



## Helderberg Mountain Challenge EXTREME 2012 24km

### Overall

| Position | Time     | Race # | Name       | Surname              | Category | Sex    | Age |
|----------|----------|--------|------------|----------------------|----------|--------|-----|
| 1        | 03:06:31 | 18     | AJ         | Calitz               | Open     | Male   | 28  |
| 2        | 03:11:17 | 47     | Teodor     | Iliev                | Open     | Male   | 18  |
| 3        | 03:16:04 | 38     | Andrew     | Hagen                | Open     | Male   | 28  |
| 4        | 03:24:58 | 128    | Dominic    | Wills                | Open     | Male   | 30  |
| 5        | 03:26:24 | 53     | Martin     | Kleynhans            | Open     | Male   | 34  |
| 6        | 03:27:48 | 30     | Ake        | Fagereng             | Open     | Male   | 29  |
| 7        | 03:29:08 | 37     | Derrick    | Baard                | Veteran  | Male   | 41  |
| 8        | 03:34:42 | 36     | Greg       | Goodall              | Open     | Male   | 31  |
| 9        | 03:44:38 | 29     | Tim        | Ellerbeck            | Open     | Male   | 34  |
| 10       | 03:45:49 | 1      | Rupert     | Becker               | Open     | Male   | 38  |
| 11       | 03:49:17 | 125    | Brenton    | Ashby                | Veteran  | Male   | 42  |
| 12       | 03:58:14 | 116    | Marius     | Van Zyl              | Open     | Male   | 36  |
| 13       | 04:05:55 | 44     | Samuel     | Holtzkampf           | Open     | Male   | 34  |
| 14       | 04:07:29 | 79     | Justin     | Paterson             | Open     | Male   | 37  |
| 15       | 04:11:18 | 130    | Ryan       | Winter               | Open     | Male   | 34  |
| 16       | 04:12:50 | 24     | Chris      | De Villiers          | Veteran  | Male   | 41  |
| 17       | 04:13:33 | 92     | William    | Ruijsch van Dugteren | Open     | Male   | 39  |
| 18       | 04:13:39 | 14     | Benjamin   | Bungartz             | Open     | Male   | 31  |
| 19       | 04:25:00 | 85     | Melany     | Porter               | Open     | Female | 36  |
| 20       | 04:27:15 | 72     | Eduan      | Naudé                | Open     | Male   | 39  |
| 21       | 04:28:04 | 97     | Eckhard    | Scholtz              | Veteran  | Male   | 43  |
| 22       | 04:29:45 | 10     | Theunis    | Botha                | Open     | Male   | 24  |
| 23       | 04:31:03 | 77     | Ryan       | Otto                 | Open     | Male   | 31  |
| 24       | 04:35:03 | 74     | Ghaleed    | Nortje               | Open     | Male   | 38  |
| 25       | 04:35:06 | 16     | Rob        | Burgoyne             | Open     | Male   | 29  |
| 26       | 04:37:13 | 126    | Dale       | Williams             | Veteran  | Male   | 44  |
| 27       | 04:43:26 | 49     | Trevor     | Jacobs               | Veteran  | Male   | 40  |
| 28       | 04:43:32 | 23     | Ellie      | Courts               | Veteran  | Female | 40  |
| 29       | 04:45:06 | 121    | Kriss      | West                 | Open     | Female | 35  |
| 30       | 04:46:51 | 22     | Bernard    | Coetzee              | Veteran  | Male   | 42  |
| 31       | 04:47:30 | 84     | Charl      | Pieterse             | Open     | Male   | 33  |
| 32       | 04:47:55 | 81     | Greg       | Perks                | Veteran  | Male   | 40  |
| 33       | 04:47:59 | 48     | Andrew     | Ing                  | Veteran  | Male   | 47  |
| 34       | 04:48:41 | 122    | Mark       | Whitehead            | Open     | Male   | 26  |
| 35       | 04:49:28 | 3      | Andrew     | Bird                 | Open     | Male   | 33  |
| 36       | 04:51:34 | 100    | Branden    | Scott-Hayward        | Open     | Male   | 39  |
| 37       | 04:52:29 | 32     | James      | Frazier              | Veteran  | Male   | 42  |
| 38       | 04:52:57 | 96     | Jorg       | Schmid               | Master   | Male   | 51  |
| 39       | 04:57:02 | 120    | Johan      | Volschenk            | Open     | Male   | 37  |
| 40       | 04:57:05 | 114    | Inus       | Van rooyen           | Open     | Male   | 37  |
| 41       | 05:01:08 | 55     | Justin     | Kruger (Wild Runner) | Veteran  | Male   | 40  |
| 42       | 05:07:23 | 67     | Nik        | Michalopoulos        | Open     | Male   | 38  |
| 43       | 05:09:42 | 68     | HP         | Muller               | Open     | Male   | 38  |
| 44       | 05:14:12 | 64     | Renier     | Markgraaff           | Open     | Male   | 30  |
| 45       | 05:15:02 | 13     | Justin     | Brett                | Open     | Male   | 34  |
| 46       | 05:18:31 | 56     | James      | Brown                | Open     | Male   | 19  |
| 47       | 05:20:27 | 9      | Cornel     | Botha                | Veteran  | Male   | 41  |
| 48       | 05:21:18 | 80     | Adam       | Penn-Nicholson       | Open     | Male   | 33  |
| 49       | 05:25:29 | 117    | Riaan      | van Zyl              | Open     | Male   | 38  |
| 50       | 05:26:55 | 11     | Christo    | Bothma               | Open     | Male   | 33  |
| 51       | 05:28:13 | 15     | Lindsey    | Bungartz             | Open     | Female | 32  |
| 52       | 05:30:42 | 93     | Anthony    | Rush                 | Open     | Male   | 37  |
| 53       | 05:34:55 | 118    | Jannie     | Venter               | Veteran  | Male   | 43  |
| 54       | 05:36:38 | 4      | Giovanni   | Bixa                 | Open     | Male   | 28  |
| 55       | 05:38:24 | 112    | Christelle | Van der merwe        | Open     | Female | 35  |
| 56       | 05:38:38 | 102    | Brett      | Simpson              | Open     | Male   | 36  |
| 57       | 05:42:40 | 108    | Alan       | Thomas               | Veteran  | Male   | 43  |
| 58       | 05:42:44 | 33     | Hannu      | Garny                | Open     | Male   | 38  |
| 59       | 05:43:04 | 110    | Sue        | Uillyett             | Veteran  | Female | 45  |
| 60       | 05:46:30 | 20     | Vincent    | Perry                | Veteran  | Male   | 46  |
| 61       | 05:49:02 | 115    | Hentie     | van Vuuren           | Open     | Male   | 29  |
| 62       | 05:49:05 | 76     | Nico       | Oosthuizen           | Veteran  | Male   | 42  |

|    |          |     |             |                     |              |        |    |
|----|----------|-----|-------------|---------------------|--------------|--------|----|
| 63 | 05:58:18 | 21  | Charl       | Colliers            | Open         | Male   | 36 |
| 64 | 05:58:20 | 57  | Matthew     | Kruger              | Open         | Male   | 35 |
| 65 | 06:02:22 | 119 | Elzaan      | Visser              | Veteran      | Female | 44 |
| 66 | 06:05:42 | 50  | Dylan       | Janos               | Open         | Male   | 24 |
| 67 | 06:05:46 | 51  | Johan       | Jansen van Rensburg | Veteran      | Male   | 41 |
| 68 | 06:10:25 | 87  | Stanley     | Reed                | Open         | Male   | 34 |
| 69 | 06:10:26 | 12  | Jacques     | Breitenbach         | Veteran      | Male   | 41 |
| 70 | 06:17:58 | 6   | Daniel      | Boshoff             | Open         | Male   | 29 |
| 71 | 06:19:20 | 42  | Jan Hendrik | Hofmeyr             | Open         | Male   | 30 |
| 72 | 06:31:49 | 89  | Cecil       | Reid                | Open         | Male   | 30 |
| 73 | 06:32:02 | 88  | Alriza      | Reid                | Open         | Female | 30 |
| 74 | 06:45:49 | 101 | Jeffrey     | Shapiro             | Open         | Male   | 34 |
| 75 | 06:48:21 | 66  | Andile      | Mgulwa              | Open         | Male   | 25 |
| 76 | 06:51:01 | 40  | Alan        | Hardaker            | Open         | Male   | 38 |
| 77 | 06:51:43 | 8   | Annerie     | Botha               | Open         | Female | 31 |
| 78 | 06:51:45 | 28  | Natasha     | Eksteen             | Open         | Female | 38 |
| 79 | 07:05:51 | 99  | Johan       | Schutte             | Grand Master | Male   | 64 |
| 80 | 07:10:33 | 113 | Rina        | van der Merwe       | Veteran      | Female | 40 |
| 81 | 07:23:28 | 17  | Eon         | Burnett             | Open         | Male   | 23 |
| 82 | 07:23:46 | 111 | Gideon      | Van der Kolf        | Open         | Male   | 23 |

### Open Male

| Position | Time     | Race # | Name     | Surname              | Category | Sex  | Age |
|----------|----------|--------|----------|----------------------|----------|------|-----|
| 1        | 03:06:31 | 18     | AJ       | Calitz               | Open     | Male | 28  |
| 2        | 03:11:17 | 47     | Teodor   | Iliev                | Open     | Male | 18  |
| 3        | 03:16:04 | 38     | Andrew   | Hagen                | Open     | Male | 28  |
| 4        | 03:24:58 | 128    | Dominic  | Wills                | Open     | Male | 30  |
| 5        | 03:26:24 | 53     | Martin   | Kleynhans            | Open     | Male | 34  |
| 6        | 03:27:48 | 30     | Ake      | Fagereng             | Open     | Male | 29  |
| 7        | 03:34:42 | 36     | Greg     | Goodall              | Open     | Male | 31  |
| 8        | 03:44:38 | 29     | Tim      | Ellerbeck            | Open     | Male | 34  |
| 9        | 03:45:49 | 1      | Rupert   | Becker               | Open     | Male | 38  |
| 10       | 03:58:14 | 116    | Marius   | Van Zyl              | Open     | Male | 36  |
| 11       | 04:05:55 | 44     | Samuel   | Holtzkampf           | Open     | Male | 34  |
| 12       | 04:07:29 | 79     | Justin   | Paterson             | Open     | Male | 37  |
| 13       | 04:11:18 | 130    | Ryan     | Winter               | Open     | Male | 34  |
| 14       | 04:13:33 | 92     | William  | Ruijsch van Dugteren | Open     | Male | 39  |
| 15       | 04:13:39 | 14     | Benjamin | Bungartz             | Open     | Male | 31  |
| 16       | 04:27:15 | 72     | Eduan    | Naudé                | Open     | Male | 39  |
| 17       | 04:29:45 | 10     | Theunis  | Botha                | Open     | Male | 24  |
| 18       | 04:31:03 | 77     | Ryan     | Otto                 | Open     | Male | 31  |
| 19       | 04:35:03 | 74     | Ghaleed  | Nortje               | Open     | Male | 38  |
| 20       | 04:35:06 | 16     | Rob      | Burgoyne             | Open     | Male | 29  |
| 21       | 04:47:30 | 84     | Charl    | Pieterse             | Open     | Male | 33  |
| 22       | 04:48:41 | 122    | Mark     | Whitehead            | Open     | Male | 26  |
| 23       | 04:49:28 | 3      | Andrew   | Bird                 | Open     | Male | 33  |
| 24       | 04:51:34 | 100    | Branden  | Scott-Hayward        | Open     | Male | 39  |
| 25       | 04:57:02 | 120    | Johan    | Volschenk            | Open     | Male | 37  |
| 26       | 04:57:05 | 114    | Inus     | Van rooyen           | Open     | Male | 37  |
| 27       | 05:07:23 | 67     | Nik      | Michalopoulos        | Open     | Male | 38  |
| 28       | 05:09:42 | 68     | HP       | Muller               | Open     | Male | 38  |
| 29       | 05:14:12 | 64     | Renier   | Markgraaff           | Open     | Male | 30  |
| 30       | 05:15:02 | 13     | Justin   | Brett                | Open     | Male | 34  |
| 31       | 05:18:31 | 56     | James    | Brown                | Open     | Male | 19  |
| 32       | 05:21:18 | 80     | Adam     | Penn-Nicholson       | Open     | Male | 33  |
| 33       | 05:25:29 | 117    | Riaan    | van Zyl              | Open     | Male | 38  |
| 34       | 05:26:55 | 11     | Christo  | Bothma               | Open     | Male | 33  |
| 35       | 05:30:42 | 93     | Anthony  | Rush                 | Open     | Male | 37  |
| 36       | 05:36:38 | 4      | Giovanni | Bixa                 | Open     | Male | 28  |

|    |          |     |             |              |      |      |    |
|----|----------|-----|-------------|--------------|------|------|----|
| 37 | 05:38:38 | 102 | Brett       | Simpson      | Open | Male | 36 |
| 38 | 05:42:44 | 33  | Hannu       | Garny        | Open | Male | 38 |
| 39 | 05:49:02 | 115 | Hentie      | van Vuuren   | Open | Male | 29 |
| 40 | 05:58:18 | 21  | Charl       | Cilliers     | Open | Male | 36 |
| 41 | 05:58:20 | 57  | Matthew     | Kruger       | Open | Male | 35 |
| 42 | 06:05:42 | 50  | Dylan       | Janos        | Open | Male | 24 |
| 43 | 06:10:25 | 87  | Stanley     | Reed         | Open | Male | 34 |
| 44 | 06:17:58 | 6   | Daniel      | Boshoff      | Open | Male | 29 |
| 45 | 06:19:20 | 42  | Jan Hendrik | Hofmeyr      | Open | Male | 30 |
| 46 | 06:31:49 | 89  | Cecil       | Reid         | Open | Male | 30 |
| 47 | 06:45:49 | 101 | Jeffrey     | Shapiro      | Open | Male | 34 |
| 48 | 06:48:21 | 66  | Andile      | Mgulwa       | Open | Male | 25 |
| 49 | 06:51:01 | 40  | Alan        | Hardaker     | Open | Male | 38 |
| 50 | 07:23:28 | 17  | Eon         | Burnett      | Open | Male | 23 |
| 51 | 07:23:46 | 111 | Gideon      | Van der Kolf | Open | Male | 23 |

#### Open Female

| Position | Time     | Race # | Name       | Surname       | Category | Sex    | Age |
|----------|----------|--------|------------|---------------|----------|--------|-----|
| 1        | 04:25:00 | 85     | Melany     | Porter        | Open     | Female | 36  |
| 2        | 04:45:06 | 121    | Kriss      | West          | Open     | Female | 35  |
| 3        | 05:28:13 | 15     | Lindsey    | Bungartz      | Open     | Female | 32  |
| 4        | 05:38:24 | 112    | Christelle | Van der merwe | Open     | Female | 35  |
| 5        | 06:32:02 | 88     | Alriza     | Reid          | Open     | Female | 30  |
| 6        | 06:51:43 | 8      | Annerie    | Botha         | Open     | Female | 31  |
| 7        | 06:51:45 | 28     | Natasha    | Eksteen       | Open     | Female | 38  |

#### Veteran Male

| Position | Time     | Race # | Name    | Surname              | Category | Sex  | Age |
|----------|----------|--------|---------|----------------------|----------|------|-----|
| 1        | 03:29:08 | 37     | Derrick | Baard                | Veteran  | Male | 41  |
| 2        | 03:49:17 | 125    | Brenton | Ashby                | Veteran  | Male | 42  |
| 3        | 04:12:50 | 24     | Chris   | De Villiers          | Veteran  | Male | 41  |
| 4        | 04:28:04 | 97     | Eckhard | Scholtz              | Veteran  | Male | 43  |
| 5        | 04:37:13 | 126    | Dale    | Williams             | Veteran  | Male | 44  |
| 6        | 04:43:26 | 49     | Trevor  | Jacobs               | Veteran  | Male | 40  |
| 7        | 04:46:51 | 22     | Bernard | Coetzee              | Veteran  | Male | 42  |
| 8        | 04:47:55 | 81     | Greg    | Perks                | Veteran  | Male | 40  |
| 9        | 04:47:59 | 48     | Andrew  | Ing                  | Veteran  | Male | 47  |
| 10       | 04:52:29 | 32     | James   | Frazer               | Veteran  | Male | 42  |
| 11       | 05:01:08 | 55     | Justin  | Kruger (Wild Runner) | Veteran  | Male | 40  |
| 12       | 05:20:27 | 9      | Cornel  | Botha                | Veteran  | Male | 41  |
| 13       | 05:34:55 | 118    | Jannie  | Venter               | Veteran  | Male | 43  |
| 14       | 05:42:40 | 108    | Alan    | Thomas               | Veteran  | Male | 43  |
| 15       | 05:46:30 | 20     | Vincent | Perry                | Veteran  | Male | 46  |
| 16       | 05:49:05 | 76     | Nico    | Oosthuizen           | Veteran  | Male | 42  |
| 17       | 06:05:46 | 51     | Johan   | Jansen van Rensburg  | Veteran  | Male | 41  |
| 18       | 06:10:26 | 12     | Jacques | Breitenbach          | Veteran  | Male | 41  |

#### Veteran Female

| Position | Time     | Race # | Name   | Surname       | Category | Sex    | Age |
|----------|----------|--------|--------|---------------|----------|--------|-----|
| 1        | 04:43:32 | 23     | Ellie  | Courts        | Veteran  | Female | 40  |
| 2        | 05:43:04 | 110    | Sue    | Ulyyett       | Veteran  | Female | 45  |
| 3        | 06:02:22 | 119    | Elzaan | Visser        | Veteran  | Female | 44  |
| 4        | 07:10:33 | 113    | Rina   | van der Merwe | Veteran  | Female | 40  |

#### Master Male

| Position | Time     | Race # | Name | Surname | Category | Sex  | Age |
|----------|----------|--------|------|---------|----------|------|-----|
| 1        | 04:52:57 | 96     | Jorg | Schmid  | Master   | Male | 51  |

#### Grand Master Male

| Position | Time     | Race # | Name  | Surname | Category     | Sex  | Age |
|----------|----------|--------|-------|---------|--------------|------|-----|
| 1        | 07:05:51 | 99     | Johan | Schutte | Grand Master | Male | 64  |



## Helderberg Mountain Challenge 2012

### 15km

#### Overall

| Position | Time     | Race # | Name         | Surname       | Category | Sex    | Age |
|----------|----------|--------|--------------|---------------|----------|--------|-----|
| 1        | Adjusted | 369    | Bernard      | Rakadza       | Open     | Male   | 31  |
| 2        | 01:25:55 | 383    | Kane         | Reilly        | Open     | Male   | 19  |
| 3        | 01:26:17 | 277    | Chad         | Gordon        | Veteran  | Male   | 42  |
| 4        | 01:27:07 | 211    | Michael      | Bailey        | Open     | Male   | 29  |
| 5        | 01:35:21 | 489    | Dawie        | Carstens      | Open     | Male   | 27  |
| 6        | 01:35:56 | 324    | Andrew       | Le Roux       | Open     | Male   | 27  |
| 7        | 01:37:53 | 347    | Dion         | Middelkoop    | Veteran  | Male   | 42  |
| 8        | 01:46:41 | 413    | Denzel       | Thys          | Open     | Male   | 31  |
| 9        | 01:47:11 | 429    | Antoine      | Van Heerden   | Open     | Male   | 20  |
| 10       | 01:47:52 | 256    | Dolph        | Du Plessis    | Open     | Male   | 32  |
| 11       | 01:49:07 | 485    | Pieter (Jnr) | Henning       | Open     | Male   | 29  |
| 12       | 01:49:24 | 239    | Darren       | Clarke        | Veteran  | Male   | 42  |
| 13       | 01:50:15 | 346    | Bruce        | Meier         | Master   | Male   | 51  |
| 14       | 01:50:47 | 447    | Alexandre    | Vouillot      | Veteran  | Male   | 40  |
| 15       | 01:51:50 | 206    | Bryan        | Allott        | Open     | Male   | 37  |
| 16       | 01:53:06 | 348    | Samuel       | Mohr          | Open     | Male   | 30  |
| 17       | 01:53:15 | 295    | Jennifer     | Hofmeyr       | Open     | Female | 27  |
| 18       | 01:54:16 | 315    | Brendan      | Keevey        | Open     | Male   | 27  |
| 19       | 01:55:37 | 249    | Lee-Ann      | Dawson        | Veteran  | Female | 41  |
| 20       | 01:55:50 | 217    | Herman       | Berry         | Open     | Male   | 25  |
| 21       | 01:57:40 | 289    | Andrew       | Hebbert       | Open     | Male   | 32  |
| 22       | 01:57:53 | 299    | Pieter       | Holtzhausen   | Veteran  | Male   | 30  |
| 23       | 01:59:36 | 262    | Blake        | Dyason        | Open     | Male   | 25  |
| 24       | 01:59:50 | 451    | Marié        | Wessels       | Open     | Female | 28  |
| 25       | 02:00:53 | 467    | Alex         | Zabbia        | Open     | Male   | 27  |
| 26       | 02:01:05 | 361    | Francois     | Palm          | Open     | Male   | 21  |
| 27       | 02:01:12 | 329    | Caitlin      | Lewis         | Veteran  | Female | 43  |
| 28       | 02:01:18 | 290    | Natia        | Heerden       | Open     | Female | 20  |
| 29       | 02:01:44 | 407    | Alex         | Delle Donne   | Open     | Male   | 22  |
| 30       | 02:02:44 | 210    | Leon         | Badenhorst    | Open     | Male   | 39  |
| 31       | 02:03:00 | 240    | Cobus        | Van den berg  | Veteran  | Male   | 44  |
| 32       | 02:03:13 | 480    | Ester        | Brink         | Veteran  | Female | 46  |
| 33       | 02:03:27 | 286    | Paul         | Harmer        | Veteran  | Male   | 41  |
| 34       | 02:04:22 | 268    | Marc         | Erasmus       | Open     | Male   | 34  |
| 35       | 02:04:28 | 432    | Estelle      | Van Schalkwyk | Veteran  | Female | 45  |
| 36       | 02:04:40 | 202    | Charles      | Abernethy     | Open     | Male   | 23  |
| 37       | 02:04:46 | 233    | Sergio       | Cardoso       | Open     | Male   | 28  |
| 38       | 02:05:54 | 320    | Jacobus      | Lacock        | Open     | Male   | 32  |
| 39       | 02:05:57 | 458    | James        | Winfield      | Veteran  | Male   | 38  |
| 40       | 02:06:01 | 323    | Alex         | le Roux       | Veteran  | Male   | 43  |
| 41       | 02:06:17 | 250    | Thys         | De Beer       | Open     | Male   | 24  |
| 42       | 02:06:19 | 231    | Cedric       | Campher       | Open     | Male   | 24  |
| 43       | 02:06:28 | 442    | Andrew       | Visagie       | Open     | Male   | 27  |
| 44       | 02:06:50 | 219    | Alan         | Bird          | Veteran  | Male   | 42  |
| 45       | 02:08:30 | 242    | Michael      | Comninos      | Open     | Male   | 36  |
| 46       | 02:08:39 | 363    | Jonathan     | Peter         | Open     | Male   | 36  |
| 47       | 02:09:02 | 321    | Fred         | Laker         | Veteran  | Male   | 44  |
| 48       | 02:09:46 | 471    | Steve        | Brown         | Veteran  | Male   | 47  |
| 49       | 02:09:48 | 356    | Ivor         | Norval        | Veteran  | Male   | 45  |
| 50       | 02:09:52 | 278    | Duncan       | Greenwood     | Open     | Male   | 35  |
| 51       | 02:10:15 | 317    | Ludaan       | Kohrs         | Open     | Male   | 30  |
| 52       | 02:10:48 | 269    | Kotie        | Erwee         | Open     | Male   | 24  |
| 53       | 02:11:41 | 421    | Andries      | Van der Merwe | Veteran  | Male   | 45  |
| 54       | 02:12:19 | 438    | Andre-Hugo   | Van Zyl       | Open     | Male   | 24  |
| 55       | 02:12:21 | 376    | Kevin        | Rorke         | Veteran  | Male   | 44  |
| 56       | 02:12:32 | 208    | Paula        | Armstrong     | Open     | Female | 27  |
| 57       | 02:12:44 | 457    | Helen        | Wilson        | Open     | Female | 31  |
| 58       | 02:12:53 | 226    | Johan        | Brink         | Open     | Male   | 35  |
| 59       | 02:13:01 | 221    | Louisa       | Botha         | Veteran  | Female | 41  |
| 60       | 02:13:36 | 466    | Craig        | Young         | Veteran  | Male   | 46  |
| 61       | 02:13:58 | 236    | Stephanie    | Cherry        | Veteran  | Female | 41  |
| 62       | 02:14:28 | 296    | Regardt      | Hogan         | Open     | Male   | 25  |
| 63       | 02:16:11 | 358    | Reon         | Odendaal      | Open     | Male   | 25  |
| 64       | 02:16:29 | 232    | Candice      | Morrison      | Open     | Female | 29  |
| 65       | 02:16:38 | 381    | Willem       | Saayman       | Open     | Male   | 36  |
| 66       | 02:17:34 | 275    | Ant          | Geard         | Open     | Male   | 39  |
| 67       | 02:17:51 | 266    | Anton        | Engelbrecht   | Open     | Male   | 32  |
| 68       | 02:17:53 | 234    | Tarryn       | Cawood        | Open     | Female | 29  |
| 69       | 02:17:55 | 479    | Johan        | van Zyl       | Veteran  | Male   | 28  |
| 70       | 02:18:07 | 362    | Dougal       | Paterson      | Open     | Male   | 35  |
| 71       | 02:19:07 | 452    | Francis      | Wheeler       | Open     | Male   | 35  |
| 72       | 02:19:13 | 449    | Lukas        | Wentzel       | Veteran  | Male   | 40  |

|     |          |     |           |                     |              |        |    |
|-----|----------|-----|-----------|---------------------|--------------|--------|----|
| 73  | 02:19:17 | 487 | Wimpie    | Snyman              | Veteran      | Male   | 40 |
| 74  | 02:19:19 | 488 | Melani    | Scholtz             | Open         | Female | 39 |
| 75  | 02:19:24 | 223 | Ashley    | Braver              | Veteran      | Male   | 44 |
| 76  | 02:19:28 | 367 | Andrew    | Pretorius           | Open         | Male   | 25 |
| 77  | 02:19:37 | 482 | Anton     | Human               | Open         | Male   | 32 |
| 78  | 02:22:03 | 280 | Henk      | Griessel            | Master       | Male   | 51 |
| 79  | 02:22:05 | 339 | Dawie     | Malherbe            | Open         | Male   | 38 |
| 80  | 02:22:13 | 483 | Jonathan  | Theron              | Open         | Male   | 23 |
| 81  | 02:22:18 | 365 | Barrie    | Porter              | Open         | Male   | 37 |
| 82  | 02:23:13 | 284 | Tim       | Hadingham           | Veteran      | Male   | 40 |
| 83  | 02:23:28 | 228 | Magriet   | Brink               | Open         | Female | 35 |
| 84  | 02:24:08 | 291 | Jonatan   | Henschen            | Open         | Male   | 22 |
| 85  | 02:24:17 | 258 | Nicholaas | Du Plessis          | Open         | Male   | 27 |
| 86  | 02:24:35 | 309 | Wesley    | Jacobs              | Open         | Male   | 37 |
| 87  | 02:24:38 | 235 | Charles   | Cherry              | Veteran      | Male   | 42 |
| 88  | 02:27:04 | 439 | Willemien | Van Zyl             | Open         | Female | 24 |
| 89  | 02:27:21 | 220 | Charl     | Bleach              | Open         | Male   | 37 |
| 90  | 02:27:56 | 259 | Werner    | du Preez            | Open         | Male   | 30 |
| 91  | 02:28:03 | 298 | Jolandi   | Holtzhausen         | Open         | Female | 25 |
| 92  | 02:28:29 | 456 | Peta      | Wills               | Open         | Female | 30 |
| 93  | 02:28:47 | 481 | Uys       | Kruger              | Open         | Male   | 26 |
| 94  | 02:28:53 | 470 | Jani      | Coetzee             | Open         | Female | 27 |
| 95  | 02:28:54 | 224 | Reid      | Bremner             | Open         | Male   | 31 |
| 96  | 02:30:12 | 419 | Neville   | Van Buuren          | Veteran      | Male   | 40 |
| 97  | 02:30:41 | 446 | Suzanne   | von Rauenstein      | Open         | Female | 38 |
| 98  | 02:30:53 | 300 | Christine | Hommel              | Open         | Female | 32 |
| 99  | 02:31:12 | 318 | Magdaleen | Kroon               | Veteran      | Female | 41 |
| 100 | 02:31:25 | 425 | Stephan   | Van der Walt        | Veteran      | Male   | 42 |
| 101 | 02:32:01 | 311 | Marlize   | Jelliman            | Open         | Female | 26 |
| 102 | 02:32:54 | 460 | Claire    | Winterton           | Open         | Female | 31 |
| 103 | 02:33:31 | 248 | Joanne    | Cussen              | Open         | Female | 34 |
| 104 | 02:34:11 | 472 | Eduan     | Naude               | Open         | Male   | 35 |
| 105 | 02:34:13 | 379 | David     | Russell-Rockliff    | Open         | Male   | 38 |
| 106 | 02:34:15 | 304 | Willem    | Human               | Open         | Male   | 28 |
| 107 | 02:34:34 | 380 | Samantha  | Russell-Rockliff    | Open         | Female | 38 |
| 108 | 02:34:38 | 245 | Emma      | Coultas             | Open         | Female | 28 |
| 109 | 02:34:51 | 461 | Carla     | Wood                | Open         | Female | 30 |
| 110 | 02:36:01 | 444 | Willem    | Visser              | Veteran      | Male   | 43 |
| 111 | 02:37:45 | 464 | Joanie    | Wylie               | Master       | Female | 50 |
| 112 | 02:38:11 | 267 | Helen     | Erasmus             | Veteran      | Female | 48 |
| 113 | 02:38:32 | 355 | Heinie    | Nel                 | Open         | Male   | 29 |
| 114 | 02:39:01 | 303 | Tiaan     | Human               | Open         | Male   | 33 |
| 115 | 02:39:25 | 325 | Gina      | Leinberger          | Open         | Female | 36 |
| 116 | 02:42:11 | 251 | Lindie    | de Bruin            | Open         | Female | 37 |
| 117 | 02:43:32 | 282 | Julieape  | Gurnell             | Veteran      | Female | 45 |
| 118 | 02:43:38 | 371 | Shekhar   | Ramphal             | Open         | Male   | 27 |
| 119 | 02:43:48 | 360 | Gian      | Palermo             | Veteran      | Male   | 44 |
| 120 | 02:43:51 | 408 | Sean      | Tait                | Open         | Male   | 27 |
| 121 | 02:43:53 | 360 | Gian      | Palermo             | Veteran      | Male   | 44 |
| 122 | 02:43:57 | 237 | Wynand    | Claassens           | Open         | Male   | 37 |
| 123 | 02:44:02 | 351 | Alisha    | Myers               | Open         | Female | 36 |
| 124 | 02:44:11 | 274 | Leon      | Gazet Du Chattelier | Open         | Male   | 27 |
| 125 | 02:44:18 | 331 | Andrea    | Loubser             | Open         | Female | 28 |
| 126 | 02:44:30 | 340 | Stephanie | Mallory             | Open         | Female | 25 |
| 127 | 02:44:39 | 229 | Natalie   | Bruce               | Open         | Female | 37 |
| 128 | 02:44:48 | 398 | Wally     | Steel               | Grand Master | Male   | 66 |
| 129 | 02:45:13 | 382 | Dewald    | Schlebusch          | Open         | Male   | 30 |
| 130 | 02:45:35 | 238 | Louise    | Clamp               | Veteran      | Female | 46 |
| 131 | 02:47:39 | 448 | Mark      | Welton              | Veteran      | Male   | 42 |
| 132 | 02:47:41 | 352 | Laurie    | Nathan              | Master       | Male   | 52 |
| 133 | 02:48:17 | 431 | Marleen   | Van Rooyen          | Open         | Female | 38 |
| 134 | 02:48:28 | 306 | Clive     | Idas                | Master       | Male   | 54 |
| 135 | 02:48:35 | 336 | John      | Macey               | Master       | Male   | 50 |
| 136 | 02:50:55 | 465 | John      | Wylie               | Open         | Male   | 18 |
| 137 | 02:52:12 | 265 | Morne     | Edas                | Open         | Male   | 35 |
| 138 | 02:52:21 | 301 | Emily     | House               | Open         | Female | 31 |
| 139 | 02:52:28 | 403 | Aleks     | Strez (Wildrunner)  | Veteran      | Male   | 41 |
| 140 | 02:53:00 | 307 | Tania     | Idas                | Veteran      | Female | 43 |
| 141 | 02:53:54 | 326 | Kristian  | Leisegang           | Open         | Male   | 31 |
| 142 | 02:53:56 | 402 | Matt      | Stow                | Open         | Male   | 38 |
| 143 | 02:54:31 | 328 | Trish     | Lewin               | Open         | Female | 31 |
| 144 | 02:54:40 | 215 | Annelize  | Bergh               | Veteran      | Female | 43 |
| 145 | 02:54:51 | 216 | Kenneth   | Bergh               | Veteran      | Male   | 45 |
| 146 | 02:54:59 | 334 | Minetta   | Luttig              | Open         | Female | 37 |
| 147 | 02:55:00 | 330 | Chanel    | Lewis               | Open         | Female | 28 |
| 148 | 02:55:55 | 287 | Ralph     | Harris              | Open         | Male   | 32 |
| 149 | 02:57:22 | 389 | Clifford  | Skuce               | Open         | Male   | 26 |
| 150 | 02:57:24 | 441 | Jannie    | Venter              | Open         | Male   | 27 |
| 151 | 03:01:03 | 390 | Helloise  | Smit                | Veteran      | Female | 40 |
| 152 | 03:01:23 | 335 | Giovanni  | Maccioni            | Veteran      | Male   | 44 |
| 153 | 03:01:41 | 201 | Ismail    | Abdullah            | Veteran      | Male   | 47 |
| 154 | 03:02:20 | 205 | Tracy     | Aitcheson           | Veteran      | Female | 41 |
| 155 | 03:02:47 | 342 | Roland    | Matzke              | Master       | Male   | 56 |
| 156 | 03:02:52 | 406 | Brian     | Super               | Master       | Male   | 53 |
| 157 | 03:04:23 | 418 | PJ        | Vadas               | Open         | Male   | 30 |
| 158 | 03:04:39 | 395 | Tara      | Solomon             | Open         | Female | 30 |

|     |          |     |            |                       |              |        |    |
|-----|----------|-----|------------|-----------------------|--------------|--------|----|
| 159 | 03:07:56 | 401 | Carin      | Stewart               | Open         | Female | 39 |
| 160 | 03:08:41 | 475 | Tracey     | Hendricks             | Open         | Female | 36 |
| 161 | 03:08:43 | 476 | Almyr      | Paulse                | Open         | Female | 33 |
| 162 | 03:08:49 | 474 | Andre      | Sampson               | Veteran      | Male   | 42 |
| 163 | 03:09:00 | 227 | Louis      | Brink                 | Veteran      | Male   | 41 |
| 164 | 03:09:18 | 376 | Kevin      | Rorke                 | Veteran      | Male   | 44 |
| 165 | 03:11:10 | 344 | Robin      | McDonald (Wildrunner) | Master       | Male   | 58 |
| 166 | 03:13:26 | 341 | Elza       | Maree                 | Open         | Female | 34 |
| 167 | 03:13:45 | 486 | Pieter     | Henning               | Master       | Male   | 59 |
| 168 | 03:15:06 | 387 | Gino       | Serra                 | Veteran      | Male   | 45 |
| 169 | 03:16:48 | 454 | Wessel     | Wiese                 | Open         | Male   | 27 |
| 170 | 03:16:50 | 453 | Angela     | Wiese                 | Open         | Female | 23 |
| 171 | 03:17:33 | 218 | Elschen    | Beyers                | Master       | Female | 50 |
| 172 | 03:20:20 | 397 | Chippy     | Steel                 | Grand Master | Female | 66 |
| 173 | 03:20:56 | 436 | Gertjan    | Van Vliet             | Open         | Male   | 35 |
| 174 | 03:22:28 | 372 | Charisse   | Ras                   | Open         | Female | 28 |
| 175 | 03:22:36 | 373 | Gerhardus  | Ras                   | Open         | Male   | 28 |
| 176 | 03:23:41 | 459 | Liesl      | Winter                | Open         | Female | 31 |
| 177 | 03:23:43 | 375 | Delyse     | Rist                  | Master       | Female | 50 |
| 178 | 03:23:45 | 327 | Phillipa   | Lever-Cloete          | Veteran      | Female | 45 |
| 179 | 03:23:54 | 231 | Cedric     | Campher               | Open         | Male   | 24 |
| 180 | 03:36:10 | 473 | Sara       | Grobbelaar            | Open         | Female | 34 |
| 181 | 03:37:05 | 428 | Johan      | Van Dyk               | Master       | Male   | 50 |
| 182 | 03:37:56 | 427 | Elke       | Van Dyk               | Veteran      | Female | 41 |
| 183 | 03:38:38 | 257 | Liza       | Du Plessis            | Veteran      | Female | 41 |
| 184 | 03:38:39 | 430 | Erica      | Van Rhyn              | Veteran      | Female | 48 |
| 185 | 04:03:37 | 243 | Corne      | Conradie              | Veteran      | Female | 40 |
| 186 | 04:03:42 | 222 | Rossouw    | Botha                 | Open         | Male   | 30 |
| 187 | 04:12:25 | 312 | Sean       | Johnson               | Open         | Male   | 27 |
| 188 | 04:14:07 | 440 | Antoinette | Veldtman              | Open         | Female | 35 |
| 189 | 04:44:47 | 297 | Catherine  | Holland               | Open         | Female | 37 |
| 190 | 04:44:48 | 484 | Catherine  | Hanauer               | Open         | Female | 33 |
| 191 | 04:46:09 | 204 | Abeeda     | Ahmed                 | Open         | Female | 34 |
| 192 | 04:46:10 | 316 | Reza       | Khan                  | Open         | Male   | 35 |
| 193 | 04:47:37 | 374 | Stacey     | Rehbock (Wildrunner)  | Open         | Female | 25 |
| 194 | 04:47:43 | 285 | Inge       | Hansen                | Open         | Female | 30 |
| 195 | 04:53:50 | 349 | Shavalen   | Moodley               | Open         | Male   | 25 |
| 196 | 04:53:54 | 410 | James      | Pieters               | Open         | Male   | 28 |

**Open Male**

| Position | Time     | Race # | Name         | Surname             | Category | Sex  | Age |
|----------|----------|--------|--------------|---------------------|----------|------|-----|
| 1        | Adjusted | 369    | Bernard      | Rakadza             | Open     | Male | 31  |
| 2        | 01:25:55 | 383    | Kane         | Reilly              | Open     | Male | 19  |
| 3        | 01:27:07 | 211    | Michael      | Bailey              | Open     | Male | 29  |
| 4        | 01:35:21 | 489    | Dawie        | Carstens            | Open     | Male | 27  |
| 5        | 01:35:56 | 324    | Andrew       | Le Roux             | Open     | Male | 27  |
| 6        | 01:46:41 | 413    | Denzel       | Thys                | Open     | Male | 31  |
| 7        | 01:47:11 | 429    | Antoine      | Van Heerden         | Open     | Male | 20  |
| 8        | 01:47:52 | 256    | Dolph        | Du Plessis          | Open     | Male | 32  |
| 9        | 01:49:07 | 485    | Pieter (Jnr) | Henning             | Open     | Male | 29  |
| 10       | 01:51:50 | 206    | Bryan        | Allott              | Open     | Male | 37  |
| 11       | 01:53:06 | 348    | Samuel       | Mohr                | Open     | Male | 30  |
| 12       | 01:54:16 | 315    | Brendan      | Keevey              | Open     | Male | 27  |
| 13       | 01:55:50 | 217    | Herman       | Berry               | Open     | Male | 25  |
| 14       | 01:57:40 | 289    | Andrew       | Hebbert             | Open     | Male | 32  |
| 15       | 01:59:36 | 262    | Blake        | Dyason              | Open     | Male | 25  |
| 16       | 02:00:53 | 467    | Alex         | Zabbia              | Open     | Male | 27  |
| 17       | 02:01:05 | 361    | Francois     | Palm                | Open     | Male | 21  |
| 18       | 02:01:44 | 407    | Alex         | Delle Donne         | Open     | Male | 22  |
| 19       | 02:02:44 | 210    | Leon         | Badenhorst          | Open     | Male | 39  |
| 20       | 02:04:22 | 268    | Marc         | Erasmus             | Open     | Male | 34  |
| 21       | 02:04:40 | 202    | Charles      | Abernethy           | Open     | Male | 23  |
| 22       | 02:04:46 | 233    | Sergio       | Cardoso             | Open     | Male | 28  |
| 23       | 02:05:54 | 320    | Jacobus      | Lacock              | Open     | Male | 32  |
| 24       | 02:06:17 | 250    | Thys         | De Beer             | Open     | Male | 24  |
| 25       | 02:06:19 | 231    | Cedric       | Campher             | Open     | Male | 24  |
| 26       | 02:06:28 | 442    | Andrew       | Visagie             | Open     | Male | 27  |
| 27       | 02:08:30 | 242    | Michael      | Comminos            | Open     | Male | 36  |
| 28       | 02:08:39 | 363    | Jonathan     | Peter               | Open     | Male | 36  |
| 29       | 02:09:52 | 278    | Duncan       | Greenwood           | Open     | Male | 35  |
| 30       | 02:10:15 | 317    | Ludaan       | Kohrs               | Open     | Male | 30  |
| 31       | 02:10:48 | 269    | Kotie        | Erwee               | Open     | Male | 24  |
| 32       | 02:12:19 | 438    | Andre-Hugo   | Van Zyl             | Open     | Male | 24  |
| 33       | 02:12:53 | 226    | Johan        | Brink               | Open     | Male | 35  |
| 34       | 02:14:28 | 296    | Regardt      | Hogan               | Open     | Male | 25  |
| 35       | 02:16:11 | 358    | Reon         | Odendaal            | Open     | Male | 25  |
| 36       | 02:16:38 | 381    | Willem       | Saayman             | Open     | Male | 36  |
| 37       | 02:17:34 | 275    | Ant          | Gear                | Open     | Male | 39  |
| 38       | 02:17:51 | 266    | Anton        | Engelbrecht         | Open     | Male | 32  |
| 39       | 02:18:07 | 362    | Dougal       | Paterson            | Open     | Male | 35  |
| 40       | 02:19:07 | 452    | Francis      | Wheeler             | Open     | Male | 35  |
| 41       | 02:19:28 | 367    | Andrew       | Pretorius           | Open     | Male | 25  |
| 42       | 02:19:37 | 482    | Anton        | Human               | Open     | Male | 32  |
| 43       | 02:22:05 | 339    | Dawie        | Malherbe            | Open     | Male | 38  |
| 44       | 02:22:13 | 483    | Jonathan     | Theron              | Open     | Male | 23  |
| 45       | 02:22:18 | 365    | Barrie       | Porter              | Open     | Male | 37  |
| 46       | 02:24:08 | 291    | Jonatan      | Henschen            | Open     | Male | 22  |
| 47       | 02:24:17 | 258    | Nicholaas    | Du Plessis          | Open     | Male | 27  |
| 48       | 02:24:35 | 309    | Wesley       | Jacobs              | Open     | Male | 37  |
| 49       | 02:27:21 | 220    | Charl        | Bleach              | Open     | Male | 37  |
| 50       | 02:27:56 | 259    | Werner       | du Preez            | Open     | Male | 30  |
| 51       | 02:28:47 | 481    | Uys          | Kruger              | Open     | Male | 26  |
| 52       | 02:28:54 | 224    | Reid         | Bremner             | Open     | Male | 31  |
| 53       | 02:34:11 | 472    | Eduan        | Naude               | Open     | Male | 35  |
| 54       | 02:34:13 | 379    | David        | Russell-Rockliff    | Open     | Male | 38  |
| 55       | 02:34:15 | 304    | Willem       | Human               | Open     | Male | 28  |
| 56       | 02:38:32 | 355    | Heinie       | Nel                 | Open     | Male | 29  |
| 57       | 02:39:01 | 303    | Tiaan        | Human               | Open     | Male | 33  |
| 58       | 02:43:38 | 371    | Shekhar      | Ramphal             | Open     | Male | 27  |
| 59       | 02:43:51 | 408    | Sean         | Tait                | Open     | Male | 27  |
| 60       | 02:43:57 | 237    | Wynand       | Claassens           | Open     | Male | 37  |
| 61       | 02:44:11 | 274    | Leon         | Gazet Du Chattelier | Open     | Male | 27  |
| 62       | 02:45:13 | 382    | Dewald       | Schlebusch          | Open     | Male | 30  |
| 63       | 02:50:55 | 465    | John         | Wylie               | Open     | Male | 18  |
| 64       | 02:52:12 | 265    | Morne        | Edas                | Open     | Male | 35  |
| 65       | 02:53:54 | 326    | Kristian     | Leisegang           | Open     | Male | 31  |
| 66       | 02:53:56 | 402    | Matt         | Stow                | Open     | Male | 38  |
| 67       | 02:55:55 | 287    | Ralph        | Harris              | Open     | Male | 32  |
| 68       | 02:57:22 | 389    | Clifford     | Skuce               | Open     | Male | 26  |
| 69       | 02:57:24 | 441    | Jannie       | Venter              | Open     | Male | 27  |
| 70       | 03:04:23 | 418    | PJ           | Vadas               | Open     | Male | 30  |
| 71       | 03:16:48 | 454    | Wessel       | Wiese               | Open     | Male | 27  |
| 72       | 03:20:56 | 436    | Gertjan      | Van Vliet           | Open     | Male | 35  |
| 73       | 03:22:36 | 373    | Gerhardus    | Ras                 | Open     | Male | 28  |
| 74       | 03:23:54 | 231    | Cedric       | Campher             | Open     | Male | 24  |
| 75       | 04:03:42 | 222    | Rossouw      | Botha               | Open     | Male | 30  |
| 76       | 04:12:25 | 312    | Sean         | Johnson             | Open     | Male | 27  |
| 77       | 04:46:10 | 316    | Reza         | Khan                | Open     | Male | 35  |
| 78       | 04:53:50 | 349    | Shavalen     | Moodley             | Open     | Male | 25  |
| 79       | 04:53:54 | 410    | James        | Pieters             | Open     | Male | 28  |

**Open Female**

| Position | Time     | Race # | Name     | Surname | Category | Sex    | Age |
|----------|----------|--------|----------|---------|----------|--------|-----|
| 1        | 01:53:15 | 295    | Jennifer | Hofmeyr | Open     | Female | 27  |
| 2        | 01:59:50 | 451    | Marié    | Wessels | Open     | Female | 28  |

|    |          |     |            |                      |      |        |    |
|----|----------|-----|------------|----------------------|------|--------|----|
| 3  | 02:01:18 | 290 | Natia      | Heerden              | Open | Female | 20 |
| 4  | 02:12:32 | 208 | Paula      | Armstrong            | Open | Female | 27 |
| 5  | 02:12:44 | 457 | Helen      | Wilson               | Open | Female | 31 |
| 6  | 02:16:29 | 232 | Candice    | Morrison             | Open | Female | 29 |
| 7  | 02:17:53 | 234 | Tarryn     | Cawood               | Open | Female | 29 |
| 8  | 02:19:19 | 488 | Melani     | Scholtz              | Open | Female | 39 |
| 9  | 02:23:28 | 228 | Magriet    | Brink                | Open | Female | 35 |
| 10 | 02:27:04 | 439 | Willemien  | Van Zyl              | Open | Female | 24 |
| 11 | 02:28:03 | 298 | Jolandi    | Holtzhausen          | Open | Female | 25 |
| 12 | 02:28:29 | 456 | Peta       | Wills                | Open | Female | 30 |
| 13 | 02:28:53 | 470 | Jani       | Coetzee              | Open | Female | 27 |
| 14 | 02:30:41 | 446 | Suzanne    | von Rauenstein       | Open | Female | 38 |
| 15 | 02:30:53 | 300 | Christine  | Hommel               | Open | Female | 32 |
| 16 | 02:32:01 | 311 | Marlize    | Jelliman             | Open | Female | 26 |
| 17 | 02:32:54 | 460 | Claire     | Winterton            | Open | Female | 31 |
| 18 | 02:33:31 | 248 | Joanne     | Cussen               | Open | Female | 34 |
| 19 | 02:34:34 | 380 | Samantha   | Russell-Rockliff     | Open | Female | 38 |
| 20 | 02:34:38 | 245 | Emma       | Coultas              | Open | Female | 28 |
| 21 | 02:34:51 | 461 | Carla      | Wood                 | Open | Female | 30 |
| 22 | 02:39:25 | 325 | Gina       | Leinberger           | Open | Female | 36 |
| 23 | 02:42:11 | 251 | Lindie     | de Bruin             | Open | Female | 37 |
| 24 | 02:44:02 | 351 | Alisha     | Myers                | Open | Female | 36 |
| 25 | 02:44:18 | 331 | Andrea     | Loubser              | Open | Female | 28 |
| 26 | 02:44:30 | 340 | Stephanie  | Mallory              | Open | Female | 25 |
| 27 | 02:44:39 | 229 | Natalie    | Bruce                | Open | Female | 37 |
| 28 | 02:48:17 | 431 | Marleen    | Van Rooyen           | Open | Female | 38 |
| 29 | 02:52:21 | 301 | Emily      | House                | Open | Female | 31 |
| 30 | 02:54:31 | 328 | Trish      | Lewin                | Open | Female | 31 |
| 31 | 02:54:59 | 334 | Minetta    | Luttig               | Open | Female | 37 |
| 32 | 02:55:00 | 330 | Chanel     | Lewis                | Open | Female | 28 |
| 33 | 03:04:39 | 395 | Tara       | Solomon              | Open | Female | 30 |
| 34 | 03:07:56 | 401 | Carin      | Stewart              | Open | Female | 39 |
| 35 | 03:08:41 | 475 | Tracey     | Hendricks            | Open | Female | 36 |
| 36 | 03:08:43 | 476 | Almyr      | Paulse               | Open | Female | 33 |
| 37 | 03:13:26 | 341 | Elza       | Maree                | Open | Female | 34 |
| 38 | 03:16:50 | 453 | Angela     | Wiese                | Open | Female | 23 |
| 39 | 03:22:28 | 372 | Charisse   | Ras                  | Open | Female | 28 |
| 40 | 03:23:41 | 459 | Liesl      | Winter               | Open | Female | 31 |
| 41 | 03:36:10 | 473 | Sara       | Grobbelaar           | Open | Female | 34 |
| 42 | 04:14:07 | 440 | Antoinette | Veldtman             | Open | Female | 35 |
| 43 | 04:44:47 | 297 | Catherine  | Holland              | Open | Female | 37 |
| 44 | 04:44:48 | 484 | Catherine  | Hanauer              | Open | Female | 33 |
| 45 | 04:46:09 | 204 | Abeeda     | Ahmed                | Open | Female | 34 |
| 46 | 04:47:37 | 374 | Stacey     | Rehbock (Wildrunner) | Open | Female | 25 |
| 47 | 04:47:43 | 285 | Inge       | Hansen               | Open | Female | 30 |

#### Veteran Male

| Position | Time     | Race # | Name      | Surname      | Category | Sex  | Age |
|----------|----------|--------|-----------|--------------|----------|------|-----|
| 1        | 01:26:17 | 277    | Chad      | Gordon       | Veteran  | Male | 42  |
| 2        | 01:37:53 | 347    | Dion      | Middelkoop   | Veteran  | Male | 42  |
| 3        | 01:49:24 | 239    | Darren    | Clarke       | Veteran  | Male | 42  |
| 4        | 01:50:47 | 447    | Alexandre | Vouillot     | Veteran  | Male | 40  |
| 5        | 01:57:53 | 299    | Pieter    | Holtzhausen  | Veteran  | Male | 30  |
| 6        | 02:03:00 | 240    | Cobus     | Van den berg | Veteran  | Male | 44  |
| 7        | 02:03:27 | 286    | Paul      | Harmer       | Veteran  | Male | 41  |
| 8        | 02:05:57 | 458    | James     | Winfield     | Veteran  | Male | 38  |
| 9        | 02:06:01 | 323    | Alex      | le Roux      | Veteran  | Male | 43  |
| 10       | 02:06:50 | 219    | Alan      | Bird         | Veteran  | Male | 42  |



|    |          |     |          |                    |         |      |    |
|----|----------|-----|----------|--------------------|---------|------|----|
| 11 | 02:09:02 | 321 | Fred     | Laker              | Veteran | Male | 44 |
| 12 | 02:09:46 | 471 | Steve    | Brown              | Veteran | Male | 47 |
| 13 | 02:09:48 | 356 | Ivor     | Norval             | Veteran | Male | 45 |
| 14 | 02:11:41 | 421 | Andries  | Van der Merwe      | Veteran | Male | 45 |
| 15 | 02:12:21 | 376 | Kevin    | Rorke              | Veteran | Male | 44 |
| 16 | 02:13:36 | 466 | Craig    | Young              | Veteran | Male | 46 |
| 17 | 02:17:55 | 479 | Johan    | van Zyl            | Veteran | Male | 28 |
| 18 | 02:19:13 | 449 | Lukas    | Wentzel            | Veteran | Male | 40 |
| 19 | 02:19:17 | 487 | Wimpie   | Snyman             | Veteran | Male | 40 |
| 20 | 02:19:24 | 223 | Ashley   | Braver             | Veteran | Male | 44 |
| 21 | 02:23:13 | 284 | Tim      | Hadingham          | Veteran | Male | 40 |
| 22 | 02:24:38 | 235 | Charles  | Cherry             | Veteran | Male | 42 |
| 23 | 02:30:12 | 419 | Neville  | Van Buuren         | Veteran | Male | 40 |
| 24 | 02:31:25 | 425 | Stephan  | Van der Walt       | Veteran | Male | 42 |
| 25 | 02:36:01 | 444 | Willem   | Visser             | Veteran | Male | 43 |
| 26 | 02:43:48 | 360 | Gian     | Palermo            | Veteran | Male | 44 |
| 27 | 02:43:53 | 360 | Gian     | Palermo            | Veteran | Male | 44 |
| 28 | 02:47:39 | 448 | Mark     | Welton             | Veteran | Male | 42 |
| 29 | 02:52:28 | 403 | Aleks    | Strez (Wildrunner) | Veteran | Male | 41 |
| 30 | 02:54:51 | 216 | Kenneth  | Bergh              | Veteran | Male | 45 |
| 31 | 03:01:23 | 335 | Giovanni | Maccioni           | Veteran | Male | 44 |
| 32 | 03:01:41 | 201 | Ismail   | Abdullah           | Veteran | Male | 47 |
| 33 | 03:08:49 | 474 | Andre    | Sampson            | Veteran | Male | 42 |
| 34 | 03:09:00 | 227 | Louis    | Brink              | Veteran | Male | 41 |
| 35 | 03:09:18 | 376 | Kevin    | Rorke              | Veteran | Male | 44 |
| 36 | 03:15:06 | 387 | Gino     | Serra              | Veteran | Male | 45 |

#### Veteran Female

| Position | Time     | Race # | Name      | Surname       | Category | Sex    | Age |
|----------|----------|--------|-----------|---------------|----------|--------|-----|
| 1        | 01:55:37 | 249    | Lee-Ann   | Dawson        | Veteran  | Female | 41  |
| 2        | 02:01:12 | 329    | Caitlin   | Lewis         | Veteran  | Female | 43  |
| 3        | 02:03:13 | 480    | Ester     | Brink         | Veteran  | Female | 46  |
| 4        | 02:04:28 | 432    | Estelle   | Van Schalkwyk | Veteran  | Female | 45  |
| 5        | 02:13:01 | 221    | Louisa    | Botha         | Veteran  | Female | 41  |
| 6        | 02:13:58 | 236    | Stephanie | Cherry        | Veteran  | Female | 41  |
| 7        | 02:31:12 | 318    | Magdaleen | Kroon         | Veteran  | Female | 41  |
| 8        | 02:38:11 | 267    | Helen     | Erasmus       | Veteran  | Female | 48  |
| 9        | 02:43:32 | 282    | Julieape  | Gurnell       | Veteran  | Female | 45  |
| 10       | 02:45:35 | 238    | Louise    | Clamp         | Veteran  | Female | 46  |
| 11       | 02:53:00 | 307    | Tania     | Idas          | Veteran  | Female | 43  |
| 12       | 02:54:40 | 215    | Annelize  | Bergh         | Veteran  | Female | 43  |
| 13       | 03:01:03 | 390    | Helloise  | Smit          | Veteran  | Female | 40  |
| 14       | 03:02:20 | 205    | Tracy     | Aitcheson     | Veteran  | Female | 41  |
| 15       | 03:23:45 | 327    | Phillipa  | Lever-Cloete  | Veteran  | Female | 45  |
| 16       | 03:37:56 | 427    | Elke      | Van Dyk       | Veteran  | Female | 41  |
| 17       | 03:38:38 | 257    | Liza      | Du Plessis    | Veteran  | Female | 41  |
| 18       | 03:38:39 | 430    | Erica     | Van Rhyn      | Veteran  | Female | 48  |
| 19       | 04:03:37 | 243    | Corne     | Conradie      | Veteran  | Female | 40  |

#### Master Male

| Position | Time     | Race # | Name   | Surname               | Category | Sex  | Age |
|----------|----------|--------|--------|-----------------------|----------|------|-----|
| 1        | 01:50:15 | 346    | Bruce  | Meier                 | Master   | Male | 51  |
| 2        | 02:22:03 | 280    | Henk   | Giessel               | Master   | Male | 51  |
| 3        | 02:47:41 | 352    | Laurie | Nathan                | Master   | Male | 52  |
| 4        | 02:48:28 | 306    | Clive  | Idas                  | Master   | Male | 54  |
| 5        | 02:48:35 | 336    | John   | Macey                 | Master   | Male | 50  |
| 6        | 03:02:47 | 342    | Roland | Matzke                | Master   | Male | 56  |
| 7        | 03:02:52 | 406    | Brian  | Super                 | Master   | Male | 53  |
| 8        | 03:11:10 | 344    | Robin  | McDonald (Wildrunner) | Master   | Male | 58  |
| 9        | 03:13:45 | 486    | Pieter | Henning               | Master   | Male | 59  |
| 10       | 03:37:05 | 428    | Johan  | Van Dyk               | Master   | Male | 50  |

#### Master Female

| Position | Time     | Race # | Name    | Surname | Category | Sex    | Age |
|----------|----------|--------|---------|---------|----------|--------|-----|
| 1        | 02:37:45 | 464    | Joanie  | Wylie   | Master   | Female | 50  |
| 2        | 03:17:33 | 218    | Elschen | Beyers  | Master   | Female | 50  |
| 3        | 03:23:43 | 375    | Delyse  | Rist    | Master   | Female | 50  |

#### Grand Master Male

| Position | Time     | Race # | Name  | Surname | Category     | Sex  | Age |
|----------|----------|--------|-------|---------|--------------|------|-----|
| 1        | 02:44:48 | 398    | Wally | Steel   | Grand Master | Male | 66  |

#### Grand Master Female

| Position | Time     | Race # | Name   | Surname | Category     | Sex    | Age |
|----------|----------|--------|--------|---------|--------------|--------|-----|
| 1        | 03:20:20 | 397    | Chippy | Steel   | Grand Master | Female | 66  |



## Helderberg Mountain Run 2012 10.75km

### Overall

| Position | Time     | Race # | Name        | Surname        | Category | Sex    | Age |
|----------|----------|--------|-------------|----------------|----------|--------|-----|
| 1        | 00:52:59 | 678    | Dylan       | Solms          | Junior   | Male   | 17  |
| 2        | 00:53:49 | 629    | Ian         | McNaught Davis | Open     | Male   | 26  |
| 3        | 00:56:06 | 707    | Herlo       | Visagie        | Open     | Male   | 22  |
| 4        | 00:57:19 | 749    | Phil        | Marsland       | Open     | Male   | 44  |
| 5        | 00:59:11 | 689    | Japie       | Swanepoel      | Open     | Male   | 46  |
| 6        | 00:59:14 | 662    | Nicol       | Russouw        | Open     | Male   | 29  |
| 7        | 00:59:16 | 754    |             |                | 0        | 0      | 0   |
| 8        | 00:59:57 | 716    | Ross        | Wilson         | Open     | Male   | 40  |
| 9        | 01:00:00 | 577    | David       | Hepburn        | Open     | Male   | 28  |
| 10       | 01:00:07 | 522    | Pieter      | Bredell        | Open     | Male   | 27  |
| 11       | 01:01:10 | 708    | Willie      | Visser         | Open     | Male   | 38  |
| 12       | 01:02:01 | 677    | Brendon     | Solik          | Open     | Male   | 24  |
| 13       | 01:02:04 | 650    | Michael     | Peacock        | Open     | Male   | 39  |
| 14       | 01:02:07 | 510    | Gustav      | Bessinger      | Open     | Male   | 29  |
| 15       | 01:03:05 | 727    | Beate       | Stindt         | Open     | Female | 24  |
| 16       | 01:03:35 | 739    | Pierre      | Mostert        | Open     | Male   | 50  |
| 17       | 01:05:38 | 694    | Mc          | Uys            | Open     | Male   | 24  |
| 18       | 01:05:50 | 508    | Crispin     | Barrett        | Open     | Male   | 34  |
| 19       | 01:06:51 | 533    | Nerisa      | Coelho         | Open     | Female | 31  |
| 20       | 01:07:55 | 513    | Jacques     | Beukes         | Open     | Male   | 30  |
| 21       | 01:08:03 | 511    | Deon        | Beukes         | Open     | Male   | 20  |
| 22       | 01:08:21 | 750    | Jackie      | De Villiers    | Open     | Female | 31  |
| 23       | 01:08:24 | 576    | Ian         | Heigers        | Open     | Male   | 36  |
| 24       | 01:09:24 | 612    | Anthony     | Leysens        | Open     | Male   | 53  |
| 25       | 01:09:27 | 731    | Renette     | Van Der Merwe  | Open     | Female | 34  |
| 26       | 01:09:29 | 701    | Ben         | Van Rensburg   | Open     | Male   | 39  |
| 27       | 01:09:46 | 654    | Craig       | Pike           | Open     | Male   | 36  |
| 28       | 01:09:47 | 660    | Jessica     | Rohman         | Open     | Female | 28  |
| 29       | 01:09:50 | 652    | Mark        | Groenewald     | Open     | Male   | 35  |
| 30       | 01:09:56 | 744    | Corne       | Bahnorst       | Open     | Male   | 27  |
| 31       | 01:10:17 | 537    | Mechiel     | Couvaras       | Open     | Male   | 26  |
| 32       | 01:11:08 | 740    | Susan       | Mostert        | Open     | Female | 44  |
| 33       | 01:11:31 | 682    | Julie       | Staples        | Open     | Female | 43  |
| 34       | 01:11:41 | 687    | Maré-Louise | Struwig        | Open     | Female | 26  |
| 35       | 01:11:45 | 688    | Shaun       | Struwig        | Open     | Male   | 26  |
| 36       | 01:11:50 | 734    | Livinia     | Tobve          | Open     | Female | 32  |
| 37       | 01:12:04 | 627    | Ross        | McGarrick      | Open     | Male   | 32  |
| 38       | 01:12:17 | 515    | Jacques     | Blaauw         | Open     | Male   | 27  |
| 39       | 01:12:22 | 696    | Tricia      | Van der Mescht | Open     | Female | 28  |
| 40       | 01:12:23 | 730    | Benita      | Pretorius      | Open     | Female | 27  |
| 41       | 01:12:59 | 528    | Aidan       | Casserley      | Open     | Male   | 25  |
| 42       | 01:13:24 | 517    | Andrea      | Boettger       | Open     | Female | 43  |
| 43       | 01:14:14 | 524    | Joleen      | Broadfield     | Open     | Female | 25  |
| 44       | 01:14:15 | 686    | Marthinus   | Strauss        | Open     | Male   | 26  |
| 45       | 01:14:17 | 634    | Sarine      | Müller         | Open     | Female | 26  |
| 46       | 01:14:47 | 722    | Elhe        | Delise         | Open     | Female | 50  |
| 47       | 01:15:15 | 616    | Hermann     | Lotter         | Open     | Male   | 30  |
| 48       | 01:15:29 | 618    | Lizanne     | Loubser        | Open     | Female | 30  |
| 49       | 01:15:32 | 593    | Adriaan     | Jordaan        | Open     | Male   | 28  |
| 50       | 01:15:44 | 547    | Adam        | Dias           | Open     | Male   | 25  |
| 51       | 01:15:45 | 695    | Tobie       | Van Der Merwe  | Open     | Male   | 37  |
| 52       | 01:15:46 | 664    | Faheem      | Salie          | Open     | Male   | 33  |
| 53       | 01:15:48 | 665    | Ghaulib     | Salie          | Open     | Male   | 35  |
| 54       | 01:16:15 | 659    | Walter      | Reisinger      | Open     | Male   | 31  |
| 55       | 01:16:17 | 582    | Samantha    | Howarth        | Open     | Female | 26  |
| 56       | 01:16:27 | 721    | Andre       | van Rooyen     | Open     | Male   | 49  |
| 57       | 01:17:02 | 539    | Alun        | Darwood        | Open     | Male   | 37  |
| 58       | 01:17:12 | 558    | Nicholas    | Esterhuysen    | Open     | Male   | 29  |
| 59       | 01:17:29 | 592    | Sheila      | Jolink         | Open     | Female | 26  |
| 60       | 01:18:07 | 611    | Majdie      | Levy           | Open     | Male   | 34  |
| 61       | 01:18:19 | 683    | Dalene      | Stiff          | Open     | Female | 53  |
| 62       | 01:19:25 | 646    | Warwick     | Palmer         | Open     | Male   | 34  |
| 63       | 01:19:26 | 581    | Zaheer      | Hoosain        | Open     | Male   | 27  |
| 64       | 01:19:28 | 540    | Louise      | Day            | Open     | Female | 29  |
| 65       | 01:19:31 | 755    | Rene        | Arthur         | Open     | Female | 46  |
| 66       | 01:19:47 | 706    | Paola       | Vignani        | Open     | Female | 48  |
| 67       | 01:19:51 | 601    | Jill        | King           | Open     | Female | 34  |
| 68       | 01:19:52 | 525    | Alex        | Bull           | Open     | Female | 30  |

|     |          |     |                 |                    |      |        |    |
|-----|----------|-----|-----------------|--------------------|------|--------|----|
| 69  | 01:20:01 | 544 | Lauren          | De wet             | Open | Female | 25 |
| 70  | 01:20:13 | 502 | Fadia           | Abels              | Open | Female | 20 |
| 71  | 01:20:19 | 651 | Erica           | Petersen           | Open | Female | 57 |
| 72  | 01:20:21 | 570 | Pieter          | Greeff             | Open | Male   | 26 |
| 73  | 01:20:24 | 693 | Michael         | Trzebiatowsky      | Open | Male   | 45 |
| 74  | 01:20:53 | 740 | Susan           | Mostert            | Open | Female | 44 |
| 75  | 01:21:02 | 728 | Lize            | Rossouw            | Open | Female | 26 |
| 76  | 01:21:03 | 748 | Uli             | Wiederkehr         | Open | Male   | 72 |
| 77  | 01:21:06 | 729 | Leander         | Koekemoer          | Open | Male   | 29 |
| 78  | 01:21:08 | 505 | Jen             | Aston              | Open | Female | 28 |
| 79  | 01:21:13 | 602 | Stephen         | Knott              | Open | Male   | 33 |
| 80  | 01:21:36 | 559 | Carly           | Faber              | Open | Female | 24 |
| 81  | 01:22:00 | 712 | Elizna          | Wiese              | Open | Female | 28 |
| 82  | 01:22:07 | 625 | Ian             | Martincich         | Open | Male   | 31 |
| 83  | 01:22:11 | 598 | Sante           | Joubert            | Open | Female | 25 |
| 84  | 01:22:25 | 608 | Sarah           | Lamond             | Open | Female | 31 |
| 85  | 01:22:28 | 556 | Erica           | Erasmus            | Open | Female | 34 |
| 86  | 01:22:29 | 572 | Jaco            | Gunter             | Open | Male   | 36 |
| 87  | 01:22:40 | 733 | Abraham         | Le Roux            | Open | Male   | 38 |
| 88  | 01:22:41 | 732 | Mathilda        | Dixon              | Open | Female | 35 |
| 89  | 01:22:43 | 615 | Jacques         | Linschoten         | Open | Male   | 32 |
| 90  | 01:22:46 | 702 | Sigi            | van Rensburg       | Open | Female | 33 |
| 91  | 01:22:48 | 527 | Paulette        | Calitz             | Open | Female | 28 |
| 92  | 01:22:52 | 741 | Samad           | Razzak             | Open | Male   | 55 |
| 93  | 01:23:17 | 549 | Martha          | Du plessis         | Open | Female | 47 |
| 94  | 01:24:36 | 684 | Andrew          | Stovell            | Open | Male   | 50 |
| 95  | 01:24:40 | 520 | Mareli          | Botha              | Open | Female | 29 |
| 96  | 01:24:42 | 514 | Marius          | Beukes             | Open | Male   | 30 |
| 97  | 01:24:45 | 605 | Wouter          | Kriegler           | Open | Male   | 27 |
| 98  | 01:24:51 | 723 | Ingrid          | de Jager           | Open | Female | 27 |
| 99  | 01:24:53 | 538 | Leon            | Cronje             | Open | Male   | 45 |
| 100 | 01:24:57 | 675 | Cristal         | Smith              | Open | Female | 33 |
| 101 | 01:24:58 | 648 | Nikki           | Parker             | Open | Female | 33 |
| 102 | 01:24:59 | 568 | Paul            | Gomes              | Open | Male   | 41 |
| 103 | 01:25:02 | 698 | Jasper          | Van der Westhuizen | Open | Male   | 48 |
| 104 | 01:25:48 | 575 | Angela          | Heath              | Open | Female | 34 |
| 105 | 01:26:27 | 672 | Marisa          | Smalberger         | Open | Female | 40 |
| 106 | 01:26:44 | 507 | Mish-Al         | Barday             | Open | Female | 22 |
| 107 | 01:26:50 | 666 | Gerhardus       | Scheltema          | Open | Male   | 36 |
| 108 | 01:26:56 | 626 | Larissa         | Matthews           | Open | Female | 39 |
| 109 | 01:26:58 | 738 | Hanneli         | Van Der Merwe      | Open | Female | 31 |
| 110 | 01:27:36 | 635 | Jo              | Munro              | Open | Female | 44 |
| 111 | 01:27:39 | 596 | Jozua           | Joubert            | Open | Male   | 33 |
| 112 | 01:27:43 | 631 | Jason           | Minnaar            | Open | Male   | 36 |
| 113 | 01:27:53 | 546 | Fayaadh         | Dhansay            | Open | Male   | 27 |
| 114 | 01:28:08 | 574 | Sean            | Harris             | Open | Male   | 47 |
| 115 | 01:28:21 | 509 | Lorian          | Barrett            | Open | Female | 31 |
| 116 | 01:28:35 | 657 | Monique         | Purdue             | Open | Female | 28 |
| 117 | 01:28:43 | 704 | Erita           | Van Wyk            | Open | Female | 39 |
| 118 | 01:28:47 | 551 | Myburgh         | Du Plessis         | Open | Male   | 35 |
| 119 | 01:28:48 | 552 | Yolande         | Du Plessis         | Open | Female | 34 |
| 120 | 01:29:19 | 752 | Annelise        | Thomas             | Open | Female | 37 |
| 121 | 01:29:22 | 753 | Gareth          | Thomas             | Open | Male   | 41 |
| 122 | 01:29:28 | 545 | Marelize        | De Wet             | Open | Female | 33 |
| 123 | 01:30:02 | 597 | Sandra          | Joubert            | Open | Female | 39 |
| 124 | 01:30:04 | 571 | Claudie         | Groenewald         | Open | Female | 38 |
| 125 | 01:30:58 | 713 | Ghalied         | Williams           | Open | Male   | 37 |
| 126 | 01:31:26 | 720 | Carien          | Coetzee            | Open | Female | 25 |
| 127 | 01:31:44 | 726 | Bernette        | Beyers             | Open | Female | 20 |
| 128 | 01:31:45 | 725 | Lydia           | Gildenhuys         | Open | Female | 26 |
| 129 | 01:31:56 | 536 | Colette         | Cooper             | Open | Female | 39 |
| 130 | 01:32:08 | 604 | Wilsia          | Kohrs              | Open | Female | 29 |
| 131 | 01:32:11 | 746 | Adri            | Visser             | Open | Female | 31 |
| 132 | 01:32:13 | 673 | Henro           | Smit               | Open | Male   | 38 |
| 133 | 01:32:18 | 736 | Magda           | du Toit            | Open | Female | 51 |
| 134 | 01:32:20 | 617 | Thiaan          | Lotter             | Open | Male   | 30 |
| 135 | 01:32:22 | 538 | Leon            | Cronje             | Open | Male   | 45 |
| 136 | 01:33:37 | 594 | Hilda           | Joubert            | Open | Female | 33 |
| 137 | 01:33:41 | 737 | Helene          | Conradie           | Open | Female | 47 |
| 138 | 01:34:28 | 580 | Imraan          | Hoosain            | Open | Male   | 31 |
| 139 | 01:35:54 | 747 | Bettina         | van der Hurk       | Open | Female | 40 |
| 140 | 01:36:04 | 751 | Mervin          | Schnehage          | Open | Male   | 37 |
| 141 | 01:37:13 | 643 | Juane           | Odendaal           | Open | Female | 36 |
| 142 | 01:38:04 | 703 | Lise            | Van Schoor         | Open | Female | 26 |
| 143 | 01:38:14 | 531 | Lucien          | Clarkson           | Open | Female | 36 |
| 144 | 01:38:15 | 553 | Jacques         | Du toit            | Open | Male   | 42 |
| 145 | 01:38:37 | 600 | Carolynn        | King               | Open | Female | 24 |
| 146 | 01:39:14 | 640 | Tracy           | Neumann            | Open | Female | 40 |
| 147 | 01:39:33 | 700 | Luzanne         | Van huyssteen      | Open | Female | 26 |
| 148 | 01:39:44 | 501 | Mogamat Shaheed | Abdullatief        | Open | Male   | 49 |
| 149 | 01:39:49 | 669 | Mulambo         | Sililo             | Open | Female | 42 |

|     |          |     |            |                     |        |        |    |
|-----|----------|-----|------------|---------------------|--------|--------|----|
| 150 | 01:39:52 | 619 | Inge       | Louw                | Open   | Female | 29 |
| 151 | 01:40:01 | 685 | Craig      | Strachan            | Open   | Male   | 39 |
| 152 | 01:40:55 | 534 | Timothy    | Coles               | Junior | Male   | 15 |
| 153 | 01:40:56 | 699 | Elmeri     | Van Heerden         | Open   | Female | 29 |
| 154 | 01:41:01 | 535 | Christine  | Colvin              | Open   | Female | 44 |
| 155 | 01:41:14 | 573 | Lee-ann    | Harris              | Open   | Female | 45 |
| 156 | 01:41:22 | 587 | Colleen    | Jacobs              | Open   | Female | 42 |
| 157 | 01:41:27 | 545 | Marelize   | De Wet              | Open   | Female | 33 |
| 158 | 01:41:31 | 632 | Tania      | Minnaar             | Open   | Female | 34 |
| 159 | 01:41:58 | 705 | Ernst      | van Zyl             | Open   | Male   | 19 |
| 160 | 01:41:59 | 735 | Elsje      | Reichert            | Open   | Female | 23 |
| 161 | 01:42:48 | 653 | Carron     | Finnan              | Open   | Female | 39 |
| 162 | 01:43:08 | 644 | Cameron    | Olivier             | Open   | Male   | 32 |
| 163 | 01:43:57 | 620 | Cindy      | Low                 | Open   | Female | 38 |
| 164 | 01:45:30 | 579 | Adriangail | High                | Open   | Female | 39 |
| 165 | 01:46:57 | 596 | Jozua      | Joubert             | Open   | Male   | 33 |
| 166 | 01:47:06 | 506 | Karla      | Avenant             | Open   | Female | 25 |
| 167 | 01:47:09 | 557 | Karen      | Ervens              | Open   | Female | 47 |
| 168 | 01:47:22 | 564 | Jo-Anne    | Gloak               | Open   | Female | 50 |
| 169 | 01:48:22 | 613 | Petro      | Liebenberg          | Open   | Female | 31 |
| 170 | 01:48:29 | 656 | Martin     | Prinsloo            | Open   | Male   | 32 |
| 171 | 01:49:45 | 743 | Sven       | Nielssen            | Open   | Male   | 42 |
| 172 | 01:52:53 | 603 | Ansia      | Kohrs               | Open   | Female | 32 |
| 173 | 01:55:49 | 661 | Danel      | Rossouw             | Open   | Female | 31 |
| 174 | 01:56:24 | 583 | Mariah     | Hugo                | Open   | Female | 30 |
| 175 | 01:57:08 | 589 | Shahida    | Jattiem             | Open   | Female | 47 |
| 176 | 02:05:28 | 623 | Jana       | Marshall            | Open   | Female | 31 |
| 177 | 02:05:42 | 742 | Wayne      | Jacobs              | Open   | Male   | 42 |
| 178 | 02:08:50 | 530 | David      | Clamp               | Open   | Male   | 50 |
| 179 | 02:11:59 | 518 | Michelle   | Boiskin             | Open   | Female | 51 |
| 180 | 02:12:17 | 585 | Rina       | Human               | Open   | Female | 31 |
| 181 | 02:12:19 | 676 | Melanie    | Snyman              | Open   | Female | 27 |
| 182 | 02:12:39 | 800 | Samantha   | Hewett (Wildrunner) | Open   | Female | 33 |
| 183 | 02:14:16 | 628 | Nois       | Mcingana            | Open   | Female | 25 |
| 184 | 02:16:04 | 567 | Leigh      | Goldschmidt         | Open   | Female | 52 |
| 185 | 02:24:22 | 503 | Riefda     | Adendorff           | Open   | Female | 25 |
| 186 | 02:24:43 | 561 | Samanthia  | Fouche              | Open   | Female | 31 |
| 187 | 02:25:00 | 613 | Petro      | Liebenberg          | Open   | Female | 31 |

## Open Male

| Position | Time     | Race # | Name            | Surname            | Category | Sex  | Age |
|----------|----------|--------|-----------------|--------------------|----------|------|-----|
| 1        | 00:53:49 | 629    | Ian             | McNaught Davis     | Open     | Male | 26  |
| 2        | 00:56:06 | 707    | Herlo           | Visagie            | Open     | Male | 22  |
| 3        | 00:57:19 | 749    | Phil            | Marsland           | Open     | Male | 44  |
| 4        | 00:59:11 | 689    | Japie           | Swanepoel          | Open     | Male | 46  |
| 5        | 00:59:14 | 662    | Nicol           | Russouw            | Open     | Male | 29  |
| 6        | 00:59:57 | 716    | Ross            | Wilson             | Open     | Male | 40  |
| 7        | 01:00:00 | 577    | David           | Hepburn            | Open     | Male | 28  |
| 8        | 01:00:07 | 522    | Pieter          | Bredell            | Open     | Male | 27  |
| 9        | 01:01:10 | 708    | Willie          | Visser             | Open     | Male | 38  |
| 10       | 01:02:01 | 677    | Brendon         | Solik              | Open     | Male | 24  |
| 11       | 01:02:04 | 650    | Michael         | Peacock            | Open     | Male | 39  |
| 12       | 01:02:07 | 510    | Gustav          | Bessinger          | Open     | Male | 29  |
| 13       | 01:03:35 | 739    | Pierre          | Mostert            | Open     | Male | 50  |
| 14       | 01:05:38 | 694    | Mc              | Uys                | Open     | Male | 24  |
| 15       | 01:05:50 | 508    | Crispin         | Barrett            | Open     | Male | 34  |
| 16       | 01:07:55 | 513    | Jacques         | Beukes             | Open     | Male | 30  |
| 17       | 01:08:03 | 511    | Deon            | Beukes             | Open     | Male | 20  |
| 18       | 01:08:24 | 576    | Ian             | Heigers            | Open     | Male | 36  |
| 19       | 01:09:24 | 612    | Anthony         | Leysens            | Open     | Male | 53  |
| 20       | 01:09:29 | 701    | Ben             | Van Rensburg       | Open     | Male | 39  |
| 21       | 01:09:46 | 654    | Craig           | Pike               | Open     | Male | 36  |
| 22       | 01:09:50 | 652    | Mark            | Groenewald         | Open     | Male | 35  |
| 23       | 01:09:56 | 744    | Corne           | Bahnorst           | Open     | Male | 27  |
| 24       | 01:10:17 | 537    | Mechiel         | Couvaras           | Open     | Male | 26  |
| 25       | 01:11:45 | 688    | Shaun           | Struwig            | Open     | Male | 26  |
| 26       | 01:12:04 | 627    | Ross            | McGarrick          | Open     | Male | 32  |
| 27       | 01:12:17 | 515    | Jacques         | Blaauw             | Open     | Male | 27  |
| 28       | 01:12:59 | 528    | Aidan           | Casserley          | Open     | Male | 25  |
| 29       | 01:14:15 | 686    | Marthinus       | Strauss            | Open     | Male | 26  |
| 30       | 01:15:15 | 616    | Hermann         | Lotter             | Open     | Male | 30  |
| 31       | 01:15:32 | 593    | Adriaan         | Jordaan            | Open     | Male | 28  |
| 32       | 01:15:44 | 547    | Adam            | Dias               | Open     | Male | 25  |
| 33       | 01:15:45 | 695    | Tobie           | Van Der Merwe      | Open     | Male | 37  |
| 34       | 01:15:46 | 664    | Faheem          | Salie              | Open     | Male | 33  |
| 35       | 01:15:48 | 665    | Ghaulib         | Salie              | Open     | Male | 35  |
| 36       | 01:16:15 | 659    | Walter          | Reisinger          | Open     | Male | 31  |
| 37       | 01:16:27 | 721    | Andre           | van Rooyen         | Open     | Male | 49  |
| 38       | 01:17:02 | 539    | Alun            | Darwood            | Open     | Male | 37  |
| 39       | 01:17:12 | 558    | Nicholas        | Esterhuysen        | Open     | Male | 29  |
| 40       | 01:18:07 | 611    | Majdie          | Levy               | Open     | Male | 34  |
| 41       | 01:19:25 | 646    | Warwick         | Palmer             | Open     | Male | 34  |
| 42       | 01:19:26 | 581    | Zaheer          | Hoosain            | Open     | Male | 27  |
| 43       | 01:20:21 | 570    | Pieter          | Greff              | Open     | Male | 26  |
| 44       | 01:20:24 | 693    | Michael         | Trzebiatowsky      | Open     | Male | 45  |
| 45       | 01:21:03 | 748    | Uli             | Wiederkehr         | Open     | Male | 72  |
| 46       | 01:21:06 | 729    | Leander         | Koekemoer          | Open     | Male | 29  |
| 47       | 01:21:13 | 602    | Stephen         | Knott              | Open     | Male | 33  |
| 48       | 01:22:07 | 625    | Ian             | Martincich         | Open     | Male | 31  |
| 49       | 01:22:29 | 572    | Jaco            | Gunter             | Open     | Male | 36  |
| 50       | 01:22:40 | 733    | Abraham         | Le Roux            | Open     | Male | 38  |
| 51       | 01:22:43 | 615    | Jacques         | Linschoten         | Open     | Male | 32  |
| 52       | 01:22:52 | 741    | Samad           | Razzak             | Open     | Male | 55  |
| 53       | 01:24:36 | 684    | Andrew          | Stovell            | Open     | Male | 50  |
| 54       | 01:24:42 | 514    | Marius          | Beukes             | Open     | Male | 30  |
| 55       | 01:24:45 | 605    | Wouter          | Kriegler           | Open     | Male | 27  |
| 56       | 01:24:53 | 538    | Leon            | Cronje             | Open     | Male | 45  |
| 57       | 01:24:59 | 568    | Paul            | Gomes              | Open     | Male | 41  |
| 58       | 01:25:02 | 698    | Jasper          | Van der Westhuizen | Open     | Male | 48  |
| 59       | 01:26:50 | 666    | Gerhardus       | Scheltema          | Open     | Male | 36  |
| 60       | 01:27:39 | 596    | Jozua           | Joubert            | Open     | Male | 33  |
| 61       | 01:27:43 | 631    | Jason           | Minnaar            | Open     | Male | 36  |
| 62       | 01:27:53 | 546    | Fayaadh         | Dhansay            | Open     | Male | 27  |
| 63       | 01:28:08 | 574    | Sean            | Harris             | Open     | Male | 47  |
| 64       | 01:28:47 | 551    | Myburgh         | Du Plessis         | Open     | Male | 35  |
| 65       | 01:29:22 | 753    | Gareth          | Thomas             | Open     | Male | 41  |
| 66       | 01:30:58 | 713    | Ghalied         | Williams           | Open     | Male | 37  |
| 67       | 01:32:13 | 673    | Henro           | Smit               | Open     | Male | 38  |
| 68       | 01:32:20 | 617    | Thiaan          | Lotter             | Open     | Male | 30  |
| 69       | 01:32:22 | 538    | Leon            | Cronje             | Open     | Male | 45  |
| 70       | 01:34:28 | 580    | Imraan          | Hoosain            | Open     | Male | 31  |
| 71       | 01:36:04 | 751    | Mervin          | Schnehage          | Open     | Male | 37  |
| 72       | 01:38:15 | 553    | Jacques         | Du toit            | Open     | Male | 42  |
| 73       | 01:39:44 | 501    | Mogamat Shaheed | Abdullatief        | Open     | Male | 49  |
| 74       | 01:40:01 | 685    | Craig           | Strachan           | Open     | Male | 39  |
| 75       | 01:41:58 | 705    | Ernst           | van Zyl            | Open     | Male | 19  |
| 76       | 01:43:08 | 644    | Cameron         | Olivier            | Open     | Male | 32  |
| 77       | 01:46:57 | 596    | Jozua           | Joubert            | Open     | Male | 33  |
| 78       | 01:48:29 | 656    | Martin          | Prinsloo           | Open     | Male | 32  |
| 79       | 01:49:45 | 743    | Sven            | Nielssen           | Open     | Male | 42  |

|    |          |     |       |        |      |      |    |
|----|----------|-----|-------|--------|------|------|----|
| 80 | 02:05:42 | 742 | Wayne | Jacobs | Open | Male | 42 |
| 81 | 02:08:50 | 530 | David | Clamp  | Open | Male | 50 |

### Open Female

| Position | Time     | Race # | Name        | Surname        | Category | Sex    | Age |
|----------|----------|--------|-------------|----------------|----------|--------|-----|
| 1        | 01:03:05 | 727    | Beate       | Stindt         | Open     | Female | 24  |
| 2        | 01:06:51 | 533    | Nerisa      | Coelho         | Open     | Female | 31  |
| 3        | 01:08:21 | 750    | Jackie      | De Villiers    | Open     | Female | 31  |
| 4        | 01:09:27 | 731    | Renette     | Van Der Merwe  | Open     | Female | 34  |
| 5        | 01:09:47 | 660    | Jessica     | Rohman         | Open     | Female | 28  |
| 6        | 01:11:08 | 740    | Susan       | Mostert        | Open     | Female | 44  |
| 7        | 01:11:31 | 682    | Julie       | Staples        | Open     | Female | 43  |
| 8        | 01:11:41 | 687    | Maré-Louise | Struwig        | Open     | Female | 26  |
| 9        | 01:11:50 | 734    | Livinia     | Tobve          | Open     | Female | 32  |
| 10       | 01:12:22 | 696    | Tricia      | Van der Mescht | Open     | Female | 28  |
| 11       | 01:12:23 | 730    | Benita      | Pretorius      | Open     | Female | 27  |
| 12       | 01:13:24 | 517    | Andrea      | Boettger       | Open     | Female | 43  |
| 13       | 01:14:14 | 524    | Joleen      | Broadfield     | Open     | Female | 25  |
| 14       | 01:14:17 | 634    | Sarine      | Müller         | Open     | Female | 26  |
| 15       | 01:14:47 | 722    | Elhe        | Delise         | Open     | Female | 50  |
| 16       | 01:15:29 | 618    | Lizanne     | Loubser        | Open     | Female | 30  |
| 17       | 01:16:17 | 582    | Samantha    | Howarth        | Open     | Female | 26  |
| 18       | 01:17:29 | 592    | Sheila      | Jolink         | Open     | Female | 26  |
| 19       | 01:18:19 | 683    | Dalene      | Stiff          | Open     | Female | 53  |
| 20       | 01:19:28 | 540    | Louise      | Day            | Open     | Female | 29  |
| 21       | 01:19:31 | 755    | Rene        | Arthur         | Open     | Female | 46  |
| 22       | 01:19:47 | 706    | Paola       | Vignani        | Open     | Female | 48  |
| 23       | 01:19:51 | 601    | Jill        | King           | Open     | Female | 34  |
| 24       | 01:19:52 | 525    | Alex        | Bull           | Open     | Female | 30  |
| 25       | 01:20:01 | 544    | Lauren      | De wet         | Open     | Female | 25  |
| 26       | 01:20:13 | 502    | Fadia       | Abels          | Open     | Female | 20  |
| 27       | 01:20:19 | 651    | Erica       | Petersen       | Open     | Female | 57  |
| 28       | 01:20:53 | 740    | Susan       | Mostert        | Open     | Female | 44  |
| 29       | 01:21:02 | 728    | Lize        | Rossouw        | Open     | Female | 26  |
| 30       | 01:21:08 | 505    | Jen         | Aston          | Open     | Female | 28  |
| 31       | 01:21:36 | 559    | Carly       | Faber          | Open     | Female | 24  |
| 32       | 01:22:00 | 712    | Elizna      | Wiese          | Open     | Female | 28  |
| 33       | 01:22:11 | 598    | Sante       | Joubert        | Open     | Female | 25  |
| 34       | 01:22:25 | 608    | Sarah       | Lamond         | Open     | Female | 31  |
| 35       | 01:22:28 | 556    | Erica       | Erasmus        | Open     | Female | 34  |
| 36       | 01:22:41 | 732    | Mathilda    | Dixon          | Open     | Female | 35  |
| 37       | 01:22:46 | 702    | Sigi        | van Rensburg   | Open     | Female | 33  |
| 38       | 01:22:48 | 527    | Paulette    | Calitz         | Open     | Female | 28  |
| 39       | 01:23:17 | 549    | Martha      | Du plessis     | Open     | Female | 47  |
| 40       | 01:24:40 | 520    | Mareli      | Botha          | Open     | Female | 29  |
| 41       | 01:24:51 | 723    | Ingrid      | de Jager       | Open     | Female | 27  |
| 42       | 01:24:57 | 675    | Cristal     | Smith          | Open     | Female | 33  |
| 43       | 01:24:58 | 648    | Nikki       | Parker         | Open     | Female | 33  |
| 44       | 01:25:48 | 575    | Angela      | Heath          | Open     | Female | 34  |
| 45       | 01:26:27 | 672    | Marisa      | Smalberger     | Open     | Female | 40  |
| 46       | 01:26:44 | 507    | Mish-Al     | Barday         | Open     | Female | 22  |
| 47       | 01:26:56 | 626    | Larissa     | Mathews        | Open     | Female | 39  |
| 48       | 01:26:58 | 738    | Hanneli     | Van Der Merwe  | Open     | Female | 31  |
| 49       | 01:27:36 | 635    | Jo          | Munro          | Open     | Female | 44  |
| 50       | 01:28:21 | 509    | Lorian      | Barrett        | Open     | Female | 31  |
| 51       | 01:28:35 | 657    | Monique     | Purdue         | Open     | Female | 28  |
| 52       | 01:28:43 | 704    | Ermita      | Van Wyk        | Open     | Female | 39  |
| 53       | 01:28:48 | 552    | Yolande     | Du Plessis     | Open     | Female | 34  |
| 54       | 01:29:19 | 752    | Annelise    | Thomas         | Open     | Female | 37  |
| 55       | 01:29:28 | 545    | Marelize    | De Wet         | Open     | Female | 33  |
| 56       | 01:30:02 | 597    | Sandra      | Joubert        | Open     | Female | 39  |
| 57       | 01:30:04 | 571    | Claudie     | Groenewald     | Open     | Female | 38  |
| 58       | 01:31:26 | 720    | Carien      | Coetzee        | Open     | Female | 25  |
| 59       | 01:31:44 | 726    | Bernette    | Beyers         | Open     | Female | 20  |
| 60       | 01:31:45 | 725    | Lydia       | Gildenhuys     | Open     | Female | 26  |
| 61       | 01:31:56 | 536    | Colette     | Cooper         | Open     | Female | 39  |
| 62       | 01:32:08 | 604    | Wilsia      | Kohrs          | Open     | Female | 29  |
| 63       | 01:32:11 | 746    | Adri        | Visser         | Open     | Female | 31  |
| 64       | 01:32:18 | 736    | Magda       | du Toit        | Open     | Female | 51  |
| 65       | 01:33:37 | 594    | Hilda       | Joubert        | Open     | Female | 33  |
| 66       | 01:33:41 | 737    | Helene      | Conradie       | Open     | Female | 47  |
| 67       | 01:35:54 | 747    | Bettina     | van der Hurk   | Open     | Female | 40  |
| 68       | 01:37:13 | 643    | Juane       | Odendaal       | Open     | Female | 36  |
| 69       | 01:38:04 | 703    | Lise        | Van Schoor     | Open     | Female | 26  |
| 70       | 01:38:14 | 531    | Lucien      | Clarkson       | Open     | Female | 36  |
| 71       | 01:38:37 | 600    | Carolynn    | King           | Open     | Female | 24  |
| 72       | 01:39:14 | 640    | Tracy       | Neumann        | Open     | Female | 40  |
| 73       | 01:39:33 | 700    | Luzanne     | Van huyssteen  | Open     | Female | 26  |
| 74       | 01:39:49 | 669    | Mulambo     | Sililo         | Open     | Female | 42  |
| 75       | 01:39:52 | 619    | Inge        | Louw           | Open     | Female | 29  |
| 76       | 01:40:56 | 699    | Elmeri      | Van Heerden    | Open     | Female | 29  |

|     |          |     |            |                     |      |        |    |
|-----|----------|-----|------------|---------------------|------|--------|----|
| 77  | 01:41:01 | 535 | Christine  | Colvin              | Open | Female | 44 |
| 78  | 01:41:14 | 573 | Lee-ann    | Harris              | Open | Female | 45 |
| 79  | 01:41:22 | 587 | Colleen    | Jacobs              | Open | Female | 42 |
| 80  | 01:41:27 | 545 | Marelize   | De Wet              | Open | Female | 33 |
| 81  | 01:41:31 | 632 | Tania      | Minnaar             | Open | Female | 34 |
| 82  | 01:41:59 | 735 | Elsje      | Reichert            | Open | Female | 23 |
| 83  | 01:42:48 | 653 | Carron     | Finnan              | Open | Female | 39 |
| 84  | 01:43:57 | 620 | Cindy      | Low                 | Open | Female | 38 |
| 85  | 01:45:30 | 579 | Adriangail | High                | Open | Female | 39 |
| 86  | 01:47:06 | 506 | Karla      | Avenant             | Open | Female | 25 |
| 87  | 01:47:09 | 557 | Karen      | Ervens              | Open | Female | 47 |
| 88  | 01:47:22 | 564 | Jo-Anne    | Gloak               | Open | Female | 50 |
| 89  | 01:48:22 | 613 | Petro      | Liebenberg          | Open | Female | 31 |
| 90  | 01:52:53 | 603 | Ansia      | Kohrs               | Open | Female | 32 |
| 91  | 01:55:49 | 661 | Danel      | Rossouw             | Open | Female | 31 |
| 92  | 01:56:24 | 583 | Mariah     | Hugo                | Open | Female | 30 |
| 93  | 01:57:08 | 589 | Shahida    | Jattiem             | Open | Female | 47 |
| 94  | 02:05:28 | 623 | Jana       | Marshall            | Open | Female | 31 |
| 95  | 02:11:59 | 518 | Michelle   | Boiskin             | Open | Female | 51 |
| 96  | 02:12:17 | 585 | Rina       | Human               | Open | Female | 31 |
| 97  | 02:12:19 | 676 | Melanie    | Snyman              | Open | Female | 27 |
| 98  | 02:12:39 | 800 | Samantha   | Hewett (Wildrunner) | Open | Female | 33 |
| 99  | 02:14:16 | 628 | Nols       | Mcingana            | Open | Female | 25 |
| 100 | 02:16:04 | 567 | Leigh      | Goldschmidt         | Open | Female | 52 |
| 101 | 02:24:22 | 503 | Riefda     | Adendorff           | Open | Female | 25 |
| 102 | 02:24:43 | 561 | Samanthia  | Fouche              | Open | Female | 31 |
| 103 | 02:25:00 | 613 | Petro      | Liebenberg          | Open | Female | 31 |

#### Junior Male

| Position | Time     | Race # | Name    | Surname | Category | Sex  | Age |
|----------|----------|--------|---------|---------|----------|------|-----|
| 1        | 00:52:59 | 678    | Dylan   | Solms   | Junior   | Male | 17  |
| 2        | 01:40:55 | 534    | Timothy | Coles   | Junior   | Male | 15  |