



Helderberg Mountain Run 2015

10.75km



Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:55:27	565	Ivan	Kruger	Senior	Male	22
2	00:56:25	627	Jacques	Van Schalkwyk	Junior	Male	15
3	00:57:07	607	Patrick	Smythe	Senior	Male	24
4	00:58:27	612	Oliver	Steele	Junior	Male	15
5	00:59:03	547	Jeremy	Handler	Senior	Male	45
6	00:59:21	642	Jan	Brimmer	Junior	Male	15
7	00:59:23	571	Megan	Leslie	Junior	Female	16
8	00:59:41	618	Freddie	Thiem	Senior	Male	58
9	01:00:46	501	Bruce	Abrahams	Senior	Male	38
10	01:01:14	667	Robert	Boyes	Junior	Male	17
11	01:02:43	655	Roelf	Pienaar	Senior	Male	40
12	01:03:01	570	Caitlin	Leslie	Senior	Female	19
13	01:04:04	544	Erica	Goedhals	Senior	Female	48
14	01:06:07	621	Sierd	Van der Bijl	Senior	Male	26
15	01:06:10	662	Heinrich	Meyer	Senior	Male	43
16	01:06:26	610	Cornel	Stander	Senior	Female	24
17	01:06:27	611	Liam	Stander	Senior	Male	26
18	01:07:04	643	Donal	Slemon	Senior	Male	49
19	01:08:10	566	Hanrich	Laubscher	Senior	Male	33
20	01:08:59	553	Liezl	Heerschap	Veteran	Female	43
21	01:10:02	671	Hugo	Beukes	Junior	Male	14
22	01:10:37	503	Kevin	Andrew	Senior	Male	26
23	01:10:39	504	Stephen	Andrew	Senior	Male	29
24	01:11:22	660	Juan	Slabbert	Senior	Male	31
25	01:11:24	628	Mareli	Van Schalkwyk	Senior	Female	18
26	01:11:26	564	Heinrich	Kroukamp	Senior	Male	28
27	01:11:40	674	Tavosque	Taru	Senior	Female	30
28	01:12:05	598	Stefan	Pretorius	Senior	Male	29
29	01:12:27	595	Durk	Postma	Senior	Male	34
30	01:12:28	563	Wayne	Kotze	Senior	Male	27
31	01:12:58	529	Zuki	Dyomfana	Senior	Male	28
32	01:13:31	631	Estea	Volschenk	Senior	Female	36
33	01:13:47	557	Ewald Gerald	Jansen van Rensburg	Senior	Male	27
34	01:13:48	558	Leandri	Jansen van Rensburg	Senior	Female	26
35	01:13:57	552	Hannah	Harrison-Saayman	Junior	Female	16
36	01:14:00	661	Bernadette	Reyneke	Senior	Female	41
37	01:14:25	669	Charl	Van Niekerk	Senior	Male	22
38	01:15:26	597	Johan	Pretorius	Senior	Male	52
39	01:15:35	646	Chantal	Catherine	Senior	Female	26
40	01:15:47	670	Rinus	Beukes	Senior	Male	47
41	01:16:08	543	Brendan	Gliddon	Senior	Male	30
42	01:16:11	603	Jurgen	Scherzinger	Senior	Male	57
43	01:16:15	526	Allan	Du Toit	Senior	Male	29
44	01:16:44	616	Barry	Symington	Senior	Male	33
45	01:16:52	665	Denzil	Kenan	Senior	Male	29
46	01:16:55	650	Martin	Groenewald	Senior	Male	30
47	01:18:03	623	Marais	Van der Merwe	Senior	Male	34
48	01:18:11	578	Chantal	Martin	Senior	Female	34
49	01:18:13	599	Greta	Raath	Senior	Female	24
50	01:18:15	521	Nicola	de Jager	Senior	Female	39
51	01:18:58	585	Zander	Neill-Dore	Senior	Male	25
52	01:19:23	584	Paul	Moller	Senior	Male	54
53	01:19:36	541	Corne	Gildenhuis	Senior	Female	45
54	01:19:38	516	Kate	Campbell	Senior	Female	26
55	01:19:41	545	Brett	Gower	Senior	Male	25
56	01:19:58	510	Courtney	Botha	Senior	Female	25
57	01:20:01	538	Whelan	Fielding	Senior	Male	35
58	01:20:15	583	Charl	Moller	Senior	Male	36
59	01:20:27	666	Aleo	Van Welde	Senior	Male	29

60	01:21:04	567	Regardt	Laubscher	Senior	Male	31
61	01:21:58	508	Jonathan	Bernstein	Senior	Male	45
62	01:22:11	634	Kyle	Sarkas	Senior	Male	31
63	01:22:21	546	Patricia	Hagen	Senior	Female	64
64	01:22:49	641	Carine	Grobbelaar	Senior	Female	27
65	01:23:04	649	Amy	Catherine	Senior	Female	26
66	01:23:06	644	Elke	Deluse	Senior	Female	53
67	01:23:08	542	Jaco	Gillman	Senior	Male	34
68	01:23:10	518	Chris	Clark	Senior	Male	72
69	01:23:22	562	Janieka	Kotze	Senior	Female	25
70	01:24:03	502	Anne	Alessandri	Senior	Female	40
71	01:24:24	535	Claire	Ferrandi	Senior	Female	24
72	01:24:33	639	Lara	Wallis	Senior	Female	25
73	01:24:54	625	Yolande	Van der Walt	Senior	Female	30
74	01:24:56	594	LOUIS	PIENAAR	Senior	Female	40
75	01:25:12	648	Semone	Pieters	Senior	Female	20
76	01:25:27	640	Frances	Black	Senior	Female	30
77	01:25:35	581	Rose	Mills	Senior	Female	56
78	01:25:39	530	Haydn	Ellwood	Senior	Male	38
79	01:25:59	668	Dalene	Strauss	Senior	Female	34
80	01:26:04	522	Zelda	De Paiva	Senior	Female	43
81	01:26:33	593	Theoni	Photopoulou	Senior	Female	31
82	01:26:35	528	Ian	Durbach	Senior	Male	31
83	01:26:43	619	Carl	Thomen	Senior	Male	32
84	01:26:47	673	Veronica	Robertson	Senior	Female	33
85	01:27:11	589	Elzahn	Oosthuizen	Senior	Female	40
86	01:27:36	675	Aidan	Casserley	Senior	Male	28
87	01:28:16	561	Hendrik	Kotze	Senior	Male	29
88	01:28:28	632	Ian	Wallace	Senior	Male	45
89	01:28:47	658	Justine	Krige	Senior	Female	32
90	01:29:03	605	Monique	Schutte	Senior	Female	27
91	01:29:08	672	Matumelo	Mainaakae	Senior	Female	28
92	01:29:41	551	Sean	Harris	Senior	Male	51
93	01:30:05	524	Leana	De Witt	Senior	Female	29
94	01:30:07	517	Keagan	Carr	Senior	Male	30
95	01:30:23	596	Cobus	Pretorius	Senior	Male	46
96	01:30:27	663	Judy-Lynn	Holden	Senior	Female	57
97	01:30:29	664	Chris	Holden	Senior	Male	28
98	01:31:16	514	Ferdi	Brannekamper	Senior	Male	43
99	01:31:20	638	Loren	Rutherford	Senior	Female	38
100	01:31:22	534	Peter	Farwell	Senior	Male	47
101	01:31:36	656	Iolia	Minda	Senior	Male	23
102	01:31:38	630	Anja	Visagie	Senior	Female	27
103	01:31:46	600	Michelle	Rogowski	Senior	Female	29
104	01:32:04	647	Richard	Badrick	Senior	Male	71
105	01:32:23	579	JOSH	McPherson	Junior	Male	15
106	01:32:28	580	Tinus	Mcpherson	Senior	Male	49
107	01:32:42	549	Lee-Ann	Harris	Senior	Female	48
108	01:32:45	577	Kyle	Marquis	Senior	Male	36
109	01:32:55	587	Nicola	Okes	Senior	Female	31
110	01:33:10	586	Enid	Nieuwoudt	Senior	Female	26
111	01:33:44	622	Corlia	Van der Merwe	Senior	Female	28
112	01:33:47	633	Cordula	Winkler	Senior	Female	36
113	01:33:49	654	Olga	Human	Senior	Female	41
114	01:33:52	548	Jackie	Hannaford	Senior	Female	30
115	01:33:54	554	Steve	Henry	Senior	Male	47
116	01:33:57	613	Francois	Steyn	Senior	Male	43
117	01:34:14	635	Lynne	Wilkinson	Senior	Female	40
118	01:34:26	604	Mervin	Schnehage	Senior	Male	39
119	01:35:05	614	Jene	Steyn	Senior	Female	42
120	01:38:40	620	Nicole	Tyler	Senior	Female	29
121	01:40:38	608	Madonna	Somers	Senior	Female	31
122	01:40:40	609	Ockert	Somers	Senior	Male	31
123	01:40:53	539	Bonnie	Floyd	Senior	Female	36
124	01:43:33	588	Cornelia	Olivier	Senior	Female	42
125	01:44:19	507	Channette	Bantjes	Senior	Female	37
126	01:44:45	515	Maryke	Butcher	Senior	Female	29
127	01:44:53	590	Brad	Page	Senior	Male	31
128	01:45:12	636	Greg	Farr	Senior	Male	28
129	01:45:14	637	Bianca	Dempers	Senior	Female	23
130	01:45:56	556	Shelan	Hutton	Senior	Female	53
131	01:48:51	527	Helga	Du Toit	Senior	Female	47
132	01:50:20	676	Jenny	Hughes	Senior	Female	0

133	01:51:50	652	Melanie	Venter	Senior	Female	25
134	01:52:27	629	Tracey	Van Zyl	Senior	Female	40
135	01:54:59	657	Marianne	Nelson	Senior	Female	71
136	01:55:19	572	Kathryn	Liprini	Senior	Female	33
137	01:55:24	653	Nicole	Venter	Senior	Female	25
138	01:57:41	659	Mohamed	Adonis	Senior	Male	39
139	01:58:25	513	Lee	Bramwell	Senior	Female	34
140	02:02:30	602	Corne	Rossouw	Senior	Female	41
141	02:03:30	520	Nicola	Davidson	Senior	Female	37
142	02:18:54	573	Adri	Longland	Senior	Female	45

Senior Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:55:27	565	Ivan	Kruger	Senior	Male	22
2	00:57:07	607	Patrick	Smythe	Senior	Male	24
3	00:59:03	547	Jeremy	Handler	Senior	Male	45
4	00:59:41	618	Freddie	Thiem	Senior	Male	58
5	01:00:46	501	Bruce	Abrahams	Senior	Male	38
6	01:02:43	655	Roelf	Pienaar	Senior	Male	40
7	01:06:07	621	Sierd	Van der Bijl	Senior	Male	26
8	01:06:10	662	Heinrich	Meyer	Senior	Male	43
9	01:06:27	611	Liam	Stander	Senior	Male	26
10	01:07:04	643	Donal	Slemon	Senior	Male	49
11	01:08:10	566	Hanrich	Laubscher	Senior	Male	33
12	01:10:37	503	Kevin	Andrew	Senior	Male	26
13	01:10:39	504	Stephen	Andrew	Senior	Male	29
14	01:11:22	660	Juan	Slabbert	Senior	Male	31
15	01:11:26	564	Heinrich	Kroukamp	Senior	Male	28
16	01:12:05	598	Stefan	Pretorius	Senior	Male	29
17	01:12:27	595	Durk	Postma	Senior	Male	34
18	01:12:28	563	Wayne	Kotze	Senior	Male	27
19	01:12:58	529	Zuki	Dyomfana	Senior	Male	28
20	01:13:47	557	Ewald Gerald	Jansen van Rensburg	Senior	Male	27
21	01:14:25	669	Charl	Van Niekerk	Senior	Male	22
22	01:15:26	597	Johan	Pretorius	Senior	Male	52
23	01:15:47	670	Rinus	Beukes	Senior	Male	47
24	01:16:08	543	Brendan	Gliddon	Senior	Male	30
25	01:16:11	603	Jurgen	Scherzinger	Senior	Male	57
26	01:16:15	526	Allan	Du Toit	Senior	Male	29
27	01:16:44	616	Barry	Symington	Senior	Male	33
28	01:16:55	650	Martin	Groenewald	Senior	Male	30
29	01:18:03	623	Marais	Van der Merwe	Senior	Male	34
30	01:18:58	585	Zander	Neill-Dore	Senior	Male	25
31	01:19:23	584	Paul	Moller	Senior	Male	54
32	01:19:41	545	Brett	Gower	Senior	Male	25
33	01:20:01	538	Whelan	Fielding	Senior	Male	35
34	01:20:15	583	Charl	Moller	Senior	Male	36
35	01:20:27	666	Aleo	Van Welde	Senior	Male	29
36	01:21:04	567	Regardt	Laubscher	Senior	Male	31
37	01:21:58	508	Jonathan	Bernstein	Senior	Male	45
38	01:22:11	634	Kyle	Sarkas	Senior	Male	31
39	01:23:08	542	Jaco	Gillman	Senior	Male	34
40	01:23:10	518	Chris	Clark	Senior	Male	72
41	01:25:39	530	Haydn	Ellwood	Senior	Male	38
42	01:26:35	528	Ian	Durbach	Senior	Male	31
43	01:26:43	619	Carl	Thomen	Senior	Male	32
44	01:27:36	675	Aidan	Casserley	Senior	Male	28
45	01:28:16	561	Hendrik	Kotze	Senior	Male	29
46	01:28:28	632	Ian	Wallace	Senior	Male	45
47	01:29:41	551	Sean	Harris	Senior	Male	51
48	01:30:07	517	Keagan	Carr	Senior	Male	30
49	01:30:23	596	Cobus	Pretorius	Senior	Male	46
50	01:30:29	664	Chris	Holden	Senior	Male	28
51	01:31:16	514	Ferdi	Brannekamper	Senior	Male	43
52	01:31:22	534	Peter	Farwell	Senior	Male	47
53	01:31:36	656	Iolia	Minda	Senior	Male	23
54	01:32:04	647	Richard	Badrick	Senior	Male	71
55	01:32:28	580	Tinus	Mcperson	Senior	Male	49
56	01:32:45	577	Kyle	Marquis	Senior	Male	36
57	01:33:54	554	Steve	Henry	Senior	Male	47
58	01:33:57	613	Francois	Steyn	Senior	Male	43
59	01:34:26	604	Mervin	Schnehage	Senior	Male	39
60	01:40:40	609	Ockert	Somers	Senior	Male	31
61	01:44:53	590	Brad	Page	Senior	Male	31
62	01:45:12	636	Greg	Farr	Senior	Male	28
63	01:57:41	659	Mohamed	Adonis	Senior	Male	39
64	01:16:52	665	Denzil	Kenan	Senior	Male	29

Senior Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:03:01	570	Caitlin	Leslie	Senior	Female	19
2	01:04:04	544	Erica	Goedhals	Senior	Female	48
3	01:06:26	610	Cornel	Stander	Senior	Female	24
4	01:08:59	553	Liezl	Heerschap	Senior	Female	43
5	01:11:24	628	Mareli	Van Schalkwyk	Senior	Female	18
6	01:11:40	674	Tavosque	Taru	Senior	Female	30
7	01:13:31	631	Estea	Volschenk	Senior	Female	36
8	01:13:48	558	Leandri	Jansen van Rensburg	Senior	Female	26
9	01:14:00	661	Bernadette	Reyneke	Senior	Female	41
10	01:15:35	646	Chantal	Catherine	Senior	Female	26
11	01:18:11	578	Chantal	Martin	Senior	Female	34
12	01:18:13	599	Greta	Raath	Senior	Female	24
13	01:18:15	521	Nicola	de Jager	Senior	Female	39
14	01:19:36	541	Corne	Gildenhuys	Senior	Female	45
15	01:19:38	516	Kate	Campbell	Senior	Female	26
16	01:19:58	510	Courtney	Botha	Senior	Female	25
17	01:22:21	546	Patricia	Hagen	Senior	Female	64
18	01:22:49	641	Carine	Grobbelaar	Senior	Female	27
19	01:23:04	649	Amy	Catherine	Senior	Female	26
20	01:23:06	644	Elke	Deluse	Senior	Female	53
21	01:23:22	562	Janieka	Kotze	Senior	Female	25
22	01:24:03	502	Anne	Alessandri	Senior	Female	40
23	01:24:24	535	Claire	Ferrandi	Senior	Female	24
24	01:24:33	639	Lara	Wallis	Senior	Female	25
25	01:24:54	625	Yolande	Van der Walt	Senior	Female	30
26	01:24:56	594	LOUIS	PIENAAR	Senior	Female	40
27	01:25:12	648	Semone	Pieters	Senior	Female	20
28	01:25:27	640	Frances	Black	Senior	Female	30
29	01:25:35	581	Rose	Mills	Senior	Female	56
30	01:25:59	668	Dalene	Strauss	Senior	Female	34
31	01:26:04	522	Zelda	De Paiva	Senior	Female	43
32	01:26:33	593	Theoni	Photopoulou	Senior	Female	31
33	01:26:47	673	Veronica	Robertson	Senior	Female	33
34	01:27:11	589	Elzahn	Oosthuizen	Senior	Female	40
35	01:28:47	658	Justine	Krige	Senior	Female	32
36	01:29:03	605	Monique	Schutte	Senior	Female	27
37	01:29:08	672	Matumelo	Mainaakae	Senior	Female	28
38	01:30:05	524	Leana	De Witt	Senior	Female	29
39	01:30:27	663	Judy-Lynn	Holden	Senior	Female	57
40	01:31:20	638	Loren	Rutherford	Senior	Female	38
41	01:31:38	630	Anja	Visagie	Senior	Female	27
42	01:31:46	600	Michelle	Rogowski	Senior	Female	29
43	01:32:42	549	Lee-Ann	Harris	Senior	Female	48
44	01:32:55	587	Nicola	Okes	Senior	Female	31
45	01:33:10	586	Enid	Nieuwoudt	Senior	Female	26
46	01:33:44	622	Corlia	Van der Merwe	Senior	Female	28
47	01:33:47	633	Cordula	Winkler	Senior	Female	36
48	01:33:49	654	Olga	Human	Senior	Female	41
49	01:33:52	548	Jackie	Hannaford	Senior	Female	30
50	01:34:14	635	Lynne	Wilkinson	Senior	Female	40
51	01:35:05	614	Jene	Steyn	Senior	Female	42
52	01:38:40	620	Nicole	Tyler	Senior	Female	29
53	01:40:38	608	Madonna	Somers	Senior	Female	31
54	01:40:53	539	Bonnie	Floyd	Senior	Female	36
55	01:43:33	588	Cornelia	Olivier	Senior	Female	42
56	01:44:19	507	Channette	Bantjes	Senior	Female	37
57	01:44:45	515	Maryke	Butcher	Senior	Female	29
58	01:45:14	637	Bianca	Dempers	Senior	Female	23
59	01:45:56	556	Shelan	Hutton	Senior	Female	53
60	01:48:51	527	Helga	Du Toit	Senior	Female	47
61	01:50:20	676	Jenny	Hughes	Senior	Female	0
62	01:51:50	652	Melanie	Venter	Senior	Female	25
63	01:52:27	629	Tracey	Van Zyl	Senior	Female	40
64	01:54:59	657	Marianne	Nelson	Senior	Female	71
65	01:55:19	572	Kathryn	Liprini	Senior	Female	33
66	01:55:24	653	Nicole	Venter	Senior	Female	25
67	01:58:25	513	Lee	Bramwell	Senior	Female	34
68	02:02:30	602	Corne	Rossouw	Senior	Female	41
69	02:03:30	520	Nicola	Davidson	Senior	Female	37
70	02:18:54	573	Adri	Longland	Senior	Female	45

Junior Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:56:25	627	Jacques	Van Schalkwyk	Junior	Male	15
2	00:58:27	612	Oliver	Steele	Junior	Male	15
3	00:59:21	642	Jan	Brimmer	Junior	Male	15
4	01:01:14	667	Robert	Boyes	Junior	Male	17
5	01:10:02	671	Hugo	Beukes	Junior	Male	14
6	01:32:23	579	Josh	McPherson	Junior	Male	15

Junior Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:59:23	571	Megan	Leslie	Junior	Female	16
2	01:13:57	552	Hannah	Harrison-Saayman	Junior	Female	16