



Jonkershoek Mountain Challenge EXTREME 2012 30km

Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:53:15	212	Bernard	Rukadza	Open	Male	31
2	02:57:24	171	Dion	Middelkoop	Veteran	Male	42
3	02:59:59	93	Jock	Green	Open	Male	37
4	03:02:28	21	Ben	Brimble	Open	Male	26
5	03:02:51	118	Teodor	Iliev	Open	Male	18
6	03:03:52	76	Ake	Fagereng	Open	Male	29
7	03:04:41	96	Andrew	Hagen	Open	Male	28
8	03:05:02	91	Greg	Goodall	Open	Male	31
9	03:07:04	186	Petrus	Oosthuizen	Open	Male	22
10	03:09:39	294	Dominic	Wills	Open	Male	30
11	03:10:58	26	Derrick	Baard	Veteran	Male	41
12	03:11:20	161	Allan	McCreadie	Open	Male	34
13	03:16:50	283	Len	Verwey	Open	Male	38
14	03:18:06	299	Brett	Wood	Open	Male	31
15	03:20:01	46	Dian	Cronje	Open	Male	25
16	03:20:35	10	Will	Battersby	Open	Male	33
17	03:20:37	89	Duncan	Gilmour	Open	Male	35
18	03:24:04	34	Scarre	Celliers	Veteran	Male	46
19	03:25:00	111	Samuel	Holtzkampf	Open	Male	34
20	03:25:15	107	Katya	Soggot	Open	Female	36
21	03:27:42	300	Michael	Yeats	Open	Male	31
22	03:30:15	199	Dean	Preston	Veteran	Male	43
23	03:30:31	222	Helgard	Slabbert	Open	Male	37
24	03:31:45	4	Brenton	Ashby	Veteran	Male	42
25	03:32:26	160	Graeme	McCallum	Veteran	Male	48
26	03:33:08	295	Nicholas	Wiltshire	Open	Male	32
27	03:33:51	154	Nicole	Marais	Open	Female	28
28	03:34:59	235	Troy	Squires	Open	Male	32
29	03:37:39	15	Nicholas	Bone	Veteran	Male	40
30	03:38:08	251	Maritz	Theron	Open	Male	28
31	03:38:36	40	Jenny	Close	Open	Female	34
32	03:38:54	56	Cornel	de Jongh	Open	Male	29
33	03:43:37	47	Daniel	Cunnama	Open	Male	27
34	03:45:09	85	Theresa	Fourie	Open	Female	39
35	03:46:02	77	Roelof	Feenstra	Open	Male	30
36	03:49:15	105	Rob	de Mont	Veteran	Male	44
37	03:50:08	130	Rick	Kotze	Open	Male	21
38	03:50:16	291	Mark	Whitehead	Open	Male	26
39	03:50:22	127	Adam	King	Open	Male	30
40	03:53:09	196	Uwe	Pitsh	Open	Male	37
41	03:54:08	137	Rohan	Kruger	Open	Male	24
42	03:54:10	110	Pieter	Holtzhausen	Open	Male	30
43	03:54:57	269	Jaco	van der Westhuizen	Veteran	Male	42
44	03:55:50	270	Jan-Daniel	Van Deventer	Open	Male	22
45	03:56:16	198	Melany	Porter	Open	Female	36
46	03:56:46	145	Caitlin	Lewis	Veteran	Female	43
47	03:59:02	179	Eduan	Naudé	Open	Male	39
48	04:00:35	133	Stephen	Kriel	Veteran	Male	45
49	04:01:20	181	Sean	Newbery	Open	Male	28
50	04:01:37	165	Sean	McGibbon	Open	Male	21
51	04:02:03	132	Dawid	Kriel	Veteran	Male	47
52	04:02:38	102	Louis	Hauptfleisch	Open	Male	26
53	04:03:36	41	Bernard	Coetzee	Veteran	Male	42
54	04:03:43	173	Paul	Mitchell	Veteran	Male	42
55	04:03:57	78	Marilyn	Fischer	Open	Female	33
56	04:04:16	13	Andrew	Bird	Open	Male	33
57	04:05:02	292	Hamish	Whittal	Veteran	Male	44
58	04:05:06	239	Luc	Steens	Veteran	Male	43
59	04:05:17	131	Justin	Kretzschmar	Veteran	Male	40
60	04:05:19	290	Kriss	West	Open	Female	35
61	04:06:52	12	Herman	Berry	Open	Male	25
62	04:07:02	33	Adam	Casson-Crook	Open	Male	36
63	04:07:29	202	Anton	Quenet	Veteran	Male	46
64	04:07:43	236	Attie	Stadler	Open	Male	27
65	04:08:12	27	Benjamin	Bungartz	Open	Male	31

66	04:08:16	245	Hugo	Fourie	Open	Male	34
67	04:08:21	99	Dain	Hamilton	Veteran	Female	45
68	04:10:31	284	Howie	Viljoen	Veteran	Male	46
69	04:11:24	289	Rinus	Wessels	Open	Male	26
70	04:11:34	8	Caroline	Balkwill	Open	Female	38
71	04:11:42	79	Vanessa	Fisher	Open	Female	37
72	04:11:59	55	Dawid	de Jager	Open	Male	33
73	04:12:06	108	Justin	Hervey	Veteran	Male	45
74	04:13:49	112	Rob	Houdijk	Veteran	Male	44
75	04:14:10	143	Andre	le Grange	Veteran	Male	43
76	04:15:15	120	Jacques	Janse van rensburg	Veteran	Male	44
77	04:15:28	36	Rich	Cheary	Open	Male	33
78	04:15:49	224	Adriaan	Smit	Veteran	Male	43
79	04:16:04	6	Richard	Ayres	Veteran	Male	44
80	04:16:18	152	Wynand	Malan	Open	Male	33
81	04:16:22	188	Ross	Orwin	Open	Male	36
82	04:16:25	201	Johan	Pretorius	Veteran	Male	46
83	04:16:29	126	Roux	Kemp	Open	Male	37
84	04:16:32	87	Werner	Gerber	Open	Male	22
85	04:17:02	255	James	Tooley	Veteran	Male	40
86	04:17:04	191	Campbell	Parry	Veteran	Male	43
87	04:17:59	282	Marlene	Stofberg	Veteran	Female	43
88	04:18:15	140	Jacobus	Lacock	Open	Male	32
89	04:18:18	247	Carel	Strydom	Open	Male	28
90	04:19:04	217	Jorg	Schmid	Master	Male	51
91	04:20:08	218	Christiaan	Scholtz	Open	Male	21
92	04:20:54	215	Allan	Ryninks (Wildrunner)	Master	Male	54
93	04:21:33	240	Bennie	Steyn	Veteran	Male	44
94	04:21:37	119	Andrew	Ing	Veteran	Male	47
95	04:21:59	166	Dirk	McIntosh	Veteran	Male	48
96	04:22:03	164	David	McGibbon	Open	Male	23
97	04:22:19	258	Sue	Ulyett	Veteran	Female	45
98	04:22:26	59	Mark	Wagenheim	Veteran	Male	44
99	04:22:38	65	Warren	Douglas	Open	Male	35
100	04:25:26	50	Tania	D'Argent	Open	Female	36
101	04:25:29	74	Anton	Esterhuizen	Veteran	Male	43
102	04:26:05	92	Chris	Goodwin	Veteran	Male	44
103	04:26:34	22	Nico	Brink	Open	Male	28
104	04:27:48	287	Cherilyn	Vossberg	Open	Female	32
105	04:27:58	101	Philip	Hanekom	Open	Male	21
106	04:28:02	28	Lindsey	Bungartz	Open	Female	32
107	04:30:02	68	Armand	Du Plessis	Open	Male	32
108	04:30:17	187	Nico	Oosthuizen	Veteran	Male	42
109	04:31:21	53	Renier	De bruin	Veteran	Male	48
110	04:31:23	149	Kobus	Lourens	Veteran	Male	49
111	04:31:27	63	Wesley	Dewing	Open	Male	28
112	04:33:25	227	Jaques	Smith	Open	Male	36
113	04:34:42	136	Justin	Kruger	Veteran	Male	40
114	04:35:19	104	Tom	Scriba	Open	Male	33
115	04:35:29	260	Cobus	Van den berg	Veteran	Male	43
116	04:35:33	37	Gregg	Cheetham	Open	Male	35
117	04:38:46	248	Ross	Suter	Veteran	Male	46
118	04:38:58	262	Gideon	Van der Kolf	Open	Male	23
119	04:39:16	261	Wouter	van den Heever	Veteran	Male	44
120	04:39:44	162	Brian	McCurrach	Veteran	Male	44
121	04:40:26	103	Annemi	van Zyl	Open	Female	38
122	04:40:38	155	Renier	Markgraaff	Open	Male	30
123	04:43:15	43	Matthew	Cooke	Open	Male	35
124	04:43:18	107	Katya	Soggot	Open	Female	0
125	04:43:27	167	Victoria	McKechnie	Open	Female	32
126	04:43:32	206	Liesl	Ravenscroft	Veteran	Female	45
127	04:43:36	225	Michael	de Browski	Open	Male	35
128	04:43:39	115	Thomas	Hugo	Open	Male	26
129	04:43:43	172	Dion	Millson	Open	Male	38
130	04:43:52	178	Gys	Naude	Veteran	Male	45
131	04:43:56	138	Karel	La Cock	Veteran	Male	45
132	04:44:21	24	Ron	Buissinne	Veteran	Male	47
133	04:45:42	159	Heine	Matthee	Veteran	Male	43
134	04:45:46	158	Annaleen	Matthee	Veteran	Female	42
135	04:45:56	90	Barry	Goliath	Open	Male	39
136	04:46:01	182	Ghaleed	Nortje	Open	Male	38
137	04:46:21	148	Linsen	Loots	Open	Male	25
138	04:46:30	146	Boris	Leyck	Veteran	Male	42
139	04:46:37	216	Andreas	Schaal	Open	Male	38
140	04:46:39	75	Dave	Evans	Veteran	Male	50
141	04:48:56	151	Pieter	Malan	Veteran	Male	46

142	04:49:19	123	Mike	Jennings	Open	Male	31
143	04:49:27	232	Gregg	Sneddon	Veteran	Male	43
144	04:51:53	174	Petro	Mostert	Veteran	Female	45
145	04:51:58	288	Sarah	Webb	Master	Female	53
146	04:53:02	42	Barbara	Cole	Open	Female	38
147	04:53:38	254	Sean	Tickner	Open	Male	30
148	04:54:26	141	Lisa	Glaister	Open	Female	28
149	04:54:58	114	Frederick	Hugo	Veteran	Male	43
150	04:55:31	109	Grant	Hillary	Veteran	Male	42
151	04:56:16	51	Jonathan	Day	Open	Male	23
152	04:56:46	11	Thorsten	Becker	Open	Male	28
153	04:56:52	183	Robert	Obree	Open	Male	26
154	04:57:04	35	Jeremy	Chames	Open	Male	39
155	04:57:06	278	Jans	Van Wyk	Master	Male	55
156	04:57:55	271	Johann	Van Huyssteen	Open	Male	20
157	04:58:01	14	Pieter	Blom	Open	Male	20
158	04:59:45	20	Jacques	Breitenbach	Veteran	Male	41
159	05:00:04	265	Shaun	Van der merwe	Open	Male	33
160	05:00:25	207	Stanley	Reed	Open	Male	34
161	05:00:52	67	Travis	McGarry	Open	Male	31
162	05:00:55	168	Dylan	McGarry	Open	Male	29
163	05:01:08	193	Rob	Patrick	Open	Male	35
164	05:01:58	200	Albert	Pretorius	Veteran	Male	42
165	05:03:26	121	Johan	Jansen van Rensburg	Veteran	Male	41
166	05:03:42	252	Stephen	Kirsten	Veteran	Male	40
167	05:04:21	253	Alan	Thomas	Veteran	Male	43
168	05:04:26	84	Hannu	Garry	Open	Male	38
169	05:06:12	249	Barrie	Terblanche	Veteran	Male	47
170	05:06:28	268	S.J.	Van der Walt	Open	Male	21
171	05:07:36	61	Richard	Dellbridge	Open	Male	37
172	05:08:51	45	Paul	Crawford	Veteran	Male	42
173	05:09:54	157	Sally	Martindale-tucker	Veteran	Female	43
174	05:10:03	144	Nico	Le Roux	Open	Male	37
175	05:10:27	230	Louis	Smith	Open	Male	39
176	05:10:28	229	Liesl	Smith	Open	Female	39
177	05:10:38	98	Michael	Hall	Veteran	Male	42
178	05:10:43	213	Anthony	Rush	Open	Male	37
179	05:11:59	38	Daniel	Cilliers	Veteran	Male	42
180	05:12:36	185	Brett	Olsen	Veteran	Male	47
181	05:12:55	86	Sasha	Georgiev	Open	Male	38
182	05:13:26	72	Dougie	Engelke	Master	Male	54
183	05:14:47	122	Marlize	Jelliman	Open	Female	26
184	05:14:50	250	Erna	Theron	Open	Female	28
185	05:15:51	153	Francois	Malherbe	Open	Male	33
186	05:15:55	272	Schalk	van Jaarsveld	Open	Male	28
187	05:16:26	16	Eckhardt	Bosch	Open	Male	25
188	05:16:32	243	Tiekie	Steytler	Veteran	Female	41
189	05:16:36	242	Floris	Steytler	Veteran	Male	43
190	05:16:59	180	Pierre	Nel	Open	Male	28
191	05:17:18	32	Kobie	Buys	Veteran	Female	40
192	05:17:22	298	Ilana	Woeke	Open	Female	39
193	05:17:25	135	Junita Vandeline	Kruger	Open	Female	38
194	05:17:39	54	Almarie	De bruyn	Veteran	Female	45
195	05:17:40	23	Gerry	Brynard	Veteran	Male	47
196	05:18:06	5	Ian	Ashmole	Veteran	Male	44
197	05:18:17	139	Lodewyk	Labuschagne	Veteran	Male	46
198	05:20:35	169	Johan	Meyer	Open	Male	34
199	05:23:46	48	Rob	Damerell	Veteran	Male	41
200	05:29:36	237	Richard	Stanier	Open	Male	26
201	05:32:36	209	Brian	Rogers	Veteran	Male	48
202	05:32:45	97	Patricia	Hagen	Grand Master	Female	61
203	05:32:59	176	Barry	Muller	Veteran	Male	44
204	05:33:00	82	Eben	Fouche	Veteran	Male	43
205	05:33:03	71	Chris	Els	Veteran	Male	42
206	05:33:19	44	Brenda	Coomer	Master	Female	50
207	05:33:26	238	Cathy	Stanley	Veteran	Female	50
208	05:35:19	39	Louise	Clamp	Veteran	Female	46
209	05:35:34	259	Retha	Van Alphen	Veteran	Female	40
210	05:35:37	58	Lizl	De Villiers	Veteran	Female	44
211	05:37:27	197	Stephen	Pons	Master	Male	54
212	05:45:27	19	Kobus	Botha	Veteran	Male	44
213	05:56:34	297	Vanessa	Wium	Master	Female	50
214	05:57:08	64	Mike	Dixon	Open	Male	33
215	05:58:36	106	Michel	Herber	Open	Male	28
216	05:59:17	214	Rose	Rushton	Veteran	Female	42
217	05:59:30	73	Michelle	Erasmus	Open	Female	34

218	06:00:20	277	Janel	Van Schoor	Veteran	Female	43
219	06:00:23	30	Tracey	Burke	Veteran	Female	47
220	06:10:42	170	Petrie	Meyer	Veteran	Male	46
221	06:12:07	66	Jacques	Dreyer	Open	Male	26
222	06:12:51	244	Aleks	Strez	Veteran	Male	41
223	06:14:37	70	Guy	Dviri	Open	Male	39
224	06:34:05	163	Robin	McDonald (Wildrunner)	Master	Male	58
225	06:45:05	285	Adri	Visser	Grand Master	Female	60
226	06:45:10	124	Aletta	Jordaan	Veteran	Female	48
227	06:45:27	241	Annaleen	Steytler	Master	Female	52
228	06:45:30	273	Wilhelm	Van Niekerk	Veteran	Male	48
229	06:49:26	257	Erik	Truter	Master	Male	54
230	07:05:23	203	Odile	Quintard	Master	Female	55

Open Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:53:15	212	Bernard	Rukadza	Open	Male	31
2	02:59:59	93	Jock	Green	Open	Male	37
3	03:02:28	21	Ben	Brimble	Open	Male	26
4	03:02:51	118	Teodor	Iliev	Open	Male	18
5	03:03:52	76	Ake	Fagereng	Open	Male	29
6	03:04:41	96	Andrew	Hagen	Open	Male	28
7	03:05:02	91	Greg	Goodall	Open	Male	31
8	03:07:04	186	Petrus	Oosthuizen	Open	Male	22
9	03:09:39	294	Dominic	Wills	Open	Male	30
10	03:11:20	161	Allan	McCreadie	Open	Male	34
11	03:16:50	283	Len	Verwey	Open	Male	38
12	03:18:06	299	Brett	Wood	Open	Male	31
13	03:20:01	46	Dian	Cronje	Open	Male	25
14	03:20:35	10	Will	Battersby	Open	Male	33
15	03:20:37	89	Duncan	Gilmour	Open	Male	35
16	03:25:00	111	Samuel	Holtzkampf	Open	Male	34
17	03:27:42	300	Michael	Yeats	Open	Male	31
18	03:30:31	222	Helgard	Slabbert	Open	Male	37
19	03:33:08	295	Nicholas	Wiltshire	Open	Male	32
20	03:34:59	235	Troy	Squires	Open	Male	32
21	03:38:08	251	Maritz	Theron	Open	Male	28
22	03:38:54	56	Cornel	de Jongh	Open	Male	29
23	03:43:37	47	Daniel	Cunnama	Open	Male	27
24	03:46:02	77	Roelof	Feenstra	Open	Male	30
25	03:50:08	130	Rick	Kotze	Open	Male	21
26	03:50:16	291	Mark	Whitehead	Open	Male	26
27	03:50:22	127	Adam	King	Open	Male	30
28	03:53:09	196	Uwe	Pitsh	Open	Male	37
29	03:54:08	137	Rohan	Kruger	Open	Male	24
30	03:54:10	110	Pieter	Holtzhausen	Open	Male	30
31	03:55:50	270	Jan-Daniel	Van Deventer	Open	Male	22
32	03:59:02	179	Eduan	Naudé	Open	Male	39
33	04:01:20	181	Sean	Newbery	Open	Male	28
34	04:01:37	165	Sean	McGibbon	Open	Male	21
35	04:02:38	102	Louis	Hauptfleisch	Open	Male	26
36	04:04:16	13	Andrew	Bird	Open	Male	33
37	04:06:52	12	Herman	Berry	Open	Male	25
38	04:07:02	33	Adam	Casson-Crook	Open	Male	36
39	04:07:43	236	Attie	Stadler	Open	Male	27
40	04:08:12	27	Benjamin	Bungartz	Open	Male	31
41	04:08:16	245	Hugo	Fourie	Open	Male	34
42	04:11:24	289	Rinus	Wessels	Open	Male	26
43	04:11:59	55	Dawid	de Jager	Open	Male	33
44	04:15:28	36	Rich	Cheary	Open	Male	33
45	04:16:18	152	Wynand	Malan	Open	Male	33
46	04:16:22	188	Ross	Orwin	Open	Male	36
47	04:16:29	126	Roux	Kemp	Open	Male	37
48	04:16:32	87	Werner	Gerber	Open	Male	22
49	04:18:15	140	Jacobus	Lacock	Open	Male	32
50	04:18:18	247	Carel	Strydom	Open	Male	28
51	04:20:08	218	Christiaan	Scholtz	Open	Male	21
52	04:22:03	164	David	McGibbon	Open	Male	23
53	04:22:38	65	Warren	Douglas	Open	Male	35
54	04:26:34	22	Nico	Brink	Open	Male	28
55	04:27:58	101	Philip	Hanekom	Open	Male	21
56	04:30:02	68	Armand	Du Plessis	Open	Male	32
57	04:31:27	63	Wesley	Dewing	Open	Male	28
58	04:33:25	227	Jaques	Smith	Open	Male	36
59	04:35:19	104	Tom	Scriba	Open	Male	33
60	04:35:33	37	Gregg	Cheatham	Open	Male	35

61	04:38:58	262	Gideon	Van der Kolf	Open	Male	23
62	04:40:38	155	Renier	Markgraaff	Open	Male	30
63	04:43:15	43	Matthew	Cooke	Open	Male	35
64	04:43:36	225	Michael	de Browski	Open	Male	35
65	04:43:39	115	Thomas	Hugo	Open	Male	26
66	04:43:43	172	Dion	Millson	Open	Male	38
67	04:45:56	90	Barry	Goliath	Open	Male	39
68	04:46:01	182	Ghaleed	Nortje	Open	Male	38
69	04:46:21	148	Linsen	Loots	Open	Male	25
70	04:46:37	216	Andreas	Schaal	Open	Male	38
71	04:49:19	123	Mike	Jennings	Open	Male	31
72	04:53:38	254	Sean	Tickner	Open	Male	30
73	04:56:16	51	Jonathan	Day	Open	Male	23
74	04:56:46	11	Thorsten	Becker	Open	Male	28
75	04:56:52	183	Robert	Obree	Open	Male	26
76	04:57:04	35	Jeremy	Chames	Open	Male	39
77	04:57:55	271	Johann	Van Huyssteen	Open	Male	20
78	04:58:01	14	Pieter	Blom	Open	Male	20
79	05:00:04	265	Shaun	Van der merwe	Open	Male	33
80	05:00:25	207	Stanley	Reed	Open	Male	34
81	05:00:52	67	Travis	McGarry	Open	Male	31
82	05:00:55	168	Dylan	McGarry	Open	Male	29
83	05:01:08	193	Rob	Patrick	Open	Male	35
84	05:04:26	84	Hannu	Garny	Open	Male	38
85	05:06:28	268	S.J.	Van der Walt	Open	Male	21
86	05:07:36	61	Richard	Dellbridge	Open	Male	37
87	05:10:03	144	Nico	Le Roux	Open	Male	37
88	05:10:27	230	Louis	Smith	Open	Male	39
89	05:10:43	213	Anthony	Rush	Open	Male	37
90	05:12:55	86	Sasha	Georgiev	Open	Male	38
91	05:15:51	153	Francois	Malherbe	Open	Male	33
92	05:15:55	272	Schalk	van Jaarsveld	Open	Male	28
93	05:16:26	16	Eckhardt	Bosch	Open	Male	25
94	05:16:59	180	Pierre	Nel	Open	Male	28
95	05:20:35	169	Johan	Meyer	Open	Male	34
96	05:29:36	237	Richard	Stanier	Open	Male	26
97	05:57:08	64	Mike	Dixon	Open	Male	33
98	05:58:36	106	Michel	Herber	Open	Male	28
99	06:12:07	66	Jacques	Dreyer	Open	Male	26
100	06:14:37	70	Guy	Dviri	Open	Male	39

Open Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:25:15	107	Katya	Soggot	Open	Female	36
2	03:33:51	154	Nicole	Marais	Open	Female	28
3	03:38:36	40	Jenny	Close	Open	Female	34
4	03:45:09	85	Theresa	Fourie	Open	Female	39
5	03:56:16	198	Melany	Porter	Open	Female	36
6	04:03:57	78	Marilyn	Fischer	Open	Female	33
7	04:05:19	290	Kriss	West	Open	Female	35
8	04:11:34	8	Caroline	Balkwill	Open	Female	38
9	04:11:42	79	Vanessa	Fisher	Open	Female	37
10	04:25:26	50	Tania	D'Argent	Open	Female	36
11	04:27:48	287	Cherilyn	Vossberg	Open	Female	32
12	04:28:02	28	Lindsey	Bungartz	Open	Female	32
13	04:40:26	103	Annemi	van Zyl	Open	Female	38
14	04:43:27	167	Victoria	McKechnie	Open	Female	32
15	04:53:02	42	Barbara	Cole	Open	Female	38
16	04:54:26	141	Lisa	Glaister	Open	Female	28
17	05:10:28	229	Liesl	Smith	Open	Female	39
18	05:14:47	122	Marlize	Jelliman	Open	Female	26
19	05:14:50	250	Erna	Theron	Open	Female	28
20	05:17:22	298	Ilana	Woeke	Open	Female	39
21	05:17:25	135	Junita Vandeline	Kruger	Open	Female	38
22	05:59:30	73	Michelle	Erasmus	Open	Female	34

Veteran Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:57:24	171	Dion	Middelkoop	Veteran	Male	42
2	03:10:58	26	Derrick	Baard	Veteran	Male	41
3	03:24:04	34	Scarre	Celliers	Veteran	Male	46
4	03:30:15	199	Dean	Preston	Veteran	Male	43
5	03:31:45	4	Brenton	Ashby	Veteran	Male	42
6	03:32:26	160	Graeme	McCallum	Veteran	Male	48
7	03:37:39	15	Nicholas	Bone	Veteran	Male	40
8	03:49:15	105	Rob	de Mont	Veteran	Male	44
9	03:54:57	269	Jaco	van der Westhuizen	Veteran	Male	42
10	04:00:35	133	Stephen	Kriel	Veteran	Male	45
11	04:02:03	132	Dawid	Kriel	Veteran	Male	47
12	04:03:36	41	Bernard	Coetzee	Veteran	Male	42
13	04:03:43	173	Paul	Mitchell	Veteran	Male	42
14	04:05:02	292	Hamish	Whittal	Veteran	Male	44
15	04:05:06	239	Luc	Steens	Veteran	Male	43
16	04:05:17	131	Justin	Kretzschmar	Veteran	Male	40
17	04:07:29	202	Anton	Quenet	Veteran	Male	46
18	04:10:31	284	Howie	Viljoen	Veteran	Male	46
19	04:12:06	108	Justin	Hervey	Veteran	Male	45
20	04:13:49	112	Rob	Houdijk	Veteran	Male	44
21	04:14:10	143	Andre	le Grange	Veteran	Male	43
22	04:15:15	120	Jacques	Janse van rensburg	Veteran	Male	44
23	04:15:49	224	Adriaan	Smit	Veteran	Male	43
24	04:16:04	6	Richard	Ayres	Veteran	Male	44
25	04:16:25	201	Johan	Pretorius	Veteran	Male	46
26	04:17:02	255	James	Tooley	Veteran	Male	40
27	04:17:04	191	Campbell	Parry	Veteran	Male	43
28	04:21:33	240	Bennie	Steyn	Veteran	Male	44
29	04:21:37	119	Andrew	Ing	Veteran	Male	47
30	04:21:59	166	Dirk	McIntosh	Veteran	Male	48
31	04:22:26	59	Mark	Wagenheim	Veteran	Male	44
32	04:25:29	74	Anton	Esterhuizen	Veteran	Male	43
33	04:26:05	92	Chris	Goodwin	Veteran	Male	44
34	04:30:17	187	Nico	Oosthuizen	Veteran	Male	42
35	04:31:21	53	Renier	De bruin	Veteran	Male	48
36	04:31:23	149	Kobus	Lourens	Veteran	Male	49
37	04:34:42	136	Justin	Kruger	Veteran	Male	40
38	04:35:29	260	Cobus	Van den berg	Veteran	Male	43
39	04:38:46	248	Ross	Suter	Veteran	Male	46
40	04:39:16	261	Wouter	van den Heever	Veteran	Male	44
41	04:39:44	162	Brian	McCurrach	Veteran	Male	44
42	04:43:52	178	Gys	Naude	Veteran	Male	45
43	04:43:56	138	Karel	La Cock	Veteran	Male	45
44	04:44:21	24	Ron	Buisinne	Veteran	Male	47
45	04:45:42	159	Heine	Matthee	Veteran	Male	43
46	04:46:30	146	Boris	Leyck	Veteran	Male	42
47	04:46:39	75	Dave	Evans	Veteran	Male	50
48	04:48:56	151	Pieter	Malan	Veteran	Male	46
49	04:49:27	232	Gregg	Sneddon	Veteran	Male	43
50	04:54:58	114	Frederick	Hugo	Veteran	Male	43
51	04:55:31	109	Grant	Hillary	Veteran	Male	42
52	04:59:45	20	Jacques	Breitenbach	Veteran	Male	41
53	05:01:58	200	Albert	Pretorius	Veteran	Male	42
54	05:03:26	121	Johan	Jansen van Rensburg	Veteran	Male	41
55	05:03:42	252	Stephen	Kirsten	Veteran	Male	40
56	05:04:21	253	Alan	Thomas	Veteran	Male	43
57	05:06:12	249	Barrie	Terblanche	Veteran	Male	47
58	05:08:51	45	Paul	Crawford	Veteran	Male	42
59	05:10:38	98	Michael	Hall	Veteran	Male	42
60	05:11:59	38	Daniel	Cilliers	Veteran	Male	42
61	05:12:36	185	Brett	Olsen	Veteran	Male	47
62	05:16:36	242	Floris	Steytler	Veteran	Male	43
63	05:17:40	23	Gerry	Brynard	Veteran	Male	47
64	05:18:06	5	Ian	Ashmole	Veteran	Male	44
65	05:18:17	139	Lodewyk	Labuschagne	Veteran	Male	46
66	05:23:46	48	Rob	Damerell	Veteran	Male	41
67	05:32:36	209	Brian	Rogers	Veteran	Male	48
68	05:32:59	176	Barry	Muller	Veteran	Male	44
69	05:33:00	82	Eben	Fouche	Veteran	Male	43
70	05:33:03	71	Chris	Els	Veteran	Male	42
71	05:45:27	19	Kobus	Botha	Veteran	Male	44
72	06:10:42	170	Petrie	Meyer	Veteran	Male	46
73	06:12:51	244	Aleks	Strez	Veteran	Male	41
74	06:45:30	273	Wilhelm	Van Niekerk	Veteran	Male	48

Veteran Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:56:46	145	Caitlin	Lewis	Veteran	Female	43
2	04:08:21	99	Dain	Hamilton	Veteran	Female	45
3	04:17:59	282	Marlene	Stofberg	Veteran	Female	43
4	04:22:19	258	Sue	Ullyett	Veteran	Female	45
5	04:43:32	206	Liesl	Ravenscroft	Veteran	Female	45
6	04:45:46	158	Annaleen	Matthee	Veteran	Female	42
7	04:51:53	174	Petro	Mostert	Veteran	Female	45
8	05:09:54	157	Sally	Martindale-tucker	Veteran	Female	43
9	05:16:32	243	Tiekie	Steytler	Veteran	Female	41
10	05:17:18	32	Kobie	Buys	Veteran	Female	40
11	05:17:39	54	Almarie	De bruyn	Veteran	Female	45
12	05:33:26	238	Cathy	Stanley	Veteran	Female	50
13	05:35:19	39	Louise	Clamp	Veteran	Female	46
14	05:35:34	259	Retha	Van Alphen	Veteran	Female	40
15	05:35:37	58	Lizl	De Villiers	Veteran	Female	44
16	05:59:17	214	Rose	Rushton	Veteran	Female	42
17	06:00:20	277	Janel	Van Schoor	Veteran	Female	43
18	06:00:23	30	Tracey	Burke	Veteran	Female	47
19	06:45:10	124	Aletta	Jordaan	Veteran	Female	48

Master Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:19:04	217	Jorg	Schmid	Master	Male	51
2	04:20:54	215	Allan	Ryninks (Wildrunner)	Master	Male	54
3	04:57:06	278	Jans	Van Wyk	Master	Male	55
4	05:13:26	72	Dougie	Engelke	Master	Male	54
5	05:37:27	197	Stephen	Pons	Master	Male	54
6	06:34:05	163	Robin	McDonald (Wildrunner)	Master	Male	58
7	06:49:26	257	Erik	Truter	Master	Male	54

Master Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:51:58	288	Sarah	Webb	Master	Female	53
2	05:33:19	44	Brenda	Coomer	Master	Female	50
3	05:56:34	297	Vanessa	Wium	Master	Female	50
4	06:45:27	241	Annaleen	Steytler	Master	Female	52
5	07:05:23	203	Odile	Quintard	Master	Female	55

Grand Master Ladies

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	05:32:45	97	Patricia	Hagen	Grand Master	Female	61
2	06:45:05	285	Adri	Visser	Grand Master	Female	60