



Helderberg Mountain Challenge Lite 2015 15km



Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:26:20	333	Edson	Kumwamba	Senior	Male	25
2	01:26:20	275	Timothy	Chambers	Senior	Male	18
3	01:29:30	468	peter	Tswayo	Senior	Male	35
4	01:29:41	439	Chad	Gordon	Veteran	Male	44
5	01:36:30	257	Raydon	Balie (Wild Runner)	Senior	Male	20
6	01:44:59	465	Will	Battersby	Senior	Male	37
7	01:46:02	314	Neil	Hermann	Master	Male	56
8	01:46:22	414	Marguerite	Van Niekerk	Senior	Female	31
9	01:47:42	433	Ryan	Winter	Senior	Male	37
10	01:52:14	464	Chantel	Nienaber	Veteran	Female	41
11	01:52:18	467	Dewald	Conradie	Senior	Male	34
12	01:53:24	283	Kyle	Cottle	Senior	Male	26
13	01:53:55	289	Johan	De Klerk	Senior	Male	23
14	01:57:18	452	Taryn	King	Senior	Female	28
15	01:57:45	401	Graham	Swart	Veteran	Male	41
16	01:57:48	379	Dave	Russell-Rockliff	Veteran	Male	41
17	02:01:02	407	Hugh-John	Townsend	Veteran	Male	49
18	02:01:06	335	Jaco	Lambrechts	Senior	Male	35
19	02:03:31	425	Jean	Welsh	Senior	Female	37
20	02:04:42	337	MARK	LANG	Senior	Male	31
21	02:04:47	430	Richard	Williams	Master	Male	53
22	02:05:23	420	Stian	Venter	Senior	Male	20
23	02:06:58	415	Werner	Van Rensburg	Senior	Male	30
24	02:07:51	395	Simon	Starck	Senior	Male	26
25	02:07:51	421	Mark	Vernon	Senior	Male	28
26	02:09:18	376	Ignus	Rocher	Senior	Male	25
27	02:09:52	360	Ivor	Norval	Veteran	Male	48
28	02:09:55	290	Jean-Pierre	De Kock	Senior	Male	29
29	02:11:46	348	Cameron	McCallum	Senior	Male	35
30	02:12:32	447	Adam	Clemens	Senior	Male	30
31	02:12:42	372	Tanya	Rabie	Veteran	Female	44
32	02:15:42	302	Leon	Erwee	Master	Male	61
33	02:16:09	293	Helgaard	Dorman	Senior	Male	32
34	02:17:16	435	Monwa	Xala	Senior	Male	34
35	02:21:29	280	David	Conradie	Veteran	Male	46
36	02:22:32	451	Rod	Hunter	Senior	Male	34
37	02:23:41	463	Neal	Bresler	Veteran	Male	43
38	02:23:48	332	Colin	Koen	Veteran	Male	40
39	02:24:10	471	Fadia	Abels	Senior	Female	22
40	02:24:12	264	Tinus	Botha	Veteran	Male	47
41	02:24:21	265	Deidre	Bothma	Senior	Female	33
42	02:25:00	322	Kylie	Janse van Vuuren	Senior	Female	23
43	02:25:55	254	Graham	Alessandri	Master	Male	55
44	02:26:03	457	Zach	Benade	Master	Male	50
45	02:26:16	363	Christopher	Parker	Senior	Male	23
46	02:27:32	382	FAHEEM	SALIE	Senior	Male	36
47	02:27:35	443	Andrew	Paget	Senior	Male	24
48	02:27:49	339	Tinus	Le Roux	Master	Male	55
49	02:28:01	449	Samantha	Orrey	Senior	Female	26
50	02:28:04	448	Jamie	Holtzhausen	Senior	Male	31
51	02:28:11	349	Robin	McDonald (Wildrunner)	Master	Male	62
52	02:28:14	260	Schalk	Bezuidenhout	Senior	Male	21
53	02:28:21	394	Nadine	Spencer	Senior	Female	39
54	02:28:32	450	Danielle	Lavan	Senior	Female	27
55	02:28:54	268	Ashley	Braver	Veteran	Male	47
56	02:29:31	391	Bronwyn	Smith	Veteran	Female	40
57	02:29:34	256	Jean	Badenhorst	Senior	Female	38
58	02:29:47	362	Chrisitaan	Pansegrouw	Senior	Male	34
59	02:30:38	285	Heather	Dalton	Senior	Female	35
60	02:31:17	311	Tim	Hadingham	Veteran	Male	43
61	02:32:15	305	Kobus	Fouché	Senior	Male	32
62	02:32:31	361	JD	Otto	Senior	Male	28
63	02:32:55	315	Pauline	Herrmann-Keys	Veteran	Female	41
64	02:34:37	438	Antoon	De Klerk	Senior	Male	35
65	02:34:38	309	Mariska	Groenewald	Senior	Female	32

66	02:35:19	387	Kelly	Scholtz	Senior	Male	31
67	02:36:20	313	Andre	Hefer	Veteran	Male	48
68	02:36:26	262	Heinrich	Boock	Senior	Male	26
69	02:36:36	346	Mareli	Mans	Senior	Female	32
70	02:37:07	297	Jonathan	Edmunds	Senior	Male	22
71	02:37:37	410	Rina	Van der Merwe	Veteran	Female	41
72	02:37:45	358	Martin	Nejthardt	Senior	Male	39
73	02:38:01	271	Eduard	Burger	Senior	Male	32
74	02:38:46	456	Handri	Boshoff	Senior	Male	36
75	02:38:51	258	Adam	Bekker	Veteran	Male	40
76	02:38:57	417	Henri	Van Schaik	Veteran	Male	42
77	02:39:11	308	Elton	Gordon	Senior	Male	33
78	02:39:53	419	Andries	Venter	Veteran	Male	42
79	02:40:06	295	Mark	Durham	Veteran	Male	40
80	02:40:50	266	Tom	Boyles	Veteran	Male	43
81	02:40:53	426	Abrie	Wessels	Veteran	Male	49
82	02:40:55	359	Louw	Nel	Senior	Male	39
83	02:40:57	403	Michael	Theunissen	Master	Male	52
85	02:41:31	276	Richard	Cherry	Veteran	Male	42
86	02:41:35	423	Ian	Walton	Master	Male	64
87	02:41:37	458	Werner	Venter	Senior	Male	37
88	02:41:44	386	Christopher	Schnehage	Master	Male	61
89	02:42:53	398	Jaco	Stemmet	Senior	Male	39
90	02:44:00	328	Luke	Kelly	Senior	Male	32
91	02:44:04	436	Esther	Zive	Senior	Female	31
92	02:44:09	375	Liz	Robertson	Veteran	Female	45
93	02:44:11	364	Aundrea	Patton	Senior	Female	30
94	02:44:13	370	Sean	Power	Senior	Male	31
95	02:45:47	338	Cara-Anne	Le Mottee	Senior	Female	27
96	02:45:49	345	Alexandra	Malmnas	Senior	Female	36
97	02:45:51	253	Eiri	Agenbag	Senior	Female	31
98	02:46:03	336	Annerie	Lamprecht	Senior	Female	26
99	02:47:26	460	Simon	Wilson	Master	Male	52
100	02:47:49	440	Sarah-Marie	Nothing	Senior	Female	29
101	02:49:14	341	Pauline	Lewis	Veteran	Female	41
102	02:49:21	461	Mark	Berning	Master	Male	52
103	02:49:22	343	Hennie	Longland	Master	Male	52
104	02:49:57	422	Mart-Maré	Viviers	Senior	Female	29
105	02:50:01	331	Stephen	Knott	Senior	Male	36
106	02:50:08	294	Pier	Du Plessis	Senior	Male	26
107	02:50:40	366	Gary	Phipson	Veteran	Male	48
108	02:50:43	316	Lauren	Honeyman	Veteran	Female	44
109	02:51:13	442	Mmamapudi	Kubjane	Senior	Female	24
110	02:51:29	267	Liz	Brash	Master	Female	55
111	02:51:33	330	Lize-Marick	Keyser	Senior	Female	30
112	02:52:14	424	Ben	Welsh	Veteran	Male	40
113	02:52:15	400	Brian	Super	Master	Male	57
114	02:52:21	446	Kate	Aitken	Senior	Female	29
115	02:52:24	444	Taryn	McKenna	Senior	Female	29
116	02:52:42	377	Karin	Roos	Senior	Female	26
117	02:53:24	279	David	Conradie	Master	Male	62
118	02:54:22	441	Jenny	Livingstone	Senior	Female	34
119	02:55:27	318	George	Horn	Veteran	Male	47
120	02:55:39	284	Graham	Crawford	Veteran	Male	41
121	02:55:46	304	James	Fife	Veteran	Male	47
122	02:56:19	408	Kerith	Tuff	Senior	Female	34
123	02:56:21	405	Wendy	Thompson	Veteran	Female	46
124	02:57:05	299	Mark	Ellis	Senior	Male	23
125	02:57:13	356	Craig	Munnik	Veteran	Male	46
126	02:59:04	334	Allison	Lamb	Veteran	Female	44
127	02:59:11	367	Lee-Anne	Pienaar	Senior	Female	37
128	02:59:21	270	Beatrix	Broek	Veteran	Female	48
129	02:59:26	354	Naasief	Mohamed	Senior	Male	32
130	02:59:52	344	Jacqueline	Loydell	Master	Female	53
131	03:00:46	371	Paolo	Puccini	Senior	Male	27
132	03:02:20	389	Neville	Sharwood	Master	Male	56
133	03:03:05	296	John	Eccles	Master	Male	65
134	03:04:24	399	Alan	Struthers	Veteran	Male	41
135	03:04:47	445	Rob	Menne	Senior	Male	30
136	03:05:49	470	Mike	Carr	Master	Male	56
137	03:05:51	373	Glanville	Retief	Veteran	Male	40
138	03:06:53	388	May	Scholtz	Veteran	Female	45
139	03:07:01	412	Karyn	Van Eeden	Senior	Female	31
140	03:07:11	418	LEANA	VAN WYK	Senior	Female	32
141	03:09:10	459	Robert	Robinson	Senior	Male	29
142	03:11:44	385	Dewald	Schlebusch	Senior	Male	33
143	03:14:36	277	Vanessa	Clark	Veteran	Female	40
144	03:14:42	350	Donfrey	Meyer	Senior	Male	37
145	03:14:49	312	Juliet	Hazell	Senior	Female	35
146	03:15:28	273	Sandra	Butler	Senior	Female	27

147	03:16:57	429	Pauline	Wilkinson	Senior	Female	31
148	03:17:10	317	Michelle	Horak	Senior	Female	27
149	03:17:11	307	Alasdair	Glass	Senior	Male	27
150	03:17:39	416	Erica	Van Rhyn	Master	Female	51
151	03:18:16	434	Bret	Wurdeman	Senior	Male	24
152	03:18:20	406	Lesley	Titmuss	Senior	Female	24
153	03:20:10	261	Alicia	Bock	Senior	Female	32
154	03:21:44	324	Cheryl	Jenks	Veteran	Female	42
155	03:22:36	357	Hannelie	Naude	Senior	Female	39
156	03:22:41	306	Karin	Gerber	Senior	Female	29
157	03:23:09	326	Nadia	Kariel	Senior	Female	36
158	03:23:12	320	ARMIEN	JACOBS	Senior	Male	37
159	03:29:36	327	Brigid	Kell	Senior	Female	26
160	03:30:00	353	Nicholas	Minnaar	Senior	Male	23
161	03:30:06	392	Natasha	Solari	Senior	Female	22
162	03:35:42	303	Jon	Farnsworth	Veteran	Male	47
163	03:37:38	255	Cathy	Alison	Master	Female	50
164	03:50:13	282	Jacques	Conradie	Veteran	Male	41
165	03:52:41	321	Lloyd	Jacobs	Senior	Male	31
166	04:13:23	396	Wilma	Stassen	Senior	Female	37
167	04:15:41	390	Adele	Smith	Veteran	Female	46

Senior Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:26:20	333	Edson	Kumwamba	Senior	Male	25
2	01:26:20	275	Timothy	Chambers	Senior	Male	18
3	01:29:30	468	peter	Tswayo	Senior	Male	35
4	01:36:30	257	Raydon	Balie (Wild Runner)	Senior	Male	20
5	01:44:59	465	Will	Battersby	Senior	Male	37
6	01:47:42	433	Ryan	Winter	Senior	Male	37
7	01:52:18	467	Dewald	Conradie	Senior	Male	34
8	01:53:24	283	Kyle	Cottle	Senior	Male	26
9	01:53:55	289	Johan	De Klerk	Senior	Male	23
10	02:01:06	335	Jaco	Lambrechts	Senior	Male	35
11	02:04:42	337	MARK	LANG	Senior	Male	31
12	02:05:23	420	Stian	Venter	Senior	Male	20
13	02:06:58	415	Werner	Van Rensburg	Senior	Male	30
14	02:07:51	395	Simon	Starck	Senior	Male	26
15	02:07:51	421	Mark	Vernon	Senior	Male	28
16	02:09:18	376	Ignus	Rocher	Senior	Male	25
17	02:09:55	290	Jean-Pierre	De Kock	Senior	Male	29
18	02:11:46	348	Cameron	McCallum	Senior	Male	35
19	02:12:32	447	Adam	Clemens	Senior	Male	30
20	02:16:09	293	Helgaard	Doman	Senior	Male	32
21	02:17:16	435	Monwa	Xala	Senior	Male	34
22	02:22:32	451	Rod	Hunter	Senior	Male	34
23	02:26:16	363	Christopher	Parker	Senior	Male	23
24	02:27:32	382	FAHEEM	SALIE	Senior	Male	36
25	02:27:35	443	Andrew	Paget	Senior	Male	24
26	02:28:04	448	Jamie	Holtzhausen	Senior	Male	31
27	02:28:14	260	Schalk	Bezuidenhout	Senior	Male	21
28	02:29:47	362	Chrisitaan	Pansegrouw	Senior	Male	34
29	02:32:15	305	Kobus	Fouché	Senior	Male	32
30	02:32:31	361	JD	Otto	Senior	Male	28
31	02:34:37	438	Antoon	De Klerk	Senior	Male	35
32	02:35:19	387	Kelly	Scholtz	Senior	Male	31
33	02:36:26	262	Heinrich	Boock	Senior	Male	26
34	02:37:07	297	Jonathan	Edmunds	Senior	Male	22
35	02:37:45	358	Martin	Nejthardt	Senior	Male	39
36	02:38:01	271	Eduard	Burger	Senior	Male	32
37	02:38:46	456	Handri	Boshoff	Senior	Male	36
38	02:39:11	308	Elton	Gordon	Senior	Male	33
39	02:40:55	359	Louw	Nel	Senior	Male	39
40	02:41:37	458	Werner	Venter	Senior	Male	37
41	02:42:53	398	Jaco	Stemmet	Senior	Male	39
42	02:44:00	328	Luke	Kelly	Senior	Male	32
43	02:44:13	370	Sean	Power	Senior	Male	31
44	02:50:01	331	Stephen	Knott	Senior	Male	36
45	02:50:08	294	Pier	Du Plessis	Senior	Male	26
46	02:57:05	299	Mark	Ellis	Senior	Male	23
47	02:59:26	354	Naasief	Mohamed	Senior	Male	32
48	03:00:46	371	Paolo	Puccini	Senior	Male	27
49	03:04:47	445	Rob	Menne	Senior	Male	30
50	03:09:10	459	Robert	Robinson	Senior	Male	29
51	03:11:44	385	Dewald	Schlebusch	Senior	Male	33
52	03:14:42	350	Donfrey	Meyer	Senior	Male	37
53	03:17:11	307	Alasdair	Glass	Senior	Male	27
54	03:18:16	434	Bret	Wurdeman	Senior	Male	24
55	03:23:12	320	ARMIEN	JACOBS	Senior	Male	37
56	03:30:00	353	Nicholas	Minnaar	Senior	Male	23
57	03:52:41	321	Lloyd	Jacobs	Senior	Male	31

Senior Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:46:22	414	Marguerite	Van Niekerk	Senior	Female	31
2	01:57:18	452	Taryn	King	Senior	Female	28
3	02:03:31	425	Jean	Welsh	Senior	Female	37
4	02:24:10	471	Fadia	Abels	Senior	Female	22
5	02:24:21	265	Deidre	Bothma	Senior	Female	33
6	02:25:00	322	Kylie	Janse van Vuuren	Senior	Female	23
7	02:28:01	449	Samantha	Orrey	Senior	Female	26
8	02:28:21	394	Nadine	Spencer	Senior	Female	39
9	02:28:32	450	Danielle	Lavan	Senior	Female	27
10	02:29:34	256	Jean	Badenhorst	Senior	Female	38
11	02:30:38	285	Heather	Dalton	Senior	Female	35
12	02:34:38	309	Mariska	Groenewald	Senior	Female	32
13	02:36:36	346	Mareli	Mans	Senior	Female	32
14	02:44:04	436	Esther	Zive	Senior	Female	31
15	02:44:11	364	Aundrea	Patton	Senior	Female	30
16	02:45:47	338	Cara-Anne	Le Mottee	Senior	Female	27
17	02:45:49	345	Alexandra	Malmnas	Senior	Female	36
18	02:45:51	253	Elri	Agenbag	Senior	Female	31
19	02:46:03	336	Annerie	Lamprecht	Senior	Female	26
20	02:47:49	440	Sarah-Marie	Nothing	Senior	Female	29
21	02:49:57	422	Mart-Maré	Viviers	Senior	Female	29
22	02:51:13	442	Mmamapudi	Kubjane	Senior	Female	24
23	02:51:33	330	Lize-Marick	Keyser	Senior	Female	30
24	02:52:21	446	Kate	Aitken	Senior	Female	29
25	02:52:24	444	Taryn	McKenna	Senior	Female	29
26	02:52:42	377	Karin	Roos	Senior	Female	26
27	02:54:22	441	Jenny	Livingstone	Senior	Female	34
28	02:56:19	408	Kerith	Tuff	Senior	Female	34
29	02:59:11	367	Lee-Anne	Pienaar	Senior	Female	37
30	03:07:01	412	Karyn	Van Eeden	Senior	Female	31
31	03:07:11	418	LEANA	VAN WYK	Senior	Female	32
32	03:14:49	312	Juliet	Hazell	Senior	Female	35
33	03:15:28	273	Sandra	Butler	Senior	Female	27
34	03:16:57	429	Pauline	Wilkinson	Senior	Female	31
35	03:17:10	317	Michelle	Horak	Senior	Female	27
36	03:18:20	406	Lesley	Titmuss	Senior	Female	24
37	03:20:10	261	Alicia	Bock	Senior	Female	32
38	03:22:36	357	Hannelie	Naude	Senior	Female	39
39	03:22:41	306	Karin	Gerber	Senior	Female	29
40	03:23:09	326	Nadia	Kariel	Senior	Female	36
41	03:29:36	327	Brigid	Kell	Senior	Female	26
42	03:30:06	392	Natasha	Solari	Senior	Female	22
43	04:13:23	396	Wilma	Stassen	Senior	Female	37

Veteran Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:29:41	439	Chad	Gordon	Veteran	Male	44
2	01:57:45	401	Graham	Swart	Veteran	Male	41
3	01:57:48	379	Dave	Russell-Rockliff	Veteran	Male	41
4	02:01:02	407	Hugh-John	Townsend	Veteran	Male	49
5	02:09:52	360	Ivor	Norval	Veteran	Male	48
6	02:21:29	280	David	Conradie	Veteran	Male	46
7	02:23:41	463	Neal	Bresler	Veteran	Male	43
8	02:23:48	332	Colin	Koen	Veteran	Male	40
9	02:24:12	264	Tinus	Botha	Veteran	Male	47
10	02:28:54	268	Ashley	Braver	Veteran	Male	47
11	02:31:17	311	Tim	Hadingham	Veteran	Male	43
12	02:36:20	313	Andre	Hefer	Veteran	Male	48
13	02:38:51	258	Adam	Bekker	Veteran	Male	40
14	02:38:57	417	Henri	Van Schaik	Veteran	Male	42
15	02:39:53	419	Andries	Venter	Veteran	Male	42
16	02:40:06	295	Mark	Durham	Veteran	Male	40
17	02:40:50	266	Tom	Boyles	Veteran	Male	43
18	02:40:53	426	Abrie	Wessels	Veteran	Male	49
19	02:41:31	276	Richard	Cherry	Veteran	Male	42
20	02:50:40	366	Gary	Phipson	Veteran	Male	48
21	02:52:14	424	Ben	Welsh	Veteran	Male	40
22	02:55:27	318	George	Horn	Veteran	Male	47
23	02:55:39	284	Graham	Crawford	Veteran	Male	41
24	02:55:46	304	James	Fife	Veteran	Male	47
25	02:57:13	356	Craig	Munnik	Veteran	Male	46
26	03:04:24	399	Alan	Struthers	Veteran	Male	41
27	03:05:51	373	Glanville	Retief	Veteran	Male	40
28	03:35:42	303	Jon	Farnsworth	Veteran	Male	47
29	03:50:13	282	Jacques	Conradie	Veteran	Male	41

Veteran Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:52:14	464	Chantel	Nienaber	Veteran	Female	41
2	02:12:42	372	Tanya	Rabie	Veteran	Female	44
3	02:29:31	391	Bronwyn	Smith	Veteran	Female	40
4	02:32:55	315	Pauline	Herrmann-Keys	Veteran	Female	41
5	02:37:37	410	Rina	Van der Merwe	Veteran	Female	41
6	02:44:09	375	Liz	Robertson	Veteran	Female	45
7	02:49:14	341	Pauline	Lewis	Veteran	Female	41
8	02:50:43	316	Lauren	Honeyman	Veteran	Female	44
9	02:56:21	405	Wendy	Thompson	Veteran	Female	46
10	02:59:04	334	Allison	Lamb	Veteran	Female	44
11	02:59:21	270	Beatrix	Broek	Veteran	Female	48
12	03:06:53	388	May	Scholtz	Veteran	Female	45
13	03:14:36	277	Vanessa	Clark	Veteran	Female	40
14	03:21:44	324	Cheryl	Jenks	Veteran	Female	42
15	04:15:41	390	Adele	Smith	Veteran	Female	46

Master Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:46:02	314	Neil	Hermann	Master	Male	56
2	02:04:47	430	Richard	Williams	Master	Male	53
3	02:15:42	302	Leon	Erwee	Master	Male	61
4	02:25:55	254	Graham	Alessandri	Master	Male	55
5	02:26:03	457	Zach	Benade	Master	Male	50
6	02:27:49	339	Tinus	Le Roux	Master	Male	55
7	02:28:11	349	Robin	McDonald (Wildrunner)	Master	Male	62
8	02:40:57	403	Michael	Theunissen	Master	Male	52
9	02:41:35	423	Ian	Walton	Master	Male	64
10	02:41:44	386	Christopher	Schnehage	Master	Male	61
11	02:47:26	460	Simon	Wilson	Master	Male	52
12	02:49:21	461	Mark	Berning	Master	Male	52
13	02:49:22	343	Hennie	Longland	Master	Male	52
14	02:52:15	400	Brian	Super	Master	Male	57
15	02:53:24	279	David	Conradie	Master	Male	62
16	03:02:20	389	Neville	Sharwood	Master	Male	56
17	03:03:05	296	John	Eccles	Master	Male	65
18	03:05:49	470	Mike	Carr	Master	Male	56

Master Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:51:29	267	Liz	Brash	Master	Female	55
2	02:59:52	344	Jacqueline	Loydell	Master	Female	53
3	03:17:39	416	Erica	Van Rhyn	Master	Female	51
4	03:37:38	255	Cathy	Alison	Master	Female	50