



# Jonkershoek Mountain Challenge

## EXTREME 30km

### Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:53:05	10	Allan	Benn	Veteran	Male	42
2	03:05:50	68	Bernard	Rukadza	Open	Male	30
3	03:07:20	67	Andrew	Hagen	Open	Male	28
4	03:07:45	95	Martin	Kleynhans	Open	Male	34
5	03:11:57	38	Jacobus	Diener	Open	Male	30
6	03:13:16	17	Jayde	Butler	Open	Male	26
7	03:15:28	62	Greg	Goodall	Open	Male	31
8	03:16:29	144	William	Robinson	Open	Male	30
9	03:17:39	167	Roger	Steel	Open	Male	34
10	03:20:27	21	Scarre	Celliers	Veteran	Male	45
11	03:24:24	2	Bruce	Arnett	Veteran	Male	40
12	03:27:00	120	Kenny	O'Kennedy	Open	Male	27
13	03:32:55	8	Will	Battersby	Open	Male	33
14	03:32:59	59	Duncan	Gilmour	Open	Male	35
15	03:33:04	43	Mike	Els	Open	Male	28
16	03:33:27	76	Samuel	Holtzkampf	Open	Male	33
17	03:34:06	159	Andrew	Smit	Open	Male	30
18	03:35:00	131	Justin	Paterson	Open	Male	36
19	03:38:13	193	Ryan	Winter	Open	Male	34
20	03:41:51	117	Dion	Middelkoop	Veteran	Male	42
21	03:42:00	142	James	Robertson	Veteran	Male	44
22	03:43:33	11	Nick	Bone	Veteran	Male	40
23	03:47:05	48	Robyn	Ferrar	Open	Female	35
24	03:48:11	112	Allan	McCreadie	Open	Male	34
25	03:48:13	72	Neil	Hermann	Master	Male	52
26	03:53:45	129	Warren	Owen	Open	Male	30
27	03:57:06	172	Maritz	Theron	Open	Male	27
28	03:57:16	54	James	Frazer	Veteran	Male	41
29	03:58:13	81	Teodor	Iliev	Open	Male	18
30	03:58:53	114	Ian	Metcalfe	Open	Male	30
31	03:59:02	160	Anton	Quenert	Veteran	Male	45
32	04:02:11	126	Phia	O'Kennedy	Open	Female	27
33	04:05:15	47	Roelof	Feenstra	Open	Male	30
34	04:06:42	133	Gerard	Pilz	Open	Male	26
35	04:07:23	35	Robert	de Monk	Veteran	Male	43
36	04:10:31	151	Allan	Ryninks (Wildrunner)	Master	Male	54
37	04:11:36	75	Pieter	Holtzhausen	Open	Male	29
38	04:13:52	20	Adam	Casson-Crook	Open	Male	35
39	04:15:22	102	Reginald	Labuschagne	Open	Male	33
40	04:15:31	138	Tanya	Rabie	Veteran	Female	40
41	04:15:40	135	Dean	Preston	Veteran	Male	42
42	04:17:17	31	Ross	Suter	Veteran	Male	45
43	04:19:11	181	Mark	Vernon	Open	Male	24
44	04:19:45	185	Cherilyn	Vossberg	Open	Female	32
45	04:20:34	184	Willem	Vorster	Open	Male	23
46	04:20:43	178	Kristinet	van der Westuizen	Open	Female	34
47	04:20:49	26	Bernard	Coetsee	Veteran	Male	42
48	04:21:28	165	Christine	Woods (Wildrunner)	Open	Female	37
49	04:22:22	108	Rob	Marthinusen	Open	Male	31
50	04:24:27	179	Riaan	van Zyl	Open	Male	37
51	04:25:42	79	Thomas	Hugo	Open	Male	25
52	04:26:49	121	Thomas	Mouton	Open	Male	37
53	04:26:57	14	Nico	Brink	Open	Male	27
54	04:27:27	153	Andreas	Schaal	Open	Male	37
55	04:27:29	6	Roland	Baasch	Open	Male	30
56	04:27:46	161	Gus	Naude	Veteran	Male	44
57	04:29:07	187	Magretha	Wang	Open	Female	26
58	04:29:52	173	Graeme	Trautmann	Open	Male	41
59	04:29:55	82	Andrew	Ing	Veteran	Male	46

60	04:32:23	150	Piet	Roux	Veteran	Male	41
61	04:34:08	149	Andre	Rossouw	Open	Male	36
62	04:35:04	127	Gus	Olivera	Veteran	Male	42
63	04:40:38	56	Douwe	Ganzevoort	Open	Male	28
64	04:41:10	74	Lizl	Hobson	Veteran	Female	44
65	04:41:20	63	Dan	Greig	Veteran	Male	52
66	04:42:50	58	Francois	Geldenhuys	Open	Male	35
67	04:43:28	70	Mark	Hall	Veteran	Male	44
68	04:46:11	177	Gerhard	van der Merwe	Open	Male	37
69	04:47:17	124	Zahn	Munch	Veteran	Female	48
70	04:47:18	123	Cecil	Munch	Master	Male	50
71	04:48:23	139	Etienne	Ralphs (Spur)	Veteran	Male	41
72	04:48:44	115	Adriaan	Meyer	Veteran	Male	39
73	04:48:47	119	Ant	Moore	Open	Male	36
74	04:49:19	46	Dave	Evans	Veteran	Male	49
75	04:49:27	45	Anton	Esterhuizen	Veteran	Male	42
76	04:49:33	141	George	Robertson	Open	Male	35
77	04:50:01	49	Andre	Filander	Veteran	Male	47
78	04:50:17	39	Mike	Dixon	Open	Male	33
79	04:50:47	168	Madre	Steenkamp	Open	Female	34
80	04:50:55	51	James	Fisher	Open	Male	39
81	04:52:54	84	Johan	Jansen van Rensburg	Veteran	Male	41
82	04:53:08	202	Donald	Mouton	Master	Male	56
83	04:54:12	27	Jade	de Hutton	Open	Female	32
84	04:54:45	186	Chrizelda	Walters	Open	Female	33
85	04:54:46	29	Craig	Cowan	Open	Male	42
86	04:56:09	97	Jacqui	Koep	Open	Female	42
87	04:56:18	136	Dom	Provoyeur	Open	Female	34
88	04:59:56	3	Clinton	Arnot	Open	Male	36
89	05:00:25	176	Wouter	van den Heever	Veteran	Male	44
90	05:00:32	60	Dieter	Gloeck	Master	Male	55
91	05:03:55	28	Matthew	Cooke	Open	Male	34
92	05:05:03	180	Cornel	Vermeulen	Veteran	Male	41
93	05:06:25	147	Sophia	Rosochacki	Open	Female	24
94	05:06:28	103	Sotirios	Ladopoulos	Veteran	Male	40
95	05:08:04	175	Sally	Tucker	Veteran	Female	42
96	05:08:05	85	Elisabeth	Jengo	Open	Female	25
97	05:08:36	137	Huddleston	Rabie	Veteran	Male	49
98	05:12:42	154	Christian	Schmidt	Open	Male	26
99	05:12:45	77	Andy	Howard	Veteran	Male	46
100	05:19:49	148	Jeffrey	Shapiro	Open	Male	33
101	05:20:02	140	Kim	Rew	Open	Female	35
102	05:20:05	37	Johan	de Villiers	Veteran	Male	42
103	05:22:28	146	Brian	Rogers	Veteran	Male	47
104	05:29:42	122	Bryan	Mulliner	Master	Male	52
105	05:29:51	30	Nolan	Daniel	Open	Male	36
106	05:29:57	162	Jason	Smith	Open	Male	34
107	05:47:27	106	Anke	Louw	Open	Female	39
108	06:05:21	107	Chris	Maakal	Open	Male	33
109	06:06:04	5	Christopher	Baasch	Open	Male	27
110	06:16:43	100	Stephen	Kriel	Veteran	Male	44
111	06:16:45	174	Erik	Truter	Master	Male	53

#### Open Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:05:50	68	Bernard	Rukadza	Open	Male	30
2	03:07:20	67	Andrew	Hagen	Open	Male	28
3	03:07:45	95	Martin	Kleynhans	Open	Male	34
4	03:11:57	38	Jacobus	Diener	Open	Male	30
5	03:13:16	17	Jayde	Butler	Open	Male	26
6	03:15:28	62	Greg	Goodall	Open	Male	31
7	03:16:29	144	William	Robinson	Open	Male	30
8	03:17:39	167	Roger	Steel	Open	Male	34
9	03:27:00	120	Kenny	O'Kennedy	Open	Male	27
10	03:32:55	8	Will	Battersby	Open	Male	33
11	03:32:59	59	Duncan	Gilmour	Open	Male	35
12	03:33:04	43	Mike	Els	Open	Male	28
13	03:33:27	76	Samuel	Holtzkampf	Open	Male	33
14	03:34:06	159	Andrew	Smit	Open	Male	30
15	03:35:00	131	Justin	Paterson	Open	Male	36
16	03:38:13	193	Ryan	Winter	Open	Male	34

17	03:48:11	112	Allan	McCreadie	Open	Male	34
18	03:53:45	129	Warren	Owen	Open	Male	30
19	03:57:06	172	Maritz	Theron	Open	Male	27
20	03:58:13	81	Teodor	Iliev	Open	Male	18
21	03:58:53	114	Ian	Metcalfe	Open	Male	30
22	04:05:15	47	Roelof	Feenstra	Open	Male	30
23	04:06:42	133	Gerard	Pilz	Open	Male	26
24	04:11:36	75	Pieter	Holtzhausen	Open	Male	29
25	04:13:52	20	Adam	Casson-Crook	Open	Male	35
26	04:15:22	102	Reginald	Labuschagne	Open	Male	33
27	04:19:11	181	Mark	Vernon	Open	Male	24
28	04:20:34	184	Willem	Vorster	Open	Male	23
29	04:22:22	108	Rob	Marthinusen	Open	Male	31
30	04:24:27	179	Riaan	van Zyl	Open	Male	37
31	04:25:42	79	Thomas	Hugo	Open	Male	25
32	04:26:49	121	Thomas	Mouton	Open	Male	37
33	04:26:57	14	Nico	Brink	Open	Male	27
34	04:27:27	153	Andreas	Schaal	Open	Male	37
35	04:27:29	6	Roland	Baasch	Open	Male	30
36	04:29:52	173	Graeme	Trautmann	Open	Male	41
37	04:34:08	149	Andre	Rossouw	Open	Male	36
38	04:40:38	56	Douwe	Ganzevoort	Open	Male	28
39	04:42:50	58	Francois	Geldenhuys	Open	Male	35
40	04:46:11	177	Gerhard	van der Merwe	Open	Male	37
41	04:48:47	119	Ant	Moore	Open	Male	36
42	04:49:33	141	George	Robertson	Open	Male	35
43	04:50:17	39	Mike	Dixon	Open	Male	33
44	04:50:55	51	James	Fisher	Open	Male	39
45	04:54:46	29	Craig	Cowan	Open	Male	42
46	04:59:56	3	Clinton	Arnot	Open	Male	36
47	05:03:55	28	Matthew	Cooke	Open	Male	34
48	05:12:42	154	Christian	Schmidt	Open	Male	26
49	05:19:49	148	Jeffrey	Shapiro	Open	Male	33
50	05:29:51	30	Nolan	Daniel	Open	Male	36
51	05:29:57	162	Jason	Smith	Open	Male	34
52	06:05:21	107	Chris	Maakal	Open	Male	33
53	06:06:04	5	Christopher	Baasch	Open	Male	27

#### Open Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:47:05	48	Robyn	Ferrar	Open	Female	35
2	04:02:11	126	Phia	O'Kennedy	Open	Female	27
3	04:19:45	185	Cherilyn	Vossberg	Open	Female	32
4	04:20:43	178	Kristinet	van der Westuizen	Open	Female	34
5	04:21:28	165	Christine	Woods (Wildrunner)	Open	Female	37
6	04:29:07	187	Magretha	Wang	Open	Female	26
7	04:50:47	168	Madre	Steenkamp	Open	Female	34
8	04:54:12	27	Jade	de Hutton	Open	Female	32
9	04:54:45	186	Chrizelda	Walters	Open	Female	33
10	04:56:09	97	Jacqui	Koep	Open	Female	42
11	04:56:18	136	Dom	Provoyeur	Open	Female	34
12	05:06:25	147	Sophia	Rosochacki	Open	Female	24
13	05:08:05	85	Elisabeth	Jengo	Open	Female	25
14	05:20:02	140	Kim	Rew	Open	Female	35
15	05:47:27	106	Anke	Louw	Open	Female	39

#### Veteran Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:53:05	10	Allan	Benn	Veteran	Male	42
2	03:20:27	21	Scarre	Celliers	Veteran	Male	45
3	03:24:24	2	Bruce	Arnett	Veteran	Male	40
4	03:41:51	117	Dion	Middelkoop	Veteran	Male	42
5	03:42:00	142	James	Robertson	Veteran	Male	44
6	03:43:33	11	Nick	Bone	Veteran	Male	40
7	03:57:16	54	James	Frazer	Veteran	Male	41
8	03:59:02	160	Anton	Quenert	Veteran	Male	45
9	04:07:23	35	Robert	de Monk	Veteran	Male	43
10	04:15:40	135	Dean	Preston	Veteran	Male	42
11	04:17:17	31	Ross	Suter	Veteran	Male	45
12	04:20:49	26	Bernard	Coetzee	Veteran	Male	42
13	04:27:46	161	Gus	Naude	Veteran	Male	44

14	04:29:55	82	Andrew	Ing	Veteran	Male	46
15	04:32:23	150	Piet	Roux	Veteran	Male	41
16	04:35:04	127	Gus	Olivera	Veteran	Male	42
17	04:41:20	63	Dan	Greig	Veteran	Male	52
18	04:43:28	70	Mark	Hall	Veteran	Male	44
19	04:48:23	139	Etienne	Ralphs (Spur)	Veteran	Male	41
20	04:48:44	115	Adriaan	Meyer	Veteran	Male	39
21	04:49:19	46	Dave	Evans	Veteran	Male	49
22	04:49:27	45	Anton	Esterhuizen	Veteran	Male	42
23	04:50:01	49	Andre	Filander	Veteran	Male	47
24	04:52:54	84	Johan	Jansen van Rensburg	Veteran	Male	41
25	05:00:25	176	Wouter	van den Heever	Veteran	Male	44
26	05:05:03	180	Cornel	Vermeulen	Veteran	Male	41
27	05:06:28	103	Sotirios	Ladopoulos	Veteran	Male	40
28	05:08:36	137	Huddleston	Rabie	Veteran	Male	49
29	05:12:45	77	Andy	Howard	Veteran	Male	46
30	05:20:05	37	Johan	de Villiers	Veteran	Male	42
31	05:22:28	146	Brian	Rogers	Veteran	Male	47
32	06:16:43	100	Stephen	Kriel	Veteran	Male	44

#### Veteran Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:15:31	138	Tanya	Rabie	Veteran	Female	40
2	04:41:10	74	Lizl	Hobson	Veteran	Female	44
3	04:47:17	124	Zahn	Munch	Veteran	Female	48
4	05:08:04	175	Sally	Tucker	Veteran	Female	42

#### Master Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:48:13	72	Neil	Hermann	Master	Male	52
2	04:10:31	151	Allan	Ryninks (Wildrunner)	Master	Male	54
3	04:47:18	123	Cecil	Munch	Master	Male	50
4	04:53:08	202	Donald	Mouton	Master	Male	56
5	05:00:32	60	Dieter	Gloeck	Master	Male	55
6	05:29:42	122	Bryan	Mulliner	Master	Male	52
7	06:16:45	174	Erik	Truter	Master	Male	53