leg 1 Split		Leg 2 Split		Finish
							Split Time	Position	Split Time	Position	
1	105	Andrea	Biffi	Open	Male	22	02:01:15	2	02:10:08	1	04:11:23
2	134	Wesley	Sweetnam	Open	Male	27	01:57:15	1	02:28:23	2	04:25:38
3	102	William	Battersby	Open	Male	38	02:15:15	3	02:38:06	5	04:53:21
4	101	Ryno	Bakkes	Open	Male	30	02:17:15	4	02:36:56	4	04:54:11
5	114	Zaheer	Hoosain	Open	Male	31	02:50:26	5	02:35:37	3	05:26:03
6	124	Charles	Pettit	Open	Male	35	02:57:55	6	03:00:54	6	05:58:49
7	144	Philip	van Niekerk	Open	Male	22	03:15:03	10	03:01:21	7	06:16:25
8	147	Josh	Dippenaar	Open	Male	23	03:14:56	9	03:01:30	8	06:16:25
9	138	JW	Van Huyssteen	Open	Male	37	02:59:47	7	03:19:18	9	06:19:05
10	139	Chris	Visser	Open	Male	33	03:08:47	8	03:20:29	10	06:29:16
11	117	JACO	Janse VAN RENSBURG	Open	Male	34	03:22:32	14	03:39:31	12	07:02:03
12	106	Jacobus	Breytenbach	Open	Male	34	03:22:29	13	03:39:34	13	07:02:03
13	136	PJ	Vadas	Open	Male	35	03:31:08	15	03:33:30	11	07:04:38
14	133	Guy	Theunissen	Open	Male	30	03:22:08	12	03:44:04	14	07:06:12
15	108	Christof	du Plessis	Open	Male	36	03:22:04	11	04:11:50	15	07:33:53

#### Open Ladies

Position	Race #	Name	Surname	Category	Gender	Age	Leg 1 Split		Leg 2 Split		Finish
							Split Time	Position	Split Time	Position	
1	107	Anneke	du Plessis	Open	Female	34	03:21:57	1	03:04:18	1	06:26:15
2	149	Tammy	Simon	Open	Female	32	03:22:42	3	03:08:27	2	06:31:09
3	118	Kylie	Janse van Vuuren	Open	Female	24	03:22:37	2	03:16:41	3	06:39:18
4	115	Eleanor	Hutchings	Open	Female	35	04:01:05	4	04:22:54	4	08:23:59

#### Veteran Men

Position	Race #	Name	Surname	Category	Gender	Age	Leg 1 Split		Leg 2 Split		Finish
							Split Time	Position	Split Time	Position	
1	145	Alistair	Dreamwilder	Veteran	Male	43	02:11:15	1	03:12:52	1	05:24:07
2	140	Steve	Vromans	Veteran	Male	46	03:31:18	4	03:33:22	2	07:04:40
3	126	Evan	Ridge	Veteran	Male	46	03:22:25	2	04:02:06	3	07:24:30
4	104	Johan	Bekker	Veteran	Male	41	03:23:17	3		4	#DNF

#### Veteran Ladies

Position	Race #	Name	Surname	Category	Gender	Age	Leg 1 Split		Leg 2 Split		Finish
							Split Time	Position	Split Time	Position	
1	130	Katya	Soggot	Veteran	Female	41	02:17:15	1	02:00:25	1	04:17:40
2	137	Rina	van der Merwe	Veteran	Female	44	03:20:33	2	03:03:04	2	06:23:37
3	127	Jacotien	Rouillard	Veteran	Female	43	03:46:44	3	03:44:25	3	07:31:09

#### Master Men

Position	Race #	Name	Surname	Category	Gender	Age	Leg 1 Split		Leg 2 Split		Finish
							Split Time	Position	Split Time	Position	
1	146	Neil	Herrmann	Master	Male	58	02:30:15	1	03:09:23	1	05:39:38
2	135	Alan	Swift	Master	Male	50	03:05:45	2	03:23:32	2	06:29:17
3	100	Tony	Abrahamson	Master	Male	66	03:43:58	4	03:25:59	3	07:09:57
4	119	Rob	McDonald	Master	Male	62	03:30:42	3	03:46:17	4	07:16:59
5	143	John	Yeld	Master	Male	66	03:59:56	5	04:24:06	5	08:24:02



## 24,5km EXTREME Marloth Mountain Challenge 2016



### Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:48:47	211	Timothy	Chambers	Senior	Male	19
2	03:05:07	238	Annamart	Laubscher	Senior	Female	22
3	03:15:34	243	Daniel	Mannweiler	Senior	Male	37
4	03:27:06	262	George	van der Schyff	Senior	Male	33
5	03:55:13	255	Johannes	Scribante	Senior	Male	23
6	04:11:03	248	Elroy	Pace	Veteran	Male	41
7	04:18:02	222	Michal	George	Veteran	Male	45
8	04:19:53	231	Karen	Jennings	Master	Female	51
9	04:23:00	239	Klaus	Lombardozzi	Veteran	Male	48
10	04:27:02	208	Ruan	Botha	Senior	Male	24
11	04:36:52	235	Jeremy	Kropman	Master	Male	59
12	04:41:38	234	Joubin	Khan	Senior	Male	36
13	04:56:50	260	Clare	Travis	Senior	Female	34
14	05:00:06	202	Graham	Alessandri	Master	Male	56
15	05:04:10	259	Andrew	Travis	Senior	Male	35
16	05:07:46	275	Malou	Born	Senior	Female	34
17	05:08:02	201	Wilmi	Agenbag	Senior	Female	19
18	05:19:36	274	Hanele	Tulkki	Senior	Female	25
19	05:21:15	204	Guy	Balme	Senior	Male	37
20	05:21:20	205	Kate	Balme	Senior	Female	36
21	05:23:07	251	Malcolm	Royston	Veteran	Male	40
22	05:24:36	247	Jessica	Opie	Veteran	Female	46
23	05:25:24	215	Chris	de Bruyn	Senior	Male	27
24	05:28:47	228	Tim	Hadingham	Veteran	Male	44
25	05:30:43	250	Leon	Reeding	Veteran	Male	48
26	05:34:12	246	Ramon	Odendal	Senior	Male	27
27	05:39:37	224	Gary	Godfrey	Master	Male	50
28	05:41:24	203	Anne	Alessandri	Veteran	Female	41
29	05:43:16	263	Annemarie	Van Huyssteen	Veteran	Female	49
30	05:43:18	265	Annemi	Van Zyl	Veteran	Female	42
31	05:46:05	212	Geoffrey	Chisnall	Senior	Male	34
32	05:47:25	272	Waren	Pollard	Senior	Male	35
33	05:57:34	268	Abrie	Wessels	Master	Male	50
34	06:00:10	214	David	Conradie	Master	Male	63
35	06:04:01	220	Karin	Engelbrecht	Veteran	Female	42
36	06:04:03	256	Zelda	Steenkamp	Veteran	Male	42
37	06:04:40	216	Zelda	De Paiva	Veteran	Female	44
38	06:04:44	254	Monique	Schutte	Senior	Female	28
39	06:08:30	229	Patricia	Hagen	Master	Female	66
40	06:08:41	206	Erika	Basson	Senior	Female	27
41	06:08:58	210	Deborah	Buckley	Master	Female	50
42	06:21:56	245	Laurie	Nathan	Master	Male	56
43	06:25:43	209	John	Brimble	Master	Male	69
44	06:27:02	233	Mohamed	Khalpe	Senior	Male	30
45	06:31:09	266	Rudolph	Visser	Senior	Male	39
46	06:31:15	264	Johannes	Van Eck	Veteran	Male	42

**Senior Male**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:48:47	211	Timothy	Chambers	Senior	Male	19
2	03:15:34	243	Daniel	Mannweiler	Senior	Male	37
3	03:27:06	262	George	van der Schyff	Senior	Male	33
4	03:55:13	255	Johannes	Scribante	Senior	Male	23
5	04:27:02	208	Ruan	Botha	Senior	Male	24
6	04:41:38	234	Joubin	Khan	Senior	Male	36
7	05:04:10	259	Andrew	Travis	Senior	Male	35
8	05:21:15	204	Guy	Balme	Senior	Male	37
9	05:25:24	215	Chris	de Bruyn	Senior	Male	27
10	05:34:12	246	Ramon	Odendal	Senior	Male	27
11	05:46:05	212	Geoffrey	Chisnall	Senior	Male	34
12	05:47:25	272	Waren	Pollard	Senior	Male	35
13	06:27:02	233	Mohamed	Khalpe	Senior	Male	30
14	06:31:09	266	Rudolph	Visser	Senior	Male	39

**Senior Female**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:05:07	238	Annamart	Laubscher	Senior	Female	22
2	04:56:50	260	Clare	Travis	Senior	Female	34
3	05:07:46	275	Malou	Born	Senior	Female	34
4	05:08:02	201	Wilmi	Agenbag	Senior	Female	19
5	05:19:36	274	Hanele	Tulkki	Senior	Female	25
6	05:21:20	205	Kate	Balme	Senior	Female	36
7	06:04:44	254	Monique	Schutte	Senior	Female	28
8	06:08:41	206	Erika	Basson	Senior	Female	27

**Veteran Male**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:11:03	248	Elroy	Pace	Veteran	Male	41
2	04:18:02	222	Michal	George	Veteran	Male	45
3	04:23:00	239	Klaus	Lombardozi	Veteran	Male	48
4	05:23:07	251	Malcolm	Royston	Veteran	Male	40
5	05:28:47	228	Tim	Hadingham	Veteran	Male	44
6	05:30:43	250	Leon	Reeding	Veteran	Male	48
7	06:04:03	256	Zelda	Steenkamp	Veteran	Male	42
8	06:31:15	264	Johannes	Van Eck	Veteran	Male	42

**Veteran Female**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	05:24:36	247	Jessica	Opie	Veteran	Female	46
2	05:41:24	203	Anne	Alessandri	Veteran	Female	41
3	05:43:16	263	Annemarie	Van Huyssteen	Veteran	Female	49
4	05:43:18	265	Annemi	Van Zyl	Veteran	Female	42
5	06:04:01	220	Karin	Engelbrecht	Veteran	Female	42
6	06:04:40	216	Zelda	De Paiva	Veteran	Female	44

**Master Male**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:36:52	235	Jeremy	Kropman	Master	Male	59
2	05:00:06	202	Graham	Alessandri	Master	Male	56
3	05:39:37	224	Gary	Godfrey	Master	Male	50
4	05:57:34	268	Abrie	Wessels	Master	Male	50
5	06:00:10	214	David	Conradie	Master	Male	63
6	06:21:56	245	Laurie	Nathan	Master	Male	56
7	06:25:43	209	John	Brimble	Master	Male	69

**Master Female**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:19:53	231	Karen	Jennings	Master	Female	51
2	06:08:30	229	Patricia	Hagen	Master	Female	66
3	06:08:58	210	Deborah	Buckley	Master	Female	50